

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 7 - 50 Metre Sprint**

Zone: Z 9.34 10-Dec-11 Lara Gooch, Cardiff & Distric			
Name	Age	Centre	Final
Section 1			
1 Peyton Kemp		Southlakes	9.45
2 Sienna Gilchrist		Macquarie Hunter	9.64
3 Lilly Ansell		Macquarie Hunter	9.96
4 Jacinta Alexander		Eastlakes	10.60
5 Piper Fitzhenry		Edgeworth	11.51

**Girls U 7 - 70 Metre Sprint**

Zone: Z 12.48 01-Dec-13 Ruby Jones, Macquarie Hunter			
Name	Age	Centre	Final
1 Jenice Hicks		Edgeworth	12.55
2 Elise Johnson		Kotara South	14.25
3 Jacinta Alexander		Eastlakes	14.82
4 Maya O'Brien		Kotara South	15.32

**Girls U 8 - 70 Metre Sprint**

Zone: Z 11.34 2008 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Final
1 Sienna Byrnes		Kotara South	12.52
2 Demi Bolakis		Westlakes	12.71
3 Grace Mueller		Macquarie Hunter	12.72
4 Lila Walker		Edgeworth	12.95
5 Lily O'Brien		Kotara South	13.33
6 Chelsea Hughes		Kotara South	13.87
7 Ava Knight		Cardiff	14.30

**Girls U 9 - 70 Metre Sprint**

Zone: Z 10.84 16-Dec-12 Casey Archard, Edgeworth			
Name	Age	Centre	Final
1 Eleni Bolakis		Westlakes	11.38
2 Skyla Poole		Eastlakes	11.57
3 Xanthe Hodgson		Cardiff	11.72
4 Zara Lienau		Westlakes	11.84
5 Ella Kingett		Macquarie Hunter	11.85
6 Katie Duncan		Macquarie Hunter	21.91

**Girls U 10 - 70 Metre Sprint**

Zone: Z 10.44 1997 B Kenny, Macquarie Shores			
Name	Age	Centre	Final
1 Ava Ross		Kotara South	10.59
2 Anika McCarthy		Macquarie Hunter	10.93
3 Indiana Tam		Macquarie Hunter	11.10
4 Allia Whyte		Kotara South	11.36
5 Addison Cox		Cardiff	11.42

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**....Girls U 10 - 70 Metre Sprint**

6 Jessica Sinclair	Cardiff	11.77
7 Matilda Isaac	Edgeworth	12.72

**Girls U 7 - 100 Metre Sprint**

=====			
Zone: Z 16.94	1990	Rachel Cornell, Macquarie Sho	
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Chloe Clark	Kotara South	18.43q
2 Peyton Kemp	Southlakes	19.44q
3 Jacinta Alexander	Eastlakes	21.52q
4 Piper Fitzhenry	Edgeworth	22.82q
-- Ivy Radnidge	Kotara South	DNF

Heat 2 Heats

1 Jenice Hicks	Edgeworth	17.44q
2 Elise Johnson	Kotara South	19.60q
3 Lilly Ansell	Macquarie Hunter	19.69q
4 Maya O'Brien	Kotara South	22.39q

**Girls U 7 - 100 Metre Sprint**

=====			
Zone: Z 16.94	1990	Rachel Cornell, Macquarie Sho	
Name	Age	Centre	Final
=====			

Section 1 Final

1 Jenice Hicks	Edgeworth	18.02
2 Chloe Clark	Kotara South	19.25
3 Peyton Kemp	Southlakes	19.84
4 Lilly Ansell	Macquarie Hunter	20.31
5 Elise Johnson	Kotara South	20.33
6 Jacinta Alexander	Eastlakes	21.91
7 Maya O'Brien	Kotara South	23.65

**Girls U 8 - 100 Metre Sprint**

=====			
Zone: Z 16.44	2008	Alexis Jeffs, Cardiff & Distr	
Name	Age	Centre	Final
=====			

Section 1

1 Sienna Byrnes	Kotara South	17.38
2 Demi Bolakis	Westlakes	17.58
3 Bella Fitzhenry	Edgeworth	18.02
4 Mia Bell	Kotara South	18.25
5 Olivia Hurry	Edgeworth	19.12
6 Chelsea Hughes	Kotara South	20.02
7 Ava Knight	Cardiff	20.60

**Girls U 9 - 100 Metre Sprint**

=====			
Zone: Z 14.94	1993	Belinda Conry, Macquarie Shor	
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Caitlin Cubis	Southlakes	15.84Q
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**....Girls U 9 - 100 Metre Sprint**

2	Zara Lienau	Westlakes	16.36Q
3	Skyla Poole	Eastlakes	16.51Q
4	Ella Kingett	Macquarie Hunter	16.82q
5	Lily Weeks	Kotara South	16.98q
6	Nikita O'Brien	Macquarie Hunter	17.70
7	Sophie Oliver	Kotara South	17.73

Heat 2 Heats

1	Eleni Bolakis	Westlakes	15.44Q
2	Alice Hill	Macquarie Hunter	16.32Q
3	Julieanne Fox	Macquarie Hunter	17.27Q
4	Zali Keegan	Edgeworth	18.15
5	Katie Duncan	Macquarie Hunter	18.50

**Girls U 9 - 100 Metre Sprint**

=====  
 Zone: Z 14.94 1993 Belinda Conry, Macquarie Shor  
 Name Age Centre Final  
 =====

Section 1 Final

1	Eleni Bolakis	Westlakes	15.91
2	Alice Hill	Macquarie Hunter	15.96
3	Caitlin Cubis	Southlakes	16.05
4	Skyla Poole	Eastlakes	16.58
5	Zara Lienau	Westlakes	16.95
6	Ella Kingett	Macquarie Hunter	17.08
7	Julieanne Fox	Macquarie Hunter	17.22
--	Lily Weeks	Kotara South	NT

**Girls U 10 - 100 Metre Sprint**

=====  
 Zone: Z 14.74 1986 Jenny Freeman, Macquarie Shor  
 Name Age Centre Final  
 =====

Section 1

1	Ava Ross	Kotara South	14.67Z
2	Anika McCarthy	Macquarie Hunter	15.30
3	Indiana Tam	Macquarie Hunter	15.40
4	Gemma Everingham	Macquarie Hunter	15.69
5	Addison Cox	Cardiff	15.89
6	Mollie McManus	Eastlakes	16.09
7	Eva Cowling	Southlakes	16.87
8	Alexis Winter	Cardiff	18.11

**Girls U 11 - 100 Metre Sprint**

=====  
 Zone: Z 13.84 1995 Heidi Burgess, Kotara South  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Ruby Jones	Macquarie Hunter	15.17Q
2	Melanie Wilson	Southlakes	15.70Q
3	Lucy Forsythe	Cardiff	16.09q
4	Isobel Redford	Kotara South	16.66
5	Dakota Robertson	Edgeworth	16.72

Heat 2 Heats

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**....Girls U 11 - 100 Metre Sprint**

1 Brooke Xavier	Eastlakes	15.55Q
2 Erika Enderby	Kotara South	15.88Q
3 Olivia Findlater	Macquarie Hunter	16.45
4 Letitia Naivn	Macquarie Hunter	16.70
5 Marli Duncan	Macquarie Hunter	17.88
6 Tindra Zentner	Kotara South	18.40

Heat 3 Heats

1 Amelia Roberts	Macquarie Hunter	15.12Q
2 Stevie Botham	Macquarie Hunter	15.71Q
3 Lucy Tobin	Cardiff	16.33q
4 Emily McClymont	Kotara South	16.87
5 Laria Crawford	Southlakes	17.01
6 Asha White	Kotara South	17.13
7 Paige Harrison	Macquarie Hunter	17.71

**Girls U 11 - 100 Metre Sprint**

=====			
Zone: Z 13.84	1995	Heidi Burgess, Kotara South	
Name	Age Centre	Final	
=====			

Section 1 Final

1 Amelia Roberts	Macquarie Hunter	14.71
2 Ruby Jones	Macquarie Hunter	14.74
3 Brooke Xavier	Eastlakes	15.37
4 Stevie Botham	Macquarie Hunter	15.69
5 Melanie Wilson	Southlakes	15.73
6 Erika Enderby	Kotara South	15.78
7 Lucy Forsythe	Cardiff	16.16
8 Lucy Tobin	Cardiff	17.52

**Girls U 12 - 100 Metre Sprint**

=====			
Zone: Z 13.44	1990	Leanne Smith, Macquarie Shore	
Name	Age Centre	Final	
=====			

Section 1

1 Tarli Black	Macquarie Hunter	14.05
2 Hye won Wilson	Macquarie Hunter	14.71
3 Brooke Hill	Macquarie Hunter	14.73
4 Hannah Whiddon	Eastlakes	15.02
5 Olivia Weeks	Kotara South	15.38
6 Dakota McRae	Cardiff	15.52
7 Scarlett Jones	Kotara South	15.96
-- Sienna Bromfield	Westlakes	NT

**Girls U 13 - 100 Metre Sprint**

=====			
Zone: Z 12.84	12-1996	Heidi Burgess, Kotara South	
Name	Age Centre	Heats	
=====			

Heat 1 Heats

1 Ava Osland	Macquarie Hunter	13.35Q
2 Amber Xavier	Eastlakes	13.80Q
3 Sukontha Thongkao-george	Macquarie Hunter	13.88Q
4 Jemma Pollard	Kotara South	14.02q

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**....Girls U 13 - 100 Metre Sprint**

5	Charlotte Griffin	Macquarie Hunter	14.68q
6	Ella Harris	Kotara South	14.88
7	Isabella Obrien	Edgeworth	20.37

Heat 2 Heats

1	Tahlia Merryfull	Westlakes	13.96Q
2	Ella Stumbles	Macquarie Hunter	14.75Q
3	Imogen Robertson	Edgeworth	14.86Q
4	Kaitlyn Edmonds	Cardiff	15.38
5	Annabelle Keene	Edgeworth	15.94

**Girls U 13 - 100 Metre Sprint**

=====  
 Zone: Z 12.84 12-1996 Heidi Burgess, Kotara South  
 Name Age Centre Final  
 =====

Section 1 Final

1	Ava Osland	Macquarie Hunter	13.55
2	Sukontha Thongkao-george	Macquarie Hunter	14.04
3	Amber Xavier	Eastlakes	14.14
4	Tahlia Merryfull	Westlakes	14.16
5	Jemma Pollard	Kotara South	14.59
6	Charlotte Griffin	Macquarie Hunter	15.06
7	Ella Stumbles	Macquarie Hunter	15.43
8	Imogen Robertson	Edgeworth	15.50

**Girls U 14 - 100 Metre Sprint**

=====  
 Zone: Z 12.64 1991 Shelly Peattie, Macquarie Sho  
 Name Age Centre Final  
 =====

Section 1

1	Riley Gardner	Macquarie Hunter	13.29
2	Milli Windred	Cardiff	13.54
3	Ella Ross	Kotara South	13.98
4	Eliza Kirby	Macquarie Hunter	14.40
5	Mikayla Enderby	Kotara South	14.86
6	Olivia Wright	Eastlakes	15.28
7	Lainee Harrison	Macquarie Hunter	17.55

**Girls U 15 - 100 Metre Sprint**

=====  
 Zone: Z 12.54 1991 Nicole Linabury, Macquarie Sh  
 Name Age Centre Final  
 =====

1	Georgia Munro	Macquarie Hunter	12.63
2	Mia Munro	Macquarie Hunter	13.13
3	Jessica Richardson	Macquarie Hunter	13.64
4	Larissa Hobbs	Westlakes	14.51
5	Tiarna Keegan	Edgeworth	15.03

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**Girls U 17 - 100 Metre Sprint**

Zone: Z 12.46 10-Dec-16 Teah MacPherson, Macquarie Hu			
Name	Age	Centre	Final
1 Teah Macpherson		Macquarie Hunter	12.42Z
2 Claudia Martin		Southlakes	13.26
3 Olivia Duncan		Macquarie Hunter	13.70
4 Sharis Hicks		Edgeworth	15.46

**Girls U 7 - 200 Metre Sprint**

Zone: Z 29.04 1990 Rachel Cornell, Macquarie Sho			
Name	Age	Centre	Final
1 Jenice Hicks		Edgeworth	38.17
2 Lily Kehoe		Edgeworth	39.27
3 Sienna Gilchrist		Macquarie Hunter	40.52
4 Peyton Kemp		Southlakes	40.98
5 Ava Flint		Southlakes	41.74
6 Sienna Govender		Macquarie Hunter	44.14

**Girls U 8 - 200 Metre Sprint**

Zone: Z 33.84 2008 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emma Jennison		Kotara South	37.43Q
2 Grace Mueller		Macquarie Hunter	37.65Q
3 Bella Fitzhenry		Edgeworth	38.06Q
4 Ava Knight		Cardiff	47.03
Heat 2 Heats			
1 Sienna Byrnes		Kotara South	37.82Q
2 Macy Johnson		Edgeworth	38.19Q
3 Demi Bolakis		Westlakes	38.97Q
4 Lila Walker		Edgeworth	39.01q
5 Mikaylie Daymond		Edgeworth	40.18q

**Girls U 8 - 200 Metre Sprint**

Zone: Z 33.84 2008 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Final
Section 1 Final			
1 Sienna Byrnes		Kotara South	37.56
2 Emma Jennison		Kotara South	37.79
3 Macy Johnson		Edgeworth	38.81
4 Lila Walker		Edgeworth	39.16
5 Demi Bolakis		Westlakes	39.73
6 Bella Fitzhenry		Edgeworth	40.44
7 Mikaylie Daymond		Edgeworth	41.23

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**Girls U 9 - 200 Metre Sprint**

Zone: Z 32.44 15-Dec-09 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Caitlin Cubis		Southlakes	33.24Q
2 Eleni Bolakis		Westlakes	33.48Q
3 Julieanne Fox		Macquarie Hunter	33.86Q
4 Alice Hill		Macquarie Hunter	33.88q
5 Ellah Sutton		Macquarie Hunter	38.19q
Heat 2 Heats			
1 Zara Lienau		Westlakes	35.76Q
2 Xanthe Hodgson		Cardiff	36.26Q
3 Ella Kingett		Macquarie Hunter	36.48Q
4 Scarlett Bowditch		Cardiff	41.26

**Girls U 9 - 200 Metre Sprint**

Zone: Z 32.44 15-Dec-09 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Final
Section 1 Final			
1 Alice Hill		Macquarie Hunter	33.86
2 Caitlin Cubis		Southlakes	34.18
3 Eleni Bolakis		Westlakes	34.66
4 Xanthe Hodgson		Cardiff	36.38
5 Zara Lienau		Westlakes	36.87
6 Ella Kingett		Macquarie Hunter	37.25
7 Julieanne Fox		Macquarie Hunter	37.62

**Girls U 10 - 200 Metre Sprint**

Zone: Z 30.94 1990 T Mcheyzer, Macquarie Shores			
Name	Age	Centre	Final
Section 1			
1 Ava Ross		Kotara South	31.88
2 Indiana Tam		Macquarie Hunter	32.93
3 Latesha West		Macquarie Hunter	33.03
4 Addison Cox		Cardiff	33.47
5 Allia Whyte		Kotara South	33.51
6 Matilda Isaac		Edgeworth	34.65
7 Mollie McManus		Eastlakes	39.33

**Girls U 11 - 200 Metre Sprint**

Zone: Z 28.12 14-Dec-14 Milly Stephenson, Macquarie H			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amelia Roberts		Macquarie Hunter	30.78Q
2 Ruby Jones		Macquarie Hunter	31.18Q
3 Krystal Lienau		Westlakes	31.65Q
4 Brianna Panos		Macquarie Hunter	31.84q
5 Isobel Redford		Kotara South	34.85q
6 Emily McClymont		Kotara South	35.28

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**....Girls U 11 - 200 Metre Sprint**

7	Sophie Robinson	Edgeworth	36.10
8	Isla Mackay	Kotara South	37.35
Heat 2 Heats			
1	Brooke Xavier	Eastlakes	32.93Q
2	Olivia Findlater	Macquarie Hunter	33.97Q
3	Letitia Naivn	Macquarie Hunter	34.49Q
4	Asha White	Kotara South	34.92
5	Lucy Tobin	Cardiff	35.76
6	Lana Atkins	Southlakes	37.29
7	Paige Harrison	Macquarie Hunter	37.89

**Girls U 11 - 200 Metre Sprint**

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 Zone: Z 28.12 14-Dec-14 Milly Stephenson, Macquarie H  
 Name Age Centre Final  
 =====

Section 1 Final

1	Amelia Roberts	Macquarie Hunter	31.52
2	Ruby Jones	Macquarie Hunter	32.44
3	Krystal Lienau	Westlakes	32.79
4	Brooke Xavier	Eastlakes	32.88
5	Olivia Findlater	Macquarie Hunter	34.44
6	Isobel Redford	Kotara South	35.32

**Girls U 12 - 200 Metre Sprint**

=====  
 Zone: Z 27.24 16-Dec-12 Dakota Thomas, Macquarie Hunt  
 Name Age Centre Final  
 =====

Section 1

1	Tarli Black	Macquarie Hunter	28.59
2	Brooke Hill	Macquarie Hunter	30.62
3	Hannah Whiddon	Eastlakes	31.20
4	Hye won Wilson	Macquarie Hunter	31.43
5	Olivia Weeks	Kotara South	32.55
6	Sophie Urane	Edgeworth	32.56

**Girls U 13 - 200 Metre Sprint**

=====  
 Zone: Z 26.54 16-Dec-12 Bernice de Jager, Macquarie H  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Jemma Pollard	Kotara South	28.59Q
2	Amber Xavier	Eastlakes	29.26Q
3	Tahlia Merryfull	Westlakes	29.41Q
4	Charlotte Griffin	Macquarie Hunter	31.34q
5	Ella Harris	Kotara South	31.38q
6	Ellie Mackey	Edgeworth	33.28q
7	Annabelle Keene	Edgeworth	34.38q
8	Holly Kehoe	Edgeworth	35.10q



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**Girls U 14 - 200 Metre Sprint**

Zone: Z 25.91 14-Dec-14 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
Section 1			
1 Montana Monk		Macquarie Hunter	27.15
2 Milli Windred		Cardiff	27.44
3 Grace Baker		Macquarie Hunter	29.09
4 Ella Ross		Kotara South	29.98
5 Olivia Wright		Eastlakes	30.66
6 Eliza Kirby		Macquarie Hunter	30.84
7 Laine Harrison		Macquarie Hunter	37.16

**Girls U 15 - 200 Metre Sprint**

Zone: Z 25.32 29-Nov-15 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
1 Georgia Munro		Macquarie Hunter	26.23
2 Mia Munro		Macquarie Hunter	27.42
3 Jessica Richardson		Macquarie Hunter	28.60
4 Sarah Pickering		Macquarie Hunter	28.63
5 Brianna Daymond		Edgeworth	29.05

**Girls U 17 - 200 Metre Sprint**

Zone: Z 25.82 11-Dec-16 Teah MacPherson, Macquarie Hu			
Name	Age	Centre	Final
1 Abbey Bowditch		Cardiff	26.39
2 Jasper Bagwell-Henderson		Macquarie Hunter	27.32
3 Teah Macpherson		Macquarie Hunter	28.81
4 Adelaide Markey		Kotara South	29.74
5 Sharis Hicks		Edgeworth	33.40

**Girls U 8 - 400 Metre Sprint**

Zone: Z 1:18.64 10-Dec-11 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Macy Johnson		Edgeworth	1:28.37
2 Emma Jennison		Kotara South	1:32.68
3 Mia Bell		Kotara South	1:40.00
4 Lily O'Brien		Kotara South	1:47.64

**Girls U 9 - 400 Metre Sprint**

Zone: Z 1:13.24 15-Dec-12 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Alice Hill		Macquarie Hunter	1:17.09
2 Ruby Ingall		Kotara South	1:17.73
3 Lily Weeks		Kotara South	1:24.87
4 Ellah Sutton		Macquarie Hunter	1:28.70
5 Lacy Barnes		Eastlakes	1:31.73
6 Shayla King		Cardiff	1:38.91

**Lake Macquarie Zone Championships**  
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**Girls U 10 - 400 Metre Sprint**

Zone: Z 1:10.16 30-Nov-13 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Latesha West		Macquarie Hunter	1:17.63
2 Emerson Leadbeatter		Macquarie Hunter	1:18.02
3 Gemma Everingham		Macquarie Hunter	1:23.37

**Girls U 11 - 400 Metre Sprint**

Zone: Z 1:08.06 13-Dec-14 Montana Monk, Macquarie Hun			
Name	Age	Centre	Heats

Heat 1 Heats

1 Jassmin Daymond		Edgeworth	1:10.84Q
2 Amelia Roberts		Macquarie Hunter	1:11.52Q
3 Isobel Redford		Kotara South	1:17.17Q
4 Zoe Mulhearn		Kotara South	1:20.76q
5 Poppy Grady		Eastlakes	1:21.21

Heat 2 Heats

1 Brianna Panos		Macquarie Hunter	1:12.03Q
2 Letitia Naivn		Macquarie Hunter	1:17.81Q
3 Asha Olsen		Kotara South	1:19.49Q
4 Rebecca Craig		Macquarie Hunter	1:20.02q
5 Erika Enderby		Kotara South	1:25.42
6 Isla Mackay		Kotara South	1:26.35
7 Laria Crawford		Southlakes	1:30.81

**Girls U 11 - 400 Metre Sprint**

Zone: Z 1:08.06 13-Dec-14 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final

Section 1 Final

1 Jassmin Daymond		Edgeworth	1:10.84
2 Amelia Roberts		Macquarie Hunter	1:11.52
3 Brianna Panos		Macquarie Hunter	1:12.03
4 Isobel Redford		Kotara South	1:17.17
5 Letitia Naivn		Macquarie Hunter	1:17.81
6 Asha Olsen		Kotara South	1:19.49
7 Rebecca Craig		Macquarie Hunter	1:20.02
8 Zoe Mulhearn		Kotara South	1:20.76

**Girls U 12 - 400 Metre Sprint**

Zone: Z 1:04.64 04-Dec-10 Chloe Walters, Macquarie Hu			
Name	Age	Centre	Final

Section 1

1 Ella Gilchrist		Macquarie Hunter	1:08.85
2 Brooke Hill		Macquarie Hunter	1:09.00
3 Hannah Jarvis		Macquarie Hunter	1:10.62
4 Hye won Wilson		Macquarie Hunter	1:12.94
5 Sophie Urane		Edgeworth	1:13.23
6 Jessica Robinson		Edgeworth	1:13.24

**Lake Macquarie Zone Championships**  
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**Girls U 13 - 400 Metre Sprint**

Zone: Z 1:01.53 15-Dec-12 Bernice de Jager, Macquarie			
Name	Age	Centre	Final
1 Jemma Pollard		Kotara South	1:05.08
2 Maddison McTaggart		Macquarie Hunter	1:10.27
3 Jasmine Roberts		Macquarie Hunter	1:12.40
4 Chelsea Hillhouse		Southlakes	1:16.41
5 Kaitlyn Edmonds		Cardiff	1:20.27
6 Estella Olsen		Kotara South	1:26.39

**Girls U 14 - 400 Metre Sprint**

Zone: Z 58.94 30-Nov-13 Bernice de Jager, Macquarie H			
Name	Age	Centre	Final
1 Montana Monk		Macquarie Hunter	59.09
2 Eleanor Barnett		Kotara South	1:04.82
3 Olivia Wright		Eastlakes	1:10.00
4 Ella Osborne		Kotara South	1:10.34

**Girls U 15 - 400 Metre Sprint**

Zone: Z 59.85 10-Dec-16 Kaitlyn Klein, Macquarie Hunt			
Name	Age	Centre	Final
1 Sarah Pickering		Macquarie Hunter	1:02.63
2 Brianna Daymond		Edgeworth	1:07.01
3 Chelsea Gilday		Cardiff	1:10.45
4 Chloe Anson-Smith		Kotara South	1:18.82

**Girls U 17 - 400 Metre Sprint**

Zone: Z 58.61 28-Nov-15 Bernice de Jager, Macquarie H			
Name	Age	Centre	Final
1 Kaitlyn Klein		Macquarie Hunter	58.69
2 Jasper Bagwell-Henderson		Macquarie Hunter	1:00.50
3 Jordon Joynson		Westlakes	1:06.33
4 Adelaide Markey		Kotara South	1:08.92

**Girls U 7 - 500 Metre Run Pack Start**

Zone: Z 1:51.60 1990 Rachel Cornell, Macquarie H			
Name	Age	Centre	Final
1 Sienna Gilchrist		Macquarie Hunter	1:57.88
2 Chloe Clark		Kotara South	2:02.83
3 Lily Kehoe		Edgeworth	2:06.62
4 Ava Flint		Southlakes	2:09.01
5 Demi Maddison		Cardiff	2:11.86
6 Sienna Govender		Macquarie Hunter	2:15.78
7 Layla White		Kotara South	2:34.46

**Lake Macquarie Zone Championships**  
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**Girls U 8 - 700 Metre Run Park Start**

Zone: Z 2:25.70 11-Dec-11 Montana Monk, Macquarie Hu			
Name	Age	Centre	Final
1 Grace Mueller		Macquarie Hunter	2:49.01
2 Macy Johnson		Edgeworth	2:56.04
3 Mikaylie Daymond		Edgeworth	2:58.21
4 Beth Nankervis		Kotara South	3:02.62
5 Lilly McDonald		Edgeworth	3:07.86
6 Addison Bass		Westlakes	3:14.07
7 Tahlia Thompson		Westlakes	3:33.07

**Girls U 9 - 800 Metre Run**

Zone: Z 2:42.10 16-Dec-12 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Ruby Ingall		Kotara South	3:00.66
2 Lily Weeks		Kotara South	3:04.76
3 Julieanne Fox		Macquarie Hunter	3:10.68
4 Lacy Barnes		Eastlakes	3:19.14
5 Xanthe Hodgson		Cardiff	3:19.61
6 Imogen Pettett		Kotara South	3:22.33
7 Ellah Sutton		Macquarie Hunter	3:27.33
8 Emma Hearnden		Cardiff	3:32.31

**Girls U 10 - 800 Metre Run**

Zone: Z 2:35.22 01-Dec-13 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Latesha West		Macquarie Hunter	2:47.46
2 Emily Hayman		Kotara South	3:05.78
3 Eva Cowling		Southlakes	3:10.80
4 Lorena Thomas		Kotara South	3:14.26
5 Elodie Playdon		Kotara South	3:16.27
6 Monika Urane		Edgeworth	3:26.87
7 Shelby Parker		Edgeworth	3:44.68
-- Emerson Leadbeatter		Macquarie Hunter	DQ

**Girls U 11 - 800 Metre Run**

Zone: Z 2:28.95 14-Dec-14 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Brianna Panos		Macquarie Hunter	2:41.31
2 Jassmin Daymond		Edgeworth	2:44.88
3 Amelia Roberts		Macquarie Hunter	2:52.42
4 Zoe Mulhearn		Kotara South	2:55.80
5 Rebecca Craig		Macquarie Hunter	2:58.06
6 Asha Olsen		Kotara South	2:59.48
7 Krystal Lienau		Westlakes	3:09.12
8 Abby Lever		Cardiff	3:15.80
9 Violet Williams		Kotara South	3:17.15
10 Evie Bryant		Kotara South	3:22.38

**Lake Macquarie Zone Championships**  
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**Girls U 12 - 800 Metre Run**

Zone: Z 2:25.21 29-Nov-15 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Hannah Jarvis		Macquarie Hunter	2:38.43
2 Rochelle Clark		Kotara South	3:00.70
3 Jacqueline Hanlon-Thomps		Cardiff	3:16.85
4 Taylor Robertson		Cardiff	3:37.37

**Girls U 13 - 800 Metre Run**

Zone: Z 2:21.70 11-Dec-11 Chloe Walters, Macquarie Hu			
Name	Age	Centre	Final
1 Kaylee Dowsett		Macquarie Hunter	2:33.69
2 Jemma Pollard		Kotara South	2:36.51
3 Chelsea Hillhouse		Southlakes	2:54.99
4 Jasmine Roberts		Macquarie Hunter	3:00.81
5 Holly Kehoe		Edgeworth	3:05.10
6 Hayley Nankervis		Kotara South	3:06.84
7 Amanda Young		Kotara South	3:12.09
-- Maddison McTaggart		Macquarie Hunter	DNF

**Girls U 14 - 800 Metre Run**

Zone: Z 2:25.24 11-Dec-16 Sarah Pickering, Macquarie			
Name	Age	Centre	Final
1 Montana Monk		Macquarie Hunter	2:17.09Z
2 Eleanor Barnett		Kotara South	2:28.63
3 Ella Osborne		Kotara South	2:54.40
4 Bethany Scott		Westlakes	3:12.28
5 Laine Harrison		Macquarie Hunter	3:18.71

**Girls U 15 - 800 Metre Run**

Zone: Z 2:21.10 11-Dec-16 Kaitlyn Klein, Macquarie Hu			
Name	Age	Centre	Final
1 Sarah Pickering		Macquarie Hunter	2:19.19Z
2 Lily O'Callaghan		Macquarie Hunter	2:44.25
3 Chloe Anson-Smith		Kotara South	2:56.36

**Girls U 17 - 800 Metre Run**

Zone: Z 2:25.30 16-Dec-12 Stephanie Bain, Macquarie H			
Name	Age	Centre	Final
1 Kaitlyn Klein		Macquarie Hunter	2:17.02Z
2 Danika Spamer		Cardiff	2:26.98
3 Jessica Noble		Macquarie Hunter	2:28.32
4 Jordon Joynson		Westlakes	2:38.01
5 Adelaide Markey		Kotara South	2:40.40
6 Emma Young		Kotara South	2:45.74

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 10 - 1500 Metre Run**

Zone: Z 5:21.59 30-Nov-13 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Anika McCarthy		Macquarie Hunter	6:14.39
2 Emily Hayman		Kotara South	6:16.21
3 Eva Cowling		Southlakes	6:20.63
4 Monika Urane		Edgeworth	6:36.65
5 Elodie Playdon		Kotara South	6:40.19
6 Alexis Winter		Cardiff	7:39.77

**Girls U 11 - 1500 Metre Run**

Zone: Z 5:15.73 13-Dec-14 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Rebecca Craig		Macquarie Hunter	5:56.89
2 Asha Olsen		Kotara South	5:57.29
3 Grace Carroll		Cardiff	6:06.53
4 Laria Crawford		Southlakes	6:25.28
5 Violet Williams		Kotara South	6:29.15
6 Emma Linhart		Edgeworth	7:00.14

**Girls U 12 - 1500 Metre Run**

Zone: Z 4:51.30 04-Dec-10 Chloe Walters, Macquarie Hu			
Name	Age	Centre	Final
1 Hannah Jarvis		Macquarie Hunter	5:24.47
2 Jessica Robinson		Edgeworth	6:04.23

**Girls U 13 - 1500 Metre Run**

Zone: Z 4:49.43 10-Dec-16 Montana Monk, Macquarie Hun			
Name	Age	Centre	Final
1 Kaylee Dowsett		Macquarie Hunter	5:38.20
2 Amanda Young		Kotara South	6:02.90
3 Hayley Nankervis		Kotara South	6:14.49
4 Chelsea Hillhouse		Southlakes	6:16.87
5 Kaitlyn Edmonds		Cardiff	6:21.04
6 Olivia McDonald		Edgeworth	7:48.15

**Girls U 14 - 1500 Metre Run**

Zone: Z 4:57.80 10-Dec-16 Sarah Pickering, Macquarie			
Name	Age	Centre	Final
1 Montana Monk		Macquarie Hunter	4:50.62Z
2 Eleanor Barnett		Kotara South	5:19.89
3 Ella Osborne		Kotara South	5:35.02
4 Mikayla Enderby		Kotara South	6:26.79

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 15 - 1500 Metre Run**

Zone: Z 4:48.44 10-Dec-16 Kaitlyn Klein, Macquarie Hu			
Name	Age	Centre	Final
1 Sarah Pickering		Macquarie Hunter	4:51.17
2 Lily O'Callaghan		Macquarie Hunter	5:39.27
3 Chloe Anson-Smith		Kotara South	6:15.85

**Girls U 17 - 1500 Metre Run**

Zone: Z 5:02.06 10-Dec-16 Jessica Noble, Macquarie Hu			
Name	Age	Centre	Final
1 Kaitlyn Klein		Macquarie Hunter	4:53.77Z
2 Jessica Noble		Macquarie Hunter	5:03.08
3 Danika Spamer		Cardiff	5:16.19
4 Adelaide Markey		Kotara South	5:35.03
5 Emma Young		Kotara South	5:47.49

**Girls U 13 - 3000 Metre Run**

Zone: Z 11:20.12 28-Nov-15 Sarah Pickering, Macquarie			
Name	Age	Centre	Final
1 Chelsea Hillhouse		Southlakes	16:37.60

**Girls U 14 - 3000 Metre Run**

Zone: Z 11:04.90 12-1998 M Dickson, Eastlakes			
Name	Age	Centre	Final
1 Imogen Bailey		Southlakes	14:21.42
2 Bethany Scott		Westlakes	14:54.21

**Girls U 15 - 3000 Metre Run**

Zone: Z 10:50.65 13-Dec-14 Hannah Bain, Macquarie Hun			
Name	Age	Centre	Final
1 Sarah Pickering		Macquarie Hunter	11:26.82

**Girls U 17 - 3000 Metre Run**

Zone: Z 10:50.22 10-Dec-16 Jessica Noble, Macquarie H			
Name	Age	Centre	Final
1 Jessica Noble		Macquarie Hunter	11:08.81
2 Danika Spamer		Cardiff	12:18.21
3 Adelaide Markey		Kotara South	13:48.93

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.83 10-Dec-16 Milla Bru, Kotara South			
Name	Age	Centre	Final
1 Emma Jennison		Kotara South	12.88

**Lake Macquarie Zone Championships  
Hunter Sports Centre,  
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**....Girls U 8 - 60 Metre Hurdles (45cm)**

2	Madeleine Maxwell	Macquarie Hunter	14.38
3	Lilly McDonald	Edgeworth	14.94

**Girls U 9 - 60 Metre Hurdles (45cm)**

=====			
	Zone: Z 10.91	10-Dec-16	Latesha West, Macquarie Hunte
	Name	Age Centre	Final
=====			
1	Zara Lienau	Westlakes	11.48
2	Nikita O'Brien	Macquarie Hunter	11.71
3	Julianne Fox	Macquarie Hunter	11.91
4	Caitlin Cubis	Southlakes	12.35
5	Zoe Keeble	Cardiff	13.18
6	Lacy Barnes	Eastlakes	13.96

**Girls U 10 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.99	10-Dec-16	Ruby Jones, Macquarie Hunter
	Name	Age Centre	Final
=====			
1	Indiana Tam	Macquarie Hunter	11.83
2	Allia Whyte	Kotara South	11.86
3	Gemma Everingham	Macquarie Hunter	12.14
4	Emerson Leadbeatter	Macquarie Hunter	12.16
5	Monika Urane	Edgeworth	14.28
6	Alexis Winter	Cardiff	14.30

**Girls U 11 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.74	10-Dec-11	Dakota Thomas, Macquarie Hunt
	Name	Age Centre	Heats
=====			
Heat 1 Heats			
1	Brooke Xavier	Eastlakes	11.35Q
2	Isabella Wilson	Macquarie Hunter	11.55Q
3	Krystal Lienau	Westlakes	11.57Q
4	Lara Brogan	Macquarie Hunter	12.20q
5	Asha Olsen	Kotara South	13.53
6	Isobel Redford	Kotara South	13.80
7	Emma Linhart	Edgeworth	14.19
Heat 2 Heats			
1	Ruby Jones	Macquarie Hunter	10.87Q
2	Lucy Tobin	Cardiff	11.93Q
3	Dakota Robertson	Edgeworth	12.62Q
4	Lucy Forsythe	Cardiff	12.96q
5	Emily McClymont	Kotara South	13.44
6	Violet Williams	Kotara South	14.95

**Girls U 11 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.74	10-Dec-11	Dakota Thomas, Macquarie Hunt
	Name	Age Centre	Final
=====			
Section 1 Final			
1	Ruby Jones	Macquarie Hunter	11.03



**Lake Macquarie Zone Championships**  
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**....Girls U 11 - 60 Metre Hurdles (60cm)**

2 Krystal Lienau	Westlakes	11.20
3 Brooke Xavier	Eastlakes	11.30
4 Isabella Wilson	Macquarie Hunter	11.70
5 Lucy Tobin	Cardiff	12.06
6 Lara Brogan	Macquarie Hunter	12.24
7 Dakota Robertson	Edgeworth	12.75
8 Lucy Forsythe	Cardiff	12.93

**Girls U 12 - 60 Metre Hurdles (68cm)**

=====  
 Zone: Z 10.22 28-Nov-15 Casey Archard, Macquarie Hunt  
 Name Age Centre Final  
 =====

Section 1

1 Shauna Clarke	Eastlakes	12.20
2 Scarlett Jones	Kotara South	12.87
3 Dakota McRae	Cardiff	14.43
4 Sienna Bromfield	Westlakes	15.86

**Girls U 13 - 80 Metre Hurdles (76cm)**

=====  
 Zone: Z 13.64 04-Dec-05 Tianna Cummings, Macquarie Sh  
 Name Age Centre Final  
 =====

1 Charlotte Griffin	Macquarie Hunter	16.10
2 Ella Harris	Kotara South	16.91
3 Annabelle Keene	Edgeworth	20.27

**Girls U 14 - 80 Metre Hurdles (76cm)**

=====  
 Zone: Z 12.94 12-1997 Belinda Conry, Macquarie Shor  
 Name Age Centre Final  
 =====

1 Grace Baker	Macquarie Hunter	14.89
---------------	------------------	-------

**Girls U 15 - 90 Metre Hurdles (76cm)**

=====  
 Zone: Z 13.74 04-Dec-05 Courtney Thompson, Macquarie  
 Name Age Centre Final  
 =====

1 Jessica Richardson	Macquarie Hunter	14.84
2 Tiarna Keegan	Edgeworth	17.79
3 Larissa Hobbs	Westlakes	19.33

**Girls U 17 - 100 Metre Hurdles (76cm)**

=====  
 Zone: Z 15.31 11-Dec-16 Teah MacPherson, Macquarie Hu  
 Name Age Centre Final  
 =====

1 Teah Macpherson	Macquarie Hunter	15.39
2 Claudia Martin	Southlakes	19.62
3 Sharis Hicks	Edgeworth	22.36

**Lake Macquarie Zone Championships**  
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**Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 30.34 30-Nov-13 Teah MacPherson, Macquarie Hu			
Name	Age	Centre	Final
1 Amber Xavier		Eastlakes	33.80
2 Charlotte Griffin		Macquarie Hunter	34.61
3 Ella Harris		Kotara South	34.72

**Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 28.84 12-1997 Belinda Conry, Macquarie Shor			
Name	Age	Centre	Final
1 Grace Baker		Macquarie Hunter	31.77
2 Imogen Bailey		Southlakes	32.61
3 Ellie Carroll		Cardiff	33.38

**Girls U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 52.50 10-Dec-16 Shanae McIntyre, Edgeworth			
Name	Age	Centre	Final
1 Brianna Daymond		Edgeworth	52.81
2 Chloe Anson-Smith		Kotara South	59.15

**Girls U 17 - 300 Metre Hurdles (76cm)**

Name	Age	Centre	Final
1 Teah Macpherson		Macquarie Hunter	46.49
2 Sharis Hicks		Edgeworth	1:05.09

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 56.90 16-Dec-12 Macquarie Hunter, Macquarie H			
Centre	M Monk, A Leyshon, A Cross, D Thomas		Final
1 Macquarie Hunter			1:00.44
1) Ella Kingett 9	2) Amelia Roberts 11		
3) Indiana Tam 10	4) Tarli Black 12		
2 Kotara South			1:02.35
1) Lily Weeks 9	2) Allia Whyte 10		
3) Olivia Weeks 12	4) Ava Ross 10		
3 Eastlakes			1:03.29
1) Brooke Xavier 11	2) Skyla Poole 9		
3) Mollie McManus 10	4) Hannah Whiddon 12		
4 Cardiff and District			1:04.07
1) Xanthe Hodgson 9	2) Lucy Tobin 11		
3) Dakota McRae 12	4) Addison Cox 10		
5 Edgeworth			1:04.16
1) Savannah McIntyre 9	2) Matilda Isaac 10		
3) Jassmin Daymond 11	4) Jessica Robinson 12		
6 Southlakes			1:05.17
1) Caitlin Cubis 9	2) Melanie Wilson 11		
3) Eva Cowling 10	4) Angelique Bailey 11		

**Lake Macquarie Zone Championships**  
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**Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 49.90 11-Dec-16 Macquarie Hunter, Macquarie H			
M Munro, T MacPherson, G Munro, M Stephenson			
Centre			Final
1 Macquarie Hunter			51.15
1) Georgia Munro 15		2) Riley Gardner 14	
3) Ava Osland 13		4) Teah Macpherson 17	
2 Cardiff and District			54.32
1) Kaitlyn Edmonds 13		2) Abbey Bowditch 17	
3) Chelsea Gilday 15		4) Milli Windred 14	
3 Kotara South			56.59
1) Ella Harris 13		2) Eleanor Barnett 14	
3) Adelaide Markey 17		4) Ella Ross 14	
4 Edgeworth			59.39
1) Imogen Robertson 13		2) Annabelle Keene 13	
3) Brianna Daymond 15		4) Sharis Hicks 17	

**Girls U 9 - High Jump (S/H 0.80m)**

Zone: Z 1.18m 1991 Hayley McPherson, Macquarie S			
Name	Age	Centre	Final
Flight 1			
1 Ruby Ingall		Kotara South	1.10m
2 Skyla Poole		Eastlakes	1.01m
3 Savannah McIntyre		Edgeworth	0.95m
4 Nikita O'Brien		Macquarie Hunter	0.90m
5 Lacy Barnes		Eastlakes	0.90m

**Girls U 10 - High Jump (S/H 0.90m)**

Zone: Z 1.30m 14-Dec-08 Ruby McIntyre, Macquarie Hunt			
Name	Age	Centre	Final
1 Matilda Isaac		Edgeworth	1.04m
2 Lorena Thomas		Kotara South	0.95m

**Girls U 11 - High Jump (S/H 1.00m)**

Zone: Z 1.42m 15-Dec-09 Emma-Sue Greentree, Southlake			
Name	Age	Centre	Final
1 Stevie Botham		Macquarie Hunter	1.23m
2 Jassmin Daymond		Edgeworth	1.23m
3 Lucy Tobin		Cardiff	1.21m
4 Mia Marshall		Cardiff	1.15m
5 Poppy Grady		Eastlakes	1.10m
6 Abby Lever		Cardiff	1.10m
7 Olivia Findlater		Macquarie Hunter	1.10m
8 Melanie Wilson		Southlakes	1.10m
9 Ruby Jones		Macquarie Hunter	1.05m
-- Isla Mackay		Kotara South	NH

**Lake Macquarie Zone Championships**  
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**Girls U 12 - High Jump (S/H 1.10m)**

Zone: Z 1.49m 16-Dec-12 Chelsea Egginton, Macquarie H			
Name	Age	Centre	Final
1 Sienna Isaac		Edgeworth	1.31m
2 Sophie Urane		Edgeworth	1.29m
3 Jessica Robinson		Edgeworth	1.29m
4 Anisha Parker		Edgeworth	1.27m
5 Sophie Reilly		Kotara South	1.27m
6 Olivia Weeks		Kotara South	1.27m
7 Jacqueline Hanlon-Thomps		Cardiff	1.20m

**Girls U 13 - High Jump (S/H 1.15m)**

Zone: Z 1.58m 10-Dec-11 Emma Sue Greentree, Southlake			
Name	Age	Centre	Final
1 Sukontha Thongkao-george		Macquarie Hunter	1.43m
2 Maddison McTaggart		Macquarie Hunter	1.25m
3 Kaitlyn Edmonds		Cardiff	1.25m
4 Annabelle Keene		Edgeworth	1.20m
5 Imogen Robertson		Edgeworth	1.20m
-- Ella Stumbles		Macquarie Hunter	NH
-- Kaylee Dowsett		Macquarie Hunter	DNF
-- Amanda Young		Kotara South	DNF
-- Bailee Pappas		Kotara South	DNF
-- Isobel Givens		Eastlakes	DNF
-- Holly Jones		Macquarie Hunter	DNF
-- Haylee O'Brien		Kotara South	DNF

**Girls U 14 - High Jump (S/H 1.20m)**

Zone: Z 1.63m 12-2000 Katie Jones, Westlakes			
Name	Age	Centre	Final
1 Grace Baker		Macquarie Hunter	1.45m
2 Mikala Poulsen		Eastlakes	1.25m
3 Bethany Scott		Westlakes	1.25m
4 Ashlyn Blackstock		Eastlakes	1.20m

**Girls U 15 - High Jump (S/H 1.20m)**

Zone: Z 1.65m 12-1998 Belinda Conry, Macquarie Shor			
Name	Age	Centre	Final
1 Brianna Daymond		Edgeworth	1.30m
2 Tiarna Keegan		Edgeworth	1.20m

**Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.60m 14-Dec-14 Emma Sue Greentree, Southlake			
Name	Age	Centre	Final
1 Claudia Martin		Southlakes	1.45m

**Lake Macquarie Zone Championships**  
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**Girls U 7 - Long Jump**

Zone: Z 3.33m 1987 T Mcheyzer, Macquarie Shores			
Name	Age	Centre	Final
1 Jenice Hicks		Edgeworth	2.62m
2 Sienna Gilchrist		Macquarie Hunter	2.60m
3 Lily Kehoe		Edgeworth	2.36m
4 Elise Johnson		Kotara South	2.36m
5 Sienna Govender		Macquarie Hunter	2.30m
6 Peyton Kemp		Southlakes	2.22m
7 Piper Fitzhenry		Edgeworth	1.68m
8 Maya O'Brien		Kotara South	1.35m

**Girls U 8 - Long Jump**

Zone: Z 3.61m 2008 Alexis Jeffs, Cardiff & Distr			
Name	Age	Centre	Final
1 Madeleine Maxwell		Macquarie Hunter	2.89m
2 Macy Johnson		Edgeworth	2.84m
2 Demi Bolakis		Westlakes	2.84m
4 Addison Bass		Westlakes	2.82m
5 Bella Fitzhenry		Edgeworth	2.81m
6 Mia Bell		Kotara South	2.73m
7 Chelsea Hughes		Kotara South	2.72m
8 Emma Jennison		Kotara South	2.64m
9 Mikaylie Daymond		Edgeworth	2.54m
10 Sienna Byrnes		Kotara South	2.50m
11 Lilly McDonald		Edgeworth	2.49m
12 Beth Nankervis		Kotara South	2.25m
13 Lily O'Brien		Kotara South	2.03m

**Girls U 9 - Long Jump**

Zone: Z 4.04m 15-Dec-09 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
1 Eleni Bolakis		Westlakes	3.49m
2 Alice Hill		Macquarie Hunter	3.45m
3 Skyla Poole		Eastlakes	3.25m
4 Ruby Ingall		Kotara South	3.21m
5 Lily Weeks		Kotara South	3.17m
5 Caitlin Cubis		Southlakes	3.17m
7 Katie Duncan		Macquarie Hunter	2.92m
8 Imogen Pettett		Kotara South	2.90m
9 Ella Kingett		Macquarie Hunter	2.86m
10 Zoe Keeble		Cardiff	2.77m
11 Ocea Bayly		Macquarie Hunter	2.76m
12 Zali Keegan		Edgeworth	2.64m
13 Shayla King		Cardiff	2.62m
14 Emma Hearnden		Cardiff	2.45m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 10 - Long Jump**

Zone: Z 4.12m 12-1996 Bianca Mohr, Kotara South			
Name	Age	Centre	Final
1 Latesha West		Macquarie Hunter	3.70m
2 Jessica Sinclair		Cardiff	3.55m
3 Allia Whyte		Kotara South	3.51m
4 Gemma Everingham		Macquarie Hunter	3.49m
5 Lorena Thomas		Kotara South	3.37m
6 Mollie McManus		Eastlakes	3.29m
7 Ava Ross		Kotara South	3.26m
8 Chloe Henshall		Kotara South	3.03m
9 Monika Urane		Edgeworth	2.76m
10 Lucy Nankervis		Kotara South	2.09m

**Girls U 11 - Long Jump**

Zone: Z 4.55m 11-Dec-11 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
1 Krystal Lienau		Westlakes	3.84m
2 Angelique Bailey		Southlakes	3.62m
3 Lara Brogan		Macquarie Hunter	3.42m
4 Melanie Wilson		Southlakes	3.39m
5 Sophie Robinson		Edgeworth	3.30m
6 Mia Marshall		Cardiff	3.10m
7 Isla Mackay		Kotara South	2.81m
8 Charli Blackstock		Eastlakes	2.25m

**Girls U 12 - Long Jump**

Zone: Z 4.74m 15-Dec-12 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
1 Olivia Weeks		Kotara South	4.09m
2 Shauna Clarke		Eastlakes	3.77m
3 Brooke Hill		Macquarie Hunter	3.76m
4 Sophie Reilly		Kotara South	3.61m
5 Hannah Whiddon		Eastlakes	3.56m
6 Dakota McRae		Cardiff	3.28m
7 Grace Kingett		Macquarie Hunter	3.15m
8 Taylor Robertson		Cardiff	2.98m
9 Gemma Kerney		Kotara South	2.85m
10 Emily Webster		Edgeworth	2.52m

**Girls U 13 - Long Jump**

Zone: Z 4.94m 30-Nov-13 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
1 Sukontha Thongkao-george		Macquarie Hunter	4.65m
2 Ava Osland		Macquarie Hunter	4.63m
3 Amber Xavier		Eastlakes	4.11m
4 Imogen Robertson		Edgeworth	3.83m
5 Chelsea Hillhouse		Southlakes	3.64m
6 Haylee O'Brien		Kotara South	3.60m

**Lake Macquarie Zone Championships**  
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**...Girls U 13 - Long Jump**

7	Ella Stumbles	Macquarie Hunter	3.39m
8	Estella Olsen	Kotara South	3.28m
9	Kaitlyn Edmonds	Cardiff	2.90m
--	Isabella Obrien	Edgeworth	ND

**Girls U 14 - Long Jump**

=====			
Zone: Z 5.42m 13-Dec-14 Dakota Thomas, Macquarie Hunt			
Name	Age	Centre	Final
=====			
1	Imogen Bailey	Southlakes	4.68m
2	Ella Ross	Kotara South	4.55m
3	Ellie Carroll	Cardiff	4.44m
4	Eliza Kirby	Macquarie Hunter	4.35m
5	Imogen Petrie	Macquarie Hunter	4.19m
6	Milli Windred	Cardiff	3.96m
7	Lainee Harrison	Macquarie Hunter	3.28m

**Girls U 15 - Long Jump**

=====			
Zone: Z 5.61m 12-1998 Belinda Conry, Macquarie Shor			
Name	Age	Centre	Final
=====			
1	Georgia Munro	Macquarie Hunter	5.19m
2	Mia Munro	Macquarie Hunter	4.81m
3	Tiarna Keegan	Edgeworth	3.49m
4	Skye Cumpson	Edgeworth	3.19m

**Girls U 17 - Long Jump**

=====			
Zone: Z 5.50m 29-Nov-15 Bernice de Jager, Macquarie H			
Name	Age	Centre	Final
=====			
1	Abbey Bowditch	Cardiff	5.32m
2	Teah Macpherson	Macquarie Hunter	5.15m
3	Olivia Duncan	Macquarie Hunter	4.92m
4	Madeleine Hart	Macquarie Hunter	4.51m
5	Sharis Hicks	Edgeworth	3.89m

**Girls U 11 - Triple Jump**

=====			
Zone: Z 8.95m 12-1999 J Trimble, Eastlakes			
Name	Age	Centre	Final
=====			
1	Jassmin Daymond	Edgeworth	8.43m
2	Isabella Wilson	Macquarie Hunter	8.15m
3	Dakota Robertson	Edgeworth	7.69m
4	Abby Lever	Cardiff	7.55m
5	Mia Marshall	Cardiff	7.47m
5	Angelique Bailey	Southlakes	7.47m
7	Zoe Mulhearn	Kotara South	6.86m
8	Lucy Forsythe	Cardiff	6.75m
9	Lara Brogan	Macquarie Hunter	6.55m
10	Emily McClymont	Kotara South	6.50m
11	Bella Jones	Macquarie Hunter	6.42m





**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 5.84m 14-Dec-14 Jessica Sinclair, Cardiff & D			
Name	Age	Centre	Final
1 Lily Kehoe		Edgeworth	3.71m
2 Sienna Govender		Macquarie Hunter	3.25m
3 Maya O'Brien		Kotara South	2.73m
4 Layla White		Kotara South	2.03m

**Girls U 8 - Shot Put (1.5 Kg)**

Zone: Z 6.70m 1995 E Power, Eastlakes			
Name	Age	Centre	Final
1 Addison Bass		Westlakes	5.27m
2 Madeleine Maxwell		Macquarie Hunter	4.33m
3 Grace Mueller		Macquarie Hunter	3.96m
4 Lily O'Brien		Kotara South	3.37m
5 Tahlia Thompson		Westlakes	2.90m

**Girls U 9 - Shot Put (2.0 Kg)**

Zone: Z 7.74m 12-1996 E Power, Eastlakes			
Name	Age	Centre	Final
1 Savannah McIntyre		Edgeworth	4.82m
2 Zoe Keeble		Cardiff	4.22m
3 Sophie Oliver		Kotara South	4.19m
4 Shayla King		Cardiff	3.62m

**Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 9.90m 16-Dec-12 Bella Ferfoggia, Eastlakes			
Name	Age	Centre	Final
1 Jessica Sinclair		Cardiff	7.44m
2 Zaara Alexander		Eastlakes	5.74m
3 Anika McCarthy		Macquarie Hunter	5.48m
4 Matilda Isaac		Edgeworth	4.43m

**Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 10.38m 10-Dec-11 Kheilani Haimau-Ikihele, Car			
Name	Age	Centre	Final
1 Yasmin Alexander		Eastlakes	8.36m
2 Stevie Botham		Macquarie Hunter	6.45m
3 Bella Jones		Macquarie Hunter	6.13m
4 Lucy Godfrey		Kotara South	6.13m
5 Melanie Wilson		Southlakes	5.84m
6 Hannah Mackey		Edgeworth	5.49m
7 Marli Duncan		Macquarie Hunter	5.18m
8 Evie Bryant		Kotara South	4.97m
9 Charli Blackstock		Eastlakes	4.29m
10 Tindra Zentner		Kotara South	3.25m
11 Paige Harrison		Macquarie Hunter	3.24m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 13.42m 14-Dec-14 Bella Ferfoggia, Eastlakes			
Name	Age	Centre	Final
1 Tegan Clark		Southlakes	10.38m
2 Anisha Parker		Edgeworth	8.66m
3 Emily Webster		Edgeworth	6.70m
4 Sophie Reilly		Kotara South	6.56m
5 Gemma Kerney		Kotara South	6.33m
6 Hannah Whiddon		Eastlakes	6.11m
7 Taylor Robertson		Cardiff	4.32m

**Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 12.90m 10-Dec-16 Ashlyn Blackstock, Eastlakes			
Name	Age	Centre	Final
1 Ella Bales		Macquarie Hunter	9.26m
2 Emily Richardson		Macquarie Hunter	8.81m
3 Haylee O'Brien		Kotara South	8.14m
4 Hannah Pearce		Cardiff	7.70m
5 Ellie Mackey		Edgeworth	6.27m
6 Molly McGinniskin		Edgeworth	5.65m
7 Ella Stumbles		Macquarie Hunter	5.32m
8 Isabella Obrien		Edgeworth	5.10m

**Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 12.62m 10-Dec-16 Bella Ferfoggia, Eastlakes			
Name	Age	Centre	Final
1 Ashlyn Blackstock		Eastlakes	13.67mZ
2 Imogen Petrie		Macquarie Hunter	12.19m
3 Grace Baker		Macquarie Hunter	9.05m

**Girls U 15 - Shot Put (3.0 Kg)**

Zone: Z 13.27m 07-Dec-03 Morgan Vosilla, Eastlakes			
Name	Age	Centre	Final
1 Bella Ferfoggia		Eastlakes	14.25mZ
2 Jessica Richardson		Macquarie Hunter	10.26m
3 Georgia Gilfoyle		Southlakes	9.47m
4 Brianna Daymond		Edgeworth	7.71m
5 Larissa Hobbs		Westlakes	7.27m
6 Skye Cumpson		Edgeworth	7.07m

**Girls U 17 - Shot Put (3.0 Kg)**

Zone: Z 13.99m 14-Dec-14 Grace Jeffrey, Macquarie Hun			
Name	Age	Centre	Final
1 Kheilani Haimau-Ikihele		Cardiff	11.73m
2 Maddy Brooks		Macquarie Hunter	10.73m
3 Eloise Petersen		Cardiff	10.09m
4 Shenae McIntyre		Edgeworth	8.48m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Girls U 7 - Discus (350 Gram)**

Zone: Z 16.66m 1994 T Bullock, Macquarie Shores			
Name	Age	Centre	Final
1 Demi Maddison		Cardiff	10.41m
2 Piper Fitzhenry		Edgeworth	8.89m
3 Ava Flint		Southlakes	8.31m
4 Jacinta Alexander		Eastlakes	7.52m
5 Layla White		Kotara South	7.10m

**Girls U 8 - Discus (500 Gram)**

Zone: Z 18.26m 1990 Hayley McPherson, Macquarie			
Name	Age	Centre	Final
1 Addison Bass		Westlakes	15.82m
2 Madeleine Maxwell		Macquarie Hunter	14.35m
3 Tahlia Thompson		Westlakes	10.47m
4 Mikaylie Daymond		Edgeworth	9.63m
5 Lilly McDonald		Edgeworth	6.62m
6 Bella Fitzhenry		Edgeworth	6.42m

**Girls U 9 - Discus (500 Gram)**

Zone: Z 29.80m 2-1996 E Power, Eastlakes			
Name	Age	Centre	Final
1 Savannah McIntyre		Edgeworth	17.10m
2 Zoe Keeble		Cardiff	12.38m
3 Shayla King		Cardiff	12.13m
4 Emma Hearnden		Cardiff	11.11m
5 Nikita O'Brien		Macquarie Hunter	10.66m
6 Scarlett Bowditch		Cardiff	9.30m
7 Imogen Pettett		Kotara South	9.04m
8 Zali Keegan		Edgeworth	7.61m

**Girls U 10 - Discus (500 Gram)**

Zone: Z 30.77m 30-Nov-13 Imogen Petrie, Macquarie Hun			
Name	Age	Centre	Final
1 Jessica Sinclair		Cardiff	20.47m
2 Chloe Henshall		Kotara South	14.55m
3 Mollie McManus		Eastlakes	14.29m
4 Zaara Alexander		Eastlakes	13.79m
5 Lorena Thomas		Kotara South	12.41m

**Girls U 11 - Discus (750 Gram)**

Zone: Z 29.59m 14-Dec-14 Ashlyn Blackstock, Eastlakes			
Name	Age	Centre	Final
1 Lara Brogan		Macquarie Hunter	20.03m
2 Angelique Bailey		Southlakes	16.68m
3 Yasmin Alexander		Eastlakes	15.61m
4 Lana Atkins		Southlakes	10.65m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 12 - Discus (750 Gram)**

Zone: Z 36.90m 1994 Elaine Targett, Eastlakes			
Name	Age	Centre	Final
1 Tegan Clark		Southlakes	25.79m
2 Hye won Wilson		Macquarie Hunter	16.10m
3 Sophie Reilly		Kotara South	14.99m
4 Shauna Clarke		Eastlakes	14.99m
5 Emily Webster		Edgeworth	14.87m
6 Gemma Kerney		Kotara South	12.04m
7 Sienna Bromfield		Westlakes	6.69m

**Girls U 13 - Discus (750 Gram)**

Zone: Z 44.19m 11-Dec-16 Imogen Petrie, Macquarie Hun			
Name	Age	Centre	Final
1 Ella Bales		Macquarie Hunter	27.90m
2 Emily Richardson		Macquarie Hunter	25.26m
3 Amanda Young		Kotara South	22.37m
4 Hannah Pearce		Cardiff	22.35m
5 Charlotte Griffin		Macquarie Hunter	20.00m
6 Annabelle Keene		Edgeworth	19.45m
7 Haylee O'Brien		Kotara South	19.20m
8 Molly McGinniskin		Edgeworth	13.53m
9 Isabella Obrien		Edgeworth	12.82m
-- Holly Kehoe		Edgeworth	ND

**Girls U 14 - Discus (1.0 Kg)**

Zone: Z 34.92m 12-2002 J Trimble, Macquarie Shores			
Name	Age	Centre	Final
1 Ashlyn Blackstock		Eastlakes	38.76mZ
2 Imogen Petrie		Macquarie Hunter	38.20mZ
3 Grace Baker		Macquarie Hunter	22.90m
4 Imogen Bailey		Southlakes	22.75m
5 Bethany Scott		Westlakes	18.84m

**Girls U 15 - Discus (1.0 Kg)**

Zone: Z 40.46m 06-Dec-03 Morgan Vosilla, Eastlakes			
Name	Age	Centre	Final
1 Bella Ferfoggia		Eastlakes	39.93m
2 Jessica Richardson		Macquarie Hunter	26.16m
3 Georgia Gilfoyle		Southlakes	20.28m
4 Skye Cumpson		Edgeworth	16.13m

**Girls U 17 - Discus (1.0 Kg)**

Zone: Z 38.40m 13-Dec-14 Grace Jeffrey, Macquarie Hun			
Name	Age	Centre	Final
1 Maddy Brooks		Macquarie Hunter	30.61m
2 Claudia Martin		Southlakes	22.02m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Girls U 11 - Javelin (400 Gram)**

Zone: Z 15.23m 28-Nov-15 Hannah Pearce, Cardiff			
Name	Age	Centre	Final
1 Angelique Bailey		Southlakes	16.77mZ
2 Stevie Botham		Macquarie Hunter	15.70mZ
3 Olivia Findlater		Macquarie Hunter	13.76m
4 Lana Atkins		Southlakes	12.00m
5 Bella Jones		Macquarie Hunter	11.95m
6 Poppy Grady		Eastlakes	11.77m
7 Erika Enderby		Kotara South	10.75m
8 Emma Linhart		Edgeworth	8.24m

**Girls U 12 - Javelin (400 Gram)**

Zone: Z 23.60m 10-Dec-16 Hannah Pearce, Cardiff			
Name	Age	Centre	Final
1 Tegan Clark		Southlakes	23.17m
2 Shauna Clarke		Eastlakes	16.10m
3 Jessica Robinson		Edgeworth	12.21m
4 Emily Webster		Edgeworth	9.88m
5 Gemma Kerney		Kotara South	5.90m

**Girls U 13 - Javelin (400 Gram)**

Zone: Z 33.24m 12-2002 Nikki Rhodes, Cardiff & Dist			
Name	Age	Centre	Final
1 Ella Bales		Macquarie Hunter	33.33mZ
2 Hannah Pearce		Cardiff	21.33m
3 Daisy Grady		Eastlakes	20.45m
4 Ellie Mackey		Edgeworth	15.91m
5 Charlotte Griffin		Macquarie Hunter	13.01m
6 Isabella Obrien		Edgeworth	8.26m

**Girls U 14 - Javelin (400 Gram)**

Zone: Z 31.38m 06-Dec-03 Nikki Rhodes, Cardiff & Dist			
Name	Age	Centre	Final
1 Imogen Bailey		Southlakes	31.31m
2 Imogen Petrie		Macquarie Hunter	27.36m
3 Mikayla Enderby		Kotara South	19.99m
4 Bethany Scott		Westlakes	19.31m
5 Caitlin Knapman		Macquarie Hunter	18.07m
6 Eliza Kirby		Macquarie Hunter	15.09m

**Girls U 15 - Javelin (500 Gram)**

Zone: Z 33.50m 07-Dec-03 Morgan Vosilla, Eastlakes			
Name	Age	Centre	Final
1 Jessica Richardson		Macquarie Hunter	34.46mZ
2 Georgia Gilfoyle		Southlakes	21.07m
3 Skye Cumpson		Edgeworth	16.17m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Girls U 17 - Javelin (500 Gram)**

Zone: Z 34.49m 15-Dec-09 Tianna Cummings, Macquarie H			
Name	Age	Centre	Final
1 Shenae McIntyre		Edgeworth	27.30m
2 Eloise Petersen		Cardiff	25.48m

**Girls U 9 - 700 Metre Walk**

Zone: Z 4:32.26 03-Dec-06 Zoe Barton, Macquarie Shore			
Name	Age	Centre	Final

## Section 1

1 Savannah McIntyre		Edgeworth	4:35.69
2 Emma Hearnden		Cardiff	4:40.90
3 Zali Keegan		Edgeworth	4:44.27
4 Katie Duncan		Macquarie Hunter	4:56.90
5 Ellah Sutton		Macquarie Hunter	5:01.70

**Girls U 10 - 1100 Metre Walk**

Zone: Z 6:31.40 12-1999 Genevieve Mosely, Cardiff &			
Name	Age	Centre	Final
-- Shelby Parker		Edgeworth	DQ
-- Eva Cowling		Southlakes	DQ

**Girls U 11 - 1100 Metre Walk**

Zone: Z 6:31.40 12-1999 E Noble, Eastlakes			
Name	Age	Centre	Final
1 Abby Lever		Cardiff	6:58.90
2 Ruby Lucas		Macquarie Hunter	6:59.75
3 Sophie Robinson		Edgeworth	7:06.68
4 Rebecca Craig		Macquarie Hunter	7:08.02
5 Mia Marshall		Cardiff	7:28.12
6 Bella Jones		Macquarie Hunter	7:46.52
7 Hannah Mackey		Edgeworth	8:12.81
8 Emma Linhart		Edgeworth	8:24.83

**Girls U 12 - 1500 Metre Walk**

Zone: Z 8:31.10 1989 K Huff, Edgeworth & Distric			
Name	Age	Centre	Final
1 Hannah Jarvis		Macquarie Hunter	10:31.93
-- Anisha Parker		Edgeworth	DQ
-- Grace Kingett		Macquarie Hunter	DQ

**Girls U 13 - 1500 Metre Walk**

Zone: Z 7:48.70 1986 T Bartlett, Macquarie Shore			
Name	Age	Centre	Final
1 Olivia McDonald		Edgeworth	10:06.37

**Lake Macquarie Zone Championships**  
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**....Girls U 13 - 1500 Metre Walk**

2	Annabelle Keene	Edgeworth	10:06.83
3	Ellie Mackey	Edgeworth	10:30.87
--	Jasmine Roberts	Macquarie Hunter	DQ

**Girls U 14 - 1500 Metre Walk**

=====			
Zone: Z 7:38.95 01-Dec-13 Chelsea Goodhew, Westlakes			
Name	Age	Centre	Final
=====			
1	Bethany Scott	Westlakes	9:04.13

**Girls U 17 - 1500 Metre Walk**

=====			
Zone: Z 7:02.87 11-Dec-16 Chelsea Goodhew, Westlakes			
Name	Age	Centre	Final
=====			
1	Shenae McIntyre	Edgeworth	13:07.36

**Boys U 7 - 50 Metre Sprint**

=====			
Zone: Z 9.04 03-Dec-05 Lachlan McDonnell, Eastlakes			
Name	Age	Centre	Final
=====			
1	Lukas Hall	Edgeworth	9.40
2	Carter Muirhead	Macquarie Hunter	9.92
3	Louis Carl	Macquarie Hunter	10.83
4	Shammah Ndakaza	Macquarie Hunter	10.86
5	Thomas McClymont	Kotara South	11.87

**Boys U 7 - 70 Metre Sprint**

=====			
Zone: Z 11.54 16-Dec-12 Antwon Maua, Southlakes			
Name	Age	Centre	Final
=====			
1	Carter Muirhead	Macquarie Hunter	13.39
2	Lachlan Cousins	Edgeworth	13.70
3	Jamie Mackay	Kotara South	14.02
4	Louis Carl	Macquarie Hunter	14.34
5	Shammah Ndakaza	Macquarie Hunter	14.87

**Boys U 8 - 70 Metre Sprint**

=====			
Zone: Z 11.12 29-Nov-15 Noah Nightingale, Westlakes			
Name	Age	Centre	Final
=====			
1	Budd Wiltshire	Macquarie Hunter	11.88
2	Oliver Playdon	Kotara South	12.11
3	Laeth Bunn	Macquarie Hunter	12.59
4	Ben Rosenthal	Kotara South	12.70
5	Jayden Griffin	Cardiff	13.32
6	Tyler Clark	Kotara South	13.48
7	Noah Tonga	Macquarie Hunter	14.22
8	Benjamin Keene	Edgeworth	14.93

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Boys U 9 - 70 Metre Sprint**

=====  
 Zone: Z 10.41 11-Dec-16 Samuel Govender, Eastlakes  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1 Mitchell Woodrow	Kotara South	11.43Q
2 Kahn White	Kotara South	11.78Q
3 Dustin Allan	Westlakes	11.82Q
4 Aiden Cook	Macquarie Hunter	12.19q
5 Hayden Mulhearn	Kotara South	12.27q
5 Martin Lannuzel	Macquarie Hunter	12.27q

Heat 2 Heats

1 Cohen Bunn	Macquarie Hunter	11.63Q
2 Jesse Ndakaza	Macquarie Hunter	12.26Q
3 Oliver Grant	Kotara South	12.56Q
4 Archie Woods	Kotara South	13.01
5 Logan Middleton	Cardiff	14.54

**Boys U 9 - 70 Metre Sprint**

=====  
 Zone: Z 10.41 11-Dec-16 Samuel Govender, Eastlakes  
 Name Age Centre Final  
 =====

Section 1 Final

1 Mitchell Woodrow	Kotara South	11.16
2 Cohen Bunn	Macquarie Hunter	11.19
3 Kahn White	Kotara South	11.60
4 Aiden Cook	Macquarie Hunter	12.03
5 Hayden Mulhearn	Kotara South	12.05
6 Dustin Allan	Westlakes	12.11
7 Oliver Grant	Kotara South	12.14
8 Martin Lannuzel	Macquarie Hunter	12.21
9 Jesse Ndakaza	Macquarie Hunter	12.36

**Boys U 10 - 70 Metre Sprint**

=====  
 Zone: Z 10.04 16-Dec-12 Jai MacPherson, Macquarie Hun  
 Name Age Centre Final  
 =====

Section 1

1 Samuel Govender	Macquarie Hunter	10.14
2 Braith Walsh	Macquarie Hunter	10.41
3 Noah Nightingale	Westlakes	10.92
4 Toby Rosenthal	Kotara South	11.53
5 Cooper Knight	Cardiff	11.60
6 Alex Jubb	Westlakes	12.07
7 Alex Watson	Kotara South	12.80

**Boys U 7 - 100 Metre Sprint**

=====  
 Zone: Z 16.44 02-Dec-06 Isaac Davis, Macquarie Shores  
 Name Age Centre Final  
 =====

1 Lukas Hall	Edgeworth	17.62
2 Harrison Watts	Cardiff	17.89
3 Lachlan Cousins	Edgeworth	19.79



**Lake Macquarie Zone Championships**  
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**....Boys U 7 - 100 Metre Sprint**

4	Louis Carl	Macquarie Hunter	19.85
5	Thomas McClymont	Kotara South	22.92

**Boys U 8 - 100 Metre Sprint**

=====			
	Zone: Z 14.94	1986	Bradley Coburn, Edgeworth & D
	Name	Age Centre	Final
=====			
1	Budd Wiltshire	Macquarie Hunter	16.41
2	Eamon Gallard	Cardiff	16.70
3	Jack Clarke	Eastlakes	16.97
4	George Field	Kotara South	17.67
5	Laeth Bunn	Macquarie Hunter	17.72
6	Oliver Playdon	Kotara South	20.32
7	Oliver Roberts	Macquarie Hunter	20.91

**Boys U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.64	10-Dec-16	Samuel Govender, Eastlakes
	Name	Age Centre	Heats
=====			
Heat 1 Heats			
1	Cohen Bunn	Macquarie Hunter	15.68Q
2	Hayden Cox	Cardiff	15.84Q
3	Thomas Fletcher	Macquarie Hunter	16.73Q
4	Zachary Findlater	Macquarie Hunter	17.14q
5	Aiden Cook	Macquarie Hunter	17.39
6	Oliver Grant	Kotara South	17.51
7	Hamish Anson-Smith	Kotara South	17.59
Heat 2 Heats			
1	Jack Williams	Cardiff	16.50Q
2	Mitchell Woodrow	Kotara South	16.62Q
2	Max Bieler	Macquarie Hunter	16.62Q
4	Hamish Mulcahy	Southlakes	16.71q
5	Jesse Ndakaza	Macquarie Hunter	17.32
6	Martin Lannuzel	Macquarie Hunter	17.33
7	Heath Bailey	Southlakes	18.87

**Boys U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.64	10-Dec-16	Samuel Govender, Eastlakes
	Name	Age Centre	Final
=====			
Section 1 Final			
1	Cohen Bunn	Macquarie Hunter	16.00
2	Hayden Cox	Cardiff	16.14
3	Mitchell Woodrow	Kotara South	16.40
4	Max Bieler	Macquarie Hunter	16.57
5	Jack Williams	Cardiff	16.73
6	Hamish Mulcahy	Southlakes	16.80
7	Thomas Fletcher	Macquarie Hunter	16.86
8	Zachary Findlater	Macquarie Hunter	16.87

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Boys U 10 - 100 Metre Sprint**

=====  
 Zone: Z 14.14 03-Dec-05 Reece Southee, Westlakes  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Samuel Govender	Macquarie Hunter	Z 13.84Q
2	Noah Nightingale	Westlakes	14.65Q
3	Jacob Dempsey	Kotara South	14.68Q
4	Ethan Bieler	Macquarie Hunter	14.94q
5	Cooper Knight	Cardiff	15.39q
6	Bryson Palmer	Southlakes	16.19

Heat 2 Heats

1	Braith Walsh	Macquarie Hunter	14.57Q
2	Samuel Jenson	Macquarie Hunter	14.62Q
3	Miles Carl	Macquarie Hunter	15.72Q
4	Toby Rosenthal	Kotara South	16.25
5	Alex Watson	Kotara South	17.30
6	Alex Jubb	Westlakes	17.37

**Boys U 10 - 100 Metre Sprint**

=====  
 Zone: Z 14.14 03-Dec-05 Reece Southee, Westlakes  
 Name Age Centre Final  
 =====

Section 1 Final

1	Samuel Govender	Macquarie Hunter	14.12Z
2	Samuel Jenson	Macquarie Hunter	14.77
3	Braith Walsh	Macquarie Hunter	14.86
4	Jacob Dempsey	Kotara South	15.00
5	Noah Nightingale	Westlakes	15.37
6	Ethan Bieler	Macquarie Hunter	15.44
7	Miles Carl	Macquarie Hunter	15.84
8	Cooper Knight	Cardiff	16.19

**Boys U 11 - 100 Metre Sprint**

=====  
 Zone: Z 13.64 1990 Nick Johns, Macquarie Shores  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Archie Mcilwain	Macquarie Hunter	14.32Q
2	Willis Hahn	Cardiff	14.79Q
3	Kalan Black	Kotara South	15.43Q
4	Ethan Cubis	Southlakes	15.75q
5	Phillip Grozdanis	Macquarie Hunter	15.95q
6	Baptiste Lannuzel	Macquarie Hunter	15.96
7	Morgan Pegler	Westlakes	16.50
8	Izaeaje Ikihele	Cardiff	16.90

Heat 2 Heats

1	Brandon Cox	Macquarie Hunter	14.24Q
2	Cameron Oliver	Kotara South	14.28Q
3	Lucas Harvey-Cossettini	Cardiff	15.44Q
4	Jai Bramley	Edgeworth	15.98
5	Tallan Hooker	Eastlakes	17.52

**Lake Macquarie Zone Championships**  
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**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.64 1990 Nick Johns, Macquarie Shores			
Name	Age	Centre	Final
Section 1 Final			
1 Archie Mcilwain		Macquarie Hunter	14.18
2 Willis Hahn		Cardiff	14.31
3 Brandon Cox		Macquarie Hunter	14.34
4 Cameron Oliver		Kotara South	14.62
5 Kalan Black		Kotara South	15.35
6 Phillip Grozdanis		Macquarie Hunter	15.55
7 Ethan Cubis		Southlakes	15.69
8 Lucas Harvey-Cossettini		Cardiff	15.72

**Boys U 12 - 100 Metre Sprint**

Zone: Z 12.84 1998 Todd Shanahan, Macquarie Shor			
Name	Age	Centre	Final
Section 1			
1 Coby Lomas		Macquarie Hunter	13.41
2 Jacob Cook		Macquarie Hunter	14.36
3 Baylee Nightingale		Westlakes	14.80
3 Lenny Dorsett		Edgeworth	14.80
5 Callum Fox		Macquarie Hunter	15.10
6 TJ Hughes		Kotara South	15.37

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.35 1999 Todd Shanahan, Macquarie Shor			
Name	Age	Centre	Final
1 Leo Lannuzel		Macquarie Hunter	13.10
2 Reegan Clark		Cardiff	13.42
3 Justin Banek		Cardiff	13.57
4 Joshua Henshall		Kotara South	13.92
5 Liam Tam		Macquarie Hunter	14.34
6 Andrew Wilson		Southlakes	14.67
7 Bailey Middleton		Cardiff	14.69
8 Will McClymont		Kotara South	15.18

**Boys U 14 - 100 Metre Sprint**

Zone: Z 11.34 03-Dec-05 Chris Knight, Kotara South			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Travis Petersen		Cardiff	12.93Q
2 Bryce Webber		Southlakes	12.94Q
3 Toby Morris		Kotara South	14.58Q
Heat 2 Heats			
1 Hugh Sharman		Kotara South	12.21Q
2 Oscar Maher		Kotara South	13.04Q
3 Joel Mason		Eastlakes	13.49Q
4 Wil Botham		Macquarie Hunter	14.61q

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 14 - 100 Metre Sprint**

Zone: Z 11.34 03-Dec-05 Chris Knight, Kotara South			
Name	Age	Centre	Final
Section 1 Final			
1 Hugh Sharman		Kotara South	12.12
2 Bryce Webber		Southlakes	12.73
3 Travis Petersen		Cardiff	12.90
4 Oscar Maher		Kotara South	12.91
5 Joel Mason		Eastlakes	13.63
6 Wil Botham		Macquarie Hunter	14.13
6 Toby Morris		Kotara South	14.13

**Boys U 15 - 100 Metre Sprint**

Zone: Z 11.64 1999 Jonathon Whiting, Macquarie S			
Name	Age	Centre	Final
Section 1			
1 Jai MacPherson		Macquarie Hunter	11.54Z
2 Eli Barnes-Loxley		Eastlakes	12.48
3 Thomas McTaggart		Macquarie Hunter	12.64
4 Kobe Nightingale		Westlakes	12.77
5 Rhys Dobbins		Kotara South	13.03
6 Max Daniels		Kotara South	13.44
7 Sam Jones		Cardiff	13.54
8 Harrison Burgess		Westlakes	13.92

**Boys U 17 - 100 Metre Sprint**

Zone: Z 11.64 12-2008 Damian Hart, Macquarie Hunter			
Name	Age	Centre	Final
1 Dylan Robertson		Cardiff	11.42Z
2 Leroy Reid		Macquarie Hunter	11.46Z
3 Dillon Dickinson		Macquarie Hunter	11.59Z
4 Nicholas Phillip		Macquarie Hunter	11.66
5 Thomas Steel		Westlakes	12.04
6 Nick Fallou-Killick		Macquarie Hunter	12.67
7 Blake Gorton		Eastlakes	12.74
8 Nicholas McNeil		Cardiff	14.20
9 Thomas Webster		Edgeworth	20.05

**Boys U 7 - 200 Metre Sprint**

Zone: Z 34.04 02-Dec-06 Isaac Davis, Macquarie Shores			
Name	Age	Centre	Final
1 Harrison Watts		Cardiff	39.08
2 Tyler Cousins		Edgeworth	40.34
3 Louis Carl		Macquarie Hunter	42.80
4 Jamie Mackay		Kotara South	42.86

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 8 - 200 Metre Sprint**

```

=====
Zone: Z 32.74 14-Dec-08 Isaac Davis, Macquarie Shores
Name Age Centre Heats
=====
    
```

Heat 1 Heats

```

1 Budd Wiltshire Macquarie Hunter 34.93Q
2 Denzel Govender Macquarie Hunter 35.04Q
3 Sam Cross Kotara South 36.32Q
4 Kaizen Ruse Westlakes 36.42q
5 Ben Rosenthal Kotara South 38.31q
6 Jayden Griffin Cardiff 38.93
    
```

Heat 2 Heats

```

1 Eamon Gallard Cardiff 35.01Q
2 Oliver Playdon Kotara South 35.89Q
3 Reed Hoskins Kotara South 38.30Q
4 Jayden Taylor Macquarie Hunter 40.88
5 Oliver Roberts Macquarie Hunter 44.88
6 Benjamin Keene Edgeworth 46.34
    
```

**Boys U 8 - 200 Metre Sprint**

```

=====
Zone: Z 32.74 14-Dec-08 Isaac Davis, Macquarie Shores
Name Age Centre Final
=====
    
```

Section 1 Final

```

1 Eamon Gallard Cardiff 35.62
2 Denzel Govender Macquarie Hunter 36.29
3 Budd Wiltshire Macquarie Hunter 36.30
4 Oliver Playdon Kotara South 37.05
5 Sam Cross Kotara South 38.64
6 Kaizen Ruse Westlakes 38.79
7 Reed Hoskins Kotara South 38.91
8 Ben Rosenthal Kotara South 38.94
    
```

**Boys U 9 - 200 Metre Sprint**

```

=====
Zone: Z 29.54 1993 J Sams, Eastlakes
Name Age Centre Heats
=====
    
```

Heat 1 Heats

```

1 Cohen Bunn Macquarie Hunter 33.13Q
2 Hayden Cox Cardiff 34.86Q
3 Max Bieler Macquarie Hunter 35.70Q
4 Hayden Mulhearn Kotara South 37.61q
5 Oliver Croft Macquarie Hunter 40.52
    
```

Heat 2 Heats

```

1 Thomas Cashion Macquarie Hunter 33.24Q
2 Ayden Morrow Edgeworth 33.73Q
3 Kahn White Kotara South 36.40Q
4 Hamish Mulcahy Southlakes 36.84q
5 Andrew Brogan Macquarie Hunter 38.00
6 Zachary Findlater Macquarie Hunter 39.11
7 Heath Bailey Southlakes 41.01
    
```

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 9 - 200 Metre Sprint**

Zone: Z 29.54 1993 J Sams, Eastlakes			
Name	Age	Centre	Final
Section 1 Final			
1 Thomas Cashion		Macquarie Hunter	33.60
2 Cohen Bunn		Macquarie Hunter	33.71
3 Ayden Morrow		Edgeworth	34.72
4 Hayden Cox		Cardiff	35.37
5 Max Bieler		Macquarie Hunter	36.14
6 Hayden Mulhearn		Kotara South	36.90
7 Kahn White		Kotara South	37.14

**Boys U 10 - 200 Metre Sprint**

Zone: Z 28.54 16-Dec-12 Jai MacPherson, Macquarie Hun			
Name	Age	Centre	Final
Section 1			
1 Samuel Govender		Macquarie Hunter	29.13
2 Jacob Dempsey		Kotara South	30.10
3 Samuel Jenson		Macquarie Hunter	30.83
4 Ethan Bieler		Macquarie Hunter	31.92
5 Miles Carl		Macquarie Hunter	32.68
6 Callum Cousins		Edgeworth	33.02
7 Cooper Knight		Cardiff	35.26
8 Jamie Beresztan		Edgeworth	37.39
9 Alex Watson		Kotara South	38.91

**Boys U 11 - 200 Metre Sprint**

Zone: Z 28.34 04-Dec-05 Sam Tarrant, Macquarie Shores			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Reece McManus		Eastlakes	29.59Q
2 Cameron Oliver		Kotara South	29.84Q
3 Levi Hodgson		Cardiff	32.50Q
4 Phillip Grozdanis		Macquarie Hunter	32.80q
5 Kye Hurry		Edgeworth	34.66
Heat 2 Heats			
1 Archie Mcilwain		Macquarie Hunter	29.33Q
2 Brandon Cox		Macquarie Hunter	30.55Q
3 Kalan Black		Kotara South	31.59Q
4 Lachlan Barnes		Eastlakes	33.29q
5 Riley Ackland		Edgeworth	34.85

**Boys U 11 - 200 Metre Sprint**

Zone: Z 28.34 04-Dec-05 Sam Tarrant, Macquarie Shores			
Name	Age	Centre	Final
Section 1 Final			
1 Archie Mcilwain		Macquarie Hunter	29.27
2 Brandon Cox		Macquarie Hunter	30.54
3 Cameron Oliver		Kotara South	31.65

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**....Boys U 11 - 200 Metre Sprint**

4 Kalan Black	Kotara South	32.13
5 Levi Hodgson	Cardiff	32.51
6 Lachlan Barnes	Eastlakes	33.95

**Boys U 12 - 200 Metre Sprint**

=====			
Zone: Z 25.94		1998	Todd Shanahan, Macquarie Shor
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Coby Lomas		Macquarie Hunter	27.99Q
2 Jacob Cook		Macquarie Hunter	29.56Q
3 Timothy Pettett		Kotara South	29.81Q
4 Ethan Cowling		Cardiff	30.31q
5 Lenny Dorsett		Edgeworth	32.08q

**Boys U 13 - 200 Metre Sprint**

=====			
Zone: Z 25.20		29-Nov-15	Jai MacPherson, Macquarie Hun
Name	Age	Centre	Final
=====			
Section 1			
1 Leo Lannuzel		Macquarie Hunter	26.98
2 Reegan Clark		Cardiff	28.03
3 Joshua Henshall		Kotara South	28.09
4 Justin Banek		Cardiff	29.07
5 Hayden Bowditch		Cardiff	29.53
6 Jacob Marshall		Cardiff	29.94
7 Andrew Wilson		Southlakes	31.85

**Boys U 14 - 200 Metre Sprint**

=====			
Zone: Z 23.84		16-Dec-12	Lachlan Bent, Macquarie Hunte
Name	Age	Centre	Final
=====			
1 Hugh Sharman		Kotara South	25.36
2 Bryce Webber		Southlakes	26.10
3 Oscar Maher		Kotara South	26.69
4 Patrick Pettett		Kotara South	27.06
5 Joel Mason		Eastlakes	29.22
6 Toby Morris		Kotara South	29.51
7 Jack Barnes		Eastlakes	29.79

**Boys U 15 - 200 Metre Sprint**

=====			
Zone: Z 23.44		16-Dec-12	Trent Halton, Edgeworth
Name	Age	Centre	Final
=====			
1 Jai MacPherson		Macquarie Hunter	23.85
2 Eli Barnes-Loxley		Eastlakes	25.96
3 Thomas McTaggart		Macquarie Hunter	26.29
4 Kobe Nightingale		Westlakes	27.04
5 Rhys Dobbins		Kotara South	27.70
6 Max Daniels		Kotara South	28.62
7 Sam Jones		Cardiff	28.98

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 17 - 200 Metre Sprint**

Zone: Z 22.84 11-Dec-16 Miles Petersen, Cardiff			
Name	Age	Centre	Final
1 Dylan Robertson		Cardiff	23.38
2 Leroy Reid		Macquarie Hunter	23.82
3 Thomas Steel		Westlakes	24.38
4 Nicholas Phillip		Macquarie Hunter	24.43
5 Nick Fallou-Killick		Macquarie Hunter	28.09
6 Nicholas McNeil		Cardiff	29.18

**Boys U 8 - 400 Metre Sprint**

Zone: Z 1:15.04 1985 Grant Bransgrove, Macquarie			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eamon Gallard		Cardiff	1:21.82Q
2 Denzel Govender		Macquarie Hunter	1:24.21Q
3 Jayden Taylor		Macquarie Hunter	1:24.37Q
4 Flynn Ward		Kotara South	1:24.46q
5 Jayden Griffin		Cardiff	1:33.33
Heat 2 Heats			
1 Boaz Bonar		Kotara South	1:22.51Q
2 Alfie Bonar		Kotara South	1:23.71Q
3 Sam Cross		Kotara South	1:24.13Q
4 Kaizen Ruse		Westlakes	1:24.71q
5 Logan Cowling		Cardiff	1:24.72

**Boys U 8 - 400 Metre Sprint**

Zone: Z 1:15.04 1985 Grant Bransgrove, Macquarie			
Name	Age	Centre	Final
Section 1 Final			
1 Eamon Gallard		Cardiff	1:21.82
2 Boaz Bonar		Kotara South	1:22.51
3 Alfie Bonar		Kotara South	1:23.71
4 Sam Cross		Kotara South	1:24.13
5 Denzel Govender		Macquarie Hunter	1:24.21
6 Jayden Taylor		Macquarie Hunter	1:24.37
7 Flynn Ward		Kotara South	1:24.46
8 Kaizen Ruse		Westlakes	1:24.71

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:10.54 10-Dec-11 Kieran Scott-Harden, Southl			
Name	Age	Centre	Final
Section 1			
1 Thomas Cashion		Macquarie Hunter	1:13.73
2 Hayden Cox		Cardiff	1:14.08
3 Thomas Fletcher		Macquarie Hunter	1:18.67
4 Hamish Anson-Smith		Kotara South	1:18.97
5 Marley Norris		Kotara South	1:24.78
6 Asher Nightingale		Westlakes	1:36.80



**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 10 - 400 Metre Sprint**

Zone: Z 1:06.04 1988 Bradley Coburn, Edgeworth &			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nate Ward		Kotara South	1:13.28q
2 Jacob Wheeler		Westlakes	1:18.77q
Heat 2 Heats			
1 Samuel Jenson		Macquarie Hunter	1:11.49q

**Boys U 10 - 400 Metre Sprint**

Zone: Z 1:06.04 1988 Bradley Coburn, Edgeworth &			
Name	Age	Centre	Final
Section 1 Final			
1 Samuel Jenson		Macquarie Hunter	1:11.49
2 Nate Ward		Kotara South	1:13.28
3 Jacob Wheeler		Westlakes	1:18.77

**Boys U 11 - 400 Metre Sprint**

Zone: Z 1:05.94 30-Nov-13 Jaylen Boyce, Cardiff			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Archie Mcilwain		Macquarie Hunter	1:06.66Q
2 Brandon Cox		Macquarie Hunter	1:11.23Q
3 Jackson McClymont		Kotara South	1:14.32Q
4 Lachlan Barnes		Eastlakes	1:15.82q
5 Kalan Black		Kotara South	1:17.55
6 Levi Hodgson		Cardiff	1:19.65
7 Riley Ackland		Edgeworth	1:24.82
Heat 2 Heats			
1 Luke Fuller		Kotara South	1:10.10Q
2 Oliver Knapman		Macquarie Hunter	1:12.69Q
3 Morgan Pegler		Westlakes	1:14.93Q
4 Kye Hurry		Edgeworth	1:17.51q
5 Angus Anson-Smith		Kotara South	1:19.09
6 Peter Charlton		Eastlakes	1:36.72

**Boys U 11 - 400 Metre Sprint**

Zone: Z 1:05.94 30-Nov-13 Jaylen Boyce, Cardiff			
Name	Age	Centre	Final
Section 1 Final			
1 Archie Mcilwain		Macquarie Hunter	1:06.66
2 Luke Fuller		Kotara South	1:10.10
3 Brandon Cox		Macquarie Hunter	1:11.23
4 Oliver Knapman		Macquarie Hunter	1:12.69
5 Jackson McClymont		Kotara South	1:14.32
6 Morgan Pegler		Westlakes	1:14.93
7 Lachlan Barnes		Eastlakes	1:15.82
8 Kye Hurry		Edgeworth	1:17.51

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 12 - 400 Metre Sprint**

Zone: Z 1:04.34 1989 M Carroll, Macquarie Shores			
Name	Age	Centre	Final

Section 1

1	Timothy Pettett	Kotara South	1:04.89
2	Joshua Redford	Kotara South	1:06.52
3	Tye Worell	Macquarie Hunter	1:08.02
4	Ethan Cowling	Cardiff	1:10.39
5	Callum Fox	Macquarie Hunter	1:11.99
6	Ty Leadbeatter	Macquarie Hunter	1:15.69

**Boys U 13 - 400 Metre Sprint**

Zone: Z 59.34 1999 Kyle Lawson, Kotara South			
Name	Age	Centre	Final

1	Leo Lannuzel	Macquarie Hunter	1:00.20
2	James Savin	Macquarie Hunter	1:03.72
3	Jordie Fuller	Kotara South	1:04.08
4	Finn Abbott	Macquarie Hunter	1:05.88
5	Samuel McClymont	Kotara South	1:08.78

**Boys U 14 - 400 Metre Sprint**

Zone: Z 56.44 30-Nov-13 Miles Petersen, Cardiff			
Name	Age	Centre	Final

1	Bryce Webber	Southlakes	57.18
2	Oscar Maher	Kotara South	1:01.64
3	Nathan King	Cardiff	1:06.00
4	Jack Barnes	Eastlakes	1:06.81

**Boys U 15 - 400 Metre Sprint**

Zone: Z 52.24 06-Dec-03 Heath Stellmacher, Macquarie			
Name	Age	Centre	Final

1	Thomas McTaggart	Macquarie Hunter	57.49
2	Eli Barnes-Loxley	Eastlakes	57.89
3	Benjamin Roberts	Macquarie Hunter	1:05.68
4	Jay McIntyre	Edgeworth	1:10.67

**Boys U 17 - 400 Metre Sprint**

Zone: Z 52.64 15-Dec-12 Luke Haworth, Charlestown			
Name	Age	Centre	Final

1	Leroy Reid	Macquarie Hunter	53.13
2	Nick Fallou-Killick	Macquarie Hunter	1:05.46
3	Nicholas McNeil	Cardiff	1:09.39

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:47.22 10-Dec-16 Jayden Taylor, Macquarie Hu			
Name	Age	Centre	Final
1 Odin Bonar		Kotara South	1:53.02
2 Tyler Cousins		Edgeworth	1:58.55
3 Carter Muirhead		Macquarie Hunter	2:06.83
4 Thomas McClymont		Kotara South	2:16.46

**Boys U 8 - 700 Metre Run Pack Start**

Zone: Z 2:26.81 01-Dec-13 Kobe Monk, Macquarie Hunter			
Name	Age	Centre	Final
1 Jayden Taylor		Macquarie Hunter	2:30.27
2 Eamon Gallard		Cardiff	2:32.05
3 Reed Hoskins		Kotara South	2:35.84
4 Boaz Bonar		Kotara South	2:36.77
5 Flynn Ward		Kotara South	2:38.85
6 Oliver Playdon		Kotara South	2:39.55
7 Alfie Bonar		Kotara South	2:40.28
8 Sam Cross		Kotara South	2:44.34
9 Logan Cowling		Cardiff	2:45.67
10 Luke Leadbeatter		Macquarie Hunter	3:10.97
11 Benjamin Keene		Edgeworth	3:30.04

**Boys U 9 - 800 Metre Run**

Zone: Z 2:44.80 1991 Jarred McMillan, Macquarie			
Name	Age	Centre	Final
1 Hamish Anson-Smith		Kotara South	2:49.29
2 Hayden Cox		Cardiff	2:51.10
3 Ayden Morrow		Edgeworth	3:03.91
4 Marley Norris		Kotara South	3:09.07
5 Oliver Croft		Macquarie Hunter	3:16.35
6 Zane White		Kotara South	3:21.04
7 Asher Nightingale		Westlakes	3:35.95

**Boys U 10 - 800 Metre Run**

Zone: Z 2:35.30 16-Dec-12 Jaylen Boyce, Cardiff			
Name	Age	Centre	Final
1 Nate Ward		Kotara South	2:34.04Z
2 Blake Kemp		Southlakes	2:45.13
3 Jacob Wheeler		Westlakes	2:58.49
4 Brodie Spamer		Cardiff	3:39.27

**Boys U 11 - 800 Metre Run**

Zone: Z 2:27.70 16-Dec-12 Luke Young, Macquarie Hunte			
Name	Age	Centre	Final
1 Luke Fuller		Kotara South	2:38.36
2 Jackson McClymont		Kotara South	2:39.86

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**....Boys U 11 - 800 Metre Run**

3	Angus Anson-Smith	Kotara South	2:44.39
4	Levi Hodgson	Cardiff	2:48.71
5	Kye Hurry	Edgeworth	2:49.49
6	Oliver Knapman	Macquarie Hunter	2:53.57
7	Joshua Kellehear	Westlakes	2:58.52
8	Lachlan Barnes	Eastlakes	3:07.20
9	Riley Ackland	Edgeworth	3:20.74
10	Baptiste Lannuzel	Macquarie Hunter	3:55.45
11	Peter Charlton	Eastlakes	4:16.47

**Boys U 12 - 800 Metre Run**

=====  
 Zone: Z 2:26.58 01-Dec-13 Luke Young, Macquarie Hunte  
 Name Age Centre Final  
 =====

1	Tye Worell	Macquarie Hunter	2:29.56
2	Ty Leadbeatter	Macquarie Hunter	2:32.45
3	Joshua Redford	Kotara South	2:33.31
4	Issac Flint	Southlakes	2:36.98
5	Timothy Pettett	Kotara South	2:36.99
6	Ethan Cowling	Cardiff	2:45.03
7	Lachlen Bennett	Westlakes	3:09.83

**Boys U 13 - 800 Metre Run**

=====  
 Zone: Z 2:23.80 16-Dec-12 Albert Balogh, Macquarie Hu  
 Name Age Centre Final  
 =====

1	Finn Abbott	Macquarie Hunter	2:32.11
2	Jordie Fuller	Kotara South	2:36.82
3	Bailey Middleton	Cardiff	2:40.41
4	Samuel McClymont	Kotara South	2:43.60
5	Will McClymont	Kotara South	2:52.37
6	Henry Markey	Kotara South	2:55.90
7	Oscar Markey	Kotara South	2:57.15
8	Kolby Sutton	Macquarie Hunter	3:10.12

**Boys U 14 - 800 Metre Run**

=====  
 Zone: Z 2:12.86 03-Dec-06 Joshua Small, Macquarie Sho  
 Name Age Centre Final  
 =====

1	Joel Mason	Eastlakes	2:35.99
2	Jack Barnes	Eastlakes	2:37.01
3	Toby Morris	Kotara South	2:44.10

**Boys U 15 - 800 Metre Run**

=====  
 Zone: Z 2:09.00 11-Dec-11 Zsolt Balogh, Macquarie Hun  
 Name Age Centre Final  
 =====

1	Thomas McTaggart	Macquarie Hunter	2:15.33
2	Tom March	Eastlakes	2:18.43
3	Jay McIntyre	Edgeworth	2:51.77

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 17 - 800 Metre Run**

Zone: Z 2:10.50 15-Dec-09 David Skinner, Macquarie Hu			
Name	Age	Centre	Final
1 Stassi Kypri		Kotara South	2:15.17
2 Nick Fallou-Killick		Macquarie Hunter	2:25.95
3 Nicholas McNeil		Cardiff	2:40.72

**Boys U 10 - 1500 Metre Run**

Zone: Z 5:10.13 10-Dec-11 Luke Young, Macquarie Hunte			
Name	Age	Centre	Final
1 Nate Ward		Kotara South	5:33.91
2 Blake Kemp		Southlakes	5:36.90
3 Jacob Wheeler		Westlakes	5:44.21
4 Max Casamento		Westlakes	5:48.55
5 Marshall Muirhead		Macquarie Hunter	5:58.15
6 Tom Maddison		Cardiff	6:12.54
7 Brodie Spamer		Cardiff	6:13.80

**Boys U 11 - 1500 Metre Run**

Zone: Z 5:00.50 15-Dec-12 Luke Young, Macquarie Hunte			
Name	Age	Centre	Final
1 Jackson McClymont		Kotara South	5:22.75
2 Angus Anson-Smith		Kotara South	5:41.83
3 Levi Hodgson		Cardiff	5:51.24
4 Thomas Hunter		Macquarie Hunter	5:52.40
5 Tyson Cosgrove		Southlakes	5:52.74
6 Joshua Kellehear		Westlakes	6:01.88
7 Alex Pearce		Cardiff	6:37.52
8 Riley Ackland		Edgeworth	6:48.77
9 Jack White		Kotara South	7:35.56

**Boys U 12 - 1500 Metre Run**

Zone: Z 4:51.00 04-Dec-10 Jesse Maxwell, Macquarie Hu			
Name	Age	Centre	Final
1 Ty Leadbeatter		Macquarie Hunter	5:07.02
2 Joshua Redford		Kotara South	5:09.22
3 Issac Flint		Southlakes	5:16.05

**Boys U 13 - 1500 Metre Run**

Zone: Z 4:25.60 2002 Connor Stevenson, Cardiff &			
Name	Age	Centre	Final
1 Finn Abbott		Macquarie Hunter	5:15.49
2 Bailey Middleton		Cardiff	5:26.53
3 Samuel McClymont		Kotara South	5:37.32
4 Will McClymont		Kotara South	5:41.25
5 Liam Spamer		Cardiff	5:42.54

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 14 - 1500 Metre Run**

Zone: Z 4:26.40 02-Dec-06 Joshua Small, Macquarie Sho			
Name	Age	Centre	Final
1 Toby Morris		Kotara South	5:38.43
2 Zack Forsythe		Cardiff	5:45.75

**Boys U 15 - 1500 Metre Run**

Zone: Z 4:29.00 10-Dec-11 Zsolt Balogh, Macquarie Hun			
Name	Age	Centre	Final
1 Tom March		Eastlakes	4:42.77
2 Jack McGinniskin		Edgeworth	5:07.29
3 Jay McIntyre		Edgeworth	5:45.83

**Boys U 17 - 1500 Metre Run**

Zone: Z 4:21.20 15-Dec-12 Tyson Beatty, Edgeworth			
Name	Age	Centre	Final
1 Stassi Kypri		Kotara South	4:49.32
2 Nick Fallou-Killick		Macquarie Hunter	5:29.04
3 Nicholas McNeil		Cardiff	5:30.16

**Boys U 13 - 3000 Metre Run**

Zone: Z 10:12.49 15-Dec-12 Callum Lang, Macquarie Hun			
Name	Age	Centre	Final
1 Finn Abbott		Macquarie Hunter	11:45.18
2 Bailey Middleton		Cardiff	11:51.92
3 Will McClymont		Kotara South	12:21.34
4 Samuel McClymont		Kotara South	12:38.58
5 Maxwell Holland		Macquarie Hunter	12:45.46
6 Liam Spamer		Cardiff	13:08.83
7 Henry Markey		Kotara South	13:24.33
8 Oscar Markey		Kotara South	14:30.68
9 Kolby Sutton		Macquarie Hunter	14:48.85

**Boys U 14 - 3000 Metre Run**

Zone: Z 9:40.28 02-Dec-06 Joshua Small, Macquarie Sho			
Name	Age	Centre	Final
1 Jack Barnes		Eastlakes	12:20.26

**Boys U 15 - 3000 Metre Run**

Zone: Z 9:54.40 10-Dec-11 Zsolt Balogh, Macquarie Hun			
Name	Age	Centre	Final
1 Jack McGinniskin		Edgeworth	11:19.93

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 17 - 3000 Metre Run**

Zone: Z 9:55.00 30-Nov-13 Callum Mears, Macquarie Hun			
Name	Age	Centre	Final
1 Nicholas McNeil		Cardiff	12:12.01

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.04 30-Nov-13 Jacob Cook, Macquarie Hunter			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Laeth Bunn		Macquarie Hunter	12.15Q
2 Sam Cross		Kotara South	12.35Q
3 Hugo Whyte		Kotara South	13.22Q
4 Oliver Dempsey		Kotara South	13.49q
5 Jack Clarke		Eastlakes	14.19q
Heat 2 Heats			
1 George Field		Kotara South	12.86Q
2 Logan Cowling		Cardiff	13.07Q
3 Ben Rosenthal		Kotara South	13.64Q
4 Jayden Griffin		Cardiff	14.85
5 Noah Tonga		Macquarie Hunter	15.75
6 Benjamin Keene		Edgeworth	17.23

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.04 30-Nov-13 Jacob Cook, Macquarie Hunter			
Name	Age	Centre	Final
Section 1 Final			
1 Laeth Bunn		Macquarie Hunter	12.04
2 George Field		Kotara South	12.80
3 Hugo Whyte		Kotara South	12.97
4 Oliver Dempsey		Kotara South	13.05
5 Logan Cowling		Cardiff	13.11
6 Ben Rosenthal		Kotara South	13.55
7 Sam Cross		Kotara South	13.73
8 Jack Clarke		Eastlakes	14.29

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.74 10-Dec-16 Callum Cousins, Edgeworth			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mitchell Woodrow		Kotara South	11.76Q
2 Dustin Allan		Westlakes	11.78Q
3 Jack Williams		Cardiff	11.96Q
4 Martin Lannuzel		Macquarie Hunter	12.03q
5 Oliver Grant		Kotara South	12.05q
Heat 2 Heats			
1 Cohen Bunn		Macquarie Hunter	11.49Q
2 Thomas Fletcher		Macquarie Hunter	12.15Q
3 Asher Nightingale		Westlakes	12.42Q
4 Andrew Brogan		Macquarie Hunter	12.46

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**....Boys U 9 - 60 Metre Hurdles (45cm)**

5 Beau Linhart	Edgeworth	14.01
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**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.74 10-Dec-16 Callum Cousins, Edgeworth

Name	Age Centre	Final
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## Section 1 Final

1 Cohen Bunn	Macquarie Hunter	11.49
2 Mitchell Woodrow	Kotara South	11.59
3 Dustin Allan	Westlakes	11.66
4 Thomas Fletcher	Macquarie Hunter	11.79
5 Jack Williams	Cardiff	11.82
6 Martin Lannuzel	Macquarie Hunter	12.67
7 Asher Nightingale	Westlakes	13.38
8 Oliver Grant	Kotara South	15.15

**Boys U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.49 10-Dec-16 Willis Hahn, Cardiff

Name	Age Centre	Final
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## Section 1

1 Marshall Muirhead	Macquarie Hunter	11.21
2 Noah Nightingale	Westlakes	11.41
3 Miles Carl	Macquarie Hunter	11.68
4 Toby Rosenthal	Kotara South	11.68
5 Jamie Beresztan	Edgeworth	12.63
6 Jackson Day	Cardiff	12.81
7 Alex Watson	Kotara South	13.76

**Boys U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 9.94 2002 Sean Potter, Macquarie Shores

Name	Age Centre	Final
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1 Harry Ayton	Kotara South	11.89
2 Willis Hahn	Cardiff	11.95
3 Cameron Oliver	Kotara South	12.45
4 Morgan Pegler	Westlakes	12.69
5 Bailey Cumpson	Edgeworth	13.00

**Boys U 12 - 60 Metre Hurdles (68cm)**

Zone: Z 9.94 1-1996 Jonathon Whiting, Macquarie S

Name	Age Centre	Final
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1 Callum Fox	Macquarie Hunter	11.42
2 Joshua Redford	Kotara South	11.57
3 Sunjay Norris	Kotara South	11.99
4 TJ Hughes	Kotara South	12.31
5 Cooper Day	Cardiff	12.88



**Lake Macquarie Zone Championships  
Hunter Sports Centre,  
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**Boys U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 12.94 1997 Jonathon Whiting, Macquarie S			
Name	Age	Centre	Final
1 James Savin		Macquarie Hunter	13.96
2 Justin Banek		Cardiff	15.87
3 Tyrone Winsor		Kotara South	16.86
4 Kaleb Morrow		Edgeworth	17.73

**Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 13.64 04-Dec-05 Sean Potter, Macquarie Shores			
Name	Age	Centre	Final
1 Hugh Sharman		Kotara South	13.59Z
2 Cory Vizintin		Cardiff	15.55
3 Wil Botham		Macquarie Hunter	17.38
4 Brandon Joynson		Westlakes	21.60

**Boys U 15 - 100 Metre Hurdles (76cm)**

Zone: Z 13.44 29-Nov-15 River-Deane Pentecost, Macqua			
Name	Age	Centre	Final
1 Rhys Dobbins		Kotara South	15.15
2 Eli Barnes-Loxley		Eastlakes	15.86
3 Harrison Burgess		Westlakes	19.65

**Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 15.34 01-Dec-13 Isaac Goodhew, Southlakes			
Name	Age	Centre	Final
1 Heath Hall-Muir		Macquarie Hunter	15.70

**Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 27.90 28-Nov-15 Jai MacPherson, Macquarie Hun			
Name	Age	Centre	Final
1 James Savin		Macquarie Hunter	30.26
2 Joshua Henshall		Kotara South	31.61

**Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 25.34 10-Dec-16 Jai MacPherson, Macquarie Hun			
Name	Age	Centre	Final
1 Max Bradbury		Westlakes	28.02
2 Cory Vizintin		Cardiff	29.90
3 Joel Beatty		Edgeworth	31.39

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Boys U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 40.45 10-Dec-16 Leroy Reid, Macquarie Hunter			
Name	Age	Centre	Final
1 Eli Barnes-Loxley		Eastlakes	44.04
2 Kobe Nightingale		Westlakes	50.08
3 Jack McGinniskin		Edgeworth	51.52

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 55.20 12-2008 Edgeworth & District, Edgewor			
Centre			Final
1 Macquarie Hunter			58.93
1) Cohen Bunn 9	2) Samuel Govender 10		
3) Braith Walsh 10	4) Archie Mcilwain 11		
2 Kotara South			59.80
1) Kahn White 9	2) Jacob Dempsey 10		
3) Cameron Oliver 11	4) Joshua Redford 12		
3 Edgeworth			1:02.21
1) Ayden Morrow 9	2) Callum Cousins 10		
3) Kye Hurry 11	4) Lenny Dorsett 12		
4 Cardiff and District			1:02.23
1) Hayden Cox 9	2) Max King 11		
3) Cooper Knight 10	4) Ethan Cowling 12		
5 Westlakes			1:05.36
1) Morgan Pegler 11	2) Asher Nightingale 9		
3) Jacob Wheeler 10	4) Noah Nightingale 10		

**Boys U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 47.05 29-Nov-15 Macquarie Hunter, Macquarie H			
Centre			Final
1 Kotara South			50.30
1) Joshua Henshall 13	2) Rhys Dobbins 15		
3) Stassi Kypri 17	4) Hugh Sharman 14		
2 Cardiff and District			50.69
1) Reegan Clark 13	2) Dylan Robertson 17		
3) Sam Jones 15	4) Travis Petersen 14		
3 Macquarie Hunter			52.04
1) Leo Lannuzel 13	2) Leroy Reid 17		
3) James Savin 13	4) Jai MacPherson 15		
4 Westlakes			52.38
1) Kobe Nightingale 15	2) Lachlen Bennett 12		
3) Thomas Steel 17	4) Max Bradbury 14		
5 Edgeworth			1:01.42
1) Jesse Colefax 12	2) Kaleb Morrow 13		
3) Jay McIntyre 15	4) Jack McGinniskin 15		

**Lake Macquarie Zone Championships**  
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**Boys U 9 - High Jump (S/H 0.85m)**

Zone: Z 1.26m 15-Dec-12 Wil Botham, Macquarie Hunter			
Name	Age	Centre	Final
Flight 1			
1 Jesse Ndakaza		Macquarie Hunter	0.99m
2 Thomas Fletcher		Macquarie Hunter	0.97m
3 Marley Norris		Kotara South	0.97m
4 Zane White		Kotara South	0.95m
5 Andrew Brogan		Macquarie Hunter	0.90m
5 Max Bieler		Macquarie Hunter	0.90m
7 Beau Linhart		Edgeworth	0.85m

**Boys U 10 - High Jump (S/H 0.95m)**

Zone: Z 1.36m 2008 Joshua Smith, Macquarie Hunte			
Name	Age	Centre	Final
1 Miles Carl		Macquarie Hunter	1.17m
2 Marshall Muirhead		Macquarie Hunter	1.15m
2 Samuel Jenson		Macquarie Hunter	1.15m
4 Jacob Dempsey		Kotara South	1.15m

**Boys U 11 - High Jump (S/H 1.05m)**

Zone: Z 1.49m 1986 Matthew Farley, Macquarie Sho			
Name	Age	Centre	Final
1 Oliver Knapman		Macquarie Hunter	1.33m
2 Max King		Cardiff	1.31m
3 Jai Bramley		Edgeworth	1.27m
4 Lachlan Barnes		Eastlakes	1.21m
5 Tallan Hooker		Eastlakes	1.17m
6 Lucas Harvey-Cossettini		Cardiff	1.10m
7 Harry Ayton		Kotara South	1.05m

**Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.55m 1998 S Bartlem, Macquarie Shores			
Name	Age	Centre	Final
1 Jake Pappas		Kotara South	1.41m
2 Callum Fox		Macquarie Hunter	1.31m
3 Ethan Cowling		Cardiff	1.27m
4 Sunjay Norris		Kotara South	1.27m
5 Kaman Pappas		Kotara South	1.20m
-- Lachlen Bennett		Westlakes	NH
-- Issac Flint		Southlakes	NH
-- Nate Hoskins		Kotara South	DNF

**Boys U 13 - High Jump (S/H 1.20m)**

Zone: Z 1.64m 1997 Andrew Ianna, Charlestown			
Name	Age	Centre	Final
1 Jacob Marshall		Cardiff	1.48m



**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**....Boys U 8 - Long Jump**

7 Caden Thomas	Kotara South	2.53m
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**Boys U 9 - Long Jump**

Zone: Z 4.29m 2001			Damian Hart, Macquarie Shores
Name	Age Centre		Final
1 Ayden Morrow	Edgeworth		3.55m
2 Aiden Cook	Macquarie Hunter		3.18m
3 Martin Lannuzel	Macquarie Hunter		3.09m
4 Hamish Mulcahy	Southlakes		3.09m
5 Jackson Cousins	Edgeworth		3.07m
5 Zachary Findlater	Macquarie Hunter		3.07m
7 Marley Norris	Kotara South		3.03m
8 Oliver Croft	Macquarie Hunter		2.96m
9 Hayden Mulhearn	Kotara South		2.84m
10 Jesse Ndakaza	Macquarie Hunter		2.41m
11 Heath Bailey	Southlakes		2.28m

**Boys U 10 - Long Jump**

Zone: Z 4.57m 1988			Bradley Coburn, Edgeworth & D
Name	Age Centre		Final
1 Samuel Govender	Macquarie Hunter		4.53m
2 Noah Nightingale	Westlakes		4.31m
3 Marshall Muirhead	Macquarie Hunter		4.06m
4 Callum Cousins	Edgeworth		3.98m
5 Jacob Dempsey	Kotara South		3.86m
6 Bryson Palmer	Southlakes		3.68m
7 Blake Kemp	Southlakes		3.46m
8 William Lockett	Macquarie Hunter		3.43m
9 Toby Rosenthal	Kotara South		3.18m
10 Tom Maddison	Cardiff		3.16m
11 Aydan Cosgrove	Southlakes		2.50m

**Boys U 11 - Long Jump**

Zone: Z 4.77m 2008			Callen Meir, Macquarie Hunter
Name	Age Centre		Final
1 Max King	Cardiff		4.48m
2 Oliver Knapman	Macquarie Hunter		4.07m
3 Cameron Oliver	Kotara South		3.83m
4 Baptiste Lannuzel	Macquarie Hunter		3.57m
5 Kalan Black	Kotara South		3.48m
6 Kye Hurry	Edgeworth		3.41m
7 Tyson Cosgrove	Southlakes		3.36m
8 Phillip Grozdanis	Macquarie Hunter		3.28m
9 Jackson McClymont	Kotara South		2.97m
-- Reece McManus	Eastlakes		ND

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Boys U 12 - Long Jump**

Zone: Z 5.30m 13-Dec-14 Jai MacPherson, Macquarie Hun			
Name	Age	Centre	Final
1 Coby Lomas		Macquarie Hunter	4.28m
2 Jacob Cook		Macquarie Hunter	4.16m
3 Sunjay Norris		Kotara South	3.89m
4 TJ Hughes		Kotara South	3.84m
5 Lenny Dorsett		Edgeworth	3.68m
6 Cooper Day		Cardiff	3.34m

**Boys U 13 - Long Jump**

Zone: Z 5.49m 04-Dec-05 Damian Hart, Macquarie Shores			
Name	Age	Centre	Final
1 Reegan Clark		Cardiff	4.88m
2 Jacob Marshall		Cardiff	4.82m
3 Justin Banek		Cardiff	4.50m
4 James Savin		Macquarie Hunter	4.44m
5 Liam Tam		Macquarie Hunter	4.29m
6 Kaleb Morrow		Edgeworth	4.01m
7 Tyrone Winsor		Kotara South	3.98m
8 Andrew Wilson		Southlakes	3.59m

**Boys U 14 - Long Jump**

Zone: Z 5.86m 11-Dec-16 Jai MacPherson, Macquarie Hun			
Name	Age	Centre	Final
1 Hugh Sharman		Kotara South	5.49m
2 Bryce Webber		Southlakes	4.87m
3 Joseph Jobson		Westlakes	4.63m
4 Nathan King		Cardiff	4.60m
5 Joel Beatty		Edgeworth	4.60m
6 Patrick Pettett		Kotara South	4.48m
7 Wil Botham		Macquarie Hunter	4.29m

**Boys U 15 - Long Jump**

Zone: Z 6.41m 1999 Jonathon Whiting, Macquarie S			
Name	Age	Centre	Final
1 Jai MacPherson		Macquarie Hunter	6.23m
2 Kobe Nightingale		Westlakes	5.10m
3 Rhys Dobbins		Kotara South	4.65m
4 Harrison Burgess		Westlakes	4.58m
5 Sam Jones		Cardiff	4.43m

**Boys U 17 - Long Jump**

Zone: Z 6.47m 12-2008 Damian Hart, Macquarie Hunter			
Name	Age	Centre	Final
1 Leroy Reid		Macquarie Hunter	6.53mZ
2 Dylan Robertson		Cardiff	6.22m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**....Boys U 17 - Long Jump**

3	Thomas Steel	Westlakes	5.97m
4	Dillon Dickinson	Macquarie Hunter	5.61m
5	Thomas Webster	Edgeworth	2.20m

**Boys U 11 - Triple Jump**

Zone: Z 9.60m 06-Dec-03 Damian Hart, Macquarie Shores			
Name	Age	Centre	Final
1	Max King	Cardiff	9.43m
2	Reece McManus	Eastlakes	9.07m
3	Jai Bramley	Edgeworth	7.58m
4	Thomas Hunter	Macquarie Hunter	7.52m
5	Joshua Kellehear	Westlakes	7.35m
6	Angus Anson-Smith	Kotara South	7.16m
7	Harry Ayton	Kotara South	6.79m

**Boys U 12 - Triple Jump**

Zone: Z 10.44m 16-Dec-12 Cohan Geelan, Macquarie Hunt			
Name	Age	Centre	Final
1	Jacob Cook	Macquarie Hunter	8.52m
2	Lenny Dorsett	Edgeworth	7.95m
3	TJ Hughes	Kotara South	7.80m
4	Cooper Day	Cardiff	6.73m

**Boys U 13 - Triple Jump**

Zone: Z 11.28m 03-Dec-05 Damian Hart, Macquarie Shore			
Name	Age	Centre	Final
1	Jacob Marshall	Cardiff	10.18m
2	Reegan Clark	Cardiff	9.57m
3	Hayden Bowditch	Cardiff	9.21m
4	Liam Tam	Macquarie Hunter	9.06m
5	Kaleb Morrow	Edgeworth	8.71m

**Boys U 14 - Triple Jump**

Zone: Z 11.63m 2002 Sam Darroch, Cardiff & Distr			
Name	Age	Centre	Final
1	Joseph Jobson	Westlakes	9.84m
2	Joel Beatty	Edgeworth	9.62m
3	Nathan King	Cardiff	9.47m

**Boys U 15 - Triple Jump**

Zone: Z 12.82m 1999 Jonathon Whiting, Macquarie			
Name	Age	Centre	Final
1	Thomas McTaggart	Macquarie Hunter	10.46m
2	Kobe Nightingale	Westlakes	10.31m
3	Rhys Dobbins	Kotara South	9.84m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**....Boys U 15 - Triple Jump**

4 Jay McIntyre	Edgeworth	7.80m
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**Boys U 17 - Triple Jump**

Zone: Z 12.32m 16-Dec-12 Joshua Milford, Macquarie Hu			
Name	Age	Centre	Final
1 Dylan Robertson		Cardiff	12.09m
2 Blake Gorton		Eastlakes	10.74m

**Boys U 7 - Shot Put (1.0 Kg)**

Zone: Z 8.48m 1996 Cameron Whiting, Macquarie Sh			
Name	Age	Centre	Final
1 Harrison Watts		Cardiff	5.53m
2 Shammah Ndakaza		Macquarie Hunter	4.37m
3 Odin Bonar		Kotara South	4.08m

**Boys U 8 - Shot Put (1.5 Kg)**

Zone: Z 7.99m 13-Dec-08 Jay Sneddon, Macquarie Hunter			
Name	Age	Centre	Final
1 Noah Tonga		Macquarie Hunter	6.47m
2 Denzel Govender		Macquarie Hunter	6.20m
3 Oliver Dempsey		Kotara South	6.02m
4 Hugo Whyte		Kotara South	4.69m
4 Laeth Bunn		Macquarie Hunter	4.69m
6 Jack Clarke		Eastlakes	3.62m

**Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 8.37m 06-Dec-03 Matthew Probert, Macquarie Sh			
Name	Age	Centre	Final
1 Thomas Cashion		Macquarie Hunter	5.87m
2 Jackson Cousins		Edgeworth	5.58m
3 Jack Williams		Cardiff	5.30m
4 Dustin Allan		Westlakes	4.97m
5 Zachary Findlater		Macquarie Hunter	4.71m
6 Logan Middleton		Cardiff	3.19m

**Boys U 10 - Shot Put (2.0 Kg)**

Zone: Z 10.85m 15-Dec-09 Payne Haas, Macquarie Hunter			
Name	Age	Centre	Final
1 Jackson Day		Cardiff	6.99m
2 Bryson Palmer		Southlakes	5.63m
3 Alex Jubb		Westlakes	5.41m
4 Aydan Cosgrove		Southlakes	4.88m



**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.33m 04-Dec-10 Payne Haas, Macquarie Hunter			
Name	Age	Centre	Final
1 Izaeaje Ikihele		Cardiff	10.80m
2 Lucas Harvey-Cossettini		Cardiff	9.24m
3 Sonny Martinella		Kotara South	7.57m
4 Matthew O'Brien		Kotara South	7.42m
5 Jai Bramley		Edgeworth	7.18m
6 Cooper Varley		Macquarie Hunter	6.92m
7 Tallan Hooker		Eastlakes	6.58m
8 Thomas Hunter		Macquarie Hunter	6.15m
9 Tyson Cosgrove		Southlakes	5.11m

**Boys U 12 - Shot Put (3.0 Kg)**

Zone: Z 12.52m 1985 Chad Stephenson, Macquarie S			
Name	Age	Centre	Final
1 Luke Pettett		Kotara South	6.64m
2 Jesse Colefax		Edgeworth	5.55m

**Boys U 13 - Shot Put (3.0 Kg)**

Zone: Z 15.60m 1986 Chad Stephenson, Macquarie S			
Name	Age	Centre	Final
1 Lachlan O'Brien		Macquarie Hunter	11.63m
2 Jai Rawlings		Westlakes	8.34m
3 Kaleb Morrow		Edgeworth	7.77m
4 Andrew Wilson		Southlakes	6.71m

**Boys U 14 - Shot Put (3.0 Kg)**

Zone: Z 14.40m 11-Dec-16 Sam Jones, Cardiff			
Name	Age	Centre	Final
1 Travis Petersen		Cardiff	15.05mZ
2 Nathan King		Cardiff	9.35m

**Boys U 15 - Shot Put (4.0 Kg)**

Zone: Z 15.71m 02-Dec-06 Liam Speers, Macquarie Shore			
Name	Age	Centre	Final
1 Sam Jones		Cardiff	13.70m
2 Jack McGinniskin		Edgeworth	7.67m

**Boys U 17 - Shot Put (5.0 Kg)**

Zone: Z 16.59m 12-2008 Liam Speers, Macquarie Hunte			
Name	Age	Centre	Final
1 Nicholas Phillip		Macquarie Hunter	11.26m
2 Blake Gorton		Eastlakes	9.08m
3 Thomas Webster		Edgeworth	6.82m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
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**Boys U 7 - Discus (350 Gram)**

Zone: Z 22.86m 2-1996 Cameron Whiting, Macquarie S			
Name	Age	Centre	Final
1 Harrison Watts		Cardiff	14.54m
2 Odin Bonar		Kotara South	13.11m
3 Lukas Hall		Edgeworth	12.22m
4 Jamie Mackay		Kotara South	11.45m
5 Tyler Cousins		Edgeworth	10.96m
6 Lachlan Cousins		Edgeworth	10.87m

**Boys U 8 - Discus (500 Gram)**

Zone: Z 22.66m 12-1996 Cameron Whiting, Macquarie S			
Name	Age	Centre	Final
1 Noah Tonga		Macquarie Hunter	15.22m
2 Kaizen Ruse		Westlakes	13.49m
3 Jayden Taylor		Macquarie Hunter	11.46m
4 Oliver Dempsey		Kotara South	9.90m
5 Tyler Clark		Kotara South	9.43m

**Boys U 9 - Discus (500 Gram)**

Zone: Z 30.32m 1997 Cameron Whiting, Macquarie S			
Name	Age	Centre	Final
1 Thomas Cashion		Macquarie Hunter	22.19m
2 Dustin Allan		Westlakes	19.07m
3 Andrew Brogan		Macquarie Hunter	17.95m
4 Zane White		Kotara South	12.66m
5 Oliver Croft		Macquarie Hunter	12.48m
6 Archie Woods		Kotara South	12.04m
7 Hamish Mulcahy		Southlakes	11.61m
8 Heath Bailey		Southlakes	11.51m
9 Beau Linhart		Edgeworth	10.07m
10 Jackson Cousins		Edgeworth	7.11m
-- Ayden Morrow		Edgeworth	ND

**Boys U 10 - Discus (500 Gram)**

Zone: Z 32.48m 1997 B Richards, Macquarie Shores			
Name	Age	Centre	Final
1 Callum Cousins		Edgeworth	26.78m
2 Alex Jubb		Westlakes	23.71m
3 Jackson Day		Cardiff	20.10m
4 Jamie Beresztan		Edgeworth	19.08m
5 Blake Kemp		Southlakes	16.83m
6 Bryson Palmer		Southlakes	14.32m
7 Aydan Cosgrove		Southlakes	12.96m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 11 - Discus (750 Gram)**

Zone: Z 32.95m 14-Dec-14 Kayne Gilmore, Eastlakes			
Name	Age	Centre	Final
1 Izaeaje Ikihele		Cardiff	28.01m
2 Reece McManus		Eastlakes	27.03m
3 Tallan Hooker		Eastlakes	17.97m
4 Matthew O'Brien		Kotara South	15.98m
5 Sonny Martinella		Kotara South	15.89m
6 Joshua Kellehear		Westlakes	15.01m
7 Phillip Grozdanis		Macquarie Hunter	14.56m
8 Bailey Cumpson		Edgeworth	14.15m
9 Tyson Cosgrove		Southlakes	11.44m
10 Cooper Varley		Macquarie Hunter	10.98m

**Boys U 12 - Discus (750 Gram)**

Zone: Z 37.70m 1995 Benn Harradine, Macquarie Sh			
Name	Age	Centre	Final
1 Jesse Colefax		Edgeworth	21.88m
2 Cooper Day		Cardiff	16.66m
3 Issac Flint		Southlakes	15.50m

**Boys U 13 - Discus (1.0 Kg)**

Zone: Z 45.14m 2002 Zac Hawes, Cardiff & Distric			
Name	Age	Centre	Final
1 Lachlan O'Brien		Macquarie Hunter	34.59m
2 Jai Rawlings		Westlakes	25.14m
3 Justin Banek		Cardiff	22.22m

**Boys U 14 - Discus (1.0 Kg)**

Zone: Z 51.62m 04-Dec-05 Jake Bardior, Edgeworth & Di			
Name	Age	Centre	Final
1 Travis Petersen		Cardiff	45.53m
2 Nathan King		Cardiff	28.86m
3 Ben Flint		Southlakes	23.02m
4 Samuel Burgess		Kotara South	17.97m
5 Brandon Joynson		Westlakes	13.16m

**Boys U 15 - Discus (1.0 Kg)**

Zone: Z 55.88m 07-Dec-03 Tarquin Pollock, Edgeworth &			
Name	Age	Centre	Final
1 Sam Jones		Cardiff	45.75m
2 Jack McGinniskin		Edgeworth	20.98m
3 Kobe Nightingale		Westlakes	20.26m
4 Jay McIntyre		Edgeworth	18.40m

**Lake Macquarie Zone Championships**  
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**Boys U 17 - Discus (1.5 Kg)**

Zone: Z 54.81m 12-2008 Liam Speers, Macquarie Hunte			
Name	Age	Centre	Final
1 Nicholas Phillip		Macquarie Hunter	30.83m
2 Thomas Webster		Edgeworth	19.04m

**Boys U 11 - Javelin (400 Gram)**

Zone: Z 25.55m 29-Nov-15 Jai Rawlings, Westlakes			
Name	Age	Centre	Final
1 Archie Mcilwain		Macquarie Hunter	18.46m
2 Izaeaje Ikihele		Cardiff	18.43m
3 Matthew O'Brien		Kotara South	18.36m
4 Bailey Cumpson		Edgeworth	15.02m
5 Lucas Harvey-Cossettini		Cardiff	12.08m
6 Baptiste Lannuzel		Macquarie Hunter	8.47m
7 Peter Charlton		Eastlakes	8.38m

**Boys U 12 - Javelin (400 Gram)**

Zone: Z 29.61m 01-Dec-13 Brett Allen, Macquarie Hunte			
Name	Age	Centre	Final
1 Luke Pettett		Kotara South	23.95m
2 Lachlen Bennett		Westlakes	21.41m
3 Jesse Colefax		Edgeworth	16.19m

**Boys U 13 - Javelin (600 Gram)**

Zone: Z 37.27m 03-Dec-05 Jared Daley, Edgeworth & Dis			
Name	Age	Centre	Final
1 Justin Banek		Cardiff	25.07m
2 Jai Rawlings		Westlakes	24.16m
3 Liam Tam		Macquarie Hunter	21.91m
4 Kaleb Morrow		Edgeworth	17.57m
-- Kolby Sutton		Macquarie Hunter	ND

**Boys U 14 - Javelin (600 Gram)**

Zone: Z 47.31m 05-Dec-10 Daniel Mazzantinni, Cardiff			
Name	Age	Centre	Final
1 Travis Petersen		Cardiff	33.85m
2 Wil Botham		Macquarie Hunter	24.66m
3 Ben Flint		Southlakes	23.89m
4 Toby Morris		Kotara South	20.16m
5 Brandon Joynson		Westlakes	13.67m

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 15 - Javelin (700 Gram)**

Zone: Z 45.76m 10-Dec-11 Daniel Mazzantini, Cardiff &			
Name	Age	Centre	Final
1 Sam Jones		Cardiff	32.71m
2 Jay McIntyre		Edgeworth	21.84m
3 Harrison Burgess		Westlakes	16.28m

**Boys U 17 - Javelin (700 Gram)**

Zone: Z 55.55m 12-2008 Liam Speers, Macquarie Hunte			
Name	Age	Centre	Final
1 Thomas Steel		Westlakes	36.40m
2 Blake Gorton		Eastlakes	33.66m
3 Thomas Webster		Edgeworth	12.79m

**Boys U 9 - 700 Metre Walk**

Zone: Z 4:31.50 1998 J Mullan, Macquarie Shores			
Name	Age	Centre	Final
Section 1			
1 Jackson Cousins		Edgeworth	4:55.13
2 Asher Nightingale		Westlakes	4:58.28
-- Zane White		Kotara South	DQ
-- Archie Woods		Kotara South	DQ

**Boys U 10 - 1100 Metre Walk**

Zone: Z 6:23.90 1999 Bryce Baber, Cardiff & Dist			
Name	Age	Centre	Final
1 Jamie Beresztan		Edgeworth	6:52.77
2 Jacob Wheeler		Westlakes	7:01.44
3 Brodie Spamer		Cardiff	7:05.87
4 Jackson Day		Cardiff	7:22.56

**Boys U 11 - 1100 Metre Walk**

Zone: Z 5:53.50 1999 Chris Sessions, Edgeworth &			
Name	Age	Centre	Final
1 Morgan Pegler		Westlakes	7:33.73
2 Bailey Cumpson		Edgeworth	8:44.77
3 Peter Charlton		Eastlakes	10:00.27
-- Jack White		Kotara South	DQ

**Boys U 12 - 1500 Metre Walk**

Zone: Z 8:07.20 1991 B Farley, Macquarie Shores			
Name	Age	Centre	Final
1 Lachlen Bennett		Westlakes	9:47.18
2 Jesse Colefax		Edgeworth	10:08.83

**Lake Macquarie Zone Championships**  
**Hunter Sports Centre,**  
**Results**

**Boys U 13 - 1500 Metre Walk**

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      Zone: Z 7:57.00  2001      Chris Sessions, Edgeworth &
Name                Age Centre                Final
=====
  1 Liam Spamer      Cardiff                10:33.11
-- Kolby Sutton     Macquarie Hunter     DQ
    
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**Boys U 14 - 1500 Metre Walk**

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      Zone: Z 7:04.62  11-Dec-16  Jack McGinniskin, Edgeworth
Name                Age Centre                Final
=====
  1 Cory Vizintin   Cardiff                11:55.74
    
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**Boys U 15 - 1500 Metre Walk**

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      Zone: Z 7:10.70  1992      D Mulder, Macquarie Shores
Name                Age Centre                Final
=====
  1 Jack McGinniskin Edgeworth              6:41.51Z
    
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