

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 8.94 13-Dec-14 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cassia McLean		Manly Warringah	9.59Q
2 Ellana Ross		Ku-Ring-Gai	9.63Q
3 Bridgette Taudien		Manly Warringah	9.93Q
4 Emily Newey		Ku-Ring-Gai	9.99q
5 Alexandra Kirkbride		Mosman	10.26
6 Catherine Halgreen		Ku-Ring-Gai	10.52
7 Emma Maddern		Mosman	11.57
Heat 2 Heats			
1 Eliza Williams		Manly Warringah	9.09Q
2 Sienna Franic-Smith		Northern Districts	9.52Q
2 Willow Toll		Manly Warringah	9.52Q
4 Holly Mitchell		Hornsby	10.06q
5 Alexandra Bova		Mosman	10.28
6 Grace Solomon		Ku-Ring-Gai	10.43
7 Alessandra McWilliam		Mosman	10.53

Girls U 7 - 50 Metre Sprint

Zone: Z 8.94 13-Dec-14 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Eliza Williams		Manly Warringah	9.20
2 Ellana Ross		Ku-Ring-Gai	9.42
3 Willow Toll		Manly Warringah	9.58
4 Cassia McLean		Manly Warringah	9.68
5 Sienna Franic-Smith		Northern Districts	9.70
6 Emily Newey		Ku-Ring-Gai	9.99
7 Holly Mitchell		Hornsby	10.04
8 Bridgette Taudien		Manly Warringah	10.26

Girls U 7 - 70 Metre Sprint

Zone: Z 12.09 14-Dec-14 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eliza Williams		Manly Warringah	12.70Q
2 Amara Froggatt		Manly Warringah	13.05Q
3 Alexandra Bova		Mosman	13.86Q
4 Madison Rule		Ku-Ring-Gai	13.96q
5 Scarlett Martel		Ku-Ring-Gai	13.97
Heat 2 Heats			
1 Gracie Atkins		Ku-Ring-Gai	12.62Q
2 Jessica Pulis		Manly Warringah	12.72Q
3 Cassia McLean		Manly Warringah	13.02Q
4 Elizabeth Fainga'anuku		Mosman	13.43q
5 Georgia Birch		Ku-Ring-Gai	14.16
6 Alexandra Kirkbride		Mosman	14.23

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 7 - 70 Metre Sprint**

Zone: Z 12.09 14-Dec-14 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Pulis		Manly Warringah	12.46
2 Eliza Williams		Manly Warringah	12.68
3 Gracie Atkins		Ku-Ring-Gai	12.75
4 Cassia McLean		Manly Warringah	12.85
5 Amara Froggatt		Manly Warringah	13.11
6 Elizabeth Fainga'anuku		Mosman	13.44
7 Alexandra Bova		Mosman	14.31
8 Madison Rule		Ku-Ring-Gai	14.37

Girls U 8 - 70 Metre Sprint

Zone: Z 11.20 07-Feb-97 Natasha Finlay, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amalia Bond		Ku-Ring-Gai	11.79Q
2 Lara Atherton		Manly Warringah	11.80Q
3 Seren D'Souza		Hornsby	11.94Q
4 Khloe Taufu		Manly Warringah	12.79q
5 Alicia Endicott		Ku-Ring-Gai	12.85
6 Michaela McLean		Ku-Ring-Gai	13.01
7 Scarlett Chappell		Northern Districts	13.79
Heat 2 Heats			
1 Liesel Walsh		Hornsby	12.22Q
2 Emily Kupceric		Manly Warringah	12.43Q
3 Sienna McDonnell		Manly Warringah	12.77Q
4 Ruby High		Mosman	12.78q
5 Gemma Wyrill		Mosman	13.03
6 Tessa Young		Ku-Ring-Gai	13.28
7 Lucy van Hooft		Hornsby	13.29
8 Sophia Tsaousidis		Hornsby	13.40

Girls U 8 - 70 Metre Sprint

Zone: Z 11.20 07-Feb-97 Natasha Finlay, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Amalia Bond		Ku-Ring-Gai	11.82
2 Lara Atherton		Manly Warringah	12.07
3 Liesel Walsh		Hornsby	12.11
4 Emily Kupceric		Manly Warringah	12.52
5 Ruby High		Mosman	12.79
6 Sienna McDonnell		Manly Warringah	12.86
6 Seren D'Souza		Hornsby	12.86

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 9 - 70 Metre Sprint**

Zone: Z 10.50 07-Feb-98 Emily Pollett, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jessica Parker		Mosman	11.31Q
2 Arabella Handley		Manly Warringah	11.79Q
3 Eden Herring		Hornsby	12.02
4 Kaitlinn Dunne		Manly Warringah	12.25
5 Tayler McLeod		Ku-Ring-Gai	12.30
6 Alexandra Rogers		Northern Districts	12.98
Heat 2 Heats			
1 Olivia Achike		Ku-Ring-Gai	10.91Q
2 Jasmine Rintel		Manly Warringah	11.28Q
3 Anastasia Limbers		Hornsby	11.92q
4 Tepaea Simpkins		Northern Districts	12.12
5 Kira Long		Mosman	12.32
Heat 3 Heats			
1 Matilda Harrison		Ku-Ring-Gai	11.20Q
2 Lily Blewman		Manly Warringah	11.49Q
3 Emilia Fallon		Mosman	11.52q
4 Elizabeth Bailey		Ku-Ring-Gai	12.00
5 Amy Burrow		Northern Districts	12.06
6 Eliza Olthof-Hardwick		Northern Districts	12.63

Girls U 9 - 70 Metre Sprint

Zone: Z 10.50 07-Feb-98 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Matilda Harrison		Ku-Ring-Gai	10.98
2 Olivia Achike		Ku-Ring-Gai	11.06
3 Jessica Parker		Mosman	11.08
4 Jasmine Rintel		Manly Warringah	11.11
5 Emilia Fallon		Mosman	11.42
6 Lily Blewman		Manly Warringah	11.54
7 Arabella Handley		Manly Warringah	11.84
8 Anastasia Limbers		Hornsby	11.86

Girls U 10 - 70 Metre Sprint

Zone: Z 10.40 07-Feb-98 Dhona Martin, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sienna Kupceric		Manly Warringah	10.52Q
2 Lily Erby		Mosman	11.18Q
3 Emily Buchner		Ku-Ring-Gai	11.38Q
4 Kaleigh Walker		Ku-Ring-Gai	11.75q
5 Eliana High		Mosman	12.04q
6 Jojo Pike		Mosman	12.38
7 Sarah Smith		Mosman	12.52
Heat 2 Heats			
1 Octavia Williams		Manly Warringah	11.11Q
2 Serin Korucu		Manly Warringah	11.36Q
3 Jodie Wood		Ku-Ring-Gai	11.47Q

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 10 - 70 Metre Sprint

4 Naomi Rogers	Northern Districts	12.05
5 Ava Mitchell	Northern Districts	12.22
6 Evie Ryan	Manly Warringah	12.23
7 Lana Waddingham	Northern Districts	12.51
8 Alisha Quirke	Northern Districts	12.60

Girls U 10 - 70 Metre Sprint

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 Zone: Z 10.40 07-Feb-98 Dhona Martin, Manly Warringah
 Name Age Centre Final
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Section 1 Final

1 Sienna Kupceric	Manly Warringah	10.71
2 Octavia Williams	Manly Warringah	10.92
3 Serin Korucu	Manly Warringah	11.34
4 Lily Erby	Mosman	11.38
5 Emily Buchner	Ku-Ring-Gai	11.57
6 Jodie Wood	Ku-Ring-Gai	11.70
7 Kaleigh Walker	Ku-Ring-Gai	11.94
8 Eliana High	Mosman	12.33

Girls U 7 - 100 Metre Sprint

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 Zone: Z 17.14 04-Feb-12 Olivia Inkster, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Gracie Atkins	Ku-Ring-Gai	18.17Q
2 Bridgette Taudien	Manly Warringah	18.87Q
3 Amara Froggatt	Manly Warringah	19.10Q
4 Sienna Franic-Smith	Northern Districts	19.29q
5 Alexandra Bova	Mosman	20.04
6 Catherine Halgreen	Ku-Ring-Gai	20.15
7 Saskia Taylor	Mosman	20.71

Heat 2 Heats

1 Jessica Pulis	Manly Warringah	18.25Q
2 Willow Toll	Manly Warringah	18.68Q
3 Anna Tye	Hornsby	18.70Q
4 Ellana Ross	Ku-Ring-Gai	18.86q
5 Elizabeth Fainga'anuku	Mosman	19.46
6 Emily Newey	Ku-Ring-Gai	19.65

Girls U 7 - 100 Metre Sprint

=====
 Zone: Z 17.14 04-Feb-12 Olivia Inkster, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1 Jessica Pulis	Manly Warringah	17.90
2 Gracie Atkins	Ku-Ring-Gai	18.19
3 Anna Tye	Hornsby	18.28
4 Ellana Ross	Ku-Ring-Gai	18.40
5 Willow Toll	Manly Warringah	18.66
6 Amara Froggatt	Manly Warringah	18.72
7 Sienna Franic-Smith	Northern Districts	19.05
7 Bridgette Taudien	Manly Warringah	19.05

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 8 - 100 Metre Sprint**

Zone: Z 15.90 07-Feb-97 Natasha Finlay, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amalia Bond		Ku-Ring-Gai	16.92Q
2 Kate Harden		Ku-Ring-Gai	16.94Q
3 Philippa Quarrell		Manly Warringah	17.02Q
4 Lara Atherton		Manly Warringah	17.15q
5 Liesel Walsh		Hornsby	17.57
6 Alyssa Holmes		Northern Districts	17.83
7 Gemma Wyrill		Mosman	18.76
8 Thehara Kariyawasam		Hornsby	19.79
Heat 2 Heats			
1 Sofia Ehnbon		Manly Warringah	17.11Q
2 Isabelle Green		Ku-Ring-Gai	17.52Q
3 Eve Clark		Hornsby	17.77Q
3 Emily Kupceric		Manly Warringah	17.77Q
5 Ruby High		Mosman	17.80
6 Claudia Wyatt		Ku-Ring-Gai	17.94
7 Edie Gillett		Mosman	19.57
8 Monique Tindale		Northern Districts	20.50

Girls U 8 - 100 Metre Sprint

Zone: Z 15.90 07-Feb-97 Natasha Finlay, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Amalia Bond		Ku-Ring-Gai	16.71
2 Sofia Ehnbon		Manly Warringah	16.73
3 Philippa Quarrell		Manly Warringah	16.95
4 Kate Harden		Ku-Ring-Gai	17.15
5 Lara Atherton		Manly Warringah	17.42
6 Isabelle Green		Ku-Ring-Gai	17.76
7 Emily Kupceric		Manly Warringah	17.77
8 Eve Clark		Hornsby	18.07

Girls U 9 - 100 Metre Sprint

Zone: Z 14.80 07-Feb-99 Alice Wilson, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jasmine Rintel		Manly Warringah	15.86Q
2 Jessica Parker		Mosman	16.01Q
3 Lily Blewman		Manly Warringah	16.71Q
4 Emilia Fallon		Mosman	16.87q
5 Kaitlinn Dunne		Manly Warringah	17.07
6 Lila Guerin		Mosman	17.44
7 Fiorella Collins		Mosman	17.45
8 Alice Citer		Northern Districts	21.13
Heat 2 Heats			
1 Matilda Harrison		Ku-Ring-Gai	15.51Q
2 Arabella Handley		Manly Warringah	16.16Q
3 Anastasia Limbers		Hornsby	16.84Q
4 Portia Rowland-Stefanic		Ku-Ring-Gai	17.05q

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 9 - 100 Metre Sprint**

5 Amy Burrow	Northern Districts	17.58
6 Makayla Ariyan	Hornsby	18.06
7 Maya Glynn	Ku-Ring-Gai	18.10
8 Siobhan Chung	Ku-Ring-Gai	18.53

Girls U 9 - 100 Metre Sprint

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Zone: Z	14.80	07-Feb-99	Alice Wilson, Ku-Ring-Gai
Name		Age Centre	Final
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Section 1 Final

1 Matilda Harrison	Ku-Ring-Gai	15.49
2 Jasmine Rintel	Manly Warringah	15.80
3 Jessica Parker	Mosman	15.86
4 Emilia Fallon	Mosman	16.32
5 Arabella Handley	Manly Warringah	16.88
6 Lily Blewman	Manly Warringah	16.89
7 Anastasia Limbers	Hornsby	16.99
8 Portia Rowland-Stefanic	Ku-Ring-Gai	17.14

Girls U 10 - 100 Metre Sprint

=====			
Zone: Z	14.53	13-Dec-14	Olivia Inkster, Manly Warring
Name		Age Centre	Heats
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Heat 1 Heats

1 Gemma McIntosh	Ku-Ring-Gai	15.00Q
2 Grace Townsend	Mosman	15.14Q
3 Katie Maddern	Mosman	16.50q
4 Sophie Rawstorne	Manly Warringah	17.38
5 Lana Waddingham	Northern Districts	17.64

Heat 2 Heats

1 Sienna Kupceric	Manly Warringah	15.29Q
2 Serin Korucu	Manly Warringah	15.79Q
3 Sophie Harden	Ku-Ring-Gai	16.48q
4 Eliana High	Mosman	16.97
5 Ava Mitchell	Northern Districts	16.98
6 Alisha Quirke	Northern Districts	17.80

Heat 3 Heats

1 Octavia Williams	Manly Warringah	15.58Q
2 Claudia Healey	Mosman	16.13Q
3 Emily Buchner	Ku-Ring-Gai	16.97
4 Dulanga Kariyawasam	Hornsby	17.15
5 Emilie Moon	Ku-Ring-Gai	18.01

Girls U 10 - 100 Metre Sprint

=====			
Zone: Z	14.53	13-Dec-14	Olivia Inkster, Manly Warring
Name		Age Centre	Final
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Section 1 Final

1 Gemma McIntosh	Ku-Ring-Gai	14.93
2 Sienna Kupceric	Manly Warringah	15.39
3 Octavia Williams	Manly Warringah	15.44
4 Grace Townsend	Mosman	15.50
5 Serin Korucu	Manly Warringah	16.14

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 10 - 100 Metre Sprint**

6	Claudia Healey	Mosman	16.55
7	Katie Maddern	Mosman	16.75
8	Sophie Harden	Ku-Ring-Gai	16.88

Girls U 11 - 100 Metre Sprint

=====			
	Zone: Z 13.50	07-Feb-99	Charlotte van Veenenda, Manly
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Lucy Scholtens	Manly Warringah	14.72Q
2	Maia Madden-Khan	Ku-Ring-Gai	15.36Q
3	Madison Mitchell	Hornsby	15.58
4	Emelie Coe	Ku-Ring-Gai	15.75
5	Sophie Hall	Hornsby	16.32
6	Sienna Gleeson	Northern Districts	16.71
7	Hayley Newson	Northern Districts	18.11

Heat 2 Heats

1	Eve Simpson	Manly Warringah	14.70Q
2	Luna Ligertwood	Manly Warringah	15.05Q
3	Sofia Fedirchuk	Mosman	15.14q
4	Teagan Jones	Ku-Ring-Gai	15.48
5	Noa Davies	Mosman	15.51

Heat 3 Heats

1	Lucinda Mulcahy	Manly Warringah	14.69Q
2	Samara Bond	Ku-Ring-Gai	14.87Q
3	Jessica Rich	Mosman	15.31q
4	Giselle Ashbolt	Mosman	15.98
5	Sarah Magnussen	Hornsby	16.04

Girls U 11 - 100 Metre Sprint

=====			
	Zone: Z 13.50	07-Feb-99	Charlotte van Veenenda, Manly
Name		Age Centre	Final
=====			

Section 1 Final

1	Lucinda Mulcahy	Manly Warringah	14.59
2	Eve Simpson	Manly Warringah	14.73
3	Lucy Scholtens	Manly Warringah	14.92
4	Luna Ligertwood	Manly Warringah	15.14
5	Sofia Fedirchuk	Mosman	15.28
6	Samara Bond	Ku-Ring-Gai	15.30
7	Maia Madden-Khan	Ku-Ring-Gai	15.56
8	Jessica Rich	Mosman	15.98

Girls U 12 - 100 Metre Sprint

=====			
	Zone: Z 13.10	07-Feb-05	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
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Heat 1 Heats

1	Lara Williams	Manly Warringah	14.02Q
2	Talia Kupceric	Manly Warringah	14.85Q
3	Mia Fry	Mosman	15.06
4	Taya Yerbury	Ku-Ring-Gai	15.40

Heat 2 Heats

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 12 - 100 Metre Sprint

1 Elizabeth Peters	Ku-Ring-Gai	14.57Q
2 Sarah Passafaro	Northern Districts	14.80Q
3 Sienna Villacorta	Manly Warringah	14.85q
4 Gemma Mills	Hornsby	14.99q
5 Stella Taylor	Mosman	15.30
6 Penelope Girdis	Mosman	16.51

Heat 3 Heats

1 Phoebe Riley	Ku-Ring-Gai	14.66Q
2 Siobhan McMahon	Northern Districts	14.83Q
3 Abbey LE Lievre	Northern Districts	15.07
4 Isabel Ozinga	Ku-Ring-Gai	15.40
5 Lola Dorman	Hornsby	16.14

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.10 07-Feb-05 Annaliese Gardiner, Ku-Ring-G
 Name Age Centre Final
 =====

Section 1 Final

1 Lara Williams	Manly Warringah	13.98
2 Elizabeth Peters	Ku-Ring-Gai	14.36
3 Phoebe Riley	Ku-Ring-Gai	14.61
4 Talia Kupceric	Manly Warringah	14.68
5 Sienna Villacorta	Manly Warringah	14.99
6 Sarah Passafaro	Northern Districts	15.03
7 Siobhan McMahon	Northern Districts	15.09
8 Gemma Mills	Hornsby	15.10

Girls U 13 - 100 Metre Sprint

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 Zone: Z 13.20 04-Feb-05 Jordan Lumley, Northern Distr
 Name Age Centre Heats
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Heat 1 Heats

1 Sophie Ross	Manly Warringah	13.86Q
2 Gabriella Colombo	Manly Warringah	13.97Q
3 Megan Edwards	Manly Warringah	14.05Q
4 Sara Bashir	Manly Warringah	14.46q
5 Mischa Nalywajko	Ku-Ring-Gai	14.52q
6 Abby Latimer	Mosman	15.19

Heat 2 Heats

1 Inge Ackland	Ku-Ring-Gai	14.36Q
2 Zara Ostryn	Manly Warringah	14.67Q
3 Sarah Hughes-Narborough	Northern Districts	15.33Q
4 Charlotte Greatrex	Ku-Ring-Gai	15.47
5 Sienna Bannister	Mosman	15.58
6 Jasmin Frost	Mosman	15.85

Girls U 13 - 100 Metre Sprint

=====
 Zone: Z 13.20 04-Feb-05 Jordan Lumley, Northern Distr
 Name Age Centre Final
 =====

Section 1 Final

1 Sophie Ross	Manly Warringah	13.74
2 Gabriella Colombo	Manly Warringah	13.78

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 13 - 100 Metre Sprint**

3	Megan Edwards	Manly Warringah	14.01
4	Inge Ackland	Ku-Ring-Gai	14.40
5	Mischa Nalywajko	Ku-Ring-Gai	14.46
6	Sara Bashir	Manly Warringah	14.54
7	Zara Ostryn	Manly Warringah	14.67
8	Sarah Hughes-Narborough	Northern Districts	16.05

Girls U 14 - 100 Metre Sprint

=====			
	Zone: Z 12.86	02-Apr-12	Samantha Hulme, Manly Warring
Name		Age Centre	Final
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Section 1

1	Danielle Osifo	Hornsby	12.90
2	Jessica Maciver	Ku-Ring-Gai	13.15
3	Fichardt Georgia	Ku-Ring-Gai	13.36
4	Isabella Towson	Northern Districts	14.16
5	Isobel Elkan	Manly Warringah	14.23
6	Amber Williams	Manly Warringah	14.27
7	Brooke Chaloner	Manly Warringah	14.36
8	Arna Tsoa-Lee	Ku-Ring-Gai	15.55

Girls U 15 - 100 Metre Sprint

=====			
	Zone: Z 12.66	13-Dec-14	Kristie Edwards, Manly Warrin
Name		Age Centre	Heats
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Heat 1 Heats

1	Madeleine Wallace	Manly Warringah	13.48Q
2	Ashley Hanna	Manly Warringah	13.79Q
3	Aleisha Jeremy	Manly Warringah	13.88Q
4	Jessica Tallentire	Manly Warringah	14.44q
5	Jessica Forster	Hornsby	14.48q
6	Annabelle Rodgers	Northern Districts	16.80

Heat 2 Heats

1	Olivia Colman	Ku-Ring-Gai	13.34Q
2	Madeleine High	Mosman	13.98Q
3	Olivia Mitchell	Mosman	14.28Q
4	MACKENZIE Williams	Northern Districts	14.78
5	Jessica Smith	Manly Warringah	14.92
6	Laura Quinn	Mosman	14.96

Girls U 15 - 100 Metre Sprint

=====			
	Zone: Z 12.66	13-Dec-14	Kristie Edwards, Manly Warrin
Name		Age Centre	Final
=====			

Section 1 Final

1	Madeleine Wallace	Manly Warringah	13.11
2	Olivia Colman	Ku-Ring-Gai	13.43
3	Madeleine High	Mosman	13.76
4	Aleisha Jeremy	Manly Warringah	13.78
5	Ashley Hanna	Manly Warringah	13.79
6	Olivia Mitchell	Mosman	14.30
7	Jessica Forster	Hornsby	14.33
8	Jessica Tallentire	Manly Warringah	14.34

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 17 - 100 Metre Sprint**

Zone: Z 12.34 10-Dec-16 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Final
Section 1			
1 Olivia Wrightson		Manly Warringah	13.08
2 Courtney Rule		Manly Warringah	13.15
3 Amy Bonthorne		Manly Warringah	13.29
4 Maddie Owen		Manly Warringah	13.33
5 Tea Lisle		Manly Warringah	13.56
6 Jasmine Bonomi		Manly Warringah	13.72
7 Alexandra De Lima		Hornsby	13.85
8 Rakeli Albino		Hornsby	14.03
9 Olivia Bird		Mosman	14.12

Girls U 7 - 200 Metre Sprint

Zone: Z 35.33 02-Feb-13 Eva Bates, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Anna Tye		Hornsby	38.35Q
2 Gracie Atkins		Ku-Ring-Gai	38.78Q
3 Cassia McLean		Manly Warringah	41.19Q
4 Elizabeth Fainga'anuku		Mosman	41.38q
5 Catherine Halgreen		Ku-Ring-Gai	43.60
6 Emma Maddern		Mosman	45.82
7 Jennifer Toynbee		Northern Districts	46.00
Heat 2 Heats			
1 Jessica Pulis		Manly Warringah	38.73Q
2 Willow Toll		Manly Warringah	39.10Q
3 Amara Froggatt		Manly Warringah	39.91Q
4 Sienna Vassella		Ku-Ring-Gai	41.12q
5 Holly Mitchell		Hornsby	42.14
6 Georgia Birch		Ku-Ring-Gai	43.80
7 Saskia Taylor		Mosman	44.29

Girls U 7 - 200 Metre Sprint

Zone: Z 35.33 02-Feb-13 Eva Bates, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Pulis		Manly Warringah	37.87
2 Willow Toll		Manly Warringah	38.78
3 Gracie Atkins		Ku-Ring-Gai	38.88
4 Anna Tye		Hornsby	39.90
5 Amara Froggatt		Manly Warringah	41.51
6 Cassia McLean		Manly Warringah	41.65
7 Sienna Vassella		Ku-Ring-Gai	43.56
8 Elizabeth Fainga'anuku		Mosman	43.63

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 8 - 200 Metre Sprint**

=====
 Zone: Z 32.00 07-Feb-97 Emily Pollett, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Amalia Bond	Ku-Ring-Gai	36.49Q
2	Kate Harden	Ku-Ring-Gai	37.42Q
3	Rory Nordensom	Manly Warringah	38.54Q
4	Taylah Flynn	Manly Warringah	39.29
5	Seren D'Souza	Hornsby	39.53
6	Gemma Wyrill	Mosman	39.61

Heat 2 Heats

1	Sofia Ehnbon	Manly Warringah	36.18Q
2	Ruby High	Mosman	36.54Q
3	Claudia Wyatt	Ku-Ring-Gai	36.88Q
4	Erin Grimshaw	Manly Warringah	37.17q
5	Matilda Clement	Ku-Ring-Gai	37.88q
6	Liesel Walsh	Hornsby	39.49
7	Kate Hall	Hornsby	39.95
8	Lucy van Hoof	Hornsby	42.12

Girls U 8 - 200 Metre Sprint

=====
 Zone: Z 32.00 07-Feb-97 Emily Pollett, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1	Amalia Bond	Ku-Ring-Gai	36.68
2	Ruby High	Mosman	36.97
3	Kate Harden	Ku-Ring-Gai	37.17
4	Claudia Wyatt	Ku-Ring-Gai	37.91
5	Rory Nordensom	Manly Warringah	38.22
6	Sofia Ehnbon	Manly Warringah	38.26
7	Erin Grimshaw	Manly Warringah	38.40
8	Matilda Clement	Ku-Ring-Gai	40.13

Girls U 9 - 200 Metre Sprint

=====
 Zone: Z 30.90 07-Feb-98 Emily Pollett, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Jasmine Rintel	Manly Warringah	34.03Q
2	Talia Black-Berryman	Manly Warringah	35.18Q
3	Kyrah McMahan	Northern Districts	35.60Q
4	Arabella Handley	Manly Warringah	35.69q
5	Emily Robinson	Mosman	37.11
6	Georgina Fife	Ku-Ring-Gai	37.37
7	Tepaea Simpkins	Northern Districts	37.44
8	Scarlett Couch	Mosman	38.53

Heat 2 Heats

1	Chanel Charles	Ku-Ring-Gai	33.88Q
2	Emilia Fallon	Mosman	35.47Q
3	Elizabeth Bailey	Ku-Ring-Gai	36.60Q
4	Angela Preston	Manly Warringah	37.00q
5	Bronte Tonkin	Northern Districts	37.24
6	Kira Long	Mosman	37.28

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 9 - 200 Metre Sprint

7 Tayler McLeod	Ku-Ring-Gai	37.69
8 Penelope Gill	Northern Districts	37.71

Girls U 9 - 200 Metre Sprint

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=====
Zone: Z 30.90 07-Feb-98 Emily Pollett, Manly Warringah
Name Age Centre Final
=====
Section 1 Final
1 Jasmine Rintel Manly Warringah 33.12
2 Chanel Charles Ku-Ring-Gai 34.02
3 Emilia Fallon Mosman 35.21
4 Arabella Handley Manly Warringah 35.33
5 Talia Black-Berryman Manly Warringah 35.37
6 Angela Preston Manly Warringah 35.40
7 Elizabeth Bailey Ku-Ring-Gai 36.40
8 Kyrrah McMahan Northern Districts 38.09
    
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Girls U 10 - 200 Metre Sprint

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=====
Zone: Z 29.60 07-Feb-03 Karlie Morton, Manly Warringah
Name Age Centre Heats
=====
Heat 1 Heats
1 Serin Korucu Manly Warringah 33.09Q
2 Gemma McIntosh Ku-Ring-Gai 33.32Q
3 Ava Gray Manly Warringah 33.61Q
4 Sophie Harden Ku-Ring-Gai 33.70q
5 Olivia Vecchio Mosman 35.66
6 Alisha Quirke Northern Districts 37.75
Heat 2 Heats
1 Annie Hall Ku-Ring-Gai 32.91Q
2 Claudia Healey Mosman 33.29Q
3 Tessa Newitt Mosman 33.78Q
4 Lily Erby Mosman 34.47q
5 Sophia Ambrosino Ku-Ring-Gai 34.51
6 Emelia Nagle Manly Warringah 34.76
7 Sophie Rawstorne Manly Warringah 36.03
8 Maya-Elise Almenara del Hornsby 40.46
    
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Girls U 10 - 200 Metre Sprint

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=====
Zone: Z 29.60 07-Feb-03 Karlie Morton, Manly Warringah
Name Age Centre Final
=====
Section 1 Final
1 Serin Korucu Manly Warringah 32.61
2 Claudia Healey Mosman 32.71
3 Gemma McIntosh Ku-Ring-Gai 32.99
4 Annie Hall Ku-Ring-Gai 33.27
5 Ava Gray Manly Warringah 33.31
6 Tessa Newitt Mosman 33.57
7 Sophie Harden Ku-Ring-Gai 34.56
8 Lily Erby Mosman 36.39
    
```

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 11 - 200 Metre Sprint**

Zone: Z 28.00 08-Feb-04 Karlie Morton, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lucinda Mulcahy		Manly Warringah	30.30Q
2 Annie Seve		Manly Warringah	30.36Q
3 Samara Bond		Ku-Ring-Gai	31.33q
4 Madison Mitchell		Hornsby	32.23q
5 Noa Davies		Mosman	32.56
Heat 2 Heats			
1 Eve Simpson		Manly Warringah	31.17Q
2 Lucy Scholtens		Manly Warringah	31.46Q
3 Emelie Coe		Ku-Ring-Gai	33.47
4 Sabine Lozina		Mosman	36.12
5 Valentina Kuruc		Hornsby	36.20
6 Olivia Belger		Ku-Ring-Gai	37.40
Heat 3 Heats			
1 Sofia Fedirchuk		Mosman	31.87Q
2 Maia Madden-Khan		Ku-Ring-Gai	33.74Q
3 Giselle Ashbolt		Mosman	34.64
4 Paige Walton		Northern Districts	35.77

Girls U 11 - 200 Metre Sprint

Zone: Z 28.00 08-Feb-04 Karlie Morton, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Lucinda Mulcahy		Manly Warringah	29.99
2 Annie Seve		Manly Warringah	30.29
3 Lucy Scholtens		Manly Warringah	30.44
4 Eve Simpson		Manly Warringah	30.46
5 Samara Bond		Ku-Ring-Gai	30.57
6 Madison Mitchell		Hornsby	31.59
7 Sofia Fedirchuk		Mosman	31.82
8 Maia Madden-Khan		Ku-Ring-Gai	32.52

Girls U 12 - 200 Metre Sprint

Zone: Z 26.70 05-Feb-05 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Phoebe Riley		Ku-Ring-Gai	29.84Q
2 Isabel Ozinga		Ku-Ring-Gai	31.72Q
3 Imogen Cook		Manly Warringah	33.42Q
Heat 2 Heats			
1 Lara Williams		Manly Warringah	29.66Q
2 Eva Bates		Ku-Ring-Gai	29.81Q
3 Jemma Brandon-Cooper		Mosman	30.79Q
4 Sienna Villacorta		Manly Warringah	30.94q
5 Sarah Passafaro		Northern Districts	30.99q
6 Gemma Mills		Hornsby	31.39
7 Stella Taylor		Mosman	32.26
8 Isobel Harris		Manly Warringah	33.22

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 12 - 200 Metre Sprint**

Zone: Z 26.70 05-Feb-05 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1 Lara Williams		Manly Warringah	28.24
2 Eva Bates		Ku-Ring-Gai	28.92
3 Phoebe Riley		Ku-Ring-Gai	30.76
4 Jemma Brandon-Cooper		Mosman	31.09
5 Sienna Villacorta		Manly Warringah	31.14
6 Sarah Passafaro		Northern Districts	31.95
7 Isabel Ozinga		Ku-Ring-Gai	32.29

Girls U 13 - 200 Metre Sprint

Zone: Z 26.63 03-Feb-13 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Gabriella Colombo		Manly Warringah	28.58Q
2 Sienna Bond		Ku-Ring-Gai	29.09Q
3 Megan Edwards		Manly Warringah	29.27Q
4 Madeline Smithies		Manly Warringah	30.41
5 Mischa Nalywajko		Ku-Ring-Gai	31.04
6 Abby Latimer		Mosman	31.30
7 Sienna Bannister		Mosman	31.44
Heat 2 Heats			
1 Brianna Worsfold		Ku-Ring-Gai	27.45Q
2 Cayla Phillips		Manly Warringah	28.25Q
3 Sally Priest		Manly Warringah	28.67Q
4 Sophie Ross		Manly Warringah	29.31q
5 Inge Ackland		Ku-Ring-Gai	30.07q
6 Sara Bashir		Manly Warringah	30.57
7 Charlotte Greatrex		Ku-Ring-Gai	30.86
8 Zara Ostryn		Manly Warringah	31.00

Girls U 13 - 200 Metre Sprint

Zone: Z 26.63 03-Feb-13 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Brianna Worsfold		Ku-Ring-Gai	27.60
2 Cayla Phillips		Manly Warringah	27.92
3 Sienna Bond		Ku-Ring-Gai	28.09
4 Sally Priest		Manly Warringah	28.48
5 Gabriella Colombo		Manly Warringah	28.86
6 Megan Edwards		Manly Warringah	29.19
7 Sophie Ross		Manly Warringah	29.45
8 Inge Ackland		Ku-Ring-Gai	30.01

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 14 - 200 Metre Sprint**

Zone: Z 25.90 07-Feb-98 Stephanie Parker, Northern Di			
Name	Age	Centre	Final
Section 1			
1 Jessica Maciver		Ku-Ring-Gai	27.23
2 Fichardt Georgia		Ku-Ring-Gai	27.66
3 Sofia Saroukos		Manly Warringah	28.77
4 Amber Williams		Manly Warringah	29.36
5 Brooke Chaloner		Manly Warringah	29.84

Girls U 15 - 200 Metre Sprint

Zone: Z 25.84 03-Feb-13 Ruby Ritchie, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Olivia Colman		Ku-Ring-Gai	28.00Q
2 Ella Koster		Ku-Ring-Gai	28.13Q
3 Madeleine High		Mosman	28.17Q
4 Lara Woollett		Hornsby	28.37q
5 Isabelle Charlier		Manly Warringah	28.39q
6 Aleisha Jeremy		Manly Warringah	28.97
6 Ashley Hanna		Manly Warringah	28.97
8 Jasmine Ellery		Manly Warringah	29.46
Heat 2 Heats			
1 Jasmin Guthrie		Northern Districts	27.40Q
2 Emma O'Reilly		Manly Warringah	28.52Q
3 Freya Carley		Manly Warringah	29.71Q
4 Madeleine Wallace		Manly Warringah	29.96
5 Jessica Forster		Hornsby	30.60
6 Jessica Smith		Manly Warringah	31.26

Girls U 15 - 200 Metre Sprint

Zone: Z 25.84 03-Feb-13 Ruby Ritchie, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Jasmin Guthrie		Northern Districts	26.32
2 Emma O'Reilly		Manly Warringah	27.11
3 Olivia Colman		Ku-Ring-Gai	27.62
4 Ella Koster		Ku-Ring-Gai	27.82
5 Lara Woollett		Hornsby	27.84
6 Madeleine High		Mosman	27.92
7 Isabelle Charlier		Manly Warringah	28.24
8 Freya Carley		Manly Warringah	28.59

Girls U 17 - 200 Metre Sprint

Zone: Z 25.14 11-Dec-16 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zoe Warlard		Hornsby	27.15Q
2 Maddie Owen		Manly Warringah	27.75Q
3 Lauren West		Northern Districts	27.92Q

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 17 - 200 Metre Sprint

4	Olivia Bird	Mosman	28.88q
5	Hannah Nicholson	Hornsby	31.09
Heat 2 Heats			
1	Olivia Wrightson	Manly Warringah	27.31Q
2	Amy Bonthorne	Manly Warringah	27.75Q
3	Georgia Duncan	Manly Warringah	27.80Q
4	Jasmine Bonomi	Manly Warringah	28.36q
5	Alexandra De Lima	Hornsby	28.94
6	Belinda Scott	Ku-Ring-Gai	33.54

Girls U 17 - 200 Metre Sprint

=====			
	Zone: Z 25.14	11-Dec-16	Kristie Edwards, Manly Warrin
	Name	Age Centre	Final
=====			
Section 1 Final			
1	Olivia Wrightson	Manly Warringah	26.17
2	Zoe Warlard	Hornsby	26.47
3	Amy Bonthorne	Manly Warringah	26.77
4	Lauren West	Northern Districts	27.12
5	Georgia Duncan	Manly Warringah	27.24
6	Jasmine Bonomi	Manly Warringah	27.63
7	Maddie Owen	Manly Warringah	28.71
8	Olivia Bird	Mosman	28.77

Girls U 8 - 400 Metre Sprint

=====			
	Zone: Z 1:15.11	25-Jan-14	Eva Bates, Ku-Ring-Gai
	Name	Age Centre	Heats
=====			
Heat 1 Heats			
1	Amelia Bicego	Ku-Ring-Gai	1:23.50Q
2	Ruby High	Mosman	1:23.93Q
3	Isabelle Green	Ku-Ring-Gai	1:24.58Q
4	Kate Hall	Hornsby	1:26.84q
5	Jessica Baynie	Hornsby	1:28.86
6	Gemma Wyrill	Mosman	1:31.58
7	Jada Taylor	Ku-Ring-Gai	1:32.32
8	Monique Tindale	Northern Districts	1:41.12
Heat 2 Heats			
1	Philippa Quarrell	Manly Warringah	1:18.47Q
2	Sofia Ehnbohm	Manly Warringah	1:20.18Q
3	Taylah Flynn	Manly Warringah	1:25.13Q
4	Rory Nordensom	Manly Warringah	1:25.75q
5	Eve Clark	Hornsby	1:27.46
6	Tara Gilkeson	Hornsby	1:27.52
7	Matilda Clement	Ku-Ring-Gai	1:31.97

Girls U 8 - 400 Metre Sprint

=====			
	Zone: Z 1:15.11	25-Jan-14	Eva Bates, Ku-Ring-Gai
	Name	Age Centre	Final
=====			
Section 1 Final			
1	Philippa Quarrell	Manly Warringah	1:21.70
2	Ruby High	Mosman	1:22.44

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 8 - 400 Metre Sprint**

3	Sofia Ehnbohm	Manly Warringah	1:23.04
4	Rory Nordensom	Manly Warringah	1:25.31
5	Taylah Flynn	Manly Warringah	1:26.02
6	Amelia Bicego	Ku-Ring-Gai	1:26.75
7	Isabelle Green	Ku-Ring-Gai	1:30.20

Girls U 9 - 400 Metre Sprint

Zone: Z 1:10.88 13-Dec-14 Eva Bates, Ku-Ring-Gai

Name Age Centre Heats

Heat 1 Heats

1	Jasmine Rintel	Manly Warringah	1:19.39Q
2	Elizabeth Toynbee	Northern Districts	1:20.42Q
3	Emily Robinson	Mosman	1:21.13Q
4	Talia Black-Berryman	Manly Warringah	1:21.92q
5	Freya Tonkin	Northern Districts	1:24.32
6	Charlotte Toynbee	Northern Districts	1:28.04

Heat 2 Heats

1	Chanel Charles	Ku-Ring-Gai	1:15.74Q
2	Bronte Tonkin	Northern Districts	1:19.47Q
3	Georgina Fife	Ku-Ring-Gai	1:19.70Q
4	Georgia Wood	Ku-Ring-Gai	1:22.37q
5	Eve Loebel	Ku-Ring-Gai	1:22.46
6	Isabella McCausland	Manly Warringah	1:23.53
7	Kaitlinn Dunne	Manly Warringah	1:23.98

Girls U 9 - 400 Metre Sprint

Zone: Z 1:10.88 13-Dec-14 Eva Bates, Ku-Ring-Gai

Name Age Centre Final

Section 1 Final

1	Chanel Charles	Ku-Ring-Gai	1:16.58
2	Jasmine Rintel	Manly Warringah	1:17.23
3	Georgina Fife	Ku-Ring-Gai	1:19.76
4	Bronte Tonkin	Northern Districts	1:20.16
5	Emily Robinson	Mosman	1:20.29
6	Elizabeth Toynbee	Northern Districts	1:20.69
7	Talia Black-Berryman	Manly Warringah	1:21.33

Girls U 10 - 400 Metre Sprint

Zone: Z 1:06.55 04-Feb-12 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Heats

Heat 1 Heats

1	Veda Arabolu	Ku-Ring-Gai	1:12.24Q
2	Tessa Newitt	Mosman	1:14.53Q
3	Sophie Harden	Ku-Ring-Gai	1:16.47Q
4	Ella Dunstan	Manly Warringah	1:17.27q
5	Charlotte Denney	Ku-Ring-Gai	1:19.09
6	Dulanga Kariyawasam	Hornsby	1:22.08
7	Olivia Vecchio	Mosman	1:22.12

Heat 2 Heats

1	Rebecca Solomon	Manly Warringah	1:11.84Q
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NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 10 - 400 Metre Sprint**

2	Zoe Woods	Ku-Ring-Gai	1:12.65Q
3	Grace Townsend	Mosman	1:15.15Q
4	Katie Maddern	Mosman	1:15.51q
5	Emelia Nagle	Manly Warringah	1:20.81
6	Heidi Williams	Manly Warringah	1:26.21
7	Maya-Elise Almenara del	Hornsby	1:31.37

Girls U 10 - 400 Metre Sprint

Zone: Z 1:06.55 04-Feb-12 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Final

Section 1 Final

1	Zoe Woods	Ku-Ring-Gai	1:10.92
2	Rebecca Solomon	Manly Warringah	1:10.94
3	Veda Arabolu	Ku-Ring-Gai	1:12.91
4	Tessa Newitt	Mosman	1:14.02
5	Grace Townsend	Mosman	1:16.54
6	Sophie Harden	Ku-Ring-Gai	1:17.28
7	Ella Dunstan	Manly Warringah	1:17.95
8	Katie Maddern	Mosman	1:24.90

Girls U 11 - 400 Metre Sprint

Zone: Z 1:02.82 04-Feb-12 Edita Grinbergs, Manly Warr

Name Age Centre Heats

Heat 1 Heats

1	Amber Halliday	Manly Warringah	1:08.42Q
2	Fleur Cooper	Mosman	1:10.78Q
3	Zoe Fallon	Mosman	1:16.95Q
4	Ashlee O'Reilly	Manly Warringah	1:17.46
5	Jessica Rich	Mosman	1:20.86
6	Olivia Wood	Ku-Ring-Gai	1:25.25

Heat 2 Heats

1	Annie Seve	Manly Warringah	1:08.55Q
2	Kiera Yerbury	Ku-Ring-Gai	1:10.19Q
3	Isabella Pereira	Hornsby	1:13.48Q
4	Maya Tedder	Manly Warringah	1:14.81q
5	Giselle Ashbolt	Mosman	1:15.58q
6	Ashlee Kim	Ku-Ring-Gai	1:23.09
7	Sarah Magnussen	Hornsby	1:34.83

Girls U 11 - 400 Metre Sprint

Zone: Z 1:02.82 04-Feb-12 Edita Grinbergs, Manly Warr

Name Age Centre Final

Section 1 Final

1	Amber Halliday	Manly Warringah	1:07.28
2	Annie Seve	Manly Warringah	1:07.75
3	Kiera Yerbury	Ku-Ring-Gai	1:08.80
4	Fleur Cooper	Mosman	1:09.40
5	Isabella Pereira	Hornsby	1:10.40
6	Maya Tedder	Manly Warringah	1:12.43
7	Giselle Ashbolt	Mosman	1:12.61

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 11 - 400 Metre Sprint

8 Zoe Fallon Mosman 1:19.59

Girls U 12 - 400 Metre Sprint

=====
 Zone: Z 1:02.08 10-Dec-16 Brianna Worsfold, Ku-Ring-G
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Eva Bates Ku-Ring-Gai 1:07.96Q
 2 Bella Kachel Hornsby 1:10.00Q
 3 Jemma Brandon-Cooper Mosman 1:10.53Q
 4 Taya Yerbury Ku-Ring-Gai 1:15.39
 5 Amber Karalus Manly Warringah 1:17.37
 6 Brooke Flynn Manly Warringah 1:19.81

Heat 2 Heats

1 Lara Williams Manly Warringah 1:02.46Q
 2 Mia Fry Mosman 1:08.34Q
 3 Jessica Gocher Mosman 1:08.49Q
 4 Sienna Villacorta Manly Warringah 1:10.88q
 5 Brooke Fury Northern Districts 1:13.96q
 6 Gigi Spiller Ku-Ring-Gai 1:20.85

Girls U 12 - 400 Metre Sprint

=====
 Zone: Z 1:02.08 10-Dec-16 Brianna Worsfold, Ku-Ring-G
 Name Age Centre Final
 =====

Section 1 Final

1 Lara Williams Manly Warringah 1:02.22
 2 Eva Bates Ku-Ring-Gai 1:04.52
 3 Jemma Brandon-Cooper Mosman 1:06.20
 4 Mia Fry Mosman 1:06.77
 5 Jessica Gocher Mosman 1:10.11
 6 Bella Kachel Hornsby 1:13.10
 7 Brooke Fury Northern Districts 1:17.00

Girls U 13 - 400 Metre Sprint

=====
 Zone: Z 59.93 25-Jan-14 Edita Grinbergs, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Brianna Worsfold Ku-Ring-Gai 1:03.25Q
 2 Kristen Cook Manly Warringah 1:04.05Q
 3 Alexandra Sinclair Manly Warringah 1:09.54Q
 4 Madeline Smithies Manly Warringah 1:11.39q
 5 Charlotte Greatrex Ku-Ring-Gai 1:12.48q

Heat 2 Heats

1 Cayla Phillips Manly Warringah 1:05.67Q
 2 Sally Priest Manly Warringah 1:08.81Q
 3 Zara Ostryn Manly Warringah 1:13.46Q
 4 Sienna Bannister Mosman 1:16.63
 5 Alannah Bannister Mosman 1:23.35

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 13 - 400 Metre Sprint**

Zone: Z 59.93 25-Jan-14 Edita Grinbergs, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Brianna Worsfold		Ku-Ring-Gai	1:00.70
2 Cayla Phillips		Manly Warringah	1:01.96
3 Sally Priest		Manly Warringah	1:02.03
4 Kristen Cook		Manly Warringah	1:03.12
5 Alexandra Sinclair		Manly Warringah	1:08.60
6 Zara Ostryn		Manly Warringah	1:11.89
7 Charlotte Greatrex		Ku-Ring-Gai	1:13.15

Girls U 14 - 400 Metre Sprint

Zone: Z 58.54 10-Dec-16 Emma O'Reilly, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1 Jessica Bird		Ku-Ring-Gai	57.75Z
2 Sofia Saroukos		Manly Warringah	1:04.65
3 Charlotte Hall		Hornsby	1:05.16
4 Brooke Chaloner		Manly Warringah	1:08.03
5 April Shepherd		Northern Districts	1:11.44

Girls U 15 - 400 Metre Sprint

Zone: Z 58.00 07-Feb-04 Sianne Toemoe, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Emma O'Reilly		Manly Warringah	57.84Z
2 Jasmin Guthrie		Northern Districts	58.67
3 Isabella Guthrie		Northern Districts	59.49
4 Annabel Magnussen		Hornsby	1:00.01
5 Ciara Sinclair		Manly Warringah	1:03.15
6 Lara Woollett		Hornsby	1:05.59
7 Hannah Lovlin		Manly Warringah	1:05.99

Girls U 17 - 400 Metre Sprint

Zone: Z 57.81 12-Dec-15 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Final
1 Zoe Warlard		Hornsby	1:00.49
2 Sophie Gocher		Mosman	1:03.42
3 Lauren West		Northern Districts	1:04.15
4 Brooke East		Manly Warringah	1:05.89
5 Olivia Wrightson		Manly Warringah	1:07.90

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:46.60 08-Feb-09 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
1 Jessica Pulis		Manly Warringah	1:50.52
2 Eliza Williams		Manly Warringah	1:50.85
3 Ellana Ross		Ku-Ring-Gai	1:57.32

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 7 - 500 Metre Run Pack Start**

4 Willow Toll	Manly Warringah	1:59.06
5 Samantha Blewitt	Manly Warringah	2:03.63
6 Cacia Charles	Ku-Ring-Gai	2:07.41
7 Saskia Taylor	Mosman	2:10.40
8 Jennifer Toynbee	Northern Districts	2:14.04
9 Eve Georgiou	Ku-Ring-Gai	2:16.12
10 Seana Chung	Ku-Ring-Gai	2:20.71
11 Emma Maddern	Mosman	2:24.45
12 Alessandra McWilliam	Mosman	3:08.70

Girls U 8 - 700 Metre Run Park Start

=====			
Zone: Z 2:24.80 07-Feb-01 Karlie Morton, Manly Warrin			
Name	Age	Centre	Final
=====			
1 Philippa Quarrell		Manly Warringah	2:32.42
2 Taylah Flynn		Manly Warringah	2:42.65
3 Isabelle Green		Ku-Ring-Gai	2:44.01
4 Claudia Wyatt		Ku-Ring-Gai	2:45.09
5 Seren D'Souza		Hornsby	2:45.29
6 Amelia Bicego		Ku-Ring-Gai	2:45.61
7 Chelsea Forte		Ku-Ring-Gai	2:47.22
8 Jessica Baynie		Hornsby	2:47.48
9 Sophia Paz		Manly Warringah	2:50.26
10 Tara Gilkeson		Hornsby	2:50.67
11 Rory Nordensom		Manly Warringah	2:51.75
12 Kate Hall		Hornsby	3:01.65
13 Alyssa Holmes		Northern Districts	3:05.70
14 Emily Fawcett		Mosman	3:10.87

Girls U 9 - 800 Metre Run

=====			
Zone: Z 2:37.00 06-Feb-12 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1 Amelia Lavan		Mosman	3:00.91
2 Bronte Tonkin		Northern Districts	3:01.13
3 Georgina Fife		Ku-Ring-Gai	3:03.07
4 Elizabeth Bailey		Ku-Ring-Gai	3:04.27
5 Fiorella Collins		Mosman	3:06.96
6 Emily Robinson		Mosman	3:07.25
7 Piper Fyffe		Ku-Ring-Gai	3:07.71
8 Eve Loebel		Ku-Ring-Gai	3:08.00
9 Elizabeth Toynbee		Northern Districts	3:08.30
10 Isabella McCausland		Manly Warringah	3:08.56
11 Claudia Palmer		Manly Warringah	3:08.86
12 Freya Tonkin		Northern Districts	3:11.94
13 Addison Driver		Manly Warringah	3:12.96
14 Penelope Gill		Northern Districts	3:16.61
15 Charlotte McWilliam		Mosman	3:22.88

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 10 - 800 Metre Run**

Zone: Z 2:28.38 04-Feb-12 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Rebecca Solomon		Manly Warringah	2:40.96
2 Veda Arabolu		Ku-Ring-Gai	2:43.58
3 Tessa Newitt		Mosman	2:43.75
4 Zoe Woods		Ku-Ring-Gai	2:45.60
5 Olivia Newsham		Manly Warringah	2:49.33
6 Annie Hall		Ku-Ring-Gai	2:49.63
7 Ella Dunstan		Manly Warringah	2:49.86
8 Stephanie Wilkins		Ku-Ring-Gai	3:01.19
9 Katie Maddern		Mosman	3:06.15
10 Dulanga Kariyawasam		Hornsby	3:07.52
11 Michaela Morgan		Manly Warringah	3:11.32
12 Lily Whalan		Hornsby	3:23.89

Girls U 11 - 800 Metre Run

Zone: Z 2:27.39 03-Feb-13 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Fleur Cooper		Mosman	2:33.85
2 Amber Halliday		Manly Warringah	2:36.85
3 Kiera Yerbury		Ku-Ring-Gai	2:41.60
4 Annie Seve		Manly Warringah	2:43.51
5 Isabella Pereira		Hornsby	2:47.62
6 Amelia Watkins		Ku-Ring-Gai	2:51.83
7 Mia Sams		Manly Warringah	2:52.88
8 Giselle Ashbolt		Mosman	2:53.79
9 Madison Mitchell		Hornsby	2:58.40
10 Zoe Fallon		Mosman	2:58.62
11 Allegra Caralis-McColl		Mosman	2:59.83
12 Isabelle Cruickshank		Northern Districts	3:02.88
13 Valentina Kuruc		Hornsby	3:05.97
14 Maxine Fyffe		Ku-Ring-Gai	3:10.54
15 Lizzie Prestwich		Ku-Ring-Gai	3:28.46

Girls U 12 - 800 Metre Run

Zone: Z 2:19.89 26-Jan-14 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Lara Williams		Manly Warringah	2:26.10
2 Jessica Gocher		Mosman	2:30.69
3 Jemma Brandon-Cooper		Mosman	2:35.68
4 Mia Fry		Mosman	2:40.74
5 Elise Couper		Manly Warringah	2:51.57
6 Brooke Fury		Northern Districts	2:53.96
7 Olivia Gorman		Manly Warringah	2:54.43
8 Annika Lee		Ku-Ring-Gai	2:54.76
9 Evie Todd		Northern Districts	2:55.05
10 Bella Kachel		Hornsby	2:57.18
11 Amber Karalus		Manly Warringah	3:01.55
12 Caitlin Burgess		Ku-Ring-Gai	3:08.76
13 Annabelle Gill		Northern Districts	3:16.23

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 13 - 800 Metre Run**

Zone: Z 2:16.50 09-Dec-16 Nicola Hogg, Mosman			
Name	Age	Centre	Final
1 Kristen Cook		Manly Warringah	2:25.76
2 Sally Priest		Manly Warringah	2:29.40
3 holly wickham		Manly Warringah	2:32.08
4 Alexandra Sinclair		Manly Warringah	2:34.74
5 Charlie Arnott		Manly Warringah	2:37.63
6 Alexandra Smeallie		Mosman	2:43.74
7 Lilli Krawitz		Mosman	2:46.26
8 Felicity Stewart		Ku-Ring-Gai	3:07.19
9 Sienna Bannister		Mosman	3:11.83
10 Alannah Bannister		Mosman	3:15.82

Girls U 14 - 800 Metre Run

Zone: Z 2:12.73 13-Dec-15 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Jessica Bird		Ku-Ring-Gai	2:13.05
2 Zara Warland		Hornsby	2:27.42
3 April Shepherd		Northern Districts	2:46.75
4 Scarlett Parker		Manly Warringah	2:49.11

Girls U 15 - 800 Metre Run

Zone: Z 2:14.20 08-Feb-04 Sianne Toemoe, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Emma O'Reilly		Manly Warringah	2:19.89
2 Ciara Sinclair		Manly Warringah	2:20.25
3 Mia Hinchliff		Mosman	2:22.16
4 Hannah Lovlin		Manly Warringah	2:28.55
5 Emily Gocher		Mosman	2:32.11
6 Hannah Parker		Manly Warringah	2:47.12
7 Prudence Silver		Northern Districts	2:57.42

Girls U 17 - 800 Metre Run

Zone: Z 2:14.07 26-Jan-14 Emily Hopper, Mosman			
Name	Age	Centre	Final
1 Jemma Gallagher		Northern Districts	2:30.22
2 Belinda Scott		Ku-Ring-Gai	2:50.17
3 Tara Mapstone		Manly Warringah	3:14.31

Girls U 10 - 1500 Metre Run

Zone: Z 4:57.10 04-Feb-12 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Rebecca Solomon		Manly Warringah	5:32.01
2 Tessa Newitt		Mosman	5:42.83
3 Zoe Woods		Ku-Ring-Gai	5:45.43
4 Olivia Newsham		Manly Warringah	5:47.41
5 Grace Beck		Ku-Ring-Gai	5:51.08

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 10 - 1500 Metre Run**

6	Annie Hall	Ku-Ring-Gai	5:59.41
7	Stephanie Wilkins	Ku-Ring-Gai	6:04.54
8	Ella Dunstan	Manly Warringah	6:08.12
9	Chloe Lamb	Manly Warringah	6:13.10

Girls U 11 - 1500 Metre Run

=====			
Zone: Z 5:00.58 02-Feb-13 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Fleur Cooper	Mosman	5:15.55
2	Amber Halliday	Manly Warringah	5:29.60
3	Kiera Yerbury	Ku-Ring-Gai	5:40.86
4	Mia Sams	Manly Warringah	5:57.33
5	Amelia Watkins	Ku-Ring-Gai	6:04.63
6	Carissa Smyth	Manly Warringah	6:06.25
7	Isabelle Cruickshank	Northern Districts	6:10.32
8	April Billington	Manly Warringah	6:11.93
9	Maxine Fyffe	Ku-Ring-Gai	6:13.35
10	Annabelle Hatch	Northern Districts	6:15.36
11	Lizzie Prestwich	Ku-Ring-Gai	6:32.24

Girls U 12 - 1500 Metre Run

=====			
Zone: Z 4:48.39 25-Jan-14 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Jessica Gocher	Mosman	5:12.89
2	Mia Fry	Mosman	5:22.02
3	Olivia Gorman	Manly Warringah	5:52.36
4	Brooke Flynn	Manly Warringah	6:01.70
5	Claudia Endicott	Ku-Ring-Gai	6:06.58
6	Annika Lee	Ku-Ring-Gai	6:10.47
7	Georgia Aucherlonie	Manly Warringah	6:13.00
8	Alejandra Blanco	Manly Warringah	6:31.76

Girls U 13 - 1500 Metre Run

=====			
Zone: Z 4:42.63 13-Dec-14 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Kristen Cook	Manly Warringah	5:05.84
2	holly wickham	Manly Warringah	5:14.54
3	Charlie Arnott	Manly Warringah	5:15.46
4	Alexandra Sinclair	Manly Warringah	5:29.38
5	Lilli Krawitz	Mosman	5:45.54

Girls U 14 - 1500 Metre Run

=====			
Zone: Z 4:38.51 25-Jan-14 Catherine Miller, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1	Zara Warland	Hornsby	5:08.29
2	Scarlett Parker	Manly Warringah	5:35.73
3	April Shepherd	Northern Districts	5:47.96

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 15 - 1500 Metre Run**

Zone: Z 4:41.20 02-Feb-13 Emily Hopper, Manly Warring			
Name	Age	Centre	Final
1 Mia Hinchliff		Mosman	4:52.46
2 Ciara Sinclair		Manly Warringah	4:57.68
3 Hannah Lovlin		Manly Warringah	5:01.58
4 Emily Gocher		Mosman	5:17.62
5 Prudence Silver		Northern Districts	6:07.54

Girls U 17 - 1500 Metre Run

Zone: Z 4:49.32 13-Dec-14 Elly Gallagher, Northern Di			
Name	Age	Centre	Final
1 Belinda Scott		Ku-Ring-Gai	5:53.91

Girls U 13 - 3000 Metre Run

Zone: Z 10:05.80 11-Dec-16 Nicola Hogg, Mosman			
Name	Age	Centre	Final
1 holly wickham		Manly Warringah	11:29.82
2 Alexandra Sinclair		Manly Warringah	12:21.75

Girls U 14 - 3000 Metre Run

Zone: Z 10:32.10 04-Feb-07 Thea Welsby, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Zara Warland		Hornsby	11:48.57
2 Elizabeth McMillen		Manly Warringah	12:21.43
3 Scarlett Parker		Manly Warringah	12:38.78

Girls U 15 - 3000 Metre Run

Zone: Z 10:40.10 07-Feb-02 Brianna Crawford, Manly Wa			
Name	Age	Centre	Final
1 Mia Hinchliff		Mosman	10:45.10
2 Hannah Lovlin		Manly Warringah	10:53.29
3 Emily Gocher		Mosman	11:27.39
4 Ciara Sinclair		Manly Warringah	11:42.18
5 Prudence Silver		Northern Districts	13:47.62

Girls U 17 - 3000 Metre Run

Zone: Z 10:40.62 14-Dec-14 Elly Gallagher, Northern D			
Name	Age	Centre	Final
1 Sophie Gocher		Mosman	11:17.07

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.40 07-Feb-97 Emily Pollett, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kate Harden		Ku-Ring-Gai	12.65Q
2 Michaela Dickinson		Manly Warringah	13.12Q
3 Tara Gilkeson		Hornsby	13.19Q
4 Amelia Becego		Ku-Ring-Gai	13.35q
5 Emma Lukell		Ku-Ring-Gai	13.58q
Heat 2 Heats			
1 Sophia Paz		Manly Warringah	13.01Q
2 Emily Kupceric		Manly Warringah	13.47Q
3 Madison Landgrebe		Ku-Ring-Gai	13.52Q
4 Kate Hall		Hornsby	14.11
5 Lucia Morabito		Hornsby	14.27
6 Scarlett Chappell		Northern Districts	14.42
7 Alyssa Holmes		Northern Districts	14.43

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 07-Feb-97 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Sophia Paz		Manly Warringah	12.46
2 Kate Harden		Ku-Ring-Gai	12.51
3 Michaela Dickinson		Manly Warringah	12.57
4 Emily Kupceric		Manly Warringah	12.89
5 Tara Gilkeson		Hornsby	12.96
6 Madison Landgrebe		Ku-Ring-Gai	13.15
7 Amelia Becego		Ku-Ring-Gai	15.11

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.60 07-Feb-97 Shona Martin, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Arabella Handley		Manly Warringah	11.69Q
2 Talia Black-Berryman		Manly Warringah	12.03Q
3 Scarlett Couch		Mosman	12.10Q
4 Penelope Gill		Northern Districts	12.27q
5 Portia Rowland-Stefanic		Ku-Ring-Gai	12.33
6 Tepaea Simpkins		Northern Districts	12.64
7 Sally Fainga'anuku		Mosman	13.62
8 Alexandra Rogers		Northern Districts	13.69
Heat 2 Heats			
1 Olivia Achike		Ku-Ring-Gai	11.79Q
2 Angela Preston		Manly Warringah	11.95Q
3 Ava Prentice		Manly Warringah	12.10Q
4 Eden Herring		Hornsby	12.20q
5 Kira Long		Mosman	12.97
6 Tayler McLeod		Ku-Ring-Gai	13.50
7 Cadence Heyden		Ku-Ring-Gai	13.52
8 Hayley Ludgate		Mosman	15.31

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.60 07-Feb-97 Shona Martin, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Achike		Ku-Ring-Gai	11.59
2 Angela Preston		Manly Warringah	11.67
3 Scarlett Couch		Mosman	11.96
4 Eden Herring		Hornsby	12.03
5 Arabella Handley		Manly Warringah	12.04
6 Ava Prentice		Manly Warringah	12.52
7 Penelope Gill		Northern Districts	12.93
8 Talia Black-Berryman		Manly Warringah	16.54

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.40 07-Feb-97 Sarah Alchin, Northern Distri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Madison Nolan		Manly Warringah	12.41Q
2 Jodie Wood		Ku-Ring-Gai	13.16Q
3 Amber Jobson		Ku-Ring-Gai	13.19
4 Violet Smithies		Manly Warringah	13.79
5 Eliana High		Mosman	14.09
Heat 2 Heats			
1 Sienna Kupceric		Manly Warringah	11.37Q
2 Claudia Healey		Mosman	11.87Q
3 Charlotte Denney		Ku-Ring-Gai	12.54q
4 Naomi Rogers		Northern Districts	12.68
5 Jessie Procter		Ku-Ring-Gai	13.07
6 Scarlett Duddle		Hornsby	13.09
Heat 3 Heats			
1 Olivia Vecchio		Mosman	12.14Q
2 Katie Maddern		Mosman	12.35Q
3 Emelia Nagle		Manly Warringah	12.54q
4 Lana Waddingham		Northern Districts	13.19
5 Ava Mitchell		Northern Districts	13.69
6 Maya-Elise Almenara del		Hornsby	13.76

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.40 07-Feb-97 Sarah Alchin, Northern Distri			
Name	Age	Centre	Final
Section 1 Final			
1 Sienna Kupceric		Manly Warringah	11.03
2 Claudia Healey		Mosman	11.51
3 Charlotte Denney		Ku-Ring-Gai	12.06
4 Olivia Vecchio		Mosman	12.32
5 Emelia Nagle		Manly Warringah	12.39
5 Katie Maddern		Mosman	12.39
7 Madison Nolan		Manly Warringah	12.56
8 Jodie Wood		Ku-Ring-Gai	13.28

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 9.84 02-Feb-13 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sarah Lovell		Ku-Ring-Gai	11.08Q
2 Kelly Theodorides		Manly Warringah	11.23Q
3 Luna Ligertwood		Manly Warringah	11.39q
4 Jessica Rich		Mosman	11.96q
5 Aoife Berry		Ku-Ring-Gai	13.47
Heat 2 Heats			
1 Lucy Scholtens		Manly Warringah	10.99Q
2 Louise Lovell		Ku-Ring-Gai	11.70Q
3 Elise Oliver		Northern Districts	12.03
4 Cassidy McArthur		Hornsby	12.14
5 Madison Mitchell		Hornsby	12.16
6 Iolanthe Green		Mosman	13.09
Heat 3 Heats			
1 Chloe Dunne		Manly Warringah	10.66Q
2 Noa Davies		Mosman	11.04Q
3 Sabine Lozina		Mosman	12.88
4 Olivia Belger		Ku-Ring-Gai	13.13

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.84 02-Feb-13 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Chloe Dunne		Manly Warringah	10.40
2 Lucy Scholtens		Manly Warringah	10.59
3 Noa Davies		Mosman	10.64
4 Sarah Lovell		Ku-Ring-Gai	10.97
5 Luna Ligertwood		Manly Warringah	11.18
6 Louise Lovell		Ku-Ring-Gai	11.19
7 Kelly Theodorides		Manly Warringah	11.22
8 Jessica Rich		Mosman	11.67

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.50 05-Feb-05 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eva Bates		Ku-Ring-Gai	10.56Q
2 Talia Kupceric		Manly Warringah	10.65Q
3 Carys Gibbons-Maurer		Manly Warringah	12.24Q
4 Elise Couper		Manly Warringah	12.38q
5 Claudia Endicott		Ku-Ring-Gai	12.84
Heat 2 Heats			
1 Siobhan McMahon		Northern Districts	11.90Q
2 Isobel Harris		Manly Warringah	12.48Q
2 Stella Taylor		Mosman	12.48Q
4 Penelope Girdis		Mosman	12.58q
5 Sienna Smith		Hornsby	12.91

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 12 - 60 Metre Hurdles (68cm)**

=====			
Zone: Z 9.50 05-Feb-05 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Eva Bates		Ku-Ring-Gai	10.60
2 Talia Kupceric		Manly Warringah	11.17
3 Siobhan McMahon		Northern Districts	11.49
4 Carys Gibbons-Maurer		Manly Warringah	11.55
5 Isobel Harris		Manly Warringah	12.18
6 Elise Couper		Manly Warringah	12.27
7 Penelope Girdis		Mosman	12.52
8 Stella Taylor		Mosman	12.68

Girls U 13 - 80 Metre Hurdles (76cm)

=====			
Zone: Z 12.55 14-Dec-14 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
Section 1			
1 Sienna Bond		Ku-Ring-Gai	13.74
2 Sophie Ross		Manly Warringah	14.40
3 Abby Latimer		Mosman	15.08
4 Sophie Hanna		Manly Warringah	15.55
5 Madeline Smithies		Manly Warringah	16.32
6 Alexandra Smeallie		Mosman	16.86

Girls U 14 - 80 Metre Hurdles (76cm)

=====			
Zone: Z 12.79 14-Dec-14 Imogen Breslin, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1 emilia Duncan		Manly Warringah	13.30
2 Fichardt Georgia		Ku-Ring-Gai	13.42
3 Summer Enasio		Northern Districts	14.40
4 Adrielle Mashiah		Hornsby	14.61
5 Jessica Bryant		Manly Warringah	14.98
6 Tegan Scott		Manly Warringah	15.07

Girls U 15 - 90 Metre Hurdles (76cm)

=====			
Zone: Z 13.27 13-Dec-15 Emily Britton, Manly Warringa			
Name	Age	Centre	Final
=====			
1 Madeleine Wallace		Manly Warringah	14.49
2 Freya Carley		Manly Warringah	15.00
3 Aleisha Jeremy		Manly Warringah	15.15
4 Alannah Green		Mosman	15.53
5 Amy McFadden		Hornsby	15.74
6 MACKENZIE Williams		Northern Districts	16.12

Girls U 17 - 100 Metre Hurdles (76cm)

=====			
Zone: Z 15.41 03-Feb-13 Natalie Setiadji, Northern Di			
Name	Age	Centre	Final
=====			
1 Zoe Warlard		Hornsby	16.25

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 17 - 100 Metre Hurdles (76cm)**

2	Tea Lisle	Manly Warringah	17.76
3	Catherine Baxter	Hornsby	17.94
4	Julia Baxter	Hornsby	21.34

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Zone: Z 29.54 02-Feb-13 Lauren Moses, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Brianna Worsfold	Ku-Ring-Gai	31.23
2	Sophie Ross	Manly Warringah	33.08
3	Sienna Bond	Ku-Ring-Gai	34.01
4	Madeline Smithies	Manly Warringah	34.28
5	Zara Ostryn	Manly Warringah	34.89
6	Charlie Arnott	Manly Warringah	36.64
7	Mischa Nalywajko	Ku-Ring-Gai	36.87
8	Felicity Stewart	Ku-Ring-Gai	36.98

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Zone: Z 28.90 12-Dec-15 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Fichardt Georgia	Ku-Ring-Gai	30.32
2	Danielle Osifo	Hornsby	30.74
3	Tegan Scott	Manly Warringah	33.07
4	Adrielle Mashiah	Hornsby	33.12
5	Charlotte Hall	Hornsby	33.16
6	Brooke Chaloner	Manly Warringah	33.18
7	Amber Williams	Manly Warringah	33.82

Girls U 15 - 300 Metre Hurdles (76cm)

=====			
Zone: Z 46.81 10-Dec-16 Zoe Warland, Hornsby			
Name	Age	Centre	Final
=====			
1	Isabella Guthrie	Northern Districts	47.59
2	Madeleine Wallace	Manly Warringah	49.75
3	Isabelle Charlier	Manly Warringah	51.51
4	Lara Woollett	Hornsby	52.68
5	Jessica Smith	Manly Warringah	59.47

Girls U 17 - 300 Metre Hurdles (76cm)

=====			
Zone: Z 48.01 10-Dec-16 Brooke East, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Brooke East	Manly Warringah	47.93Z
2	Olivia Mitchell	Northern Districts	54.55
3	Tara Mapstone	Manly Warringah	1:04.18

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 56.36 05-Feb-12 Manly Warringah			
Centre			Final
1 Manly Warringah			57.36
1) Arabella Handley 9	2) Sienna Kupceric 10		
3) Lucy Scholtens 11	4) Lara Williams 12		
2 Ku-Ring-Gai			58.39
1) Matilda Harrison 9	2) Veda Arabolu 10		
3) Samara Bond 11	4) Eva Bates 12		
3 Northern Districts			1:03.23
1) Amy Burrow 9	2) Bronte Tonkin 9		
3) Paige Walton 11	4) Siobhan McMahon 12		
4 Mosman			1:03.43
1) Jessica Parker 9	2) Claudia Healey 10		
3) Sofia Fedirchuk 11	4) Jemma Brandon-Cooper 12		
5 Hornsby			1:06.78
1) Liesel Walsh 8	2) Seren D'Souza 8		
3) Madison Mitchell 11	4) Lola Dorman 12		

Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 49.72 14-Dec-14 Manly Warringah			
O Wrightson, B Wiggins, R Craker, K Edwards			
Centre			Final
1 Ku-Ring-Gai			50.12
1) Brianna Worsfold 13	2) Jessica Maciver 14		
3) Fichardt Georgia 14	4) Olivia Colman 15		
2 Manly Warringah			51.64
1) Sally Priest 13	2) Cayla Phillips 13		
3) Madeleine Wallace 15	4) Olivia Wrightson 17		
3 Hornsby			53.66
1) Gemma Mills 12	2) Adrielle Mashiah 14		
3) Lara Woollett 15	4) Zoe Warlard 17		
4 Mosman			56.08
1) Abby Latimer 13	2) Sienna Bannister 13		
3) Madeleine High 15	4) Olivia Bird 17		
5 Northern Districts			59.30
1) Sarah Passafaro 12	2) Sarah Hughes-Narborough 13		
3) Isabella Towson 14	4) Prudence Silver 15		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.20m 25-Jan-14 Cayla Phillips, Manly Warring			
Name	Age	Centre	Final
Flight 1			
1 Georgia Wood		Ku-Ring-Gai	1.08m
2 Isabella McCausland		Manly Warringah	1.00m
3 Elizabeth Bailey		Ku-Ring-Gai	J1.00m
4 Eve Loebel		Ku-Ring-Gai	J1.00m
5 Freya Tonkin		Northern Districts	0.95m
6 Keira Gard		Manly Warringah	J0.95m
7 Zara Gard		Manly Warringah	J0.95m
8 Greer Woodbury		Manly Warringah	J0.95m
9 Elizabeth Toynbee		Northern Districts	0.90m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 9 - High Jump (S/H 0.80m)**

10	Sienna Abrahams	Ku-Ring-Gai	J0.90m
11	Charlotte Toynbee	Northern Districts	J0.90m
12	Sally Fainga'anuku	Mosman	0.80m

Girls U 10 - High Jump (S/H 0.90m)

=====			
	Zone: Z 1.34m	13-Dec-15	Talia Kupceric, Manly Warringah
Name	Age	Centre	Final
=====			
1	Octavia Williams	Manly Warringah	1.24m
2	Harlow Wigley	Ku-Ring-Gai	1.19m
3	Lana Waddingham	Northern Districts	1.16m
4	Veda Arabolu	Ku-Ring-Gai	1.05m
5	Sophia Ambrosino	Ku-Ring-Gai	J1.05m
6	Maya-Elise Almenara del	Hornsby	J1.05m
7	Naomi Rogers	Northern Districts	J1.05m
8	Chloe Lamb	Manly Warringah	1.00m
9	Millie Richter	Ku-Ring-Gai	J1.00m
10	Madison Nolan	Manly Warringah	J1.00m

Girls U 11 - High Jump (S/H 1.00m)

=====			
	Zone: Z 1.48m	07-Feb-95	Sarah Lingard, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Charlize Capablanca	Mosman	1.30m
2	Charlotte Watton	Manly Warringah	J1.30m
3	Chloe Dunne	Manly Warringah	1.25m
4	Louise Lovell	Ku-Ring-Gai	J1.25m
5	Amber Halliday	Manly Warringah	1.20m
6	Elise Oliver	Northern Districts	J1.20m
7	Emelie Coe	Ku-Ring-Gai	J1.20m
8	Luna Ligertwood	Manly Warringah	J1.20m
9	Teagan Jones	Ku-Ring-Gai	J1.20m
10	Kiera Yerbury	Ku-Ring-Gai	1.10m
11	Jessica Rich	Mosman	1.05m
12	Sofia Fedirchuk	Mosman	1.00m

Girls U 12 - High Jump (S/H 1.10m)

=====			
	Zone: Z 1.53m	14-Dec-14	Alannah Green, Mosman
Name	Age	Centre	Final
=====			
1	Talia Kupceric	Manly Warringah	1.41m
2	Shayla Gleeson	Northern Districts	1.38m
3	Alice MacNamara	Ku-Ring-Gai	1.35m
4	Abbey LE Lievre	Northern Districts	1.30m
5	Carys Gibbons-Maurer	Manly Warringah	J1.30m
6	Lucia Van der Heiden	Hornsby	J1.30m
7	Claudia Endicott	Ku-Ring-Gai	J1.30m
8	Natasha Tindale	Northern Districts	1.25m
9	Olivia Lee-Jackson	Ku-Ring-Gai	J1.25m
10	Amber Karalus	Manly Warringah	J1.25m
11	Penelope Girdis	Mosman	1.15m
12	Chloe Dix	Manly Warringah	1.10m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 13 - High Jump (S/H 1.15m)**

Zone: Z 1.59m 07-Feb-97 Renee Gartner, Manly Warringah			
Name	Age	Centre	Final
1 Amber Bell		Manly Warringah	1.40m
2 Sophie Hanna		Manly Warringah	1.35m
3 Abby Latimer		Mosman	J1.35m
4 Cayla Phillips		Manly Warringah	1.30m
5 Charlotte Greatrex		Ku-Ring-Gai	1.25m

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.67m 07-Feb-90 Virginia Young, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Anna Cahill		Hornsby	1.40m
2 Fichardt Georgia		Ku-Ring-Gai	J1.40m
3 Jessica Maciver		Ku-Ring-Gai	1.37m
4 Jessica Bryant		Manly Warringah	1.35m
5 Isobel Elkan		Manly Warringah	J1.35m
6 Hannah Ryan		Manly Warringah	1.25m
7 Cassandra Keller		Manly Warringah	J1.25m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.75m 04-Feb-12 Alysha Burnett, Northern Dist			
Name	Age	Centre	Final
1 Alannah Green		Mosman	1.63m
2 Amy McFadden		Hornsby	1.60m
3 Isabelle Charlier		Manly Warringah	1.50m
4 Laura Quinn		Mosman	1.45m
5 Aleisha Jeremy		Manly Warringah	1.35m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.60m 30-Jan-10 Charlotte Hepworth, Manly War			
Zone: Z 1.60m 11-Dec-16 Sydney Kania, Manly Warringah			
Name	Age	Centre	Final
1 Sydney Kania		Manly Warringah	1.65mZ
2 Mikaela Quinlan		Northern Districts	1.60mZ
3 Catherine Baxter		Hornsby	1.55m

Girls U 7 - Long Jump

Zone: Z 3.21m 07-Feb-91 Alexandra Conroy, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Eliza Williams		Manly Warringah	2.99m
2 Cassia McLean		Manly Warringah	2.88m
3 Samantha Blewitt		Manly Warringah	2.60m
4 Sienna Vassella		Ku-Ring-Gai	J2.60m
5 Cacia Charles		Ku-Ring-Gai	2.54m
6 Zsa Zsa Burke		Manly Warringah	2.53m
7 Anna Tye		Hornsby	2.49m
8 Saskia Taylor		Mosman	2.35m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 7 - Long Jump**

9 Catherine Halgreen	Ku-Ring-Gai	2.31m
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Girls U 8 - Long Jump

=====			
	Zone: Z 3.81m	07-Feb-97	Emily Pollett, Manly Warringah
Name	Age	Centre	Final
=====			
1 Amalia Bond		Ku-Ring-Gai	3.37m
2 Eve Clark		Hornsby	3.13m
3 Philippa Quarrell		Manly Warringah	J3.13m
4 Emily Kupceric		Manly Warringah	J3.13m
5 Thea Kerr		Ku-Ring-Gai	2.99m
6 Alyssa Holmes		Northern Districts	2.98m
7 Alicia Endicott		Ku-Ring-Gai	2.91m
8 Michaela Dickinson		Manly Warringah	2.89m
9 Emma Lukell		Ku-Ring-Gai	2.86m
10 Liesel Walsh		Hornsby	2.82m
11 Sofia Ehnbohm		Manly Warringah	2.77m
12 Seren D'Souza		Hornsby	2.64m
13 Thehara Kariyawasam		Hornsby	2.43m

Girls U 9 - Long Jump

=====			
	Zone: Z 4.05m	07-Feb-98	Emily Pollett, Manly Warringah
Name	Age	Centre	Final
=====			
1 Olivia Achike		Ku-Ring-Gai	3.58m
2 Eden Herring		Hornsby	3.43m
3 Chanel Charles		Ku-Ring-Gai	3.36m
4 Angela Preston		Manly Warringah	3.32m
5 Anastasia Limbers		Hornsby	3.27m
6 Lily Blewman		Manly Warringah	3.26m
7 Matilda Harrison		Ku-Ring-Gai	3.18m
8 Makayla Ariyan		Hornsby	3.10m
9 Amy Burrow		Northern Districts	3.06m
10 Portia Rowland-Stefanic		Ku-Ring-Gai	3.03m
11 Isla Doughty		Manly Warringah	3.00m
12 Laila Oakes		Manly Warringah	2.94m
13 Emily Robinson		Mosman	2.76m
14 Sally Fainga'anuku		Mosman	2.69m
15 Freya Tonkin		Northern Districts	2.59m
16 Amelie Brooks		Mosman	2.50m

Girls U 10 - Long Jump

=====			
	Zone: Z 4.40m	07-Feb-99	Emily Pollett, Manly Warringah
Name	Age	Centre	Final
=====			
1 Veda Arabolu		Ku-Ring-Gai	3.84m
2 Claudia Healey		Mosman	3.82m
3 Sienna Kupceric		Manly Warringah	3.78m
4 Octavia Williams		Manly Warringah	3.55m
5 Serin Korucu		Manly Warringah	3.51m
6 Annie Hall		Ku-Ring-Gai	3.47m
7 Charlotte Denney		Ku-Ring-Gai	3.42m
8 Naomi Rogers		Northern Districts	3.41m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 10 - Long Jump**

9	Dulanga Kariyawasam	Hornsby	3.34m
10	Emelia Nagle	Manly Warringah	3.30m
11	Amy Daniel	Ku-Ring-Gai	2.83m

Girls U 11 - Long Jump

=====			
Zone: Z 4.72m 07-Feb-99 Sarah McIlwraith, Manly Warri			
Name	Age	Centre	Final
=====			
1	Chloe Dunne	Manly Warringah	3.99m
2	Cassidy McArthur	Hornsby	3.80m
3	Samara Bond	Ku-Ring-Gai	3.77m
4	Luna Ligertwood	Manly Warringah	3.66m
5	Sarah Lovell	Ku-Ring-Gai	3.47m
6	Sofia Fedirchuk	Mosman	3.37m
7	Kaia Taikato	Manly Warringah	3.33m
8	Emelie Coe	Ku-Ring-Gai	3.29m
9	Catrine Atherton	Manly Warringah	3.28m
10	Sienna Gleeson	Northern Districts	3.23m
11	Noa Davies	Mosman	3.21m
12	Paige Walton	Northern Districts	3.15m
13	Iolanthe Green	Mosman	3.09m
14	Maia Madden-Khan	Ku-Ring-Gai	3.08m

Girls U 12 - Long Jump

=====			
Zone: Z 5.04m 05-Feb-05 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1	Phoebe Riley	Ku-Ring-Gai	4.52m
2	Siobhan McMahon	Northern Districts	4.48m
3	Isabel Ozinga	Ku-Ring-Gai	3.88m
4	Gemma Mills	Hornsby	J3.88m
5	Sarah Passafaro	Northern Districts	3.86m
6	Carys Gibbons-Maurer	Manly Warringah	3.84m
7	Claudia Townsend	Mosman	3.78m
8	Caitlin Burgess	Ku-Ring-Gai	J3.78m
9	Lola Dorman	Hornsby	3.61m
10	Penelope Girdis	Mosman	3.54m
11	Evie Todd	Northern Districts	3.51m
12	Alice MacNamara	Ku-Ring-Gai	3.37m
13	Brooke Flynn	Manly Warringah	3.35m
14	Sienna Smith	Hornsby	2.98m

Girls U 13 - Long Jump

=====			
Zone: Z 4.96m 07-Feb-92 Katherine Hepburn, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1	Cayla Phillips	Manly Warringah	4.92m
2	Sienna Bond	Ku-Ring-Gai	4.68m
3	Alexandra Smeallie	Mosman	4.13m
4	Sophie Hanna	Manly Warringah	4.12m
5	Amber Bell	Manly Warringah	3.90m
6	Sarah Hughes-Narborough	Northern Districts	3.74m
7	Charlotte Greatrex	Ku-Ring-Gai	3.62m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 13 - Long Jump**

8	Sienna Bannister	Mosman	3.23m
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Girls U 14 - Long Jump

=====			
Zone: Z 5.25m 07-Feb-95 Lauren Wright, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Jessica Maciver	Ku-Ring-Gai	5.10m
2	Danielle Osifo	Hornsby	4.98m
3	Jessica Bryant	Manly Warringah	4.69m
4	Isobel Elkan	Manly Warringah	4.52m
5	Fichardt Georgia	Ku-Ring-Gai	4.42m
6	Tegan Scott	Manly Warringah	4.21m

Girls U 15 - Long Jump

=====			
Zone: Z 5.64m 07-Feb-01 Christelle Coulon, Manly Warr			
Name	Age	Centre	Final
=====			
1	Isabella Guthrie	Northern Districts	4.92m
2	Jasmine Ellery	Manly Warringah	4.69m
3	Lara Woollett	Hornsby	4.68m
4	Olivia Mitchell	Mosman	4.67m
5	Ella Koster	Ku-Ring-Gai	4.55m
6	Madeleine Wallace	Manly Warringah	4.43m
7	Annabelle Rodgers	Northern Districts	3.35m
8	Amy McFadden	Hornsby	2.98m

Girls U 17 - Long Jump

=====			
Zone: Z 5.21m 31-Jan-10 Charlotte Hepworth, Manly War			
Zone: Z 5.21m 11-Dec-16 Brienna Mathieson, Manly Warr			
Name	Age	Centre	Final
=====			
1	Zoe Warlard	Hornsby	5.24mZ
2	Brienna Mathieson	Manly Warringah	J5.24mZ
3	Courtney Rule	Manly Warringah	4.85m
4	Sydney Kania	Manly Warringah	4.75m
5	Jasmine Bonomi	Manly Warringah	4.71m
6	Catherine Baxter	Hornsby	4.55m
7	Lauren West	Northern Districts	4.50m
8	Hannah Nicholson	Hornsby	4.12m
9	Julia Baxter	Hornsby	3.88m

Girls U 11 - Triple Jump

=====			
Zone: Z 9.41m 07-Feb-99 Shona Martin, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Lucy Scholtens	Manly Warringah	9.23m
2	Chloe Dunne	Manly Warringah	9.22m
3	Kaia Taikato	Manly Warringah	8.48m
4	Poppy Hyland	Manly Warringah	8.28m
5	Sienna Gleeson	Northern Districts	7.85m
6	Elise Oliver	Northern Districts	7.71m
7	Teagan Jones	Ku-Ring-Gai	7.60m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 11 - Triple Jump**

8 Ashlee Kim	Ku-Ring-Gai	6.88m
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Girls U 12 - Triple Jump

Zone: Z 10.72m 07-Feb-95 Lisa Antill, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Carys Gibbons-Maurer	Manly Warringah	9.03m
2 Lola Dorman	Hornsby	8.67m
3 Imogen Cook	Manly Warringah	8.65m
4 Talia Kuperic	Manly Warringah	7.54m

Girls U 13 - Triple Jump

Zone: Z 10.40m 07-Feb-02 Emily Pollett, Manly Warring

Name	Age Centre	Final
------	------------	-------

1 Sienna Bond	Ku-Ring-Gai	10.16m
2 Sophie Hanna	Manly Warringah	9.29m
3 Amber Bell	Manly Warringah	8.81m
4 Zara Ostryn	Manly Warringah	8.32m
5 Sara Bashir	Manly Warringah	7.96m

Girls U 14 - Triple Jump

Zone: Z 11.13m 07-Feb-97 Lisa Antill, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Jessica Bryant	Manly Warringah	10.46m
2 Danielle Osifo	Hornsby	10.25m
3 Isobel Elkan	Manly Warringah	9.80m
4 Cassandra Keller	Manly Warringah	9.00m

Girls U 15 - Triple Jump

Zone: Z 11.44m 07-Feb-98 Lisa Antill, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Alannah Green	Mosman	10.82m
2 Amy McFadden	Hornsby	10.42m
3 Freya Carley	Manly Warringah	10.40m
4 Ashley Hanna	Manly Warringah	10.14m
5 Laura Quinn	Mosman	9.81m
6 Madeleine Wallace	Manly Warringah	9.64m
7 Jessica Tallentire	Manly Warringah	9.56m
8 Jessica Smith	Manly Warringah	8.91m
9 Prudence Silver	Northern Districts	8.69m

Girls U 17 - Triple Jump

Zone: Z 11.28m 25-Jan-14 Jacinta Fisher, Manly Warrin

Name	Age Centre	Final
------	------------	-------

1 Brienna Mathieson	Manly Warringah	11.18m
2 Sydney Kania	Manly Warringah	10.61m
3 Jasmine Bonomi	Manly Warringah	9.96m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 17 - Triple Jump**

4 Courtney Rule	Manly Warringah	8.93m
5 Tara Mapstone	Manly Warringah	7.86m

Girls U 7 - Shot Put (1.0 Kg)

=====			
Zone: Z	5.96m	07-Feb-91	Bettina Woodward, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Annika Henry		Ku-Ring-Gai	5.30m
2 Gracie Atkins		Ku-Ring-Gai	5.23m
3 Bridgette Taudien		Manly Warringah	4.65m
4 Ashley McGough		Manly Warringah	4.49m
5 Sienna Vassella		Ku-Ring-Gai	4.27m
6 Holly Mitchell		Hornsby	4.19m
7 Elizabeth Fainga'anuku		Mosman	4.02m
8 Eden McNaughtan		Manly Warringah	3.89m
9 Jennifer Toynbee		Northern Districts	3.68m
10 Cacia Charles		Ku-Ring-Gai	3.43m

Girls U 8 - Shot Put (1.5 Kg)

=====			
Zone: Z	6.88m	07-Feb-94	Samantha Gards, Northern Dist
Name	Age	Centre	Final
=====			
1 Lara Atherton		Manly Warringah	4.94m
2 Michaela Dickinson		Manly Warringah	4.91m
3 Millie Buxton		Manly Warringah	4.84m
4 Claire Childs		Hornsby	4.62m
5 Rory Nordensom		Manly Warringah	4.49m
6 Tara Gilkeson		Hornsby	4.46m
7 Emma Lukell		Ku-Ring-Gai	4.42m
8 Matilda Clement		Ku-Ring-Gai	4.33m
9 Heidi Burr		Northern Districts	4.00m
10 Sophia Tsaousidis		Hornsby	3.87m
11 Lucy Jones		Ku-Ring-Gai	3.84m
12 Sophie Farrell		Ku-Ring-Gai	3.54m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Zone: Z	8.73m	25-Jan-14	Emma Polikowski, Manly Warrin
Name	Age	Centre	Final
=====			
1 Alice Hancock		Manly Warringah	5.71m
2 Scarlett Couch		Mosman	5.46m
3 Tepaea Simpkins		Northern Districts	5.40m
4 Nehara De Mel		Ku-Ring-Gai	5.32m
5 Zoe Tamsett		Hornsby	5.19m
6 Fiorella Collins		Mosman	5.12m
7 Makayla Ariyan		Hornsby	4.93m
8 Tayler McLeod		Ku-Ring-Gai	4.75m
9 Sophia Maurer		Manly Warringah	4.43m
10 Zara Villacorta		Manly Warringah	4.26m
11 Greer Woodbury		Manly Warringah	J4.26m
12 Lila Guerin		Mosman	4.19m
13 Amelie Brooks		Mosman	4.15m
14 Lily Greig		Ku-Ring-Gai	4.09m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 9 - Shot Put (2.0 Kg)**

15 Annika Huisman	Ku-Ring-Gai	4.04m
16 Elizabeth Toynbee	Northern Districts	4.00m
17 Charlotte Toynbee	Northern Districts	3.76m

Girls U 10 - Shot Put (2.0 Kg)

=====			
Zone: Z 9.45m 07-Feb-94 Leilani Burnes, Manly Warring			
Name	Age	Centre	Final
=====			
1 Elisabeth Pulis		Manly Warringah	6.69m
2 Rebecca Solomon		Manly Warringah	6.33m
3 Millie Richter		Ku-Ring-Gai	6.16m
4 Harlow Wigley		Ku-Ring-Gai	5.84m
5 Annabelle Stewart		Ku-Ring-Gai	5.83m
6 Fenella Burns		Mosman	5.72m
7 Madison Nolan		Manly Warringah	5.68m
8 Gemma McIntosh		Ku-Ring-Gai	5.67m
9 Heidi Williams		Manly Warringah	5.14m
10 Scarlett Duddle		Hornsby	4.30m
11 Jojo Pike		Mosman	3.65m
12 Sarah Smith		Mosman	3.22m

Girls U 11 - Shot Put (2.0 Kg)

=====			
Zone: Z 11.99m 07-Feb-95 Leilani Burnes, Manly Warrin			
Name	Age	Centre	Final
=====			
1 Azaniah Afualo		Manly Warringah	8.73m
2 Sienna Brett		Ku-Ring-Gai	8.14m
3 Charlotte Watton		Manly Warringah	7.58m
4 Sarah Lovell		Ku-Ring-Gai	7.48m
5 Louise Lovell		Ku-Ring-Gai	7.40m
6 Isabelle Cruickshank		Northern Districts	7.02m
7 Olivia Pugh		Manly Warringah	6.95m
8 Paige Walton		Northern Districts	6.37m
9 Amelia Watkins		Ku-Ring-Gai	6.16m
10 Sophie Walters		Manly Warringah	5.74m
11 Charlize Capablanca		Mosman	5.67m
12 Hayley Newson		Northern Districts	5.27m

Girls U 12 - Shot Put (2.0 Kg)

=====			
Zone: Z 12.64m 11-Dec-16 Brianna Worsfold, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1 Livinia Williams		Manly Warringah	11.35m
2 Phoebe Riley		Ku-Ring-Gai	10.22m
3 Caitlin Dickinson		Manly Warringah	9.46m
4 Ella Gibbons		Northern Districts	8.99m
5 Shayla Gleeson		Northern Districts	8.74m
6 Abbey LE Lievre		Northern Districts	8.16m
7 Caitlin Burgess		Ku-Ring-Gai	8.07m
8 Tayla Nolan		Manly Warringah	7.80m
9 Jessica Walton		Northern Districts	7.60m
10 Isabel Ozinga		Ku-Ring-Gai	7.37m
11 Elise Couper		Manly Warringah	7.29m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 12 - Shot Put (2.0 Kg)**

12	Lola Dorman	Hornsby	5.65m
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Girls U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 11.50m 07-Feb-97 Leilani Burnes, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Brianna Worsfold	Ku-Ring-Gai	12.05mZ
2	Emma Polikowski	Manly Warringah	11.01m
3	Amelia Daunt	Mosman	9.54m
4	Scarlet Brett	Ku-Ring-Gai	9.19m
5	Charlise Sully	Manly Warringah	8.73m
6	Georgia Spanswick	Ku-Ring-Gai	8.20m
7	Kaitlyn Langridge	Ku-Ring-Gai	7.51m
8	Felicity Stewart	Ku-Ring-Gai	7.10m
9	Alexandra Smeallie	Mosman	6.99m

Girls U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.29m 07-Feb-03 Louise Quire, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Jessica Maciver	Ku-Ring-Gai	12.10m
2	Summer Enasio	Northern Districts	9.79m
3	Zara Warland	Hornsby	8.95m
4	Amber Williams	Manly Warringah	8.05m
5	Cassandra Keller	Manly Warringah	6.73m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Zone: Z 13.56m 14-Dec-14 Josephine Ritchie, Manly War			
Name	Age	Centre	Final
=====			
1	Jada Powell	Ku-Ring-Gai	11.99m
2	Jessica Forster	Hornsby	9.36m
3	Annabelle Rodgers	Northern Districts	9.20m
4	MACKENZIE Williams	Northern Districts	8.79m
5	Emily Hatfield	Manly Warringah	8.21m
6	Jessica Smith	Manly Warringah	8.04m
7	Jasmine Ellery	Manly Warringah	7.56m

Girls U 17 - Shot Put (3.0 Kg)

=====			
Zone: Z 13.82m 11-Dec-16 Josephine Ritchie, Manly War			
Name	Age	Centre	Final
=====			
1	Amy Polikowski	Manly Warringah	12.47m
2	Georgia Duncan	Manly Warringah	12.29m
3	Gemma Lapsley	Ku-Ring-Gai	9.41m
4	Jasmine Bonomi	Manly Warringah	8.44m
5	Tara Mapstone	Manly Warringah	6.50m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 7 - Discus (350 Gram)**

Zone: Z 19.11m 03-Feb-07 Chloe Katoa, Manly Warringah			
Name	Age	Centre	Final
1 Sienna Vassella		Ku-Ring-Gai	13.13m
2 Annika Henry		Ku-Ring-Gai	11.46m
3 Eden McNaughtan		Manly Warringah	9.93m
4 Amara Froggatt		Manly Warringah	9.61m
5 Cacia Charles		Ku-Ring-Gai	9.44m
6 Holly Mitchell		Hornsby	8.96m
7 Jennifer Toynbee		Northern Districts	8.32m
8 Peyton Ashton		Ku-Ring-Gai	8.12m
9 Willow Whiteley		Manly Warringah	7.74m

Girls U 8 - Discus (500 Gram)

Zone: Z 19.32m 07-Feb-93 Vicky Byrne, Manly Warringah			
Name	Age	Centre	Final
1 Michaela Dickinson		Manly Warringah	12.01m
2 Millie Buxton		Manly Warringah	11.79m
3 Sophia Paz		Manly Warringah	11.13m
4 Lucy Jones		Ku-Ring-Gai	10.32m
5 Eve Clark		Hornsby	9.73m
6 Sienna McDonnell		Manly Warringah	9.09m
7 Claudia Wyatt		Ku-Ring-Gai	8.99m
8 Isabelle Green		Ku-Ring-Gai	8.94m
9 Sophia Tsaousidis		Hornsby	7.90m
10 Kate Harden		Ku-Ring-Gai	7.88m

Girls U 9 - Discus (500 Gram)

Zone: Z 27.60m 07-Feb-93 Leilani Burbes, Manly Warringah			
Name	Age	Centre	Final
1 Fiorella Collins		Mosman	17.84m
2 Chanel Charles		Ku-Ring-Gai	17.00m
3 Zoe Tamsett		Hornsby	16.05m
4 Alice Hancock		Manly Warringah	14.98m
5 Greer Woodbury		Manly Warringah	14.09m
6 Zara Villacorta		Manly Warringah	13.88m
7 Bronte Tonkin		Northern Districts	12.59m
8 Makayla Ariyan		Hornsby	11.97m
9 Charlotte Toynbee		Northern Districts	11.78m
10 Eliza Olthof-Hardwick		Northern Districts	10.95m
11 Hayley Ludgate		Mosman	10.73m
12 Annika Huisman		Ku-Ring-Gai	10.28m
13 Amelie Brooks		Mosman	9.43m
14 Scarlett Couch		Mosman	9.29m
15 Audrey Silby		Ku-Ring-Gai	8.95m
16 Amy Burrow		Northern Districts	8.84m
17 Nehara De Mel		Ku-Ring-Gai	6.43m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 10 - Discus (500 Gram)**

Zone: Z 32.64m 07-Feb-95 Vicky Byrne, Manly Warringah			
Name	Age	Centre	Final
1 Elisabeth Pulis		Manly Warringah	26.57m
2 Olivia Vecchio		Mosman	26.00m
3 Summer Sivraj		Ku-Ring-Gai	23.18m
4 Jessica Roberts		Hornsby	21.85m
5 Gemma McIntosh		Ku-Ring-Gai	20.03m
6 Heidi Williams		Manly Warringah	19.43m
7 Madison Nolan		Manly Warringah	19.41m
8 Alisha Quirke		Northern Districts	16.08m
9 Annabelle Stewart		Ku-Ring-Gai	15.91m
10 Adelaide Taylor		Ku-Ring-Gai	14.05m
11 Brooke Atherton		Manly Warringah	12.18m

Girls U 11 - Discus (750 Gram)

Zone: Z 30.22m 07-Feb-95 Leilani Burnes, Manly Warringah			
Name	Age	Centre	Final
1 Sienna Brett		Ku-Ring-Gai	20.73m
2 Jayde Root		Manly Warringah	20.38m
3 Jamie Hawker		Manly Warringah	18.37m
4 Catrine Atherton		Manly Warringah	16.09m
5 Zara Miller		Ku-Ring-Gai	14.92m
6 Maia Madden-Khan		Ku-Ring-Gai	14.39m
7 Iolanthe Green		Mosman	14.17m
8 Ellia Nordensom		Manly Warringah	13.58m
9 Orlaith Keogh		Ku-Ring-Gai	11.97m

Girls U 12 - Discus (750 Gram)

Zone: Z 34.70m 07-Feb-96 Leilani Burnes, Manly Warringah			
Name	Age	Centre	Final
1 Ella Gibbons		Northern Districts	27.24m
2 Caitlin Dickinson		Manly Warringah	26.15m
3 Shayla Gleeson		Northern Districts	19.67m
4 Caitlin Burgess		Ku-Ring-Gai	18.11m
5 Charlotte Lafford		Hornsby	16.83m
6 Jessica Walton		Northern Districts	16.44m
7 Charlotte Morris		Ku-Ring-Gai	15.52m
8 Chloe Dix		Manly Warringah	14.28m
9 Alice MacNamara		Ku-Ring-Gai	14.25m
10 Tayla Nolan		Manly Warringah	13.58m
11 Philippa Young		Manly Warringah	12.59m
12 Evie Todd		Northern Districts	12.56m

Girls U 13 - Discus (750 Gram)

Zone: Z 38.55m 05-Feb-12 Tiana Hazlewood, Northern Districts			
Name	Age	Centre	Final
1 Brianna Worsfold		Ku-Ring-Gai	42.49mZ
2 Emma Polikowski		Manly Warringah	33.70m
3 Amelia Daunt		Mosman	31.90m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 13 - Discus (750 Gram)**

4	Scarlet Brett	Ku-Ring-Gai	28.53m
5	Charlise Sully	Manly Warringah	26.09m
6	Georgia Spanswick	Ku-Ring-Gai	24.16m
7	Felicity Stewart	Ku-Ring-Gai	24.14m
8	Sarah Hughes-Narborough	Northern Districts	21.49m
9	Jessica Manning	Manly Warringah	20.44m
10	Amber Bell	Manly Warringah	19.58m
11	Kaitlyn Langridge	Ku-Ring-Gai	19.30m
12	Jasmin Frost	Mosman	18.72m
13	Abby Latimer	Mosman	18.48m

Girls U 14 - Discus (1.0 Kg)

=====			
Zone: Z 36.08m 07-Feb-03 Louise Quire, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Zara Warland	Hornsby	26.46m
2	Summer Enasio	Northern Districts	26.14m
3	Saskia Scholle	Ku-Ring-Gai	23.61m
4	Cassandra Keller	Manly Warringah	17.34m
5	Samantha Menzies	Manly Warringah	16.80m

Girls U 15 - Discus (1.0 Kg)

=====			
Zone: Z 40.04m 07-Feb-97 Amber Bennett, Mosman			
Name	Age	Centre	Final
=====			
1	Jada Powell	Ku-Ring-Gai	33.99m
2	Freya Carley	Manly Warringah	29.61m
3	Annabelle Rodgers	Northern Districts	26.60m
4	MACKENZIE Williams	Northern Districts	25.19m
5	Emily Hatfield	Manly Warringah	21.14m
6	Laura Quinn	Mosman	17.03m

Girls U 17 - Discus (1.0 Kg)

=====			
Zone: Z 37.33m 13-Dec-14 Tiana Hazlewood, Northern Di			
Name	Age	Centre	Final
=====			
1	Amy Polikowski	Manly Warringah	34.85m
2	Brooke East	Manly Warringah	31.32m
3	Gemma Lapsley	Ku-Ring-Gai	23.22m

Girls U 11 - Javelin (400 Gram)

=====			
Zone: Z 19.87m 12-Dec-15 Emma Polikowski, Manly Warri			
Name	Age	Centre	Final
=====			
1	Isabelle Cruickshank	Northern Districts	16.67m
2	Elise Oliver	Northern Districts	16.10m
3	April Billington	Manly Warringah	14.24m
4	Mia Sams	Manly Warringah	13.33m
5	Sienna Brett	Ku-Ring-Gai	12.60m
6	Sophie Cribb	Hornsby	11.80m
7	Ashlee O'Reilly	Manly Warringah	11.66m
8	Sienna Gleeson	Northern Districts	11.64m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Girls U 11 - Javelin (400 Gram)**

9 Ashlee Kim	Ku-Ring-Gai	7.58m
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Girls U 12 - Javelin (400 Gram)

=====			
Zone: Z 23.33m 13-Dec-14 Chloe Leahy, Ku-ring-gai			
Name	Age Centre		Final
=====			
1 Alice MacNamara	Ku-Ring-Gai		21.12m
2 Sienna Villacorta	Manly Warringah		18.19m
3 Caitlin Dickinson	Manly Warringah		17.98m
4 Sienna Smith	Hornsby		17.64m
5 Bella Kachel	Hornsby		14.24m
5 Charlotte Lafford	Hornsby		14.24m
7 Lara Paterson	Manly Warringah		14.09m
8 Shayla Gleeson	Northern Districts		13.82m
9 Livinia Williams	Manly Warringah		11.40m

Girls U 13 - Javelin (400 Gram)

=====			
Zone: Z 34.05m 31-Jan-10 Alysha Burnett, Northern Dis			
Name	Age Centre		Final
=====			
1 Emma Polikowski	Manly Warringah		29.50m
2 Amelia Daunt	Mosman		25.10m
3 Georgia Spanswick	Ku-Ring-Gai		22.32m
4 Amber Bell	Manly Warringah		20.83m
5 Felicity Stewart	Ku-Ring-Gai		18.52m

Girls U 14 - Javelin (400 Gram)

=====			
Zone: Z 29.21m 25-Jan-14 Mallory Bassett, Hornsby			
Name	Age Centre		Final
=====			
1 Amber Williams	Manly Warringah		30.75mZ
2 Saskia Scholle	Ku-Ring-Gai		27.76m
3 Cassandra Keller	Manly Warringah		24.34m
4 Summer Enasio	Northern Districts		21.24m
5 Jessica Maciver	Ku-Ring-Gai		20.85m

Girls U 15 - Javelin (500 Gram)

=====			
Zone: Z 41.60m 05-Feb-12 Alysha Burnett, Northern Dis			
Name	Age Centre		Final
=====			
1 Isabelle Charlier	Manly Warringah		30.94m
2 Jessica Forster	Hornsby		28.22m
3 MACKENZIE Williams	Northern Districts		28.16m
4 Emily Hatfield	Manly Warringah		22.88m
5 Annabelle Rodgers	Northern Districts		19.48m
6 Jessica Smith	Manly Warringah		19.09m
7 Jada Powell	Ku-Ring-Gai		17.76m
8 Prudence Silver	Northern Districts		16.31m
9 Jasmine Ellery	Manly Warringah		14.25m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Girls U 17 - Javelin (500 Gram)**

Zone: Z 38.86m 10-Dec-16 Brooke East, Manly Warringah			
Name	Age	Centre	Final
1 Brooke East		Manly Warringah	43.33mZ
2 Ashlie Edwards		Manly Warringah	30.93m
3 Gemma Lapsley		Ku-Ring-Gai	29.20m

Girls U 9 - 700 Metre Walk

Zone: Z 3:30.40 08-Feb-04 Amy Bettiol, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1 Zara Villacorta		Manly Warringah	4:16.98
2 Zoe Murphy		Ku-Ring-Gai	4:32.57
3 Piper Fyffe		Ku-Ring-Gai	4:45.09
4 Georgina Fife		Ku-Ring-Gai	4:47.63
5 Claudia Palmer		Manly Warringah	4:55.88
6 Addison Driver		Manly Warringah	5:16.20
7 Amelie Brooks		Mosman	5:17.79

Girls U 10 - 1100 Metre Walk

Zone: Z 5:31.60 04-Feb-07 Tayla-Paige Billington, Manly Warringah			
Name	Age	Centre	Final
1 Chloe Lamb		Manly Warringah	5:45.85
2 Grace Beck		Ku-Ring-Gai	6:14.71
3 Zoe Woods		Ku-Ring-Gai	6:29.33
4 Annabelle Stewart		Ku-Ring-Gai	6:35.97
5 Jimena Blanco		Manly Warringah	7:07.56
6 Summer Sivaraj		Ku-Ring-Gai	7:07.81
7 Sacha Root		Manly Warringah	7:15.63
8 Eliana High		Mosman	7:55.72
9 Ava Mitchell		Northern Districts	9:39.57

Girls U 11 - 1100 Metre Walk

Zone: Z 5:24.00 03-Feb-08 Tayla-Paige Billington, Manly Warringah			
Name	Age	Centre	Final
1 April Billington		Manly Warringah	6:01.99
2 Carissa Smyth		Manly Warringah	6:17.98
3 Sarah Lovell		Ku-Ring-Gai	6:24.98
4 Ellia Nordensom		Manly Warringah	6:37.34
5 Amelia Watkins		Ku-Ring-Gai	6:45.66
6 Louise Lovell		Ku-Ring-Gai	6:53.13
7 Emily Stewart		Ku-Ring-Gai	7:15.49

Girls U 12 - 1500 Metre Walk

Zone: Z 7:21.50 04-Feb-07 Amy Bettiol, Manly Warringah			
Name	Age	Centre	Final
1 Alejandra Blanco		Manly Warringah	8:48.66
2 Ava Luxford		Ku-Ring-Gai	9:17.21

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Girls U 12 - 1500 Metre Walk

3	Claudia Endicott	Ku-Ring-Gai	10:21.35
4	Natasha Poschalk	Manly Warringah	10:34.35
5	Georgia Aucherlonie	Manly Warringah	10:39.71
6	Chloe Watson	Manly Warringah	10:47.63

Girls U 13 - 1500 Metre Walk

Zone: Z 6:53.03 09-Dec-16 Elizabeth McMillen, Manly W			
Name	Age	Centre	Final
1	Alannah Hickson	Ku-Ring-Gai	8:02.64
2	Tara Laytham	Manly Warringah	8:02.83
3	Courtney Mavin	Ku-Ring-Gai	9:49.95

Girls U 14 - 1500 Metre Walk

Zone: Z 7:06.10 08-Feb-09 Amy Bettiol, Manly Warringa			
Name	Age	Centre	Final
1	Elizabeth McMillen	Manly Warringah	7:01.58Z
2	Olivia Thomson	Manly Warringah	7:39.51
3	Saskia Scholle	Ku-Ring-Gai	9:54.53

Girls U 15 - 1500 Metre Walk

Zone: Z 7:03.70 08-Feb-04 Nicole Fagan, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Hannah Parker	Manly Warringah	8:40.01
2	Prudence Silver	Northern Districts	10:27.36

Girls U 17 - 1500 Metre Walk

Zone: Z 6:53.70 06-Feb-11 Amy Bettiol, Manly Warringa			
Name	Age	Centre	Final
1	Lily Johnston	Ku-Ring-Gai	8:18.72
2	Julia Baxter	Hornsby	13:51.73

Boys U 7 - 50 Metre Sprint

Zone: Z 8.90 05-Feb-05 Oscar Smith, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Oscar Zylberberg	Ku-Ring-Gai	9.39Q
2	Thomas Vedris	Hornsby	9.41Q
3	Kieran Lander	Ku-Ring-Gai	9.47q
4	Jake Eldridge	Manly Warringah	10.01
5	Chase Villacorta	Manly Warringah	10.38
Heat 2 Heats			
1	Lachlan Palmer	Manly Warringah	9.48Q
2	Frederick Ward	Mosman	9.51Q
3	Jasper Tucker	Ku-Ring-Gai	9.98
4	William Lowe	Manly Warringah	10.26
5	Skyler Wynne Marinchek	Mosman	12.51

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 7 - 50 Metre Sprint

Heat 3 Heats

1 Kai Gibbons	Northern Districts	9.35Q
2 Oscar Girard	Ku-Ring-Gai	9.47Q
3 Kaelan Jones	Northern Districts	9.64q
4 Edward Streeter	Northern Districts	10.40
5 Riley Waddingham	Northern Districts	10.66

Boys U 7 - 50 Metre Sprint

=====			
Zone: Z	8.90	05-Feb-05	Oscar Smith, Manly Warringah
Name		Age Centre	Final
=====			

Section 1 Final

1 Oscar Zylberberg	Ku-Ring-Gai	9.31
2 Kai Gibbons	Northern Districts	9.35
3 Thomas Vedris	Hornsby	9.57
4 Lachlan Palmer	Manly Warringah	9.58
5 Oscar Girard	Ku-Ring-Gai	9.63
6 Kieran Lander	Ku-Ring-Gai	9.66
7 Frederick Ward	Mosman	9.71
8 Kaelan Jones	Northern Districts	9.72

Boys U 7 - 70 Metre Sprint

=====			
Zone: Z	11.70	07-Feb-98	Michael Oldfield, Manly Warri
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Lachlan Palmer	Manly Warringah	12.65Q
2 Oscar Zylberberg	Ku-Ring-Gai	12.70Q
3 Zac Soden	Ku-Ring-Gai	13.40
4 Edward Streeter	Northern Districts	13.70
5 Luke Bovis	Northern Districts	14.05
6 Riley Waddingham	Northern Districts	14.08

Heat 2 Heats

1 Cooper Gray	Manly Warringah	12.38Q
2 Thomas Vedris	Hornsby	12.46Q
3 Oscar Girard	Ku-Ring-Gai	12.85q
4 Kaelan Jones	Northern Districts	13.28
5 Jake Eldridge	Manly Warringah	13.40
6 Cyan Couch	Mosman	13.68

Heat 3 Heats

1 Preston Brell	Manly Warringah	12.61Q
2 Kieran Lander	Ku-Ring-Gai	12.97Q
3 Frederick Ward	Mosman	13.00q
4 Samuel Fowell	Hornsby	13.54
4 Sebastian Duddle	Hornsby	13.54
6 Harrison Bradshaw	Mosman	14.05

Boys U 7 - 70 Metre Sprint

=====			
Zone: Z	11.70	07-Feb-98	Michael Oldfield, Manly Warri
Name		Age Centre	Final
=====			

Section 1 Final

1 Preston Brell	Manly Warringah	12.41
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NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 7 - 70 Metre Sprint

2	Cooper Gray	Manly Warringah	12.58
3	Thomas Vedris	Hornsby	12.76
4	Oscar Zylberberg	Ku-Ring-Gai	12.80
5	Lachlan Palmer	Manly Warringah	12.99
6	Frederick Ward	Mosman	13.03
7	Oscar Girard	Ku-Ring-Gai	13.09
8	Kieran Lander	Ku-Ring-Gai	13.13

Boys U 8 - 70 Metre Sprint

=====
 Zone: Z 10.70 07-Feb-99 Michael Oldfield, Manly Warri
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Jonathan Ivanac-Escobar	Ku-Ring-Gai	12.11Q
2	Adrian Kwan	Ku-Ring-Gai	12.23Q
3	Zachary Brown	Mosman	12.35
4	Remy Camus	Mosman	12.75
5	Neil Maini	Hornsby	13.02

Heat 2 Heats

1	Jack Procter	Ku-Ring-Gai	11.16Q
2	Riley Blaxell	Manly Warringah	11.18Q
3	Hugo Stewart	Mosman	11.52q
4	Fredrick Chidambaram	Manly Warringah	11.81q
5	Daniel Benoliel	Mosman	11.88
6	Hamish Collins	Hornsby	12.76

Heat 3 Heats

1	Oscar Sleep	Manly Warringah	11.72Q
2	Byron Borchert	Manly Warringah	11.80Q
3	Kye Kearney	Ku-Ring-Gai	11.83
4	Lucas Rogers	Northern Districts	12.06
5	Ayden Pethybridge	Northern Districts	12.46
6	Rama Barnett	Hornsby	13.78

Boys U 8 - 70 Metre Sprint

=====
 Zone: Z 10.70 07-Feb-99 Michael Oldfield, Manly Warri
 Name Age Centre Final
 =====

Section 1 Final

1	Riley Blaxell	Manly Warringah	11.33
2	Jack Procter	Ku-Ring-Gai	11.36
3	Hugo Stewart	Mosman	11.57
4	Oscar Sleep	Manly Warringah	11.74
5	Byron Borchert	Manly Warringah	11.95
6	Jonathan Ivanac-Escobar	Ku-Ring-Gai	12.02
7	Fredrick Chidambaram	Manly Warringah	12.04
8	Adrian Kwan	Ku-Ring-Gai	12.44

Boys U 9 - 70 Metre Sprint

=====
 Zone: Z 10.43 03-Feb-13 Zachery Gardner, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Jimmy Thebridge	Ku-Ring-Gai	11.19Q
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NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 9 - 70 Metre Sprint

2	Harrison Miller	Mosman	11.47Q
3	Max Dennett	Ku-Ring-Gai	11.48Q
4	Edward Hills	Manly Warringah	11.49q
5	Lennox Cleary	Manly Warringah	11.66
6	Jack Burrow	Northern Districts	11.96
7	Marco Naidoo	Ku-Ring-Gai	11.99
8	Quinton Smith	Hornsby	12.69
Heat 2 Heats			
1	Joel Daily	Mosman	11.11Q
2	Wol Albino	Hornsby	11.25Q
3	Benjamin Bassett	Ku-Ring-Gai	11.37Q
4	Oskar Berglund	Manly Warringah	11.60q
5	Riley King	Manly Warringah	11.62
6	Riley Grant	Mosman	11.88
7	Nicolas Hirst	Hornsby	12.46

Boys U 9 - 70 Metre Sprint

=====
 Zone: Z 10.43 03-Feb-13 Zachery Gardner, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1	Joel Daily	Mosman	10.92
2	Jimmy Thebridge	Ku-Ring-Gai	10.98
3	Wol Albino	Hornsby	11.01
4	Benjamin Bassett	Ku-Ring-Gai	11.26
5	Oskar Berglund	Manly Warringah	11.27
6	Harrison Miller	Mosman	11.36
7	Edward Hills	Manly Warringah	11.37
8	Max Dennett	Ku-Ring-Gai	11.41

Boys U 10 - 70 Metre Sprint

=====
 Zone: Z 10.00 05-Feb-05 Sam Mete, Ku-Ring-Gai
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Brody Folkes	Mosman	10.25Q
2	Brodie Shearer	Ku-Ring-Gai	10.40Q
3	Ethan Grimshaw	Manly Warringah	10.46q
4	Finn Pereira	Mosman	10.78
5	Thomas Kierse	Mosman	11.17

Heat 2 Heats

1	Oliver Nicol	Manly Warringah	10.50Q
2	Harry Sexton	Manly Warringah	10.65Q
3	Dominic D'Souza	Hornsby	10.74q
4	Alex Jones	Northern Districts	11.38
5	Luke Woods	Hornsby	12.19
6	Wesley Streeter	Northern Districts	12.36

Heat 3 Heats

1	Lars Ackland	Ku-Ring-Gai	10.49Q
2	Leo Robinson	Manly Warringah	10.73Q
3	Atticus Rowland-Stefanic	Ku-Ring-Gai	10.83
4	Xavier Frost	Mosman	11.54
5	Oliver Ashley	Northern Districts	11.85

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 10 - 70 Metre Sprint**

Zone: Z 10.00 05-Feb-05 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Brody Folkes		Mosman	10.25
2 Lars Ackland		Ku-Ring-Gai	10.48
3 Brodie Shearer		Ku-Ring-Gai	10.59
4 Harry Sexton		Manly Warringah	10.64
5 Leo Robinson		Manly Warringah	10.67
6 Ethan Grimshaw		Manly Warringah	10.71
7 Oliver Nicol		Manly Warringah	10.72
8 Dominic D'Souza		Hornsby	10.93

Boys U 7 - 100 Metre Sprint

Zone: Z 16.53 13-Dec-14 Brody Folkes, Mosman			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Gray		Manly Warringah	17.97Q
2 Thomas Vedris		Hornsby	18.53Q
3 Ethan Nagle		Manly Warringah	18.68q
4 Cyan Couch		Mosman	19.72
5 Gustav Burger		Ku-Ring-Gai	20.33
6 Harrison Bradshaw		Mosman	20.35
Heat 2 Heats			
1 Oscar Zylberberg		Ku-Ring-Gai	18.16Q
2 Preston Brell		Manly Warringah	18.17Q
3 Frederick Ward		Mosman	18.37q
4 Edward Streeter		Northern Districts	19.76
5 Jasper Tucker		Ku-Ring-Gai	19.90
6 Luke Bovis		Northern Districts	20.46
Heat 3 Heats			
1 Callum Gilchrist		Ku-Ring-Gai	19.33Q
2 Samuel Fowell		Hornsby	19.97Q
3 Rhys Kirby		Manly Warringah	20.11
4 Riley Waddingham		Northern Districts	20.92

Boys U 7 - 100 Metre Sprint

Zone: Z 16.53 13-Dec-14 Brody Folkes, Mosman			
Name	Age	Centre	Final
Section 1 Final			
1 Preston Brell		Manly Warringah	17.58
2 Cooper Gray		Manly Warringah	17.74
3 Oscar Zylberberg		Ku-Ring-Gai	18.22
4 Ethan Nagle		Manly Warringah	18.44
5 Callum Gilchrist		Ku-Ring-Gai	18.50
6 Thomas Vedris		Hornsby	18.53
7 Frederick Ward		Mosman	18.76
8 Samuel Fowell		Hornsby	19.11

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 8 - 100 Metre Sprint**

Zone: Z 15.00 07-Feb-99 Michael Oldfield, Manly Warri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jack Procter		Ku-Ring-Gai	15.70Q
2 Hugo Stewart		Mosman	15.92Q
3 Daniel Benoliel		Mosman	16.01Q
4 Louie Poschalk		Manly Warringah	16.56q
5 Oscar Sleep		Manly Warringah	16.58q
6 Levi Maher		Hornsby	17.26
7 Saia Enasio		Northern Districts	18.08
8 Rama Barnett		Hornsby	19.60
Heat 2 Heats			
1 Rian Conners		Ku-Ring-Gai	16.37Q
2 Ewan Keep		Manly Warringah	16.68Q
3 Jeffrey Benoliel		Mosman	16.70Q
4 Hamish Webber		Ku-Ring-Gai	16.84
5 Finn Bailey		Manly Warringah	16.91
6 Kase Willis-Jansen		Ku-Ring-Gai	17.28
7 Antoine Carlino-Mizuno		Northern Districts	17.30
8 Zachary Brown		Mosman	18.21

Boys U 8 - 100 Metre Sprint

Zone: Z 15.00 07-Feb-99 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
Section 1 Final			
1 Jack Procter		Ku-Ring-Gai	15.73
2 Rian Conners		Ku-Ring-Gai	16.02
3 Hugo Stewart		Mosman	16.44
4 Louie Poschalk		Manly Warringah	16.50
5 Daniel Benoliel		Mosman	16.51
6 Ewan Keep		Manly Warringah	16.65
7 Oscar Sleep		Manly Warringah	16.66
8 Jeffrey Benoliel		Mosman	16.69

Boys U 9 - 100 Metre Sprint

Zone: Z 14.60 02-Feb-13 Zachery Gardner, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jimmy Thebridge		Ku-Ring-Gai	15.81Q
2 Oskar Berglund		Manly Warringah	15.86Q
3 Gerhardus Burger		Ku-Ring-Gai	16.22Q
4 Harrison Miller		Mosman	16.24q
5 Archie Hartman		Mosman	16.93
6 Nicholas Bayett		Ku-Ring-Gai	16.94
7 Jack Burrow		Northern Districts	17.14
8 Toby Ross		Hornsby	17.26
Heat 2 Heats			
1 Wol Albino		Hornsby	15.65Q
2 Lennox Cleary		Manly Warringah	16.47Q
3 Zac Gedz		Manly Warringah	16.49Q
4 Jake Fourie		Ku-Ring-Gai	16.50q

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 9 - 100 Metre Sprint**

5 Riley King	Manly Warringah	16.51
6 Max Hole	Mosman	16.91
7 Cooper Guthrie	Northern Districts	17.18

Boys U 9 - 100 Metre Sprint

=====			
	Zone: Z 14.60	02-Feb-13	Zachery Gardner, Manly Warrin
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Wol Albino		Hornsby	15.58
2 Jimmy Thebridge		Ku-Ring-Gai	15.61
3 Gerhardus Burger		Ku-Ring-Gai	16.20
4 Oskar Berglund		Manly Warringah	16.25
5 Harrison Miller		Mosman	16.49
6 Lennox Cleary		Manly Warringah	16.53
7 Jake Fourie		Ku-Ring-Gai	16.65
8 Zac Gedz		Manly Warringah	16.77

Boys U 10 - 100 Metre Sprint

=====			
	Zone: Z 14.18	25-Jan-14	Zachery Gardner, Manly Warrin
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Brodie Shearer		Ku-Ring-Gai	14.83Q
2 Oliver Nicol		Manly Warringah	15.03Q
3 Atticus Rowland-Stefanic		Ku-Ring-Gai	15.50
4 Harry Sexton		Manly Warringah	15.51
5 Aidan Hall		Hornsby	15.64
6 Oliver Ashley		Northern Districts	16.57
Heat 2 Heats			
1 Ethan Grimshaw		Manly Warringah	15.04Q
2 Leo Robinson		Manly Warringah	15.19Q
3 Finn Pereira		Mosman	15.48q
4 Harper Enasio		Northern Districts	15.79
5 Xavier Frost		Mosman	16.39
6 Elijah Hamer		Northern Districts	18.51
Heat 3 Heats			
1 Brody Folkes		Mosman	14.58Q
2 Lars Ackland		Ku-Ring-Gai	14.90Q
3 Dominic D'Souza		Hornsby	15.36q
4 Thomas Kierse		Mosman	15.86
5 Lachlan Blackwell		Hornsby	16.46

Boys U 10 - 100 Metre Sprint

=====			
	Zone: Z 14.18	25-Jan-14	Zachery Gardner, Manly Warrin
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Brody Folkes		Mosman	14.27
2 Brodie Shearer		Ku-Ring-Gai	14.62
3 Lars Ackland		Ku-Ring-Gai	14.66
4 Oliver Nicol		Manly Warringah	14.70
5 Ethan Grimshaw		Manly Warringah	14.77

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 10 - 100 Metre Sprint**

6	Leo Robinson	Manly Warringah	14.85
7	Dominic D'Souza	Hornsby	14.97
8	Finn Pereira	Mosman	15.22

Boys U 11 - 100 Metre Sprint

=====			
Zone: Z 13.60 02-Apr-05 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	William Tye	Hornsby	14.36Q
2	Lucas Kwan	Ku-Ring-Gai	14.59Q
3	Alexander Targett	Ku-Ring-Gai	15.40
4	Rohan Saha	Hornsby	15.83
5	Joshua Harding	Northern Districts	24.18
Heat 2 Heats			
1	Prince Kamara	Manly Warringah	14.19Q
2	Christiaan Maritz	Manly Warringah	14.87Q
3	Kalan Harding	Northern Districts	14.95
4	Billy Ryan	Manly Warringah	15.12
5	Samuel Robinson	Mosman	15.24
6	Blake Miller	Northern Districts	17.07
Heat 3 Heats			
1	Dylan Hall	Ku-Ring-Gai	13.70Q
2	Cooper Elkins	Manly Warringah	13.97Q
3	Boston Penfold	Ku-Ring-Gai	14.52q
4	Thomas Hartman	Mosman	14.63q
5	Charlie Mott	Mosman	14.67
6	Toby Miller	Northern Districts	17.27

Boys U 11 - 100 Metre Sprint

=====			
Zone: Z 13.60 02-Apr-05 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Dylan Hall	Ku-Ring-Gai	13.51Z
2	Cooper Elkins	Manly Warringah	13.83
3	Prince Kamara	Manly Warringah	14.01
4	Boston Penfold	Ku-Ring-Gai	14.36
5	William Tye	Hornsby	14.40
6	Lucas Kwan	Ku-Ring-Gai	14.45
7	Christiaan Maritz	Manly Warringah	14.67
8	Charlie Mott	Mosman	14.71

Boys U 12 - 100 Metre Sprint

=====			
Zone: Z 12.90 05-Feb-05 Kane Thompson, Manly Warringa			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	13.84Q
2	Brodie Waldock	Ku-Ring-Gai	14.30Q
3	James Harden	Ku-Ring-Gai	14.34Q
4	Charlie Moriarty	Mosman	14.39q
5	Kisho Carlino-Mizuno	Northern Districts	14.62q

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 12 - 100 Metre Sprint**

6	Lukas Muller	Manly Warringah	14.69
7	Corban Ross	Hornsby	14.74
8	Finnlay Bartlett	Mosman	14.92

Heat 2 Heats

1	Jett Sully	Manly Warringah	13.71Q
2	Tylan Black-Berryman	Manly Warringah	14.35Q
3	Marcus Warner	Mosman	14.39Q
4	Will Matheson	Mosman	14.63
5	Timothy Forster	Hornsby	14.68
6	Eli Kenney	Manly Warringah	14.69
7	Matt Ashcroft	Hornsby	14.95

Boys U 12 - 100 Metre Sprint

=====
 Zone: Z 12.90 05-Feb-05 Kane Thompson, Manly Warringah

Name Age Centre Final
 =====

Section 1 Final

1	Jett Sully	Manly Warringah	13.44
2	Lachlan Herbert	Ku-Ring-Gai	13.46
3	Tylan Black-Berryman	Manly Warringah	14.04
4	Charlie Moriarty	Mosman	14.20
5	Brodie Waldock	Ku-Ring-Gai	14.21
6	Marcus Warner	Mosman	14.33
7	James Harden	Ku-Ring-Gai	14.37
8	Kisho Carlino-Mizuno	Northern Districts	14.61

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.40 04-Feb-06 Kane Thompson, Manly Warringah

Name Age Centre Heats
 =====

Heat 1 Heats

1	Joshua Gedz	Manly Warringah	12.94Q
2	Henry Roberts	Mosman	13.73Q
3	Tama Simpkins	Northern Districts	14.38Q
4	Thomas FitzGerald	Ku-Ring-Gai	14.48
5	Ethan James	Manly Warringah	15.15

Heat 2 Heats

1	Aidan Jones	Ku-Ring-Gai	13.52Q
2	Matthew Roberts	Northern Districts	14.71Q
3	Adam Rope	Manly Warringah	15.06Q
4	Malakye Enasio	Northern Districts	15.34
5	Zane Newton	Northern Districts	15.46

Heat 3 Heats

1	Zachary Flynn	Manly Warringah	13.49Q
2	Albert Ingleton	Mosman	14.30Q
3	Thomas Taylor-King	Manly Warringah	14.42Q
4	Arav Sathyan	Mosman	14.74
5	Byron Bakker	Manly Warringah	15.14

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 13 - 100 Metre Sprint**

Zone: Z 12.40 04-Feb-06 Kane Thompson, Manly Warringa			
Name	Age	Centre	Final
Section 1 Final			
1 Joshua Gedz		Manly Warringah	13.01
2 Aidan Jones		Ku-Ring-Gai	13.60
3 Zachary Flynn		Manly Warringah	13.82
4 Henry Roberts		Mosman	13.83
5 Tama Simpkins		Northern Districts	14.42
6 Albert Ingleton		Mosman	14.45
7 Matthew Roberts		Northern Districts	14.59
8 Thomas Taylor-King		Manly Warringah	14.71

Boys U 14 - 100 Metre Sprint

Zone: Z 12.00 03-Feb-07 Kane Thompson, Manly Warringa			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Angus Ritchie		Manly Warringah	12.53Q
2 Cooper Kent		Manly Warringah	13.02Q
3 Yianni Fotias		Hornsby	13.10q
4 Jonah Koppers		Mosman	13.18
5 Tomas Dennett		Ku-Ring-Gai	14.12
Heat 2 Heats			
1 Archie Saunders		Manly Warringah	12.76Q
2 Fynn George		Manly Warringah	13.34Q
3 Domenico De Stradis		Hornsby	13.59
4 Cameron Kemmis		Hornsby	13.67
5 Seong Juny Park		Ku-Ring-Gai	13.92
Heat 3 Heats			
1 Riley Hemsworth		Ku-Ring-Gai	12.43Q
2 Eli Sagala		Northern Districts	12.64Q
3 Sebastian Doney		Ku-Ring-Gai	12.91q
4 Zachery Gardner		Manly Warringah	13.20
5 Ben MacNamara		Ku-Ring-Gai	14.03

Boys U 14 - 100 Metre Sprint

Zone: Z 12.00 03-Feb-07 Kane Thompson, Manly Warringa			
Name	Age	Centre	Final
Section 1 Final			
1 Riley Hemsworth		Ku-Ring-Gai	12.20
2 Angus Ritchie		Manly Warringah	12.39
3 Archie Saunders		Manly Warringah	12.42
4 Eli Sagala		Northern Districts	12.63
5 Sebastian Doney		Ku-Ring-Gai	12.84
6 Yianni Fotias		Hornsby	13.03
7 Fynn George		Manly Warringah	13.12
8 Cooper Kent		Manly Warringah	13.29

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 15 - 100 Metre Sprint**

Zone: Z 11.48 04-Feb-12 Joshua Swan, Mosman			
Name	Age	Centre	Final
Section 1			
1 Ewan Burns		Manly Warringah	12.21
2 Connor Bond		Ku-Ring-Gai	12.22
3 Oskar Enasio		Northern Districts	12.70
4 ryan crane		Manly Warringah	12.77
5 Charlie Hamill		Manly Warringah	13.69

Boys U 17 - 100 Metre Sprint

Zone: Z 10.92 02-Feb-13 Joshua Swan, Mosman			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ellis Teudt		Manly Warringah	11.54Q
2 Alexander Willett		Manly Warringah	12.19Q
3 Jack Wrightson		Manly Warringah	12.27Q
4 Harrison Carvell		Mosman	13.12q
5 Elijah Khallouf		Northern Districts	13.43q
Heat 2 Heats			
1 Jonathan Bell		Ku-Ring-Gai	12.26Q
2 Ben Simpson		Manly Warringah	12.64Q
3 James Swinton		Ku-Ring-Gai	12.81Q
4 Nathan Rossi		Hornsby	13.50
5 Benjamin McNamara		Northern Districts	13.61

Boys U 17 - 100 Metre Sprint

Zone: Z 10.92 02-Feb-13 Joshua Swan, Mosman			
Name	Age	Centre	Final
Section 1 Final			
1 Ellis Teudt		Manly Warringah	11.52
2 Jonathan Bell		Ku-Ring-Gai	11.85
3 Jack Wrightson		Manly Warringah	12.04
4 Alexander Willett		Manly Warringah	12.44
5 Ben Simpson		Manly Warringah	12.59
6 James Swinton		Ku-Ring-Gai	12.90
7 Harrison Carvell		Mosman	13.32

Boys U 7 - 200 Metre Sprint

Zone: Z 34.55 10-Dec-16 Rian Conners, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Frederick Ward		Mosman	39.15Q
2 Jacoby Neal		Ku-Ring-Gai	40.23Q
3 Zac Yates		Mosman	42.49
4 Edward Streeter		Northern Districts	43.04
5 Daniel Sims		Hornsby	43.07
Heat 2 Heats			
1 Cooper Gray		Manly Warringah	37.80Q
2 Kai Gibbons		Northern Districts	39.24Q

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 7 - 200 Metre Sprint

3	Callum Gilchrist	Ku-Ring-Gai	40.11
4	Christian Bayett	Ku-Ring-Gai	41.15
5	Cyan Couch	Mosman	41.34
6	Sebastian Duddle	Hornsby	41.41

Heat 3 Heats

1	Ethan Nagle	Manly Warringah	38.19Q
2	Preston Brell	Manly Warringah	38.56Q
3	Thomas Vedris	Hornsby	38.98q
4	Zac Soden	Ku-Ring-Gai	39.53q
5	Jake Eldridge	Manly Warringah	40.63
6	Samuel Vecchio	Mosman	42.76

Boys U 7 - 200 Metre Sprint

=====
 Zone: Z 34.55 10-Dec-16 Rian Conners, Ku-Ring-Gai
 Name Age Centre Final
 =====

Section 1 Final

1	Cooper Gray	Manly Warringah	38.32
2	Ethan Nagle	Manly Warringah	38.91
3	Kai Gibbons	Northern Districts	39.20
4	Frederick Ward	Mosman	39.70
5	Jacoby Neal	Ku-Ring-Gai	40.10
6	Zac Soden	Ku-Ring-Gai	40.45
7	Thomas Vedris	Hornsby	40.91
8	Preston Brell	Manly Warringah	41.23

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 32.30 07-Feb-99 Michael Oldfield, Manly Warri
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Rian Conners	Ku-Ring-Gai	33.86Q
2	Finn Bailey	Manly Warringah	34.62Q
3	Hamish Webber	Ku-Ring-Gai	35.21Q
4	Aidan Donovan	Ku-Ring-Gai	38.16q
5	Adrian Kwan	Ku-Ring-Gai	38.92q
6	Ayden Pethybridge	Northern Districts	39.10

Heat 2 Heats

1	Ewan Keep	Manly Warringah	34.26Q
2	Riley Blaxell	Manly Warringah	34.71Q
3	Jeffrey Benoliel	Mosman	36.66Q
4	Neil Maini	Hornsby	39.01

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 32.30 07-Feb-99 Michael Oldfield, Manly Warri
 Name Age Centre Final
 =====

Section 1 Final

1	Rian Conners	Ku-Ring-Gai	33.17
2	Finn Bailey	Manly Warringah	33.98
3	Ewan Keep	Manly Warringah	34.30
4	Riley Blaxell	Manly Warringah	34.45
5	Hamish Webber	Ku-Ring-Gai	35.24

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 8 - 200 Metre Sprint

6 Jeffrey Benoliel	Mosman	37.45
7 Adrian Kwan	Ku-Ring-Gai	38.81
8 Aidan Donovan	Ku-Ring-Gai	38.99

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.10 07-Feb-97 Michael Hoekman, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Oskar Berglund	Manly Warringah	33.09Q
2 Jimmy Thebridge	Ku-Ring-Gai	33.14Q
3 Joel Daily	Mosman	33.17Q
4 Aidan Miller	Ku-Ring-Gai	34.10q
5 Max Dennett	Ku-Ring-Gai	34.62q
6 Nicholas Bayett	Ku-Ring-Gai	34.90
7 Tyson Solomon	Manly Warringah	35.83

Heat 2 Heats

1 Conrad Blackwell-Smith	Mosman	33.79Q
2 Wol Albino	Hornsby	35.11Q
3 Riley Grant	Mosman	35.73Q
4 Lennox Cleary	Manly Warringah	35.82
5 Matthew Lipman	Northern Districts	36.18
6 Quinton Smith	Hornsby	38.22
7 Matthew Sims	Hornsby	45.85

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.10 07-Feb-97 Michael Hoekman, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1 Jimmy Thebridge	Ku-Ring-Gai	31.83
2 Conrad Blackwell-Smith	Mosman	31.90
3 Joel Daily	Mosman	33.29
4 Max Dennett	Ku-Ring-Gai	33.60
5 Oskar Berglund	Manly Warringah	33.61
6 Aidan Miller	Ku-Ring-Gai	33.70
7 Wol Albino	Hornsby	33.76
8 Riley Grant	Mosman	34.34

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.30 07-Feb-01 Justin Hayward, Manly Warring
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Oliver Stokeld	Manly Warringah	29.96Q
2 Lars Ackland	Ku-Ring-Gai	30.10Q
3 Harry Sexton	Manly Warringah	30.50q
4 Archie Hendry	Manly Warringah	31.52q
5 Finn Pereira	Mosman	32.64

Heat 2 Heats

1 Brody Folkes	Mosman	30.51Q
2 Rashaan Katapodi	Hornsby	34.14Q
3 Oliver Ashley	Northern Districts	34.46

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 10 - 200 Metre Sprint

4 Wesley Streeter	Northern Districts	37.06
Heat 3 Heats		
1 Samuel Kay	Ku-Ring-Gai	31.17Q
2 Ethan Grimshaw	Manly Warringah	32.20Q
3 William Taylor	Mosman	32.72
4 Dominic D'Souza	Hornsby	32.81
5 Xavier Frost	Mosman	34.92

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.30 07-Feb-01 Justin Hayward, Manly Warring
 Name Age Centre Final
 =====

Section 1 Final

1 Brody Folkes	Mosman	29.46
2 Oliver Stokeld	Manly Warringah	30.65
3 Ethan Grimshaw	Manly Warringah	30.92
4 Harry Sexton	Manly Warringah	30.99
5 Samuel Kay	Ku-Ring-Gai	31.03
6 Lars Ackland	Ku-Ring-Gai	31.09
6 Archie Hendry	Manly Warringah	31.09
8 Rashaan Katapodi	Hornsby	34.43

Boys U 11 - 200 Metre Sprint

=====
 Zone: Z 27.90 08-Feb-04 Kane Thompson, Manly Warringa
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Dylan Hall	Ku-Ring-Gai	28.81Q
2 Boston Penfold	Ku-Ring-Gai	29.88Q
3 William Tye	Hornsby	30.18q
4 Thomas Hartman	Mosman	31.88
5 Cole Ingleton	Mosman	33.78
6 William Lipman	Northern Districts	34.63
7 Geoffrey Herbert	Northern Districts	52.41

Heat 2 Heats

1 Christiaan Maritz	Manly Warringah	30.06Q
2 Prince Kamara	Manly Warringah	30.66Q
3 Caleb Ashton	Ku-Ring-Gai	31.29q
4 Ben Fairbrother	Manly Warringah	32.17
5 Ethan Waite	Northern Districts	33.58
6 Rohan Saha	Hornsby	33.95

Heat 3 Heats

1 Cooper Elkins	Manly Warringah	28.37Q
2 Will Soden	Ku-Ring-Gai	31.58Q
3 James Ritchie	Mosman	32.58
4 Jack Thompson	Mosman	33.01
5 Leon Rosenberg	Hornsby	35.28

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 11 - 200 Metre Sprint**

Zone: Z 27.90 08-Feb-04 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Dylan Hall		Ku-Ring-Gai	28.20
2 Cooper Elkins		Manly Warringah	28.84
3 Boston Penfold		Ku-Ring-Gai	30.55
4 Christiaan Maritz		Manly Warringah	30.86
5 Prince Kamara		Manly Warringah	31.09
6 Caleb Ashton		Ku-Ring-Gai	31.13
7 Will Soden		Ku-Ring-Gai	31.70
8 William Tye		Hornsby	31.73

Boys U 12 - 200 Metre Sprint

Zone: Z 26.60 05-Feb-05 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 James Harden		Ku-Ring-Gai	28.25Q
2 Joshua Riddle		Ku-Ring-Gai	28.82Q
3 Isaac Coghlan		Manly Warringah	29.52Q
4 Brodie Waldock		Ku-Ring-Gai	29.71q
5 Dylan Van Grootel		Manly Warringah	29.74
Heat 2 Heats			
1 Jett Sully		Manly Warringah	28.37Q
2 Lachlan Herbert		Ku-Ring-Gai	28.38Q
3 Tylan Black-Berryman		Manly Warringah	29.45Q
4 Marcus Warner		Mosman	29.65q

Boys U 12 - 200 Metre Sprint

Zone: Z 26.60 05-Feb-05 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Herbert		Ku-Ring-Gai	28.29
2 Jett Sully		Manly Warringah	28.62
3 James Harden		Ku-Ring-Gai	29.07
4 Joshua Riddle		Ku-Ring-Gai	29.54
5 Brodie Waldock		Ku-Ring-Gai	29.85
6 Marcus Warner		Mosman	30.15
7 Tylan Black-Berryman		Manly Warringah	30.24
8 Isaac Coghlan		Manly Warringah	31.19

Boys U 13 - 200 Metre Sprint

Zone: Z 25.40 05-Feb-06 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Joshua Gedz		Manly Warringah	26.84Q
2 Aidan Jones		Ku-Ring-Gai	28.93Q
3 Evan Neal		Manly Warringah	29.07Q
4 Lachlan Binnekamp		Manly Warringah	29.50q
5 Albert Ingleton		Mosman	30.31q

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 13 - 200 Metre Sprint

6 Luca Bell	Manly Warringah	32.69
Heat 2 Heats		
1 Zachary Flynn	Manly Warringah	28.13Q
2 Henry Roberts	Mosman	28.95Q
3 Josh Mitchell	Hornsby	30.38Q
4 Arav Sathyan	Mosman	31.30
5 Aiden Collins	Hornsby	32.88
6 Adam Rope	Manly Warringah	33.24
7 Zane Newton	Northern Districts	33.55

Boys U 13 - 200 Metre Sprint

=====
 Zone: Z 25.40 05-Feb-06 Kane Thompson, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1 Joshua Gedz	Manly Warringah	26.40
2 Aidan Jones	Ku-Ring-Gai	26.83
2 Zachary Flynn	Manly Warringah	26.83
4 Henry Roberts	Mosman	28.21
5 Lachlan Binnekamp	Manly Warringah	29.10
6 Evan Neal	Manly Warringah	29.12
7 Josh Mitchell	Hornsby	30.91

Boys U 14 - 200 Metre Sprint

=====
 Zone: Z 23.79 11-Dec-16 Max Mander, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Angus Ritchie	Manly Warringah	25.43Q
2 Zachery Gardner	Manly Warringah	26.87Q
3 Yianni Fotias	Hornsby	27.05Q
4 Sebastian Doney	Ku-Ring-Gai	27.18q
5 Fynn George	Manly Warringah	27.58
6 Tomas Dennett	Ku-Ring-Gai	29.44

Heat 2 Heats

1 Archie Saunders	Manly Warringah	25.82Q
2 Eli Sagala	Northern Districts	26.00Q
3 Dylan Charlier	Manly Warringah	26.44Q
4 Cooper Kent	Manly Warringah	27.47q
5 Oliver Barry	Hornsby	27.72
6 Vince Shrestha	Ku-Ring-Gai	29.38

Boys U 14 - 200 Metre Sprint

=====
 Zone: Z 23.79 11-Dec-16 Max Mander, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1 Angus Ritchie	Manly Warringah	25.11
2 Archie Saunders	Manly Warringah	25.67
3 Eli Sagala	Northern Districts	25.89
4 Dylan Charlier	Manly Warringah	26.22
5 Zachery Gardner	Manly Warringah	26.27
6 Yianni Fotias	Hornsby	26.39

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 14 - 200 Metre Sprint

7 Sebastian Doney Ku-Ring-Gai 26.65

Boys U 15 - 200 Metre Sprint

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=====
Zone: Z 23.65 04-Feb-12 Joshua Swan, Mosman
Name                      Age Centre                      Final
=====

```

Section 1

```

1 Ewan Burns                      Manly Warringah                      24.62
2 Connor Bond                      Ku-Ring-Gai                      25.04
3 Oskar Enasio                      Northern Districts                      25.70
4 ryan crane                      Manly Warringah                      25.72
4 Eden Russell                      Manly Warringah                      25.72

```

Boys U 17 - 200 Metre Sprint

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=====
Zone: Z 22.56 03-Feb-13 Joshua Swan, Mosman
Name                      Age Centre                      Heats
=====

```

Heat 1 Heats

```

1 Michael Moore                      Mosman                      24.59Q
2 Ben Simpson                      Manly Warringah                      25.69Q
3 Felix Scott                      Mosman                      25.73Q
4 James Swinton                      Ku-Ring-Gai                      25.84q
5 Harrison Carvell                      Mosman                      27.19
6 Luke Van Ratingen                      Manly Warringah                      35.04

```

Heat 2 Heats

```

1 Jonathan Bell                      Ku-Ring-Gai                      24.73Q
2 Andrew Land                      Manly Warringah                      24.76Q
3 Jack Wrightson                      Manly Warringah                      25.09Q
4 Lucas Brown                      Manly Warringah                      26.58q

```

Boys U 17 - 200 Metre Sprint

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=====
Zone: Z 22.56 03-Feb-13 Joshua Swan, Mosman
Name                      Age Centre                      Final
=====

```

Section 1 Final

```

1 Jonathan Bell                      Ku-Ring-Gai                      23.70
2 Jack Wrightson                      Manly Warringah                      24.40
3 Michael Moore                      Mosman                      24.50
4 Andrew Land                      Manly Warringah                      24.69
5 Felix Scott                      Mosman                      25.07
6 James Swinton                      Ku-Ring-Gai                      26.11
7 Lucas Brown                      Manly Warringah                      26.77
8 Ben Simpson                      Manly Warringah                      28.01

```

Boys U 8 - 400 Metre Sprint

```

=====
Zone: Z 1:12.80 07-Feb-04 Matt Dunsmore, Manly Warrin
Name                      Age Centre                      Heats
=====

```

Heat 1 Heats

```

1 Rian Conners                      Ku-Ring-Gai                      1:14.14Q
2 Hamish Webber                      Ku-Ring-Gai                      1:16.52Q
3 Levi Maher                      Hornsby                      1:16.68Q

```

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 8 - 400 Metre Sprint

4 Angus Seve	Manly Warringah	1:21.24q
5 Thomas Gocher	Mosman	1:25.92
6 Kase Willis-Jansen	Ku-Ring-Gai	1:30.16

Heat 2 Heats

1 Ewan Keep	Manly Warringah	1:14.27Q
2 Finn Bailey	Manly Warringah	1:16.18Q
3 Samuel Newsham	Manly Warringah	1:19.02Q
4 Hugo Stewart	Mosman	1:23.39q
5 Lucas Rogers	Northern Districts	1:24.64
6 William Durer	Ku-Ring-Gai	1:26.27

Boys U 8 - 400 Metre Sprint

=====
 Zone: Z 1:12.80 07-Feb-04 Matt Dunsmore, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1 Rian Conners	Ku-Ring-Gai	1:13.32
2 Finn Bailey	Manly Warringah	1:15.04
3 Ewan Keep	Manly Warringah	1:15.47
4 Levi Maher	Hornsby	1:17.85
5 Hugo Stewart	Mosman	1:18.32
6 Hamish Webber	Ku-Ring-Gai	1:18.48
7 Samuel Newsham	Manly Warringah	1:18.98
8 Angus Seve	Manly Warringah	1:24.27

Boys U 9 - 400 Metre Sprint

=====
 Zone: Z 1:08.70 05-Feb-05 Matthew Dunsmore, Manly War
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Conrad Blackwell-Smith	Mosman	1:13.46Q
2 Max Dennett	Ku-Ring-Gai	1:15.42Q
3 Oliver Sollberger	Manly Warringah	1:19.99Q
4 Oliver Sanbrook	Manly Warringah	1:20.59
5 Oskar Berglund	Manly Warringah	1:21.37
6 Jeremy Huybrechs-Chung	Northern Districts	1:29.28
7 Matthew Sims	Hornsby	1:40.56

Heat 2 Heats

1 Riley Grant	Mosman	1:14.85Q
2 Harrison Miller	Mosman	1:16.47Q
3 Ben Jones	Mosman	1:17.10Q
4 Matthew Lipman	Northern Districts	1:17.26q
5 Tyson Neal	Ku-Ring-Gai	1:17.34q
6 Tyler Brown	Manly Warringah	1:18.88

Boys U 9 - 400 Metre Sprint

=====
 Zone: Z 1:08.70 05-Feb-05 Matthew Dunsmore, Manly War
 Name Age Centre Final
 =====

Section 1 Final

1 Conrad Blackwell-Smith	Mosman	1:12.59
2 Max Dennett	Ku-Ring-Gai	1:14.21
3 Riley Grant	Mosman	1:16.72

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 9 - 400 Metre Sprint

4 Matthew Lipman	Northern Districts	1:17.27
5 Harrison Miller	Mosman	1:18.06
6 Ben Jones	Mosman	1:18.66
7 Oliver Sollberger	Manly Warringah	1:19.33
8 Tyson Neal	Ku-Ring-Gai	1:20.10

Boys U 10 - 400 Metre Sprint

=====
 Zone: Z 1:05.35 12-Dec-15 Lachlan Herbert, Ku-Ring-Ga
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Samuel Kay	Ku-Ring-Gai	1:07.83Q
2 Oliver Stokeld	Manly Warringah	1:08.89Q
3 Jack Osborne	Ku-Ring-Gai	1:12.41Q
4 Leo Brown	Manly Warringah	1:12.45q
5 Amos Mashiah	Hornsby	1:14.10q
6 Henri Blackley	Mosman	1:19.31
7 Jason Tonkin	Mosman	1:19.91
8 Nicholas Kachel	Hornsby	1:21.42

Heat 2 Heats

1 Ethan Grimshaw	Manly Warringah	1:08.26Q
2 Liam Keep	Manly Warringah	1:10.50Q
3 Christian Camus	Mosman	1:11.40Q
4 James Amoils	Ku-Ring-Gai	1:18.42
5 Thomas Kierse	Mosman	1:20.22
6 Luke Woods	Hornsby	1:24.77
7 Dylan Allabush	Ku-Ring-Gai	1:26.43

Boys U 10 - 400 Metre Sprint

=====
 Zone: Z 1:05.35 12-Dec-15 Lachlan Herbert, Ku-Ring-Ga
 Name Age Centre Final
 =====

Section 1 Final

1 Christian Camus	Mosman	1:07.30
2 Oliver Stokeld	Manly Warringah	1:08.84
3 Jack Osborne	Ku-Ring-Gai	1:10.48
4 Liam Keep	Manly Warringah	1:11.35
5 Samuel Kay	Ku-Ring-Gai	1:11.98
6 Amos Mashiah	Hornsby	1:12.28
7 Leo Brown	Manly Warringah	1:13.50
8 Ethan Grimshaw	Manly Warringah	1:17.62

Boys U 11 - 400 Metre Sprint

=====
 Zone: Z 1:03.20 07-Feb-93 David Geddes, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1 James Ritchie	Mosman	1:07.70Q
2 Will Kay	Ku-Ring-Gai	1:08.61Q
3 Isaac Brooks	Mosman	1:08.94q
4 Harvey Monnock	Manly Warringah	1:10.72q
5 Boston Penfold	Ku-Ring-Gai	1:13.43q
6 Nathan Pereira	Hornsby	1:15.34

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 11 - 400 Metre Sprint

7 Oliver Dawson	Manly Warringah	1:17.72
8 Geoffrey Herbert	Northern Districts	1:50.44
Heat 2 Heats		
1 Billy Peek	Manly Warringah	1:06.44Q
2 Will Soden	Ku-Ring-Gai	1:09.30Q
3 Caleb Ashton	Ku-Ring-Gai	1:10.10q
4 Charlie Mott	Mosman	1:16.22
5 Lucas Lund	Manly Warringah	1:17.46
6 William Lipman	Northern Districts	1:18.77
7 Blake Miller	Northern Districts	1:20.85

Boys U 11 - 400 Metre Sprint

=====
 Zone: Z 1:03.20 07-Feb-93 David Geddes, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1 Billy Peek	Manly Warringah	1:05.17
2 James Ritchie	Mosman	1:06.22
3 Will Soden	Ku-Ring-Gai	1:09.09
4 Caleb Ashton	Ku-Ring-Gai	1:09.46
5 Will Kay	Ku-Ring-Gai	1:09.71
6 Harvey Monnock	Manly Warringah	1:10.11
7 Isaac Brooks	Mosman	1:10.26
8 Boston Penfold	Ku-Ring-Gai	1:18.10

Boys U 12 - 400 Metre Sprint

=====
 Zone: Z 1:00.88 13-Dec-14 James Constable, Ku-Ring-Ga
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Dejan Boicheski	Manly Warringah	1:06.41Q
2 Arthur Taylor	Ku-Ring-Gai	1:07.71Q
3 Colt Paterson	Manly Warringah	1:12.52Q
4 Marcus Warner	Mosman	1:12.89q
5 Isaac Coghlan	Manly Warringah	1:14.91

Heat 2 Heats

1 Lachlan Herbert	Ku-Ring-Gai	1:06.36Q
2 James Harden	Ku-Ring-Gai	1:08.32Q
3 Charlie Bowtell	Manly Warringah	1:08.63Q
4 Oscar Blackley	Mosman	1:14.03q

Boys U 12 - 400 Metre Sprint

=====
 Zone: Z 1:00.88 13-Dec-14 James Constable, Ku-Ring-Ga
 Name Age Centre Final
 =====

Section 1 Final

1 Lachlan Herbert	Ku-Ring-Gai	1:03.33
2 James Harden	Ku-Ring-Gai	1:03.40
3 Charlie Bowtell	Manly Warringah	1:06.61
4 Colt Paterson	Manly Warringah	1:10.91
5 Marcus Warner	Mosman	1:17.53

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 13 - 400 Metre Sprint**

Zone: Z 57.90 07-Feb-94 Scott Fraser, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zachary Flynn		Manly Warringah	1:00.11Q
2 Jake Eagland		Manly Warringah	1:00.58Q
3 Arav Sathyan		Mosman	1:09.83Q
4 Finn Walsh		Hornsby	1:13.17
5 Matthew Roberts		Northern Districts	1:13.62
6 Adam Rope		Manly Warringah	1:18.78
Heat 2 Heats			
1 Ethan Oliver		Northern Districts	1:04.27Q
2 Lachlan Binnekamp		Manly Warringah	1:04.81Q
3 Nicholas Hyde		Mosman	1:05.35Q
4 Lucas Hamill		Manly Warringah	1:08.40q
5 Daniel Hatch		Northern Districts	1:09.15q
6 Thomas FitzGerald		Ku-Ring-Gai	1:10.66

Boys U 13 - 400 Metre Sprint

Zone: Z 57.90 07-Feb-94 Scott Fraser, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Zachary Flynn		Manly Warringah	59.05
2 Ethan Oliver		Northern Districts	59.85
3 Jake Eagland		Manly Warringah	1:00.67
4 Lachlan Binnekamp		Manly Warringah	1:03.95
5 Lucas Hamill		Manly Warringah	1:06.65
6 Nicholas Hyde		Mosman	1:07.11
7 Daniel Hatch		Northern Districts	1:10.63
8 Arav Sathyan		Mosman	1:13.80

Boys U 14 - 400 Metre Sprint

Zone: Z 53.13 10-Dec-16 Ewan Burns, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Dylan Charlier		Manly Warringah	56.74Q
2 Jonah Koppers		Mosman	57.10Q
3 Yianni Fotias		Hornsby	57.40Q
4 Zachery Gardner		Manly Warringah	1:01.90q
5 Tomas Dennett		Ku-Ring-Gai	1:06.29
Heat 2 Heats			
1 Angus Ritchie		Manly Warringah	55.75Q
2 Fynn George		Manly Warringah	58.81Q
3 Oliver Barry		Hornsby	59.19Q
4 Marco DE Paulis		Northern Districts	1:00.02q
5 Lachlan Farquhar		Manly Warringah	1:03.97

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 14 - 400 Metre Sprint**

Zone: Z 53.13 10-Dec-16 Ewan Burns, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Angus Ritchie		Manly Warringah	55.53
2 Dylan Charlier		Manly Warringah	57.62
3 Zachery Gardner		Manly Warringah	58.32
4 Yianni Fotias		Hornsby	58.96
5 Oliver Barry		Hornsby	59.47
6 Jonah Koppers		Mosman	59.71
7 Marco DE Paulis		Northern Districts	1:00.78

Boys U 15 - 400 Metre Sprint

Zone: Z 51.58 04-Feb-12 Patrick Frith, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1 Ewan Burns		Manly Warringah	55.53
2 Oskar Enasio		Northern Districts	1:00.76
3 Colm Walsh		Ku-Ring-Gai	1:01.17
4 Liam Oliver		Northern Districts	1:02.49
5 Jack Stokeld		Manly Warringah	1:03.91

Boys U 17 - 400 Metre Sprint

Zone: Z 49.98 02-Feb-13 Joshua Swan, Mosman			
Name	Age	Centre	Final
1 Daniel Rasmussen		Manly Warringah	51.35
2 Felix Scott		Mosman	52.72
3 Gerard Lang		Manly Warringah	53.76
4 Andrew Land		Manly Warringah	56.16
5 Hugo Blackley		Mosman	56.48
6 Jack McFadden		Ku-Ring-Gai	56.99
7 Angus Cutbill		Manly Warringah	57.08
8 Lucas Brown		Manly Warringah	59.58

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:43.00 08-Feb-04 Justin Brown, Manly Warringah			
Name	Age	Centre	Final
1 Cooper Gray		Manly Warringah	1:43.84
2 Max Persson		Manly Warringah	1:54.48
3 Max McIntosh		Ku-Ring-Gai	1:55.98
4 Kaelan Jones		Northern Districts	1:56.97
5 Samuel Vecchio		Mosman	2:01.14
6 Ethan Nagle		Manly Warringah	2:01.40
7 Zac Yates		Mosman	2:02.92
8 Cyan Couch		Mosman	2:03.92
9 Zac Soden		Ku-Ring-Gai	2:05.73
10 Christian Bayett		Ku-Ring-Gai	2:11.25
11 Daniel Sims		Hornsby	2:11.95
12 Joshua Fung		Ku-Ring-Gai	2:12.73
13 Preston Brell		Manly Warringah	2:16.28

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 8 - 700 Metre Run Pack Start**

Zone: Z 2:21.00 05-Feb-09 Adam Halmy, Northern Distri			
Name	Age	Centre	Final
1 Hamish Webber		Ku-Ring-Gai	2:27.50
2 Levi Maher		Hornsby	2:28.92
3 Hugo Stewart		Mosman	2:30.51
4 Angus Seve		Manly Warringah	2:31.42
5 Ewan Keep		Manly Warringah	2:31.90
6 Tom Shrivell		Manly Warringah	2:33.53
7 Samuel Newsham		Manly Warringah	2:35.81
8 Archie Hetherington		Ku-Ring-Gai	2:40.84
9 Luke Osborne		Ku-Ring-Gai	2:41.81
10 Thomas Gocher		Mosman	2:46.04
11 William Durer		Ku-Ring-Gai	2:50.42
12 Remy Camus		Mosman	2:54.60

Boys U 9 - 800 Metre Run

Zone: Z 2:36.20 07-Feb-95 Doug Edmonds, Manly Warring			
Name	Age	Centre	Final
1 Conrad Blackwell-Smith		Mosman	2:45.76
2 Max Dennett		Ku-Ring-Gai	2:48.66
3 Riley Grant		Mosman	2:52.08
4 Jacob Kimball		Manly Warringah	2:52.41
5 Nicholas Bayett		Ku-Ring-Gai	2:55.27
6 Aidan Miller		Ku-Ring-Gai	2:55.68
7 Max Hole		Mosman	2:55.99
8 Matthew Lipman		Northern Districts	2:56.51
9 Daniel Couper		Hornsby	2:56.71
10 Campbell Whalan		Hornsby	2:56.99
11 Oliver Sollberger		Manly Warringah	2:58.02
12 Daniel Gregory		Ku-Ring-Gai	3:02.46
13 Harrison Miller		Mosman	3:03.26
14 Harper Whiteley		Manly Warringah	3:03.66
15 Dylan Mortimer		Manly Warringah	3:14.04
16 Jeremy Huybrechs-Chung		Northern Districts	3:18.63

Boys U 10 - 800 Metre Run

Zone: Z 2:29.10 07-Feb-90 Frazer Dowling, Manly Warri			
Name	Age	Centre	Final
1 Christian Camus		Mosman	2:32.75
2 Oliver Stokeld		Manly Warringah	2:35.71
3 Jack Osborne		Ku-Ring-Gai	2:37.96
4 William Seve		Manly Warringah	2:39.41
5 Samuel Kay		Ku-Ring-Gai	2:42.43
6 William Taylor		Mosman	2:43.18
7 Hamish Barnes		Mosman	2:45.83
8 Liam Keep		Manly Warringah	2:48.69
9 Aidan Seifert		Northern Districts	2:49.85
10 Aidan Hall		Hornsby	2:55.46
11 Tyler Bedoukian		Manly Warringah	2:57.19
12 Joe Smith		Mosman	3:01.54
13 Max Carmichael		Ku-Ring-Gai	3:04.47

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 10 - 800 Metre Run**

14 Dylan Allabush	Ku-Ring-Gai	3:06.54
15 Nicholas Kachel	Hornsby	3:07.13

Boys U 11 - 800 Metre Run

=====			
Zone: Z 2:24.80 06-Feb-11 Elliot Metcalf, Manly Warri			
Name	Age	Centre	Final
=====			
1 James Ritchie		Mosman	2:29.22
2 Isaac Brooks		Mosman	2:32.69
3 Will Kay		Ku-Ring-Gai	2:33.07
4 Lucas Lund		Manly Warringah	2:33.97
5 Samuel Robinson		Mosman	2:35.72
6 Chester Swaffer		Ku-Ring-Gai	2:36.02
7 Kaden Rintel		Manly Warringah	2:36.74
8 Riley Pereira		Hornsby	2:37.04
9 Will Soden		Ku-Ring-Gai	2:38.87
10 Paddy Bright		Manly Warringah	2:42.71
11 Nathan Pereira		Hornsby	2:45.22
12 Rohan Nairn		Ku-Ring-Gai	2:46.68
13 Liam Gallagher		Northern Districts	2:51.38
14 Oliver Baynie		Hornsby	2:56.54
15 Oliver Cleghorn		Mosman	3:00.46
16 Geoffrey Herbert		Northern Districts	3:51.65

Boys U 12 - 800 Metre Run

=====			
Zone: Z 2:19.58 04-Feb-12 Robert Dickinson, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1 Nick Barnes		Mosman	2:25.06
2 Sean Williams		Ku-Ring-Gai	2:29.12
3 Charlie Bowtell		Manly Warringah	2:34.06
4 Corban Ross		Hornsby	2:35.76
5 Isaac Lanham		Manly Warringah	2:39.11
6 Tom Parkes		Manly Warringah	2:40.84
7 Arthur Taylor		Ku-Ring-Gai	2:43.67
8 Nicholas Kimball		Manly Warringah	2:45.22
9 Ewan Allabush		Ku-Ring-Gai	2:45.84

Boys U 13 - 800 Metre Run

=====			
Zone: Z 2:10.38 13-Dec-15 James Constable, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1 Oliver Hinchliff		Mosman	2:19.20
2 Tom Tullett		Manly Warringah	2:21.60
3 Ethan Oliver		Northern Districts	2:21.93
4 Daniel Hopper		Mosman	2:24.99
5 Hamish Douglas		Manly Warringah	2:26.16
6 Jake Eagland		Manly Warringah	2:27.94
7 Nicholas Hyde		Mosman	2:31.13
8 Finn Dundon		Mosman	2:34.55
9 Noah Ashton		Ku-Ring-Gai	2:34.84
10 Thomas FitzGerald		Ku-Ring-Gai	2:35.15
11 William Collinson		Manly Warringah	2:35.48

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 13 - 800 Metre Run**

12	Joel Solomon	Manly Warringah	2:41.55
13	Samuel Walter	Ku-Ring-Gai	2:46.01
14	Jenson McIntosh	Ku-Ring-Gai	2:47.38
15	Josh Mitchell	Hornsby	2:55.02
16	Finn Walsh	Hornsby	2:57.99
17	Ryan Colver	Manly Warringah	2:59.13

Boys U 14 - 800 Metre Run

Zone: Z 2:04.04 14-Dec-14 Bryn Lynch, Manly Warringah			
Name	Age	Centre	Final
1	Cameron Laytham	Manly Warringah	2:07.23
2	William Constable	Ku-Ring-Gai	2:10.25
3	Rafi Gordon	Manly Warringah	2:15.22
4	Marco DE Paulis	Northern Districts	2:18.11
5	Cameron Gorman	Manly Warringah	2:26.00
6	Oliver Barry	Hornsby	2:33.88
7	Wilson Sarkies	Manly Warringah	2:37.11

Boys U 15 - 800 Metre Run

Zone: Z 2:00.32 13-Dec-15 Bryn Lynch, Manly Warringah			
Name	Age	Centre	Final
1	James Constable	Ku-Ring-Gai	2:07.00
2	Colm Walsh	Ku-Ring-Gai	2:18.92
3	Charlie East	Manly Warringah	2:19.55
4	Liam Oliver	Northern Districts	2:25.41
5	Jack Stokeld	Manly Warringah	2:25.70

Boys U 17 - 800 Metre Run

Zone: Z 2:00.43 14-Dec-14 Luke Gorman, Manly Warringah			
Name	Age	Centre	Final
1	Bryn Lynch	Manly Warringah	2:02.84
2	Gerard Lang	Manly Warringah	2:03.56
3	Felix Scott	Mosman	2:04.17
4	Kyle Walsh	Ku-Ring-Gai	2:05.73
5	Joshua Silver	Northern Districts	2:10.52
6	Jackson Mackie	Manly Warringah	2:13.95
7	Lucas Brown	Manly Warringah	2:23.64

Boys U 10 - 1500 Metre Run

Zone: Z 5:03.50 30-Jan-10 Elliot Metcalf, Manly Warri			
Name	Age	Centre	Final
1	Christian Camus	Mosman	5:18.61
2	Jack Osborne	Ku-Ring-Gai	5:22.66
3	William Taylor	Mosman	5:25.86
4	William Seve	Manly Warringah	5:29.85
5	Archie Hendry	Manly Warringah	5:31.82
6	Hamish Barnes	Mosman	5:34.07
7	Aidan Seifert	Northern Districts	5:35.91

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 10 - 1500 Metre Run**

8	Tyler Bedoukian	Manly Warringah	5:50.18
9	Joe Smith	Mosman	5:56.39
10	Max Carmichael	Ku-Ring-Gai	6:09.74
11	Dylan Allabush	Ku-Ring-Gai	6:10.30
12	Jethro Vicars	Ku-Ring-Gai	6:17.47

Boys U 11 - 1500 Metre Run

=====			
Zone: Z 4:57.10 07-Feb-09 Adam Halmy, Northern Distri			
Name	Age	Centre	Final
=====			
1	Riley Pereira	Hornsby	5:10.57
2	Chester Swaffer	Ku-Ring-Gai	5:14.32
3	Isaac Brooks	Mosman	5:16.99
4	Paddy Bright	Manly Warringah	5:17.38
5	Lucas Lund	Manly Warringah	5:18.30
6	Kaden Rintel	Manly Warringah	5:24.32
7	Will Kay	Ku-Ring-Gai	5:30.97
8	Rohan Nairn	Ku-Ring-Gai	5:34.91
9	Liam Gallagher	Northern Districts	5:37.74
10	Orlando Grinbergs	Manly Warringah	5:38.77
11	Matthew Walter	Ku-Ring-Gai	5:58.05

Boys U 12 - 1500 Metre Run

=====			
Zone: Z 4:49.70 07-Feb-92 Frazer Dowling, Manly Warri			
Name	Age	Centre	Final
=====			
1	Nick Barnes	Mosman	4:59.31
2	Sean Williams	Ku-Ring-Gai	5:05.75
3	Isaac Lanham	Manly Warringah	5:14.52
4	Thomas Whalan	Hornsby	5:20.06
5	Lachlan McIntosh	Ku-Ring-Gai	5:21.53
6	Ewan Allabush	Ku-Ring-Gai	5:23.40
7	Alejandro Briones	Manly Warringah	5:26.67
8	Nicholas Kimball	Manly Warringah	5:27.01

Boys U 13 - 1500 Metre Run

=====			
Zone: Z 4:43.80 07-Feb-04 Nick Haines, Manly Warringa			
Name	Age	Centre	Final
=====			
1	Oliver Hinchliff	Mosman	4:51.33
2	Tom Tullett	Manly Warringah	4:54.75
3	Hamish Douglas	Manly Warringah	4:58.82
4	Nicholas Hyde	Mosman	5:01.99
5	Daniel Hopper	Mosman	5:06.30
6	Noah Ashton	Ku-Ring-Gai	5:07.97
7	Finn Dundon	Mosman	5:09.18
8	Thomas Blewman	Manly Warringah	5:12.35
9	Thomas FitzGerald	Ku-Ring-Gai	5:12.75
10	Harry Dundon	Mosman	5:16.61
11	William Collinson	Manly Warringah	5:21.93
12	Jenson McIntosh	Ku-Ring-Gai	5:26.11
13	Joel Solomon	Manly Warringah	5:27.21
14	Owen Booth	Manly Warringah	5:37.33

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 13 - 1500 Metre Run**

15 Samuel Walter	Ku-Ring-Gai	5:40.32
16 Ryan Colver	Manly Warringah	6:02.25
17 Adam Rope	Manly Warringah	6:19.13

Boys U 14 - 1500 Metre Run

=====			
Zone: Z 4:21.49 13-Dec-14 Bryn Lynch, Manly Warringah			
Name	Age Centre		Final
=====			
1 Cameron Laytham	Manly Warringah		4:34.45
2 Rafi Gordon	Manly Warringah		4:39.67
3 Marco DE Paulis	Northern Districts		4:48.35
4 Cameron Gorman	Manly Warringah		4:55.67
5 Wilson Sarkies	Manly Warringah		5:18.96
6 Matthew Arkins	Hornsby		5:34.95

Boys U 15 - 1500 Metre Run

=====			
Zone: Z 4:14.02 12-Dec-15 Bryn Lynch, Manly Warringah			
Name	Age Centre		Final
=====			
1 Colm Walsh	Ku-Ring-Gai		4:51.21
2 Liam O'Brien	Manly Warringah		5:09.29
3 Liam Oliver	Northern Districts		5:14.24

Boys U 17 - 1500 Metre Run

=====			
Zone: Z 4:18.41 10-Dec-16 Jack Mills, Manly Warringah			
Name	Age Centre		Final
=====			
1 Kyle Walsh	Ku-Ring-Gai		4:25.73
2 Kieran Gorman	Manly Warringah		4:37.19
3 Joshua Silver	Northern Districts		4:50.30
4 Timothy Walter	Ku-Ring-Gai		4:55.26

Boys U 13 - 3000 Metre Run

=====			
Zone: Z 10:04.00 03-Feb-13 Jack Mills, Manly Warringah			
Name	Age Centre		Final
=====			
1 Oliver Hinchliff	Mosman		10:32.25
2 Hamish Douglas	Manly Warringah		10:45.64
3 Nicholas Hyde	Mosman		11:01.40
4 Finn Dundon	Mosman		11:07.71
5 Harry Dundon	Mosman		11:08.46
6 Jenson McIntosh	Ku-Ring-Gai		11:16.42
7 Joel Solomon	Manly Warringah		11:17.71
8 Owen Booth	Manly Warringah		11:24.89
9 Noah Ashton	Ku-Ring-Gai		11:53.39
10 Dale Mapstone	Manly Warringah		12:22.96
11 Ryan Colver	Manly Warringah		13:13.95
12 Adam Rope	Manly Warringah		13:59.14

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 14 - 3000 Metre Run**

Zone: Z 9:43.89 03-Feb-13 Joshua Phillips, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Cameron Gorman		Manly Warringah	10:31.51
2 Rafi Gordon		Manly Warringah	10:49.54
3 Wilson Sarkies		Manly Warringah	11:51.18
4 Matthew Arkins		Hornsby	12:08.23

Boys U 15 - 3000 Metre Run

Zone: Z 9:39.85 11-Dec-16 Ben Graham, Hornsby			
Name	Age	Centre	Final
1 Liam O'Brien		Manly Warringah	11:01.34
2 James Walter		Ku-Ring-Gai	12:57.90

Boys U 17 - 3000 Metre Run

Zone: Z 9:33.51 13-Dec-15 Jack Mills, Manly Warringah			
Name	Age	Centre	Final
1 Kyle Walsh		Ku-Ring-Gai	9:40.95
2 Kieran Gorman		Manly Warringah	9:42.18
3 Joshua Silver		Northern Districts	10:41.23
4 Hayden Blaskett		Manly Warringah	11:02.35
5 Timothy Walter		Ku-Ring-Gai	11:11.56
6 Jackson Mackie		Manly Warringah	11:22.06

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 10.82 04-Feb-12 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Oscar Sleep		Manly Warringah	11.88Q
2 Lucas Rogers		Northern Districts	12.00Q
3 William Durer		Ku-Ring-Gai	12.42Q
4 Saia Enasio		Northern Districts	13.18
5 Hamish Collins		Hornsby	13.35
6 Remy Camus		Mosman	13.56
7 Rama Barnett		Hornsby	14.78
Heat 2 Heats			
1 Isaac Lill		Manly Warringah	11.58Q
2 Jack Procter		Ku-Ring-Gai	11.70Q
3 Fredrick Chidambaram		Manly Warringah	12.24Q
4 Byron Borchert		Manly Warringah	12.44q
5 Daniel Benoliel		Mosman	12.92q
6 Jonathan Ivanac-Escobar		Ku-Ring-Gai	12.95
7 Neil Maini		Hornsby	13.01
8 Adrian Kwan		Ku-Ring-Gai	13.31
9 Ayden Pethybridge		Northern Districts	13.63

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 10.82 04-Feb-12 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Oscar Sleep		Manly Warringah	11.43
2 Lucas Rogers		Northern Districts	11.77
3 Fredrick Chidambaram		Manly Warringah	11.94
4 William Durer		Ku-Ring-Gai	12.27
5 Daniel Benoliel		Mosman	12.83
6 Jack Procter		Ku-Ring-Gai	13.35
7 Neil Maini		Hornsby	13.43

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.19 02-Feb-13 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Oliver Sanbrook		Manly Warringah	11.13Q
2 Gerhardus Burger		Ku-Ring-Gai	11.64Q
3 Max Hole		Mosman	11.91
4 Riley King		Manly Warringah	12.04
5 Cooper Guthrie		Northern Districts	12.17
6 Harvey Matheson		Mosman	13.00
Heat 2 Heats			
1 Daniel Cribb		Hornsby	11.10Q
2 Jake Fourie		Ku-Ring-Gai	11.17Q
3 Joel Daily		Mosman	11.39q
4 Nicholas Bayett		Ku-Ring-Gai	11.66
5 Nicolas Hirst		Hornsby	11.82
6 Jeremy Huybrechs-Chung		Northern Districts	13.85
Heat 3 Heats			
1 Conrad Blackwell-Smith		Mosman	11.12Q
2 Toby Hall		Manly Warringah	11.27Q
3 Wol Albino		Hornsby	11.46q
4 Alexander Lukell		Ku-Ring-Gai	11.78
5 Tyson Solomon		Manly Warringah	12.12
6 Quinton Smith		Hornsby	12.53

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.19 02-Feb-13 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Conrad Blackwell-Smith		Mosman	11.10
2 Jake Fourie		Ku-Ring-Gai	11.20
3 Daniel Cribb		Hornsby	11.22
3 Gerhardus Burger		Ku-Ring-Gai	11.22
5 Wol Albino		Hornsby	11.24
6 Toby Hall		Manly Warringah	11.25
7 Joel Daily		Mosman	11.32
8 Oliver Sanbrook		Manly Warringah	13.66

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 9.90 05-Feb-05 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Christian Camus		Mosman	11.79Q
2 Leo Robinson		Manly Warringah	11.81Q
3 Jackson Twells		Manly Warringah	12.35q
4 Nicholas Kachel		Hornsby	13.38
5 Joe Smith		Mosman	13.74
Heat 2 Heats			
1 Archie Hendry		Manly Warringah	11.46Q
2 Harper Enasio		Northern Districts	12.14Q
3 Alex Jones		Northern Districts	12.20q
4 Hamish Thomson		Ku-Ring-Gai	12.87
5 Wesley Streeter		Northern Districts	13.94
Heat 3 Heats			
1 Samuel Larratt		Ku-Ring-Gai	12.02Q
2 Atticus Rowland-Stefanic		Ku-Ring-Gai	12.34Q
3 Amos Mashiah		Hornsby	12.42
4 Luke Woods		Hornsby	13.50

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.90 05-Feb-05 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Leo Robinson		Manly Warringah	11.34
1 Archie Hendry		Manly Warringah	11.34
3 Christian Camus		Mosman	11.41
4 Samuel Larratt		Ku-Ring-Gai	11.70
5 Harper Enasio		Northern Districts	11.98
6 Alex Jones		Northern Districts	12.08
7 Atticus Rowland-Stefanic		Ku-Ring-Gai	12.26
8 Jackson Twells		Manly Warringah	12.48

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.50 04-Feb-06 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Christiaan Maritz		Manly Warringah	10.70Q
2 Billy Ryan		Manly Warringah	10.77Q
3 Kalan Harding		Northern Districts	11.34q
4 Boston Penfold		Ku-Ring-Gai	11.83
5 Will Soden		Ku-Ring-Gai	11.84
6 Rohan Saha		Hornsby	12.53
7 Leon Rosenberg		Hornsby	12.66
Heat 2 Heats			
1 Billy Peek		Manly Warringah	9.87Q
2 Prince Kamara		Manly Warringah	10.93Q
3 Alexander Targett		Ku-Ring-Gai	11.56q
4 Lucas Kwan		Ku-Ring-Gai	11.65q
5 Jack Thompson		Mosman	11.79q
6 Finn Baker		Northern Districts	12.53

NTH EAST MET ZONE CHAMPIONSHIPS

Results

....Boys U 11 - 60 Metre Hurdles (60cm)

7 Oliver Cleghorn	Mosman	13.63
8 Joshua Harding	Northern Districts	16.81

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 9.50 04-Feb-06 Sam Mete, Ku-Ring-Gai
 Name Age Centre Final
 =====

Section 1 Final

1 Billy Peek	Manly Warringah	9.84
2 Billy Ryan	Manly Warringah	10.58
3 Christiaan Maritz	Manly Warringah	10.60
4 Prince Kamara	Manly Warringah	10.71
5 Kalan Harding	Northern Districts	11.11
6 Jack Thompson	Mosman	11.61
7 Lucas Kwan	Ku-Ring-Gai	11.69
8 Alexander Targett	Ku-Ring-Gai	11.80

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.40 05-Feb-05 Kane Thompson, Manly Warringa
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Lukas Muller	Manly Warringah	10.29Q
2 Timothy Forster	Hornsby	10.31Q
3 Finn Bellerby	Manly Warringah	10.91Q
4 Daniel Bovis	Northern Districts	12.03q
5 Aaron Moore	Northern Districts	12.08

Heat 2 Heats

1 Finnlay Bartlett	Mosman	11.10Q
2 Alex Matthews	Manly Warringah	11.19Q
3 Joshua Riddle	Ku-Ring-Gai	11.41Q
4 Gabriel Bertozzi	Manly Warringah	11.95q

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.40 05-Feb-05 Kane Thompson, Manly Warringa
 Name Age Centre Final
 =====

Section 1 Final

1 Timothy Forster	Hornsby	10.12
2 Lukas Muller	Manly Warringah	10.32
3 Finn Bellerby	Manly Warringah	10.39
4 Finnlay Bartlett	Mosman	10.59
5 Joshua Riddle	Ku-Ring-Gai	11.06
6 Alex Matthews	Manly Warringah	11.12
7 Daniel Bovis	Northern Districts	12.31

Boys U 13 - 80 Metre Hurdles (76cm)

=====
 Zone: Z 12.30 04-Feb-06 Kane Thompson, Manly Warringa
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Toby Gray	Manly Warringah	15.69Q
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NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 13 - 80 Metre Hurdles (76cm)**

2	William Asscher	Manly Warringah	16.42Q
3	Luca Bell	Manly Warringah	17.03Q
4	Zane Newton	Northern Districts	19.16

Heat 2 Heats

1	Ethan Oliver	Northern Districts	13.65Q
2	Matthew Roberts	Northern Districts	14.59Q
3	Jake Eagland	Manly Warringah	14.81Q
4	Gauthier Sanchez	Manly Warringah	15.01q
5	Lucas Hamill	Manly Warringah	15.12q

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.30 04-Feb-06 Kane Thompson, Manly Warringah

Name Age Centre Final

Section 1 Final

1	Ethan Oliver	Northern Districts	13.61
2	Jake Eagland	Manly Warringah	14.59
3	Matthew Roberts	Northern Districts	14.74
4	Lucas Hamill	Manly Warringah	15.48
5	Toby Gray	Manly Warringah	15.50
6	Luca Bell	Manly Warringah	16.28
7	William Asscher	Manly Warringah	16.50
8	Gauthier Sanchez	Manly Warringah	18.82

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.07 26-Jan-14 Ben Carter, Manly Warringah

Name Age Centre Final

Section 1

1	Eli Sagala	Northern Districts	13.67
2	Joel Neasmith	Manly Warringah	14.29
3	Ben MacNamara	Ku-Ring-Gai	14.81
4	Cameron Kemmis	Hornsby	15.00
5	Sam Bates	Ku-Ring-Gai	15.50

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 13.50 05-Feb-08 Matthew Hulme, Manly Warringah

Name Age Centre Final

1	Billy Bakker	Manly Warringah	17.55
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Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.76 03-Feb-13 Jack McArdle, Ku-Ring-Gai

Name Age Centre Final

1	Jonathan Bell	Ku-Ring-Gai	15.67
2	Alexander Willett	Manly Warringah	15.92
3	Jack McFadden	Ku-Ring-Gai	18.04
4	Benjamin McNamara	Northern Districts	19.75

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 26.30 04-Feb-06 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
1 Ethan Oliver		Northern Districts	28.70
2 Zachary Flynn		Manly Warringah	31.33
3 Gauthier Sanchez		Manly Warringah	33.01
4 Lucas Hamill		Manly Warringah	33.59
5 Noah Ashton		Ku-Ring-Gai	33.92
6 Luca Bell		Manly Warringah	34.25
7 Zane Newton		Northern Districts	35.05
8 Malakye Enasio		Northern Districts	35.63

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 24.70 07-Feb-99 Ivan Scannell, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Eli Sagala		Northern Districts	27.28
2 Dylan Charlier		Manly Warringah	29.19
3 Joel Neasmith		Manly Warringah	29.23
4 Archie Saunders		Manly Warringah	30.68
5 Cameron Kemmis		Hornsby	31.18
6 Sam Bates		Ku-Ring-Gai	31.77

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 44.42 10-Dec-16 Riley Marosa, Manly Warringah			
Name	Age	Centre	Final
1 Liam Oliver		Northern Districts	49.29
2 Charlie East		Manly Warringah	50.04

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 40.32 10-Dec-16 John Economides, Manly Warringah			
Name	Age	Centre	Final
1 Jonathan Bell		Ku-Ring-Gai	40.15Z
2 Jack McFadden		Ku-Ring-Gai	44.26
3 Angus Cutbill		Manly Warringah	45.76
4 Jackson Mackie		Manly Warringah	47.41

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 55.33 11-Dec-16 Ku-Ring-Gai, Ku-Ring-Gai L Ackland, D Hall, L Herbert, A Jones			
Centre	Age	Centre	Final
1 Manly Warringah			56.45
1) Zac Gedz 9		2) Ethan Grimshaw 10	
3) Prince Kamara 11		4) Jett Sully 12	
2 Ku-Ring-Gai			56.56
1) Jimmy Thebridge 9		2) Lars Ackland 10	
3) Boston Penfold 11		4) Lachlan Herbert 12	
3 Mosman			57.07
1) Conrad Blackwell-Smith 9		2) Brody Folkes 10	

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 9-12 4x100 Metre Relay (Jnr)**

3) Thomas Hartman 11	4) Marcus Warner 12	
4 Northern Districts		1:08.65
1) Jack Burrow 9	2) Harper Enasio 10	
3) William Lipman 11	4) Daniel Bovis 12	

Boys U 12-17 4x100 Metre Relay (Snr)

=====			
Zone: Z 46.42 05-Feb-12 Mosman			
Centre			Final
=====			
1 Manly Warringah			46.78
1) Joshua Gedz 13	2) Angus Ritchie 14		
3) Ewan Burns 15	4) Alexander Willett 17		
2 Ku-Ring-Gai			47.03
1) Aidan Jones 13	2) Riley Hemsworth 14		
3) Connor Bond 15	4) Jonathan Bell 17		
3 Northern Districts			50.75
1) Tama Simpkins 13	2) Eli Sagala 14		
3) Oskar Enasio 15	4) Joshua Silver 17		

Boys U 9 - High Jump (S/H 0.85m)

=====			
Zone: Z 1.33m 04-Feb-08 Emile Mau'u, Manly Warringah			
Name	Age	Centre	Final
=====			
Flight 1			
1 Alexander Lukell		Ku-Ring-Gai	1.23m
2 Kai Herbert		Ku-Ring-Gai	1.15m
3 Daniel Cribb		Hornsby	1.05m
4 Oliver Sanbrook		Manly Warringah	J1.05m
5 Toby Hall		Manly Warringah	J1.05m
6 Christopher Kavanagh		Ku-Ring-Gai	1.00m
7 Paris Lazanas		Ku-Ring-Gai	J1.00m
8 Levi Luxford-Smith		Manly Warringah	J1.00m
9 Tyson Solomon		Manly Warringah	0.85m

Boys U 10 - High Jump (S/H 0.95m)

=====			
Zone: Z 1.41m 13-Dec-15 Jed Wigley, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1 Maksimir Saravanja		Ku-Ring-Gai	1.30m
2 Leo Brown		Manly Warringah	1.20m
3 Jackson Twells		Manly Warringah	J1.20m
4 Wilber Kingma		Manly Warringah	J1.20m
5 Sebastian Oswald		Manly Warringah	1.15m
5 Hamish Barnes		Mosman	1.15m
7 Jake LE Lievre		Northern Districts	J1.15m
8 Samuel Larratt		Ku-Ring-Gai	1.10m
9 Hamish Thomson		Ku-Ring-Gai	J1.10m
9 Dominic D'Souza		Hornsby	J1.10m
11 Jack Tyzack		Hornsby	1.05m
12 Joe Smith		Mosman	J1.05m
13 Nicholas Kachel		Hornsby	1.00m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 11 - High Jump (S/H 1.05m)**

Zone: Z 1.57m 04-Feb-08 Thomas Cheel, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Billy Peek		Manly Warringah	1.40m
2 Billy Ryan		Manly Warringah	1.35m
3 Samuel Robinson		Mosman	1.30m
4 Dylan Swanson		Manly Warringah	J1.30m
5 Caleb Ashton		Ku-Ring-Gai	1.25m
6 Mikel Martin		Manly Warringah	1.20m
7 Therkelsen Kai		Ku-Ring-Gai	J1.20m
8 Thomas Hartman		Mosman	1.15m
9 Zachary Neal		Ku-Ring-Gai	1.10m
10 James Edler		Ku-Ring-Gai	1.05m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.59m 05-Feb-05 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
1 Jed Wigley		Ku-Ring-Gai	1.54m
2 Alex Matthews		Manly Warringah	1.41m
3 Matt Ashcroft		Hornsby	1.38m
4 Dylan Van Grootel		Manly Warringah	1.30m
4 Gabriel Bertozzi		Manly Warringah	1.30m
4 Daniel Nemeth		Mosman	1.30m
7 Jacob Crotty		Manly Warringah	1.25m
7 Daniel Bovis		Northern Districts	1.25m
9 Thomas Latimer		Mosman	1.20m
9 Marcus Warner		Mosman	1.20m
11 Blake Hatcher		Ku-Ring-Gai	1.15m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.78m 07-Feb-95 Richard Baird, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Evan Neal		Manly Warringah	1.54m
2 Thomas Skinner		Hornsby	1.51m
3 Matthew Roberts		Northern Districts	1.45m
4 Tate Fitzgerald		Mosman	1.35m
5 Arav Sathyan		Mosman	1.30m
6 Albert Ingleton		Mosman	J1.30m
7 William Asscher		Manly Warringah	J1.30m
8 Byron Bakker		Manly Warringah	1.20m

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.90m 07-Feb-99 James Watson, Manly Warringah			
Name	Age	Centre	Final
1 Ben MacNamara		Ku-Ring-Gai	1.60m
2 Dylan Charlier		Manly Warringah	1.55m
3 Oliver Barry		Hornsby	1.45m
3 Wilson Sarkies		Manly Warringah	1.45m
5 Jonah Koppers		Mosman	1.40m
6 Marco DE Paulis		Northern Districts	1.35m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 15 - High Jump (S/H 1.25m)**

Zone: Z 2.07m 07-Feb-00 James Watson, Manly Warringah			
Name	Age	Centre	Final
1 Billy Bakker		Manly Warringah	1.55m
2 Charlie Hamill		Manly Warringah	J1.55m
3 ryan crane		Manly Warringah	1.50m
4 Liam Oliver		Northern Districts	1.45m
5 Ethan Barlow		Manly Warringah	J1.45m
6 Eden Russell		Manly Warringah	1.40m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 2.00m 30-Jan-10 Miles Coles-Clarke, Manly War			
Name	Age	Centre	Final
1 Jack Wrightson		Manly Warringah	1.85m
2 Kalani Lenehan		Ku-Ring-Gai	1.65m

Boys U 7 - Long Jump

Zone: Z 3.45m 05-Feb-05 Oscar Smith, Manly Warringah			
Name	Age	Centre	Final
1 Max Persson		Manly Warringah	3.02m
2 Kai Gibbons		Northern Districts	2.88m
3 Oscar Zylberberg		Ku-Ring-Gai	2.79m
4 Samuel Fowell		Hornsby	2.72m
5 Jacoby Neal		Ku-Ring-Gai	2.60m
6 Daniel Sims		Hornsby	J2.60m
7 Kieran Lander		Ku-Ring-Gai	2.56m
8 Maximilian Nemeth		Mosman	2.51m
9 Chase Villacorta		Manly Warringah	2.34m
10 William Lowe		Manly Warringah	2.33m
11 Jasper Tucker		Ku-Ring-Gai	2.30m
12 Evan Ciechanowicz		Manly Warringah	2.01m

Boys U 8 - Long Jump

Zone: Z 3.99m 07-Feb-94 Benn Rintala, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Jack Procter		Ku-Ring-Gai	3.83m
2 Daniel Benoliel		Mosman	3.59m
3 Jeffrey Benoliel		Mosman	3.54m
4 Riley Blaxell		Manly Warringah	3.43m
5 Lucas Rogers		Northern Districts	J3.43m
6 Fredrick Chidambaram		Manly Warringah	3.33m
7 Lucas Hudy		Manly Warringah	3.32m
8 Aidan Donovan		Ku-Ring-Gai	3.10m
9 Jonathan Ivanac-Escobar		Ku-Ring-Gai	2.99m
10 Isaac Lill		Manly Warringah	2.97m
11 Adrian Kwan		Ku-Ring-Gai	2.93m
12 Antoine Carlino-Mizuno		Northern Districts	2.81m
13 Remy Camus		Mosman	2.53m
14 Rama Barnett		Hornsby	2.28m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 9 - Long Jump**

Zone: Z 4.31m 07-Feb-00 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
1 Jimmy Thebridge		Ku-Ring-Gai	3.94m
2 Joel Daily		Mosman	3.81m
3 Oliver Sanbrook		Manly Warringah	3.77m
4 Tyson Neal		Ku-Ring-Gai	3.71m
5 Kai Herbert		Ku-Ring-Gai	3.62m
6 Alexander Lukell		Ku-Ring-Gai	3.57m
7 Zac Gedz		Manly Warringah	3.56m
8 Max Hole		Mosman	3.55m
9 Riley King		Manly Warringah	3.42m
10 Jack Burrow		Northern Districts	3.36m
11 Sterling Nakhla		Manly Warringah	3.24m
12 Daniel Cribb		Hornsby	3.17m
13 Toby Ross		Hornsby	3.12m
14 Jeremy Huybrechs-Chung		Northern Districts	2.97m
15 Matthew Lipman		Northern Districts	2.89m
16 Matthew Sims		Hornsby	2.30m

Boys U 10 - Long Jump

Zone: Z 4.84m 07-Feb-97 Andrew Fitzgerald, Manly Warr			
Name	Age	Centre	Final
1 Brody Folkes		Mosman	4.54m
2 William Taylor		Mosman	3.93m
3 Leo Robinson		Manly Warringah	J3.93m
4 Lars Ackland		Ku-Ring-Gai	J3.93m
5 Harry Sexton		Manly Warringah	3.87m
6 Brodie Shearer		Ku-Ring-Gai	3.86m
7 Harper Enasio		Northern Districts	J3.86m
8 Samuel Larratt		Ku-Ring-Gai	3.80m
9 Wilber Kingma		Manly Warringah	3.68m
10 Finn Pereira		Mosman	3.59m
11 Alex Jones		Northern Districts	3.54m
12 Jake LE Lievre		Northern Districts	3.52m
13 Atticus Rowland-Stefanic		Ku-Ring-Gai	3.42m
14 Amos Mashiah		Hornsby	J3.42m
15 Lachlan Blackwell		Hornsby	3.40m
16 Jackson Twells		Manly Warringah	3.28m
17 Oliver Ashley		Northern Districts	J3.28m
18 Hamish Barnes		Mosman	3.24m

Boys U 11 - Long Jump

Zone: Z 5.00m 04-Feb-12 Alex Willett, Manly Warringah			
Name	Age	Centre	Final
1 Dylan Hall		Ku-Ring-Gai	4.41m
2 Prince Kamara		Manly Warringah	4.38m
3 Lucas Kwan		Ku-Ring-Gai	4.28m
4 Caleb Ashton		Ku-Ring-Gai	4.12m
5 Ben Fairbrother		Manly Warringah	3.93m
6 Thomas Hartman		Mosman	3.84m
7 Ethan Waite		Northern Districts	3.66m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 11 - Long Jump**

8	Oliver Ludgate	Mosman	3.62m
9	Ruann Eksteen	Manly Warringah	3.60m
10	Zachary Neal	Ku-Ring-Gai	3.48m
11	Samuel Robinson	Mosman	3.47m
12	William Lipman	Northern Districts	3.13m
13	Finn Baker	Northern Districts	3.01m

Boys U 12 - Long Jump

=====			
Zone: Z 5.49m 07-Feb-03 Justin Haywood, Manly Warring			
Name	Age	Centre	Final
=====			
1	Lachlan Herbert	Ku-Ring-Gai	4.97m
2	Timothy Forster	Hornsby	4.54m
3	Charlie Bowtell	Manly Warringah	4.51m
4	James Harden	Ku-Ring-Gai	4.49m
5	Lukas Muller	Manly Warringah	J4.49m
6	Isaac Coghlan	Manly Warringah	4.44m
7	Dylan Van Grootel	Manly Warringah	4.33m
8	Brodie Waldock	Ku-Ring-Gai	4.32m
9	Matt Ashcroft	Hornsby	4.26m
10	Charlie Moriarty	Mosman	4.10m
11	Finnlay Bartlett	Mosman	4.09m
12	Kisho Carlino-Mizuno	Northern Districts	3.90m
12	Chris Goh	Ku-Ring-Gai	3.90m
14	Daniel Nemeth	Mosman	3.85m
15	Thomas Latimer	Mosman	3.47m

Boys U 13 - Long Jump

=====			
Zone: Z 5.58m 07-Feb-95 David Geddes, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Ethan Oliver	Northern Districts	4.94m
2	Evan Neal	Manly Warringah	4.80m
3	Zachary Flynn	Manly Warringah	4.69m
4	Tama Simpkins	Northern Districts	4.64m
5	Justin George	Manly Warringah	4.47m
6	Thomas Skinner	Hornsby	4.37m
7	Joseph Lynch	Manly Warringah	4.35m
8	Jake Eagland	Manly Warringah	4.32m
9	Jaye Daniel	Ku-Ring-Gai	4.14m
10	Albert Ingleton	Mosman	4.11m
11	Noah Ashton	Ku-Ring-Gai	4.09m
12	Ethan James	Manly Warringah	4.04m
13	Matthew Roberts	Northern Districts	J4.04m
14	Zane Newton	Northern Districts	3.43m
15	Luca Bell	Manly Warringah	3.32m

Boys U 14 - Long Jump

=====			
Zone: Z 6.03m 07-Feb-95 Stephen Byles, Manly Warringa			
Name	Age	Centre	Final
=====			
1	Eli Sagala	Northern Districts	5.81m
2	Yianni Fotias	Hornsby	5.17m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 14 - Long Jump**

3 Fynn George	Manly Warringah	4.68m
4 Luke Simpson	Manly Warringah	4.68m
5 Lachlan Farquhar	Manly Warringah	4.39m

Boys U 15 - Long Jump

=====			
Zone: Z 6.46m 07-Feb-03 Matthew Walker, UTS Norths			
Name	Age	Centre	Final
=====			
1 Billy Bakker		Manly Warringah	4.73m

Boys U 17 - Long Jump

=====			
Zone: Z 6.64m 12-Dec-15 Willson Lowe, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Ryan Marshall		Manly Warringah	6.28m
2 Kalani Lenehan		Ku-Ring-Gai	5.90m
3 Alexander Willett		Manly Warringah	5.71m
4 Lachlan Khun		Mosman	5.53m
5 Nathan Rossi		Hornsby	4.82m
6 Benjamin McNamara		Northern Districts	4.45m

Boys U 11 - Triple Jump

=====			
Zone: Z 10.42m 07-Feb-93 David Geddes, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Billy Peek		Manly Warringah	9.74m
2 Christiaan Maritz		Manly Warringah	9.71m
3 Freddie Benson Sparkes		Manly Warringah	9.28m
4 William Tye		Hornsby	9.06m
5 Charlie Mott		Mosman	8.69m
6 Archie Taylor		Manly Warringah	8.59m
7 Zac Herbert		Ku-Ring-Gai	8.43m
8 Oliver Ludgate		Mosman	8.36m

Boys U 12 - Triple Jump

=====			
Zone: Z 10.75m 07-Feb-94 David Geddes, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Charlie Bowtell		Manly Warringah	10.06m
2 Lukas Muller		Manly Warringah	9.75m
3 Dylan Van Grootel		Manly Warringah	9.74m
4 Alex Mathews		Manly Warringah	9.66m
5 Arthur Taylor		Ku-Ring-Gai	8.69m
6 Sean Williams		Ku-Ring-Gai	8.44m

Boys U 13 - Triple Jump

=====			
Zone: Z 11.14m 25-Jan-14 Alex Willett, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Jake Eagland		Manly Warringah	10.49m
2 Justin George		Manly Warringah	10.36m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 13 - Triple Jump**

3	Oliver Roberts	Mosman	10.30m
4	Oliver Hinchliff	Mosman	9.65m
5	Byron Bakker	Manly Warringah	9.62m
6	Toby Gray	Manly Warringah	9.53m
7	Dale Mapstone	Manly Warringah	9.51m
8	Thomas FitzGerald	Ku-Ring-Gai	9.42m
9	Nicholas Hyde	Mosman	8.68m
10	Josh Mitchell	Hornsby	8.66m
11	Finn Walsh	Hornsby	8.06m
12	Luca Bell	Manly Warringah	8.04m
13	Ryan Colver	Manly Warringah	7.95m

Boys U 14 - Triple Jump

Zone: Z 12.83m 07-Feb-96 David Geddes, Manly Warringah

Name	Age	Centre	Final
1	Joel Neasmith	Manly Warringah	11.22m
2	Raff De Stradis	Hornsby	10.39m
3	Cameron Kemmis	Hornsby	10.33m
4	Dylan Charlier	Manly Warringah	10.17m
5	Sam Bates	Ku-Ring-Gai	10.00m
6	Fynn George	Manly Warringah	9.89m
7	Lachlan Farquhar	Manly Warringah	9.41m

Boys U 15 - Triple Jump

Zone: Z 12.90m 07-Feb-03 Matthew Walker, UTS Norths

Name	Age	Centre	Final
1	Oskar Enasio	Northern Districts	10.64m
2	Billy Bakker	Manly Warringah	10.40m
3	Ethan Barlow	Manly Warringah	10.34m
4	Jai Lagois	Manly Warringah	10.18m

Boys U 17 - Triple Jump

Zone: Z 13.33m 13-Dec-15 Willson Lowe, Manly Warringah

Name	Age	Centre	Final
1	Ryan Marshall	Manly Warringah	13.90mZ
2	Jack Wrightson	Manly Warringah	12.34m
3	Lachlan Khun	Mosman	11.02m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 8.26m 07-Feb-90 Chris Reynolds, Northern Dist

Name	Age	Centre	Final
1	Max Persson	Manly Warringah	5.88m
2	Bentley Mikhael	Hornsby	5.52m
3	Kai Gibbons	Northern Districts	5.49m
4	James Atkins	Ku-Ring-Gai	4.97m
5	Jacoby Neal	Ku-Ring-Gai	4.93m
6	Samuel Fowell	Hornsby	4.86m
7	Luke Bovis	Northern Districts	4.79m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 7 - Shot Put (1.0 Kg)**

8	Archibald Darby	Hornsby	4.45m
9	Samuel Vecchio	Mosman	3.87m
10	Ethan Nagle	Manly Warringah	3.68m
11	William Lowe	Manly Warringah	3.61m
12	Kieran Lander	Ku-Ring-Gai	3.50m
13	Oscar Girard	Ku-Ring-Gai	3.13m
14	Skyler Wynne Marinchek	Mosman	1.88m

Boys U 8 - Shot Put (1.5 Kg)

=====			
Zone: Z 8.61m 30-Jan-10 Jack McFadden, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Finn Bailey	Manly Warringah	6.78m
2	Archie Hetherington	Ku-Ring-Gai	6.02m
3	Oliver Hills	Manly Warringah	5.39m
4	Jonathan Ivanac-Escobar	Ku-Ring-Gai	5.20m
5	Angus Seve	Manly Warringah	5.07m
6	Luke Osborne	Ku-Ring-Gai	4.99m
7	Hamish Collins	Hornsby	4.94m
8	Byron Borchert	Manly Warringah	4.82m
9	Hugo Reynolds	Ku-Ring-Gai	4.09m
10	Saia Enasio	Northern Districts	3.88m

Boys U 9 - Shot Put (2.0 Kg)

=====			
Zone: Z 9.42m 07-Feb-09 Nicholas Frost, Northern Dist			
Name	Age	Centre	Final
=====			
1	Gerhardus Burger	Ku-Ring-Gai	7.68m
2	Zac Gedz	Manly Warringah	7.25m
3	Henry Trueman	Manly Warringah	6.75m
4	Toby Hall	Manly Warringah	6.71m
5	Tyson Neal	Ku-Ring-Gai	6.40m
6	Archie Hartman	Mosman	6.32m
7	Daniel Cribb	Hornsby	6.14m
8	Paris Lazanas	Ku-Ring-Gai	5.85m
9	Prescott Williams	Manly Warringah	5.68m
10	Edward Darby	Hornsby	5.59m
11	Alexander Lukell	Ku-Ring-Gai	5.28m
12	Harvey Matheson	Mosman	4.59m

Boys U 10 - Shot Put (2.0 Kg)

=====			
Zone: Z 10.96m 05-Feb-05 Duane Matulick, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Xavier Bosland	Manly Warringah	6.92m
2	William Seve	Manly Warringah	6.78m
3	Samuel Larratt	Ku-Ring-Gai	6.67m
4	Jake LE Lievre	Northern Districts	6.53m
5	Jack Stockley	Manly Warringah	6.50m
6	Brodie Shearer	Ku-Ring-Gai	6.28m
7	Wilber Kingma	Manly Warringah	5.84m
8	Kai Ashley	Ku-Ring-Gai	5.80m
9	Elijah Hamer	Northern Districts	5.26m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 10 - Shot Put (2.0 Kg)**

10 Samuel Birtles	Ku-Ring-Gai	5.24m
11 Luke Woods	Hornsby	5.14m

Boys U 11 - Shot Put (2.0 Kg)

=====			
Zone: Z 12.51m 07-Feb-04 Kane Thompson, Manly Warring			
Name	Age	Centre	Final
=====			
1 Freddie Benson Sparkes		Manly Warringah	9.95m
2 Harvey Monnock		Manly Warringah	9.92m
3 Luke Collins		Hornsby	9.62m
4 Will Drury		Manly Warringah	9.21m
5 Thomas Haslam		Ku-Ring-Gai	9.18m
6 Kalan Harding		Northern Districts	8.90m
7 Paddy Bright		Manly Warringah	8.52m
8 Oliver Ludgate		Mosman	8.30m
9 Toby Miller		Northern Districts	7.35m
10 Griffin Hemsworth		Ku-Ring-Gai	7.34m
11 Matthew Walter		Ku-Ring-Gai	6.99m
12 William Hirst		Hornsby	6.95m
13 Andrew Brown		Ku-Ring-Gai	6.51m
14 Rohan Saha		Hornsby	6.37m
15 Joshua Harding		Northern Districts	4.15m

Boys U 12 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.06m 03-Feb-13 Kevin Yang, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1 Finnlay Bartlett		Mosman	9.78m
2 Daniel Bovis		Northern Districts	8.97m
3 Gabriel Bertozzi		Manly Warringah	8.02m
4 Samuel Langridge		Ku-Ring-Gai	7.55m
5 Ewan Allabush		Ku-Ring-Gai	7.26m
6 Joshua Riddle		Ku-Ring-Gai	7.22m
7 Alexander Trueman		Manly Warringah	6.78m
8 Will Matheson		Mosman	6.72m
9 Aaron Moore		Northern Districts	6.39m
10 Max Gillian		Ku-Ring-Gai	6.36m
11 Thomas Latimer		Mosman	6.29m
12 Austin Hulley		Manly Warringah	6.14m
13 Bilge Koruco		Manly Warringah	6.07m

Boys U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.56m 04-Feb-07 Elliot Lang, Northern Distri			
Name	Age	Centre	Final
=====			
1 Thomas Taylor-King		Manly Warringah	11.38m
2 Malakye Enasio		Northern Districts	8.61m
3 Alexander Bonomi		Manly Warringah	8.59m
4 Max Maciver		Ku-Ring-Gai	8.11m
5 Aiden Collins		Hornsby	7.94m
6 Dale Mapstone		Manly Warringah	7.85m
7 Jaye Daniel		Ku-Ring-Gai	7.55m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 14 - Shot Put (3.0 Kg)**

Zone: Z 15.65m 07-Feb-94 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
1 Domenico De Stradis		Hornsby	11.20m
2 Archie Saunders		Manly Warringah	10.66m
3 Lachlan Farquhar		Manly Warringah	10.49m
4 Tomas Dennett		Ku-Ring-Gai	8.40m
5 Fredrik Hancock		Manly Warringah	8.32m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 17.04m 07-Feb-98 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
1 Oskar Enasio		Northern Districts	11.80m
2 Alexander Norris		Manly Warringah	9.92m
3 Billy Bakker		Manly Warringah	8.82m
4 Charlie Hamill		Manly Warringah	8.35m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 16.20m 02-Feb-13 Tyson Davis, Manly Warringah			
Name	Age	Centre	Final
1 Daniel Hall		Mosman	13.43m
2 Jack McFadden		Ku-Ring-Gai	12.76m
3 Elijah Khallouf		Northern Districts	8.88m
4 Benjamin McNamara		Northern Districts	7.78m

Boys U 7 - Discus (350 Gram)

Zone: Z 24.04m 07-Feb-93 Andrew Frith, Manly Warringah			
Name	Age	Centre	Final
1 Bentley Mikhael		Hornsby	15.01m
2 Benji Lynas		Ku-Ring-Gai	12.29m
3 Max Persson		Manly Warringah	11.58m
4 William Lowe		Manly Warringah	11.50m
5 Luke Bovis		Northern Districts	11.43m
6 Jacoby Neal		Ku-Ring-Gai	10.76m
7 Harrison Banks		Manly Warringah	10.65m
8 Samuel Vecchio		Mosman	10.31m
9 Daniel Sims		Hornsby	8.64m
10 Hugo Hetherington		Ku-Ring-Gai	7.92m
11 Archibald Darby		Hornsby	7.85m
12 Oscar Girard		Ku-Ring-Gai	6.03m

Boys U 8 - Discus (500 Gram)

Zone: Z 27.48m 07-Feb-93 Christopher Burnett, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Rian Connors		Ku-Ring-Gai	18.41m
2 Aidan Donovan		Ku-Ring-Gai	15.71m
3 Jeffrey Benoliel		Mosman	15.58m
4 Archie Hetherington		Ku-Ring-Gai	13.85m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 8 - Discus (500 Gram)**

5	Fredrick Chidambaram	Manly Warringah	13.79m
6	Aiden Freestone	Manly Warringah	13.26m
7	Toby Woolnough	Manly Warringah	12.84m
8	Hamish Collins	Hornsby	12.57m
9	Angus Seve	Manly Warringah	11.30m
10	Luke Osborne	Ku-Ring-Gai	11.17m
11	Neil Maini	Hornsby	9.61m

Boys U 9 - Discus (500 Gram)

=====			
Zone: Z 32.01m 06-Feb-01 Jack McFadden, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Benjamin Bassett	Ku-Ring-Gai	21.07m
2	Gerhardus Burger	Ku-Ring-Gai	20.24m
3	Zac Gedz	Manly Warringah	19.51m
4	Pasquale Barbalace	Manly Warringah	19.04m
5	Tyson Neal	Ku-Ring-Gai	18.47m
6	Lennox Cleary	Manly Warringah	17.43m
7	Toby Hall	Manly Warringah	16.37m
8	Edward Darby	Hornsby	14.71m
9	Quinton Smith	Hornsby	11.59m
10	Matthew Sims	Hornsby	9.12m

Boys U 10 - Discus (500 Gram)

=====			
Zone: Z 38.37m 08-Feb-08 Lachlan Behagg, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Darcy Kirkland	Manly Warringah	21.63m
2	Ethan Auer	Manly Warringah	21.53m
3	Harper Enasio	Northern Districts	20.49m
4	Amos Mashiah	Hornsby	19.51m
5	Hayden McLellan	Manly Warringah	19.46m
6	Hamish Thomson	Ku-Ring-Gai	17.31m
7	Jethro Vicars	Ku-Ring-Gai	16.83m
8	Lachlan Blackwell	Hornsby	15.60m
9	Ethan Hatcher	Ku-Ring-Gai	15.35m
10	Liam Keep	Manly Warringah	14.23m
11	Xavier Frost	Mosman	13.83m
12	Elijah Hamer	Northern Districts	13.64m
13	Dylan Allabush	Ku-Ring-Gai	3.42m

Boys U 11 - Discus (750 Gram)

=====			
Zone: Z 35.02m 06-Feb-11 Nicholas Frost, Northern Dis			
Name	Age	Centre	Final
=====			
1	Freddie Benson Sparkes	Manly Warringah	29.28m
2	Felix Scholle	Ku-Ring-Gai	25.17m
3	Kalan Harding	Northern Districts	25.13m
4	Ruann Eksteen	Manly Warringah	22.04m
5	Isaac Brooks	Mosman	21.76m
6	Orlando Grinbergs	Manly Warringah	21.45m
7	Thomas Haslam	Ku-Ring-Gai	20.67m
8	Oliver Ludgate	Mosman	19.19m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 11 - Discus (750 Gram)**

9	Ben Fairbrother	Manly Warringah	18.47m
10	Will Kay	Ku-Ring-Gai	18.45m
11	Lucas Kwan	Ku-Ring-Gai	15.08m
12	Joshua Harding	Northern Districts	9.01m

Boys U 12 - Discus (750 Gram)

=====			
Zone: Z 39.82m 05-Feb-11 Cameron McEntyre, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1	Sean Williams	Ku-Ring-Gai	29.11m
2	Samuel Langridge	Ku-Ring-Gai	23.72m
3	Ewan Allabush	Ku-Ring-Gai	21.30m
4	Daniel Bovis	Northern Districts	20.92m
5	Will Matheson	Mosman	20.10m
6	Blake Hatcher	Ku-Ring-Gai	19.98m
7	Alex Matthews	Manly Warringah	19.90m
8	Dejan Boicheski	Manly Warringah	19.20m
9	Aaron Moore	Northern Districts	16.68m
10	Baxter Warner	Manly Warringah	15.93m
11	Brendan Markey	Manly Warringah	15.68m
12	Thomas Latimer	Mosman	15.46m

Boys U 13 - Discus (1.0 Kg)

=====			
Zone: Z 41.22m 07-Feb-93 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Joshua Gedz	Manly Warringah	28.16m
2	Justin George	Manly Warringah	25.63m
3	Thomas Taylor-King	Manly Warringah	24.48m
4	Jaye Daniel	Ku-Ring-Gai	22.99m
5	Joel Solomon	Manly Warringah	21.30m
6	Malakye Enasio	Northern Districts	21.10m
7	Aiden Collins	Hornsby	19.38m
8	Matthew Roberts	Northern Districts	19.36m
9	Gauthier Sanchez	Manly Warringah	18.00m
10	Noah Pereira	Mosman	16.62m
11	Max Maciver	Ku-Ring-Gai	16.00m
12	Byron Bakker	Manly Warringah	13.58m

Boys U 14 - Discus (1.0 Kg)

=====			
Zone: Z 49.50m 07-Feb-94 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Domenico De Stradis	Hornsby	38.42m
2	Eli Sagala	Northern Districts	37.63m
3	Raff De Stradis	Hornsby	28.81m
4	Jonah Koppers	Mosman	24.37m
5	Fredrik Hancock	Manly Warringah	21.25m
6	Lachlan Farquhar	Manly Warringah	19.77m
7	Seong Juny Park	Ku-Ring-Gai	19.00m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 15 - Discus (1.0 Kg)**

Zone: Z 56.36m 07-Feb-94 James Murphy, Manly Warringa			
Name	Age	Centre	Final
1 Oskar Enasio		Northern Districts	33.81m
2 Alexander Norris		Manly Warringah	30.21m
3 Billy Bakker		Manly Warringah	28.43m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 46.86m 26-Jan-14 William Brown, Manly Warring			
Name	Age	Centre	Final
1 Daniel Hall		Mosman	46.23m
2 Jonathan Bell		Ku-Ring-Gai	38.38m
3 Jack McFadden		Ku-Ring-Gai	38.31m
4 Dylan Zietsman		Manly Warringah	37.39m
5 Elijah Khallouf		Northern Districts	25.08m
6 Benjamin McNamara		Northern Districts	20.45m

Boys U 11 - Javelin (400 Gram)

Zone: Z 30.02m 13-Dec-15 Ethan Oliver, Northern Distr			
Name	Age	Centre	Final
1 Ruann Eksteen		Manly Warringah	29.69m
2 Freddie Benson Sparkes		Manly Warringah	26.97m
3 Will Drury		Manly Warringah	23.64m
4 Ben Fairbrother		Manly Warringah	20.69m
5 Felix Scholle		Ku-Ring-Gai	19.29m
6 Luke Collins		Hornsby	19.04m
7 William Tye		Hornsby	18.85m
8 Matthew Walter		Ku-Ring-Gai	13.44m
9 Finn Baker		Northern Districts	12.44m
10 Andrew Brown		Ku-Ring-Gai	10.61m
11 Leon Rosenberg		Hornsby	8.76m

Boys U 12 - Javelin (400 Gram)

Zone: Z 35.50m 11-Dec-16 Ethan Oliver, Northern Distr			
Name	Age	Centre	Final
1 Thomas Whalan		Hornsby	25.93m
2 Gabriel Bertozzi		Manly Warringah	25.77m
3 Brendan Markey		Manly Warringah	25.50m
4 Henri Tremauville		Manly Warringah	24.00m
5 Isaac Coghlan		Manly Warringah	23.05m
6 Samuel Langridge		Ku-Ring-Gai	20.62m
7 Max Gillian		Ku-Ring-Gai	18.14m

Boys U 13 - Javelin (600 Gram)

Zone: Z 43.20m 04-Feb-12 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
1 Ethan Oliver		Northern Districts	31.95m
2 Josh Mitchell		Hornsby	25.36m

NTH EAST MET ZONE CHAMPIONSHIPS**Results****....Boys U 13 - Javelin (600 Gram)**

3	Joseph Lynch	Manly Warringah	22.80m
4	Jake Eagland	Manly Warringah	22.05m
5	Justin George	Manly Warringah	21.84m
6	Joel Solomon	Manly Warringah	21.78m
7	Max Maciver	Ku-Ring-Gai	21.35m
8	Jaye Daniel	Ku-Ring-Gai	20.43m
9	Ryan Colver	Manly Warringah	19.12m
10	William Asscher	Manly Warringah	17.23m

Boys U 14 - Javelin (600 Gram)

=====			
Zone: Z 55.84m 03-Feb-13 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
=====			
1	Joel Neasmith	Manly Warringah	34.68m
2	Domenico De Stradis	Hornsby	30.02m
3	Lachlan Farquhar	Manly Warringah	23.57m
4	Fredrik Hancock	Manly Warringah	20.66m

Boys U 15 - Javelin (700 Gram)

=====			
Zone: Z 61.62m 25-Jan-14 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
=====			
1	Alexander Norris	Manly Warringah	34.80m
2	Charlie Hamill	Manly Warringah	15.52m

Boys U 17 - Javelin (700 Gram)

=====			
Zone: Z 63.87m 03-Feb-13 Tyson Davis, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Daniel Hall	Mosman	52.12m
2	Jonathan Bell	Ku-Ring-Gai	51.20m
3	Jack McFadden	Ku-Ring-Gai	41.11m
4	Alexander Willett	Manly Warringah	37.45m
5	Dylan Zietsman	Manly Warringah	37.39m
6	Joshua Silver	Northern Districts	32.82m
7	Elijah Khallouf	Northern Districts	29.04m

Boys U 9 - 700 Metre Walk

=====			
Zone: Z 2:49.41 04-Feb-12 Dion Currothers, Manly Warr			
Name	Age	Centre	Final
=====			

Section 1

1	Noah Cabrol	Manly Warringah	4:36.85
2	Jaydon Hawthorne	Manly Warringah	4:43.47
3	Paris Lazanas	Ku-Ring-Gai	4:44.63
4	Levi Luxford-Smith	Manly Warringah	4:45.00

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 10 - 1100 Metre Walk**

Zone: Z 5:47.20 07-Feb-00 Cameron Williams, Ku-Ring-G			
Name	Age	Centre	Final
1 Archie Hendry		Manly Warringah	6:32.10
2 Jude Cho		Ku-Ring-Gai	6:35.35
3 Tyler Bedoukian		Manly Warringah	6:37.38
4 Charles Hetherington		Ku-Ring-Gai	6:56.80
5 Jack Prestwich		Ku-Ring-Gai	7:04.80
6 William Seve		Manly Warringah	7:15.91
7 Kai Ashley		Ku-Ring-Gai	7:48.36

Boys U 11 - 1100 Metre Walk

Zone: Z 5:26.73 03-Feb-13 Hayden Blaskett, Manly Warr			
Name	Age	Centre	Final
1 Keo Luxford-Smith		Manly Warringah	6:09.40
2 Isaac Tate		Manly Warringah	6:16.07
3 Orlando Grinbergs		Manly Warringah	6:49.60
4 Will Drury		Manly Warringah	8:09.10

Boys U 12 - 1500 Metre Walk

Zone: Z 7:24.00 07-Feb-92 Andrew Nappin, Manly Warrin			
Name	Age	Centre	Final
1 Lachlan McIntosh		Ku-Ring-Gai	9:17.87
2 Briones Alejandro		Manly Warringah	10:04.88
3 Max Gillian		Ku-Ring-Gai	10:05.29
4 Nicholas Kimball		Manly Warringah	10:57.88

Boys U 13 - 1500 Metre Walk

Zone: Z 7:12.20 07-Feb-93 Andrew Nappin, Manly Warrin			
Name	Age	Centre	Final
1 Harry Dundon		Mosman	8:45.61
2 Lucas Hamill		Manly Warringah	9:07.34
3 Luca Bell		Manly Warringah	9:07.67
4 Samuel Walter		Ku-Ring-Gai	10:19.72
5 Byron Bakker		Manly Warringah	10:36.37

Boys U 14 - 1500 Metre Walk

Zone: Z 6:57.33 03-Feb-13 Aidan Kerr, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Tony Vujnovic		Manly Warringah	9:59.51

Boys U 15 - 1500 Metre Walk

Zone: Z 6:47.60 07-Feb-95 Andrew Nappin, Manly Warrin			
Name	Age	Centre	Final
1 James Walter		Ku-Ring-Gai	9:17.28

NTH EAST MET ZONE CHAMPIONSHIPS**Results****Boys U 17 - 1500 Metre Walk**

=====			
Zone: Z 6:43.12 14-Dec-14 Aidan Kerr, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1 Hayden Blaskett		Manly Warringah	6:56.17
2 Harrison Mavin		Ku-Ring-Gai	7:24.12