



2024

**Hunter Sports Centre, Glendale
Saturday, 2 & Sunday, 3 March 2024**

RULES OF COMPETITION

(Must be read in conjunction with the Rules of Competition found on the LANSW website under Competitions>Rules of Competition)

13. State Combined Carnival

*These rules are to be read in conjunction with Competition General Rules
Track Events & Field Events and take precedence over the General Rules*

13.1 Eligibility

13.1.1 Athletes **MUST** compete in their own age group.

13.2 Events

U7	Boys & Girls	50m; 100m; pack start; long jump; shot put; discus
U8	Boys & Girls	70m; 200m; pack start; long jump; shot put; discus
U9	Boys & Girls	100m; 60m hurdles; 800m; long jump; shot put; discus
U10	Boys & Girls	200m; 60m hurdles; 800m; long jump; shot put; discus
U11	Boys & Girls	100m; 80m hurdles; 800m; long jump; shot put; discus
U12	Boys & Girls	200m; 80m hurdles; 800m; long jump; shot put; discus
U13	Boys & Girls	100m; 80m hurdles; 800m; long jump; shot put; discus
U14	Girls	200m; 80m hurdles; 800m; long jump; shot put; discus
U14	Boys	200m; 90m hurdles; 800m; long jump; shot put; discus
U15	Girls	200m; 90m hurdles; 800m; long jump; shot put; high jump; javelin
U15	Boys	100m; 100m hurdles; 800m; long jump; discus; high jump; javelin
U17	Girls	200m; 100m hurdles; 800m; long jump; shot put; high jump, javelin
U17	Boys	100m; 110m hurdles; 800m; long jump; discus; high jump, javelin

13.3 Field Events

- 13.3.1** Athletes will receive 3 trials in field events, with no final rounds. Athletes are permitted to have 1 practice trial.

13.4 Competition Order

Athletes will follow the official order for lane selection for all track events except for 800m which will be a seeded draw with the 16 leading athletes in the last heat. For field events athletes shall compete in the order as listed.

13.5 Track Events

- 13.5.1** There will be no finals for track events.

13.6 Disqualification – Track

- 13.6.1** Athletes will be disqualified for their 3rd false start. (Refer to Competitions General Rules - False Starts)

13.7 High Jump Starting Height

- i. U15 & U17 - 1.10m
- ii. With the bar rising by 5cm increments until an athlete obtains a clear first place. If the athlete is within the vicinity of equalling or bettering the state record, the athlete shall then be offered:
 - a. To continue the competition proper.
 - b.
 - i) An attempt (3 jumps) at the record by raising the bar to equal or better the record.
 - ii) If this attempt falls outside of the 5cm increments i.e. (present record is 1.83m, athlete has cleared 1.80m, elects to attempt record 1.83m, if successful then the athlete may continue jumping at the next 5cm increment 1.85m).
- iii. Points to be allocated by 5cm increments only. No points will be gained by jumping between the 5cm increments.

13.8 Point Score

- i. An athlete must attempt to start the track event; enter the circle; or respond to the long jump, high jump, or javelin official when called to be considered an athlete.
- ii. An athlete who misses an event shall not be eliminated from the competition, however, they will not be included in the final results. An athlete removed from an event based on advice from the Medical Officer to the appropriate referee or manager shall be included in the final results.
- iii. The point score used will be as approved by LANSW.
- iv. In the event of a tie for a final placing, no countback shall be applied. Tying athletes will be given an equal placing.
- v. Athletes in the U7 to U11 age group will receive minimum points if they fail to receive a measure in shot put, discus or long jump. The minimum points can be no more than those received by the lowest performed athlete in the event.

13.9 Instruction/Coaching at Event Areas (U7-U11)

- i. A more relaxed attitude to these younger age groups shall occur at this Combined Carnival, with time for instruction from the event officials and/or Little Athletics NSW coaches, before and during the events. Athletes in the U7 to U11 age groups will have the opportunity to learn 'how to' throw, jump etc during and before their events. Timetable considerations have been considered, with athletes reporting to their events areas 10 minutes prior to the commencement which will allow for such instruction to occur. Athletes in these age groups will not be permitted to leave the competition area.
- ii. It is noted that athletes in the U12 and above may utilise the coaches' area for instruction (refer to Competition General Rules, Rule 5.17 Coaches Area).