

**LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2021/22 SEASON**

**TRACK PROGRAM - Saturday 29 January 2022**

PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)

CIRCULAR TRACK						STRAIGHT TRACK					
MARSHALLING COMMENCES 7.40am						MARSHALLING COMMENCES 7.40am					
1	U/13	Girls	200m Hurdles	Timed Final	8:00	47	U/8	Girls	60m Hurdles	Heats	8:00
2	U/13	Boys	200m Hurdles	Timed Final		48	U/8	Boys	60m Hurdles	Heats	
3	U/14	Girls	200m Hurdles	Timed Final		49	U/9	Girls	60m Hurdles	Heats	
4	U/14	Boys	200m Hurdles	Timed Final		50	U/9	Boys	60m Hurdles	Heats	
5	U/15	Girls	300m Hurdles	Timed Final		51	U/10	Girls	60m Hurdles	Heats	
6	U/15	Boys	300m Hurdles	Timed Final		52	U/10	Boys	60m Hurdles	Heats	
7	U/17	Girls	300m Hurdles	Timed Final		53	U/8	Girls	60m Hurdles	Final	8:45
8	U/17	Boys	300m Hurdles	Timed Final		54	U/8	Boys	60m Hurdles	Final	
9	U/15	Girls	1500m Run	Final	9:10	55	U/9	Girls	60m Hurdles	Final	
10	U/15	Boys	1500m Run	Final		56	U/9	Boys	60m Hurdles	Final	
11	U/17	Girls	1500m Run	Final		57	U/10	Girls	60m Hurdles	Final	
12	U/17	Boys	1500m Run	Final		58	U/10	Boys	60m Hurdles	Final	
13	U/11	Girls	1500m Run	Final		59	U/7	Girls	50m Run	Heats	9:30
14	U/11	Boys	1500m Run	Final		60	U/7	Boys	50m Run	Heats	
15	U/12	Girls	1500m Run	Final		61	U/15	Girls	100m Run	Heats	9:50
16	U/12	Boys	1500m Run	Final		62	U/15	Boys	100m Run	Heats	
17	U/13	Girls	1500m Run	Final		63	U/17	Girls	100m Run	Heats	
18	U/13	Boys	1500m Run	Final		64	U/17	Boys	100m Run	Heats	
19	U/14	Girls	1500m Run	Final		65	U/7	Girls	50m Run	Final	10:20
20	U/14	Boys	1500m Run	Final		66	U/7	Boys	50m Run	Final	
21	U/15	Girls	400m Run	Timed Final	11:00	67	U/11	Girls	100m Run	Heats	10:30
22	U/15	Boys	400m Run	Timed Final		68	U/11	Boys	100m Run	Heats	
23	U/17	Girls	400m Run	Timed Final		69	U/12	Girls	100m Run	Heats	
24	U/17	Boys	400m Run	Timed Final		70	U/12	Boys	100m Run	Heats	
25	U/11	Girls	400m Run	Timed Final		71	U/13	Girls	100m Run	Heats	
26	U/11	Boys	400m Run	Timed Final		72	U/13	Boys	100m Run	Heats	
27	U/12	Girls	400m Run	Timed Final		73	U/14	Girls	100m Run	Heats	
28	U/12	Boys	400m Run	Timed Final		74	U/14	Boys	100m Run	Heats	
29	U/13	Girls	400m Run	Timed Final		75	U/10	Girls	100m Run	Heats	
30	U/13	Boys	400m Run	Timed Final		76	U/10	Boys	100m Run	Heats	
31	U/14	Girls	400m Run	Timed Final		77	U/9	Girls	100m Run	Heats	
32	U/14	Boys	400m Run	Timed Final		78	U/9	Boys	100m Run	Heats	
33	U/10	Girls	400m Run	Timed Final		79	U/8	Girls	100m Run	Heats	
34	U/10	Boys	400m Run	Timed Final		80	U/8	Boys	100m Run	Heats	
35	U/9	Girls	400m Run	Timed Final		81	U/7	Girls	100m Run	Heats	
36	U/9	Boys	400m Run	Timed Final		82	U/7	Boys	100m Run	Heats	
37	U/8	Girls	400m Run	Timed Final		83	U/15	Girls	100m Run	Final	13:40
38	U/8	Boys	400m Run	Timed Final		84	U/15	Boys	100m Run	Final	
39	U/15	Girls	3000m Run	Final	15:00	85	U/17	Girls	100m Run	Final	
40	U/15	Boys	3000m Run	Final		86	U/17	Boys	100m Run	Final	
41	U/17	Girls	3000m Run	Final		87	U/11	Girls	100m Run	Final	
42	U/17	Boys	3000m Run	Final		88	U/11	Boys	100m Run	Final	
43	U/13	Girls	3000m Run	Final		89	U/12	Girls	100m Run	Final	
44	U/13	Boys	3000m Run	Final		90	U/12	Boys	100m Run	Final	
45	U/14	Girls	3000m Run	Final		91	U/13	Girls	100m Run	Final	
46	U/14	Boys	3000m Run	Final		92	U/13	Boys	100m Run	Final	
						93	U/14	Girls	100m Run	Final	
						94	U/14	Boys	100m Run	Final	
						95	U/10	Girls	100m Run	Final	
						96	U/10	Boys	100m Run	Final	
						97	U/9	Girls	100m Run	Final	
						98	U/9	Boys	100m Run	Final	
						99	U/8	Girls	100m Run	Final	
						100	U/8	Boys	100m Run	Final	
						101	U/7	Girls	100m Run	Final	
						102	U/7	Boys	100m Run	Final	

## LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2021/22 SEASON

FIELD PROGRAM - Saturday 29 January 2022

PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)

MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT 7:40am

103	U/9	Girls	High Jump	*08:00	Scissor Mat	106	U/9	Boys	Long Jump	*08:00	LJ1
104	U/12	Girls	High Jump	*08:00	High Jump 2	107	U/10	Girls	Long Jump	*08:00	LJ2
105	U/17	Girls	High Jump	*08:00	High Jump 1	108	U/15	Girls	Triple Jump	*08:00	LJ/TJ 3
						109	U/13	Boys	Triple Jump	*08:00	LJ/TJ4
124	U/14	Boys	High Jump	10:00	High Jump 2						
125	U/13	Girls	High Jump	10:00	High Jump 1	115	U/17	Boys	Long Jump	9:30	LJ1
126	U/10	Boys	High Jump	10:00	Scissor Mat	116	U/12	Boys	Long Jump	9:30	LJ2
						117	U/11	Girls	Triple Jump	9:30	LJ/TJ3
136	U/15	Girls	High Jump	12:00	High Jump 2	118	U/17	Girls	Triple Jump	9:30	LJ/TJ4
137	U/11	Girls	High Jump	12:00	High Jump 1						
						127	U/14	Girls	Long Jump	11:00	LJ1
						128	U/7	Girls	Long Jump	11:00	LJ2
110	U/14	Girls	Javelin	*08:00	Javelin	129	U/8	Boys	Long Jump	11:00	LJ3
119	U/15	Boys	Javelin	9:30	Javelin	130	U/15	Boys	Long Jump	11:00	LJ4
131	U/11	Boys	Javelin	11:00	Javelin						
138	U/13	Boys	Javelin	12:30	Javelin	139	U/11	Boys	Long Jump	12:30	LJ1
147	U/12	Boys	Javelin	14:00	Javelin	140	U/8	Girls	Long Jump	12:30	LJ2
154	U/17	Boys	Javelin	15:00	Javelin	141	U/14	Boys	Triple Jump	12:30	LJ3/TJ3
						142	U/12	Girls	Triple Jump	12:30	LJ/TJ4
111	U/12	Boys	Discus	*08:00	Discus 2	148	U/13	Girls	Long Jump	14:00	LJ 2
112	U/14	Boys	Discus	*08:00	Discus 1	149	U/7	Boys	Long Jump	14:00	LJ 4
120	U/11	Boys	Discus	9:30	Discus 2	113	U/17	Boys	Shot Put	*08:00	Shot 1
121	U/15	Girls	Discus	9:30	Discus 1	114	U/13	Girls	Shot Put	*08:00	Shot 2
132	U/10	Girls	Discus	11:00	Discus 2	122	U/7	Boys	Shot Put	9:30	Shot 1
133	U/13	Boys	Discus	11:00	Discus 1	123	U/14	Girls	Shot Put	9:30	Shot 2
143	U/17	Girls	Discus	12:30	Discus 1	134	U/12	Girls	Shot Put	11:00	Shot 1
144	U/7	Girls	Discus	12:30	Discus 2	135	U/9	Girls	Shot Put	11:00	Shot 2
150	U/8	Girls	Discus	14:00	Discus 2	145	U/15	Boys	Shot Put	12:30	Shot 1
151	U/9	Boys	Discus	14:00	Discus 1	146	U/10	Boys	Shot Put	12:30	Shot 2
						152	U/8	Boys	Shot Put	14:00	Shot 1
						153	U/11	Girls	Shot Put	14:00	Shot 2

\* For first event only please go direct to field event area

For all other events please report to the Field Marshalling Tent

Approved 26/10/2021

LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2021/22 SEASON											
TRACK PROGRAM - Sunday 30 January 2022											
PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)											
<b>CIRCULAR TRACK</b>											
<b>MARSHALLING COMMENCES 7.40am</b>											
<b>ALL WALKERS CAN BE MARSHALLED TO RACE AT 8.00am</b>											
155	U/7	Girls	Pack Start	Final	8:00	211	U/11	Girls	200m Run	Final	14:30
156	U/7	Boys	Pack Start	Final		212	U/11	Boys	200m Run	Final	
157	U/8	Girls	Pack Start	Final		213	U/12	Girls	200m Run	Final	
158	U/8	Boys	Pack Start	Final		214	U/12	Boys	200m Run	Final	
159	U/9	Girls	700m Walk	Final	8:15	215	U/13	Girls	200m Run	Final	
160	U/9	Boys	700m Walk	Final		216	U/13	Boys	200m Run	Final	
161	U/10	Girls	1100m Walk	Final		217	U/14	Girls	200m Run	Final	
162	U/10	Boys	1100m Walk	Final		218	U/14	Boys	200m Run	Final	
163	U/11	Girls	1100m Walk	Final		219	U/15	Girls	200m Run	Final	
164	U/11	Boys	1100m Walk	Final		220	U/15	Boys	200m Run	Final	
165	U/12	Girls	1500m Walk	Final		221	U/17	Girls	200m Run	Final	
166	U/12	Boys	1500m Walk	Final		222	U/17	Boys	200m Run	Final	
167	U/13	Girls	1500m Walk	Final		223	U/10	Girls	200m Run	Final	
168	U/13	Boys	1500m Walk	Final		224	U/10	Boys	200m Run	Final	
169	U/14	Girls	1500m Walk	Final		225	U/9	Girls	200m Run	Final	
170	U/14	Boys	1500m Walk	Final		226	U/9	Boys	200m Run	Final	
171	U/15	Girls	1500m Walk	Final		227	U/8	Girls	200m Run	Final	
172	U/15	Boys	1500m Walk	Final		228	U/8	Boys	200m Run	Final	
173	U/17	Girls	1500m Walk	Final		229	U/7	Girls	200m Run	Final	
174	U/17	Boys	1500m Walk	Final		230	U/7	Boys	200m Run	Final	
175	U/9	Girls	800m Run	Final	10:00	231	Junior	Girls	Relay	Final	15:30
176	U/9	Boys	800m Run	Final		232	Junior	Boys	Relay	Final	
177	U/10	Girls	800m Run	Final		233	Senior	Girls	Relay	Final	
178	U/10	Boys	800m Run	Final		234	Senior	Boys	Relay	Final	
179	U/11	Girls	800m Run	Final		<b>STRAIGHT TRACK</b>					
180	U/11	Boys	800m Run	Final		<b>MARSHALLING COMMENCES AT 7.40am</b>					
181	U/12	Girls	800m Run	Final		235	U/11	Girls	80m Hurdles	Heats	8:00
182	U/12	Boys	800m Run	Final		236	U/11	Boys	80m Hurdles	Heats	
183	U/13	Girls	800m Run	Final		237	U/12	Girls	80m Hurdles	Heats	
184	U/13	Boys	800m Run	Final		238	U/12	Boys	80m Hurdles	Heats	
185	U/14	Girls	800m Run	Final		239	U/13	Girls	80m Hurdles	Heats	
186	U/14	Boys	800m Run	Final		240	U/13	Boys	80m Hurdles	Heats	
187	U/15	Girls	800m Run	Final		241	U/14	Girls	80m Hurdles	Heats	
188	U/15	Boys	800m Run	Final		242	U/14	Boys	90m Hurdles	Heats	
189	U/17	Girls	800m Run	Final		243	U/15	Girls	90m Hurdles	Heats	
190	U/17	Boys	800m Run	Final		244	U/15	Boys	100m Hurdles	Heats	
<b>U/17 LAP OF HONOUR</b>					12:20	245	U/17	Girls	100m Hurdles	Heats	
191	U/11	Girls	200m Run	Heats	12:30	246	U/17	Boys	110m Hurdles	Heats	
192	U/11	Boys	200m Run	Heats		247	U/11	Girls	80m Hurdles	Final	9:45
193	U/12	Girls	200m Run	Heats		248	U/11	Boys	80m Hurdles	Final	
194	U/12	Boys	200m Run	Heats		249	U/12	Girls	80m Hurdles	Final	
195	U/13	Girls	200m Run	Heats		250	U/12	Boys	80m Hurdles	Final	
196	U/13	Boys	200m Run	Heats		251	U/13	Girls	80m Hurdles	Final	
197	U/14	Girls	200m Run	Heats		252	U/13	Boys	80m Hurdles	Final	
198	U/14	Boys	200m Run	Heats		253	U/14	Girls	80m Hurdles	Final	
199	U/15	Girls	200m Run	Heats		254	U/14	Boys	90m Hurdles	Final	
200	U/15	Boys	200m Run	Heats		255	U/15	Girls	90m Hurdles	Final	
201	U/17	Girls	200m Run	Heats		256	U/15	Boys	100m Hurdles	Final	
202	U/17	Boys	200m Run	Heats		257	U/17	Girls	100m Hurdles	Final	
203	U/10	Girls	200m Run	Heats		258	U/17	Boys	110m Hurdles	Final	
204	U/10	Boys	200m Run	Heats		259	U/7	Girls	70m Run	Heats	10:30
205	U/9	Girls	200m Run	Heats		260	U/7	Boys	70m Run	Heats	
206	U/9	Boys	200m Run	Heats		261	U/8	Girls	70m Run	Heats	
207	U/8	Girls	200m Run	Heats		262	U/8	Boys	70m Run	Heats	
208	U/8	Boys	200m Run	Heats		263	U/9	Girls	70m Run	Heats	
209	U/7	Girls	200m Run	Heats		264	U/9	Boys	70m Run	Heats	
210	U/7	Boys	200m Run	Heats		265	U/10	Girls	70m Run	Heats	
						266	U/10	Boys	70m Run	Heats	
						267	U/7	Girls	70m Run	Final	11:30
						268	U/7	Boys	70m Run	Final	
						269	U/8	Girls	70m Run	Final	
						270	U/8	Boys	70m Run	Final	
						271	U/9	Girls	70m Run	Final	
						272	U/9	Boys	70m Run	Final	
						273	U/10	Girls	70m Run	Final	
						274	U/10	Boys	70m Run	Final	
						275	Multi	Class	100m Run	Final	12:15
Approved 26/10/2021											

**LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2021/22 SEASON**

FIELD PROGRAM - Sunday 30 January 2022

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MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT 7.40am

276	U/9	Boys	High Jump	*08:00	Scissor Mat	279	U/13	Boys	Long Jump	*08:00	LJ1
277	U/12	Boys	High Jump	*08:00	High Jump 2	280	U/10	Boys	Long Jump	*08:00	LJ2
278	U/14	Girls	High Jump	*08:00	High Jump 1	281	U/13	Girls	Triple Jump	*08:00	LJ/TJ 3
						282	U/17	Boys	Triple Jump	*08:00	LJ/TJ 4
297	U/11	Boys	High Jump	10:00	High Jump 2						
298	U/13	Boys	High Jump	10:00	High Jump 1	288	U/15	Girls	Long Jump	9:30	LJ1
299	U/10	Girls	High Jump	10:00	Scissor Mat	289	U/14	Boys	Long Jump	9:30	LJ2
						290	U/11	Girls	Long Jump	9:30	LJ/TJ 3
309	U/15	Boys	High Jump	12:00	High Jump 2	291	U/15	Boys	Triple Jump	9:30	LJ/TJ 4
310	U/17	Boys	High Jump	12:00	High Jump 1						
						300	U/9	Girls	Long Jump	11:00	LJ 1
						301	U/12	Girls	Long Jump	11:00	LJ 2
283	U/14	Boys	Javelin	8:00	Javelin	302	U/14	Girls	Triple Jump	11:00	LJ /TJ3
292	U/12	Girls	Javelin	9:30	Javelin	303	U/12	Boys	Triple Jump	11:00	LJ/TJ 4
304	U/13	Girls	Javelin	11:00	Javelin						
313	U/15	Girls	Javelin	12:30	Javelin	314	U/17	Girls	Long Jump	12:30	LJ 1
321	U/17	Girls	Javelin	14:00	Javelin	315	U/11	Boys	Triple Jump	12:30	LJ/TJ 4
325	U/11	Girls	Javelin	15:30	Javelin	316	multi	class	Long Jump	12:30	pit as free
284	U/15	Boys	Discus	*08:00	Discus 2	286	U/15	Girls	Shot Put	*08:00	Shot 1
285	U/8	Boys	Discus	*08:00	Discus 1	287	U/11	Boys	Shot Put	*08:00	Shot 2
293	U/10	Boys	Discus	9:30	Discus 2	295	U/17	Girls	Shot Put	9:30	Shot 1
294	U/17	Boys	Discus	9:30	Discus 1	296	U/12	Boys	Shot Put	9:30	Shot 2
305	U/7	Boys	Discus	11:00	Discus 2	307	U/13	Boys	Shot Put	11:00	Shot 1
306	Multi	Class	Discus	11:00	Discus 1	308	U/14	Boys	Shot Put	11:00	Shot 2
311	U/14	Girls	Discus	12:15	Discus 2	317	U/9	Boys	Shot Put	12:30	Shot 1
312	U/9	Girls	Discus	12:15	Discus 1	318	U/7	Girls	Shot Put	12:30	Shot 2
319	U/12	Girls	Discus	13:30	Discus 2	322	U/10	Girls	Shot Put	14:00	Shot 1
320	U/11	Girls	Discus	13:30	Discus 1	323	U/8	Girls	Shot Put	14:00	Shot 2
324	U/13	Girls	Discus	15:00	Discus 2						
<b>* For first event only please go direct to field event area</b>											
<b>For all other events please report to the Field Marshalling Tent</b>											
Approved 26/10/2021											