

CHANGES TO RULES SINCE OCTOBER 2023

RULE	PAGE	DESCRIPTION	CHANGE	DATE
2.1	9	Event Specifications	Change of naming conventions for age groups. Addition of 16's(U17) and 20's age groups with specifications. Addition of participation pathway for walks and hurdles at zone, region and state levels of competition.	Sept 2024
2.2	10	Hurdle Specifications	Change to hurdles and walks specifications at centre, zone and region levels of competition. Addition of participation pathway at zone, region and state levels of competition.	Sept 2024
2.3	11	Field Specifications	Addition of 16's (U17) and U20 specifications.	Sept 2024
2.5	13	Maximum Distance Out of Stadia Events	Road Race Walks – U11 increase to 2km, U13 to 3km. Also changed U12 to 2km and U 14 to 3km in line with previous change.	Feb 2024
N/A	14	Section B – Competition General and Technical Rules	Addition of application of ROC statement.	Oct 2024
3.1	15	Medical Rules	Formatting Change	Sept 2024
4.1.1a>i	16	Referees	Added wording “preferably”.	Sept 2024
4.1.5.4>a	19	Photo finish judge	Amended wording to reflect sufficient judges	
4.1.7	20-23	Minimum number of field officials	Added wording, “preferred” and removed “minimum”.	Sept 2024
4.1.7.3>f>iv	22	Addition of guideline for EDM Operator in Shot Put	iv inserted and subsequent renumbering of guidelines.	
4.1.7.4>g>iv	23	Addition of guideline for EDM Operator in discus	iv inserted and subsequent renumbering of guidelines.	Sept 2024
4.1.7.5>e>iii	23	Javelin Official 5	Amended hand signal for landing.	Oct 2024
4.1.7.5>g>iv	24	Addition of guideline for EDM Operator in javelin	iv inserted and subsequent renumbering of guidelines.	Sept 2024
5.2.2	25	Age Categories	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
5.8.1	27	Footwear	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
5.9>e>i	28	Assistance to Athletes	Removal of without the use of a technical device”.	Oct 2023
5.9f	28	Assistance to Athletes	Rewording of rule regarding assistants for multiclass athletes.	Sept 2024
5.10>a	29	Disqualification	Editorial update, add Relay Teams.	Feb 2024
5.10>b	29	Warnings	Reworded to restrict warnings to the competition in which they are given.	Sept 2024
5.10>d	29	Warnings and	Addition of Relay Teams.	Feb 2024

		Disqualification		
5.14>c & 10.1.15	30 & 50	Measurements	Addition of plastic to measuring tapes.	Sept 2024
5.15	30	Protests and Appeals	Amended to match LAA Standard Rules.	Oct 2024
5.16	31	Jury of Appeal	Added function statement.	Feb 2024
5.17	31	Coaches area (Field)	Amended to reflect naming conventions of the NSW Athletics Partnership to reflect age group split 8's – 12's and 13's (U14) and above.	Sept 2024
6.1.2	32	Age Groups for State Records	Amended to reflect naming conventions of the NSW Athletics Partnership.	Sept 2024
7.1>b	35	Starting blocks	Amended to reflect naming conventions of the NSW Athletics Partnership.	Sept 2024
7.3	36	Lanes	Amended to reflect naming conventions of the NSW Athletics Partnership.	Sept 2024
7.5	37	False Starts	Addition of Rule >e and renumbering of subsequent rules. Amended to reflect naming conventions of the NSW Athletics Partnership.	Sept 2024
7.6.1	37	Obstruction	Addition of wording and reference to WA rules.	Feb 2024
7.6.2	38	Lane infringement	Update Rule to include reference to running on a bend	May 2024
7.6.2	38	Lane infringement	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
7.7.1>f	39	Hurdle distances and flights	Addition of "may" for practice runs.	Sept 2024
7.9.4	42	Red Card	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
7.9.9>f	43	Chief Judge Duties	Removal of duty from chief walk judge and subsequent renumbering of duties	Sept 2024
10.1.3>e	48	General Conditions – Field Events	Update Rule to include process for competing order.	May 2024
10.2.5	52	Age Restrictions	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
10.3.2	53	Horizontal Jumps – Landing area	Note added to section on Landing Area.	May 2024
10.3.3	53-54	Horizontal Jumps – Take off board	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
10.3.5	54 - 55	Distance Measurement	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Sept 2024
10.4.1	56	Implements	Changed specifications to conform to LANSW standard events to reflect NSW Athletics Partnership.	Sept 2024
10.4.2	56	Personal Safeguards and Assistance	Note on use of implements outside the circle or runway.	Feb 2024
10.4.7	57-58	Validity of Throws	Editorial update, add Stopboard to rule. Editorial update in Note for clarity of rule.	Feb 2024
10.6.1>c	60	Discus Cage	Add reference to capacity of netting, add term netting in rule.	Feb 2024
10.7.1>a	61	Javelin Runway	Removal of d and rewording of a to remove	Sept 2024

and d			duplication.	
N/A	62	Section C - Competitions	Removal of 11.1, 11.2, 11.3, 11.5, 11.12, 11.13 from the ROC and replaced by competition specific documents reflecting the NSW Athletics Partnership. Subsequent renumbering of Section C.	Oct 2024
11.1> (Previously 11.4>i)	63	Progression from Region to State – Qualifying Standards	Removal of information duplicated in the Entry Regulations – Championship Progression document. Addition of link to Entry Regulations – Championship Progression document.	Oct 2024
11.1>i (Previously 11.4>ii)	63	Qualifying Standard 1500m Walk and 3000m Run	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Oct 2024
11.2>ii (Previously 11.6>ii)	64	High Jump -Starting Heights	Amended to reflect age group naming conventions of the NSW Athletics Partnership. Note added regarding 13's (U14) and above.	Oct 2024
11.5 (Previously 11.9)	64	400m - Timed Finals	Amended to reflect age group naming conventions of the NSW Athletics Partnership and State 9's to 12's Championship Progression document.	Oct 2024
11.6 (Previously 11.10)	64	800m - Timed Finals	Amended to reflect age group naming conventions of the NSW Athletics Partnership and State 9's to 12's Championship Progression document.	Oct 2024
11.7 (Previously 11.11)	64	Long Hurdles – Timed finals	Addition of 400m hurdles and removal of State track and Field Championships.	Oct 2024
11.12>i>b (Previously 11.18>i>b)	65	Program for Zone/Region/State	Addition of 400m hurdles and removal of State track and Field Championships.	Oct 2024
11.12>ii>b (Previously 11.18>ii)	65	Program for Zone/Region/State	Addition of b to include guidelines for a compressed program for field events and renumbering of subsequent rule c.	Oct 2024
11.12>ii>c	65	Program for Zone/Region/State	Addition of ANSW General Manager – Sport Delivery in compressed carnival decision making process.	Oct 2024
12 - 15	N/A	State Relays, State Combined, State Cross Country and State Road Walks Championships	Removed from the ROC and replaced by competition specific documents reflecting the NSW Athletics Partnership.	Oct 2024
Section D	66 - 68	Progression from Zone to Region and Region to State	Updated to reflect Entry Regulations – Championships Progression document in NSW Athletics Partnership.	Oct 2024
Section E	69 - 86	Multiclass Guidelines	Renumbered to reflect preceding changes in the ROC.	Oct 2024
13 (Previously 17)	71	Multiclass Standard Events	Amended to reflect age group naming conventions of the NSW Athletics Partnership.	Oct 2024
14 (Previously 18)	72 - 78	Multiclass Implement Table	Amended to reflect age group naming conventions of the NSW Athletics Partnership. Amended to reflect specifications within the NSW Athletics Partnership.	Oct 2024