

Athletes are to report to the relevant MEETING POINT 20 minutes prior to the scheduled start time of each event. The Age Group Managers will then take them to their track or field event.  
Pack Start and 800m events will be held following the second last event.

Age Group	Colour	Day	Event	Area	Time	Meeting Point
<b>U7 Boys</b>	<b>Blue</b>	Saturday	Discus	3	9:00	1
		Saturday	Shot Put	3	10:11	
		Saturday	50 Metres	Track	12:06	
		Saturday	100 Metres	Track	14:16	
		Sunday	Long Jump	2	10:29	
		Sunday	Pack Start	Track		
<b>U7 Boys</b>	<b>Yellow</b>	Saturday	Shot Put	3	9:00	2
		Saturday	Discus	3	10:11	
		Saturday	50 Metres	Track	12:06	
		Saturday	100 Metres	Track	14:16	
		Sunday	Long Jump	2	9:00	
		Sunday	Pack Start	Track		
<b>U7 Girls</b>	<b>Orange</b>	Saturday	50 Metres	Track	11:58	4
		Saturday	Discus	3	12:21	
		Saturday	100 Metres	Track	14:08	
		Saturday	Shot Put	3	14:38	
		Sunday	Long Jump	3	9:00	
		Sunday	Pack Start	Track		
<b>U7 Girls</b>	<b>Pink</b>	Saturday	50 Metres	Track	11:58	5
		Saturday	Shot Put	3	12:35	
		Saturday	100 Metres	Track	14:08	
		Saturday	Discus	3	14:26	
		Sunday	Long Jump	3	10:08	
		Sunday	Pack Start	Track		
<b>U8 Boys</b>	<b>Berry</b>	Saturday	Long Jump	3	9:00	3
		Saturday	Shot Put	3	11:23	
		Saturday	70 Metres	Track	12:28	
		Saturday	200 Metres	Track	14:38	
		Sunday	Discus	3	9:00	
		Sunday	Pack Start	Track		
<b>U8 Boys</b>	<b>Red</b>	Saturday	Long Jump	4	9:00	4
		Saturday	70 Metres	Track	12:28	
		Saturday	Shot Put	3	13:29	
		Saturday	200 Metres	Track	14:38	
		Sunday	Discus	3	10:11	
		Sunday	Pack Start	Track		
<b>U8 Girls</b>	<b>Green</b>	Saturday	Long Jump	2	10:11	3
		Saturday	70 Metres	Track	12:18	
		Saturday	Discus	3	13:17	
		Saturday	200 Metres	Track	14:28	
		Sunday	Shot Put	3	9:00	
		Sunday	Pack Start	Track		

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<b>U8 Girls</b>	<b>Gold</b>	Saturday	Long Jump	2	9:00	4
		Saturday	Discus	3	11:23	
		Saturday	70 Metres	Track	12:18	
		Saturday	200 Metres	Track	14:28	
		Sunday	Shot Put	3	9:58	
		Sunday	Pack Start	Track		
<b>U9 Boys</b>	<b>Blue</b>	Saturday	60 Hurdles	Track	9:12	3
		Saturday	Discus	2	10:11	
		Saturday	100 Metres	Track	12:52	
		Sunday	Long Jump	4	10:35	
		Sunday	Shot Put	3	12:12	
		Sunday	800 Metres	Track		
<b>U9 Boys</b>	<b>Orange</b>	Saturday	60 Hurdles	Track	9:12	4
		Saturday	Discus	2	11:30	
		Saturday	100 Metres	Track	12:52	
		Sunday	Long Jump	4	9:00	
		Sunday	Shot Put	3	10:56	
		Sunday	800 Metres	Track		
<b>U9 Girls</b>	<b>Pink</b>	Saturday	60 Hurdles	Track	9:00	6
		Saturday	100 Metres	Track	12:40	
		Saturday	Long Jump	2	13:54	
		Saturday	Shot Put	2	15:38	
		Sunday	Discus	3	11:21	
		Sunday	800 Metres	Track		
<b>U9 Girls</b>	<b>Red</b>	Saturday	60 Hurdles	Track	9:00	5
		Saturday	Long Jump	3	10:29	
		Saturday	100 Metres	Track	12:40	
		Saturday	Shot Put	2	14:28	
		Sunday	Discus	3	12:33	
		Sunday	800 Metres	Track		
<b>U10 Boys</b>	<b>Aqua</b>	Saturday	60 Hurdles	Track	9:42	1
		Saturday	Shot Put	1	13:22	
		Saturday	Long Jump	2	15:23	
		Sunday	200 Metres	Track	9:14	
		Sunday	Discus	2	13:50	
		Sunday	800 Metres	Track		
<b>U10 Boys</b>	<b>Green</b>	Saturday	60 Hurdles	Track	9:42	2
		Saturday	Shot Put	2	13:19	
		Saturday	Long Jump	3	15:08	
		Sunday	200 Metres	Track	9:14	
		Sunday	Discus	2	12:41	
		Sunday	800 Metres	Track		

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<b>U10 Girls</b>	<b>Berry</b>	Saturday	60 Hurdles	Track	9:28	5
		Saturday	Long Jump	3	11:55	
		Saturday	Shot Put	1	15:18	
		Sunday	200 Metres	Track	9:00	
		Sunday	Discus	2	10:06	
		Sunday	800 Metres	Track		
<b>U10 Girls</b>	<b>Orange</b>	Saturday	60 Hurdles	Track	9:28	6
		Saturday	Shot Put	1	12:06	
		Saturday	Long Jump	3	13:33	
		Sunday	200 Metres	Track	9:00	
		Sunday	Discus	2	11:24	
		Sunday	800 Metres	Track		
<b>U11 Boys</b>	<b>Blue</b>	Saturday	Discus	2	9:00	2
		Saturday	80 Hurdles	Track	10:12	
		Saturday	Long Jump	4	12:02	
		Saturday	100 Metres	Track	13:22	
		Sunday	Shot Put	1	9:00	
		Sunday	800 Metres	Track		
<b>U11 Boys</b>	<b>Yellow</b>	Saturday	Discus	1	9:00	3
		Saturday	80 Hurdles	Track	10:12	
		Saturday	Long Jump	4	10:36	
		Saturday	100 Metres	Track	13:22	
		Sunday	Shot Put	1	10:11	
		Sunday	800 Metres	Track		
<b>U11 Girls</b>	<b>Aqua</b>	Saturday	80 Hurdles	Track	9:56	6
		Saturday	Shot Put	2	10:45	
		Saturday	100 Metres	Track	13:06	
		Saturday	Discus	2	13:59	
		Sunday	Long Jump	3	11:13	
		Sunday	800 Metres	Track		
<b>U11 Girls</b>	<b>Gold</b>	Saturday	80 Hurdles	Track	9:56	5
		Saturday	Shot Put	1	10:43	
		Saturday	100 Metres	Track	13:06	
		Saturday	Discus	2	15:24	
		Sunday	Long Jump	4	12:13	
		Sunday	800 Metres	Track		
<b>U12 Boys</b>	<b>Green</b>	Saturday	80 Hurdles	Track	10:36	5
		Saturday	Long Jump	4	14:29	
		Saturday	Shot Put	2	16:50	
		Sunday	200 Metres	Track	9:36	
		Sunday	Discus	1	11:49	
		Sunday	800 Metres	Track		

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<b>U12 Boys</b>	<b>Orange</b>	Saturday	80 Hurdles	Track	10:36	6
		Saturday	Long Jump	4	13:31	
		Saturday	Shot Put	1	14:32	
		Sunday	200 Metres	Track	9:36	
		Sunday	Discus	1	12:37	
		Sunday	800 Metres	Track		
<b>U12 Girls</b>	<b>Pink</b>	Saturday	Shot Put	2	9:00	4
		Saturday	80 Hurdles	Track	10:26	
		Saturday	Long Jump	1	14:12	
		Sunday	200 Metres	Track	9:26	
		Sunday	Discus	1	10:06	
		Sunday	800 Metres	Track		
<b>U12 Girls</b>	<b>Yellow</b>	Saturday	Shot Put	1	9:00	5
		Saturday	80 Hurdles	Track	10:26	
		Saturday	Long Jump	1	13:08	
		Sunday	200 Metres	Track	9:26	
		Sunday	Discus	1	10:59	
		Sunday	800 Metres	Track		
<b>U13 Boys</b>	<b>Aqua</b>	Saturday	80 Hurdles	Track	10:58	1
		Saturday	Discus	1	11:15	
		Saturday	Long Jump	1	12:16	
		Saturday	100 Metres	Track	13:44	
		Sunday	Shot Put	2	9:00	
		Sunday	800 Metres	Track		
<b>U13 Boys</b>	<b>Red</b>	Saturday	Discus	1	10:09	2
		Saturday	80 Hurdles	Track	10:58	
		Saturday	Long Jump	1	11:24	
		Saturday	100 Metres	Track	13:44	
		Sunday	Shot Put	2	9:41	
		Sunday	800 Metres	Track		
<b>U13 Girls</b>	<b>Berry</b>	Saturday	Shot Put	2	9:52	3
		Saturday	80 Hurdles	Track	10:48	
		Saturday	Discus	1	11:56	
		Saturday	100 Metres	Track	13:34	
		Sunday	Long Jump	1	9:00	
		Sunday	800 Metres	Track		
<b>U13 Girls</b>	<b>Orange</b>	Saturday	Shot Put	1	9:50	4
		Saturday	80 Hurdles	Track	10:48	
		Saturday	Discus	1	12:49	
		Saturday	100 Metres	Track	13:34	
		Sunday	Long Jump	1	10:07	
		Sunday	800 Metres	Track		

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<b>U14 Boys</b>	<b>Blue</b>	Saturday	Long Jump	1	9:00	6
		Saturday	90 Hurdles	Track	11:14	
		Saturday	Discus	2	12:46	
		Sunday	200 Metres	Track	9:52	
		Sunday	Shot Put	1	11:21	
		Sunday	800 Metres	Track		
<b>U14 Girls</b>	<b>Aqua</b>	Saturday	80 Hurdles	Track	11:06	2
		Saturday	Long Jump	2	11:22	
		Saturday	Discus	1	13:42	
		Sunday	200 Metres	Track	9:46	
		Sunday	Shot Put	2	10:23	
		Sunday	800 Metres	Track		
<b>U15 Boys</b>	<b>Green</b>	Saturday	High Jump	HJ	9:00	1
		Saturday	100 Hurdles	Track	11:32	
		Saturday	100 Metres	Track	13:52	
		Saturday	Long Jump	1	15:19	
		Sunday	Discus	1	9:00	
		Sunday	Javelin	Jav	10:07	
<b>U15 Girls</b>	<b>Yellow</b>	Saturday	Javelin	Jav	9:00	2
		Saturday	90 Hurdles	Track	11:22	
		Saturday	Shot Put	2	12:10	
		Saturday	200 Metres	Track	14:50	
		Sunday	High Jump	HJ	9:00	
		Sunday	Long Jump	2	11:58	
<b>U17 Boys</b>	<b>Orange</b>	Saturday	Javelin	Jav	10:28	1
		Saturday	110 Hurdles	Track	11:48	
		Saturday	Long Jump	2	12:29	
		Saturday	100 Metres	Track	14:00	
		Sunday	Discus	2	9:00	
		Sunday	High Jump	HJ	10:54	
<b>U17 Girls</b>	<b>Gold</b>	Saturday	100 Hurdles	Track	11:40	3
		Saturday	High Jump	HJ	12:00	
		Saturday	200 Metres	Track	14:58	
		Saturday	Shot Put	1	16:36	
		Sunday	Javelin	Jav	9:00	
		Sunday	Long Jump	1	11:14	
Sunday	800 Metres	Track				