

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS - 09-Dec-17 to 10-Dec-17
EJ BIFFIN PARK,
Results

Girls U 7 - 50 Metre Sprint

Zone: Z 9.30 01-Dec-08 N. Geddes, Sawtell / Toormina			
Name	Age	Centre	Final
Section 1			
1 Jesse Desmond		Woolgoolga	12.02
2 Grace Rose		Casino	12.10
3 Alannah Moore		Coffs Coast	12.28

Girls U 7 - 70 Metre Sprint

Zone: Z 12.00 01-Dec-90 A. Day, Casino			
Name	Age	Centre	Final
1 Siobhan Holloway		Nambucca & District	13.21
2 Guilliana Day		Casino	13.75
3 Grace Rose		Casino	13.87
4 Zoe Counter		Woolgoolga	14.62
5 Zara Harris		Coffs Coast	15.03
6 Ashley-rose Monaghan		Nambucca & District	15.60

Girls U 8 - 70 Metre Sprint

Zone: Z 11.70 01-Dec-94 M. Morrison, Coffs Harbour			
Name	Age	Centre	Final
1 Anais Carswell		Coffs Coast	13.17
2 Mia Henry		Coffs Coast	13.41
3 Josie Ryan		Casino	13.96
4 Hannah Mcneil		Urunga/Bellinger	16.87

Girls U 9 - 70 Metre Sprint

Zone: Z 10.80 01-Dec-97 A. Day, Casino			
Name	Age	Centre	Final
1 Mikayla Frey		Lismore	11.23
2 Steffany Nudo		Grafton	12.59
3 Sharni Salmon		Coffs Coast	16.47

Girls U 10 - 70 Metre Sprint

Zone: Z 10.60 01-Dec-99 K. Wallace, Coffs Harbour			
Name	Age	Centre	Final
1 Natasha Moretti		Lismore	11.62
2 Holly Mansfield		Ballina	11.81
3 Mikaylah Miller		Urunga/Bellinger	11.82
4 Monique Hill		Coffs Coast	12.34
5 Laura Mcneil		Urunga/Bellinger	14.54
-- Lazariah Day		Casino	DQ

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Girls U 7 - 100 Metre Sprint

Zone: Z 16.70 01-Dec-89 K. Gough, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ashley Mitcham		Nambucca & District	19.42q
2 Jesse Desmond		Woolgoolga	19.53q
3 Lexie Brown		Nambucca & District	19.79q
4 Bonnie Ross		Coffs Coast	21.45q
5 Zara Harris		Coffs Coast	22.18q
Heat 2 Heats			
1 Alexandra Dogan		Ballina	19.49q
2 Alannah Moore		Coffs Coast	20.28q
3 Guilliana Day		Casino	20.70q
4 Amelia Pannach		Lismore	23.51

Girls U 7 - 100 Metre Sprint

Zone: Z 16.70 01-Dec-89 K. Gough, Grafton			
Name	Age	Centre	Final
Section 1 Final			
1 Alexandra Dogan		Ballina	18.91
2 Ashley Mitcham		Nambucca & District	19.49
3 Jesse Desmond		Woolgoolga	19.79
4 Alannah Moore		Coffs Coast	19.81
5 Lexie Brown		Nambucca & District	19.94
6 Guilliana Day		Casino	20.06
7 Bonnie Ross		Coffs Coast	21.41

Girls U 8 - 100 Metre Sprint

Zone: Z 16.30 08-Dec-11 Dayle/Marie Bolt, Ballina			
Name	Age	Centre	Final
Section 1			
1 Evie Hill		Coffs Coast	17.82
2 Mia Henry		Coffs Coast	18.70
3 Savannah Kolosque		Nambucca & District	18.80
4 Phoenix McClure		Evans Head	19.55
5 Ella Rose		Casino	19.98
6 Isabella Paterson		Woolgoolga	20.02

Girls U 9 - 100 Metre Sprint

Zone: Z 15.20 01-Dec-04 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Mikayla Frey		Lismore	16.06
2 Skye Dogan		Ballina	17.38
3 Mia Ross		Coffs Coast	18.20
4 Eadie Oldman		Urunga/Bellinger	18.94
5 Lucy McCormick		Coffs Coast	19.53
6 Jaani Gill		Coffs Coast	22.18
7 Zoe Gill		Coffs Coast	22.69

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Girls U 10 - 100 Metre Sprint

Zone: Z 14.30 01-Dec-94 J.Watkins, Casino			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mikaylah Miller		Urunga/Bellinger	16.38q
2 Holly Mansfield		Ballina	16.82q
3 Monique Hill		Coffs Coast	17.25q
4 Saffron Knight		Nambucca & District	17.90q
5 Maisie McCormick		Coffs Coast	19.20
Heat 2 Heats			
1 Fern Berry		Coffs Coast	15.22q
2 Natasha Moretti		Lismore	16.30q
3 Paige Jackson		Nambucca & District	17.02q
4 Jenna Franke		Woolgoolga	18.38q

Girls U 10 - 100 Metre Sprint

Zone: Z 14.30 01-Dec-94 J.Watkins, Casino			
Name	Age	Centre	Final
Section 1 Final			
1 Fern Berry		Coffs Coast	15.12
2 Natasha Moretti		Lismore	15.90
3 Mikaylah Miller		Urunga/Bellinger	15.96
4 Paige Jackson		Nambucca & District	16.50
5 Holly Mansfield		Ballina	16.98
6 Monique Hill		Coffs Coast	17.39
7 Saffron Knight		Nambucca & District	17.98
8 Jenna Franke		Woolgoolga	18.13

Girls U 11 - 100 Metre Sprint

Zone: Z 14.20 12-Dec-15 Kaleah Doherty, Coffs Coast			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Maya Sutherland		Lower Clarence	15.40q
2 Eliza Berrick		Grafton	15.70q
3 Siabh Rigley		Ballina	16.26q
4 Isabel Boylan		Lower Clarence	16.48q
5 Rachael Purcell		Nambucca & District	18.62
6 Chloe Desmond		Woolgoolga	18.69
7 Samantha Little		Urunga/Bellinger	19.03
Heat 2 Heats			
1 Allie Hancock		Nambucca & District	15.30q
2 Harriet Pagulayan Mccabe		Urunga/Bellinger	15.70q
3 Erika Dunn		Coffs Coast	17.22q
4 Taylah McIntosh		Ballina	17.75q
5 Keira Phelps		Nambucca & District	18.09
6 Ashlee Little		Urunga/Bellinger	18.40

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Girls U 11 - 100 Metre Sprint

Zone: Z 14.20 12-Dec-15 Kaleah Doherty, Coffs Coast			
Name	Age	Centre	Final
Section 1 Final			
1 Allie Hancock		Nambucca & District	15.33
2 Maya Sutherland		Lower Clarence	15.61
3 Eliza Berrick		Grafton	15.68
4 Harriet Pagulayan Mccabe		Urunga/Bellinger	15.99
5 Siabh Rigley		Ballina	16.59
6 Isabel Boylan		Lower Clarence	16.71
7 Erika Dunn		Coffs Coast	17.70
8 Taylah McIntosh		Ballina	18.07

Girls U 12 - 100 Metre Sprint

Zone: Z 13.80 01-Dec-91 R. Doolan, Grafton			
Name	Age	Centre	Final
Section 1			
1 Yasmin Ball		Coffs Coast	14.60
2 Shayla Webb		Coffs Coast	15.00
3 Charlee Woods		Nambucca & District	15.18
4 Tiara Salmon		Coffs Coast	16.71
5 Isabelle Johnson		Woolgoolga	16.77
6 Kayla Hilton		Nambucca & District	19.35

Girls U 13 - 100 Metre Sprint

Zone: Z 13.40 01-Dec-97 R. Tweedle, Coffs Harbour			
Name	Age	Centre	Final
1 Kaleah Doherty		Coffs Coast	14.45
2 Victoire Lokpo		Coffs Coast	15.07
3 Isabelle Pannach		Lismore	15.57
4 Holly Sangster		Lower Clarence	15.64
5 Ebony Wylie		Nambucca & District	18.05
6 Leanna Brown		Nambucca & District	18.10

Girls U 14 - 100 Metre Sprint

Zone: Z 13.10 01-Dec-01 B. Spear, Nambucca			
Name	Age	Centre	Final
1 Alyssa Jenkins		Coffs Coast	13.64
2 Ellyse Walker		Coffs Coast	13.67
3 Krystal McMahon		Grafton	13.80
4 Faith Pittman		Casino	14.01
5 Sophie Walsh		Coffs Coast	14.08
6 Gemma Keough		Coffs Coast	14.63

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Girls U 15 - 100 Metre Sprint

Zone: Z 12.60 01-Dec-99 K. Crocker, Nambucca			
Name	Age	Centre	Final
1 Nathalie Avery		Grafton	13.69
2 Hanna Tait		Grafton	14.73

Girls U 17 - 100 Metre Sprint

Zone: Z 13.05 14-Dec-13 Courtney Linton, Lismore			
Name	Age	Centre	Final
1 Sarah Hartsuyker		Coffs Coast	14.19

Girls U 7 - 200 Metre Sprint

Zone: Z 35.80 01-Dec-10 K. Gough, Grafton			
Name	Age	Centre	Final
1 Ashley Mitcham		Nambucca & District	41.03
2 Alexandra Dogan		Ballina	41.25
3 Siobhan Holloway		Nambucca & District	41.46
4 Lexie Brown		Nambucca & District	42.67
5 Zara Harris		Coffs Coast	48.59

Girls U 8 - 200 Metre Sprint

Zone: Z 34.50 01-Dec-94 M. Morrison, Coffs Harbour			
Name	Age	Centre	Final
1 Phoenix McClure		Evans Head	40.71
2 Anais Carswell		Coffs Coast	43.02
3 Isabella Paterson		Woolgoolga	44.03
4 Layla Bennington		Urunga/Bellinger	46.31

Girls U 9 - 200 Metre Sprint

Zone: Z 32.30 01-Dec-96 A. Day, Casino			
Name	Age	Centre	Final
1 Mikayla Frey		Lismore	32.73
2 Alyssa Baff		Coffs Coast	38.50

Girls U 10 - 200 Metre Sprint

Zone: Z 30.90 01-Dec-94 J. Watkins, Casino			
Name	Age	Centre	Final
1 Natasha Moretti		Lismore	33.65
2 Grace Noonan		Nambucca & District	34.06
3 Lazariah Day		Casino	34.23
4 Mikaylah Miller		Urunga/Bellinger	34.38
5 Paige Jackson		Nambucca & District	36.04
6 Fiona Holloway		Nambucca & District	37.04
7 Saffron Knight		Nambucca & District	38.16

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....Girls U 10 - 200 Metre Sprint

8 Maya Mitchell	Woolgoolga	38.91
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Girls U 11 - 200 Metre Sprint

=====			
Zone: Z 29.80 01-Dec-90 R. Doolan, Grafton			
Name	Age	Centre	Final
=====			
1 Allie Hancock		Nambucca & District	32.09
2 Harriet Pagulayan McCabe		Urunga/Bellinger	33.10
3 Rhianna Baff		Coffs Coast	37.81
4 Ashlee Little		Urunga/Bellinger	38.92

Girls U 12 - 200 Metre Sprint

=====			
Zone: Z 28.70 01-Dec-93 V. Simmonds, Bellinger Valley			
Name	Age	Centre	Final
=====			
1 Yasmin Ball		Coffs Coast	30.62
2 Rebekah Eppler		Urunga/Bellinger	31.46
3 Charlee Woods		Nambucca & District	31.59
4 Charlotte Gilliland		Ballina	33.58
5 Skye Birkett		Woolgoolga	34.55

Girls U 13 - 200 Metre Sprint

=====			
Zone: Z 27.10 01-Dec-02 L. Duncan, Nambucca			
Name	Age	Centre	Final
=====			
1 Kaleah Doherty		Coffs Coast	29.47
2 Jessica McKie		Lismore	30.92
3 Victoire Lokpo		Coffs Coast	31.91
4 Holly Sangster		Lower Clarence	32.49

Girls U 14 - 200 Metre Sprint

=====			
Zone: Z 26.50 01-Dec-03 L. Duncan, Nambucca			
Name	Age	Centre	Final
=====			
1 Alyssa Jenkins		Coffs Coast	28.16
2 Ellyse Walker		Coffs Coast	28.38
3 Krystal McMahon		Grafton	28.45
4 Ruby Parker		Ballina	29.24
5 Faith Pittman		Casino	29.36
6 Sophie Walsh		Coffs Coast	29.68
7 Gemma Keough		Coffs Coast	29.73
8 Crystal Wylie		Nambucca & District	32.57

Girls U 15 - 200 Metre Sprint

=====			
Zone: Z 26.10 01-Dec-02 B. Spear, Nambucca			
Name	Age	Centre	Final
=====			
1 Savannah Sproule		Coffs Coast	29.03
2 Nathalie Avery		Grafton	29.72

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....Girls U 15 - 200 Metre Sprint

3 Megan Harris	Ballina	34.34
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Girls U 17 - 200 Metre Sprint

=====			
Zone: Z 26.79 11-Dec-16 Stephanie Schultz, Lismore			
Name	Age	Centre	Final
=====			
1 Sarah Hartsuyker		Coffs Coast	45.63
2 Megan Tillman		Grafton	45.68

Girls U 8 - 400 Metre Sprint

=====			
Zone: Z 1:20.79 10-Dec-16 Mikayla Frey, Lismore			
Name	Age	Centre	Final
=====			
1 Evie Hill		Coffs Coast	1:31.70
2 Savannah Kolosque		Nambucca & District	1:35.34
3 Isabella Paterson		Woolgoolga	1:38.38
4 Layla Bennington		Urunga/Bellinger	2:02.02

Girls U 9 - 400 Metre Sprint

=====			
Zone: Z 1:15.15 09-Dec-17 Mikayla Frey, Lismore			
Name	Age	Centre	Final
=====			
1 Mikayla Frey		Lismore	1:15.15Z
2 Skye Dogan		Ballina	1:22.53
3 Josephine Eppler		Urunga/Bellinger	1:35.50
4 Jaani Gill		Coffs Coast	1:51.95
5 Zoe Gill		Coffs Coast	2:02.84

Girls U 10 - 400 Metre Sprint

=====			
Zone: Z 1:13.60 01-Dec-94 J.Watkins, Casino			
Name	Age	Centre	Final
=====			
1 Fern Berry		Coffs Coast	1:16.45
2 Grace Noonan		Nambucca & District	1:20.40
3 Maya Mitchell		Woolgoolga	1:27.92
4 Maisie McCormick		Coffs Coast	1:36.06
5 Jenna Franke		Woolgoolga	1:37.62

Girls U 11 - 400 Metre Sprint

=====			
Zone: Z 1:07.10 01-Dec-99 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
=====			
1 Harriet Pagulayan Mccabe		Urunga/Bellinger	1:13.47
2 Maya Sutherland		Lower Clarence	1:16.73
3 Eliza Berrick		Grafton	1:18.66
4 Isabel Boylan		Lower Clarence	1:18.70
5 Angeline Codrington		Lismore	1:20.73
6 Erika Dunn		Coffs Coast	1:21.26
7 Ashlee Little		Urunga/Bellinger	1:29.47

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....Girls U 11 - 400 Metre Sprint

8 Chloe Desmond	Woolgoolga	1:38.91
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Girls U 12 - 400 Metre Sprint

=====			
Zone: Z 1:05.10 01-Dec-01 C. Maddocks, Sawtell / Toor			
Name	Age	Centre	Final
=====			
1 Tembi Vockler		Urunga/Bellinger	1:13.48
2 Rebekah Eppler		Urunga/Bellinger	1:14.32
3 Charlotte Gilliland		Ballina	1:20.79
4 Skye Birkett		Woolgoolga	1:25.44
5 Isabelle Johnson		Woolgoolga	1:32.69

Girls U 13 - 400 Metre Sprint

=====			
Zone: Z 1:03.40 01-Dec-99 S. Ringstad, Nambucca			
Name	Age	Centre	Final
=====			
1 Laila McDonald		Coffs Coast	1:05.42
2 Keira Williams		Coffs Coast	1:18.04
3 Holly Sangster		Lower Clarence	1:22.18

Girls U 14 - 400 Metre Sprint

=====			
Zone: Z 1:02.20 01-Dec-00 S. Ringstad, Nambucca			
Name	Age	Centre	Final
=====			
1 Ellyse Walker		Coffs Coast	1:05.25
2 Ruby Parker		Ballina	1:07.13
3 Alyssa Jenkins		Coffs Coast	1:08.80
4 Gemma Keough		Coffs Coast	1:11.69
5 Krystal McMahon		Grafton	1:16.97

Girls U 15 - 400 Metre Sprint

=====			
Zone: Z 1:03.00 01-Dec-01 S. Ringstad, Nambucca			
Name	Age	Centre	Final
=====			
1 Megan Harris		Ballina	1:16.76

Girls U 7 - 500 Metre Run Pack Start

=====			
Zone: Z 2:02.91 09-Dec-17 Ashley Mitcham, Nambucca			
Name	Age	Centre	Final
=====			
1 Ashley Mitcham		Nambucca & District	2:02.91Z
2 Lexie Brown		Nambucca & District	2:05.20
3 Alexandra Dogan		Ballina	2:11.57
4 Alannah Moore		Coffs Coast	2:13.09
5 Zara Harris		Coffs Coast	2:23.44

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Girls U 8 - 700 Metre Run Park Start

Zone: Z 2:46.95 11-Dec-16 Skye Dogan, Ballina			
Name	Age	Centre	Final
1 Ella Rose		Casino	3:22.59

Girls U 9 - 800 Metre Run

Zone: Z 2:52.10 01-Dec-90 S. Byrnes, Grafton			
Name	Age	Centre	Final
1 Skye Dogan		Ballina	3:04.90
2 Steffany Nudo		Grafton	3:14.23
3 Lucy McCormick		Coffs Coast	3:32.13
4 Josephine Eppler		Urunga/Bellinger	3:45.51
5 Eadie Oldman		Urunga/Bellinger	3:50.11

Girls U 10 - 800 Metre Run

Zone: Z 2:44.50 01-Dec-91 A. Johnson, Bellinger Valle			
Name	Age	Centre	Final
1 Maya Mitchell		Woolgoolga	3:23.55

Girls U 11 - 800 Metre Run

Zone: Z 2:35.00 01-Dec-99 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Jasmine Chellew		Grafton	2:55.68
2 Siabh Rigley		Ballina	3:10.77
3 Jorgi Jeffrey		Lower Clarence	3:11.99
4 Imogen Webb		Urunga/Bellinger	4:06.13
5 Rachael Purcell		Nambucca & District	4:24.23

Girls U 12 - 800 Metre Run

Zone: Z 2:35.80 01-Dec-05 Siobhan Deam, Sawtell / Too			
Name	Age	Centre	Final
1 Bonnie Malt		Urunga/Bellinger	2:59.40
2 Tembi Vockler		Urunga/Bellinger	2:59.49
3 Alana Wardman		Coffs Coast	3:04.90

Girls U 13 - 800 Metre Run

Zone: Z 2:30.40 01-Dec-96 N. Greenhalgh, Grafton			
Name	Age	Centre	Final
1 Laila McDonald		Coffs Coast	2:33.65
2 Taharna Reid		Woolgoolga	2:51.25
3 Keira Williams		Coffs Coast	2:54.47
4 Isabelle Pannach		Lismore	3:08.06

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Girls U 14 - 800 Metre Run

Zone: Z 2:28.90 01-Dec-02 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Ruby Parker		Ballina	2:41.37
2 Gabriella Hill		Lismore	2:42.55
3 Crystal Wylie		Nambucca & District	2:49.91
4 Indigo Sharp		Nambucca & District	3:08.15

Girls U 15 - 800 Metre Run

Zone: Z 2:24.80 11-Dec-11 A. Tate, Sawtell-Toormina			
Name	Age	Centre	Final
1 Megan Harris		Ballina	3:05.98

Girls U 17 - 800 Metre Run

Zone: Z 2:23.60 01-Dec-09 S. Deam, Sawtell / Toormina			
Name	Age	Centre	Final
1 Gemma Codrington		Lismore	3:21.33

Girls U 10 - 1500 Metre Run

Zone: Z 5:27.10 01-Dec-91 A. Johnson, Bellinger Valle			
Name	Age	Centre	Final
1 Maya Mitchell		Woolgoolga	6:52.66

Girls U 11 - 1500 Metre Run

Zone: Z 5:34.40 01-Dec-99 R. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Jorgi Jeffrey		Lower Clarence	6:29.43
2 Angeline Codrington		Lismore	6:33.78
3 Imogen Webb		Urunga/Bellinger	11:21.04

Girls U 12 - 1500 Metre Run

Zone: Z 5:17.00 01-Dec-00 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Cassandra Hill		Lismore	6:19.95
2 Charlotte Gilliland		Ballina	6:31.25
3 Skye Birkett		Woolgoolga	6:52.17
4 Hannah Sharp		Nambucca & District	7:49.64

Girls U 13 - 1500 Metre Run

Zone: Z 5:16.86 12-Dec-15 Jessica Deans, Coffs Coast			
Name	Age	Centre	Final
1 Taharna Reid		Woolgoolga	5:55.14

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Girls U 14 - 1500 Metre Run

Zone: Z 5:05.30 01-Dec-02 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Gabriella Hill		Lismore	5:15.34
2 Indigo Sharp		Nambucca & District	6:25.89

Girls U 15 - 1500 Metre Run

Zone: Z 5:08.75 08-Dec-11 Romany Seemann, Sawtell-Too			
Name	Age	Centre	Final
1 Hanna Tait		Grafton	5:52.66

Girls U 13 - 3000 Metre Run

Zone: Z 11:37.50 01-Dec-00 A. Perry, Nambucca			
Name	Age	Centre	Final
1 Taharna Reid		Woolgoolga	12:33.91

Girls U 14 - 3000 Metre Run

Zone: Z 10:52.96 09-Dec-17 Gabriella Hill, Lismore			
Name	Age	Centre	Final
1 Gabriella Hill		Lismore	10:52.96Z
2 Indigo Sharp		Nambucca & District	13:20.63
3 Crystal Wylie		Nambucca & District	13:30.50

Girls U 15 - 3000 Metre Run

Zone: Z 10:50.08 08-Dec-11 Romany Seemann, Sawtell-To			
Name	Age	Centre	Final
1 Megan Harris		Ballina	14:43.43

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 12.16 08-Dec-11 Dayle/Marie Bolt, Ballina			
Name	Age	Centre	Final
1 Kyarna Gillard		Nambucca & District	14.28
2 Josie Ryan		Casino	14.28
3 Layla Bennington		Urunga/Bellinger	15.24
4 Shyla Guest		Urunga/Bellinger	15.44
5 Hannah Mcneil		Urunga/Bellinger	17.29

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 11.30 01-Dec-91 T. Taylor, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mia Ross		Coffs Coast	14.21q

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....Girls U 9 - 60 Metre Hurdles (45cm)

2 Jaani Gill	Coffs Coast	14.92q
3 Sharni Salmon	Coffs Coast	17.09q
4 Zaylie Gillard	Nambucca & District	17.32q
Heat 2 Heats		
1 Emma Kerr	Lower Clarence	14.22q
2 Josephine Eppler	Urunga/Bellinger	14.96q
3 Zoe Gill	Coffs Coast	16.38q

Girls U 9 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 11.30 01-Dec-91 T. Taylor, Grafton
 Name Age Centre Final
 =====

Section 1 Final

1 Josephine Eppler	Urunga/Bellinger	13.36
2 Mia Ross	Coffs Coast	13.57
3 Emma Kerr	Lower Clarence	13.63
4 Jaani Gill	Coffs Coast	14.76
5 Zoe Gill	Coffs Coast	15.43
6 Zaylie Gillard	Nambucca & District	16.94
7 Sharni Salmon	Coffs Coast	17.30

Girls U 10 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 10.79 10-Dec-16 Kiara Denny, Ballina
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Grace Noonan	Nambucca & District	12.94q
2 Paige Jackson	Nambucca & District	13.24q
3 Holly Mansfield	Ballina	13.64q
4 Saffron Knight	Nambucca & District	14.16q

Heat 2 Heats

1 Fern Berry	Coffs Coast	12.16q
2 Fiona Holloway	Nambucca & District	12.82q
3 Tana Lowe	Lower Clarence	13.00q
4 Laura Mcneil	Urunga/Bellinger	18.17q

Girls U 10 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 10.79 10-Dec-16 Kiara Denny, Ballina
 Name Age Centre Final
 =====

Section 1 Final

1 Fern Berry	Coffs Coast	12.20
2 Grace Noonan	Nambucca & District	12.69
3 Fiona Holloway	Nambucca & District	12.76
4 Paige Jackson	Nambucca & District	13.02
5 Holly Mansfield	Ballina	13.22
6 Tana Lowe	Lower Clarence	13.25
7 Saffron Knight	Nambucca & District	14.03
-- Laura Mcneil	Urunga/Bellinger	DQ

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Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 11.03 10-Dec-11 A. Bradford, Ballina			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Maya Sutherland		Lower Clarence	11.70q
2 India Walker		Nambucca & District	12.46q
3 Siabh Rigley		Ballina	12.69q
4 Ashlee Little		Urunga/Bellinger	14.36
Heat 2 Heats			
1 Erika Dunn		Coffs Coast	13.33q
1 Linsay Guest		Urunga/Bellinger	13.33q
3 Keira Phelps		Nambucca & District	14.05q
4 Samantha Little		Urunga/Bellinger	14.08q
5 Rachael Purcell		Nambucca & District	14.17q

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 11.03 10-Dec-11 A. Bradford, Ballina			
Name	Age	Centre	Final
Section 1 Final			
1 Maya Sutherland		Lower Clarence	11.70
2 India Walker		Nambucca & District	12.32
3 Siabh Rigley		Ballina	12.43
4 Linsay Guest		Urunga/Bellinger	13.45
5 Keira Phelps		Nambucca & District	14.28
6 Rachael Purcell		Nambucca & District	14.34
7 Samantha Little		Urunga/Bellinger	14.91
8 Erika Dunn		Coffs Coast	15.12

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.50 01-Dec-94 R. Harrigan, Coffs Harbour			
Name	Age	Centre	Final
Section 1			
1 Shayla Webb		Coffs Coast	11.51
2 Rebekah Eppler		Urunga/Bellinger	11.53
3 Bonnie Malt		Urunga/Bellinger	11.69
4 Cassandra Hill		Lismore	13.06

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 14.20 01-Dec-94 V. Simmonds, Bellinger-Valley			
Name	Age	Centre	Final
1 Holly Sangster		Lower Clarence	17.43
2 Isabelle Pannach		Lismore	17.66
3 Victoire Lokpo		Coffs Coast	18.89
4 Ebony Wylie		Nambucca & District	20.45

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Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.30 01-Dec-05 B. McCabe, Sawtell / Toormina			
Name	Age	Centre	Final
1 Ellyse Walker		Coffs Coast	14.60
2 Faith Pittman		Casino	15.02
3 Alexandra Harrison		Coffs Coast	15.51
4 Alyssa Jenkins		Coffs Coast	16.57

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 14.10 01-Dec-02 H. McCrae, Sawtell / Toormina			
Name	Age	Centre	Final
1 Savannah Sproule		Coffs Coast	17.28

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 16.78 09-Dec-11 L. Moye, Sawtell-Toormina			
Name	Age	Centre	Final
1 Megan Tillman		Grafton	20.61

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 31.40 01-Dec-99 A. Green, Grafton			
Name	Age	Centre	Final
1 Laila McDonald		Coffs Coast	33.65
2 Holly Sangster		Lower Clarence	34.36
3 Jessica McKie		Lismore	35.68
4 Ebony Wylie		Nambucca & District	42.54

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 31.30 01-Dec-90 K. Jaye, Grafton			
Name	Age	Centre	Final
1 Ellyse Walker		Coffs Coast	32.83
2 Alexandra Harrison		Coffs Coast	36.10
3 Ruby Parker		Ballina	36.20
4 Gabriella Hill		Lismore	42.35

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 29.20 01-Dec-89 M. Gaudon, Grafton			
Name	Age	Centre	Final
1 Savannah Sproule		Coffs Coast	51.33
2 Megan Harris		Ballina	1:01.60

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Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 29.42 14-Dec-13 Lillie Moye, Coffs Coast			
Name	Age	Centre	Final
1 Sarah Hartsuyker		Coffs Coast	1:00.92
2 Gemma Codrington		Lismore	1:06.67

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 1:00.11 11-Dec-16 Coffs Coast, Coffs Coast			
Centre			Final
1 Coffs Coast			1:02.72
1) Erika Dunn 11	2) Alyssa Baff 9		
3) Fern Berry 10	4) Yasmin Ball 12		
2 Lismore			1:04.73
1) Mikayla Frey 9	2) Natasha Moretti 10		
3) Angeline Codrington 11	4) Cassandra Hill 12		
3 Urunga/Bellingher Valley			1:04.83
1) Eadie Oldman 9	2) Harriet Pagulayan Mccabe 11		
3) Mikaylah Miller 10	4) Rebekah Eppler 12		
4 Ballina			1:08.00
1) Skye Dogan 9	2) Holly Mansfield 10		
3) Taylah McIntosh 11	4) Charlotte Gilliland 12		
-- Nambucca & District			DQ
1) Paige Jackson 10	2) Hannah Sharp 12		
3) Allie Hancock 11	4)		

Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 54.46 11-Dec-16 Coffs Coast, Coffs Coast			
Centre			Final
1 Coffs Coast			55.19
1) Alyssa Jenkins 14	2) Laila McDonald 13		
3) Savannah Sproule 15	4) Sarah Hartsuyker 17		
2 Lismore			1:02.39
1) Jessica McKie 13	2) Isabelle Pannach 13		
3) Gabriella Hill 14	4) Gemma Codrington 17		
3 Nambucca & District			1:03.67
1) Indigo Sharp 14	2) Charlee Woods 12		
3) Ebony Wylie 13	4) Crystal Wylie 14		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.10m 01-Dec-90 T. Cameron, Sawtell / Toormin			
Name	Age	Centre	Final
Flight 1			
1 Emma Kerr		Lower Clarence	0.95m
2 Mia Ross		Coffs Coast	0.92m
3 Lucy McCormick		Coffs Coast	0.80m

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Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.25m 01-Dec-05 N. Makings, Lismore			
Name	Age	Centre	Final
1 Fiona Holloway		Nambucca & District	1.04m
2 Grace Noonan		Nambucca & District	1.01m
3 Maisie McCormick		Coffs Coast	0.95m

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.40m 01-Dec-90 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Angeline Codrington		Lismore	1.15m
2 Isabel Boylan		Lower Clarence	1.12m
2 Jasmine Chellew		Grafton	1.12m
4 Erika Dunn		Coffs Coast	1.09m

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.52m 01-Dec-91 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Isabelle Johnson		Woolgoolga	1.25m
2 Tiara Salmon		Coffs Coast	1.10m
3 Hannah Sharp		Nambucca & District	1.10m
3 Izabelle Salway		Nambucca & District	1.10m

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.51m 12-Dec-15 Jesse Beresford, Woolgoolga			
Name	Age	Centre	Final
1 Keira Williams		Coffs Coast	1.45m
-- Victoire Lokpo		Coffs Coast	NH
-- Ebony Wylie		Nambucca & District	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.60m 01-Dec-96 T. Coddington, Bellingen			
Name	Age	Centre	Final
1 Alexandra Harrison		Coffs Coast	1.47m
2 Ellyse Walker		Coffs Coast	1.44m
3 Crystal Wylie		Nambucca & District	1.41m
4 Jorgia Young		Coffs Coast	1.33m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.60m 01-Dec-94 M. Tucker, Sawtell / Toormina			
Name	Age	Centre	Final
1 Savannah Sproule		Coffs Coast	1.35m

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Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.55m 11-Dec-16 Erica Tillman, Grafton			
Name	Age	Centre	Final
1 Gemma Codrington		Lismore	1.50m
2 Heather Orme		Glenreagh	1.45m
3 Megan Tillman		Grafton	1.25m

Girls U 7 - Long Jump

Zone: Z 2.97m 01-Dec-00 L. Maranic, Coffs Harbour			
Name	Age	Centre	Final
1 Alannah Moore		Coffs Coast	2.80m
2 Alexandra Dogan		Ballina	2.50m
3 Guilliana Day		Casino	2.36m
4 Siobhan Holloway		Nambucca & District	2.33m
5 Lexie Brown		Nambucca & District	2.26m
6 Zoe Counter		Woolgoolga	2.08m
7 Ashley-rose Monaghan		Nambucca & District	1.86m
8 Amelia Pannach		Lismore	1.68m

Girls U 8 - Long Jump

Zone: Z 3.43m 01-Dec-93 K. Day, Casino			
Name	Age	Centre	Final
1 Evie Hill		Coffs Coast	2.86m
2 Phoenix McClure		Evans Head	2.72m
3 Josie Ryan		Casino	2.66m
4 Savannah Kolosque		Nambucca & District	2.48m
5 Ella Rose		Casino	2.43m
6 Shyla Guest		Urunga/Bellinger	2.36m
7 Layla Bennington		Urunga/Bellinger	2.26m
8 Kyarna Gillard		Nambucca & District	2.25m
9 Mia Henry		Coffs Coast	2.04m

Girls U 9 - Long Jump

Zone: Z 3.81m 11-Dec-16 Fern Berry, Coffs Coast			
Name	Age	Centre	Final
1 Skye Dogan		Ballina	3.15m
2 Mia Ross		Coffs Coast	2.92m
3 Eadie Oldman		Urunga/Bellinger	2.77m
3 Lucy McCormick		Coffs Coast	2.77m
3 Steffany Nudo		Grafton	2.77m
6 Josephine Eppler		Urunga/Bellinger	2.50m
7 Zaylie Gillard		Nambucca & District	2.13m
8 Sharni Salmon		Coffs Coast	1.69m

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Girls U 10 - Long Jump

Zone: Z 3.99m 10-Dec-16 Kiara Denny, Ballina			
Name	Age	Centre	Final
1 Fern Berry		Coffs Coast	3.96m
2 Holly Mansfield		Ballina	3.47m
3 Lazariah Day		Casino	3.41m
4 Tana Lowe		Lower Clarence	3.32m
5 Mikaylah Miller		Urunga/Bellinger	3.31m
6 Paige Jackson		Nambucca & District	3.28m
7 Natasha Moretti		Lismore	3.26m
8 Monique Hill		Coffs Coast	2.89m
9 Saffron Knight		Nambucca & District	2.69m
10 Jenna Franke		Woolgoolga	2.62m
11 Maisie McCormick		Coffs Coast	2.51m
12 Laura Mcneil		Urunga/Bellinger	1.95m
13 Elana Kolosque		Nambucca & District	1.73m

Girls U 11 - Long Jump

Zone: Z 4.35m 01-Dec-00 L. Duncan, Nambucca			
Name	Age	Centre	Final
1 Allie Hancock		Nambucca & District	3.78m
2 Isabel Boylan		Lower Clarence	3.55m
3 Rhianna Baff		Coffs Coast	3.44m
4 Angelina Codrington		Lismore	3.36m
5 Siabh Rigley		Ballina	3.21m
6 Lindsay Guest		Urunga/Bellinger	3.14m
7 Taylah McIntosh		Ballina	3.04m
8 Samantha Little		Urunga/Bellinger	2.97m
9 Heidi McClure		Evans Head	2.66m
10 Lani Blunn		Lismore	2.42m
11 Makayla Lamb		Nambucca & District	2.38m
12 Rachael Purcell		Nambucca & District	2.25m

Girls U 12 - Long Jump

Zone: Z 4.65m 12-Dec-15 Faith Pittman, Casino			
Name	Age	Centre	Final
1 Rebekah Eppler		Urunga/Bellinger	3.94m
2 Yasmin Ball		Coffs Coast	3.93m
3 Shayla Webb		Coffs Coast	3.71m
4 Charlotte Gilliland		Ballina	3.67m
5 Tiara Salmon		Coffs Coast	3.10m
6 Kayla Hilton		Nambucca & District	2.75m

Girls U 13 - Long Jump

Zone: Z 4.90m 01-Dec-08 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Kaleah Doherty		Coffs Coast	4.54m
2 Laila McDonald		Coffs Coast	4.47m

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....Girls U 13 - Long Jump

3	Jessica McKie	Lismore	4.36m
4	Keira Williams	Coffs Coast	3.85m
5	Tomika Orme	Glenreagh	3.15m
6	Ebony Wylie	Nambucca & District	3.11m
--	Victoire Lokpo	Coffs Coast	FOUL

Girls U 14 - Long Jump

=====			
Zone: Z 5.17m 01-Dec-01 L. Pirlo, Casino			
Name	Age	Centre	Final
=====			
1	Faith Pittman	Casino	4.82m
2	Alyssa Jenkins	Coffs Coast	4.49m
3	Alexandra Harrison	Coffs Coast	4.22m
4	Ruby Parker	Ballina	4.21m
5	Sophie Walsh	Coffs Coast	4.02m
6	Krystal McMahan	Grafton	3.67m

Girls U 15 - Long Jump

=====			
Zone: Z 5.17m 01-Dec-94 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Hanna Tait	Grafton	4.70m
2	Savannah Sproule	Coffs Coast	4.61m
3	Nathalie Avery	Grafton	4.28m

Girls U 17 - Long Jump

=====			
Zone: Z 5.30m 11-Dec-16 Katie Thorn, Coffs Coast			
Name	Age	Centre	Final
=====			
1	Sarah Hartsuyker	Coffs Coast	4.55m
2	Heather Orme	Glenreagh	4.16m

Girls U 11 - Triple Jump

=====			
Zone: Z 9.37m 01-Dec-90 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Lindsay Guest	Urunga/Bellinger	7.39m
2	Harriet Pagulayan Mccabe	Urunga/Bellinger	7.18m
3	Maya Sutherland	Lower Clarence	7.09m
4	India Walker	Nambucca & District	7.03m
5	Jasmine Chellew	Grafton	6.73m
6	Heidi McClure	Evans Head	5.97m

Girls U 12 - Triple Jump

=====			
Zone: Z 9.49m 01-Dec-91 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Yasmin Ball	Coffs Coast	8.84m
2	Bonnie Malt	Urunga/Bellinger	8.57m

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....Girls U 12 - Triple Jump

3	Cassandra Hill	Lismore	7.47m
4	Izabelle Salway	Nambucca & District	6.89m
5	Ella-Ruth Beynon-Whitela	Coffs Coast	6.49m

Girls U 13 - Triple Jump

Zone: Z 10.36m 01-Dec-92 M. Tucker, Coffs Harbour

Name	Age	Centre	Final
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1	Jessica McKie	Lismore	10.07m
2	Laila McDonald	Coffs Coast	9.45m
3	Kaleah Doherty	Coffs Coast	9.17m
4	Keira Williams	Coffs Coast	8.60m
5	Tomika Orme	Glenreagh	6.84m

Girls U 14 - Triple Jump

Zone: Z 10.53m 13-Dec-15 Chelsea Williams, Coffs Coas

Name	Age	Centre	Final
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1	Faith Pittman	Casino	10.00m
2	Alyssa Jenkins	Coffs Coast	9.82m
3	Alexandra Harrison	Coffs Coast	9.80m
4	Gemma Keough	Coffs Coast	9.03m
5	Krystal McMahan	Grafton	8.85m

Girls U 15 - Triple Jump

Zone: Z 10.65m 10-Dec-11 R. Rotumah, Nambucca

Name	Age	Centre	Final
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1	Savannah Sproule	Coffs Coast	9.92m
2	Hanna Tait	Grafton	8.97m
3	Nathalie Avery	Grafton	8.65m
4	Megan Harris	Ballina	7.60m
5	Kailee Salway	Nambucca & District	6.53m

Girls U 17 - Triple Jump

Zone: Z 11.50m 10-Dec-16 Erica Tillman, Grafton

Name	Age	Centre	Final
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1	Heather Orme	Glenreagh	9.18m
2	Megan Tillman	Grafton	8.40m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 5.05m 01-Dec-94 A. Johnson, Nambucca

Name	Age	Centre	Final
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1	Ashley-rose Monaghan	Nambucca & District	3.45m
2	Zoe Counter	Woolgoolga	2.98m
3	Grace Rose	Casino	2.58m
4	Siobhan Holloway	Nambucca & District	2.42m

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....Girls U 7 - Shot Put (1.0 Kg)

5 Amelia Pannach	Lismore	2.39m
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Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.15m 01-Dec-97 R. O'Connor, Coffs Harbour

Name	Age Centre	Final
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1 Evie Hill	Coffs Coast	4.63m
2 Hannah Mcneil	Urunga/Bellinger	4.10m
3 Kyarna Gillard	Nambucca & District	3.80m
4 Shyla Guest	Urunga/Bellinger	3.76m
5 Anais Carswell	Coffs Coast	3.41m
6 Ella Rose	Casino	2.99m
7 Mia Henry	Coffs Coast	2.64m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 6.02m 12-Dec-15 India Walker, Nambucca

Name	Age Centre	Final
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1 Emma Kerr	Lower Clarence	5.45m
2 Sharni Salmon	Coffs Coast	3.35m
3 Jaani Gill	Coffs Coast	3.21m
4 Zoe Gill	Coffs Coast	3.18m
5 Zaylie Gillard	Nambucca & District	3.13m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 7.53m 01-Dec-91 K. Thompson, Coffs Harbour

Name	Age Centre	Final
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1 Tana Lowe	Lower Clarence	5.28m
2 Nikki Andonov	Lismore	4.47m
3 Monique Hill	Coffs Coast	4.29m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 9.04m 01-Dec-03 B. Ainsworth, McLean

Name	Age Centre	Final
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1 Jacqueline Andonov	Lismore	8.65m
2 India Walker	Nambucca & District	7.77m
3 Maraiyde Dougan	Coffs Coast	6.18m
4 Lani Blunn	Lismore	6.04m
5 Keira Phelps	Nambucca & District	5.73m
6 Linsay Guest	Urunga/Bellinger	5.57m
7 Makayla Lamb	Nambucca & District	5.40m
8 Chloe Desmond	Woolgoolga	5.07m
9 Samantha Little	Urunga/Bellinger	4.63m
10 Taylah McIntosh	Ballina	4.49m
11 Heidi McClure	Evans Head	4.32m
12 Lucie Archibald	Coffs Coast	4.24m

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Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 11.08m 01-Dec-97 K. Meredith, Nambucca			
Name	Age	Centre	Final
1 Charlee Woods		Nambucca & District	8.41m
2 Holly Blanch		Nambucca & District	7.85m
3 Ella-Ruth Beynon-Whitela		Coffs Coast	7.07m
4 Bonnie Malt		Urunga/Bellinger	7.03m
5 Izabelle Salway		Nambucca & District	7.02m
6 Kayla Hilton		Nambucca & District	6.49m
7 Isabelle Johnson		Woolgoolga	5.85m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 10.99m 01-Dec-05 A. Jennings, Lismore			
Name	Age	Centre	Final
1 Jessica McKie		Lismore	8.47m
2 Eliza Blunn		Lismore	7.02m
3 Isabelle Pannach		Lismore	6.86m
4 Leanna Brown		Nambucca & District	5.60m
5 Tomika Orme		Glenreagh	5.22m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 11.24m 01-Dec-02 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Zali Bourke		Lower Clarence	8.61m
2 Makaela Scott		Casino	8.55m
3 Krystal McMahon		Grafton	7.78m
4 Tiffany Brien		Lower Clarence	7.29m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 11.80m 01-Dec-02 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Nathalie Avery		Grafton	7.68m
2 Jessica Roche		Evans Head	7.32m
3 Kailee Salway		Nambucca & District	4.87m

Girls U 7 - Discus (350 Gram)

Zone: Z 12.40m 01-Dec-00 E. Newcombe, Urunga			
Name	Age	Centre	Final
1 Ashley Mitcham		Nambucca & District	7.91m
2 Jesse Desmond		Woolgoolga	7.85m
3 Guillianana Day		Casino	7.28m
4 Bonnie Ross		Coffs Coast	6.70m
5 Ashley-rose Monaghan		Nambucca & District	6.34m
6 Grace Rose		Casino	5.90m
7 Amelia Pannach		Lismore	3.13m

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Girls U 8 - Discus (500 Gram)

Zone: Z 16.74m 01-Dec-97 R. O'Connor, Coffs Harbour			
Name	Age	Centre	Final
1 Savannah Kolosque		Nambucca & District	10.29m
2 Kyarna Gillard		Nambucca & District	8.58m
3 Shyla Guest		Urunga/Bellinger	7.72m
4 Hannah Mcneil		Urunga/Bellinger	7.30m
5 Phoenix McClure		Evans Head	7.09m

Girls U 9 - Discus (500 Gram)

Zone: Z 18.34m 01-Dec-08 R. Woods, Nambucca			
Name	Age	Centre	Final
1 Emma Kerr		Lower Clarence	16.71m
2 Eadie Oldman		Urunga/Bellinger	11.25m
3 Steffany Nudo		Grafton	9.56m
4 Zaylie Gillard		Nambucca & District	8.38m

Girls U 10 - Discus (500 Gram)

Zone: Z 22.84m 01-Dec-99 R. Shipman, Coffs Harbour			
Name	Age	Centre	Final
1 Tana Lowe		Lower Clarence	16.90m
2 Nikki Andonov		Lismore	15.85m
3 Elana Kolosque		Nambucca & District	11.11m
4 Fiona Holloway		Nambucca & District	11.04m
5 Lazariah Day		Casino	10.32m

Girls U 11 - Discus (750 Gram)

Zone: Z 22.83m 10-Dec-17 Jacqueline Andonov, Lismore			
Name	Age	Centre	Final
1 Jacqueline Andonov		Lismore	22.83mZ
2 Allie Hancock		Nambucca & District	13.71m
3 Lani Blunn		Lismore	13.68m
4 Heidi McClure		Evans Head	11.40m
5 Maraiyde Dougan		Coffs Coast	11.22m
6 Makayla Lamb		Nambucca & District	9.09m
7 Lucie Archibald		Coffs Coast	8.13m
8 Imogen Webb		Urunga/Bellinger	7.44m

Girls U 12 - Discus (750 Gram)

Zone: Z 29.14m 01-Dec-93 K. Thompson, Coffs Harbour			
Name	Age	Centre	Final
1 Charlee Woods		Nambucca & District	21.22m
2 Shayla Webb		Coffs Coast	16.32m
3 Holly Blanch		Nambucca & District	15.70m
4 Ella-Ruth Beynon-Whitela		Coffs Coast	13.14m
5 Tiara Salmon		Coffs Coast	12.40m

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Girls U 13 - Discus (750 Gram)

Zone: Z 32.24m 01-Dec-05 A. Jennings, Lismore			
Name	Age	Centre	Final
1 Eliza Blunn		Lismore	23.52m
2 Jessica McKie		Lismore	20.65m
3 Isabelle Pannach		Lismore	19.82m
4 Leanna Brown		Nambucca & District	12.69m
5 Tomika Orme		Glenreagh	11.31m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 33.71m 01-Dec-02 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Makaela Scott		Casino	22.21m
2 Zali Bourke		Lower Clarence	22.13m
3 Faith Pittman		Casino	22.09m
4 Tiffany Brien		Lower Clarence	19.08m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 33.06m 01-Dec-94 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Jessica Roche		Evans Head	19.98m
2 Kailee Salway		Nambucca & District	11.16m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 37.38m 01-Dec-09 R. Morris, Lismore			
Name	Age	Centre	Final
1 Heather Orme		Glenreagh	17.58m

Girls U 11 - Javelin (400 Gram)

Zone: Z 18.54m 09-Dec-17 Maraiyde Dougan, Coffs Coast			
Name	Age	Centre	Final
1 Maraiyde Dougan		Coffs Coast	18.54mZ
2 India Walker		Nambucca & District	17.78m
3 Lani Blunn		Lismore	12.03m
4 Makayla Lamb		Nambucca & District	11.19m
5 Chloe Desmond		Woolgoolga	9.52m
6 Jacqueline Andonov		Lismore	9.34m

Girls U 12 - Javelin (400 Gram)

Zone: Z 20.11m 09-Dec-17 Isabelle Salway, Nambucca			
Name	Age	Centre	Final
1 Isabelle Salway		Nambucca & District	20.11mZ
2 Hannah Sharp		Nambucca & District	18.00m
3 Holly Blanch		Nambucca & District	17.85m

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....Girls U 12 - Javelin (400 Gram)

4 Ella-Ruth Beynon-Whitela	Coffs Coast	17.17m
5 Kayla Hilton	Nambucca & District	12.29m

Girls U 13 - Javelin (400 Gram)

Zone: Z 29.12m 09-Dec-11 Bridgette Ward, Sawtell-Toor

Name	Age Centre	Final
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1 Keira Williams	Coffs Coast	20.08m
2 Eliza Blunn	Lismore	18.85m
3 Holly Sangster	Lower Clarence	13.92m
4 Ebony Wylie	Nambucca & District	13.76m
5 Leanna Brown	Nambucca & District	11.26m
6 Tomika Orme	Glenreagh	9.35m

Girls U 14 - Javelin (400 Gram)

Zone: Z 30.64m 12-Dec-15 Jade Tapfield, Woolgoolga

Name	Age Centre	Final
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1 Alexandra Harrison	Coffs Coast	25.28m
2 Zali Bourke	Lower Clarence	21.91m
3 Makaela Scott	Casino	19.76m
4 Tiffany Brien	Lower Clarence	16.63m
5 Indigo Sharp	Nambucca & District	10.28m

Girls U 15 - Javelin (500 Gram)

Zone: Z 29.20m 01-Dec-05 L. Robson, Sawtell / Toormin

Name	Age Centre	Final
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1 Hanna Tait	Grafton	27.17m
2 Kailee Salway	Nambucca & District	12.07m
3 Jessica Roche	Evans Head	10.85m

Girls U 17 - Javelin (500 Gram)

Zone: Z 34.09m 08-Dec-11 Levi Brown, Lismore

Name	Age Centre	Final
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1 Gemma Codrington	Lismore	17.14m
2 Heather Orme	Glenreagh	14.71m
3 Megan Tillman	Grafton	14.14m

Girls U 10 - 1100 Metre Walk

Zone: Z 6:53.80 01-Dec-02 C. Attwater, Grafton

Name	Age Centre	Final
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Section 1

1 Nikki Andonov	Lismore	7:41.63
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Girls U 11 - 1100 Metre Walk

Zone: Z 6:30.60 01-Dec-05 K. Knight, Coff Harbour			
Name	Age	Centre	Final
1 Jacqueline Andonov		Lismore	7:52.26
2 Taylah McIntosh		Ballina	8:09.76
3 Lucie Archibald		Coffs Coast	10:18.83

Girls U 12 - 1500 Metre Walk

Zone: Z 8:39.34 13-Dec-15 Gabriella Hill, Lismore			
Name	Age	Centre	Final
1 Cassandra Hill		Lismore	9:38.16
2 Skye Birkett		Woolgoolga	10:10.52
3 Hannah Sharp		Nambucca & District	11:54.91

Girls U 13 - 1500 Metre Walk

Zone: Z 8:32.45 11-Dec-16 Gabriella Hill, Lismore			
Name	Age	Centre	Final
1 Isabelle Pannach		Lismore	9:54.23
2 Victoire Lokpo		Coffs Coast	10:54.91

Girls U 14 - 1500 Metre Walk

Zone: Z 7:10.51 10-Dec-17 Gabriella Hill, Lismore			
Name	Age	Centre	Final
1 Gabriella Hill		Lismore	7:10.51Z
2 Indigo Sharp		Nambucca & District	9:44.00
3 Jorgia Young		Coffs Coast	9:50.20

Boys U 7 - 50 Metre Sprint

Zone: Z 8.80 01-Dec-08 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Final
1 Cooper Dendle		Lismore	11.99
2 Jesse Brown		Nambucca & District	12.41

Boys U 7 - 70 Metre Sprint

Zone: Z 11.90 01-Dec-91 J. Wilson, Coffs Harbour			
Name	Age	Centre	Final
1 Ethan Close		Coffs Coast	12.79
2 Orville Daley		Nambucca & District	13.80
3 Jesse Brown		Nambucca & District	14.56

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Boys U 8 - 70 Metre Sprint

Zone: Z 11.67 11-Dec-16 Joshua Hargrave, Lismore			
Name	Age	Centre	Final
1 Jett Sutherland		Lower Clarence	12.68
2 Bailey Webb		Coffs Coast	12.80
3 Zane Guthrie		Coffs Coast	12.93
4 Bryce Byrne		Lismore	13.40
5 Flynn Boylan		Lower Clarence	13.93
6 Jack Wingfield		Glenreagh	14.66

Boys U 9 - 70 Metre Sprint

Zone: Z 10.60 01-Dec-99 A. Burns, Coffs Harbour			
Name	Age	Centre	Final
1 Joseph Birkett		Woolgoolga	12.62

Boys U 10 - 70 Metre Sprint

Zone: Z 10.20 01-Dec-01 J. Pefferkon, Nambucca			
Name	Age	Centre	Final
1 Max Clarke		Coffs Coast	10.85
2 Samuel Carswell		Coffs Coast	10.98

Boys U 7 - 100 Metre Sprint

Zone: Z 16.70 01-Dec-08 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Final
1 Ethan Close		Coffs Coast	17.62
2 Eligh Reid		Woolgoolga	19.64
3 Jesse Brown		Nambucca & District	19.76
4 Atticus Beynon-Whitelaw		Coffs Coast	23.77

Boys U 8 - 100 Metre Sprint

Zone: Z 11.70 01-Dec-94 B. Johnson, Nambucca			
Name	Age	Centre	Final
1 Finnley Clark		Coffs Coast	17.37
2 Bailey Webb		Coffs Coast	17.87
3 Bryce Byrne		Lismore	18.32
4 Flynn Boylan		Lower Clarence	18.61

Boys U 9 - 100 Metre Sprint

Zone: Z 14.50 01-Dec-08 A. Wallace, Sawtell / Toormin			
Name	Age	Centre	Final
1 Cooper Close		Coffs Coast	16.94
2 Jackson Paterson		Woolgoolga	17.97
3 Zwelli Vockler		Urunga/Bellinger	18.01

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Boys U 10 - 100 Metre Sprint

Zone: Z 13.80 01-Dec-01 A. Kappen, McLean			
Name	Age	Centre	Final
1 Max Clarke		Coffs Coast	14.98
2 Samuel Carswell		Coffs Coast	15.85
3 Licoln Henry		Coffs Coast	17.05
4 Archie Simmonds		Coffs Coast	17.90
5 Isaac Reid		Coffs Coast	18.54
6 Brayden Wingfield		Glenreagh	19.17
7 Ryan Lloyd		Lower Clarence	20.98

Boys U 11 - 100 Metre Sprint

Zone: Z 13.80 01-Dec-89 S. Tuxford, Coffs Harbour			
Name	Age	Centre	Final
1 George Cummings		Woolgoolga	14.64
2 Logan Lacey		Coffs Coast	14.72
3 Satriya Pope		Grafton	14.91
4 Heaton Lloyd		Lower Clarence	16.69

Boys U 12 - 100 Metre Sprint

Zone: Z 13.00 01-Dec-97 Ri Williams, Urunga			
Name	Age	Centre	Final
1 Marcus Makejev		Grafton	14.04
2 Ben Keough		Coffs Coast	14.41
3 Angus Holloway		Nambucca & District	15.20
4 Zane Lowe		Lower Clarence	15.94

Boys U 13 - 100 Metre Sprint

Zone: Z 12.60 01-Dec-95 B. Rose, Bellinger			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	13.37
2 Max Iggulden		Coffs Coast	14.64
2 Andrew Clark		Lismore	14.64
4 Lewis Pagulayan Mccabe		Urunga/Bellinger	15.31
5 Nathan Pade		Urunga/Bellinger	15.81
5 Jayden Jackson		Nambucca & District	15.81
7 Daniel Barber		Urunga/Bellinger	16.59

Boys U 14 - 100 Metre Sprint

Zone: Z 12.40 09-Dec-17 Joven Walker, Nambucca			
Name	Age	Centre	Final
1 Joven Walker		Nambucca & District	12.40Z
2 Jack Sheehan		Coffs Coast	13.05
3 Jack Ros		Casino	14.64
4 Zachary Chegwiddden		Grafton	14.80

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Boys U 15 - 100 Metre Sprint

Zone: Z 11.70 01-Dec-08 J. Chant, Sawtell / Toormina			
Name	Age	Centre	Final
1 Rowan Mansfield		Ballina	12.20
2 Kai Mildren		Woolgoolga	14.16

Boys U 17 - 100 Metre Sprint

Zone: Z 11.50 01-Dec-08 R. Lenihan, Sawtell / Toormin			
Name	Age	Centre	Final
1 Isaac Hodnett-daly		Nambucca & District	12.05
2 Ethan Striegher		Woolgoolga	12.14
3 Tyler Glavocih		Ballina	12.54
4 Rocco Partridge		Lismore	12.95
5 Thomas Burr ridge		Coffs Coast	13.62
6 Josh Cole		Casino	13.98
7 Jacob Zagar		Casino	14.84

Boys U 7 - 200 Metre Sprint

Zone: Z 37.10 01-Dec-08 B. Kernaghan, Ballina			
Name	Age	Centre	Final
1 Eligh Reid		Woolgoolga	41.00
2 Orville Daley		Nambucca & District	41.48
3 Talon Forrest		Coffs Coast	42.45
4 Maximilian Frey		Lismore	43.47
5 Vinnie Hall		Woolgoolga	43.64

Boys U 8 - 200 Metre Sprint

Zone: Z 32.60 01-Dec-90 M. Wills, Sawtell / Toormina			
Name	Age	Centre	Final
1 Finnley Clark		Coffs Coast	36.56
2 Jett Sutherland		Lower Clarence	37.03
3 Rio Luther-Barr		Coffs Coast	37.76

Boys U 9 - 200 Metre Sprint

Zone: Z 30.20 01-Dec-02 B. Smith, Ballina			
Name	Age	Centre	Final
1 Joseph Birkett		Woolgoolga	37.00
2 Jackson Paterson		Woolgoolga	39.63

Boys U 10 - 200 Metre Sprint

Zone: Z 29.70 01-Dec-02 J. Fischer, McLean			
Name	Age	Centre	Final
1 Max Clarke		Coffs Coast	32.22
2 Tyler Dogan		Ballina	33.83

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....Boys U 10 - 200 Metre Sprint

3 Taj Butcher	Coffs Coast	35.69
4 Flint Sutherland	Lower Clarence	36.99
5 Landon Brown	Nambucca & District	37.69
6 Ryan Lloyd	Lower Clarence	45.55

Boys U 11 - 200 Metre Sprint

Zone: Z 28.50 01-Dec-11 B. Hunt, Ballina			
Name	Age	Centre	Final
1 Josh Upsall		Coffs Coast	30.36
2 George Cummings		Woolgoolga	31.04
3 Satriya Pope		Grafton	31.96
4 Heaton Lloyd		Lower Clarence	34.97
5 Leo Iggulden		Coffs Coast	36.24

Boys U 12 - 200 Metre Sprint

Zone: Z 27.40 01-Dec-94 D. Rose, Bellinger Valley			
Name	Age	Centre	Final
1 Marcus Makejev		Grafton	29.51
2 Oliver Mason		Lismore	33.35

Boys U 13 - 200 Metre Sprint

Zone: Z 25.50 01-Dec-96 D. Garbin, Grafton			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	26.51
2 Mason Woods		Coffs Coast	29.69
3 Max Iggulden		Coffs Coast	29.70
4 Kyan Upsall		Coffs Coast	30.04
5 Andrew Clark		Lismore	30.10
6 Noah Glavocih		Ballina	31.34
7 Matthew Cornelius		Nambucca & District	31.78
8 Nathan Pade		Urunga/Bellinger	31.95

Boys U 14 - 200 Metre Sprint

Zone: Z 24.90 01-Dec-08 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1 Joven Walker		Nambucca & District	26.63
2 Zachary Chegwiddden		Grafton	33.25

Boys U 15 - 200 Metre Sprint

Zone: Z 23.90 01-Dec-94 J. Farmer, Coffs Harbour			
Name	Age	Centre	Final
1 Rowan Mansfield		Ballina	24.65
2 Nathan Zawadzki		Coffs Coast	25.55

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Boys U 17 - 200 Metre Sprint

Zone: Z 22.87 11-Dec-16 Aidan Wallace, Coffs Coast			
Name	Age	Centre	Final
1 Isaac Hodnett-daly		Nambucca & District	24.24
2 Ethan Striegger		Woolgoolga	25.12
3 Tyler Glavocih		Ballina	25.48

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.40 01-Dec-94 J. Gava, Casino			
Name	Age	Centre	Final
1 Rio Luther-Barr		Coffs Coast	1:24.19
2 Eli Butcher		Coffs Coast	1:35.07

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.60 10-Dec-16 Lincoln Chambers, Glenreagh			
Name	Age	Centre	Final
1 Liam Bonham		Coffs Coast	1:24.61
2 Riley Burgess		Woolgoolga	1:27.52
3 Cooper Close		Coffs Coast	1:30.32
4 Zwelli Vockler		Urunga/Bellinger	1:35.50
5 Jackson Paterson		Woolgoolga	1:37.79

Boys U 10 - 400 Metre Sprint

Zone: Z 1:08.70 01-Dec-02 J. Duncan, Sawtell / Toormi			
Name	Age	Centre	Final
1 Max Clarke		Coffs Coast	1:10.98
2 Lincoln Chambers		Woolgoolga	1:11.82
3 Tyler Dogan		Ballina	1:16.77
4 Cooper Moore		Coffs Coast	1:20.13
5 Tyrell Dootson		Coffs Coast	1:22.22
6 Archie Simmonds		Coffs Coast	1:22.89
7 Landon Brown		Nambucca & District	1:23.20

Boys U 11 - 400 Metre Sprint

Zone: Z 1:05.80 01-Dec-99 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Leo Iggulden		Coffs Coast	1:27.82
2 Shaman Pittman		Casino	1:41.75

Boys U 12 - 400 Metre Sprint

Zone: Z 1:05.85 10-Dec-16 Harrison Colyer, Coffs Coas			
Name	Age	Centre	Final
1 Joshua Monaghan		Nambucca & District	1:19.20

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Boys U 13 - 400 Metre Sprint

Zone: Z 59.40 01-Dec-96 D. Garbin, Grafton			
Name	Age	Centre	Final
1 Kyan Upsall		Coffs Coast	1:05.20
2 Andrew Clark		Lismore	1:06.32
3 Mason Woods		Coffs Coast	1:09.81
4 Max Iggulden		Coffs Coast	1:26.70

Boys U 14 - 400 Metre Sprint

Zone: Z 57.28 10-Dec-16 Calvin Brown, Lismore			
Name	Age	Centre	Final
1 Campbell Booth		Ballina	1:08.27
2 Shannon Pade		Urunga/Bellinger	1:11.18
3 Hunter Ryan		Casino	1:13.56
4 Zachary Chegwidan		Grafton	1:15.46
-- Caleb Knobloch		Urunga/Bellinger	DQ

Boys U 15 - 400 Metre Sprint

Zone: Z 54.60 01-Dec-96 A. Antonioli, Casino			
Name	Age	Centre	Final
1 Nathan Zawadzki		Coffs Coast	56.68
2 Daniel Clark		Lismore	1:06.49

Boys U 17 - 400 Metre Sprint

Zone: Z 51.93 10-Dec-16 Aidan Wallace, Coffs Coast			
Name	Age	Centre	Final
1 Isaac Hodnett-daly		Nambucca & District	58.45
2 Thomas Burr ridge		Coffs Coast	1:04.23
3 Benjamin Burr ridge		Coffs Coast	1:22.58

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:59.91 10-Dec-16 Finnley Clarke, Coffs Coast			
Name	Age	Centre	Final
1 Eligh Reid		Woolgoolga	2:00.62
2 Talon Forrest		Coffs Coast	2:09.09
3 Maximilian Frey		Lismore	2:21.94

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:38.93 10-Dec-17 Finnley Clark, Coffs Coast			
Name	Age	Centre	Final
1 Finnley Clark		Coffs Coast	2:38.93Z
2 Rio Luther-Barr		Coffs Coast	2:43.26
3 Zane Guthrie		Coffs Coast	2:46.72
4 Eli Butcher		Coffs Coast	2:56.25

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Boys U 9 - 800 Metre Run

Zone: Z 2:42.39 11-Dec-16 Lincoln Chambers, Glenreagh			
Name	Age	Centre	Final
1 Liam Bonham		Coffs Coast	3:03.56
2 Hayden Counter		Woolgoolga	3:09.00
3 Riley Burgess		Woolgoolga	3:09.01
4 Zwelli Vockler		Urunga/Bellinger	3:24.59
5 Jackson Paterson		Woolgoolga	3:25.52

Boys U 10 - 800 Metre Run

Zone: Z 2:34.80 10-Dec-17 Lincoln Chambers, Woolgoolga			
Name	Age	Centre	Final
1 Lincoln Chambers		Woolgoolga	2:34.80Z
2 Tyler Dogan		Ballina	2:40.88
3 William Bennett		Woolgoolga	2:49.75
4 Cooper Moore		Coffs Coast	2:49.92
5 Flint Sutherland		Lower Clarence	3:02.34
6 Taj Butcher		Coffs Coast	3:03.54
7 Landon Brown		Nambucca & District	3:03.97
8 Licoln Henry		Coffs Coast	3:19.19

Boys U 11 - 800 Metre Run

Zone: Z 2:33.10 01-Dec-99 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Charlie Anliot		Nambucca & District	3:09.36
2 Shaman Pittman		Casino	3:50.14

Boys U 12 - 800 Metre Run

Zone: Z 2:25.10 01-Dec-05 M. Payne, Lismore			
Name	Age	Centre	Final
1 Oliver Mason		Lismore	2:49.44
2 Joshua Monaghan		Nambucca & District	2:58.71
3 Angus Holloway		Nambucca & District	3:01.64

Boys U 13 - 800 Metre Run

Zone: Z 2:20.20 01-Dec-00 S. Simpson, Woolgoolga			
Name	Age	Centre	Final
1 Kyan Upsall		Coffs Coast	2:30.32
2 Kele Jeffrey		Lower Clarence	2:33.50
3 Andrew Clark		Lismore	2:51.15

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Boys U 14 - 800 Metre Run

Zone: Z 2:21.82 13-Dec-15 Lachlan Mumford, Ballina			
Name	Age	Centre	Final
1 Campbell Booth		Ballina	2:36.24

Boys U 15 - 800 Metre Run

Zone: Z 2:10.10 01-Dec-01 C. Bruihmsma, Bellingen			
Name	Age	Centre	Final
1 Daniel Clark		Lismore	2:34.06
2 Connor Webb		Urunga/Bellinger	2:34.53

Boys U 17 - 800 Metre Run

Zone: Z 2:06.49 13-Dec-15 Jonathon Gusman, Coffs Coas			
Name	Age	Centre	Final
1 Thomas Burr ridge		Coffs Coast	2:31.34

Boys U 10 - 1500 Metre Run

Zone: Z 5:16.39 09-Dec-17 Lincoln Chambers, Woolgoolg			
Name	Age	Centre	Final
1 Lincoln Chambers		Woolgoolga	5:16.39Z
2 Tyler Dogan		Ballina	5:21.47
3 Cooper Moore		Coffs Coast	5:43.45
4 William Bennett		Woolgoolga	5:47.90
5 Tyrell Dootson		Coffs Coast	5:55.38
6 Landon Brown		Nambucca & District	6:07.73
-- Taj Butcher		Coffs Coast	DNF

Boys U 11 - 1500 Metre Run

Zone: Z 5:01.98 12-Dec-15 Harrison Colyer, Coffs Coas			
Name	Age	Centre	Final
1 Zachary Wilson		Coffs Coast	5:21.82
2 Josh Upsall		Coffs Coast	5:37.61
3 Charlie Anliot		Nambucca & District	6:08.15
4 Lucas Burr ridge		Coffs Coast	6:25.38
5 Shaman Pittman		Casino	6:59.94

Boys U 13 - 1500 Metre Run

Zone: Z 4:49.70 01-Dec-02 C. Fitzpatrick, Coffs Harbo			
Name	Age	Centre	Final
1 Kyan Upsall		Coffs Coast	5:02.81
2 Kele Jeffrey		Lower Clarence	5:07.77
3 Daniel Barber		Urunga/Bellinger	6:46.85

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Boys U 14 - 1500 Metre Run

Zone: Z 4:41.60 01-Dec-95 M. Wills, Sawtell / Toormin			
Name	Age	Centre	Final
1 Campbell Booth		Ballina	5:19.39
2 Shannon Pade		Urunga/Bellinger	6:49.40

Boys U 15 - 1500 Metre Run

Zone: Z 4:35.87 12-Dec-15 Joshua Mumford, Ballina			
Name	Age	Centre	Final
1 Daniel Clark		Lismore	5:20.71
2 Connor Webb		Urunga/Bellinger	5:22.83

Boys U 17 - 1500 Metre Run

Zone: Z 4:28.41 10-Dec-11 M. Berrington, Sawtell-Toor			
Name	Age	Centre	Final
1 Bailey Crabtree		Lismore	4:45.58
2 Lachlan West		Lismore	5:02.25
3 Benjamin Burr ridge		Coffs Coast	5:09.37

Boys U 13 - 3000 Metre Run

Zone: Z 10:44.47 08-Dec-11 Josh Guy, Sawtell-Toormina			
Name	Age	Centre	Final
1 Kele Jeffrey		Lower Clarence	10:50.52
2 Kyan Upsall		Coffs Coast	11:23.38
3 Andrew Clark		Lismore	11:28.32
4 Noah Glavocih		Ballina	12:52.45

Boys U 15 - 3000 Metre Run

Zone: Z 9:55.47 08-Dec-11 Jai Lyons, Sawtell-Toormina			
Name	Age	Centre	Final
1 Daniel Clark		Lismore	12:36.40

Boys U 17 - 3000 Metre Run

Zone: Z 9:57.15 08-Dec-11 Luke Tarrant, Sawtell-Toorm			
Name	Age	Centre	Final
1 Bailey Crabtree		Lismore	10:08.02
2 Benjamin Burr ridge		Coffs Coast	11:07.51
3 Lachlan West		Lismore	11:44.21

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Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.80 01-Dec-97 B. Weick, Bellinger Valley			
Name	Age	Centre	Final
1 Bailey Webb		Coffs Coast	13.13
2 Eli Butcher		Coffs Coast	13.46
3 Jett Sutherland		Lower Clarence	13.49
4 Bryce Byrne		Lismore	13.79

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.60 01-Dec-08 A. Wallace, Sawtell Toormina			
Name	Age	Centre	Final
1 Joseph Birkett		Woolgoolga	13.64

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 01-Dec-91 J. Northey, Grafton			
Name	Age	Centre	Final
1 Samuel Carswell		Coffs Coast	11.29
2 Tyrell Dootson		Coffs Coast	12.90
3 Licoln Henry		Coffs Coast	13.63
4 Flint Sutherland		Lower Clarence	13.87
5 Kodie Hilton		Nambucca & District	14.05
6 Connor Corbett		Nambucca & District	14.48
7 Isaac Reid		Coffs Coast	15.98

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 01-Dec-91 D. Bryant, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 George Cummings		Woolgoolga	11.64q
2 Leo Iggulden		Coffs Coast	12.18q
3 Jacob Monaghan		Nambucca & District	13.27q
Heat 2 Heats			
1 Josh Upsall		Coffs Coast	11.62q
2 Logan Lacey		Coffs Coast	12.07q
3 Heaton Lloyd		Lower Clarence	13.84q
4 Charlie Anliot		Nambucca & District	14.39q
5 Mitchell Close		Coffs Coast	14.63q

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 01-Dec-91 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Josh Upsall		Coffs Coast	11.32
2 George Cummings		Woolgoolga	11.60
3 Logan Lacey		Coffs Coast	12.15
4 Leo Iggulden		Coffs Coast	12.23

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....Boys U 11 - 60 Metre Hurdles (60cm)

5	Jacob Monaghan	Nambucca & District	13.58
6	Charlie Anliot	Nambucca & District	13.85
7	Heaton Lloyd	Lower Clarence	14.27
8	Mitchell Close	Coffs Coast	14.43

Boys U 12 - 60 Metre Hurdles (68cm)

=====			
	Zone: Z 10.10	01-Dec-89	D. Cross, Grafton
Name		Age Centre	Final
=====			

Section 1

1	Marcus Makejev	Grafton	11.87
2	Sam Fisher	Coffs Coast	12.48
3	Zack Roche	Evans Head	13.19

Boys U 13 - 80 Metre Hurdles (76cm)

=====			
	Zone: Z 13.30	01-Dec-02	E. Rice, McLean
Name		Age Centre	Final
=====			

1	Max Iggulden	Coffs Coast	15.14
2	Lewis Pagulayan McCabe	Urunga/Bellinger	15.85
3	Noah Glavocih	Ballina	15.91
4	Jayden Jackson	Nambucca & District	16.72

Boys U 14 - 90 Metre Hurdles (76cm)

=====			
	Zone: Z 14.10	01-Dec-99	J. Spear, Nambucca
Name		Age Centre	Final
=====			

1	Jack Sheehan	Coffs Coast	14.27
2	Joven Walker	Nambucca & District	15.48
3	Hunter Ryan	Casino	17.25
4	Jack Ros	Casino	17.34
5	Zachary Chegwiddden	Grafton	18.63

Boys U 15 - 100 Metre Hurdles (76cm)

=====			
	Zone: Z 14.60	01-Dec-96	J. Northey, Grafton
Name		Age Centre	Final
=====			

1	Jack McIntosh	Ballina	21.45
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Boys U 17 - 110 Metre Hurdles (76cm)

=====			
	Zone: Z 16.07	11-Dec-16	Isaac Hodnett-Daly, Nambucca
Name		Age Centre	Final
=====			

1	Tyler Glavocih	Ballina	18.43
2	Simon Walker	Nambucca & District	18.53

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Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.70 01-Dec-90 D. Cross, Grafton			
Name	Age	Centre	Final
1 Max Iggulden		Coffs Coast	32.63
2 Mason Woods		Coffs Coast	33.69
3 Lewis Pagulayan Mccabe		Urunga/Bellinger	34.10
4 Noah Glavocih		Ballina	35.05
5 Daniel Barber		Urunga/Bellinger	41.19

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 29.12 14-Dec-13 Nesta Walker, Nambucca			
Name	Age	Centre	Final
1 Lachlan West		Lismore	45.62
2 Simon Walker		Nambucca & District	47.02

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 59.89 11-Dec-16 Coffs Coast, Coffs Coast			
M Clarke, Z Wilson, B Keough, M Woods			
Centre			Final
1 Coffs Coast			1:00.60
1) Cooper Close 9		2) Logan Lacey 11	
3) Max Clarke 10		4) Ben Keough 12	
2 Woolgoolga			1:06.59
1) Riley Burgess 9		2) William Bennett 10	
3) Lincoln Chambers 10		4) George Cummings 11	
-- Nambucca & District			DQ
1) Connor Corbett 10		2) Kodie Hilton 10	
3) Jacob Monaghan 11		4)	

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 50.58 11-Dec-16 Coffs Coast, Coffs Coast			
J Sheehan, E Thorn, N Zawadzki, A Wallace			
Centre			Final
1 Nambucca & District			51.10
1) Angus Holloway 12		2) Joven Walker 14	
3) Malcolm Noble 13		4) Isaac Hodnett-daly 17	
2 Coffs Coast			51.67
1) Max Iggulden 13		2) Jack Sheehan 14	
3) Nathan Zawadzki 15		4) Thomas Burrridge 17	
3 Ballina			53.15
1) Noah Glavocih 13		2) Campbell Booth 14	
3) Rowan Mansfield 15		4) Tyler Glavocih 17	
4 Lismore			56.11
1) Oliver Mason 12		2) Andrew Clark 13	
3) Daniel Clark 15		4) Rocco Partridge 17	
5 Urunga/Bellinger Valley			58.86
1) Connor Webb 15		2) Lewis Pagulayan Mccabe 13	
3) Shannon Pade 14		4) Caleb Knobloch 14	

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Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.32m 01-Dec-93 K. Wooley, Sawtell / Toormina			
Name	Age	Centre	Final
Flight 1			
1 Samuel Carswell		Coffs Coast	1.12m
2 Flint Sutherland		Lower Clarence	1.06m

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.47m 11-Dec-16 Oliver Mason, Lismore			
Name	Age	Centre	Final
1 Zachary Wilson		Coffs Coast	1.30m
2 Beau Guthrie		Coffs Coast	1.20m
3 Jacob Monaghan		Nambucca & District	1.05m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.56m 09-Dec-17 Oliver Mason, Lismore			
Name	Age	Centre	Final
1 Oliver Mason		Lismore	1.56mZ
2 Zane Lowe		Lower Clarence	1.27m
3 Sam Fisher		Coffs Coast	1.24m
4 Joshua Monaghan		Nambucca & District	1.18m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.64m 11-Dec-16 Jack Sheehan, Coffs Coast			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	1.50m
2 Noah Glavocih		Ballina	1.40m
3 Matthew Cornelius		Nambucca & District	1.31m
4 Daniel Barber		Urunga/Bellinger	1.28m

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.70m 09-Dec-17 Jack Sheehan, Coffs Coast			
Name	Age	Centre	Final
1 Jack Sheehan		Coffs Coast	1.70mZ
2 Shannon Pade		Urunga/Bellinger	1.45m
3 Hunter Ryan		Casino	1.40m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.83m 01-Dec-96 K. Elliott, Grafton			
Name	Age	Centre	Final
1 Kai Mildren		Woolgoolga	1.60m
2 Daniel Clark		Lismore	1.25m

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Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.85m 10-Dec-16 Kyle McIlveen, Grafton			
Name	Age	Centre	Final
1 Lachlan West		Lismore	1.65m
2 Tyler Glavocih		Ballina	1.65m
3 Josh Cole		Casino	1.55m
4 Ethan Striegher		Woolgoolga	1.50m

Boys U 7 - Long Jump

Zone: Z 3.04m 10-Dec-17 Ethan Close, Coffs Coast			
Name	Age	Centre	Final
1 Ethan Close		Coffs Coast	3.04mZ
2 Talon Forrest		Coffs Coast	2.67m
3 Eligh Reid		Woolgoolga	2.57m
4 Maximilian Frey		Lismore	2.56m
5 Orville Daley		Nambucca & District	2.52m
6 Vinnie Hall		Woolgoolga	2.39m
7 Jesse Brown		Nambucca & District	2.16m
8 Cooper Dendle		Lismore	1.90m
9 Atticus Beynon-Whitelaw		Coffs Coast	1.65m

Boys U 8 - Long Jump

Zone: Z 3.63m 01-Dec-99 B. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Finnley Clark		Coffs Coast	3.07m
2 Rio Luther-Barr		Coffs Coast	3.02m
3 Zane Guthrie		Coffs Coast	2.88m
4 Jett Sutherland		Lower Clarence	2.72m
5 Bailey Webb		Coffs Coast	2.66m
6 Eli Butcher		Coffs Coast	2.58m
7 Flynn Boylan		Lower Clarence	2.49m
8 Bryce Byrne		Lismore	2.48m
9 Logan Corbett		Glenreagh	2.15m
10 Jack Wingfield		Glenreagh	1.88m

Boys U 9 - Long Jump

Zone: Z 4.17m 01-Dec-90 M. Wills, Sawtell / Toormina			
Name	Age	Centre	Final
1 Cooper Close		Coffs Coast	3.08m
2 Liam Bonham		Coffs Coast	2.80m

Boys U 10 - Long Jump

Zone: Z 4.30m 01-Dec-00 A. Pateman, MacLean			
Name	Age	Centre	Final
1 Licoln Henry		Coffs Coast	3.40m
2 Tyrell Dootson		Coffs Coast	3.37m

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....Boys U 10 - Long Jump

3 Lincoln Chambers	Woolgoolga	3.33m
4 Taj Butcher	Coffs Coast	3.22m
5 Archie Simmonds	Coffs Coast	2.99m
6 Kodie Hilton	Nambucca & District	2.98m
7 Isaac Reid	Coffs Coast	2.89m
8 Connor Corbett	Nambucca & District	2.87m
9 William Bennett	Woolgoolga	2.84m

Boys U 11 - Long Jump

Zone: Z 4.56m 01-Dec-05 R. Cole, Sawtell / Toormina

Name	Age Centre	Final
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1 Logan Lacey	Coffs Coast	4.29m
2 Zachary Wilson	Coffs Coast	4.27m
3 Beau Guthrie	Coffs Coast	4.24m
4 George Cummings	Woolgoolga	4.04m
5 Satriya Pope	Grafton	3.98m
6 Aiden Beynon-Whitelaw	Coffs Coast	2.93m

Boys U 12 - Long Jump

Zone: Z 4.97m 01-Dec-94 D. Rose, Bellingen

Name	Age Centre	Final
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1 Marcus Makejev	Grafton	4.28m
2 Sam Fisher	Coffs Coast	4.28m
3 Zane Lowe	Lower Clarence	4.05m
4 Angus Holloway	Nambucca & District	3.96m
5 Ben Keough	Coffs Coast	3.88m
6 Zack Roche	Evans Head	3.36m

Boys U 13 - Long Jump

Zone: Z 5.37m 11-Dec-16 Joven Walker, Nambucca

Name	Age Centre	Final
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1 Mason Woods	Coffs Coast	4.27m
2 Noah Glavocih	Ballina	3.99m
3 Jayden Jackson	Nambucca & District	3.87m
4 Lewis Pagulayan Mccabe	Urunga/Bellinger	3.73m
5 Matthew Cornelius	Nambucca & District	3.48m
6 Nathan Pade	Urunga/Bellinger	3.35m
7 Daniel Barber	Urunga/Bellinger	3.32m

Boys U 14 - Long Jump

Zone: Z 6.05m 01-Dec-08 R. Cole, Sawtell / Toormina

Name	Age Centre	Final
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1 Joven Walker	Nambucca & District	5.22m
2 Jack Sheehan	Coffs Coast	5.14m
3 Hunter Ryan	Casino	4.60m
4 Jack Ros	Casino	4.55m

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....Boys U 14 - Long Jump

5 Shannon Pade	Urunga/Bellinger	4.37m
6 Campbell Booth	Ballina	4.19m
7 Zachary Chegwidden	Grafton	4.06m

Boys U 15 - Long Jump

Zone: Z 6.22m 01-Dec-94 S. Betland, Coffs Harbour

Name	Age Centre	Final
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1 Rowan Mansfield	Ballina	5.35m
2 Nathan Zawadzki	Coffs Coast	5.33m
3 Kai Mildren	Woolgoolga	4.78m

Boys U 17 - Long Jump

Zone: Z 6.64m 10-Dec-16 Aidan Wallace, Coffs Coast

Name	Age Centre	Final
------	------------	-------

1 Isaac Hodnett-daly	Nambucca & District	5.81m
2 Tyler Glavocih	Ballina	5.73m
3 Lachlan West	Lismore	5.64m
4 Rocco Partridge	Lismore	5.53m
5 Ethan Striegher	Woolgoolga	4.71m
6 Josh Cole	Casino	4.65m
7 Jacob Zagar	Casino	4.35m

Boys U 11 - Triple Jump

Zone: Z 9.34m 01-Dec-92 M. Wills, Sawtell / Toormina

Name	Age Centre	Final
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1 Zachary Wilson	Coffs Coast	8.75m
2 Josh Upsall	Coffs Coast	8.66m
3 Satriya Pope	Grafton	8.24m
4 Daniel Frey	Lismore	7.14m
5 Ryan Bonham	Coffs Coast	7.05m

Boys U 12 - Triple Jump

Zone: Z 10.70m 01-Dec-94 D. Rose, Bellingen

Name	Age Centre	Final
------	------------	-------

1 Ben Keough	Coffs Coast	9.68m
2 Sam Fisher	Coffs Coast	9.10m
3 Zane Lowe	Lower Clarence	8.80m
4 Joshua Monaghan	Nambucca & District	8.01m

Boys U 13 - Triple Jump

Zone: Z 10.82m 01-Dec-95 D. Rose, Bellingen

Name	Age Centre	Final
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1 Malcolm Noble	Nambucca & District	10.30m
2 Mason Woods	Coffs Coast	9.74m

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....Boys U 13 - Triple Jump

3 Jayden Jackson	Nambucca & District	8.15m
4 Nathan Pade	Urunga/Bellinger	7.52m

Boys U 14 - Triple Jump

Zone: Z 12.20m 01-Dec-00 B. McDonald, McLean

Name	Age Centre	Final
1 Jack Sheehan	Coffs Coast	11.04m
2 Hunter Ryan	Casino	10.25m
3 Jack Ros	Casino	9.67m
4 Shannon Pade	Urunga/Bellinger	9.40m

Boys U 15 - Triple Jump

Zone: Z 12.58m 01-Dec-91 T. Bryant, Grafton

Name	Age Centre	Final
1 Nathan Zawadzki	Coffs Coast	11.02m
2 Kai Mildren	Woolgoolga	10.39m

Boys U 17 - Triple Jump

Zone: Z 13.75m 11-Dec-16 Aidan Wallace, Coffs Coast

Name	Age Centre	Final
1 Lachlan West	Lismore	12.29m
2 Tyler Glavocih	Ballina	12.25m
3 Rocco Partridge	Lismore	11.06m
4 Josh Cole	Casino	10.18m
5 Ethan Striegher	Woolgoolga	10.16m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 6.76m 01-Dec-05 J.Casson, Lismore

Name	Age Centre	Final
1 Maximilian Frey	Lismore	5.31m
2 Cooper Dendle	Lismore	4.23m
3 Atticus Beynon-Whitelaw	Coffs Coast	2.55m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.54m 01-Dec-90 J. Northey, Grafton

Name	Age Centre	Final
1 Flynn Boylan	Lower Clarence	4.16m
2 Jack Wingfield	Glenreagh	3.57m
3 Logan Corbett	Glenreagh	2.97m

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Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 8.42m 01-Dec-97 B. Robertson, Grafton			
Name	Age	Centre	Final
1 Riley Burgess		Woolgoolga	5.77m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 9.99m 01-Dec-96 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Connor Corbett		Nambucca & District	7.64m
2 Ryan Lloyd		Lower Clarence	5.43m
3 Kodie Hilton		Nambucca & District	4.62m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.00m 01-Dec-99 B. Robertson, Grafton			
Name	Age	Centre	Final
1 Ryan Bonham		Coffs Coast	8.85m
2 Daniel Frey		Lismore	8.38m
3 Mitchell Close		Coffs Coast	6.99m
4 Jacob Monaghan		Nambucca & District	6.86m
5 Lucas Burrige		Coffs Coast	6.10m
6 Aiden Beynon-Whitelaw		Coffs Coast	5.49m

Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 10.52m 01-Dec-97 K. Spence, Nambucca			
Name	Age	Centre	Final
1 Angus Holloway		Nambucca & District	9.00m
2 Oliver Mason		Lismore	7.67m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 12.63m 01-Dec-05 J. Welna, Woolgoolga			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	12.28m
2 Dylan Bonham		Coffs Coast	7.11m
3 Nathan Pade		Urunga/Bellinger	5.54m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 15.70m 13-Dec-15 Justin Baker, Casino			
Name	Age	Centre	Final
1 Jack Sheehan		Coffs Coast	11.95m
2 Joven Walker		Nambucca & District	10.43m
3 Zachary Chegwidan		Grafton	7.40m
4 Caleb Knobloch		Urunga/Bellinger	7.26m
5 Phoenix Dougan		Coffs Coast	4.03m

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Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 14.95m 01-Dec-00 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Jack McIntosh		Ballina	8.63m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 13.82m 09-Dec-17 Justin Baker, Casino			
Name	Age	Centre	Final
1 Justin Baker		Casino	13.82mZ
2 Rocco Partridge		Lismore	10.86m
3 Simon Walker		Nambucca & District	9.50m
4 Josh Cole		Casino	9.28m
5 Jacob Zagar		Casino	7.72m

Boys U 7 - Discus (350 Gram)

Zone: Z 16.47m 01-Dec-05 J. Casson, Lismore			
Name	Age	Centre	Final
1 Ethan Close		Coffs Coast	14.12m
2 Talon Forrest		Coffs Coast	12.71m
3 Cooper Dendle		Lismore	11.21m
4 Orville Daley		Nambucca & District	10.20m
5 Vinnie Hall		Woolgoolga	8.73m

Boys U 8 - Discus (500 Gram)

Zone: Z 20.78m 01-Dec-92 S. Webber, Nambucca			
Name	Age	Centre	Final
1 Zane Guthrie		Coffs Coast	15.48m
2 Jack Wingfield		Glenreagh	7.16m
3 Logan Corbett		Glenreagh	6.84m

Boys U 9 - Discus (500 Gram)

Zone: Z 25.34m 01-Dec-94 B. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Riley Burgess		Woolgoolga	24.10m
2 Liam Bonham		Coffs Coast	17.21m
3 Cooper Close		Coffs Coast	14.16m
4 Zwelli Vockler		Urunga/Bellinger	12.13m
5 Hayden Counter		Woolgoolga	6.28m

Boys U 10 - Discus (500 Gram)

Zone: Z 31.69m 01-Dec-99 D. Robertson, Grafton			
Name	Age	Centre	Final
1 Cooper Moore		Coffs Coast	24.48m
2 Connor Corbett		Nambucca & District	22.90m

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....Boys U 10 - Discus (500 Gram)

3	Ryan Lloyd	Lower Clarence	15.00m
4	Kodie Hilton	Nambucca & District	14.51m
5	William Bennett	Woolgoolga	13.62m
6	Archie Simmonds	Coffs Coast	13.15m
7	Isaac Reid	Coffs Coast	12.84m

Boys U 11 - Discus (750 Gram)

=====			
Zone: Z 31.48m 01-Dec-97 S. Spear, Nambucca			
Name	Age	Centre	Final
=====			
1	Beau Guthrie	Coffs Coast	19.86m
2	Ryan Bonham	Coffs Coast	18.37m
3	Daniel Frey	Lismore	17.16m
4	Lucas Burridge	Coffs Coast	15.56m
5	Aiden Beynon-Whitelaw	Coffs Coast	14.80m
6	Mitchell Close	Coffs Coast	14.65m
7	Shaman Pittman	Casino	10.34m

Boys U 12 - Discus (750 Gram)

=====			
Zone: Z 37.75m 01-Dec-99 S. Spear, Nambucca			
Name	Age	Centre	Final
=====			
1	Caleb Jackson	Nambucca & District	16.67m
2	Zack Roche	Evans Head	15.42m

Boys U 13 - Discus (1.0 Kg)

=====			
Zone: Z 38.28m 01-Dec-99 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Dylan Bonham	Coffs Coast	16.22m

Boys U 14 - Discus (1.0 Kg)

=====			
Zone: Z 46.50m 01-Dec-99 K. Spence, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Joven Walker	Nambucca & District	20.69m
2	Shannon Pade	Urunga/Bellinger	13.50m
3	Caleb Knobloch	Urunga/Bellinger	11.22m
4	Phoenix Dougan	Coffs Coast	9.15m

Boys U 15 - Discus (1.0 Kg)

=====			
Zone: Z 50.45m 01-Dec-00 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Jack McIntosh	Ballina	20.08m

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Boys U 17 - Discus (1.5 Kg)

Zone: Z 46.79m 10-Dec-17 Justin Baker, Casino			
Name	Age	Centre	Final
1 Justin Baker		Casino	46.79mZ
2 Rocco Partridge		Lismore	34.68m
3 Simon Walker		Nambucca & District	24.15m
4 Josh Cole		Casino	22.06m
5 Ethan Striegher		Woolgoolga	21.91m
6 Jacob Zagar		Casino	17.12m

Boys U 11 - Javelin (400 Gram)

Zone: Z 28.09m 10-Dec-17 Logan Lacey, Coffs Coast			
Name	Age	Centre	Final
1 Logan Lacey		Coffs Coast	28.09mZ
2 Beau Guthrie		Coffs Coast	26.59m
3 Charlie Anliot		Nambucca & District	18.92m
4 Mitchell Close		Coffs Coast	12.53m
5 Jacob Monaghan		Nambucca & District	12.35m

Boys U 12 - Javelin (400 Gram)

Zone: Z 26.05m 11-Dec-16 Malcolm Noble, Nambucca			
Name	Age	Centre	Final
1 Caleb Jackson		Nambucca & District	17.93m

Boys U 13 - Javelin (600 Gram)

Zone: Z 37.45m 01-Dec-01 J. Parry, Coffs Harbour			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	34.96m
2 Kele Jeffrey		Lower Clarence	18.95m
3 Dylan Bonham		Coffs Coast	14.28m
4 Nathan Pade		Urunga/Bellinger	13.44m
5 Daniel Barber		Urunga/Bellinger	8.65m

Boys U 14 - Javelin (600 Gram)

Zone: Z 43.00m 01-Dec-97 J. Wilson, Coffs Harbour			
Name	Age	Centre	Final
1 Caleb Knobloch		Urunga/Bellinger	12.78m
2 Phoenix Dougan		Coffs Coast	9.55m

Boys U 15 - Javelin (700 Gram)

Zone: Z 48.03m 01-Dec-00 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Daniel Clark		Lismore	19.40m
2 Jack McIntosh		Ballina	17.85m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS - 09-Dec-17 to 10-Dec-17
EJ BIFFIN PARK,
Results

Boys U 17 - Javelin (700 Gram)

Zone: Z 53.93m 09-Dec-11 Anthony Walker, Nambucca Dis			
Name	Age	Centre	Final
1 Simon Walker		Nambucca & District	35.73m
2 Justin Baker		Casino	30.46m
3 Rocco Partridge		Lismore	26.96m

Boys U 9 - 700 Metre Walk

Zone: Z 4:23.64 11-Dec-16 Titan Barry, Woolgoolga			
Name	Age	Centre	Final
Section 1			
1 Joseph Birkett		Woolgoolga	5:17.94

Boys U 11 - 1100 Metre Walk

Zone: Z 6:18.10 01-Dec-08 J. Knight, Sawtell / Toormi			
Name	Age	Centre	Final
1 Ryan Bonham		Coffs Coast	6:26.83
2 Daniel Frey		Lismore	8:29.14
3 Aiden Beynon-Whitelaw		Coffs Coast	10:07.82

Boys U 13 - 1500 Metre Walk

Zone: Z 7:28.00 01-Dec-90 T. McClymont, Grafton			
Name	Age	Centre	Final
1 Andrew Clark		Lismore	9:50.12
2 Kyan Upsall		Coffs Coast	10:10.00
3 Dylan Bonham		Coffs Coast	12:11.85