

# LITTLE ATHLETICS NEW SOUTH WALES

## 2020 State Track & Field Program - Events by Day

### Girls Events

| DAY      | Under 9 Girls |       | Under 10 Girls |       | Under 11 Girls |       | Under 12 Girls |       | Under 13 Girls |       | Under 14 Girls |       | Under 15 Girls |       | Under 17 Girls |       |
|----------|---------------|-------|----------------|-------|----------------|-------|----------------|-------|----------------|-------|----------------|-------|----------------|-------|----------------|-------|
|          | Track         | Field | Track          | Field | Track          | Field | Track          | Field | Track          | Field | Track          | Field | Track          | Field | Track          | Field |
| Saturday | 60m H         | H/J   | 60m H          | DIS   | 1500m          | S/P   | 1500m          | S/P   | 200m H TF      | S/P   | 200m H TF      | L/J   | 300m H TF      | H/J   | 300m H TF      | T/J   |
|          | 100m          | S/P   | 100m           | L/J   | 100m           | T/J   | 100m           | T/J   | 100m           | H/J   | 100m           | JAV   | 100m           | DIS   | 100m           | DIS   |
|          | 400 TF        |       | 400 TF         |       | 400 TF         | H/J   | 400 TF         | HJ    | 400 TF         | L/J   | 400 TF         | S/P   | 400 TF         | T/J   | 400 TF         | H/J   |
|          |               |       |                |       |                |       |                |       | 1500m          |       | 1500m          |       | 1500m          |       | 1500m          |       |
|          |               |       |                |       |                |       |                | 3000m |                | 3000m |                | 3000m |                | 3000m |                |       |
| Sunday   | Walk          | DIS   | Walk           | H/J   | Walk           | DIS   | Walk           | JAV   | 80m H          | JAV   | 80m H          | DIS   | 90m H          | L/J   | 100m H         | S/P   |
|          | 800m TF       | L/J   | 800m TF        | SP    | 800m TF        | L/J   | 800m TF        | L/J   | 800m TF        | T/J   | 800m TF        | H/J   | 800m TF        | JAV   | 800m TF        | L/J   |
|          | 70m           |       | 70m            |       | 200m           | JAV   | 200m           | DIS   | Walk           | DIS   | Walk           | TJ    | Walk           | S/P   | Walk           | JAV   |
|          | 200m          |       | 200m           |       | 80m H          |       | 80m H          |       | 200m           |       | 200m           |       | 200m           |       | 200m           |       |

### Boys Events

| DAY      | Under 9 Boys |       | Under 10 Boys |       | Under 11 Boys |       | Under 12 Boys |       | Under 13 Boys |       | Under 14 Boys |       | Under 15 Boys |       | Under 17 Boys |       |
|----------|--------------|-------|---------------|-------|---------------|-------|---------------|-------|---------------|-------|---------------|-------|---------------|-------|---------------|-------|
|          | Track        | Field | Track         | Field | Track         | Field | Track         | Field | Track         | Field | Track         | Field | Track         | Field | Track         | Field |
| Saturday | 60m H        | DIS   | 60m H         | H/J   | 1500m         | DIS   | 1500m         | JAV   | 200m H TF     | JAV   | 200m H TF     | DIS   | 300m H TF     | L/J   | 300m H TF     | S/P   |
|          | 100m         | L/J   | 400 TF        | SP    | 400 TF        | L/J   | 400 TF        | L/J   | 400 TF        | T/J   | 400 TF        | H/J   | 400 TF        | JAV   | 400 TF        | L/J   |
|          | 400 TF       |       | 100m          |       | 100m          | JAV   | 100m          | DIS   | 100m          | DIS   | 100m          | T/J   | 100m          | S/P   | 100m          | JAV   |
|          |              |       |               |       |               |       |               |       | 1500m         |       | 1500m         |       | 1500m         |       | 1500m         |       |
|          |              |       |               |       |               |       |               | 3000m |               | 3000m |               | 3000m |               | 3000m |               |       |
| Sunday   | Walk         | H/J   | Walk          | DIS   | Walk          | S/P   | Walk          | S/P   | 80m H         | S/P   | 90m H         | L/J   | 100m H        | H/J   | 110m H        | T/J   |
|          | 800m TF      | S/P   | 800m TF       | L/J   | 800m TF       | T/J   | 800m TF       | T/J   | 800m TF       | H/J   | 800m TF       | JAV   | 800m TF       | DIS   | 800m TF       | DIS   |
|          | 70m          |       | 70m           |       | 200m          | H/J   | 200m          | HJ    | Walk          | L/J   | Walk          | S/P   | Walk          | T/J   | Walk          | H/J   |
|          | 200m         |       | 200m          |       | 80m H         |       | 80m H         |       | 200m          |       | 200m          |       | 200m          |       | 200m          |       |

### Girls Multi Class Events

| DAY      | U9-10 MC Girls |          | U11-12 MC Girls |          | U13-14 MC Girls |          | U15-17 MC Girls |          |
|----------|----------------|----------|-----------------|----------|-----------------|----------|-----------------|----------|
|          | Track          | Field    | Track           | Field    | Track           | Field    | Track           | Field    |
| Saturday | 100m           | LJ       | 100m            | LJ       | 100m            | LJ       | 100m            | LJ       |
|          |                | Shot Put |                 | Shot Put |                 | Shot Put |                 | Shot Put |
| Sunday   | 200m           | Dis      | 200m            | Dis      | 200m            | Dis      | 200m            | Dis      |
|          | 800m           |          | 800m            |          | 800m            |          | 800m            |          |

### Boys Multi Class Events

| DAY      | U9-10 MC Boys |          | U11-12 MC Boys |          | U13-14 MC Boys |          | U15-17 MC Boys |          |
|----------|---------------|----------|----------------|----------|----------------|----------|----------------|----------|
|          | Track         | Field    | Track          | Field    | Track          | Field    | Track          | Field    |
| Saturday | 100m          | LJ       | 100m           | LJ       | 100m           | LJ       | 100m           | LJ       |
|          |               | Shot Put |                | Shot Put |                | Shot Put |                | Shot Put |
| Sunday   | 200m          | Dis      | 200m           | Dis      | 200m           | Dis      | 200m           | Dis      |
|          | 800m          |          | 800m           |          | 800m           |          | 800m           |          |

### U8 EVENTS - REGION

| DAY      | Under 8 Girls |       | DAY      | Under 8 Boys |       |
|----------|---------------|-------|----------|--------------|-------|
|          | Track         | Field |          | Track        | Field |
| Saturday | 60m H         | LJ    | Saturday | 60m H        | SP    |
|          | 100m          | DIS   |          | 100m         | LJ    |
|          | 400m          |       |          | 400m         |       |
| Sunday   | Pack Start    | SP    | Sunday   | Pack Start   | DIS   |
|          | 70m           |       |          | 70m          |       |
|          | 200m          |       |          | 200m         |       |