

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Results**

**Girls U 7 - 50 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 9.00 12/12/2015 Lily Bell, Kiama			
Zone: Z 9.00 9/12/2017 Ginger Siasat, Kiama			
Section 1			
1 Kenzie Robinson		Shoalhaven	10.19
2 Amelia Elphick		Albion Park	10.62
3 Hannah Lidbetter		Lake Illawarra	11.06
4 Starlet O'Dea		Albion Park	11.50

**Girls U 7 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 11.10 31/01/1982 Belinda Ruiz, Lake Illawarra			
1 Ayla York		Lake Illawarra	13.23
2 Ahliya Sharpe		Shoalhaven	13.79
3 Amelia Elphick		Albion Park	14.45
4 Macey Owen		Albion Park	14.50
5 Hannah Lidbetter		Lake Illawarra	15.77
6 Starlet O'Dea		Albion Park	15.93

**Girls U 8 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 11.10 31/01/1982 Rachel Dean, Lake Illawarra			
1 Harper Lasscock		Euro Coast	12.95
2 Sophie Bull		Shoalhaven	13.06

**Girls U 9 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 10.80 14/12/2014 Delta Amidzovski, Albion Park			
1 Ruby Owen		Albion Park	13.69
2 Liarna Peters		Lake Illawarra	14.03

**Girls U 10 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 10.20 29/01/2006 Shayna Wilson, Milton Ulladul			
1 Ruby Kerr		Albion Park	10.86
2 Amarli Robinson		Shoalhaven	11.40
3 Rose Atkins		Shoalhaven	11.65
4 Ella Power		Albion Park	11.74
5 Mackenzie Hutchinson		Albion Park	12.92
6 Heidi McLaren		Shoalhaven	14.48

**Girls U 7 - 100 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 16.10 30/01/1982 Belinda Ruiz, Lake Illawarra			
1 Ayla York		Lake Illawarra	18.45
2 Kenzie Robinson		Shoalhaven	19.61
3 Macey Owen		Albion Park	20.00

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**....Girls U 7 - 100 Metre Sprint**

4	Amelia Elphick	Albion Park	20.09
5	Mia Borghi	St Georges Basin	21.94
6	Starlet O'Dea	Albion Park	22.23

**Girls U 8 - 100 Metre Sprint**

Zone: Z 16.00 26/01/1980 K Taylor, Lake Illawarra

Name	Age Centre	Final
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1	Starr Cooper	Lake Illawarra	18.32
2	Sophie Bull	Shoalhaven	19.17
3	Savannah Apps	Albion Park	19.43
4	Layla Bishop	St Georges Basin	19.50
5	Violet Ellington	Lake Illawarra	20.16

**Girls U 9 - 100 Metre Sprint**

Zone: Z 15.10 28/01/1984 Belinda Ruiz, Lake Illawarra

Name	Age Centre	Final
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1	Maddison McWilliams	Lake Illawarra	16.24
2	Maizi Minihan	Euro Coast	17.42
3	Airlie Stevens	Shoalhaven	17.91
4	Hallie Knowles	Shoalhaven	18.68

**Girls U 10 - 100 Metre Sprint**

Zone: Z 14.10 25/01/1986 S Gown, Kiama

Zone: Z 14.10 28/01/2006 Shayna Wilson, Milton Ulladul

Name	Age Centre	Final
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1	Ruby Kerr	Albion Park	15.68
2	Amarli Robinson	Shoalhaven	16.34
3	Rose Atkins	Shoalhaven	16.80
4	Ella Power	Albion Park	16.84
5	Ellie King	Lake Illawarra	17.63
6	Mackenzie Hutchinson	Albion Park	18.09
7	Heidi McLaren	Shoalhaven	23.25

**Girls U 11 - 100 Metre Sprint**

Zone: Z 13.10 26/01/1980 Kerry Reko, Shoalhaven

Name	Age Centre	Final
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1	Sian Heidtman	Albion Park	15.33
2	Olivia Knowles	Shoalhaven	15.66
3	Haylee Connelly	St Georges Basin	15.80
4	Claire Vogelaar	Kiama	16.02
5	Lily O'Neill	Lake Illawarra	17.08
6	Grace Stevens	Shoalhaven	17.54
7	Sienna Allitt	Albion Park	20.06

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**Girls U 12 - 100 Metre Sprint**

Zone: Z 13.10 27/01/1979 Kim Wilson, Lake Illawarra  
 Zone: Z 13.10 28/01/2006 Abbie Taddeo, Kiama

Name	Age Centre	Final
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1 Charlotte Kerr	Albion Park	15.00
2 Ella Post	Shoalhaven	15.70
3 Jessica Kable	Albion Park	16.20

**Girls U 13 - 100 Metre Sprint**

Zone: Z 12.90 12/12/2015 Zoe Chater, Shoalhaven

Name	Age Centre	Final
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1 Mia Stevens	Shoalhaven	14.41
2 Krystal Ezeoke	Albion Park	14.50
3 Amelia Weatherlake	Kiama	15.39
4 Isabelle Hodgson	Kiama	15.61

**Girls U 14 - 100 Metre Sprint**

Zone: Z 12.90 10/12/2016 Zoe Chater, Shoalhaven

Name	Age Centre	Final
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1 Chelsea Ezeoke	Albion Park	13.11
2 Mischa Boniface	Kiama	13.84
3 Olivia Wishart	Albion Park	14.30
4 Lauren Clancy	Albion Park	15.04
5 Olivia Davis	Shoalhaven	15.19

**Girls U 15 - 100 Metre Sprint**

Zone: Z 12.50 28/01/1995 Skye Richardson, Lake Illawarra

Zone: Z 12.50 29/01/2000 Lianna Braithwaite, Lake Illa

Name	Age Centre	Final
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1 Imogen Harrison	Albion Park	13.54
2 Reilly Carey	St Georges Basin	14.61
3 Eliza Schweitzer	Kiama	14.64
4 Jada Schillert	Lake Illawarra	15.02
5 Keira Watt	St Georges Basin	16.76

**Girls U 17 - 100 Metre Sprint**

Zone: Z 12.00 12/12/2009 Talissa Scott, Kiama

Name	Age Centre	Final
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1 Lauren Percival	Milton-Ulladulla	13.45
2 Ashleigh Goncalves	Albion Park	13.48
3 Abby Cox	Albion Park	14.90

**Girls U 7 - 200 Metre Sprint**

Zone: Z 34.10 30/01/1982 Belinda Ruiz, Lake Illawarra

Name	Age Centre	Final
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1 Ayla York	Lake Illawarra	41.39
2 Macey Owen	Albion Park	43.32
3 Brooklyn McWilliams	Lake Illawarra	44.14

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**....Girls U 7 - 200 Metre Sprint**

4 Ahliya Sharpe	Shoalhaven	44.35
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**Girls U 8 - 200 Metre Sprint**

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 Zone: Z 33.10 29/01/1984 S Gown, Kiama

Name	Age Centre	Final
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1 Starr Cooper	Lake Illawarra	44.56
2 Harper Lasscock	Euro Coast	45.24
3 Sophie Bull	Shoalhaven	46.78

**Girls U 9 - 200 Metre Sprint**

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 Zone: Z 31.80 27/01/2002 Paige Fenech, Albion Park

Name	Age Centre	Final
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1 Maddison McWilliams	Lake Illawarra	34.41
2 Ella-Rae McGregor	Albion Park	39.90
3 Hallie Knowles	Shoalhaven	41.34
4 Ruby Owen	Albion Park	47.80

**Girls U 10 - 200 Metre Sprint**

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 Zone: Z 29.10 26/01/1986 S Gown, Kiama

Name	Age Centre	Heats
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## Heat 1 Heats

1 Ruby Kerr	Albion Park	32.24Q
2 Chelsea Nicol	Albion Park	33.63Q
3 Amarli Robinson	Shoalhaven	34.20Q
4 Shilah Soens	St Georges Basin	37.27q
5 Taylor Traacey	Euro Coast	38.37

## Heat 2 Heats

1 Rose Atkins	Shoalhaven	34.74Q
2 Ella Power	Albion Park	36.45Q
3 Ellie King	Lake Illawarra	37.26Q
4 Mackenzie Hutchinson	Albion Park	38.16q

**Girls U 10 - 200 Metre Sprint**

=====  
 Zone: Z 29.10 26/01/1986 S Gown, Kiama

Name	Age Centre	Final
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## Section 1 Final

1 Ruby Kerr	Albion Park	32.35
2 Chelsea Nicol	Albion Park	33.63
3 Rose Atkins	Shoalhaven	34.81
4 Amarli Robinson	Shoalhaven	36.43
5 Ella Power	Albion Park	37.94
6 Ellie King	Lake Illawarra	38.64
7 Mackenzie Hutchinson	Albion Park	40.39

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**Girls U 11 - 200 Metre Sprint**

Zone: Z 29.10 27/01/1991 Skye Richardson, Lake Illawar			
Name	Age	Centre	Final
Section 1			
1 Maiya Hewitt		Kiama	32.54
2 Haylee Connelly		St Georges Basin	34.58
3 Olivia Knowles		Shoalhaven	35.23
4 Jessica Kann		Milton-Ulladulla	36.17
5 Bronte Galvin		Shoalhaven	36.41
6 Amber Potts		Albion Park	36.96

**Girls U 12 - 200 Metre Sprint**

Zone: Z 26.10 28/01/1979 Kim Wilson, Lake Illawarra			
Name	Age	Centre	Final
1 Charlotte Kerr		Albion Park	32.98
2 Jessica Kable		Albion Park	35.30

**Girls U 13 - 200 Metre Sprint**

Zone: Z 26.26 2/12/2018 Chelsea Ezeoke, Albion Park			
Name	Age	Centre	Final
1 Ella Colusso		Milton-Ulladulla	29.63
2 Krystal Ezeoke		Albion Park	30.45
3 Ella Hewitt		Kiama	30.68
4 Zoe Haylen		Kiama	31.34
5 Mia Stevens		Shoalhaven	32.96
6 Isabelle Hodgson		Kiama	33.39

**Girls U 14 - 200 Metre Sprint**

Zone: Z 26.40 14/12/2014 Jenna Bentley, Shoalhaven			
Name	Age	Centre	Final
1 Chelsea Ezeoke		Albion Park	27.03
2 Laylah Connelly		St Georges Basin	28.15
3 Olivia Wishart		Albion Park	29.68
4 Lauren Clancy		Albion Park	33.98

**Girls U 15 - 200 Metre Sprint**

Zone: Z 26.30 13/12/2009 Skye Ryan, Albion Park			
Name	Age	Centre	Final
1 Imogen Harrison		Albion Park	27.64
2 Eliza Schweitzer		Kiama	29.96
3 Reilly Carey		St Georges Basin	30.61

**Girls U 17 - 200 Metre Sprint**

Zone: Z 25.30 13/12/2009 Talissa Scott, Kiama			
Zone: Z 25.30 13/12/2015 Kiara White, Albion Park			
Name	Age	Centre	Final
1 Lauren Percival		Milton-Ulladulla	27.69
2 Ashleigh Goncalves		Albion Park	27.83

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**....Girls U 17 - 200 Metre Sprint**

3 Abby Cox	Albion Park	31.86
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**Girls U 8 - 400 Metre Sprint**

Zone: Z 1:17.40 27/01/2001 Paige Fenech, Albion Park

Name	Age Centre	Final
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1 Violet Ellington	Lake Illawarra	1:31.58
2 Madelynne Dowel	Albion Park	1:33.71
3 Peyton Thompson	Albion Park	1:38.36
4 Savannah Apps	Albion Park	1:39.02
5 Asher Haig	St Georges Basin	1:40.53

**Girls U 9 - 400 Metre Sprint**

Zone: Z 1:12.10 29/01/1983 Lisa Baldwin, Lake Illawarr

Name	Age Centre	Final
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1 Maddison McWilliams	Lake Illawarra	1:18.45
2 Airlie Stevens	Shoalhaven	1:20.89
3 Ella-Rae McGregor	Albion Park	1:24.49
4 Sidney Bartle	Albion Park	1:25.63
5 Hallie Knowles	Shoalhaven	1:29.11
6 Victoria Hill	Shoalhaven	1:41.37

**Girls U 10 - 400 Metre Sprint**

Zone: Z 1:10.30 25/01/2003 Paige Fenech, Albion Park

Name	Age Centre	Final
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1 Ruby Kerr	Albion Park	1:09.90Z
2 Chelsea Nicol	Albion Park	1:11.24
3 Myra Betts	Shoalhaven	1:19.26
4 Layla Markovski	Lake Illawarra	1:24.28
5 Josie Cunningham	Kiama	1:24.98
6 Isabella Clowes	Lake Illawarra	1:25.19
7 Elizabeth Davis	Shoalhaven	1:27.84

**Girls U 11 - 400 Metre Sprint**

Zone: Z 1:04.10 31/01/2004 Paige Fenech, Albion Park

Name	Age Centre	Final
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1 Maiya Hewitt	Kiama	1:12.27
2 Madison Oscroft	Lake Illawarra	1:19.86
3 Amber Potts	Albion Park	1:23.99

## Section 2

1 Sian Heidtman	Albion Park	1:15.39
2 Evelyn Hill	Shoalhaven	1:15.78
3 Grace Stevens	Shoalhaven	1:24.60
4 Haylee Connelly	St Georges Basin	1:24.68

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**Girls U 12 - 400 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 1:04.80 30/01/1993 Kelly Hannett, Shoalhaven			
Zone: Z 1:04.80 29/01/2005 Paige Fenech, Albion Park			
Section 1			
1 Abby Quick		Lake Illawarra	1:16.82
2 Zoe Meyers		Albion Park	1:21.01
3 Malia Cummins		Kiama	1:23.09

**Girls U 13 - 400 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 1:01.23 1/12/2018 Chelsea Ezeoke, Albion Park			
1 Ella Colusso		Milton-Ulladulla	1:03.87
2 Lara Thompson		Albion Park	1:11.33
3 Tanna Watters		Kiama	1:11.38
4 Ava Power		Albion Park	1:12.01
5 Mia Stevens		Shoalhaven	1:13.74

**Girls U 14 - 400 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 1:01.40 10/12/2011 Susie Seitaridis, Lake Illa			
1 Chelsea Ezeoke		Albion Park	59.58Z
2 Tayissa Buchanan		Albion Park	1:00.51Z
3 Laylah Connelly		St Georges Basin	1:03.12
4 Olivia Wishart		Albion Park	1:09.59
5 Nakita Boatswain		Shoalhaven	1:22.64

**Girls U 15 - 400 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 59.90 8/12/2012 Susie Seitaridis, Lake Illawa			
1 Eliza Schweitzer		Kiama	1:07.30
2 Jada Schillert		Lake Illawarra	1:10.55
3 Reilly Carey		St Georges Basin	1:14.92
4 Imogen Harrison		Albion Park	1:18.86

**Girls U 17 - 400 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 1:00.30 12/12/2015 Kiara White, Albion Park			
1 Ashleigh Goncalves		Albion Park	1:01.06
2 Georgia Richards		Kiama	1:06.10
3 Keira-Lee Meyers		Albion Park	1:15.22

**Girls U 7 - 500 Metre Run Pack Start**

Name	Age	Centre	Final
Zone: Z 1:49.10 30/01/2000 Paige Fenech, Albion Park			
1 Ayla York		Lake Illawarra	2:01.68
2 Brooklyn McWilliams		Lake Illawarra	2:09.89
3 Kenzie Robinson		Shoalhaven	2:20.65

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**....Girls U 7 - 500 Metre Run Pack Start**

4 Mia Borghi	St Georges Basin	2:42.15
5 Avani Swan	St Georges Basin	2:58.58

**Girls U 8 - 700 Metre Run Pack Start**

Zone: Z 2:31.10 26/01/2003 Caitlin Foord, Lake Illawar		
Name	Age Centre	Final
1 Starr Cooper	Lake Illawarra	2:51.43
2 Harper Lasscock	Euro Coast	2:58.00
3 Madelynne Dowel	Albion Park	3:04.97
4 Emerton Boatswain	Shoalhaven	3:13.79
5 Peyton Thompson	Albion Park	3:20.72

**Girls U 9 - 800 Metre Run**

Zone: Z 2:43.00 30/01/1983 Lisa Baldwin, Lake Illawarr		
Name	Age Centre	Final
1 Airlie Stevens	Shoalhaven	2:58.84
2 Sidney Bartle	Albion Park	3:15.60
3 Ella-Rae McGregor	Albion Park	3:23.16
4 Victoria Hill	Shoalhaven	3:37.75
5 Ruby Owen	Albion Park	3:53.43

**Girls U 10 - 800 Metre Run**

Zone: Z 2:42.10 26/01/1986 Kylie Watkins, Lake Illawar		
Name	Age Centre	Final
1 Chelsea Nicol	Albion Park	2:43.97
2 Myra Betts	Shoalhaven	2:59.40
3 Elsie Proctor	Shoalhaven	3:04.98
4 Taylor Traeacey	Euro Coast	3:08.33
5 Layla Markovski	Lake Illawarra	3:13.35
6 Josie Cunningham	Kiama	3:16.31
7 Elizabeth Davis	Shoalhaven	3:16.84
8 Maddyson Tramantano	Lake Illawarra	3:47.28

**Girls U 11 - 800 Metre Run**

Zone: Z 2:29.10 31/01/1982 K Tiech, Kiama		
Name	Age Centre	Final
1 Evelyn Hill	Shoalhaven	2:51.62
2 Madison Oscroft	Lake Illawarra	3:01.87
3 Jessica Kann	Milton-Ulladulla	3:03.19
4 Indie Cooper	Lake Illawarra	3:10.59
5 Grace Stevens	Shoalhaven	3:12.42
6 Haylee Connelly	St Georges Basin	3:16.52

**Girls U 12 - 800 Metre Run**

Zone: Z 2:29.10 30/01/1983 K Tieck, Kiama		
Name	Age Centre	Final
1 Emily McLaren	Shoalhaven	2:49.35
2 Abby Quick	Lake Illawarra	2:52.45



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**....Girls U 12 - 800 Metre Run**

3 Zoe Meyers	Albion Park	2:56.25
4 Sabellah Nankivell	Albion Park	3:25.67

**Girls U 13 - 800 Metre Run**

Name	Age Centre	Final
Zone: Z 2:24.40 30/01/2000 Cian Maciejewski, Milton Ul		
1 Ella Colusso	Milton-Ulladulla	2:33.18
2 Tanna Watters	Kiama	2:48.09
3 Lara Thompson	Albion Park	2:50.53

**Girls U 14 - 800 Metre Run**

Name	Age Centre	Final
Zone: Z 2:21.80 14/12/2014 Shenay Edwards, Albion Park		
1 Tayissa Buchanan	Albion Park	2:21.44Z
2 Laylah Connelly	St Georges Basin	2:38.16
3 Charli Ryan	Lake Illawarra	3:00.15

**Girls U 15 - 800 Metre Run**

Name	Age Centre	Final
Zone: Z 2:19.50 9/12/2012 Susie Seitaridis, Lake Illa		
1 Jordyn Martin	Albion Park	2:37.05
2 Calany Meyers	Albion Park	2:54.60

**Girls U 17 - 800 Metre Run**

Name	Age Centre	Final
Zone: Z 2:15.30 9/12/2012 Jessica Hull, Albion Park		
1 Georgia Richards	Kiama	2:34.14
2 Keira-Lee Meyers	Albion Park	2:41.92
3 Ruby McPhillips	Albion Park	2:46.25

**Girls U 11 - 1500 Metre Run**

Name	Age Centre	Final
Zone: Z 4:54.00 29/01/2000 Cian Maciejewski, Milton Ul		
1 Evelyn Hill	Shoalhaven	5:59.31
2 Madison Oscroft	Lake Illawarra	6:33.40
3 Indie Cooper	Lake Illawarra	6:51.42

**Girls U 12 - 1500 Metre Run**

Name	Age Centre	Final
Zone: Z 5:01.10 29/01/1983 K Tieck, Kiama		
1 Emily McLaren	Shoalhaven	5:47.51
2 Abby Quick	Lake Illawarra	6:01.40
3 Zoe Meyers	Albion Park	6:01.76
4 Aurora Boatswain	Shoalhaven	6:35.59

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**Girls U 13 - 1500 Metre Run**

Zone: Z 5:06.10 29/01/1994 T Moxham, Lake Illawarra			
Name	Age	Centre	Final
1 Ella Colusso		Milton-Ulladulla	5:31.50
2 Lara Thompson		Albion Park	5:52.81
3 Kyra Martin		Albion Park	5:54.53

**Girls U 14 - 1500 Metre Run**

Zone: Z 5:06.50 29/01/2011 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Charli Ryan		Lake Illawarra	6:29.03
2 Nakita Boatswain		Shoalhaven	7:04.18

**Girls U 15 - 1500 Metre Run**

Zone: Z 4:50.70 10/12/2011 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Jordyn Martin		Albion Park	5:27.18
2 Calany Meyers		Albion Park	6:21.45

**Girls U 17 - 1500 Metre Run**

Zone: Z 4:37.40 14/12/2013 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	5:29.74
2 Ruby McPhillips		Albion Park	5:32.81
3 Keira-Lee Meyers		Albion Park	5:42.37

**Girls U 14 - 3000 Metre Run**

Zone: Z 11:02.20 28/01/1995 T Moxham, Lake Illawarra			
Name	Age	Centre	Final
1 Charli Ryan		Lake Illawarra	13:47.90

**Girls U 15 - 3000 Metre Run**

Zone: Z 10:31.00 10/12/2011 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Jordyn Martin		Albion Park	12:20.87
2 Calany Meyers		Albion Park	13:38.03

**Girls U 17 - 3000 Metre Run**

Zone: Z 10:01.50 14/12/2013 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Ruby McPhillips		Albion Park	12:07.51
2 Keira-Lee Meyers		Albion Park	12:56.68

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**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.70 13/12/2008 Shenay Edwards, Albion Park			
Name	Age	Centre	Final
1 Savannah Apps		Albion Park	13.35
2 Sophie Bull		Shoalhaven	13.82
3 Violet Ellington		Lake Illawarra	13.83
4 Charlotte O'Neill		Lake Illawarra	14.27
5 Layla Bishop		St Georges Basin	14.29
6 Emerson Boatswain		Shoalhaven	14.92
7 Asher Haig		St Georges Basin	16.25
8 Paige King		Lake Illawarra	16.47

**Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.30 13/12/2014 Delta Amidzovski, Albion Park			
Name	Age	Centre	Final
1 Calai Dach		Lake Illawarra	13.26
2 Victoria Hill		Shoalhaven	13.94
3 Maizi Minihan		Euro Coast	14.14
4 Chelsea Allit		Albion Park	14.86

**Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.60 12/12/2015 Delta Amidzovski, Albion Park			
Name	Age	Centre	Final
1 Isabella Clowes		Lake Illawarra	13.58
2 Aroura Bray		Albion Park	13.79
3 Ella Power		Albion Park	14.48
4 Amelia Bongiorno		Albion Park	14.97
5 Maddyson Tramantano		Lake Illawarra	15.43

**Girls U 11 - 80 Metre Hurdles (60cm)**

Zone: Z 45.00 21/11/2019 New Event, No Record			
Name	Age	Centre	Final
1 Claire Vogelaar		Kiama	15.96Z
2 Olivia Knowles		Shoalhaven	16.29Z
3 Bronte Galvin		Shoalhaven	17.16Z
4 Jessica Kann		Milton-Ulladulla	18.11Z
5 Lily O'Neill		Lake Illawarra	18.80Z
6 Sienna Allitt		Albion Park	19.20Z
7 Kadance Naylor		St Georges Basin	20.09Z

**Girls U 12 - 80 Metre Hurdles (68cm)**

Zone: Z 45.00 21/11/2019 New Event, No Record			
Name	Age	Centre	Final
1 Emily McLaren		Shoalhaven	16.81Z
2 Elysha Davis		Shoalhaven	17.50Z
3 Sabellah Nankivell		Albion Park	18.12Z
4 Malia Cummins		Kiama	19.09Z
5 Natarsha Mandavy		St Georges Basin	20.23Z

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**Girls U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 12.60 30/01/2011 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Zoe Haylen		Kiama	15.63
2 Ava Power		Albion Park	17.84
3 Amelia Weatherlake		Kiama	17.85

**Girls U 14 - 80 Metre Hurdles (76cm)**

Zone: Z 12.50 11/12/2011 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Olivia Davis		Shoalhaven	17.21
2 Charli Ryan		Lake Illawarra	17.89
3 Lauren Clancy		Albion Park	18.45

**Girls U 15 - 90 Metre Hurdles (76cm)**

Zone: Z 13.60 9/12/2012 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Eliza Schweitzer		Kiama	16.43
2 Jada Schillert		Lake Illawarra	17.37
3 Reilly Carey		St Georges Basin	19.32

**Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 14.40 13/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Taylah Hurst		Lake Illawarra	22.72

**Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 29.70 12/12/2015 Zoe Chater, Shoalhaven			
Name	Age	Centre	Final
1 Ella Hewitt		Kiama	33.95
2 Amelia Weatherlake		Kiama	37.29
3 Isabelle Hodgson		Kiama	37.66

**Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 28.50 28/01/2006 Janaya Zivkovic, Kiama			
Name	Age	Centre	Final
1 Laylah Connelly		St Georges Basin	33.90
2 Olivia Davis		Shoalhaven	36.08
3 Charli Ryan		Lake Illawarra	37.86

**Girls U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 51.20 10/12/2016 Teagan Berry, Albion Park			
Name	Age	Centre	Final
1 Imogen Harrison		Albion Park	56.13

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**Girls U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 50.67 1/12/2018 Georgia Richards, Kiama			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	53.08
2 Abby Cox		Albion Park	59.53
3 Taylah Hurst		Lake Illawarra	1:08.51

**Girls U 15-17 100 Metre Multi Class Run**

Name	Age	Centre	Final	
1 Ashleigh Ryder (T/F37)		Albion Park	21.08	63.899%

**Girls U 15-17 200 Metre Multi Class Run**

Name	Age	Centre	Final	
1 Akala Miller (T/F20)		Shoalhaven	41.47	67.832%
2 Ashleigh Ryder (T/F37)		Albion Park	48.67	62.215%

**Girls U 15-17 800 Metre Multi Class Run**

Name	Age	Centre	Final	
1 Ashleigh Ryder (T/F37)		Albion Park	4:16.03	70.164%
2 Akala Miller (T/F20)		Shoalhaven	4:11.39	59.943%

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 57.90 13/12/2009 Lake Illawarra, Lake Illawarr			
Centre	Age	Centre	Final
1 Albion Park			1:03.04
1) Ella-Rae McGregor 9		2) Ruby Kerr 10	
3) Chelsea Nicol 10		4) Charlotte Kerr 12	
2 Shoalhaven			1:06.37
1) Airlie Stevens 9		2) Amarli Robinson 10	
3) Grace Stevens 11		4) Elysha Davis 12	
3 Lake Illawarra			1:11.32
1) Maddyson Tramantano 10		2) Maddison McWilliams 9	
3) Calai Dach 9		4) Ellie King 10	

**Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 52.10 14/12/2008 Albion Park, Albion Park			
Centre	Age	Centre	Final
1 Albion Park			54.23
1) Krystal Ezeoke 13		2) Chelsea Ezeoke 14	
3) Imogen Harrison 15		4) Ashleigh Goncalves 17	
2 Kiama			55.51
1) Zoe Haylen 13		2) Ella Hewitt 13	
3) Georgia Richards 17		4) Eliza Schweitzer 15	
3 Shoalhaven			59.31
1) Emily McLaren 12		2) Mia Stevens 13	
3) Olivia Davis 14		4) Emeilia Matthews 17	
4 Lake Illawarra			1:01.26
1) Jada Schillert 15		2) Charli Ryan 14	

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**....Girls U 12-17 4x100 Metre Relay (Snr)**

3) Madison Callaway 17

4) Abby Quick 12

**Girls U 9 - High Jump (S/H 0.80m)**

Zone: Z 1.14m 30/01/1982 Raylene Mullaney, Lake Illawa  
 Zone: Z 1.14m 1/12/2018 Chelsea Nicol, Albion Park

Name	Age Centre	Final
------	------------	-------

## Flight 1

1	Maizi Minihan	Euro Coast	0.96m
2	Airlie Stevens	Shoalhaven	0.92m
3	Chelsea Allit	Albion Park	0.90m
4	Indigo Price	Shoalhaven	0.86m

**Girls U 10 - High Jump (S/H 0.90m)**

Zone: Z 1.32m 2/12/2018 Mia Davis, St Georges Basin  
 Zone: Z 1.25m 14/12/2014 Ella Hendrick, Lake Illawarra

Name	Age Centre	Final
------	------------	-------

1	Chelsea Nicol	Albion Park	1.18m
2	Shilah Soens	St Georges Basin	1.00m
3	Isabella Clowes	Lake Illawarra	1.00m
4	Taylor Traeacey	Euro Coast	1.00m
5	Amelia Bongiorno	Albion Park	0.90m

**Girls U 11 - High Jump (S/H 1.00m)**

Zone: Z 1.42m 29/01/2005 Tayla King, Albion Park

Name	Age Centre	Final
------	------------	-------

1	Lily O'Neill	Lake Illawarra	1.12m
2	Grace Stevens	Shoalhaven	1.06m

**Girls U 12 - High Jump (S/H 1.10m)**

Zone: Z 1.57m 10/12/2017 Delta Amidzovski, Albion Park

Name	Age Centre	Final
------	------------	-------

1	Malia Cummins	Kiama	1.28m
2	Abby Quick	Lake Illawarra	1.24m
3	Jessica Kable	Albion Park	0.14m
--	Natarsha Mandavy	St Georges Basin	NH

**Girls U 13 - High Jump (S/H 1.15m)**

Zone: Z 1.56m 27/01/2007 Tayla King, Albion Park

Name	Age Centre	Final
------	------------	-------

1	Olivia O'Neill	Lake Illawarra	1.30m
2	Tanna Watters	Kiama	1.27m
3	Ava Power	Albion Park	1.18m

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**Girls U 14 - High Jump (S/H 1.20m)**

Zone: Z 1.61m 27/01/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Olivia Davis		Shoalhaven	1.40m

**Girls U 15 - High Jump (S/H 1.20m)**

Zone: Z 1.65m 13/12/2008 Tayla King, Albion Park			
Zone: Z 1.65m 14/12/2013 Celeste Sulerzyski, Albion Pa			
Name	Age	Centre	Final
1 Hannah Hosking		Lake Illawarra	1.30m

**Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.56m 14/12/2014 Celeste Sulerzyski, Albion Pa			
Name	Age	Centre	Final
1 Ruby McPhillips		Albion Park	1.37m
2 Taylah Hurst		Lake Illawarra	1.25m

**Girls U 7 - Long Jump**

Zone: Z 3.33m 26/01/2001 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Brooklyn McWilliams		Lake Illawarra	2.70m
2 Ahliya Sharpe		Shoalhaven	2.61m
3 Amelia Elphick		Albion Park	2.61m
4 Macey Owen		Albion Park	2.28m

**Girls U 8 - Long Jump**

Zone: Z 3.80m 26/01/1985 Karen Dean, Lake Illawarra			
Name	Age	Centre	Final
1 Savannah Apps		Albion Park	2.83m
2 Violet Ellington		Lake Illawarra	2.77m
3 Peyton Thompson		Albion Park	2.70m
4 Starr Cooper		Lake Illawarra	2.65m
5 Paige King		Lake Illawarra	2.65m
6 Layla Bishop		St Georges Basin	2.57m
7 Emerson Boatswain		Shoalhaven	2.50m
8 Charlotte O'Neill		Lake Illawarra	2.46m
9 Madelynne Dowel		Albion Park	2.37m
10 Asher Haig		St Georges Basin	2.10m

**Girls U 9 - Long Jump**

Zone: Z 4.22m 27/01/1985 S Gown, Kiama			
Name	Age	Centre	Final
1 Maddison McWilliams		Lake Illawarra	3.63m
2 Liarna Peters		Lake Illawarra	2.95m
3 Hallie Knowles		Shoalhaven	2.87m
4 Indigo Price		Shoalhaven	2.81m
5 Victoria Hill		Shoalhaven	2.78m
6 Chelsea Allit		Albion Park	2.71m

**MID SOUTH COAST ZONE**  
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**....Girls U 9 - Long Jump**

7 Ruby Owen	Albion Park	2.53m
8 Layla Beck	Shoalhaven	2.29m
9 Lilly Moore	Shoalhaven	1.97m

**Girls U 10 - Long Jump**

Zone: Z 4.31m 12/12/2015 Delta Amidzovski, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Amarli Robinson	Shoalhaven	3.80m
2 Rose Atkins	Shoalhaven	3.74m
3 Ellie King	Lake Illawarra	3.54m
4 Isabella Clowes	Lake Illawarra	3.40m
5 Aroura Bray	Albion Park	3.19m
6 Tauris Ivanovski	Lake Illawarra	2.62m

**Girls U 11 - Long Jump**

Zone: Z 4.78m 26/01/2002 Teresa Garcia, Lake Illawarra

Name	Age Centre	Final
------	------------	-------

1 Maiya Hewitt	Kiama	4.24m
2 Bronte Galvin	Shoalhaven	3.65m
3 Zara Wells	Kiama	3.55m
4 Jessica Kann	Milton-Ulladulla	3.31m
5 Sienna Allitt	Albion Park	3.02m
6 Madison Oscroft	Lake Illawarra	2.98m
7 Indie Cooper	Lake Illawarra	2.75m

**Girls U 12 - Long Jump**

Zone: Z 4.93m 12/12/2009 Chloe Docker, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Charlotte Kerr	Albion Park	4.11m
2 Malia Cummins	Kiama	3.76m
3 Abby Quick	Lake Illawarra	3.74m
4 Jessica Kable	Albion Park	3.61m
5 Sabellah Nankivell	Albion Park	3.41m
6 Natarsha Mandavy	St Georges Basin	3.07m

**Girls U 13 - Long Jump**

Zone: Z 5.15m 14/12/2008 Rowenn Turvey, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Ella Hewitt	Kiama	4.46m
2 Mia Stevens	Shoalhaven	4.12m
3 Amelia Weatherlake	Kiama	3.90m
4 Ava Power	Albion Park	3.76m
5 Isabelle Hodgson	Kiama	3.73m
6 Olivia O'Neill	Lake Illawarra	3.53m



**MID SOUTH COAST ZONE**  
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**Girls U 14 - Long Jump**

Zone: Z 5.39m 26/01/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Chelsea Ezeoke		Albion Park	5.08m
2 Mischa Boniface		Kiama	4.10m
3 Lauren Clancy		Albion Park	4.05m

**Girls U 15 - Long Jump**

Zone: Z 5.72m 13/12/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Eliza Schweitzer		Kiama	4.47m
2 Imogen Harrison		Albion Park	4.42m
3 Jada Schillert		Lake Illawarra	4.20m

**Girls U 17 - Long Jump**

Zone: Z 5.75m 13/12/2008 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	5.00m
2 Madison Callaway		Lake Illawarra	4.34m

**Girls U 11 - Triple Jump**

Zone: Z 8.99m 27/01/1996 Katie Wagner, Lake Illawarra			
Name	Age	Centre	Final
1 Maiya Hewitt		Kiama	8.82m
2 Claire Vogelaar		Kiama	7.23m
3 Isabelle Reader		St Georges Basin	6.98m

**Girls U 12 - Triple Jump**

Zone: Z 10.52m 13/12/2009 Chloe Docker, Albion Park			
Name	Age	Centre	Final
1 Malia Cummins		Kiama	8.60m
2 Ella Post		Shoalhaven	7.00m
3 Aleisha McGarry		Lake Illawarra	6.60m

**Girls U 13 - Triple Jump**

Zone: Z 10.56m 2/12/2018 Chelsea Ezeoke, Albion Park			
Name	Age	Centre	Final
1 Ella Hewitt		Kiama	9.36m
2 Zoe Haylen		Kiama	8.65m
3 Mia Stevens		Shoalhaven	8.58m
4 Isabelle Hodgson		Kiama	8.11m
5 Amelia Weatherlake		Kiama	8.05m

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**Girls U 14 - Triple Jump**

Zone: Z 11.20m 27/01/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Lauren Clancy		Albion Park	8.32m
2 Olivia Davis		Shoalhaven	8.23m

**Girls U 15 - Triple Jump**

Zone: Z 11.23m 14/12/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Jada Schillert		Lake Illawarra	9.72m
2 Imogen Harrison		Albion Park	9.68m
3 Eliza Schweitzer		Kiama	9.66m

**Girls U 17 - Triple Jump**

Zone: Z 11.39m 14/12/2008 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	10.15m
2 Madison Callaway		Lake Illawarra	9.03m

**Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 6.97m 27/01/1991 Belinda Jackson, Lake Illawar			
Name	Age	Centre	Final
1 Hannah Lidbetter		Lake Illawarra	3.81m
2 Brooklyn McWilliams		Lake Illawarra	3.45m
3 Avani Swan		St Georges Basin	3.16m
4 Kenzie Robinson		Shoalhaven	2.64m
5 Mia Borghi		St Georges Basin	2.43m
6 Starlet O'Dea		Albion Park	2.22m

**Girls U 8 - Shot Put (1.5 Kg)**

Zone: Z 6.39m 30/01/2000 Kendall Vaughan, Lake Illawar			
Name	Age	Centre	Final
1 Charlotte O'Neill		Lake Illawarra	4.30m
2 Paige King		Lake Illawarra	4.27m
3 Peyton Thompson		Albion Park	3.91m
4 Asher Haig		St Georges Basin	2.22m

**Girls U 9 - Shot Put (2.0 Kg)**

Zone: Z 7.18m 27/01/2001 Kendall Vaughan, Lake Illawar			
Name	Age	Centre	Final
1 Calai Dach		Lake Illawarra	5.45m
2 Sidney Bartle		Albion Park	5.28m
3 Indigo Price		Shoalhaven	5.07m
4 Layla Beck		Shoalhaven	4.65m
5 Lilly Moore		Shoalhaven	3.97m
6 Maizi Minihan		Euro Coast	2.79m

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**Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 8.90m 13/12/2015 Chelsea Ezeoke, Albion Park			
Name	Age	Centre	Final
1 Myra Betts		Shoalhaven	7.04m
2 Aroura Bray		Albion Park	5.23m
3 Elizabeth Davis		Shoalhaven	4.78m
4 Tauris Ivanovski		Lake Illawarra	4.65m
5 Amelia Bongiorno		Albion Park	3.88m
6 Josie Cunningham		Kiama	3.48m

**Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 11.47m 10/12/2016 Chelsea Ezeoke, Albion Park			
Name	Age	Centre	Final
1 Isabelle Reader		St Georges Basin	5.94m
2 Kadance Naylor		St Georges Basin	5.66m
3 Lily O'Neill		Lake Illawarra	4.87m
4 Amber Potts		Albion Park	4.79m
5 Kalani Green		Albion Park	4.78m

**Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 12.48m 28/01/2007 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Aleisha McGarry		Lake Illawarra	7.23m
2 Charlotte Kerr		Albion Park	7.10m
3 Emily McLaren		Shoalhaven	6.95m
4 Elysha Davis		Shoalhaven	6.68m
5 Natarsha Mandavy		St Georges Basin	5.86m
6 Zoe Meyers		Albion Park	5.35m

**Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 11.84m 1/12/2018 Chelsea Ezeoke, Albion Park			
Name	Age	Centre	Final
1 Krystal Ezeoke		Albion Park	9.70m
2 Olivia O'Neill		Lake Illawarra	5.25m

**Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 12.77m 13/12/2008 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Chelsea Ezeoke		Albion Park	11.18m
2 Talea Miller		Shoalhaven	8.60m
3 Alana McGarry		Lake Illawarra	8.18m

**Girls U 15 - Shot Put (3.0 Kg)**

Zone: Z 13.02m 13/12/2009 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Calany Meyers		Albion Park	8.45m
2 Keira Watt		St Georges Basin	7.01m

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**Girls U 17 - Shot Put (3.0 Kg)**

Zone: Z 13.12m 11/12/2011 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Madison Callaway		Lake Illawarra	9.03m
2 Taylah Hurst		Lake Illawarra	8.51m

**Girls U 7 - Discus (350 Gram)**

Zone: Z 14.83m 29/01/2000 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Ahliya Sharpe		Shoalhaven	9.63m
2 Hannah Lidbetter		Lake Illawarra	7.39m

**Girls U 8 - Discus (500 Gram)**

Zone: Z 20.00m 27/01/2001 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Emerson Boatswain		Shoalhaven	8.63m
2 Paige King		Lake Illawarra	8.14m
3 Charlotte O'Neill		Lake Illawarra	8.05m
4 Madelynne Dowel		Albion Park	6.47m
5 Layla Bishop		St Georges Basin	5.67m

**Girls U 9 - Discus (500 Gram)**

Zone: Z 24.07m 27/01/2002 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Sidney Bartle		Albion Park	17.42m
2 Calai Dach		Lake Illawarra	16.53m
3 Layla Beck		Shoalhaven	15.73m
4 Indigo Price		Shoalhaven	14.81m
5 Lilly Moore		Shoalhaven	11.68m
6 Liarna Peters		Lake Illawarra	8.41m

**Girls U 10 - Discus (500 Gram)**

Zone: Z 26.05m 29/01/2000 Emma Cooke, Shoalhaven			
Name	Age	Centre	Final
1 Myra Betts		Shoalhaven	24.02m
2 Aroura Bray		Albion Park	14.38m
3 Layla Markovski		Lake Illawarra	12.09m
4 Tauris Ivanovski		Lake Illawarra	11.83m
5 Mackenzie Hutchinson		Albion Park	11.52m
6 Heidi McLaren		Shoalhaven	11.01m
7 Amelia Bongiorno		Albion Park	10.95m
8 Josie Cunningham		Kiama	9.00m
-- Maddyson Tramantano		Lake Illawarra	ND

**Girls U 11 - Discus (500 Gram)**

Zone: Z 17.75m 2/12/2018 Aleisha McGarry, Lake Illawa			
Name	Age	Centre	Final
1 Isabelle Reader		St Georges Basin	18.44mZ

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**....Girls U 11 - Discus (500 Gram)**

2	Kadance Naylor	St Georges Basin	18.20mZ
3	Zara Wells	Kiama	17.70m
4	Mia O'Mullane	Shoalhaven	13.92m
5	Kalani Green	Albion Park	13.53m
6	Olivia Knowles	Shoalhaven	12.28m

**Girls U 12 - Discus (750 Gram)**

=====			
	Zone: Z 33.96m	29/01/2011	Samantha Peace, Shoalhaven
Name	Age	Centre	Final
=====			
1	Emily McLaren	Shoalhaven	19.68m
2	Aleisha McGarry	Lake Illawarra	19.55m
3	Sabellah Nankivell	Albion Park	15.76m
4	Aurora Boatswain	Shoalhaven	15.71m
5	Zoe Meyers	Albion Park	15.67m
6	Jessica Kable	Albion Park	12.17m
7	Natarsha Mandavy	St Georges Basin	11.52m

**Girls U 13 - Discus (750 Gram)**

=====			
	Zone: Z 39.35m	2/12/2018	Chelsea Ezeoke, Albion Park
Name	Age	Centre	Final
=====			
1	Krystal Ezeoke	Albion Park	29.81m
2	Zoe Haylen	Kiama	21.39m

**Girls U 14 - Discus (1.0 Kg)**

=====			
	Zone: Z 42.03m	9/12/2012	Samantha Peace, Shoalhaven
Name	Age	Centre	Final
=====			
1	Talea Miller	Shoalhaven	30.09m
2	Alana McGarry	Lake Illawarra	22.59m
3	Nakita Boatswain	Shoalhaven	21.35m

**Girls U 15 - Discus (1.0 Kg)**

=====			
	Zone: Z 39.07m	14/12/2013	Samantha Peace, Shoalhaven
Name	Age	Centre	Final
=====			
1	Calany Meyers	Albion Park	21.97m
2	Hannah Hosking	Lake Illawarra	19.45m
3	Keira Watt	St Georges Basin	16.90m

**Girls U 17 - Discus (1.0 Kg)**

=====			
	Zone: Z 48.42m	12/12/2015	Samantha Peace, Shoalhaven
Name	Age	Centre	Final
=====			
1	Madison Callaway	Lake Illawarra	22.65m
2	Keira-Lee Meyers	Albion Park	17.53m

**Girls U 13-14 Multi Class Discus**

=====			
Name	Age	Centre	Final
=====			
1	Charlize Colwell (T/F37)	Albion Park	12.15m 41.284%

**MID SOUTH COAST ZONE**  
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**Girls U 15-17 Multi Class Discus**

Name	Age Centre	Final
1 Ashleigh Ryder (T/F37)	Albion Park	9.13m 31.023%

**Girls U 11 - Javelin (400 Gram)**

Zone: Z 16.87m 9/12/2017 Olivia Davis, Shoalhaven		
Name	Age Centre	Final
1 Isabelle Reader	St Georges Basin	13.03m
2 Claire Vogelaar	Kiama	11.54m
3 Mia O'Mullane	Shoalhaven	9.04m
4 Amber Potts	Albion Park	8.74m

**Girls U 12 - Javelin (400 Gram)**

Zone: Z 27.93m 10/12/2011 Shaye-Lee Frier, Lake Illawa		
Name	Age Centre	Final
1 Emily McLaren	Shoalhaven	22.57m
2 Aleisha McGarry	Lake Illawarra	14.55m
3 Malia Cummins	Kiama	13.71m
4 Elysha Davis	Shoalhaven	12.87m
5 Zoe Meyers	Albion Park	9.46m
6 Aurora Boatswain	Shoalhaven	9.04m

**Girls U 13 - Javelin (400 Gram)**

Zone: Z 31.62m 9/12/2012 Shaye-Lee Frier, Lake Illawa		
Name	Age Centre	Final
1 Zoe Haylen	Kiama	24.23m
2 Isabelle Hodgson	Kiama	14.35m
3 Amelia Weatherlake	Kiama	14.27m

**Girls U 14 - Javelin (400 Gram)**

Zone: Z 36.38m 10/12/2011 Susie Seitaridis, Lake Illaw		
Name	Age Centre	Final
1 Olivia Davis	Shoalhaven	27.21m
2 Nakita Boatswain	Shoalhaven	17.57m
3 Lauren Clancy	Albion Park	14.09m

**Girls U 15 - Javelin (500 Gram)**

Zone: Z 33.03m 9/12/2012 Susie Seitaridis, Lake Illaw		
Name	Age Centre	Final
1 Calany Meyers	Albion Park	25.08m
2 Hannah Hosking	Lake Illawarra	20.41m
3 Keira Watt	St Georges Basin	14.11m

**MID SOUTH COAST ZONE**  
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**Girls U 17 - Javelin (500 Gram)**

Zone: Z 34.11m 10/12/2011 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Emeilia Matthews		Shoalhaven	32.07m
2 Madison Callaway		Lake Illawarra	25.56m
3 Keira-Lee Meyers		Albion Park	12.93m

**Girls U 15-17 Multi Class Long Jump**

Name	Age	Centre	Final	
1 Akala Miller (T/F20)		Shoalhaven	3.47m	68.577%
2 Ashleigh Ryder (T/F37)		Albion Park	2.03m	46.560%

**Girls U 13-14 Multi Class Shot Put**

Name	Age	Centre	Final	
1 Charlize Colwell (T/F37)		Albion Park	4.47m	41.236%

**Girls U 15-17 Multi Class Shot Put**

Name	Age	Centre	Final	
1 Akala Miller (T/F20)		Shoalhaven	5.75m	49.655%
2 Ashleigh Ryder (T/F37)		Albion Park	4.09m	37.731%

**Girls U 9 - 700 Metre Walk**

Zone: Z 4:23.30 25/01/1998 Jacinta Kelly, Lake Illawarra			
Name	Age	Centre	Final
Section 1			
1 Calai Dach		Lake Illawarra	4:46.22
2 Ella-Rae McGregor		Albion Park	4:50.42
3 Liarna Peters		Lake Illawarra	5:12.78

**Girls U 10 - 1100 Metre Walk**

Zone: Z 6:43.20 15/12/2013 Madison Callaway, Lake Illa			
Name	Age	Centre	Final
1 Taylor Traacey		Euro Coast	7:59.91
2 Ellie King		Lake Illawarra	8:00.07
3 Maddyson Tramantano		Lake Illawarra	8:09.59
4 Tauris Ivanovski		Lake Illawarra	8:26.71
5 Shilah Soens		St Georges Basin	8:36.33
6 Heidi McLaren		Shoalhaven	9:26.22
7 Layla Markovski		Lake Illawarra	9:38.85

**Girls U 11 - 1100 Metre Walk**

Zone: Z 6:12.40 25/01/1998 Chantelle Corish, St George			
Name	Age	Centre	Final
1 Indie Cooper		Lake Illawarra	9:07.21
2 Kadance Naylor		St Georges Basin	9:29.89

**MID SOUTH COAST ZONE**  
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**Girls U 12 - 1500 Metre Walk**

Zone: Z 8:09.10 26/01/1986 Leanne Wilford, Kiama			
Name	Age	Centre	Final
1 Natarsha Mandavy		St Georges Basin	11:45.98
2 Aurora Boatswain		Shoalhaven	12:21.25
3 Aleisha McGarry		Lake Illawarra	12:31.77

**Girls U 14 - 1500 Metre Walk**

Zone: Z 7:37.50 29/01/2006 Tanya Poppett, Kiama			
Name	Age	Centre	Final
1 Charli Ryan		Lake Illawarra	9:55.40
2 Nakita Boatswain		Shoalhaven	12:02.86

**Girls U 15 - 1500 Metre Walk**

Zone: Z 7:25.70 28/01/2007 Tanya Poppett, Kiama			
Name	Age	Centre	Final
1 Keira Watt		St Georges Basin	9:34.26

**Girls U 17 - 1500 Metre Walk**

Zone: Z 8:21.70 11/12/2011 Emily Warden, Shoalhaven			
Name	Age	Centre	Final
1 Madison Callaway		Lake Illawarra	8:42.20
2 Taylah Hurst		Lake Illawarra	11:50.08

**Boys U 7 - 50 Metre Sprint**

Zone: Z 8.60 12/12/2015 Asher Chapman, St Georges Bas			
Name	Age	Centre	Final
1 Ryan Mayhaireh		Shoalhaven	9.34
2 Oscar Van Der Merwe		Albion Park	9.39
3 Riley Bertholini		Shoalhaven	14.26

**Boys U 7 - 70 Metre Sprint**

Zone: Z 11.10 30/01/1983 L O'Connor, Wollondilly			
Name	Age	Centre	Final
1 Ryan Mayhaireh		Shoalhaven	12.64
2 Jackson Hutchinson		Albion Park	12.99
3 Riley Sandstrom		Shoalhaven	13.06
4 Brax Betts		Shoalhaven	14.09
5 Riley Bertholini		Shoalhaven	20.47

**Boys U 8 - 70 Metre Sprint**

Zone: Z 10.10 30/01/1983 P Giobbi, Wollongong City			
Name	Age	Centre	Final
1 Jackson Turner		Shoalhaven	15.39
2 Lachlan Wallace		St Georges Basin	17.57



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**Boys U 9 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 10.40 13/12/2015 Riley Moran, Albion Park			
Zone: Z 10.40 13/12/2009 Connor Ruse-Kent, Albion Park			
1 Ryan Sharpe		Shoalhaven	11.54
2 Lucas Borg		Euro Coast	11.93
3 Jake Witt		Albion Park	12.38
4 Beau Lidbetter		Lake Illawarra	12.43

**Boys U 10 - 70 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 9.40 13/12/2009 Tristan Brazulaitis, Albion P			
1 Jacob Borg		Euro Coast	11.70
2 Jack Colwell		Albion Park	12.47

**Boys U 7 - 100 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 15.60 12/12/2015 Germaine Wright, Albion Park			
1 Ryan Mayhaireh		Shoalhaven	17.60
2 Lucas Gill-Gomes		Albion Park	17.88
3 Riley Sandstrom		Shoalhaven	18.22
4 Jackson Hutchinson		Albion Park	18.63
5 Brax Betts		Shoalhaven	20.37
6 Kai Miller		Albion Park	22.62

**Boys U 8 - 100 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 15.10 30/01/1982 Matthew Dalby, Lake Illawarra			
1 Zai Roberts		Shoalhaven	18.41
2 Rory Swan		St Georges Basin	18.98
3 Tye Bishop		St Georges Basin	24.00

**Boys U 9 - 100 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 14.10 30/01/1982 David Gillis, Lake Illawarra			
Zone: Z 14.10 25/01/1986 Steven Russo, Lake Illawarra			
1 Benji Davis		Kiama	16.68
2 Zak Schillert		Lake Illawarra	17.48
3 Lucas Borg		Euro Coast	17.55
4 Jake Witt		Albion Park	17.92
5 Khoen Hands		Lake Illawarra	19.12
6 Riley Bender		Kiama	19.28

**Boys U 10 - 100 Metre Sprint**

Name	Age	Centre	Final
Zone: Z 13.10 26/01/1980 David Carter, Lake Illawarra			
1 Jacob Borg		Euro Coast	14.99
2 Dean Austin		Shoalhaven	15.60

**MID SOUTH COAST ZONE**  
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**....Boys U 10 - 100 Metre Sprint**

3 Austin Craig	Albion Park	16.05
4 Tyson Ling	Albion Park	16.28
5 Jake Swan	St Georges Basin	16.50
6 Jayden Borghi	St Georges Basin	18.17
7 Daniel Martin	Albion Park	18.38

**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.00 29/01/2000 Kane Linnett, Lake Illawarra			
Name	Age	Centre	Final
1 Asher Chapman		Shoalhaven	14.88
2 Aidan Williams		Lake Illawarra	16.78
3 Riley Haig		St Georges Basin	17.53

**Boys U 12 - 100 Metre Sprint**

Zone: Z 12.70 28/01/2006 Caine Trindall, St Georges Ba			
Name	Age	Centre	Final
1 Germaine Wright		Albion Park	14.01
2 Ryan Farr		Milton-Ulladulla	15.07
3 Jeremiah Galvin		Shoalhaven	15.31
4 Joshua Lakeman		Albion Park	15.52
5 Jack Andersen		Lake Illawarra	16.14
6 Harry Andersen		Lake Illawarra	16.30

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.50 28/01/1995 Henderson McCue, Albion Park			
Zone: Z 12.50 10/12/2011 Zachary Havadjia, Shoalhaven			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Elias Oldfield		Kiama	13.61Q
2 Joshua Hosking		Lake Illawarra	14.17Q
3 Mackay Jones		Albion Park	14.74Q
4 Joshua Bender		Kiama	15.10q
5 Cade Chapman		Shoalhaven	16.52
5 Riley Witt		Albion Park	16.52
Heat 2 Heats			
1 Jett Kingma		St Georges Basin	14.03Q
2 Tyler Carey		St Georges Basin	14.42Q
3 Cooper Deegan		Kiama	14.55Q
4 Dylan Hardy		Lake Illawarra	14.74q
5 Lexin O'Dea		Albion Park	15.32

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.50 28/01/1995 Henderson McCue, Albion Park			
Zone: Z 12.50 10/12/2011 Zachary Havadjia, Shoalhaven			
Name	Age	Centre	Final
Section 1 Final			
1 Elias Oldfield		Kiama	13.44
2 Joshua Hosking		Lake Illawarra	14.29
3 Tyler Carey		St Georges Basin	14.32
4 Jett Kingma		St Georges Basin	14.35

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
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**....Boys U 13 - 100 Metre Sprint**

5 Dylan Hardy	Lake Illawarra	14.82
6 Cooper Deegan	Kiama	14.84
7 Mackay Jones	Albion Park	14.93
8 Joshua Bender	Kiama	15.29

**Boys U 14 - 100 Metre Sprint**

=====			
Zone: Z 11.80 29/01/2011 Jye Brooker, Albion Park			
Name	Age	Centre	Final
=====			
Section 1			
1 Lucas Campbell		Albion Park	13.22

**Boys U 15 - 100 Metre Sprint**

=====			
Zone: Z 11.50 12/12/2009 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
=====			
1 Louis LoSurdo		St Georges Basin	14.17
2 Cohen Deegan		Kiama	15.07

**Boys U 17 - 100 Metre Sprint**

=====			
Zone: Z 11.10 12/12/2015 Emerson Brian, Shoalhaven			
Zone: Z 11.10 29/01/2011 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
=====			
1 Dylan Clarke		Albion Park	14.06

**Boys U 7 - 200 Metre Sprint**

=====			
Zone: Z 33.10 13/12/2015 Gabriel Lombardi, Kiama			
Name	Age	Centre	Final
=====			
1 Ryan Mayhaireh		Shoalhaven	37.57
2 Lucas Gill-Gomes		Albion Park	38.83
3 Jackson Hutchinson		Albion Park	40.38
4 Cale Deegan		Kiama	41.55

**Boys U 8 - 200 Metre Sprint**

=====			
Zone: Z 32.10 31/01/1982 Matthew Dalby, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Zai Roberts		Shoalhaven	39.92
2 Gianni Oiteirinho		Albion Park	40.28
3 Macarthur Davis		Shoalhaven	40.93
4 Xavier Wilson		Albion Park	43.99
5 Lachlan Wallace		St Georges Basin	1:11.27

**Boys U 9 - 200 Metre Sprint**

=====			
Zone: Z 30.10 26/01/1986 Steven Russo, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Kyle Smith		Milton-Ulladulla	34.32
2 Malachi Kirchberg		Lake Illawarra	35.24
3 Ryan Sharpe		Shoalhaven	35.32

**MID SOUTH COAST ZONE**  
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**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
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**....Boys U 9 - 200 Metre Sprint**

4 Jake Witt	Albion Park	42.64
5 Sonny Cocksedge	Lake Illawarra	45.12

**Boys U 10 - 200 Metre Sprint**

Zone: Z 28.20 28/01/2007 Luke Watts, Albion Park

Name	Age Centre	Final
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1 Jacob Borg	Euro Coast	31.39
2 Stephen Alfano	Kiama	32.96
3 Dean Austin	Shoalhaven	33.19
4 Ryder Haines	Lake Illawarra	34.22
5 Taj Goddard	Shoalhaven	35.67
6 Tyson Ling	Albion Park	35.89

**Boys U 11 - 200 Metre Sprint**

Zone: Z 28.00 30/01/2000 Kane Linnett, Lake Illawarra

Name	Age Centre	Final
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1 Asher Chapman	Shoalhaven	31.16
2 Harrison Leavesley	Albion Park	33.70
3 Aidan Williams	Lake Illawarra	35.95

**Boys U 12 - 200 Metre Sprint**

Zone: Z 26.60 29/01/2006 Caine Trindall, St Georges Ba

Name	Age Centre	Final
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1 Germaine Wright	Albion Park	29.23
2 Jack Andersen	Lake Illawarra	33.82
3 Jett Goddard	Shoalhaven	34.09
4 Jeremiah Galvin	Shoalhaven	35.65

**Boys U 13 - 200 Metre Sprint**

Zone: Z 25.40 28/01/2007 Caine Trindall, St Georges ba

Name	Age Centre	Final
------	------------	-------

1 Elias Oldfield	Kiama	27.41
2 Reilly Caswell	Shoalhaven	27.86
3 Joshua Hosking	Lake Illawarra	29.13
4 Tyler Carey	St Georges Basin	30.38
5 Cooper Deegan	Kiama	30.49
6 Dylan Hardy	Lake Illawarra	30.84
7 Mackay Jones	Albion Park	30.88

**Boys U 14 - 200 Metre Sprint**

Zone: Z 24.20 30/01/2000 Johnny Finkernagel, St George

Name	Age Centre	Final
------	------------	-------

1 Lucas Campbell	Albion Park	27.27
2 Oscar Tunney-Roberts	Shoalhaven	31.88

**MID SOUTH COAST ZONE**  
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**Boys U 15 - 200 Metre Sprint**

Zone: Z 23.30 13/12/2009 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
1 Louis LoSurdo		St Georges Basin	28.51
2 Cohen Deegan		Kiama	30.47

**Boys U 17 - 200 Metre Sprint**

Zone: Z 22.60 11/12/2011 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
1 Dylan Clarke		Albion Park	25.60
2 Joshua Gamble		Lake Illawarra	28.07

**Boys U 8 - 400 Metre Sprint**

Zone: Z 1:16.10 13/12/2008 Mitchell Potts, Albion Park			
Name	Age	Centre	Final
1 Macarthur Davis		Shoalhaven	1:23.80
2 Zai Roberts		Shoalhaven	1:27.70
3 Rory Brownlee		Lake Illawarra	1:28.10
4 Jacob Lakeman		Albion Park	1:31.15
5 Xavier Wilson		Albion Park	1:33.23
6 Gianni Oiteirinho		Albion Park	1:37.24
7 Ashton Jones		Lake Illawarra	1:42.88
8 William Tebbutt		Lake Illawarra	1:44.47

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:12.00 24/01/1984 Brett Stumbles, Dapto			
Name	Age	Centre	Final
1 Kyle Smith		Milton-Ulladulla	1:17.23
2 Jackson Fraser		Albion Park	1:17.50
3 Peter Gallenca		Kiama	1:17.81
4 Sonny Cocksedge		Lake Illawarra	1:22.51
5 Malachi Kirchberg		Lake Illawarra	1:33.60

**Boys U 10 - 400 Metre Sprint**

Zone: Z 1:06.10 24/01/1987 Steven Pusso, Lake Illawarra			
Name	Age	Centre	Final
1 Austin Craig		Albion Park	1:13.38
2 Ryder Haines		Lake Illawarra	1:15.87
3 Tyson Ling		Albion Park	1:21.93
4 Jayden Borghi		St Georges Basin	1:27.11
5 Daniel Martin		Albion Park	1:27.79

**Boys U 11 - 400 Metre Sprint**

Zone: Z 1:04.10 24/01/1981 Simon Hull, Lake Illawarra			
Name	Age	Centre	Final
1 Harrison Leavesley		Albion Park	1:13.29
2 Isaac Oldfield		Kiama	1:18.53
3 Tyler Campbell		Albion Park	1:28.05

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**Boys U 12 - 400 Metre Sprint**

Zone: Z 1:03.10 30/01/1982 Simon Hull, Lake Illawarra			
Name	Age	Centre	Final
1 Joshua Lakeman		Albion Park	1:11.92
2 Harry Fraser		Albion Park	1:12.29
3 Max Boniface		Kiama	1:13.12
4 Jett Goddard		Shoalhaven	1:14.90
5 Harry Andersen		Lake Illawarra	1:18.29
6 Zander Robinson		Kiama	1:27.47

**Boys U 13 - 400 Metre Sprint**

Zone: Z 59.80 10/12/2011 Zachary Havadjia, Shoalhaven			
Name	Age	Centre	Final
1 Reilly Caswell		Shoalhaven	59.99
2 Elias Oldfield		Kiama	1:01.38
3 Joshua Hosking		Lake Illawarra	1:07.33
4 Mackay Jones		Albion Park	1:09.58
5 Macleay Kesby		Albion Park	1:10.18
6 Izak Van De Merwe		Albion Park	1:16.25
7 Lexin O'Dea		Albion Park	1:18.80

**Boys U 14 - 400 Metre Sprint**

Zone: Z 55.50 8/12/2012 Zachary Havadjia, Shoalhaven			
Name	Age	Centre	Final
1 Lucas Campbell		Albion Park	1:02.19
2 Vaughn Gilligan		Euro Coast	1:04.59
3 Byron Ling		Albion Park	1:08.45
4 Oscar Tunney-Roberts		Shoalhaven	1:11.40
5 Kade Dhu		Shoalhaven	1:14.92

**Boys U 15 - 400 Metre Sprint**

Zone: Z 55.10 14/12/2013 Zachary Havadjia, Shoalhaven			
Name	Age	Centre	Final
1 Louis LoSurdo		St Georges Basin	1:04.87
2 Cohen Deegan		Kiama	1:07.67

**Boys U 17 - 400 Metre Sprint**

Zone: Z 52.70 8/12/2012 Billy Wallington, Shoalhaven			
Name	Age	Centre	Final
1 Tyson Schillert		Lake Illawarra	57.86
2 Jonathon Carmody		Lake Illawarra	1:08.37

**Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:46.70 27/01/2008 Mitchell Potts, Albion Park			
Name	Age	Centre	Final
1 Lucas Gill-Gomes		Albion Park	1:56.14
2 Justin Lakeman		Albion Park	2:04.06
3 Cale Deegan		Kiama	2:04.13

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
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**....Boys U 7 - 500 Metre Run Pack Start**

4 Oscar Van Der Merwe	Albion Park	2:13.12
5 Kai Miller	Albion Park	2:34.88

**Boys U 8 - 700 Metre Run Pack Start**

Zone: Z 2:23.80 14/12/2008 Mitchell Potts, Albion Park

Name	Age Centre	Final
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1 Macarthur Davis	Shoalhaven	2:36.45
2 Xavier Wilson	Albion Park	2:49.55
3 Rory Brownlee	Lake Illawarra	2:57.36
4 Ashton Jones	Lake Illawarra	3:06.49
5 William Tebbutt	Lake Illawarra	3:21.27
6 Lachlan Wallace	St Georges Basin	4:30.45

**Boys U 9 - 800 Metre Run**

Zone: Z 2:42.10 25/01/1998 Guy Cuttil, Lake Illawarra

Name	Age Centre	Final
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1 Jackson Fraser	Albion Park	2:52.09
2 Peter Gallenca	Kiama	2:53.79
3 Sonny Cocksedge	Lake Illawarra	3:01.56
4 Ryan Sharpe	Shoalhaven	3:06.46
5 Thomas Gowans	Lake Illawarra	3:22.20
6 Zak Schillert	Lake Illawarra	3:25.59
7 Jayce Watters	Kiama	3:28.17

**Boys U 10 - 800 Metre Run**

Zone: Z 2:32.10 27/01/1980 Simon Hull, Lake Illawarra

Name	Age Centre	Final
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1 Ryder Haines	Lake Illawarra	2:51.60
2 Tyson Ling	Albion Park	3:05.17
3 Liam Green	Albion Park	3:11.19

**Boys U 11 - 800 Metre Run**

Zone: Z 2:29.00 25/01/1981 Simon Hull, Lake Illawarra

Name	Age Centre	Final
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1 Harrison Leavesley	Albion Park	2:45.28
2 Tynan Caswell	Shoalhaven	2:54.86
3 Tyler Campbell	Albion Park	3:09.14
4 Max Van Der Merwe	Albion Park	3:11.74

**Boys U 12 - 800 Metre Run**

Zone: Z 2:23.00 31/01/1982 Simon Hull, Lake Illawarra

Name	Age Centre	Final
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1 Joel Harlor	Shoalhaven	2:29.76
2 Harry Fraser	Albion Park	2:36.34
3 Jett Goddard	Shoalhaven	2:39.82
4 Jeremiah Galvin	Shoalhaven	2:51.12
5 Harry Andersen	Lake Illawarra	2:51.76
6 Max Boniface	Kiama	3:02.14

**MID SOUTH COAST ZONE**  
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**Boys U 13 - 800 Metre Run**

Zone: Z 2:16.50 9/12/2012 Troy Whittington, Albion Pa			
Name	Age	Centre	Final
1 Reilly Caswell		Shoalhaven	2:25.88
2 Macleay Kesby		Albion Park	2:34.10
3 Darcy Davis		Shoalhaven	2:40.13
4 Cooper Deegan		Kiama	2:43.76
5 Hamish McLaren		Shoalhaven	2:45.28
6 Mackay Jones		Albion Park	2:51.43
7 Izak Van De Merwe		Albion Park	2:59.31
8 Rhys O'Dea		Albion Park	3:19.32

**Boys U 14 - 800 Metre Run**

Zone: Z 2:16.80 9/12/2012 Kade Szakacs, Albion Park			
Name	Age	Centre	Final
1 Vaughn Gilligan		Euro Coast	2:30.98
2 Byron Ling		Albion Park	2:38.48
3 Kade Dhu		Shoalhaven	2:44.80

**Boys U 17 - 800 Metre Run**

Zone: Z 2:01.70 13/12/2015 Kade Szakacs, Albion Park			
Name	Age	Centre	Final
1 Isaac Shaw		Albion Park	2:11.18
2 Tyson Schillert		Lake Illawarra	2:14.72

**Boys U 11 - 1500 Metre Run**

Zone: Z 4:56.10 24/01/1981 Simon Hull, Lake Illawarra			
Name	Age	Centre	Final
1 Harrison Leavesley		Albion Park	5:38.84
2 Tynan Caswell		Shoalhaven	5:56.28
3 Selby Johnston		Euro Coast	6:25.92
4 Connor Owen		Albion Park	6:58.44

**Boys U 12 - 1500 Metre Run**

Zone: Z 4:46.10 30/01/1982 Simon Hull, Lake Illawarra			
Name	Age	Centre	Final
1 Joel Harlor		Shoalhaven	5:07.43
2 Harry Fraser		Albion Park	5:18.30
3 Harry Andersen		Lake Illawarra	5:26.19
4 Jett Goddard		Shoalhaven	5:26.86
5 Joshua Lakeman		Albion Park	5:47.94
6 Jeremiah Galvin		Shoalhaven	6:03.59
7 Zander Robinson		Kiama	6:53.87

**Boys U 13 - 1500 Metre Run**

Zone: Z 4:39.10 29/01/1983 Simon Hull, Lake Illawarra			
Name	Age	Centre	Final
1 Macleay Kesby		Albion Park	5:23.22



**MID SOUTH COAST ZONE**  
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**....Boys U 13 - 1500 Metre Run**

2 Darcy Davis	Shoalhaven	5:38.80
3 Hamish McLaren	Shoalhaven	6:21.87
4 Lexin O'Dea	Albion Park	6:51.66

**Boys U 14 - 1500 Metre Run**

=====			
Zone: Z 4:46.80 28/01/2006 Jason Invernon, Lake Illawa			
Name	Age Centre		Final
=====			
1 Vaughn Gilligan	Euro Coast		5:25.97
2 Byron Ling	Albion Park		5:28.91
3 Kade Dhu	Shoalhaven		5:39.78

**Boys U 17 - 1500 Metre Run**

=====			
Zone: Z 4:21.10 12/12/2015 Kade Szakacs, Albion Park			
Name	Age Centre		Final
=====			
1 Isaac Shaw	Albion Park		4:39.75
2 Tyson Schillert	Lake Illawarra		4:49.56

**Boys U 13 - 3000 Metre Run**

=====			
Zone: Z 10:28.20 8/12/2012 Troy Whittington, Albion P			
Name	Age Centre		Final
=====			
1 Macleay Kesby	Albion Park		11:32.86
2 Hamish McLaren	Shoalhaven		12:12.79
3 Darcy Davis	Shoalhaven		12:57.16
4 Cooper Deegan	Kiama		14:51.62

**Boys U 14 - 3000 Metre Run**

=====			
Zone: Z 10:00.80 31/01/2004 Ryan Gregson, Albion Park			
Name	Age Centre		Final
=====			
1 Byron Ling	Albion Park		12:19.21
2 Kade Dhu	Shoalhaven		12:25.91

**Boys U 15 - 3000 Metre Run**

=====			
Zone: Z 9:57.00 29/01/2005 Ryan Gregson, Albion Park			
Name	Age Centre		Final
=====			
1 Cohen Deegan	Kiama		14:42.69

**Boys U 17 - 3000 Metre Run**

=====			
Zone: Z 9:33.50 12/12/2015 James Seal, Albion Park			
Name	Age Centre		Final
=====			
1 Isaac Shaw	Albion Park		10:29.55
2 Tyson Schillert	Lake Illawarra		10:38.80
3 Jonathon Carmody	Lake Illawarra		12:10.07

**MID SOUTH COAST ZONE**  
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**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
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**Boys U 8 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Final
Zone: Z 11.10 28/01/2006 Hayden Moon, Kiama			
Zone: Z 11.10 13/12/2008 Jarrod Coomby, Albion Park			
Name	Age	Centre	Final
1 Gianni Oiteirinho		Albion Park	13.03
2 Rory Swan		St Georges Basin	13.97
3 Ashton Jones		Lake Illawarra	14.21
4 Xavier Wilson		Albion Park	14.50
5 Jackson Turner		Shoalhaven	16.51
6 Tye Bishop		St Georges Basin	16.96

**Boys U 9 - 60 Metre Hurdles (45cm)**

Name	Age	Centre	Final
Zone: Z 10.00 24/01/1998 Kane Linnett, Lake Illawarra			
Name	Age	Centre	Final
1 Lucas Borg		Euro Coast	11.78
2 Malachi Kirchberg		Lake Illawarra	11.88
3 Peter Gallenca		Kiama	12.11
4 Benji Davis		Kiama	12.59
5 Taj Miller		Albion Park	12.63
6 Riley Bender		Kiama	13.24
7 Khoen Hands		Lake Illawarra	13.26

**Boys U 10 - 60 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Zone: Z 10.40 12/12/2009 Tristan Brazilaitis, Albion P			
Name	Age	Centre	Final
1 Jake Swan		St Georges Basin	12.83
2 Taj Goddard		Shoalhaven	12.94
3 Jayden Borghi		St Georges Basin	14.58

**Boys U 11 - 80 Metre Hurdles (60cm)**

Name	Age	Centre	Final
Zone: Z 45.00 21/11/2019 New Event, No Record			
Name	Age	Centre	Final
1 Asher Chapman		Shoalhaven	15.03Z
2 Isaac Oldfield		Kiama	16.93Z
3 Jordan Wallace		St Georges Basin	17.04Z

**Boys U 12 - 80 Metre Hurdles (68cm)**

Name	Age	Centre	Final
Zone: Z 45.00 21/11/2019 New Event, No Record			
Name	Age	Centre	Final
1 Germaine Wright		Albion Park	14.50Z
2 Zander Robinson		Kiama	17.80Z
3 Scott Colwell		Albion Park	22.96Z

**Boys U 13 - 80 Metre Hurdles (76cm)**

Name	Age	Centre	Final
Zone: Z 12.90 29/01/2006 Jack Doyle, Lake Illawarra			
Zone: Z 12.90 13/12/2009 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1 Reilly Caswell		Shoalhaven	14.86

**MID SOUTH COAST ZONE**  
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**....Boys U 13 - 80 Metre Hurdles (76cm)**

2	Joshua Bender	Kiama	15.10
3	Tyler Carey	St Georges Basin	15.97
4	Jett Kingma	St Georges Basin	17.28
5	Dylan Hardy	Lake Illawarra	17.36
6	Rhys O'Dea	Albion Park	18.77
7	Brooklyn Mandavy	St Georges Basin	19.09

**Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 12.60 30/01/2011 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1	Lucas Campbell	Albion Park	16.22
2	Oscar Tunney-Roberts	Shoalhaven	18.03

**Boys U 15 - 100 Metre Hurdles (76cm)**

Zone: Z 14.00 25/01/1997 Henderson McCue, Albion Park			
Name	Age	Centre	Final
1	Tsar Mandavy	St Georges Basin	15.74

**Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 14.50 30/01/2011 Dean Invernon, Lake Illawarra			
Name	Age	Centre	Final
1	Dylan Clarke	Albion Park	20.28

**Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 28.50 12/12/2009 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1	Reilly Caswell	Shoalhaven	30.53
2	Elias Oldfield	Kiama	32.10
3	Joshua Bender	Kiama	35.01
4	Rhys O'Dea	Albion Park	37.62

**Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 27.10 29/01/2011 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1	Lucas Campbell	Albion Park	29.90

**Boys U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 48.30 10/12/2016 Thomas Power, St Georges Basi			
Name	Age	Centre	Final
1	Tsar Mandavy	St Georges Basin	45.82Z

**MID SOUTH COAST ZONE**  
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**Boys U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 43.10 10/12/2016 Luke Hunter, Albion Park

Name	Age Centre	Final
1 Isaac Shaw	Albion Park	46.69
2 Tyson Schillert	Lake Illawarra	47.16
3 Joshua Gamble	Lake Illawarra	52.05

**Boys U 11-12 100 Metre Multi Class Run**

Name	Age Centre	Final
1 Kynan Miller (T/F44)	Shoalhaven	19.98 65.065%

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 57.20 14/12/2008 Albion Park, Albion Park

Centre	Final
1 Albion Park	1:00.87
1) Jackson Fraser 9	2) Germaine Wright 12
3) Jack Colwell 10	4) Harrison Leavesley 11
2 Shoalhaven	1:02.77
1) Ryan Sharpe 9	2) Dean Austin 10
3) Asher Chapman 11	4) Jett Goddard 12
3 Kiama	1:07.07
1) Zander Robinson 12	2) Peter Gallenca 9
3) Isaac Oldfield 11	4) Stephen Alfano 10
4 Lake Illawarra	1:07.97
1) Aidan Williams 11	2) Zak Schillert 9
3) Malachi Kirchberg 9	4) Thomas Gowans 9

**Boys U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 48.50 14/12/2008 Albion Park, Albion Park

Centre	Final
1 Albion Park	53.02
1) Macleay Kesby 13	2) Mackay Jones 13
3) Lucas Campbell 14	4) Dylan Clarke 17
2 St Georges Basin	53.44
1) Jett Kingma 13	2) Tyler Carey 13
3) Louis LoSurdo 15	4) Tsar Mandavy 15
3 Kiama	54.57
1) Matt Cordell 17	2) Cooper Deegan 13
3) Cohen Deegan 15	4) Elias Oldfield 13
4 Lake Illawarra	55.83
1) Joshua Gamble 17	2) Ryan Keen 15
3) Dylan Hardy 13	4) Joshua Hosking 13
5 Shoalhaven	58.10
1) Jeremiah Galvin 12	2) Reilly Caswell 13
3) Hamish McLaren 13	4) Oscar Tunney-Roberts 14

**MID SOUTH COAST ZONE**  
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**Boys U 9 - High Jump (S/H 0.85m)**

Zone: Z 1.25m 29/01/1983 Matthew Dalby, Lake Illawarra			
Name	Age	Centre	Final
Flight 1			
1 Jackson Fraser		Albion Park	1.08m
2 Kyle Smith		Milton-Ulladulla	1.06m
3 Ryan Sharpe		Shoalhaven	1.00m
4 Khoen Hands		Lake Illawarra	0.95m

**Boys U 10 - High Jump (S/H 0.95m)**

Zone: Z 1.42m 31/01/1982 Glen Morante, Lake Illawarra			
Name	Age	Centre	Final
1 Stephen Alfano		Kiama	1.17m
2 Jake Swan		St Georges Basin	1.11m
3 Daniel Martin		Albion Park	1.01m
4 Jayden Borghi		St Georges Basin	0.99m

**Boys U 11 - High Jump (S/H 1.05m)**

Zone: Z 1.50m 24/01/1981 Mineo Bonetig, Lake Illawarra			
Name	Age	Centre	Final
1 Jordan Wallace		St Georges Basin	1.30m
2 Riley Haig		St Georges Basin	1.12m
3 James Tebbutt		Lake Illawarra	1.12m
4 Tyler Campbell		Albion Park	1.10m
5 Max Van Der Merwe		Albion Park	1.05m

**Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.67m 31/01/1982 Mineo Bonetig, Lake Illawarra			
Name	Age	Centre	Final
1 Harry Andersen		Lake Illawarra	1.27m
2 Jeremiah Galvin		Shoalhaven	1.25m
3 Harry Fraser		Albion Park	1.20m
4 Jack Andersen		Lake Illawarra	1.20m
5 Max Boniface		Kiama	1.20m

**Boys U 13 - High Jump (S/H 1.20m)**

Zone: Z 1.66m 11/12/2011 Jake Rallings, Albion Park			
Name	Age	Centre	Final
1 Joshua Hosking		Lake Illawarra	1.40m
2 Jett Kingma		St Georges Basin	1.36m
3 Brooklyn Mandavy		St Georges Basin	1.36m
4 Tyler Carey		St Georges Basin	1.36m
5 Izak Van De Merwe		Albion Park	1.36m
6 Joshua Bender		Kiama	1.25m
7 Dylan Hardy		Lake Illawarra	1.20m

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**Boys U 15 - High Jump (S/H 1.25m)**

Zone: Z 1.76m 13/12/2015 Jye Shumack, Albion Park			
Name	Age	Centre	Final
1 Tsar Mandavy		St Georges Basin	1.77mZ
2 Louis LoSurdo		St Georges Basin	1.45m
3 Ryan Keen		Lake Illawarra	1.35m

**Boys U 17 - High Jump (S/H 1.30m)**

Zone: Z 1.90m 10/12/2016 Jye Shumack, Albion Park			
Name	Age	Centre	Final
1 Matt Cordell		Kiama	1.83m
2 Isaac Shaw		Albion Park	1.55m
3 Joshua Gamble		Lake Illawarra	1.40m

**Boys U 7 - Long Jump**

Zone: Z 3.50m 13/12/2015 Germaine Wright, Albion Park			
Name	Age	Centre	Final
1 Riley Sandstrom		Shoalhaven	2.98m
2 Justin Lakeman		Albion Park	2.80m
3 Brax Betts		Shoalhaven	2.43m

**Boys U 8 - Long Jump**

Zone: Z 4.19m 26/01/1985 Steven Russo, Lake Illawarra			
Name	Age	Centre	Final
1 Rory Brownlee		Lake Illawarra	3.29m
2 Zai Roberts		Shoalhaven	3.09m
3 Jacob Lakeman		Albion Park	2.96m
4 Rory Swan		St Georges Basin	2.92m
5 William Tebbutt		Lake Illawarra	2.47m
6 Tye Bishop		St Georges Basin	2.01m

**Boys U 9 - Long Jump**

Zone: Z 4.33m 14/12/2008 Aron Cox, Kiama			
Name	Age	Centre	Final
1 Jackson Fraser		Albion Park	3.92m
2 Kyle Smith		Milton-Ulladulla	3.91m
3 Benji Davis		Kiama	3.64m
4 Zak Schillert		Lake Illawarra	3.55m
4 Peter Gallenca		Kiama	3.55m
6 Lucas Borg		Euro Coast	3.50m
7 Thomas Gowans		Lake Illawarra	3.45m
8 Taj Miller		Albion Park	3.26m
9 Jake Witt		Albion Park	3.16m
10 Riley Bender		Kiama	2.93m

**MID SOUTH COAST ZONE**  
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**Boys U 10 - Long Jump**

Zone: Z 4.75m 26/01/1980 David Carter, Lake Illawarra			
Name	Age	Centre	Final
1 Jacob Borg		Euro Coast	4.37m
2 Stephen Alfano		Kiama	3.89m
3 Ryder Haines		Lake Illawarra	3.53m
4 Jack Colwell		Albion Park	3.40m
5 Liam Green		Albion Park	3.32m

**Boys U 11 - Long Jump**

Zone: Z 4.89m 25/01/2003 Kevin Orgaz, St Georges Basin			
Name	Age	Centre	Final
1 Asher Chapman		Shoalhaven	4.07m
2 Phoenix Williams		Milton-Ulladulla	3.61m
3 James Tebbutt		Lake Illawarra	3.52m
4 Aidan Williams		Lake Illawarra	3.48m
5 Max Van Der Merwe		Albion Park	3.23m
6 Riley Moore		Shoalhaven	3.08m

**Boys U 12 - Long Jump**

Zone: Z 5.31m 30/01/1982 David Carter, Lake Illawarra			
Name	Age	Centre	Final
1 Germaine Wright		Albion Park	4.39m
2 Harry Andersen		Lake Illawarra	4.02m
3 Joshua Lakeman		Albion Park	4.00m
4 Jeremiah Galvin		Shoalhaven	3.97m
5 Harry Fraser		Albion Park	3.88m
6 Jack Andersen		Lake Illawarra	3.76m
7 Parker Ivanovski		Lake Illawarra	3.10m
8 Scott Colwell		Albion Park	3.03m

**Boys U 13 - Long Jump**

Zone: Z 5.41m 29/01/1989 Che Wicks, St Georges Basin			
Name	Age	Centre	Final
1 Reilly Caswell		Shoalhaven	4.69m
2 Jett Kingma		St Georges Basin	4.65m
3 Tyler Carey		St Georges Basin	4.41m
4 Joshua Bender		Kiama	4.20m
5 Dylan Hardy		Lake Illawarra	4.20m
6 Macleay Kesby		Albion Park	4.17m
7 Cooper Deegan		Kiama	3.89m
8 Riley Witt		Albion Park	3.76m
9 Lane Williams		Milton-Ulladulla	3.66m
10 Mackay Jones		Albion Park	3.48m

**Boys U 14 - Long Jump**

Zone: Z 5.83m 30/01/2011 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1 Lucas Campbell		Albion Park	5.30m
2 Oscar Tunney-Roberts		Shoalhaven	4.58m

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Results**

**....Boys U 14 - Long Jump**

3 Kade Dhu Shoalhaven 3.68m

**Boys U 15 - Long Jump**

Zone: Z 6.11m 27/01/2007 Kevin Orgaz, St Georges Basin

Name	Age Centre	Final
1 Tsar Mandavy	St Georges Basin	5.52m
2 Louis LoSurdo	St Georges Basin	4.96m
3 Ryan Keen	Lake Illawarra	4.55m

**Boys U 17 - Long Jump**

Zone: Z 6.18m 8/12/2012 Billy Wallington, Shoalhaven

Name	Age Centre	Final
1 Joshua Gamble	Lake Illawarra	5.05m
2 Isaac Shaw	Albion Park	4.93m

**Boys U 11 - Triple Jump**

Zone: Z 9.96m 26/01/2003 Kevin Orgaz, St Georges basin

Zone: Z 9.96m 28/01/2006 Joshua Bingham, Lake Illawarr

Name	Age Centre	Final
1 Phoenix Williams	Milton-Ulladulla	8.31m
2 Aidan Williams	Lake Illawarra	8.15m
3 Jordan Wallace	St Georges Basin	8.07m
4 Isaac Oldfield	Kiama	7.67m
5 Riley Haig	St Georges Basin	7.62m
6 Tynan Caswell	Shoalhaven	5.95m

**Boys U 12 - Triple Jump**

Zone: Z 10.68m 30/01/2011 Jake Rallings, Albion Park

Name	Age Centre	Final
1 Jett Goddard	Shoalhaven	8.48m
2 Germaine Wright	Albion Park	8.45m
3 Harry Fraser	Albion Park	8.34m
4 Parker Ivanovski	Lake Illawarra	7.36m
5 Scott Colwell	Albion Park	6.78m

**Boys U 13 - Triple Jump**

Zone: Z 11.07m 25/01/1997 C Costello, Albion Park

Name	Age Centre	Final
1 Jett Kingma	St Georges Basin	10.24m
2 Elias Oldfield	Kiama	10.16m
3 Joshua Hosking	Lake Illawarra	9.55m
4 Dylan Hardy	Lake Illawarra	9.48m
5 Joshua Bender	Kiama	9.36m
6 Izak Van De Merwe	Albion Park	8.85m
7 Macleay Kesby	Albion Park	8.68m
8 Mackay Jones	Albion Park	8.17m
9 Lane Williams	Milton-Ulladulla	7.56m
10 Brooklyn Mandavy	St Georges Basin	7.38m



**MID SOUTH COAST ZONE**  
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**....Boys U 13 - Triple Jump**

11 Riley Witt	Albion Park	7.20m
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**Boys U 14 - Triple Jump**

Zone: Z 12.80m 28/01/2006 Kevin Orgaz, St Georges Basi

Name	Age Centre	Final
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1 Oscar Tunney-Roberts	Shoalhaven	9.19m
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**Boys U 15 - Triple Jump**

Zone: Z 12.54m 28/01/2007 Kevin Orgaz, St Georges Basi

Name	Age Centre	Final
------	------------	-------

1 Tsar Mandavy	St Georges Basin	11.43m
2 Cohen Deegan	Kiama	8.73m
3 Ryan Keen	Lake Illawarra	7.94m

**Boys U 7 - Shot Put (1.0 Kg)**

Zone: Z 7.52m 13/12/2014 Noah Jackson, Lake Illawarra

Name	Age Centre	Final
------	------------	-------

1 Justin Lakeman	Albion Park	6.04m
2 Cale Deegan	Kiama	5.96m
3 Oscar Van Der Merwe	Albion Park	5.05m
4 Jackson Hutchinson	Albion Park	4.64m
5 Riley Bertholini	Shoalhaven	1.46m

**Boys U 8 - Shot Put (1.5 Kg)**

Zone: Z 8.98m 27/01/2001 Joel Fitness, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Jacob Lakeman	Albion Park	6.14m
2 Jackson Turner	Shoalhaven	5.48m
3 Rory Swan	St Georges Basin	4.59m
4 Macarthur Davis	Shoalhaven	4.22m
5 Tye Bishop	St Georges Basin	2.72m
-- Aidan McLaren	Shoalhaven	ND

**Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 8.79m 26/01/1991 Bradley Jackson, Lake Illawar

Name	Age Centre	Final
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1 Beau Lidbetter	Lake Illawarra	6.34m
2 Thomas Gowans	Lake Illawarra	5.73m
3 Zak Schillert	Lake Illawarra	5.20m
4 Khoen Hands	Lake Illawarra	4.08m

**Boys U 10 - Shot Put (2.0 Kg)**

Zone: Z 10.44m 27/01/1991 Bradley Jackson, Lake Illawa

Name	Age Centre	Final
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1 Dean Austin	Shoalhaven	7.53m
2 Jake Swan	St Georges Basin	7.32m

**MID SOUTH COAST ZONE**  
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**....Boys U 10 - Shot Put (2.0 Kg)**

3 Taj Goddard	Shoalhaven	6.89m
4 Liam Green	Albion Park	6.03m
5 Jack Colwell	Albion Park	5.75m

**Boys U 11 - Shot Put (2.0 Kg)**

=====			
Zone: Z 12.08m 27/01/1996 Alex Cabanas, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Riley Moore		Shoalhaven	7.94m
2 Addison Kingma		St Georges Basin	7.60m

**Boys U 12 - Shot Put (2.0 Kg)**

=====			
Zone: Z 9.86m 2/12/2018 Jordan Poole, Kiama			
Name	Age	Centre	Final
=====			
1 Jack Andersen		Lake Illawarra	8.46m
2 Parker Ivanovski		Lake Illawarra	8.02m
3 Scott Colwell		Albion Park	5.84m

**Boys U 13 - Shot Put (3.0 Kg)**

=====			
Zone: Z 14.29m 30/01/1983 Paul Kaiserfield, Lake Illaw			
Name	Age	Centre	Final
=====			
1 Darcy Davis		Shoalhaven	8.63m
2 Joshua Hosking		Lake Illawarra	8.61m
3 Hamish McLaren		Shoalhaven	7.52m
4 Cade Chapman		Shoalhaven	7.50m
5 Rhys O'Dea		Albion Park	6.74m
6 Lexin O'Dea		Albion Park	6.45m
7 Brooklyn Mandavy		St Georges Basin	6.40m
8 Lane Williams		Milton-Ulladulla	6.39m
9 Riley Witt		Albion Park	6.13m

**Boys U 14 - Shot Put (3.0 Kg)**

=====			
Zone: Z 14.07m 2/12/2018 Ryan Keen, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Max Beck		Shoalhaven	9.26m

**Boys U 15 - Shot Put (4.0 Kg)**

=====			
Zone: Z 13.75m 24/01/1998 Luke Singleton, Albion Park			
Name	Age	Centre	Final
=====			
1 Ryan Keen		Lake Illawarra	13.57m

**Boys U 17 - Shot Put (5.0 Kg)**

=====			
Zone: Z 13.18m 8/12/2012 Joshua Fernandes, Lake Illaw			
Name	Age	Centre	Final
=====			
1 Mathew Hutchison		Lake Illawarra	10.19m
2 Jude Basnet		Kiama	9.19m
3 Dylan Clarke		Albion Park	8.40m

**MID SOUTH COAST ZONE**  
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**Results**

**Boys U 7 - Discus (350 Gram)**

Zone: Z 22.41m 30/01/2000 Joel Fitness, Albion Park			
Name	Age	Centre	Final
1 Riley Sandstrom		Shoalhaven	14.61m
2 Justin Lakeman		Albion Park	13.00m
3 Lucas Gill-Gomes		Albion Park	11.81m
4 Cale Deegan		Kiama	11.60m
5 Brax Betts		Shoalhaven	11.20m
6 Kai Miller		Albion Park	6.53m
7 Riley Bertholini		Shoalhaven	3.60m

**Boys U 8 - Discus (500 Gram)**

Zone: Z 25.34m 30/01/2000 S Harris, Albion Park			
Name	Age	Centre	Final
1 William Tebbutt		Lake Illawarra	15.00m
2 Rory Brownlee		Lake Illawarra	14.79m
3 Gianni Oiteirinho		Albion Park	13.32m
4 Jacob Lakeman		Albion Park	12.28m
5 Ashton Jones		Lake Illawarra	11.45m
6 Jackson Turner		Shoalhaven	10.82m
7 Lachlan Wallace		St Georges Basin	8.77m

**Boys U 9 - Discus (500 Gram)**

Zone: Z 29.67m 14/12/2014 Ryan Keen, Lake Illawarra			
Name	Age	Centre	Final
1 Beau Lidbetter		Lake Illawarra	26.37m
2 Malachi Kirchberg		Lake Illawarra	17.48m
3 Thomas Gowans		Lake Illawarra	15.66m
4 Benji Davis		Kiama	13.97m
5 Taj Miller		Albion Park	13.66m

**Boys U 10 - Discus (500 Gram)**

Zone: Z 34.09m 12/12/2015 Ryan Keen, Lake Illawarra			
Name	Age	Centre	Final
1 Dean Austin		Shoalhaven	24.47m
2 Taj Goddard		Shoalhaven	24.12m
3 Jack Colwell		Albion Park	16.42m
4 Liam Green		Albion Park	15.80m

**Boys U 11 - Discus 500 Gram)**

Zone: Z 28.90m 2/12/2018 Tai Barrett, Shoalhaven			
Name	Age	Centre	Final
1 Connor Owen		Albion Park	23.67m
2 Riley Moore		Shoalhaven	23.60m
3 Phoenix Williams		Milton-Ulladulla	23.01m
4 Selby Johnston		Euro Coast	21.56m
5 Addison Kingma		St Georges Basin	20.96m
6 James Tebbutt		Lake Illawarra	20.69m

**MID SOUTH COAST ZONE**  
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**Results**

**Boys U 12 - Discus (750 Gram)**

Zone: Z 40.39m 13/12/2014 Trey Barlow, Albion Park			
Name	Age	Centre	Final
1 Joshua Lakeman		Albion Park	21.10m
2 Parker Ivanovski		Lake Illawarra	16.61m
3 Scott Colwell		Albion Park	15.88m

**Boys U 13 - Discus (750 Gram)**

Zone: Z 34.35m 1/12/2018 Isaac Walchli, Lake Illawarr			
Name	Age	Centre	Final
1 Hamish McLaren		Shoalhaven	27.43m
2 Cade Chapman		Shoalhaven	25.94m
3 Cooper Deegan		Kiama	24.43m
4 Darcy Davis		Shoalhaven	24.36m
5 Lane Williams		Milton-Ulladulla	21.40m
6 Rhys O'Dea		Albion Park	16.92m
7 Lexin O'Dea		Albion Park	16.41m
8 Riley Witt		Albion Park	16.36m

**Boys U 14 - Discus (1.0 Kg)**

Zone: Z 45.23m 8/12/2012 Connar Grozde, Albion Park			
Name	Age	Centre	Final
1 Max Beck		Shoalhaven	32.88m
2 Kade Dhu		Shoalhaven	17.94m

**Boys U 15 - Discus (1.0 Kg)**

Zone: Z 42.84m 9/12/2012 Brock Nichols, St Georges Ba			
Name	Age	Centre	Final
1 Ryan Keen		Lake Illawarra	56.56mZ
2 Cohen Deegan		Kiama	25.29m
3 Jack Cordell		Kiama	24.18m

**Boys U 17 - Discus (1.5 Kg)**

Zone: Z 38.76m 14/12/2014 Brock Nichols, St Georges Ba			
Name	Age	Centre	Final
1 Jude Basnet		Kiama	32.46m
2 Mathew Hutchison		Lake Illawarra	29.55m
3 Joshua Gamble		Lake Illawarra	21.83m

**Boys U 11-12 Multi Class Discus**

Name	Age	Centre	Final
1 Kynan Miller (T/F44)		Shoalhaven	17.85m 41.016%

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Results**

**Boys U 11 - Javelin (400 Gram)**

Zone: Z 26.40m 11/12/2016 Drew Langdon, Lake Illawarra			
Name	Age	Centre	Final
1 Addison Kingma		St Georges Basin	20.62m
2 Phoenix Williams		Milton-Ulladulla	19.24m
3 Riley Moore		Shoalhaven	17.12m
4 Isaac Oldfield		Kiama	14.66m
5 Riley Haig		St Georges Basin	13.94m
6 Selby Johnston		Euro Coast	13.24m
7 Max Van Der Merwe		Albion Park	12.60m
8 Tyler Campbell		Albion Park	11.46m

**Boys U 12 - Javelin (400 Gram)**

Zone: Z 33.10m 10/12/2017 Ryan Keen, Lake Illawarra			
Name	Age	Centre	Final
1 Jett Goddard		Shoalhaven	24.95m
2 Ryan Farr		Milton-Ulladulla	21.07m
3 Joshua Lakeman		Albion Park	20.30m
4 Parker Ivanovski		Lake Illawarra	18.92m
5 Scott Colwell		Albion Park	15.56m

**Boys U 13 - Javelin (600 Gram)**

Zone: Z 40.44m 28/01/2006 Justin Webb, Shoalhaven			
Name	Age	Centre	Final
1 Elias Oldfield		Kiama	26.11m
2 Hamish McLaren		Shoalhaven	24.89m
3 Jett Kingma		St Georges Basin	23.36m
4 Brooklyn Mandavy		St Georges Basin	21.96m
5 Cade Chapman		Shoalhaven	20.75m
6 Riley Witt		Albion Park	19.05m
-- Izak Van De Merwe		Albion Park	ND

**Boys U 14 - Javelin (600 Gram)**

Zone: Z 41.08m 29/01/2005 Michael Baillie, Shoalhaven			
Name	Age	Centre	Final
1 Max Beck		Shoalhaven	20.47m

**Boys U 15 - Javelin (700 Gram)**

Zone: Z 42.03m 14/12/2013 Connar Grozde, Albion Park			
Name	Age	Centre	Final
1 Tsar Mandavy		St Georges Basin	35.96m
2 Ryan Keen		Lake Illawarra	35.30m
3 Louis LoSurdo		St Georges Basin	32.03m

**Boys U 17 - Javelin (700 Gram)**

Zone: Z 47.57m 13/12/2008 Chris Joines, St Georges Bas			
Name	Age	Centre	Final
1 Mathew Hutchison		Lake Illawarra	28.98m

**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Results**

**....Boys U 17 - Javelin (700 Gram)**

2 Joshua Gamble	Lake Illawarra	27.46m
3 Jude Basnet	Kiama	21.22m
4 Jonathon Carmody	Lake Illawarra	20.23m

**Boys U 11-12 Multi Class Long Jump**

Name	Age Centre	Final
1 Kynan Miller (T/F44)	Shoalhaven	1.60m 26.230%

**Boys U 11-12 Multi Class Shot Put**

Name	Age Centre	Final
1 Kynan Miller (T/F44)	Shoalhaven	7.12m 55.237%

**Boys U 9 - 700 Metre Walk**

Name	Age Centre	Final
Zone: Z 4:29.40 1/02/2004 Timothy Adams, Lake Illawarra		

## Section 1

1 Sonny Cocksedge	Lake Illawarra	5:08.95
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**Boys U 11 - 1100 Metre Walk**

Name	Age Centre	Final
Zone: Z 6:03.50 1/02/2004 Nathan Mackinnon, Lake Illa		

1 James Tebbutt	Lake Illawarra	7:24.84
2 Jordan Wallace	St Georges Basin	9:06.23
3 Addison Kingma	St Georges Basin	10:40.67

**Boys U 12 - 1500 Metre Walk**

Name	Age Centre	Final
Zone: Z 8:29.10 30/01/1983 B Hall, Kiama		

1 Jack Andersen	Lake Illawarra	10:23.25
2 Parker Ivanovski	Lake Illawarra	10:24.11

**Boys U 13 - 1500 Metre Walk**

Name	Age Centre	Final
Zone: Z 8:16.10 29/01/1984 B Hall, Kiama		

1 Brooklyn Mandavy	St Georges Basin	10:52.96
2 Lane Williams	Milton-Ulladulla	11:12.45

**Boys U 14 - 1500 Metre Walk**

Name	Age Centre	Final
Zone: Z 7:34.40 29/01/2006 John Tilden, Lake Illawarra		

1 Oscar Tunney-Roberts	Shoalhaven	11:59.05
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**MID SOUTH COAST ZONE**  
**TRACK & FIELD CHAMPIONSHIPS**  
**John O'Dwyer Oval - 14/12/2019 to 15/12/2019**  
**Results**

**Boys U 17 - 1500 Metre Walk**

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Zone: Z 7:23.30 14/12/2014 James Clay, Lake Illawarra			
Name	Age	Centre	Final
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1 Jude Basnet		Kiama	12:00.58