

PROGRAM CONDITIONS

Prior to completing the booking form, please read the below conditions for LAPS (Little Athletics Program for Schools) coaching to take place at your school. Please feel free to contact Little Athletics NSW for any clarifications.

COST

- A **minimum 3hr booking of \$150 per coach, per day**. \$45p/hr. (or part thereof) per coach thereafter. If 2 coaches are used a 3hr minimum fee of \$300 per day etc.
- All sessions must proceed with minimal time between each session outside lunch and recess time. For excessive breaks times outside lunch and recess, the general hourly coach payments may be charged, or program cancelled.
- The Agreement Form must be signed and returned prior to the first session. A tax invoice will be issued after the program.

GROUP SIZE

- Each coaching session is generally 30min with a strict **maximum of 30 students** per group.
- One teacher **MUST** accompany each group as per the DET Guidelines "If an adult other than a teacher is engaged for instruction or coaching, a teacher must be present to take overall responsibility". [Click HERE to view DET guidelines.](#)
- Groups generally consist (small schools excepted) of comparable grades/ages (ie no kinder mixed with Yr6)

SPACE & EQUIPMENT

- Schools are required to provide adequate space (and surface) that is safe, appropriate.
- LANSW will supply the majority of the equipment for running and throwing sessions except high/long jump.

HIGH JUMP & LONG JUMP: LANSW is unable to supply this equipment and therefore supplied by the school.

The equipment supplies must be as per NSW DET: [Click HERE to view DET guidelines.](#)

SAFE HIGH JUMP REQUIREMENTS –The "scissor" technique will generally be taught at school. The school must have well maintained uprights and high jump mats/bags if they wish to conduct high jump. **High Jump mats must be already set up or are easily accessible for coaches on the day.** As per DET Recommendations, high jump mats should:

- Cover an area of approx. 3600mm x 2400mm with height from floor of 600mm.
- Landing area consists of several mats, they are held firmly together with straps or ties and the whole area is covered with a one-piece overlay.

SAFE LONG JUMP REQUIREMENTS - the school must have a safe, well-maintained long jump pit. Prior to the coach/es arrival on day, the long jump pit should:

- Rake landing pits before any jumping takes place. Any solid or sharp objects must be removed.
- Ensure the approach area is clearly defined and kept free from any obstructions.
- Ensure the depth of sand is appropriate for competition in all age groups and that the depth of the sand is consistent in all areas of the pit.
- Be long and wide enough to ensure a safe landing in the pit for all age groups.

- High jump and hurdles are not conducted for infants.
- Coaches may be cancelled, postponed or modified due to insufficient or inadequate space and/or equipment.

WEATHER

- In the event of **wet weather** or the forecast of **extremely hot weather**, a sufficient indoor area (eg large hall) may be used. If no suitable undercover area is available, the **school is required to contact the coach/es at least 90 minutes** prior to the start of the scheduled sessions (e.g. by 8.00am at the latest for a 9.30am start). If the coach is not contacted and he/she attends the school, the school will be charged 50% of the daily total fee, which will be used to compensate the coach/es. Should the day be cancelled at this time, the session may be rescheduled in liaison with LANSW..
- In the event of extreme hot weather, **LANSW will cancel** any LAPS sessions/days if it does not comply with our hot weather policy. [Click HERE to view our hot weather policy.](#)
- Sessions may also be cancelled, postponed or modified due to weather conditions and participants welfare at the coach's discretion if required.

SAFETY & FIRST AID

- LANSW staff will pay utmost attention to safety, however accidents during physical activity may happen. Teachers are responsible to comply with the school's specific first aid procedures, LANSW cannot take responsibility for the implementation of any first aid. LANSW staff will assist as required.

BOOKING CHANGES & CANCELLATION FEES

Any changes, such as dates, times, venues, rescheduling, cancellation or extra coaching sessions, it must be totally coordinated through LANSW and not the coach. Only three rescheduling opportunities will be allowed.

- If a school cancels (for reasons other than weather) and not reschedule, the following cancellation fees apply:
 - If cancelled 30 days before booking date, school pays 25% of total booking.
 - If cancelled 14 days before booking date, school pays 50% of total booking.
 - If cancelled 48 hours before booking date, school pays total booking payment.