



SECTION D

ZONE AND REGION

PROGRESSION

PROGRESSION FROM ZONE TO REGION

The table below outlines the number of athletes that may progress from Zone to Region Championships. This is subject to the regulations outlined in section 7 & 8 of the document Entry Regulations – Championship Progression that can be found on the LANSW website: [Entry-Guidelines-State-Pathway-FINAL.pdf \(lansw.com.au\)](https://www.lansw.com.au/entry-guidelines-state-pathway-final.pdf)

Regions and Zones		Zone to Region Progression		Relay Progression
Region	Zones in Each Region	What places progress from Zone to Region	What is the maximum number of next best qualifiers that will progress from across all Zone results in that Region?	What number of relays progress from Zone to region?
1	New England, Northern Rivers, Mid North Coast	First 4 Places	4	First 2 Places
2	Central Coast, Lake Macquarie, Hunter, Port Hunter	First 3 Places	4	First 2 Places
3	Western Plains, Western Ranges	First 6 Places	4	First 3 Places
4	Eastern Riverina, Western Riverina, Mid South Coast, South Coast Highlands	First 3 Places	4	First 2 Places
5	Northern Metro, North East Metro	First 6 Places	4	First 3 Places
6	West Metropolitan, Outer West Metropolitan, North West Metropolitan	First 4 Places	4	First 2 Places
7	Central West Metropolitan, South West Metropolitan, Mid West Metropolitan	First 4 Places	4	First 2 Places
8	Inner City, Southern Metropolitan	First 6 Places	4	First 3 Places

NOTE:

- If only 9 athletes arrive at the call room from entries to heats, then the heats may be collapsed to a final of a maximum of 9 athletes
- If after resolving a protest in an earlier heat an additional athlete is added to the final, then this can result in 9 athletes being in the final, Only the top 8 will be considered for progression, so that all zones have the same number of athletes qualifying to the next level).

Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances unless event is run as a Timed Final.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final trial) may still perform a next best performance.
- Performances from all competitors in all pack events (e.g., 800 metres) will be assessed for next best performances.

PROGRESSION FROM REGION TO STATE

The table below outlines the number of athletes that may progress from Region to State Championships. This is subject to the regulations outlined in section 7 & 8 of the document Entry Regulations – Championship Progression that can be found on the LANSW website: [Entry-Guidelines-State-Pathway-FINAL.pdf \(lansw.com.au\)](https://lansw.com.au/entry-guidelines-state-pathway-final.pdf)

Region	Region to State Progression		What number of relays progress from Region to State?	Notes on Next Best Qualifiers
	What places progress from region to State?	What is the maximum number of next best qualifiers that will progress? (see note)		
1	2	8	1	For 9's, 10's, 11's, 12's next best qualifiers will come from results at all Region Championships only.
2	2		1	
3	2		1	For 13's (U14), 14's (U15), 15's (U16), next best qualifiers will come from performances at; <ul style="list-style-type: none"> • Region Championships • Treloar Shield Metropolitan rounds (including the final- excluding Hunter Summer Series) • Country Championships <i>An athlete in these age groups may qualify for the State championships through one of the above events with or without contesting their relevant Zone and Region.</i>
4	2		1	
5	2		1	
6	2		1	
7	2		1	
8	2		1	