

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 7 - 50 Metre Sprint**

Name	Age Centre	Heats
Heat 1 Heats		
1 Sophie Assaad	Holroyd	9.71Q
2 Emily Drury	Bankstown Sports	9.88Q
3 Kesaia (Eva) Amone	Bankstown Sports	9.94Q
4 Aleesha Abouhalka	Holroyd	11.72
Heat 2 Heats		
1 Leyana Elkhaled	Bankstown Sports	9.54Q
2 Niamh Malone	Girraween	9.98Q
3 Carina Topalidis	Bankstown Sports	10.14Q
4 Jasmine Marabello	Greystanes	10.20q
5 Sulieti Lavaki	Holroyd	10.32q

Girls U 7 - 50 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Leyana Elkhaled	Bankstown Sports	9.66
2 Sophie Assaad	Holroyd	9.70
3 Emily Drury	Bankstown Sports	9.94
4 Niamh Malone	Girraween	9.95
5 Kesaia (Eva) Amone	Bankstown Sports	10.05
6 Carina Topalidis	Bankstown Sports	10.30
7 Jasmine Marabello	Greystanes	10.37

Girls U 7 - 70 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Sophie Assaad	Holroyd	13.11Q
2 Emily Drury	Bankstown Sports	13.42Q
3 Kesaia (Eva) Amone	Bankstown Sports	13.89Q
4 Jessica Masters	Bankstown Sports	14.83q
5 Anvesha Bhushan	Girraween	15.38
Heat 2 Heats		
1 Summer Erofeyeff	Greystanes	14.07Q
2 Layla Merhi	Bankstown Sports	14.11Q
3 Sulieti Lavaki	Holroyd	14.35Q
4 Charlotte Harris	Girraween	14.99q

Girls U 7 - 70 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Sophie Assaad	Holroyd	12.88
2 Kesaia (Eva) Amone	Bankstown Sports	13.41
3 Emily Drury	Bankstown Sports	13.44
4 Summer Erofeyeff	Greystanes	13.84
5 Sulieti Lavaki	Holroyd	14.26
6 Layla Merhi	Bankstown Sports	14.37
7 Charlotte Harris	Girraween	15.09
8 Jessica Masters	Bankstown Sports	15.62

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 8 - 70 Metre Sprint**

Name	Age Centre	Final
Section 1		
1 Emmanuela Nwosu	Holroyd	11.90
2 Maria Zervas	Everley Park	12.84
3 Isabella Christou	Holroyd	12.90
4 Nina Elkassaa	Bankstown Sports	13.06
5 Mitchell Mele	Cabra Vale/Fair	13.15
6 Emily Weatherall	Bankstown Sports	13.24
7 Lauren Sigmund	Holroyd	13.82
8 Monika Amone	Bankstown Sports	13.87

Girls U 9 - 70 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Sophia Aboulahaf	Bankstown Sports	11.33Q
2 Latecia Lolohea	Holroyd	11.44Q
3 Sangeetha Sundarakumar	Girraween	12.28Q
4 Jorjor Hakim	Greystanes	12.33q
5 Angelize Estil	Girraween	12.35q
6 Sophie Agius	Greystanes	13.20
Heat 2 Heats		
1 Charli Reid	Bankstown Sports	11.64Q
2 Erana Rahui	Holroyd	12.48Q
3 Isabella Donaldson	Greystanes	12.71Q
4 Jacinta Dellah	Bankstown Sports	13.41
5 Vanessa Ozols	Girraween	19.44

Girls U 9 - 70 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Charli Reid	Bankstown Sports	11.48
2 Sophia Aboulahaf	Bankstown Sports	11.54
3 Latecia Lolohea	Holroyd	11.81
4 Sangeetha Sundarakumar	Girraween	12.38
5 Angelize Estil	Girraween	12.47
6 Erana Rahui	Holroyd	12.56
7 Jorjor Hakim	Greystanes	12.86
8 Isabella Donaldson	Greystanes	13.20

Girls U 10 - 70 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Emily Parmaxidis	Bankstown Sports	10.62
2 Stephanie Nwosu	Holroyd	10.64
3 Michaela Cosgrove	Bankstown Sports	11.08
4 Amani Adra	Bankstown Sports	11.92
5 Kimberly Richardson	Holroyd	14.13

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 7 - 100 Metre Sprint**

Name	Age Centre	Final
1 Leyana Elkhaled	Bankstown Sports	19.13
2 Emily Drury	Bankstown Sports	19.52
3 Niamh Malone	Girraween	19.55
3 Kesaia (Eva) Amone	Bankstown Sports	19.55
5 Layla Merhi	Bankstown Sports	21.15
6 Sulieti Lavaki	Holroyd	21.26
7 Aleesha Abouhalka	Holroyd	22.78

Girls U 8 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Mia Yardley	Bankstown Sports	17.74Q
2 Alexia Apostolakis	Bankstown Sports	17.75Q
3 Isabella Christou	Holroyd	18.29Q
4 Maria Zervas	Everley Park	18.94q
5 Emily Weatherall	Bankstown Sports	19.16q
6 Karen Jalek	Girraween	19.63
7 Ashmeet Kaur	Girraween	22.75
Heat 2 Heats		
1 Emmanuela Nwosu	Holroyd	17.22Q
2 Madison Kapral	Holroyd	18.21Q
3 Mitchell Mele	Cabra Vale/Fair	18.94Q
4 Nicola Christou	Holroyd	20.99

Girls U 8 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Emmanuela Nwosu	Holroyd	17.20
2 Alexia Apostolakis	Bankstown Sports	17.48
3 Mia Yardley	Bankstown Sports	17.82
4 Madison Kapral	Holroyd	17.95
5 Isabella Christou	Holroyd	18.37
6 Maria Zervas	Everley Park	18.76
7 Mitchell Mele	Cabra Vale/Fair	18.84
8 Emily Weatherall	Bankstown Sports	19.37

Girls U 9 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Charli Reid	Bankstown Sports	16.75Q
2 Erana Rahui	Holroyd	17.71Q
3 Oriana Epati	Bankstown Sports	17.91Q
4 Reina Dagher	Bankstown Sports	18.17q
5 Jorjor Hakim	Greystanes	18.32
6 Isabella Donaldson	Greystanes	18.68
Heat 2 Heats		
1 Latecia Lolohea	Holroyd	16.85Q
2 Megan Mifsud	Greystanes	17.19Q
3 Sangeetha Sundarakumar	Girraween	17.78Q
4 Angelize Estil	Girraween	17.97q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 9 - 100 Metre Sprint**

5 Emila Agius	Greystanes	18.88
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Girls U 9 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Charli Reid	Bankstown Sports	16.63
2 Latecia Lolohea	Holroyd	16.96
3 Megan Mifsud	Greystanes	17.52
4 Oriana Epati	Bankstown Sports	17.78
5 Erana Rahui	Holroyd	17.93
6 Reina Dagher	Bankstown Sports	18.16
7 Sangeetha Sundarakumar	Girraween	18.18

Girls U 10 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Emily Parmaxidis	Bankstown Sports	15.59Q
2 Vithussa Srisivaeaswaran	Girraween	17.00Q
3 Louisa Gargoura	Bankstown Sports	18.24Q
4 Kimberly Richardson	Holroyd	21.58
Heat 2 Heats		
1 Michaela Cosgrove	Bankstown Sports	16.45Q
2 Stephanie Nwosu	Holroyd	16.50Q
3 Jessie Pui Yiu Wong	Girraween	16.68Q
4 Ishana Chandra	Holroyd	18.16q
5 Patricia Jalek	Girraween	19.79q

Girls U 10 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Emily Parmaxidis	Bankstown Sports	15.06
2 Stephanie Nwosu	Holroyd	15.12
3 Michaela Cosgrove	Bankstown Sports	16.16
4 Jessie Pui Yiu Wong	Girraween	16.43
5 Vithussa Srisivaeaswaran	Girraween	16.66
6 Louisa Gargoura	Bankstown Sports	18.12
7 Ishana Chandra	Holroyd	18.16

Girls U 11 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Grace Bassil	Holroyd	15.30Q
2 Laodisha Tuisuga	Cabra Vale/Fair	15.76Q
3 Alexandra Alizart	Greystanes	16.45Q
4 Voramon (Paige) Upatisin	Bankstown Sports	16.56q
5 Chevonne Gilchrist	Girraween	18.17q
6 Olivia Achmar	Holroyd	18.72
Heat 2 Heats		
1 Mariah Alaelua	Bankstown Sports	15.70Q
2 Ashleigh Grubba	Greystanes	15.78Q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 11 - 100 Metre Sprint**

3 Addyson Winterstein	Bankstown Sports	16.04Q
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Girls U 11 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Grace Bassil	Holroyd	15.50
2 Mariah Alaelua	Bankstown Sports	15.87
3 Laodisha Tuisuga	Cabra Vale/Fair	15.97
4 Ashleigh Grubba	Greystanes	15.99
5 Alexandra Alizart	Greystanes	16.35
6 Voramon (Paige) Upatisin	Bankstown Sports	16.38
7 Addyson Winterstein	Bankstown Sports	16.50
8 Chevonne Gilchrist	Girraween	18.81

Girls U 12 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Izabella Epati	Bankstown Sports	14.89Q
2 Helen Kougiou	Holroyd	15.60Q
3 Sharnee Cosgrove	Bankstown Sports	15.93Q
4 Aimeeleigh Hiley	Holroyd	17.31q
5 Kaitlyn Richardson	Holroyd	19.07
Heat 2 Heats		
1 Cathrine Aneke	Bankstown Sports	14.45Q
2 Lara Mascaro	Bankstown Sports	15.09Q
3 Mikhaela Topfer	Greystanes	15.50Q
4 Anjeska Galiano Van Den	Holroyd	15.63q
5 Tania Cartagena	Cabra Vale/Fair	19.41

Girls U 12 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Cathrine Aneke	Bankstown Sports	14.50
2 Lara Mascaro	Bankstown Sports	15.00
3 Izabella Epati	Bankstown Sports	15.40
4 Mikhaela Topfer	Greystanes	15.67
5 Helen Kougiou	Holroyd	15.68
6 Sharnee Cosgrove	Bankstown Sports	16.97
7 Aimeeleigh Hiley	Holroyd	17.54

Girls U 13 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Kiara Chianese	Holroyd	13.62Q
2 Willow Way	Girraween	14.90Q
3 Catrina Anderson	Holroyd	15.20Q
4 Ellen Wade	Bankstown Sports	16.42q
Heat 2 Heats		
1 Ellina Nandan	Bankstown Sports	13.59Q
2 Mia Goss	Holroyd	14.53Q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 13 - 100 Metre Sprint**

3	Natasha Gargoura	Bankstown Sports	15.00Q
4	Vanessa Saura	Greystanes	16.12q
5	Lavarna Reid	Bankstown Sports	17.73

Girls U 13 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Kiara Chianese	Holroyd 13.47
2	Ellina Nandan	Bankstown Sports 13.96
3	Mia Goss	Holroyd 14.60
4	Willow Way	Girraween 14.97
5	Catrina Anderson	Holroyd 15.14
6	Natasha Gargoura	Bankstown Sports 15.69
7	Vanessa Saura	Greystanes 15.99

Girls U 14 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1	Jemma Antonios	Holroyd 13.52Q
2	Paulene Taganesia	Bankstown Sports 13.73Q
3	Karina Lad	Girraween 14.49Q
4	Julia Achmar	Holroyd 14.99q
5	Bendere Obaya	Girraween 16.04
6	Beverly Corcoran	Cabra Vale/Fair 22.65
Heat 2 Heats		
1	Doveinah Vine-Ah Kau	Bankstown Sports 13.99Q
2	Chyna Tavai-Williams	Bankstown Sports 14.13Q
3	Sheree Hiley	Holroyd 14.51Q
4	Naarah Rahui	Holroyd 15.18q

Girls U 14 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Jemma Antonios	Holroyd 13.65
2	Paulene Taganesia	Bankstown Sports 13.75
3	Doveinah Vine-Ah Kau	Bankstown Sports 13.83
4	Chyna Tavai-Williams	Bankstown Sports 14.17
5	Sheree Hiley	Holroyd 14.61
6	Julia Achmar	Holroyd 15.24
7	Naarah Rahui	Holroyd 15.34

Girls U 15 - 100 Metre Sprint

Name	Age Centre	Final
Section 1		
1	Denise Youssef	Bankstown Sports 13.27
2	Renee Elliot-Watson	Holroyd 14.14
3	Isabel Lorenzi	Bankstown Sports 14.27
4	Gloria Chan	Bankstown Sports 14.39
5	Jamie-Lee Ladewig	Bankstown Sports 14.74
6	Jadah Takiari-Perese	Bankstown Sports 15.35

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 15 - 100 Metre Sprint**

7 Starla Way	Girraween	15.60
8 Dana Sigmund	Holroyd	16.24

Girls U 17 - 100 Metre Sprint

Name	Age Centre	Final
1 Laura Crowhurst	Bankstown Sports	13.63
2 Samantha Honeysett	Bankstown Sports	13.68
3 Eugenia Dennison	Bankstown Sports	13.99

Girls U 7 - 200 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Sophie Assaad	Holroyd	39.72Q
2 Jasmine Marabello	Greystanes	43.03Q
3 Kesaia (Eva) Amone	Bankstown Sports	43.16Q
4 Charlotte Harris	Girraween	47.05q
5 Anvesha Bhushan	Girraween	48.68
Heat 2 Heats		
1 Emily Drury	Bankstown Sports	40.45Q
2 Summer Erofeyeff	Greystanes	42.95Q
3 Ella Parker	Bankstown Sports	46.58Q
4 Jessica Masters	Bankstown Sports	47.42q

Girls U 7 - 200 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Sophie Assaad	Holroyd	38.26
2 Emily Drury	Bankstown Sports	40.79
3 Jasmine Marabello	Greystanes	42.00
4 Kesaia (Eva) Amone	Bankstown Sports	42.15
5 Summer Erofeyeff	Greystanes	42.36
6 Ella Parker	Bankstown Sports	45.76
7 Jessica Masters	Bankstown Sports	48.40

Girls U 8 - 200 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Emmanuela Nwosu	Holroyd	35.63
2 Alexia Apostolakis	Bankstown Sports	35.89
3 Sophie Powells	Girraween	37.73
4 Maria Zervas	Everley Park	38.40
5 Nina Elkassaa	Bankstown Sports	40.03
6 Mitchell Mele	Cabra Vale/Fair	40.89
7 Karen Jalek	Girraween	43.36

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 9 - 200 Metre Sprint**

Name	Age Centre	Heats
Heat 1 Heats		
1 Charlize Rice	Bankstown Sports	33.82Q
2 Angelina Windshuttle	Bankstown Sports	34.28Q
3 Erana Rahui	Holroyd	38.47Q
4 Rachel Farrugia	Greystanes	39.21q
5 Chloe Hodson	Holroyd	40.01
6 Vanessa Ozols	Girraween	1:05.28

Heat 2 Heats		
1 Sophia Aboulahaf	Bankstown Sports	34.06Q
2 Megan Mifsud	Greystanes	35.51Q
3 Charlotte Smith	Bankstown Sports	36.01Q
4 Jorjor Hakim	Greystanes	38.37q
5 Emila Agius	Greystanes	40.20

Girls U 9 - 200 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Charlize Rice	Bankstown Sports	33.74
2 Sophia Aboulahaf	Bankstown Sports	34.21
3 Angelina Windshuttle	Bankstown Sports	34.43
4 Megan Mifsud	Greystanes	36.11
5 Charlotte Smith	Bankstown Sports	36.13
6 Jorjor Hakim	Greystanes	39.65
7 Erana Rahui	Holroyd	39.74
8 Rachel Farrugia	Greystanes	39.92

Girls U 10 - 200 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Emily Parmaxidis	Bankstown Sports	30.07
2 Stephanie Nwosu	Holroyd	30.10
3 Amy Lovatt	Bankstown Sports	31.86
4 Ashlee Webb	Holroyd	33.44
5 Michaela Cosgrove	Bankstown Sports	34.75
6 Patricia Jalek	Girraween	41.67

Girls U 11 - 200 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Aleena Cooper	Holroyd	32.26Q
2 Alexandra Alizart	Greystanes	32.87Q
3 Addyson Winterstein	Bankstown Sports	33.08Q
4 Maddison Tavai	Bankstown Sports	33.39q
5 Amelia Assaad	Holroyd	35.52
Heat 2 Heats		
1 Grace Bassil	Holroyd	31.59Q
2 Mariah Alaelua	Bankstown Sports	32.85Q
3 Ashleigh Grubba	Greystanes	33.10Q
4 Janaia Donovan	Bankstown Sports	33.96q
5 Holly Skinner	Holroyd	34.94

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 11 - 200 Metre Sprint**

Name	Age Centre	Final
Section 1 Final		
1 Grace Bassil	Holroyd	31.36
2 Ashleigh Grubba	Greystanes	31.61
3 Aleena Cooper	Holroyd	31.90
4 Mariah Alaelua	Bankstown Sports	31.91
5 Alexandra Alizart	Greystanes	31.98
6 Addyson Winterstein	Bankstown Sports	33.72
7 Janaia Donovan	Bankstown Sports	34.21
8 Maddison Tavai	Bankstown Sports	34.24

Girls U 12 - 200 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Lara Mascaro	Bankstown Sports	31.12Q
2 Anjeska Galiano Van Den	Holroyd	31.93Q
3 Sharnee Cosgrove	Bankstown Sports	32.29Q
4 Rhonda Butt	Bankstown Sports	32.60q
5 Adriana Busic	Girraween	32.87
Heat 2 Heats		
1 Cathrine Aneke	Bankstown Sports	30.86Q
2 Mikhaela Topfer	Greystanes	31.45Q
3 Kelly Harris	Holroyd	32.40Q
4 Rose Jalek	Girraween	32.65q
5 Aimeeleigh Hiley	Holroyd	36.57
6 Alana Chandra	Holroyd	38.93

Girls U 12 - 200 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Cathrine Aneke	Bankstown Sports	29.51
2 Lara Mascaro	Bankstown Sports	29.67
3 Mikhaela Topfer	Greystanes	30.45
4 Anjeska Galiano Van Den	Holroyd	30.97
5 Kelly Harris	Holroyd	32.61
6 Sharnee Cosgrove	Bankstown Sports	32.78
7 Rose Jalek	Girraween	33.18
8 Rhonda Butt	Bankstown Sports	34.08

Girls U 13 - 200 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Kiara Chianese	Holroyd	27.40
2 Ellina Nandan	Bankstown Sports	28.59
3 Willow Way	Girraween	29.87
4 Mia Goss	Holroyd	30.38
5 Catrina Anderson	Holroyd	31.66
6 Reem Dagher	Bankstown Sports	32.73
7 Vanessa Saura	Greystanes	33.27
8 Carley Parmaxidis	Bankstown Sports	37.06

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 14 - 200 Metre Sprint**

Name	Age Centre	Heats
Heat 1 Heats		
1 Jemma Antonios	Holroyd	27.44Q
2 Doveinah Vine-Ah Kau	Bankstown Sports	27.72Q
3 Karina Lad	Girraween	29.45Q
4 April Sweeney	Holroyd	30.63q
5 Bendere Obaya	Girraween	31.37
6 Emma Watkins	Girraween	31.77
Heat 2 Heats		
1 Chyna Tavai-Williams	Bankstown Sports	28.16Q
2 Paulene Taganesia	Bankstown Sports	28.23Q
3 Sheree Hiley	Holroyd	29.47Q
4 Julia Achmar	Holroyd	30.95q

Girls U 14 - 200 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Jemma Antonios	Holroyd	27.20
2 Paulene Taganesia	Bankstown Sports	27.33
3 Chyna Tavai-Williams	Bankstown Sports	27.36
4 Doveinah Vine-Ah Kau	Bankstown Sports	27.84
5 Sheree Hiley	Holroyd	30.14
6 Julia Achmar	Holroyd	30.96

Girls U 15 - 200 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Denise Youssef	Bankstown Sports	26.73
2 Renee Elliot-Watson	Holroyd	28.89
3 Gloria Chan	Bankstown Sports	29.20
4 Toni Forrester	Bankstown Sports	29.35
5 Jamie-Lee Ladewig	Bankstown Sports	30.15
6 Jadah Takiari-Perese	Bankstown Sports	31.05
7 Arshdeep Kaur	Girraween	32.39

Girls U 17 - 200 Metre Sprint

Name	Age Centre	Final
1 Laura Crowhurst	Bankstown Sports	27.44
2 Samantha Honeysett	Bankstown Sports	27.70
3 Nicole Samsa	Bankstown Sports	28.14
4 Eugenia Dennison	Bankstown Sports	28.31

Girls U 8 - 400 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Elianna Hemakumara	Holroyd	1:28.64Q
2 Zahra Adra	Bankstown Sports	1:37.32Q
3 Monika Amone	Bankstown Sports	1:42.30Q
4 Emmanuela Nwosu	Holroyd	1:43.54q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 8 - 400 Metre Sprint**

Heat 2 Heats

1	Isabella Christou	Holroyd	1:27.50Q
2	Chiara Mancini	Cabra Vale/Fair	1:31.13Q
3	Maria Zervas	Everley Park	1:34.21Q
4	Nicola Christou	Holroyd	1:36.82q
5	Kiana Donovan	Bankstown Sports	1:45.26

Girls U 8 - 400 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Isabella Christou	Holroyd 1:28.37
2	Elianna Hemakumara	Holroyd 1:30.60
3	Chiara Mancini	Cabra Vale/Fair 1:31.32
4	Zahra Adra	Bankstown Sports 1:31.42
5	Maria Zervas	Everley Park 1:36.52
6	Nicola Christou	Holroyd 1:41.29
7	Monika Amone	Bankstown Sports 1:49.80
--	Emmanuela Nwosu	Holroyd DQ

Girls U 9 - 400 Metre Sprint

Name	Age Centre	Final
Section 1		
1	Trisha Castelino	Greystanes 1:15.33
2	Charlize Rice	Bankstown Sports 1:18.02
3	Charlotte Smith	Bankstown Sports 1:18.83
4	Angelina Windshuttle	Bankstown Sports 1:19.35
5	Harini Paranthaman	Girraween 1:29.04
6	Emila Agius	Greystanes 1:32.73
7	Sophie Agius	Greystanes 1:36.50
8	Chloee Hodson	Holroyd 1:38.45

Girls U 10 - 400 Metre Sprint

Name	Age Centre	Final
1	Emily Parmaxidis	Bankstown Sports 1:11.02
2	Kayla Nader	Greystanes 1:18.89
3	Vithussa Srisivaeaswaran	Girraween 1:19.59
4	Macey McGrath	Holroyd 1:21.31
5	Hannah Hamilton	Girraween 1:23.34
6	Louisa Gargoura	Bankstown Sports 1:30.67

Girls U 11 - 400 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1	Alexandra Alizart	Greystanes 1:15.71Q
2	Grace Bassil	Holroyd 1:17.07Q
3	Stephanie Jones	Bankstown Sports 1:19.58Q
4	Laodisha Tuisuga	Cabra Vale/Fair 1:22.59q
5	Renata Basic	Girraween 1:33.16
Heat 2 Heats		
1	Aleena Cooper	Holroyd 1:11.79Q

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2 Emily Moloney	Bankstown Sports	1:17.22Q
3 Addyson Winterstein	Bankstown Sports	1:18.96Q
4 Holly Skinner	Holroyd	1:22.75q
5 Amelia Assaad	Holroyd	1:28.44

Girls U 11 - 400 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Aleena Cooper	Holroyd	1:10.97
2 Emily Moloney	Bankstown Sports	1:14.78
3 Alexandra Alizart	Greystanes	1:15.47
4 Addyson Winterstein	Bankstown Sports	1:18.88
5 Grace Bassil	Holroyd	1:21.60
6 Stephanie Jones	Bankstown Sports	1:21.77
7 Holly Skinner	Holroyd	1:26.02

Girls U 12 - 400 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Hannah Moloney	Bankstown Sports	1:08.85
2 Rose Jalek	Girraween	1:13.70
3 Abyssinia Abaddi	Holroyd	1:14.43
4 Sharnee Cosgrove	Bankstown Sports	1:15.13
5 Anjeska Galiano Van Den	Holroyd	1:17.26
6 Aimeeleigh Hiley	Holroyd	1:26.51

Girls U 13 - 400 Metre Sprint

Name	Age Centre	Final
1 Louise O'Neill	Holroyd	1:11.45
2 Mia Goss	Holroyd	1:17.19
3 Natasha Gargoura	Bankstown Sports	1:17.33

Girls U 14 - 400 Metre Sprint

Name	Age Centre	Final
1 Jemma Antonios	Holroyd	1:04.85
2 Paulene Taganesia	Bankstown Sports	1:06.01
3 April Sweeney	Holroyd	1:11.41
4 Bendere Obaya	Girraween	1:12.72
5 Emma Watkins	Girraween	1:20.22

Girls U 15 - 400 Metre Sprint

Name	Age Centre	Final
1 Katrina Lamas	Holroyd	1:04.24
2 Arshdeep Kaur	Girraween	1:18.39
3 Starla Way	Girraween	1:21.74

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 17 - 400 Metre Sprint**

Name	Age Centre	Final
1 Monique Byers	Holroyd	1:01.73
2 Nicole Samsa	Bankstown Sports	1:03.27
3 Monica Young	Bankstown Sports	1:10.28
4 Ashleigh Talevski	Bankstown Sports	2:04.44

Girls U 9 - 800 Metre Run

Name	Age Centre	Final
1 Trisha Castelino	Greystanes	2:56.02
2 Charlotte Smith	Bankstown Sports	2:56.75
3 Angelina Windshuttle	Bankstown Sports	3:08.01
4 Selena Saitannis	Bankstown Sports	3:22.48
5 Reina Dagher	Bankstown Sports	3:28.67
6 Emila Agius	Greystanes	3:33.29
7 Kayla Alfred	Girraween	3:36.65
8 Rachel Farrugia	Greystanes	3:40.49
9 Chloe Hodson	Holroyd	3:57.48

Girls U 10 - 800 Metre Run

Name	Age Centre	Final
1 Kayla Nader	Greystanes	3:06.94
2 Ashlee Webb	Holroyd	3:09.75
3 Macey McGrath	Holroyd	3:13.17
4 Hollie Pengilly	Bankstown Sports	3:19.04

Girls U 11 - 800 Metre Run

Name	Age Centre	Final
1 Kristie Caplikas	Holroyd	2:41.38
2 Ruby Napper	Bankstown Sports	2:44.26
3 Emily Moloney	Bankstown Sports	2:54.88
4 Georgie Windschuttle	Bankstown Sports	2:55.04
5 Natasha Ozols	Girraween	3:04.13
6 Olivia Achmar	Holroyd	3:19.37
7 Brooke Buttenshaw	Greystanes	3:22.92
-- Holly Skinner	Holroyd	DNF

Girls U 12 - 800 Metre Run

Name	Age Centre	Final
1 Hannah Moloney	Bankstown Sports	2:34.11
2 Lily Steel	Holroyd	2:53.55
3 Carley Drury	Bankstown Sports	2:59.83
4 Rose Jalek	Girraween	3:08.49
5 Adriana Basic	Girraween	3:23.27
-- Rhonda Butt	Bankstown Sports	DQ

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 13 - 800 Metre Run**

Name	Age Centre	Final
1 Louise O'Neill	Holroyd	2:45.32
2 Holly Glynn	Bankstown Sports	2:48.09
3 Madeline Parker	Bankstown Sports	2:52.56
4 Vithuya Uruthiran	Girraween	2:53.71
5 Willow Way	Girraween	3:13.01

Girls U 14 - 800 Metre Run

Name	Age Centre	Final
1 April Sweeney	Holroyd	2:45.54
2 Vithya Uruthiran	Girraween	2:54.89
3 Julia Achmar	Holroyd	2:58.97
4 Emma Watkins	Girraween	3:02.06
5 Brittany McNair	Bankstown Sports	3:24.40

Girls U 15 - 800 Metre Run

Name	Age Centre	Final
1 Katrina Lamas	Holroyd	2:19.44
2 Briony Norton	Bankstown Sports	2:21.97
3 Starla Way	Girraween	3:21.55

Girls U 17 - 800 Metre Run

Name	Age Centre	Final
1 Nicole Samsa	Bankstown Sports	2:38.94
2 Taylah Ribarovski	Bankstown Sports	2:52.25

Girls U 10 - 1500 Metre Run

Name	Age Centre	Final
1 Hannah Hamilton	Girraween	6:08.36
2 Hollie Pengilley	Bankstown Sports	6:23.53
3 Vithussa Srisivaeaswaran	Girraween	6:26.24
4 Macey McGrath	Holroyd	6:29.75
5 Kayla Nader	Greystanes	6:36.02
6 Stephanie Davies	Bankstown Sports	7:12.91

Girls U 11 - 1500 Metre Run

Name	Age Centre	Final
1 Kristie Caplikas	Holroyd	5:29.43
2 Ruby Napper	Bankstown Sports	5:39.59
3 Emily Moloney	Bankstown Sports	5:59.35
4 Sophia Dagher	Bankstown Sports	6:23.20
5 Holly Skinner	Holroyd	6:24.77
6 Georgie Windschuttle	Bankstown Sports	6:32.30
7 Lauren Tisdale	Girraween	6:55.21
8 Renata Busic	Girraween	6:56.34
9 Natasha Ozols	Girraween	7:05.92
10 Alana Genc	Greystanes	7:13.17

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 11 - 1500 Metre Run**

11 Lily Donaldson	Greystanes	7:20.95
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Girls U 12 - 1500 Metre Run

Name	Age Centre	Final
1 Hannah Moloney	Bankstown Sports	5:22.02
2 Lily Steel	Holroyd	6:04.72
3 Rose Jalek	Girraween	6:13.26
4 Carley Drury	Bankstown Sports	6:26.59

Girls U 13 - 1500 Metre Run

Name	Age Centre	Final
1 Vanessa D'Souza	Holroyd	5:42.30
2 Holly Glynn	Bankstown Sports	5:50.60
3 Louise O'Neill	Holroyd	5:52.90
4 Vithuya Uruthiran	Girraween	5:55.50
5 Willow Way	Girraween	6:25.30

Girls U 14 - 1500 Metre Run

Name	Age Centre	Final
1 Vithya Uruthiran	Girraween	5:54.70
2 April Sweeney	Holroyd	5:58.40
3 Emma Watkins	Girraween	6:33.50
4 Carissa Percival	Girraween	6:36.40
5 Julia Achmar	Holroyd	6:55.20
6 Brittany McNair	Bankstown Sports	6:59.20

Girls U 15 - 1500 Metre Run

Name	Age Centre	Final
1 Briony Norton	Bankstown Sports	5:01.50
2 Shanae Norton	Bankstown Sports	5:38.64
3 Aarani Paranthaman	Girraween	6:42.50

Girls U 17 - 1500 Metre Run

Name	Age Centre	Final
1 Monica Young	Bankstown Sports	5:25.80
2 Taylah Ribarovski	Bankstown Sports	6:03.20

Girls U 13 - 3000 Metre Run

Name	Age Centre	Final
1 Madeline Parker	Bankstown Sports	11:50.18
2 Louise O'Neill	Holroyd	12:55.15

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 14 - 3000 Metre Run**

Name	Age Centre	Final
1 Julia Achmar	Holroyd	15:11.70
2 Michayla Ozols	Girraween	16:32.70

Girls U 15 - 3000 Metre Run

Name	Age Centre	Final
1 Briony Norton	Bankstown Sports	11:03.05
2 Shanae Norton	Bankstown Sports	12:40.50

Girls U 17 - 3000 Metre Run

Name	Age Centre	Final
1 Monica Young	Bankstown Sports	13:23.50
2 Taylah Ribarovski	Bankstown Sports	13:27.80

Girls U 8 - 60 Metre Hurdles (45cm)

Name	Age Centre	Heats
Heat 1 Heats		
1 Madison Kapral	Holroyd	12.83Q
2 Zahra Adra	Bankstown Sports	13.67Q
3 Anika Percival	Girraween	14.60Q
4 Molly Trevena	Greystanes	15.74
Heat 2 Heats		
1 Mia Yardley	Bankstown Sports	12.39Q
2 Nina Elkassaa	Bankstown Sports	13.54Q
3 Ruby Hudson	Bankstown Sports	14.51Q
4 Karen Jalek	Girraween	14.81q
5 Lauren Sigmund	Holroyd	15.08q

Girls U 8 - 60 Metre Hurdles (45cm)

Name	Age Centre	Final
Section 1 Final		
1 Mia Yardley	Bankstown Sports	12.08
2 Madison Kapral	Holroyd	12.51
3 Zahra Adra	Bankstown Sports	13.48
4 Karen Jalek	Girraween	14.13
5 Lauren Sigmund	Holroyd	15.02
6 Nina Elkassaa	Bankstown Sports	15.66
7 Ruby Hudson	Bankstown Sports	18.96

Girls U 9 - 60 Metre Hurdles (45cm)

Name	Age Centre	Heats
Heat 1 Heats		
1 Charli Reid	Bankstown Sports	11.90Q
2 Megan Mifsud	Greystanes	12.28Q
3 Elana Topalidis	Bankstown Sports	12.60Q
4 Jorjor Hakim	Greystanes	12.65q
5 Imogen Gilchrist	Girraween	12.78

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS

29/11/2013 TO 01/12/2013

THE CREST ATHLETIC CENTRE

Results

....Girls U 9 - 60 Metre Hurdles (45cm)

6 Rachel Farrugia	Greystanes	13.35
7 Chloe Hodson	Holroyd	14.06
Heat 2 Heats		
1 Latecia Lolohea	Holroyd	11.95Q
2 Maliyah Osbaldiston	Bankstown Sports	12.24Q
3 Sophia Aboulahaf	Bankstown Sports	12.39Q
4 Angelize Estil	Girraween	12.66q
5 Erana Rahui	Holroyd	12.97
6 Sophie Agius	Greystanes	13.08
7 Olivia Banks	Holroyd	14.17

Girls U 9 - 60 Metre Hurdles (45cm)

Name	Age Centre	Final
Section 1 Final		
1 Latecia Lolohea	Holroyd	11.37
2 Charli Reid	Bankstown Sports	11.64
3 Megan Mifsud	Greystanes	12.05
4 Angelize Estil	Girraween	12.14
5 Sophia Aboulahaf	Bankstown Sports	12.15
6 Maliyah Osbaldiston	Bankstown Sports	12.17
7 Elana Topalidis	Bankstown Sports	12.49
8 Jorjor Hakim	Greystanes	12.57

Girls U 10 - 60 Metre Hurdles (60cm)

Name	Age Centre	Heats
Heat 1 Heats		
1 Stephanie Nwosu	Holroyd	11.82Q
2 Ashlee Webb	Holroyd	12.83Q
3 Hannah Hamilton	Girraween	12.84Q
4 Kayla Nader	Greystanes	13.89q
5 Ishana Chandra	Holroyd	14.32
6 Patricia Jalek	Girraween	15.45
7 Stephanie Davies	Bankstown Sports	15.52
Heat 2 Heats		
1 Amy Lovatt	Bankstown Sports	11.70Q
2 Imogen Falzon	Girraween	12.64Q
3 Jessie Pui Yiu Wong	Girraween	12.69Q
4 Macey McGrath	Holroyd	13.41q
5 Malayah Evans	Bankstown Sports	14.16

Girls U 10 - 60 Metre Hurdles (60cm)

Name	Age Centre	Final
Section 1 Final		
1 Stephanie Nwosu	Holroyd	11.38
2 Amy Lovatt	Bankstown Sports	11.49
3 Ashlee Webb	Holroyd	12.58
4 Imogen Falzon	Girraween	12.60
5 Jessie Pui Yiu Wong	Girraween	12.90
6 Macey McGrath	Holroyd	13.00
7 Hannah Hamilton	Girraween	13.37
8 Kayla Nader	Greystanes	14.03

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Name	Age Centre	Final
Section 1		
1 Janaia Donovan	Bankstown Sports	11.36
2 Monica Mcrae	Girraween	11.63
3 Deamma Taganesia	Bankstown Sports	11.72
4 Angelique-Laura Hudson	Bankstown Sports	12.21
5 Ashleigh Grubba	Greystanes	12.28
6 Sophia Dagher	Bankstown Sports	12.61
7 Amelia Assaad	Holroyd	13.44
8 Lily Donaldson	Greystanes	13.77

Girls U 12 - 60 Metre Hurdles (68cm)

Name	Age Centre	Final
1 Tiarne Ekstrom	Holroyd	11.00
2 Izabella Epati	Bankstown Sports	11.41
3 Carley Drury	Bankstown Sports	12.19
4 Helen Kougiou	Holroyd	12.25
5 Kaitlyn Richardson	Holroyd	13.12
6 Aimeeleigh Hiley	Holroyd	13.51
7 Khadgieh Elmir	Bankstown Sports	14.28
8 Lara Mascaro	Bankstown Sports	15.21

Girls U 13 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Kiara Chianese	Holroyd	13.78
2 Ellina Nandan	Bankstown Sports	14.84
3 Catrina Anderson	Holroyd	16.34
4 Alex Bowen	Greystanes	16.73
5 Vanessa Saura	Greystanes	19.28
6 Carley Parmaxidis	Bankstown Sports	21.37

Girls U 14 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Chyna Tavai-Williams	Bankstown Sports	13.18
2 Jemma Antonios	Holroyd	13.62
3 Sheree Hiley	Holroyd	13.88
4 Doveinah Vine-Ah Kau	Bankstown Sports	14.01
5 Tayla Jobson	Girraween	18.57

Girls U 15 - 90 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Renee Elliot-Watson	Holroyd	14.52
2 Isabel Lorenzi	Bankstown Sports	15.14
3 Shannon Burchell	Bankstown Sports	17.41
4 Jamie-Lee Ladewig	Bankstown Sports	17.42
5 Jadah Takiari-Perese	Bankstown Sports	17.57
6 Gloria Chan	Bankstown Sports	19.27
7 Starla Way	Girraween	20.25

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 17 - 100 Metre Hurdles (76cm)**

Name	Age Centre	Final
1 Faith Estil	Girraween	17.19
2 Laura Crowhurst	Bankstown Sports	19.03
3 Samantha Honeysett	Bankstown Sports	19.46
4 Nicole Samsa	Bankstown Sports	19.53

Girls U 13 - 200 Metre Hurdles (68cm)

Name	Age Centre	Final
1 Kiara Chianese	Holroyd	29.89
2 Ellina Nandan	Bankstown Sports	31.39
3 Catrina Anderson	Holroyd	33.80
4 Alex Bowen	Greystanes	35.38
5 Reem Dagher	Bankstown Sports	39.97

Girls U 14 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Jemma Antonios	Holroyd	30.54
2 Doveinah Vine-Ah Kau	Bankstown Sports	30.84
3 Sheree Hiley	Holroyd	33.04
4 Eliza Trevena	Greystanes	34.71
5 Clara Aiello	Holroyd	35.23
6 Catherine Young	Holroyd	40.55

Girls U 15 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Renee Elliot-Watson	Holroyd	30.96
2 Isabel Lorenzi	Bankstown Sports	32.21
3 Gloria Chan	Bankstown Sports	32.80
4 Shannon Burchell	Bankstown Sports	34.14
5 Jadah Takiari-Perese	Bankstown Sports	34.93
6 Rachel Percival	Girraween	37.04
7 Dana Sigmund	Holroyd	44.39

Girls U 17 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Monique Byers	Holroyd	30.89
2 Laura Crowhurst	Bankstown Sports	31.49
3 Samantha Honeysett	Bankstown Sports	31.59

Girls U 7 - 500 Metre Pack Start

Name	Age Centre	Final
1 Leyana Elkhaled	Bankstown Sports	1:59.50
2 Carina Topalidis	Bankstown Sports	2:05.80
3 Ella Parker	Bankstown Sports	2:06.20
4 Jasmine Marabello	Greystanes	2:06.61
5 Niamh Malone	Girraween	2:06.70
6 Sophie Assaad	Holroyd	2:11.70

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 7 - 500 Metre Pack Start**

7 Dilara Elveren	Holroyd	2:20.80
8 Aleesha Abouhalka	Holroyd	2:25.20

Girls U 8 - 700 Metre Pack Start

Name	Age Centre	Final
1 Isabella Christou	Holroyd	2:46.52
2 Chiara Mancini	Cabra Vale/Fair	2:53.28
3 Elianna Hemakumara	Holroyd	2:55.33
4 Sophie Powells	Girraween	3:06.69
5 Nicola Christou	Holroyd	3:11.08
6 Kiana Donovan	Bankstown Sports	3:32.07
7 Abbey Laybutt	Holroyd	4:03.08

Girls U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
1 Bankstown Sports	59.64
1) Mariah Alaelua 11	2) Emily Parmaxidis 10
3) Charli Reid 9	4) Lara Mascaro 12
2 Holroyd	1:01.46
1) Latecia Lolohea 9	2) Aleena Cooper 11
3) Stephanie Nwosu 10	4) Tiarne Ekstrom 12
3 Girraween	1:03.92
1) Angelize Estil 9	2) Rose Jalek 12
3) Imogen Falzon 10	4) Monica Mcrae 11
4 Greystanes	1:04.12
1) Ashleigh Grubba 11	2) Kayla Nader 10
3) Trisha Castelino 9	4) Mikhaela Topfer 12

Girls U 13-17 4x100 Metre Relay (Snr)

Centre	Final
1 Holroyd	52.02
1) Katrina Lamas 15	2) Kiara Chianese 13
3) Monique Byers 17	4) Jemma Antonios 14
2 Bankstown Sports	53.45
1) Laura Crowhurst 17	2) Denise Youssef 15
3) Reem Dagher 13	4) Doveinah Vine-Ah Kau 14
3 Girraween	58.26
1) Vithya Uruthiran 14	2) Willow Way 13
3) Starla Way 15	4) Faith Estil 17

Girls U 9 - High Jump (S/H 0.80m)

Name	Age Centre	Final
Flight 1		
1 Charlize Rice	Bankstown Sports	1.03m
2 Maliyah Osbaldiston	Bankstown Sports	1.03m
3 Trisha Castelino	Greystanes	0.97m
4 Imogen Gilchrist	Girraween	0.95m
5 Oriana Epati	Bankstown Sports	0.90m
6 Kayla Alfred	Girraween	0.85m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 10 - High Jump (S/H 0.90m)**

Name	Age Centre	Final
1 Imogen Falzon	Girraween	1.12m
2 Amy Lovatt	Bankstown Sports	1.00m
3 Amani Adra	Bankstown Sports	0.90m
3 Vanessa Fox	Bankstown Sports	0.90m
-- Patricia Jalek	Girraween	NH

Girls U 11 - High Jump (S/H 1.00m)

Name	Age Centre	Final
1 Janaia Donovan	Bankstown Sports	1.25m
2 Aleena Cooper	Holroyd	1.15m
3 Angelique-Laura Hudson	Bankstown Sports	1.15m
4 Amelia Assaad	Holroyd	1.10m
5 Mariah Alaelua	Bankstown Sports	1.05m
6 Chevonne Gilchrist	Girraween	1.05m
6 Maddison Tavai	Bankstown Sports	1.05m

Girls U 12 - High Jump (S/H 1.10m)

Name	Age Centre	Final
1 Adriana Basic	Girraween	1.15m
2 Mikhaela Topfer	Greystanes	1.15m
3 Jemma Brooks	Bankstown Sports	1.10m

Girls U 13 - High Jump (S/H 1.15m)

Name	Age Centre	Final
1 Reem Dagher	Bankstown Sports	1.32m
2 Ellen Wade	Bankstown Sports	1.20m
3 Louise O'Neill	Holroyd	1.15m
3 Willow Way	Girraween	1.15m
5 Vanessa Saura	Greystanes	1.15m
-- Lavarna Reid	Bankstown Sports	NH

Girls U 14 - High Jump (S/H 1.20m)

Name	Age Centre	Final
1 Chyna Tavai-Williams	Bankstown Sports	1.43m
2 Bendere Obaya	Girraween	1.41m
3 Catherine Young	Holroyd	1.35m
4 Clara Aiello	Holroyd	1.30m
5 Paulene Taganesia	Bankstown Sports	1.25m

Girls U 15 - High Jump (S/H 1.20m)

Name	Age Centre	Final
1 Jamie-Lee Ladewig	Bankstown Sports	1.34m
2 Toni Forrester	Bankstown Sports	1.32m
3 Caitlin Thurlow	Girraween	1.22m
-- Dana Sigmund	Holroyd	NH

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 17 - High Jump (S/H 1.25m)**

Name	Age Centre	Final
1 Charbella Nandan	Bankstown Sports	1.25m

Girls U 7 - Long Jump

Name	Age Centre	Final
1 Jasmine Marabello	Greystanes	2.42m
2 Summer Erofeyeff	Greystanes	2.34m
3 Ella Parker	Bankstown Sports	2.30m
4 Carina Topalidis	Bankstown Sports	2.24m
5 Layla Merhi	Bankstown Sports	2.04m
6 Charlotte Harris	Girraween	2.02m
7 Dilara Elveren	Holroyd	1.96m
8 Anvesha Bhushan	Girraween	1.87m

Girls U 8 - Long Jump

Name	Age Centre	Final
1 Mia Yardley	Bankstown Sports	3.17m
2 Alexia Apostolakis	Bankstown Sports	3.09m
3 Chiara Mancini	Cabra Vale/Fair	2.73m
4 Monika Amone	Bankstown Sports	2.69m
5 Lauren Sigmund	Holroyd	2.64m
6 Zahra Adra	Bankstown Sports	2.58m
7 Nicola Christou	Holroyd	2.53m
8 Anika Percival	Girraween	2.49m
9 Molly Trevena	Greystanes	2.12m
10 Abbey Laybutt	Holroyd	1.74m

Girls U 9 - Long Jump

Name	Age Centre	Final
1 Charli Reid	Bankstown Sports	3.59m
2 Elana Topalidis	Bankstown Sports	3.46m
3 Latecia Lolohea	Holroyd	3.44m
4 Trisha Castelino	Greystanes	3.37m
5 Reina Dagher	Bankstown Sports	3.35m
6 Megan Mifsud	Greystanes	3.24m
7 Charlize Rice	Bankstown Sports	3.21m
8 Kayla Alfred	Girraween	3.03m
9 Imogen Gilchrist	Girraween	2.79m
10 Isabella Donaldson	Greystanes	2.69m
11 Sangeetha Sundarakumar	Girraween	2.65m
12 Olivia Banks	Holroyd	2.28m
13 Holly Bale	Greystanes	1.97m
14 Vanessa Ozols	Girraween	1.34m

Girls U 10 - Long Jump

Name	Age Centre	Final
1 Amy Lovatt	Bankstown Sports	3.72m
2 Michaela Cosgrove	Bankstown Sports	3.62m
3 Vithussa Srisivaeaswaran	Girraween	3.60m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 10 - Long Jump**

4	Ashlee Webb	Holroyd	3.45m
5	Hannah Hamilton	Girraween	3.39m
6	Jessie Pui Yiu Wong	Girraween	3.23m
7	Malayah Evans	Bankstown Sports	3.18m
8	Louisa Gargoura	Bankstown Sports	2.92m
9	Shara Percival	Girraween	2.81m
10	Kimberly Richardson	Holroyd	2.47m

Girls U 11 - Long Jump

Name	Age Centre	Final	
1	Monica Mcrae	Girraween	3.97m
2	Maddison Tavai	Bankstown Sports	3.76m
3	Angelique-Laura Hudson	Bankstown Sports	3.66m
4	Brooke Buttenshaw	Greystanes	3.52m
5	Aleena Cooper	Holroyd	3.40m
6	Ashleigh Grubba	Greystanes	3.38m
7	Alicia Van Den Braak	Bankstown Sports	3.37m
8	Alexandra Alizart	Greystanes	3.21m
9	Renata Basic	Girraween	2.96m
10	Chevonne Gilchrist	Girraween	2.80m
11	Teagan Neich	Girraween	2.62m

Girls U 12 - Long Jump

Name	Age Centre	Final	
1	Izabella Epati	Bankstown Sports	4.16m
2	Cathrine Aneke	Bankstown Sports	3.88m
3	Abyssinia Abaddi	Holroyd	3.83m
4	Helen Kougiouss	Holroyd	3.72m
5	Adriana Basic	Girraween	3.71m
6	Jemma Brooks	Bankstown Sports	3.63m
7	Sharnee Cosgrove	Bankstown Sports	3.45m
8	Kaitlyn Richardson	Holroyd	2.99m

Girls U 13 - Long Jump

Name	Age Centre	Final	
1	Ellina Nandan	Bankstown Sports	4.75m
2	Kiara Chianese	Holroyd	4.74m
3	Reem Dagher	Bankstown Sports	3.79m
4	Vanessa Saura	Greystanes	3.43m
5	Ellen Wade	Bankstown Sports	3.39m
6	Natasha Gargoura	Bankstown Sports	3.29m

Girls U 14 - Long Jump

Name	Age Centre	Final	
1	Doveinah Vine-Ah Kau	Bankstown Sports	4.71m
2	Chyna Tavai-Williams	Bankstown Sports	4.68m
3	Eliza Trevena	Greystanes	4.20m
4	Karina Lad	Girraween	4.00m
5	Tayla Jobson	Girraween	3.81m
6	Naarah Rahui	Holroyd	3.68m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 14 - Long Jump**

7	Vithya Uruthiran	Girraween	3.52m
8	Emma Watkins	Girraween	3.36m
9	Mikaela Sen-Boyton	Holroyd	2.90m
10	Beverly Corcoran	Cabra Vale/Fair	1.69m

Girls U 15 - Long Jump

Name	Age Centre	Final
1 Denise Youssef	Bankstown Sports	4.75m
2 Caitlin Thurlow	Girraween	4.36m
3 Gloria Chan	Bankstown Sports	4.33m
4 Isabel Lorenzi	Bankstown Sports	4.16m
5 Arshdeep Kaur	Girraween	3.29m
6 Dana Sigmund	Holroyd	2.75m

Girls U 17 - Long Jump

Name	Age Centre	Final
1 Laura Crowhurst	Bankstown Sports	4.91m
2 Eugenia Dennison	Bankstown Sports	4.28m
3 Nicole Samsa	Bankstown Sports	4.25m
4 Samantha Honeysett	Bankstown Sports	4.21m

Girls U 11 - Triple Jump

Name	Age Centre	Final
1 Maddison Tavai	Bankstown Sports	8.16m
2 Deamma Taganesia	Bankstown Sports	8.14m
3 Laodisha Tuisuga	Cabra Vale/Fair	7.86m
4 Janaia Donovan	Bankstown Sports	7.72m
5 Angelique-Laura Hudson	Bankstown Sports	7.65m
6 Monica Mcrae	Girraween	7.00m
7 Chevonne Gilchrist	Girraween	6.14m
8 Teagan Neich	Girraween	5.95m

Girls U 12 - Triple Jump

Name	Age Centre	Final
1 Abyssinia Abaddi	Holroyd	8.52m
2 Gabriana Tuato-Evans	Bankstown Sports	8.47m
3 Lara Mascaro	Bankstown Sports	8.22m
4 Helen Kougiou	Holroyd	8.00m
5 Mikhaela Topfer	Greystanes	7.86m
6 Kharrinnee Somasundaram	Girraween	7.47m
7 Kelly Harris	Holroyd	6.48m
8 Angela Ibrahim	Bankstown Sports	6.09m

Girls U 13 - Triple Jump

Name	Age Centre	Final
1 Ellina Nandan	Bankstown Sports	9.38m
2 Louise O'Neill	Holroyd	8.67m
3 Reem Dagher	Bankstown Sports	8.30m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 13 - Triple Jump**

4 Carley Parmaxidis	Bankstown Sports	6.92m
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Girls U 14 - Triple Jump

Name	Age Centre	Final
1 Doveinah Vine-Ah Kau	Bankstown Sports	10.43m
2 Chyna Tavai-Williams	Bankstown Sports	9.87m
3 Tayla Jobson	Girraween	8.71m
4 Clara Aiello	Holroyd	8.41m
5 Julia Achmar	Holroyd	7.83m
6 Naarah Rahui	Holroyd	7.78m
7 Michayla Ozols	Girraween	6.92m

Girls U 15 - Triple Jump

Name	Age Centre	Final
1 Briony Norton	Bankstown Sports	9.37m
2 Toni Forrester	Bankstown Sports	8.15m
3 Jamie-Lee Ladewig	Bankstown Sports	7.70m

Girls U 17 - Triple Jump

Name	Age Centre	Final
1 Faith Estil	Girraween	9.86m
2 Laura Crowhurst	Bankstown Sports	7.82m

Girls U 7 - Shot Put (1.0 Kg)

Name	Age Centre	Final
1 Ella Parker	Bankstown Sports	4.44m
2 Sulieti Lavaki	Holroyd	3.24m
3 Anvesha Bhushan	Girraween	2.92m
4 Dilara Elveren	Holroyd	2.89m
5 Charlotte Harris	Girraween	2.30m
6 Jessica Masters	Bankstown Sports	1.66m

Girls U 8 - Shot Put (1.5 Kg)

Name	Age Centre	Final
1 Kiana Donovan	Bankstown Sports	4.35m
2 Emily Weatherall	Bankstown Sports	4.30m
3 Elianna Hemakumara	Holroyd	4.23m
4 Ruby Hudson	Bankstown Sports	3.94m
5 Molly Trevena	Greystanes	3.35m
6 Abbey Laybutt	Holroyd	3.12m
7 Ashmeet Kaur	Girraween	2.72m

Girls U 9 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Maliyah Osbaldiston	Bankstown Sports	7.46m
2 Jada Lavaki	Holroyd	6.23m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 9 - Shot Put (2.0 Kg)**

3	Oriana Epati	Bankstown Sports	4.67m
4	Reina Dagher	Bankstown Sports	4.42m
5	Harini Paranthaman	Girraween	4.34m
6	Jacinta Dellah	Bankstown Sports	4.26m
7	Holly Bale	Greystanes	3.92m
8	Olivia Banks	Holroyd	3.50m

Girls U 10 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Imogen Falzon	Girraween	5.34m
2 Ishana Chandra	Holroyd	4.94m
3 Lily-Jean McNair	Bankstown Sports	4.77m
4 Vanessa Fox	Bankstown Sports	3.38m

Girls U 11 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Kristie Caplikas	Holroyd	11.04m
2 Deamma Taganesia	Bankstown Sports	10.07m
3 Teagan Neich	Girraween	8.08m
4 Ranita Tekaha	Bankstown Sports	6.60m
5 Stephanie Jones	Bankstown Sports	6.48m
6 Olivia Achmar	Holroyd	6.12m
7 Sophia Dagher	Bankstown Sports	5.76m
8 Renata Basic	Girraween	4.18m

Girls U 12 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Kharrinne Somasundaram	Girraween	9.29m
2 Tiarne Ekstrom	Holroyd	8.79m
3 Cathrine Aneke	Bankstown Sports	8.38m
4 Alana Chandra	Holroyd	7.42m
5 Daniella Elaknouch	Holroyd	7.10m
6 Gabriana Tuato-Evans	Bankstown Sports	6.39m
7 Demi Forrester	Bankstown Sports	6.05m
8 Jessica Valek	Holroyd	5.82m
9 Rhonda Butt	Bankstown Sports	5.61m

Girls U 13 - Shot Put (3.0 Kg)

Name	Age Centre	Final
1 Carley Parmaxidis	Bankstown Sports	8.37m
2 Vanessa Van Den Braak	Bankstown Sports	7.60m
3 Alex Bowen	Greystanes	6.50m
4 Reem Dagher	Bankstown Sports	6.35m
5 Willow Way	Girraween	6.02m
6 Lavarna Reid	Bankstown Sports	5.32m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 14 - Shot Put (3.0 Kg)**

Name	Age Centre	Final
1 Tayla Jobson	Girraween	9.23m
2 Olivia Ross	Holroyd	8.76m
3 Natasha Milakovic	Holroyd	7.62m
4 Eliza Trevena	Greystanes	7.24m
5 Brittany McNair	Bankstown Sports	7.00m
6 Naarah Rahui	Holroyd	5.84m
7 Mikaela Sen-Boyton	Holroyd	5.11m
8 Beverly Corcoran	Cabra Vale/Fair	4.43m

Girls U 15 - Shot Put (3.0 Kg)

Name	Age Centre	Final
1 Shannon Burchell	Bankstown Sports	9.92m
2 Isabel Lorenzi	Bankstown Sports	8.78m
3 Starla Way	Girraween	5.73m

Girls U 17 - Shot Put (3.0 Kg)

Name	Age Centre	Final
1 Lucinta Evans	Bankstown Sports	10.76m
2 Faith Estil	Girraween	9.06m
3 Amber Stewart	Holroyd	6.11m
4 Jordan Sen-Perrottet	Holroyd	5.47m

Girls U 7 - Discus (350 Gm)

Name	Age Centre	Final
1 Niamh Malone	Girraween	10.39m
2 Summer Erofejeff	Greystanes	8.71m
3 Layla Merhi	Bankstown Sports	8.50m
4 Carina Topalidis	Bankstown Sports	8.25m
5 Aleesha Abouhalka	Holroyd	6.53m
6 Leyana Elkhaled	Bankstown Sports	6.13m
7 Dilara Elveren	Holroyd	5.90m
8 Mariam Kobeissi	Bankstown Sports	3.69m

Girls U 8 - Discus (500 Gm)

Name	Age Centre	Final
1 Alexia Apostolakis	Bankstown Sports	14.40m
2 Mia Yardley	Bankstown Sports	13.64m
3 Emily Weatherall	Bankstown Sports	12.21m
4 Elianna Hemakumara	Holroyd	9.74m
5 Zahra Adra	Bankstown Sports	8.87m
6 Chiara Mancini	Cabra Vale/Fair	8.79m
7 Mitchell Mele	Cabra Vale/Fair	8.26m
8 Molly Trevena	Greystanes	8.04m
9 Ashmeet Kaur	Girraween	6.86m
10 Lauren Sigmund	Holroyd	6.47m
11 Abbey Laybutt	Holroyd	5.61m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 9 - Discus (500 Gm)**

Name	Age Centre	Final
1 Elana Topalidis	Bankstown Sports	19.00m
2 Maliyah Osbaldiston	Bankstown Sports	17.31m
3 Harini Paranthaman	Girraween	14.65m
4 Imogen Gilchrist	Girraween	13.95m
5 Jada Lavaki	Holroyd	13.91m
6 Jacinta Dellah	Bankstown Sports	11.88m
7 Sangeetha Sundarakumar	Girraween	11.08m
8 Isabella Donaldson	Greystanes	9.89m
9 Olivia Banks	Holroyd	6.42m
10 Vanessa Ozols	Girraween	5.54m

Girls U 10 - Discus (500 Gm)

Name	Age Centre	Final
1 Hollie Pengilley	Bankstown Sports	19.70m
2 Imogen Falzon	Girraween	16.00m
3 Ishana Chandra	Holroyd	14.46m
4 Jessie Pui Yiu Wong	Girraween	13.46m
5 Lily-Jean McNair	Bankstown Sports	13.17m
6 Amani Adra	Bankstown Sports	11.27m
7 Malayah Evans	Bankstown Sports	11.18m

Girls U 11 - Discus (750 Gm)

Name	Age Centre	Final
1 Kristie Caplikas	Holroyd	32.48m
2 Deamma Taganesia	Bankstown Sports	22.34m
3 Teagan Neich	Girraween	20.73m
4 Olivia Achmar	Holroyd	17.12m
5 Brooke Buttenshaw	Greystanes	15.71m
6 Ranita Tekaha	Bankstown Sports	12.41m
7 Stephanie Jones	Bankstown Sports	12.32m
8 Alicia Van Den Braak	Bankstown Sports	9.78m
9 Natasha Ozols	Girraween	8.05m

Girls U 12 - Discus (750 Gm)

Name	Age Centre	Final
1 Kharrinnee Somasundaram	Girraween	26.72m
2 Tiarne Ekstrom	Holroyd	23.74m
3 Alana Chandra	Holroyd	21.59m
4 Jessica Valek	Holroyd	15.75m
5 Demi Forrester	Bankstown Sports	14.50m
6 Rhonda Butt	Bankstown Sports	14.31m
7 Brooke Moody	Holroyd	11.22m
8 Khadgieh Elmir	Bankstown Sports	9.40m
9 Angela Ibrahim	Bankstown Sports	8.09m

Girls U 13 - Discus (750 Gm)

Name	Age Centre	Final
1 Carley Parmaxidis	Bankstown Sports	31.38m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Girls U 13 - Discus (750 Gm)**

2	Vanessa Van Den Braak	Bankstown Sports	24.28m
3	Alex Bowen	Greystanes	20.89m
4	Vithuya Uruthiran	Girraween	17.40m
5	Lavarna Reid	Bankstown Sports	15.60m

Girls U 14 - Discus (1.0 Kg)

Name	Age Centre	Final	
1	Brittany McNair	Bankstown Sports	24.36m
2	Tayla Jobson	Girraween	22.26m
3	Olivia Ross	Holroyd	20.19m
4	Natasha Milakovic	Holroyd	18.39m
5	Michayla Ozols	Girraween	15.76m
6	Vithya Uruthiran	Girraween	15.48m
7	Naarah Rahui	Holroyd	15.21m

Girls U 15 - Discus (1.0 Kg)

Name	Age Centre	Final	
1	Shannon Burchell	Bankstown Sports	27.60m
2	Denise Youssef	Bankstown Sports	23.77m
3	Aarani Paranthaman	Girraween	17.24m

Girls U 17 - Discus (1.0 Kg)

Name	Age Centre	Final	
1	Lucinta Evans	Bankstown Sports	26.42m
2	Amber Stewart	Holroyd	15.68m
3	Jordan Sen-Perrottet	Holroyd	12.47m

Girls U 12 - Javelin (400 Gm)

Name	Age Centre	Final	
1	Kharrinnee Somasundaram	Girraween	20.45m
2	Alana Chandra	Holroyd	15.24m
3	Daniella Elakcnouch	Holroyd	13.27m
4	Demi Forreser	Bankstown Sports	12.90m
5	Jessica Valek	Holroyd	11.44m
6	Kaitlyn Richardson	Holroyd	10.73m
7	Izabella Epati	Bankstown Sports	10.13m
8	Jemma Brooks	Bankstown Sports	5.98m
9	Angela Ibrahim	Bankstown Sports	4.58m

Girls U 13 - Javelin (400 Gm)

Name	Age Centre	Final	
1	Alyssa Marabello	Greystanes	14.13m
2	Alex Bowen	Greystanes	13.54m
3	Carley Parmaxidis	Bankstown Sports	12.81m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 14 - Javelin (400 Gm)**

Name	Age Centre	Final
1 Natasha Milakovic	Holroyd	25.20m
2 Brittany McNair	Bankstown Sports	24.86m
3 Clara Aiello	Holroyd	20.88m
4 April Sweeney	Holroyd	19.31m
5 Tayla Jobson	Girraween	18.82m
6 Catherine Young	Holroyd	15.53m
7 Mikaela Sen-Boyton	Holroyd	14.37m
8 Michayla Ozols	Girraween	13.32m
9 Olivia Ross	Holroyd	9.46m

Girls U 15 - Javelin (500 Gm)

Name	Age Centre	Final
1 Caitlin Thurlow	Girraween	34.24m
2 Aarani Paranthaman	Girraween	14.05m
3 Dana Sigmund	Holroyd	11.47m

Girls U 17 - Javelin (500 Gm)

Name	Age Centre	Final
1 Georgia Elliot-Watson	Holroyd	21.03m
2 Amber Stewart	Holroyd	14.22m
3 Jordan Sen-Perrottet	Holroyd	10.07m

Girls U 9 - 700 Metre Walk

Name	Age Centre	Final
Section 1		
1 Elana Topalidis	Bankstown Sports	4:46.11
2 Selena Saitannis	Bankstown Sports	4:47.72
3 Harini Paranthaman	Girraween	4:50.42
4 Charlotte Smith	Bankstown Sports	5:04.84
5 Angelize Estil	Girraween	5:09.09
6 Kara Bradley	Bankstown Sports	5:09.29
7 Kayla Alfred	Girraween	5:18.87

Girls U 10 - 1100 Metre Walk

Name	Age Centre	Final
1 Amani Adra	Bankstown Sports	7:50.06
2 Lily-Jean McNair	Bankstown Sports	8:03.40
-- Vanessa Fox	Bankstown Sports	DQ

Girls U 11 - 1100 Metre Walk

Name	Age Centre	Final
1 Lauren Tisdale	Girraween	6:13.80
2 Sophia Dagher	Bankstown Sports	7:29.90
3 Dakota Bennett-Ward	Bankstown Sports	7:33.79
4 Ranita Tekaha	Bankstown Sports	7:54.39
-- Natasha Ozols	Girraween	DQ

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Girls U 12 - 1500 Metre Walk**

Name	Age Centre	Final
1 Carley Drury	Bankstown Sports	10:47.24
2 Jemma Brooks	Bankstown Sports	10:49.96
3 Demi Forrester	Bankstown Sports	11:06.89
-- Tania Cartagena	Cabra Vale/Fair	DQ
-- Brooke Moody	Holroyd	DQ

Girls U 13 - 1500 Metre Walk

Name	Age Centre	Final
1 Teegan Pengilley	Bankstown Sports	8:59.75
2 Vithuya Uruthiran	Girraween	10:07.88
3 Holly Glynn	Bankstown Sports	11:00.09
4 Lavarna Reid	Bankstown Sports	12:27.79

Girls U 14 - 1500 Metre Walk

Name	Age Centre	Final
1 Catherine Young	Holroyd	9:29.50
2 Vithya Uruthiran	Girraween	10:57.63
3 Michayla Ozols	Girraween	12:04.52

Girls U 15 - 1500 Metre Walk

Name	Age Centre	Final
1 Shanae Norton	Bankstown Sports	7:55.18

Girls U 17 - 1500 Metre Walk

Name	Age Centre	Final
1 Rhiannon Minett	Bankstown Sports	8:19.68
2 Ashley Harris	Girraween	10:04.70

Boys U 7 - 50 Metre Sprint

Name	Age Centre	Final
1 Teancam Epati	Bankstown Sports	10.01
2 Liam Hamilton	Girraween	10.34
3 Wilstar Isaaka	Holroyd	10.46
4 Jacob Dandachli	Bankstown Sports	10.65
5 Joshua Smith	Bankstown Sports	11.07
6 Jack Shlimon	Cabra Vale/Fair	11.18
7 Harrison Glover	Girraween	12.64
8 Brock Hodson	Holroyd	24.18

Boys U 7 - 70 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Jordan White	Bankstown Sports	13.20Q
2 Joshua Dandachli	Bankstown Sports	13.23Q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 7 - 70 Metre Sprint**

3 James Fama	Bankstown Sports	14.99Q
4 Jackson Laybutt	Holroyd	17.76q
5 Wilstar Isaaka	Holroyd	19.66q

Heat 2 Heats

1 Alexander Photi	Bankstown Sports	12.72Q
2 Adrian Lim	Greystanes	12.74Q
3 Zachary Benci	Cabra Vale/Fair	12.99Q

Boys U 7 - 70 Metre Sprint

Name	Age Centre	Final
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Section 1 Final

1 Alexander Photi	Bankstown Sports	12.70
2 Adrian Lim	Greystanes	12.91
3 Jordan White	Bankstown Sports	13.39
4 Zachary Benci	Cabra Vale/Fair	13.41
5 Joshua Dandachli	Bankstown Sports	13.42
6 Wilstar Isaaka	Holroyd	14.26
7 James Fama	Bankstown Sports	15.00
8 Jackson Laybutt	Holroyd	16.92

Boys U 8 - 70 Metre Sprint

Name	Age Centre	Heats
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Heat 1 Heats

1 Rashid Kabba	Holroyd	11.33Q
2 Juan Gobbi	Bankstown Sports	11.75Q
3 Jonathon Gnanaseelan	Girraween	12.00Q
4 Joeli Tailai	Bankstown Sports	13.38q
5 Justin Bradley	Bankstown Sports	14.69

Heat 2 Heats

1 Enryko Vainuupo	Holroyd	12.27Q
2 Chris Kougiou	Holroyd	12.47Q
3 Jaxon Dowler	Everley Park	12.58Q
4 Kajanan Srisivaeaswaran	Girraween	12.83q

Boys U 8 - 70 Metre Sprint

Name	Age Centre	Final
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Section 1 Final

1 Rashid Kabba	Holroyd	11.34
2 Juan Gobbi	Bankstown Sports	11.91
3 Jonathon Gnanaseelan	Girraween	12.09
4 Enryko Vainuupo	Holroyd	12.32
5 Chris Kougiou	Holroyd	12.57
6 Jaxon Dowler	Everley Park	12.69
7 Kajanan Srisivaeaswaran	Girraween	13.07

Boys U 9 - 70 Metre Sprint

Name	Age Centre	Final
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Section 1

1 Charlie Abou-Touma	Greystanes	11.17
2 Abdullah Ghoneim	Bankstown Sports	11.54

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 9 - 70 Metre Sprint**

3	Jayden Fama	Bankstown Sports	11.65
4	Joshua Iofrida	Bankstown Sports	11.77
5	Jordan Heckenberg	Bankstown Sports	11.91
6	Javahn King	Cabra Vale/Fair	12.48
7	Johnathan Glover	Girraween	13.55

Boys U 10 - 70 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1	Brayden Ottmann	Bankstown Sports 10.39Q
2	Anthony Mbonu	Greystanes 10.51Q
3	Ryan Malvicino	Holroyd 10.71Q
4	Pauliasi Amone	Bankstown Sports 11.42q
5	Hayden Olley	Greystanes 13.26q
6	Dylan Ibrahim	Cabra Vale/Fair 13.47
Heat 2 Heats		
1	Daniel Walsh	Bankstown Sports 10.36Q
2	Jesse Photi	Bankstown Sports 10.54Q
3	Antonio Abou-Touma	Greystanes 11.60Q

Boys U 10 - 70 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Jesse Photi	Bankstown Sports 10.13
2	Daniel Walsh	Bankstown Sports 10.23
3	Brayden Ottmann	Bankstown Sports 10.30
4	Anthony Mbonu	Greystanes 10.41
5	Ryan Malvicino	Holroyd 10.68
6	Pauliasi Amone	Bankstown Sports 11.07
7	Antonio Abou-Touma	Greystanes 11.81
8	Hayden Olley	Greystanes 13.36

Boys U 7 - 100 Metre Sprint

Name	Age Centre	Final
Section 1		
1	Teancam Epati	Bankstown Sports 19.25
2	Jordan White	Bankstown Sports 19.45
3	Liam Hamilton	Girraween 19.46
4	Joshua Smith	Bankstown Sports 20.28
5	Johnathan Saitannis	Bankstown Sports 20.39
6	Charlie Caruana	Holroyd 21.56
7	Jack Shlimon	Cabra Vale/Fair 21.65

Boys U 8 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1	Chris Alaelua	Bankstown Sports 17.04Q
2	Juan Gobbi	Bankstown Sports 17.18Q
3	Tiniraunetafa Tofaeono	Cabra Vale/Fair 17.48Q
4	Harrison Hudson	Greystanes 17.53q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 8 - 100 Metre Sprint**

5	Chris Kougiouss	Holroyd	17.96q
6	Dejan Karora	Bankstown Sports	18.47
Heat 2 Heats			
1	Rashid Kabba	Holroyd	16.48Q
2	Enryko Vainuupo	Holroyd	17.59Q
3	Jonathon Gnanaseelan	Girraween	18.10Q
4	Jaxon Dowler	Everley Park	18.59
5	Joeli Tailai	Bankstown Sports	18.62
6	Aaradhya Amit Tere	Greystanes	20.09

Boys U 8 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Rashid Kabba	Holroyd 15.97
2	Chris Alaelua	Bankstown Sports 16.95
3	Juan Gobbi	Bankstown Sports 16.97
4	Enryko Vainuupo	Holroyd 17.13
5	Jonathon Gnanaseelan	Girraween 17.15
6	Harrison Hudson	Greystanes 17.61
7	Tiniraunetafa Tofaeono	Cabra Vale/Fair 17.89
8	Chris Kougiouss	Holroyd 17.94

Boys U 9 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1	Samuel Barry	Bankstown Sports 15.86Q
2	Charlie Abou-Touma	Greystanes 15.99Q
3	Nathaniel Tuisuga	Cabra Vale/Fair 16.26Q
4	Abdullah Ghoneim	Bankstown Sports 16.45q
5	George Bassil	Holroyd 16.52q
Heat 2 Heats		
1	Luke Maroun	Greystanes 15.91Q
2	Mac Winchester	Bankstown Sports 16.51Q
3	Jonah Erofeeff	Greystanes 16.53Q
4	Esli Jude	Girraween 17.86q
5	Luke Tomah	Greystanes 18.13
6	Ayden Harris	Girraween 19.37

Boys U 9 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1	Samuel Barry	Bankstown Sports 15.88
1	Luke Maroun	Greystanes 15.88
3	Charlie Abou-Touma	Greystanes 16.32
4	Abdullah Ghoneim	Bankstown Sports 16.42
5	George Bassil	Holroyd 16.52
6	Jonah Erofeeff	Greystanes 16.74
7	Mac Winchester	Bankstown Sports 16.79
8	Esli Jude	Girraween 18.45

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 10 - 100 Metre Sprint**

Name	Age Centre	Heats
Heat 1 Heats		
1 Brayden Ottmann	Bankstown Sports	15.00Q
2 Anthony Mbonu	Greystanes	15.06Q
3 Ryan Malvicino	Holroyd	15.52Q
4 Leandro Tujeao	Greystanes	16.56q
Heat 2 Heats		
1 Daniel Walsh	Bankstown Sports	14.65Q
2 Jesse Photi	Bankstown Sports	14.69Q
3 Damian Marabello	Greystanes	15.59Q
4 Pauliasi Amone	Bankstown Sports	16.11q
5 Layton Shlimon	Cabra Vale/Fair	17.36
6 Luke Alderton	Girraween	17.48

Boys U 10 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Jesse Photi	Bankstown Sports	14.59
2 Daniel Walsh	Bankstown Sports	14.62
3 Brayden Ottmann	Bankstown Sports	14.63
4 Anthony Mbonu	Greystanes	14.68
5 Ryan Malvicino	Holroyd	15.38
6 Pauliasi Amone	Bankstown Sports	16.03

Boys U 11 - 100 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Calvin Epati	Bankstown Sports	14.62
2 Max Mansour	Holroyd	14.79
3 Luke Erofeeff	Greystanes	15.53
4 Jesse Vine-Ah Kau	Bankstown Sports	15.54
5 Jordan Ellis	Bankstown Sports	15.65
6 Elijah Barry	Bankstown Sports	15.80
7 Xavier King	Cabra Vale/Fair	17.62

Boys U 12 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Cooper Ollerenshaw	Holroyd	14.31Q
2 Joshua Taliai	Bankstown Sports	14.44Q
3 Cameron Hill	Bankstown Sports	15.30Q
4 Senthuran Sundarakumar	Girraween	17.74
Heat 2 Heats		
1 Christopher Abounader	Bankstown Sports	14.20Q
2 Nicholas Liaris	Bankstown Sports	15.09Q
3 Malik Abouhalka	Holroyd	15.34Q
4 James Maroun	Greystanes	15.40q
5 Anish Bheemreddy	Girraween	17.38q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 12 - 100 Metre Sprint**

Name	Age Centre	Final
Section 1 Final		
1 Christopher Abounader	Bankstown Sports	14.06
2 Cooper Ollerenshaw	Holroyd	14.07
3 Joshua Taliai	Bankstown Sports	14.43
4 Nicholas Liaris	Bankstown Sports	15.05
5 Cameron Hill	Bankstown Sports	15.14
6 James Maroun	Greystanes	15.70

Boys U 13 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Alec Coterill	Bankstown Sports	14.12Q
2 Calyp Nguyen	Bankstown Sports	14.19Q
3 Vazohn Fitzgerald	Holroyd	14.65Q
4 Trey Barton	Girraween	14.70q
5 Sarsha Cooper	Holroyd	15.95
Heat 2 Heats		
1 Jordan Williams	Holroyd	13.50Q
2 Jason Wong	Girraween	13.56Q
3 Daniel Ibrahim	Cabra Vale/Fair	14.63Q
4 Anthony Ibrahim	Bankstown Sports	14.87q
5 Joshua Hey	Greystanes	15.26

Boys U 13 - 100 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Jordan Williams	Holroyd	13.47
2 Jason Wong	Girraween	13.77
3 Calyp Nguyen	Bankstown Sports	14.32
4 Daniel Ibrahim	Cabra Vale/Fair	14.45
5 Anthony Ibrahim	Bankstown Sports	14.86
6 Trey Barton	Girraween	15.04
7 Vazohn Fitzgerald	Holroyd	15.59

Boys U 14 - 100 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Adam Gohari	Holroyd	12.66
2 Vignesh Mistry	Holroyd	13.18
3 Kane Bradley	Bankstown Sports	14.71
3 Brian Chan	Bankstown Sports	14.71
5 Justin Nguyen	Cabra Vale/Fair	14.99

Boys U 15 - 100 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Youssef Ali	Bankstown Sports	12.38Q
2 Josh Bakhos	Greystanes	12.56Q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 15 - 100 Metre Sprint**

3	Gregory Kavadas	Holroyd	12.74Q
4	Justin Dela Cruz	Bankstown Sports	13.42
5	Adam Doumit	Holroyd	13.58
6	Habtemariam Musgumi	Bankstown Sports	13.94

Heat 2 Heats

1	Nana Bobby	Holroyd	12.51Q
2	Alec Nguyen	Bankstown Sports	12.77Q
3	Ethan Ward	Bankstown Sports	12.81Q
4	James Mizzi	Greystanes	12.83q
5	Jefferson Vo	Bankstown Sports	12.97q
6	Christopher Harris	Holroyd	13.05
7	Sean Sandilant	Bankstown Sports	13.30

Boys U 15 - 100 Metre Sprint

Name	Age	Centre	Final
Section 1 Final			
1	Nana Bobby	Holroyd	12.04
2	Alec Nguyen	Bankstown Sports	12.35
3	Youssef Ali	Bankstown Sports	12.40
3	Josh Bakhos	Greystanes	12.40
5	James Mizzi	Greystanes	12.86
6	Ethan Ward	Bankstown Sports	13.11

Boys U 17 - 100 Metre Sprint

Name	Age	Centre	Final
Section 1			
1	Hadi Youssef	Bankstown Sports	11.63
1	Sebastian Acosta-Vazquez	Bankstown Sports	11.63
3	Luke Mansour	Holroyd	12.24
4	Gerard Wheatley	Bankstown Sports	12.45
5	Tony Taouk	Bankstown Sports	12.60
6	Esvara Kumar	Bankstown Sports	12.72
7	Luke Parmaxidis	Bankstown Sports	13.01

Boys U 7 - 200 Metre Sprint

Name	Age	Centre	Final
1	Na'oa'ehanisi Tofaeono	Cabra Vale/Fair	38.49
2	Zachary Benci	Cabra Vale/Fair	38.75
3	Joshua Dandachli	Bankstown Sports	41.45
4	Jacob Dandachli	Bankstown Sports	42.38
5	Johnathan Saitannis	Bankstown Sports	43.50
6	Charlie Caruana	Holroyd	44.31
7	Harrison Napper	Holroyd	45.70
8	Liam Armstrong	Bankstown Sports	48.18

Boys U 8 - 200 Metre Sprint

Name	Age	Centre	Final
1	Rashid Kabba	Holroyd	33.21
2	Daniel Sheehan	Holroyd	34.73
3	Chris Alaelua	Bankstown Sports	35.35

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 8 - 200 Metre Sprint**

4	Liam Walsh	Bankstown Sports	35.50
5	Harrison Hudson	Greystanes	35.96
6	Juan Gobbi	Bankstown Sports	36.33
7	Enryko Vainuupo	Holroyd	37.24
8	Harrison Holmes	Bankstown Sports	41.85

Boys U 9 - 200 Metre Sprint

Name	Age Centre	Final	
1	Luke Maroun	Greystanes	31.40
2	Samuel Barry	Bankstown Sports	31.48
3	Ibrahim Kononamvi	Bankstown Sports	32.77
4	Liam Taylor	Bankstown Sports	33.66
5	Christian Moussa	Holroyd	34.30
6	Jordan Heckenberg	Bankstown Sports	34.99
7	Nikolas Grech	Girraween	42.29

Boys U 10 - 200 Metre Sprint

Name	Age Centre	Heats	
Heat 1 Heats			
1	James Apostolakis	Bankstown Sports	30.53Q
2	Damian Marabello	Greystanes	31.08Q
3	Indiana Rice	Bankstown Sports	34.97Q
4	Luke Alderton	Girraween	35.80
Heat 2 Heats			
1	Ryan Malvicino	Holroyd	31.68Q
2	Jesse Photi	Bankstown Sports	32.13Q
3	Leandro Tujeao	Greystanes	32.72Q
4	Matthew Shannon	Bankstown Sports	34.78q
5	Layton Shlimon	Cabra Vale/Fair	35.07q

Boys U 10 - 200 Metre Sprint

Name	Age Centre	Final	
Section 1 Final			
1	James Apostolakis	Bankstown Sports	29.92
2	Jesse Photi	Bankstown Sports	30.36
3	Damian Marabello	Greystanes	30.76
4	Ryan Malvicino	Holroyd	31.37
5	Leandro Tujeao	Greystanes	33.85
6	Matthew Shannon	Bankstown Sports	35.72
7	Layton Shlimon	Cabra Vale/Fair	36.02
8	Indiana Rice	Bankstown Sports	36.22

Boys U 11 - 200 Metre Sprint

Name	Age Centre	Final	
Section 1			
1	Benjamin Ross	Bankstown Sports	30.39
2	Max Mansour	Holroyd	30.42
3	Jesse Vine-Ah Kau	Bankstown Sports	31.28
4	Zachary Bent	Bankstown Sports	32.22
5	Jake Farrugia	Greystanes	32.97

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 11 - 200 Metre Sprint**

6	Elijah Barry	Bankstown Sports	34.22
7	Xavier King	Cabra Vale/Fair	39.87

Boys U 12 - 200 Metre Sprint

Name	Age Centre	Final
1 Christopher Abounader	Bankstown Sports	28.47
2 Cooper Ollerenshaw	Holroyd	29.09
3 Joshua Taliai	Bankstown Sports	29.16
4 Jonty Tekaha	Bankstown Sports	31.74
5 Richard Aouf	Bankstown Sports	31.86
6 James Maroun	Greystanes	32.92
7 Travis Malvicino	Holroyd	34.95

Boys U 13 - 200 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Alec Coterill	Bankstown Sports	28.42Q
2 Anthony Ibrahim	Bankstown Sports	30.34Q
3 John Shannon	Bankstown Sports	31.13Q
4 Sarsha Cooper	Holroyd	32.36
Heat 2 Heats		
1 Brad McGrath	Holroyd	25.85Q
2 Jordan Williams	Holroyd	26.54Q
3 Andrew Shannon	Bankstown Sports	29.35Q
4 Vazohn Fitzgerald	Holroyd	29.48q
5 Trey Barton	Girraween	32.24q

Boys U 13 - 200 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Brad McGrath	Holroyd	26.10
2 Jordan Williams	Holroyd	26.14
3 Alec Coterill	Bankstown Sports	27.78
4 Andrew Shannon	Bankstown Sports	28.92
5 John Shannon	Bankstown Sports	29.73
6 Anthony Ibrahim	Bankstown Sports	30.18

Boys U 14 - 200 Metre Sprint

Name	Age Centre	Final
Section 1		
1 Vignesh Mistry	Holroyd	26.79
2 Dylan Nagle	Girraween	27.66
3 Adam Gohari	Holroyd	29.38

Boys U 15 - 200 Metre Sprint

Name	Age Centre	Final
1 Nana Bobby	Holroyd	24.05
2 Alec Nguyen	Bankstown Sports	24.65

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 15 - 200 Metre Sprint**

3	Thomas Norton	Girraween	24.89
4	Youssef Ali	Bankstown Sports	24.99
5	James Mizzi	Greystanes	25.24
6	Christopher Harris	Holroyd	25.51
7	Adam Doumit	Holroyd	27.36

Boys U 17 - 200 Metre Sprint

Name	Age Centre	Final
1 Sebastian Acosta-Vazquez	Bankstown Sports	23.18
2 Hadi Youssef	Bankstown Sports	23.24
3 Dylan Webb	Holroyd	23.84
4 Luke Mansour	Holroyd	24.19
5 Gerard Wheatley	Bankstown Sports	24.81
6 Tony Taouk	Bankstown Sports	25.11

Boys U 8 - 400 Metre Sprint

Name	Age Centre	Final
1 Daniel Sheehan	Holroyd	1:21.41
2 Liam Walsh	Bankstown Sports	1:24.29
3 Kajanan Srisivaeaswaran	Girraween	1:30.26
4 Hayden Heckenberg	Bankstown Sports	1:32.87
5 Ben Moloney	Bankstown Sports	1:34.52
6 Matthew Nader	Greystanes	1:34.93

Boys U 9 - 400 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Luke Maroun	Greystanes	1:18.47Q
2 Liam Taylor	Bankstown Sports	1:20.75Q
3 Jordan Heckenberg	Bankstown Sports	1:21.98Q
4 Julian Titako	Girraween	1:22.96q
5 Maverick Sorojovic	Bankstown Sports	1:24.54q
6 Johnathan Glover	Girraween	1:40.77
Heat 2 Heats		
1 Christian Moussa	Holroyd	1:18.17Q
2 Ibrahim Kononamvi	Bankstown Sports	1:18.88Q
3 Nathaniel Tuisuga	Cabra Vale/Fair	1:19.79Q
4 Nikolas Grech	Girraween	1:42.63

Boys U 9 - 400 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Luke Maroun	Greystanes	1:15.05
2 Ibrahim Kononamvi	Bankstown Sports	1:15.29
3 Christian Moussa	Holroyd	1:18.01
4 Liam Taylor	Bankstown Sports	1:18.31
5 Jordan Heckenberg	Bankstown Sports	1:20.91
6 Nathaniel Tuisuga	Cabra Vale/Fair	1:24.42
7 Julian Titako	Girraween	1:26.66
8 Maverick Sorojovic	Bankstown Sports	1:27.36

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 10 - 400 Metre Sprint**

Name	Age Centre	Final
Section 1		
1 James Apostolakis	Bankstown Sports	1:08.00
2 Damian Marabello	Greystanes	1:11.38
3 Daniel Walsh	Bankstown Sports	1:12.39
4 Jakob Masters	Bankstown Sports	1:18.58
5 Matthew Elaknouch	Holroyd	1:20.17
6 Matthew Shannon	Bankstown Sports	1:20.28
7 Layton Shlimon	Cabra Vale/Fair	1:24.92
8 Liam Hiley	Holroyd	1:34.75

Boys U 11 - 400 Metre Sprint

Name	Age Centre	Final
1 Benjamin Ross	Bankstown Sports	1:07.92
2 Christian Ghilardi	Bankstown Sports	1:15.34
3 Nicholas Ghilardi	Bankstown Sports	1:18.61
4 Elijah Barry	Bankstown Sports	1:25.84

Boys U 12 - 400 Metre Sprint

Name	Age Centre	Final
1 Christopher Abounader	Bankstown Sports	1:07.04
2 Daniel Trinder	Bankstown Sports	1:08.88
3 Richard Aouf	Bankstown Sports	1:12.34
4 Connor Fowler	Greystanes	1:12.59
5 Malik Abouhalka	Holroyd	1:13.73
6 James Maroun	Greystanes	1:18.40

Boys U 13 - 400 Metre Sprint

Name	Age Centre	Heats
Heat 1 Heats		
1 Brad McGrath	Holroyd	59.76Q
2 Alec Coterill	Bankstown Sports	1:03.43Q
3 Andrew Shannon	Bankstown Sports	1:03.60Q
4 Kyle Laybutt	Holroyd	1:06.01q
Heat 2 Heats		
1 Vazohn Fitzgerald	Holroyd	1:04.76Q
2 Jason Wong	Girraween	1:06.75Q
3 John Shannon	Bankstown Sports	1:06.91Q
4 Jordan Hughes	Bankstown Sports	1:07.22q
5 David Goh	Bankstown Sports	1:12.75

Boys U 13 - 400 Metre Sprint

Name	Age Centre	Final
Section 1 Final		
1 Brad McGrath	Holroyd	57.83
2 Alec Coterill	Bankstown Sports	1:02.05
3 Kyle Laybutt	Holroyd	1:03.74
4 Vazohn Fitzgerald	Holroyd	1:05.50
5 Andrew Shannon	Bankstown Sports	1:06.32

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 13 - 400 Metre Sprint**

6 John Shannon	Bankstown Sports	1:09.03
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Boys U 14 - 400 Metre Sprint

Name	Age Centre	Final
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Section 1

1 Vignesh Mistry	Holroyd	1:07.45
2 Kane Bradley	Bankstown Sports	1:08.43
3 Adam Gohari	Holroyd	1:11.40
4 Anthony Elaknouch	Holroyd	2:07.02

Boys U 15 - 400 Metre Sprint

Name	Age Centre	Final
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1 Gregory Kavadas	Holroyd	53.63
2 Nana Bobby	Holroyd	54.14
3 Alex Hudson	Greystanes	56.72
4 Christopher Harris	Holroyd	57.38
5 Griffin Lotts	Girraween	59.49
6 Habtemariam Musgumi	Bankstown Sports	1:00.41
7 Jefferson Vo	Bankstown Sports	1:00.68
8 Justin Tinker	Greystanes	1:00.82

Boys U 17 - 400 Metre Sprint

Name	Age Centre	Final
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1 Dylan Webb	Holroyd	53.30
2 Luke Mansour	Holroyd	54.86
3 Gerard Wheatley	Bankstown Sports	55.48
4 Bradley Jones	Bankstown Sports	57.53
5 Bailey Woodward	Bankstown Sports	59.65

Boys U 9 - 800 Metre Run

Name	Age Centre	Final
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1 Mac Winchester	Bankstown Sports	2:50.08
2 Luke Maroun	Greystanes	2:52.23
3 George Bassil	Holroyd	3:02.65
4 Patrick Benci	Cabra Vale/Fair	3:07.59
5 Joshua Iofrida	Bankstown Sports	3:35.65
6 Isaac Silva	Cabra Vale/Fair	3:39.30
7 Nikolas Grech	Girraween	3:52.22
-- Maverick Sorojovic	Bankstown Sports	DQ
-- Jayden Fama	Bankstown Sports	DQ

Boys U 10 - 800 Metre Run

Name	Age Centre	Final
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1 Thomas Hamilton	Bankstown Sports	2:53.15
2 Matthew Elaknouch	Holroyd	2:59.80
3 Jakob Masters	Bankstown Sports	3:02.58
4 Matthew Shannon	Bankstown Sports	3:05.37
5 Layton Shlimon	Cabra Vale/Fair	3:20.06

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 10 - 800 Metre Run**

6 Liam Hiley	Holroyd	3:40.79
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Boys U 11 - 800 Metre Run

Name	Age Centre	Final
1 Harry Parker	Bankstown Sports	2:32.80
2 Elliot Flucker	Holroyd	2:39.95
3 Praneesh Chand	Bankstown Sports	2:43.43
4 James Markulin	Holroyd	2:46.80
5 Jake Farrugia	Greystanes	2:48.19
6 Christian Ghilardi	Bankstown Sports	2:49.67
7 Nicholas Ghilardi	Bankstown Sports	3:00.05
8 Marcus Cooper	Holroyd	3:06.45
9 Nickolas Grebic	Cabra Vale/Fair	3:07.17

Boys U 12 - 800 Metre Run

Name	Age Centre	Final
1 Daniel Trinder	Bankstown Sports	2:37.92
2 Mert Elveren	Holroyd	2:41.03
3 Connor Fowler	Greystanes	2:44.29
4 Cameron Hill	Bankstown Sports	2:54.39
5 Mason Bale	Greystanes	3:05.26
6 Jehad Aouf	Bankstown Sports	3:32.61

Boys U 13 - 800 Metre Run

Name	Age Centre	Final
1 Kyle Laybutt	Holroyd	2:32.66
2 Vazohn Fitzgerald	Holroyd	2:34.54
3 Daniel Cooper	Holroyd	2:38.66
4 Samuel Agius	Greystanes	2:39.47
5 Andrew Shannon	Bankstown Sports	2:46.23
6 David Goh	Bankstown Sports	2:50.01
7 John Shannon	Bankstown Sports	3:01.05

Boys U 14 - 800 Metre Run

Name	Age Centre	Final
1 Elijah Harris	Girraween	2:51.19

Boys U 15 - 800 Metre Run

Name	Age Centre	Final
1 Alex Hudson	Greystanes	2:13.28
2 Trent Glynn	Bankstown Sports	2:19.11

Boys U 17 - 800 Metre Run

Name	Age Centre	Final
1 Bradley Jones	Bankstown Sports	2:29.21

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 10 - 1500 Metre Run**

Name	Age Centre	Final
1 Joshua Huynh	Holroyd	5:49.08
2 Thomas Hamilton	Bankstown Sports	5:51.37
3 Matthew Elakcnouch	Holroyd	5:58.22
4 Kenshin Power	Bankstown Sports	6:00.36
5 Matthew Shannon	Bankstown Sports	6:17.19
6 Jakob Masters	Bankstown Sports	6:31.04
7 Liam Hiley	Holroyd	7:28.84

Boys U 11 - 1500 Metre Run

Name	Age Centre	Final
1 Harry Parker	Bankstown Sports	5:08.40
2 Elliot Flucker	Holroyd	5:26.05
3 Praneesh Chand	Bankstown Sports	5:31.05
4 James Markulin	Holroyd	5:53.00
5 Christian Ghilardi	Bankstown Sports	6:05.27
6 Nicholas Ghilardi	Bankstown Sports	6:10.30
7 Marcus Cooper	Holroyd	6:29.62

Boys U 12 - 1500 Metre Run

Name	Age Centre	Final
1 Daniel Trinder	Bankstown Sports	5:26.83
2 Nikil Redipali	Girraween	5:29.87
3 Mert Elveren	Holroyd	5:42.65
4 Lachlan Ellis	Bankstown Sports	6:04.25

Boys U 13 - 1500 Metre Run

Name	Age Centre	Final
1 Jordan Hughes	Bankstown Sports	5:37.10
2 Samuel Agius	Greystanes	5:38.10
3 David Goh	Bankstown Sports	5:46.50
4 Daniel Cooper	Holroyd	5:57.50

Boys U 14 - 1500 Metre Run

Name	Age Centre	Final
1 Benjamin Tisdale	Girraween	5:23.40
2 Anthony Elakcnouch	Holroyd	5:29.70
3 Elijah Harris	Girraween	5:32.80
4 Brent Beasley	Girraween	5:36.70
5 Hayden Duke	Bankstown Sports	5:47.60

Boys U 15 - 1500 Metre Run

Name	Age Centre	Final
1 Trent Glynn	Bankstown Sports	4:50.10
2 Alex Hudson	Greystanes	5:03.00
3 Vinzelett Vine	Bankstown Sports	5:20.35
4 Timothy Webb	Holroyd	5:39.90

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 17 - 1500 Metre Run**

Name	Age Centre	Final
1 Luke Jobson	Girraween	5:02.80
2 Cameron Gohari	Holroyd	5:32.50
3 Assad Ibrahim	Bankstown Sports	6:00.40

Boys U 13 - 3000 Metre Run

Name	Age Centre	Final
1 Jordan Hughes	Bankstown Sports	15:00.13
2 Samuel Agius	Greystanes	15:44.71
3 John Shannon	Bankstown Sports	16:59.10

Boys U 14 - 3000 Metre Run

Name	Age Centre	Final
1 Benjamin Tisdale	Girraween	11:40.68
2 Elijah Harris	Girraween	11:50.68
3 Anthony Elaknouch	Holroyd	12:18.30
4 Hayden Duke	Bankstown Sports	12:34.29
5 Ramzi Daizli	Bankstown Sports	14:44.92

Boys U 15 - 3000 Metre Run

Name	Age Centre	Final
1 Cory-Jnr Sharma-Constanc	Bankstown Sports	10:28.16
2 Vinzelett Vine	Bankstown Sports	11:38.67
3 Alex Hudson	Greystanes	14:05.43
4 Trent Glynn	Bankstown Sports	14:05.82

Boys U 17 - 3000 Metre Run

Name	Age Centre	Final
1 Luke Jobson	Girraween	10:54.59
2 Cameron Gohari	Holroyd	12:25.72
3 Assad Ibrahim	Bankstown Sports	15:22.22

Boys U 8 - 60 Metre Hurdles (45cm)

Name	Age Centre	Final
1 Rashid Kabba	Holroyd	12.00
2 Liam Walsh	Bankstown Sports	12.40
3 Chris Alaelua	Bankstown Sports	12.75
4 Juan Gobbi	Bankstown Sports	13.02
5 Dejan Karora	Bankstown Sports	13.45
6 Aaradhya Amit Tere	Greystanes	15.63

Boys U 9 - 60 Metre Hurdles (45cm)

Name	Age Centre	Heats
Heat 1 Heats		
1 Samuel Barry	Bankstown Sports	11.58Q

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

2	Ibrahim Kononamvi	Bankstown Sports	12.31Q
3	Nathaniel Tuisuga	Cabra Vale/Fair	12.49Q
4	Mohammed Kobeissi	Bankstown Sports	13.00q
5	Johnathan Glover	Girraween	14.13q

Heat 2 Heats

1	Rakshaaiyan Somasundaram	Girraween	11.32Q
2	Daniel Milosovic	Bankstown Sports	11.79Q
3	Christian Moussa	Holroyd	11.81Q
4	Nikolas Grech	Girraween	14.21

Boys U 9 - 60 Metre Hurdles (45cm)

Name	Age Centre	Final
Section 1 Final		
1	Samuel Barry	Bankstown Sports 10.94
2	Rakshaaiyan Somasundaram	Girraween 11.14
3	Daniel Milosovic	Bankstown Sports 11.46
4	Ibrahim Kononamvi	Bankstown Sports 11.49
5	Christian Moussa	Holroyd 11.62
6	Nathaniel Tuisuga	Cabra Vale/Fair 11.69
7	Johnathan Glover	Girraween 14.78

Boys U 10 - 60 Metre Hurdles (60cm)

Name	Age Centre	Heats
Heat 1 Heats		
1	Joshua Huynh	Holroyd 12.14Q
2	Christopher Atlagic	Greystanes 12.38Q
3	Ryan Malvicino	Holroyd 12.60Q
4	Malcolm Butt	Bankstown Sports 12.82q
5	Aathan Arunaharan	Girraween 13.66
6	Luke Alderton	Girraween 13.80
7	Thomas Everingham	Bankstown Sports 15.75
Heat 2 Heats		
1	Anthony Mbonu	Greystanes 11.25Q
2	Jawalter Vainuupo	Holroyd 12.70Q
3	Sarkis Elias	Holroyd 12.87Q
4	Jason Parmaxidis	Bankstown Sports 13.10q
5	Anthony Abounader	Bankstown Sports 13.58
6	Hayden Olley	Greystanes 13.63
7	Leandro Tujeao	Greystanes 14.16

Boys U 10 - 60 Metre Hurdles (60cm)

Name	Age Centre	Final
Section 1 Final		
1	Anthony Mbonu	Greystanes 10.90
2	Joshua Huynh	Holroyd 11.51
3	Christopher Atlagic	Greystanes 12.24
4	Ryan Malvicino	Holroyd 12.29
5	Malcolm Butt	Bankstown Sports 12.48
6	Sarkis Elias	Holroyd 12.64
7	Jason Parmaxidis	Bankstown Sports 12.68
8	Jawalter Vainuupo	Holroyd 13.77

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 11 - 60 Metre Hurdles (60cm)**

Name	Age Centre	Final
Section 1		
1 Kyle Weatherall	Bankstown Sports	10.72
2 Jack Milosovic	Bankstown Sports	10.76
3 Benjamin Ross	Bankstown Sports	11.07
4 Elliot Flucker	Holroyd	11.64
5 Paiaka Taitoko	Girraween	11.65
6 Zachary Bent	Bankstown Sports	11.68
7 Jarrod Beasley	Girraween	12.37
8 Harrison Frost	Girraween	13.58

Boys U 12 - 60 Metre Hurdles (68cm)

Name	Age Centre	Final
1 Joshua Taliaai	Bankstown Sports	11.10
2 Richard Aouf	Bankstown Sports	12.02
3 Korban Percival	Girraween	12.48
4 Anish Bheemreddy	Girraween	13.17
5 Jehad Aouf	Bankstown Sports	15.03

Boys U 13 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Brad McGrath	Holroyd	13.79
2 Jordan Williams	Holroyd	13.94
3 Calyp Nguyen	Bankstown Sports	14.46
4 Joshua Hey	Greystanes	17.65
5 Trey Barton	Girraween	18.19
6 Anthony Dalleh	Bankstown Sports	18.28
7 Anthony Ibrahim	Bankstown Sports	18.99

Boys U 14 - 90 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Kyle Ekstrom	Holroyd	14.14
2 Dylan Nagle	Girraween	14.71
3 Riley Butler	Bankstown Sports	15.16
4 Brian Chan	Bankstown Sports	16.61
5 Justin Nguyen	Cabra Vale/Fair	18.32
6 Dion Barton	Girraween	19.63
7 Malek Karare	Bankstown Sports	21.27

Boys U 15 - 100 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Griffin Lotts	Girraween	15.23
2 Youssef Ali	Bankstown Sports	15.62
3 David Chen	Bankstown Sports	15.85
4 James Mizzi	Greystanes	16.35
5 Adam Doumit	Holroyd	16.98

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 17 - 110 Metre Hurdles (76cm)**

Name	Age Centre	Final
1 Sebastian Acosta-Vazquez	Bankstown Sports	15.82
2 Bailey Woodward	Bankstown Sports	15.92
3 Esvara Kumar	Bankstown Sports	16.90
4 Bradley Jones	Bankstown Sports	17.02
5 Shadi Bahlawan	Bankstown Sports	17.68

Boys U 13 - 200 Metre Hurdles (68cm)

Name	Age Centre	Final
1 Andrew Shannon	Bankstown Sports	31.03
2 Alec Coterill	Bankstown Sports	32.06
3 Jason Wong	Girraween	32.67
4 John Shannon	Bankstown Sports	34.18
5 Sarsha Cooper	Holroyd	35.44
6 Anthony Ibrahim	Bankstown Sports	36.39

Boys U 14 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Vignesh Mistry	Holroyd	29.49
2 Dylan Nagle	Girraween	30.24
3 Adam Gohari	Holroyd	30.70
4 Riley Butler	Bankstown Sports	31.95
5 Brian Chan	Bankstown Sports	33.56
6 Kodie Ninness	Greystanes	34.60
7 Hayden Duke	Bankstown Sports	35.37
8 Malek Karare	Bankstown Sports	39.54

Boys U 15 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Justin Tinker	Greystanes	28.08
2 James Mizzi	Greystanes	28.13
3 Sammy Moussa	Bankstown Sports	29.86
4 Timothy Webb	Holroyd	29.95
5 Adam Doumit	Holroyd	30.78

Boys U 17 - 200 Metre Hurdles (76cm)

Name	Age Centre	Final
1 Bailey Woodward	Bankstown Sports	26.64
2 Luke Jobson	Girraween	27.18
3 Esvara Kumar	Bankstown Sports	28.56
4 Bradley Jones	Bankstown Sports	28.84
5 Luke Parmaxidis	Bankstown Sports	35.17

Boys U 7 - 500 Metre Pack Start

Name	Age Centre	Final
1 Joshua Dandachli	Bankstown Sports	1:57.30
2 Charlie Caruana	Holroyd	2:03.30

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 7 - 500 Metre Pack Start**

3	Liam Hamilton	Girraween	2:06.40
4	Jordan White	Bankstown Sports	2:09.00
5	Johnathan Saitannis	Bankstown Sports	2:09.20
6	Liam Armstrong	Bankstown Sports	2:11.90
7	Harrison Napper	Holroyd	2:26.70
8	Jackson Laybutt	Holroyd	2:34.40

Boys U 8 - 700 Metre Pack Start

Name	Age	Centre	Final
1	Daniel Sheehan	Holroyd	2:31.57
2	Liam Walsh	Bankstown Sports	2:37.67
3	Chris Kougiouis	Holroyd	2:51.78
4	Ben Moloney	Bankstown Sports	2:55.05
5	Hayden Heckenberg	Bankstown Sports	3:01.27
6	Harrison Holmes	Bankstown Sports	3:01.51

Boys U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
1 Bankstown Sports	56.66
1) Samuel Barry 9	2) Jesse Photi 10
3) Benjamin Ross 11	4) Christopher Abounader 12
2 Holroyd	58.75
1) Christian Moussa 9	2) Cooper Ollerenshaw 12
3) Ryan Malvicino 10	4) Max Mansour 11
3 Greystanes	1:00.92
1) Damian Marabello 10	2) Luke Maroun 9
3) James Maroun 12	4) Luke Erofeyeff 11

Boys U 13-17 4x100 Metre Relay (Snr)

Centre	Final
1 Holroyd	47.45
1) Jordan Williams 13	2) Nana Bobby 15
3) Adam Gohari 14	4) Dylan Webb 17
2 Bankstown Sports	49.90
1) Alec Coterill 13	2) Brian Chan 14
3) Youssef Ali 15	4) Sebastian Acosta-Vazquez 17
3 Girraween	50.71
1) Dylan Nagle 14	2) Thomas Norton 15
3) Trey Barton 13	4) Luke Jobson 17

Boys U 9 - High Jump (S/H 0.85m)

Name	Age	Centre	Final
Flight 1			
1	Jonah Erofeyeff	Greystanes	1.15m
2	Javahn King	Cabra Vale/Fair	1.07m
3	Julian Titako	Girraween	1.01m
4	Joshua Iofrida	Bankstown Sports	1.01m
5	Mac Winchester	Bankstown Sports	1.01m
6	Esli Jude	Girraween	0.95m
7	Johnathan Glover	Girraween	0.90m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 9 - High Jump (S/H 0.85m)**

7 Nathaniel Tuisuga Cabra Vale/Fair 0.90m

Boys U 10 - High Jump (S/H 0.95m)

Name	Age Centre	Final
1 Brayden Ottmann	Bankstown Sports	1.20m
2 Joshua Huynh	Holroyd	1.14m
3 Daniel Walsh	Bankstown Sports	1.10m
4 Anthony Mbonu	Greystanes	1.05m
5 Christopher Atlagic	Greystanes	1.00m
5 Antonio Abou-Touma	Greystanes	1.00m
7 Luke Alderton	Girraween	1.00m
-- Anthony Abounader	Bankstown Sports	NH

Boys U 11 - High Jump (S/H 1.05m)

Name	Age Centre	Final
1 Jack Milosovic	Bankstown Sports	1.30m
2 Luke Erofeeff	Greystanes	1.24m
3 Paiaka Taitoko	Girraween	1.24m
4 Nicholas Ghilardi	Bankstown Sports	1.22m
5 Praneesh Chand	Bankstown Sports	1.20m
6 Jesse Agwencha	Greystanes	1.15m
7 Xavier King	Cabra Vale/Fair	1.15m
8 Elliot Flucker	Holroyd	1.10m
8 Zachary Bent	Bankstown Sports	1.10m
10 Marcus Cooper	Holroyd	1.05m

Boys U 12 - High Jump (S/H 1.15m)

Name	Age Centre	Final
1 Cameron Hill	Bankstown Sports	1.32m
2 Korban Percival	Girraween	1.25m
3 Mason Bale	Greystanes	1.20m
4 Richard Aouf	Bankstown Sports	1.20m
5 Malik Abouhalka	Holroyd	1.15m
5 Nicholas Liaris	Bankstown Sports	1.15m
-- Anish Bheemreddy	Girraween	NH
-- Lachlan Ellis	Bankstown Sports	NH

Boys U 13 - High Jump (S/H 1.20m)

Name	Age Centre	Final
1 Cameron Walsh	Bankstown Sports	1.40m
2 Jordan Williams	Holroyd	1.40m
3 Brad McGrath	Holroyd	1.30m
4 Anthony Dalleh	Bankstown Sports	1.30m
5 Will Hudson	Greystanes	1.25m
6 Trey Barton	Girraween	1.25m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 14 - High Jump (S/H 1.25m)**

Name	Age Centre	Final
1 Dylan Nagle	Girraween	1.51m
2 Kodie Ninness	Greystanes	1.51m
3 Amin Taylor	Girraween	1.49m
4 Riley Butler	Bankstown Sports	1.47m
5 Brian Chan	Bankstown Sports	1.41m
6 Dion Barton	Girraween	1.30m

Boys U 15 - High Jump (S/H 1.25m)

Name	Age Centre	Final
1 Timothy Webb	Holroyd	1.61m
2 David Chen	Bankstown Sports	1.55m
3 Trent Glynn	Bankstown Sports	1.51m
4 Griffin Lotts	Girraween	1.43m
5 Thomas Harrington	Cabra Vale/Fair	1.35m

Boys U 17 - High Jump (S/H 1.30m)

Name	Age Centre	Final
1 Shadi Bahlwan	Bankstown Sports	1.73m
2 Sebastian Acosta-Vazquez	Bankstown Sports	1.70m
3 Dylan Webb	Holroyd	1.65m
4 Lachlan Beasley	Girraween	1.65m

Boys U 7 - Long Jump

Name	Age Centre	Final
1 Alexander Photi	Bankstown Sports	2.83m
2 Adrian Lim	Greystanes	2.80m
3 Wilstar Isaaka	Holroyd	2.71m
4 Na'oi'a'ehanisi Tofaeono	Cabra Vale/Fair	2.66m
5 Zachary Benci	Cabra Vale/Fair	2.63m
6 Liam Armstrong	Bankstown Sports	2.58m
7 Jordan White	Bankstown Sports	2.49m
8 Charlie Caruana	Holroyd	2.22m
9 Joshua Smith	Bankstown Sports	2.19m
10 Harrison Napper	Holroyd	2.02m
11 Harrison Glover	Girraween	1.98m
12 Jack Shlimon	Cabra Vale/Fair	1.79m

Boys U 8 - Long Jump

Name	Age Centre	Final
1 Jonathon Gnanaseelan	Girraween	3.22m
2 Chris Kougiou	Holroyd	3.06m
3 Kajanan Srisivaeaswaran	Girraween	2.92m
4 Tiniraunetafa Tofaeono	Cabra Vale/Fair	2.92m
5 Harrison Hudson	Greystanes	2.89m
6 Aaradhya Amit Tere	Greystanes	2.77m
7 Hayden Heckenberg	Bankstown Sports	2.62m
8 Ben Moloney	Bankstown Sports	2.56m
9 Jaxon Dowler	Everley Park	2.37m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 8 - Long Jump**

10 Joeli Tailai	Bankstown Sports	2.33m
11 Matthew Nader	Greystanes	2.31m

Boys U 9 - Long Jump

Name	Age Centre	Final
1 Charlie Abou-Touma	Greystanes	3.75m
2 Rakshaaiyan Somasundaram	Girraween	3.67m
3 Samuel Barry	Bankstown Sports	3.61m
4 Joshua Iofrida	Bankstown Sports	3.51m
5 Jonah Erofeyeff	Greystanes	3.51m
6 Jordan Heckenberg	Bankstown Sports	3.43m
7 Daniel Milosovic	Bankstown Sports	3.33m
8 Christian Moussa	Holroyd	3.30m
9 George Bassil	Holroyd	3.14m
10 Patrick Benci	Cabra Vale/Fair	3.05m
11 Isaac Silva	Cabra Vale/Fair	2.85m

Boys U 10 - Long Jump

Name	Age Centre	Final
1 Brayden Ottmann	Bankstown Sports	4.15m
2 James Apostolakis	Bankstown Sports	3.96m
3 Damian Marabello	Greystanes	3.91m
4 Jason Parmaxidis	Bankstown Sports	3.87m
5 Joshua Huynh	Holroyd	3.71m
6 Pauliasi Amone	Bankstown Sports	3.57m
7 Sarkis Elias	Holroyd	3.43m
8 Antonio Abou-Touma	Greystanes	3.32m
9 Christopher Atlagic	Greystanes	3.26m
10 Aathan Arunaharan	Girraween	3.19m
11 Matthew Elacknouch	Holroyd	2.92m

Boys U 11 - Long Jump

Name	Age Centre	Final
1 Kyle Weatherall	Bankstown Sports	4.19m
2 Jesse Vine-Ah Kau	Bankstown Sports	4.03m
3 Jack Milosovic	Bankstown Sports	3.81m
4 Zachary Bent	Bankstown Sports	3.77m
5 Luke Erofeyeff	Greystanes	3.75m
6 James Markulin	Holroyd	3.71m
7 Marcus Cooper	Holroyd	3.40m
8 Xavier King	Cabra Vale/Fair	3.28m
9 Nickolas Grebic	Cabra Vale/Fair	3.22m

Boys U 12 - Long Jump

Name	Age Centre	Final
1 Christopher Abounader	Bankstown Sports	4.56m
2 Nicholas Liaris	Bankstown Sports	4.52m
3 Cooper Ollerenshaw	Holroyd	4.28m
4 Joshua Taliai	Bankstown Sports	4.21m
5 Malik Abouhalka	Holroyd	4.07m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 12 - Long Jump**

6	Lachlan Ellis	Bankstown Sports	3.76m
7	Senthuran Sundarakumar	Girraween	3.40m
8	Anish Bheemreddy	Girraween	3.10m

Boys U 13 - Long Jump

Name	Age Centre	Final	
1	Jordan Williams	Holroyd	5.05m
2	Calyp Nguyen	Bankstown Sports	4.64m
3	Brendon Neich	Girraween	4.41m
4	Daniel Ibrahim	Cabra Vale/Fair	4.38m
5	Cameron Walsh	Bankstown Sports	4.35m
6	Anthony Dalleh	Bankstown Sports	4.21m
7	Daniel Cooper	Holroyd	4.11m
8	Andrew Shannon	Bankstown Sports	3.98m
9	Trey Barton	Girraween	3.78m
10	Joshua Hey	Greystanes	3.63m

Boys U 14 - Long Jump

Name	Age Centre	Final	
1	Adam Gohari	Holroyd	5.04m
2	Kodie Ninness	Greystanes	4.45m
3	Amin Taylor	Girraween	4.30m
4	Brian Chan	Bankstown Sports	4.29m
5	Justin Nguyen	Cabra Vale/Fair	4.07m
6	Sean Brazier	Greystanes	3.63m
7	Malek Karare	Bankstown Sports	3.49m

Boys U 15 - Long Jump

Name	Age Centre	Final	
1	David Chen	Bankstown Sports	5.59m
2	Alec Nguyen	Bankstown Sports	5.01m
3	Sammy Moussa	Bankstown Sports	4.98m
4	Josh Bakhos	Greystanes	4.84m
5	Ethan Ward	Bankstown Sports	4.72m
6	Alex Hudson	Greystanes	4.68m
7	Christopher Harris	Holroyd	4.61m
8	Griffin Lotts	Girraween	4.37m

Boys U 17 - Long Jump

Name	Age Centre	Final	
1	Sebastian Acosta-Vazquez	Bankstown Sports	6.17m
2	Viravudth (Pete) Upatisi	Bankstown Sports	6.15m
3	Bailey Woodward	Bankstown Sports	5.84m
4	Hadi Youssef	Bankstown Sports	5.84m
5	Shadi Bahlawan	Bankstown Sports	5.72m
6	Bradley Jones	Bankstown Sports	5.39m
7	Dylan Webb	Holroyd	5.32m
8	Tony Taouk	Bankstown Sports	5.03m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 11 - Triple Jump**

Name	Age Centre	Final
1 Calvin Epati	Bankstown Sports	9.38m
2 Jesse Vine-Ah Kau	Bankstown Sports	8.99m
3 Paiaka Taitoko	Girraween	8.71m
4 Jarrod Beasley	Girraween	8.47m
5 Benjamin Ross	Bankstown Sports	8.44m
6 Praneesh Chand	Bankstown Sports	8.15m
7 Luke Erofeyeff	Greystanes	8.01m
8 James Markulin	Holroyd	7.98m
9 Harrison Frost	Girraween	6.53m
10 Nickolas Grebic	Cabra Vale/Fair	6.42m

Boys U 12 - Triple Jump

Name	Age Centre	Final
1 Daniel Trinder	Bankstown Sports	8.50m
2 Jonty Tekaha	Bankstown Sports	8.09m
3 Brahim Karare	Bankstown Sports	7.31m
4 Mason Bale	Greystanes	6.95m

Boys U 13 - Triple Jump

Name	Age Centre	Final
1 Anthony Dalleh	Bankstown Sports	9.66m
2 Calyp Nguyen	Bankstown Sports	9.54m
3 Brendon Neich	Girraween	9.38m
4 Alec Coterill	Bankstown Sports	9.24m
5 Trey Barton	Girraween	8.99m
6 Cameron Walsh	Bankstown Sports	8.36m

Boys U 14 - Triple Jump

Name	Age Centre	Final
1 Adam Gohari	Holroyd	10.88m
2 Dylan Nagle	Girraween	10.34m
3 Kyle Ekstrom	Holroyd	10.31m
4 Hayden Duke	Bankstown Sports	9.00m
5 Brent Beasley	Girraween	8.87m
6 Sean Brazier	Greystanes	8.25m

Boys U 15 - Triple Jump

Name	Age Centre	Final
1 David Chen	Bankstown Sports	11.78m
2 Sammy Moussa	Bankstown Sports	10.93m
3 Griffin Lotts	Girraween	10.90m
4 Youssef Ali	Bankstown Sports	10.81m
5 Alex Hudson	Greystanes	10.56m
6 Cory-Jnr Sharma-Constanc	Bankstown Sports	9.12m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 17 - Triple Jump**

Name	Age Centre	Final
1 Viravudth (Pete) Upatissi	Bankstown Sports	12.50m
2 Sebastian Acosta-Vazquez	Bankstown Sports	12.23m
3 Bailey Woodward	Bankstown Sports	11.89m
4 Luke Jobson	Girraween	11.78m
5 Bradley Jones	Bankstown Sports	11.74m
6 Shadi Bahlawan	Bankstown Sports	11.70m
7 Tony Taouk	Bankstown Sports	11.24m

Boys U 7 - Shot Put (1.0 Kg)

Name	Age Centre	Final
1 Alexander Photi	Bankstown Sports	5.66m
2 Na'oi'a'ehanisi Tofaeono	Cabra Vale/Fair	5.43m
3 Teancam Epati	Bankstown Sports	5.00m
4 Jacob Dandachli	Bankstown Sports	4.83m
5 Wilstar Isaaka	Holroyd	4.37m
6 Joshua Smith	Bankstown Sports	4.07m
7 Liam Hamilton	Girraween	3.99m
8 Brock Hodson	Holroyd	3.01m
9 Harrison Napper	Holroyd	2.91m

Boys U 8 - Shot Put (1.5 Kg)

Name	Age Centre	Final
1 Tiniraunetafa Tofaeono	Cabra Vale/Fair	7.00m
2 Chris Alaelua	Bankstown Sports	6.13m
3 Dejan Karora	Bankstown Sports	5.82m
4 Jaxon Dowler	Everley Park	4.01m
5 Hayden Heckenberg	Bankstown Sports	3.87m
6 Harrison Holmes	Bankstown Sports	3.84m
7 Matthew Nader	Greystanes	3.17m

Boys U 9 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Liam Taylor	Bankstown Sports	7.60m
2 Rakshaaiyan Somasundaram	Girraween	7.05m
3 Julian Titako	Girraween	5.62m
4 Daniel Milosovic	Bankstown Sports	5.31m
5 Sudish Bheemreddy	Girraween	5.15m
6 Mac Winchester	Bankstown Sports	4.82m
7 Maverick Sorojovic	Bankstown Sports	4.75m
8 Javahn King	Cabra Vale/Fair	4.72m
9 Isaac Silva	Cabra Vale/Fair	3.88m

Boys U 10 - Shot Put (2.0 Kg)

Name	Age Centre	Final
1 Jason Parmaxidis	Bankstown Sports	10.03m
2 James Apostolakis	Bankstown Sports	7.33m
3 Aathan Arunaharan	Girraween	6.67m
4 Antonio Abou-Touma	Greystanes	6.40m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 10 - Shot Put (2.0 Kg)**

5	Indiana Rice	Bankstown Sports	5.90m
6	Dylan Ibrahim	Cabra Vale/Fair	5.71m
7	Hayden Olley	Greystanes	4.98m

Boys U 11 - Shot Put (2.0 Kg)

Name	Age	Centre	Final
1	Kyle Weatherall	Bankstown Sports	8.98m
2	Paiaka Taitoko	Girraween	7.66m
3	Jesse Agwencha	Greystanes	7.51m
4	Kalvin Epati	Bankstown Sports	6.94m
5	Mohammed Karare	Bankstown Sports	6.74m
6	Harrison Frost	Girraween	6.51m

Boys U 12 - Shot Put (3.0 Kg)

Name	Age	Centre	Final
1	Cameron Hill	Bankstown Sports	6.97m
2	Youssef Bahlwan	Bankstown Sports	5.89m
3	Brahim Karare	Bankstown Sports	3.95m

Boys U 13 - Shot Put (3.0 Kg)

Name	Age	Centre	Final
1	Brendon Neich	Girraween	10.89m
2	Rhys Magno	Holroyd	10.38m
3	Andre Kotevski	Bankstown Sports	10.31m
4	Daniel Ibrahim	Cabra Vale/Fair	10.02m
5	Raymond El-Haddad	Bankstown Sports	9.87m
6	Anthony Dalleh	Bankstown Sports	7.82m
7	Sarujan Paranthaman	Girraween	7.43m
8	Joshua Hey	Greystanes	7.02m

Boys U 14 - Shot Put (3.0 Kg)

Name	Age	Centre	Final
1	Mitchell Wright	Bankstown Sports	13.23m
2	Kyle Ekstrom	Holroyd	12.86m
3	Simon Stewart	Holroyd	9.76m
4	Dion Barton	Girraween	9.23m
5	Kodie Ninness	Greystanes	8.93m
6	Justin Nguyen	Cabra Vale/Fair	8.38m
7	Malek Karare	Bankstown Sports	6.58m

Boys U 15 - Shot Put (4.0 Kg)

Name	Age	Centre	Final
1	Sammy Moussa	Bankstown Sports	11.85m
2	Justin Tinker	Greystanes	10.09m
3	Andrew El-Haddad	Bankstown Sports	8.09m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 17 - Shot Put (5.0 Kg)**

Name	Age Centre	Final
1 Hadi Youssef	Bankstown Sports	12.51m
2 Luke Parmaxidis	Bankstown Sports	9.99m

Boys U 7 - Discus (350 Gm)

Name	Age Centre	Final
1 Na'oi'a'ehanisi Tofaeono	Cabra Vale/Fair	16.98m
2 Alexander Photi	Bankstown Sports	15.75m
3 Jacob Dandachli	Bankstown Sports	11.27m
4 Liam Armstrong	Bankstown Sports	10.15m
5 James Fama	Bankstown Sports	9.37m
6 Jackson Laybutt	Holroyd	8.94m
7 Zachary Benci	Cabra Vale/Fair	8.90m
8 Harrison Glover	Girraween	6.61m
9 Brock Hodson	Holroyd	6.59m

Boys U 8 - Discus (500 Gm)

Name	Age Centre	Final
1 Tiniraunetafa Tofaeono	Cabra Vale/Fair	17.89m
2 Dejan Karora	Bankstown Sports	17.28m
3 Enryko Vainuupo	Holroyd	15.50m
4 Kajanan Srisivaeaswaran	Girraween	13.58m
5 Harrison Hudson	Greystanes	12.50m
6 Jonathon Gnanaseelan	Girraween	12.04m
7 Daniel Sheehan	Holroyd	11.59m
8 Matthew Nader	Greystanes	7.68m
9 Harrison Holmes	Bankstown Sports	7.17m
10 Justin Bradley	Bankstown Sports	6.98m

Boys U 9 - Discus (500 Gm)

Name	Age Centre	Final
1 Rakshaaayan Somasundaram	Girraween	21.77m
2 Liam Taylor	Bankstown Sports	21.40m
3 George Bassil	Holroyd	20.93m
4 Charlie Abou-Touma	Greystanes	20.04m
5 Sudish Bheemreddy	Girraween	15.13m
6 Maverick Sorojovic	Bankstown Sports	13.94m
7 Daniel Milosovic	Bankstown Sports	13.87m
8 Jonah Erofeeff	Greystanes	13.52m
9 Javahn King	Cabra Vale/Fair	12.87m
10 Patrick Benci	Cabra Vale/Fair	11.43m
11 Luke Cotterill	Bankstown Sports	11.21m

Boys U 10 - Discus (500 Gm)

Name	Age Centre	Final
1 Jason Parmaxidis	Bankstown Sports	35.64m
2 Pauliasi Amone	Bankstown Sports	21.19m
3 Dylan Ibrahim	Cabra Vale/Fair	16.04m
4 Jawalter Vainuupo	Holroyd	15.23m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 10 - Discus (500 Gm)**

5 Jakob Masters	Bankstown Sports	14.68m
6 Indiana Rice	Bankstown Sports	14.54m
7 Hayden Olley	Greystanes	13.08m

Boys U 11 - Discus (750 Gm)

Name	Age Centre	Final
1 Jack Milosovic	Bankstown Sports	26.68m
2 Kyle Weatherall	Bankstown Sports	25.54m
3 Jake Farrugia	Greystanes	18.42m
4 Jesse Agwencha	Greystanes	17.52m
5 Harrison Frost	Girraween	16.39m
6 Christian Ghilardi	Bankstown Sports	13.28m
7 Mohamed Ghoneim	Bankstown Sports	12.52m
8 Daniel Cartagena	Cabra Vale/Fair	9.45m

Boys U 12 - Discus (750 Gm)

Name	Age Centre	Final
1 Tony Khoury	Holroyd	30.70m
2 Jonty Tekaha	Bankstown Sports	18.45m
3 Youssef Bahlwan	Bankstown Sports	16.71m
4 Mason Bale	Greystanes	14.79m
5 Brahim Karare	Bankstown Sports	12.10m
6 Jehad Aouf	Bankstown Sports	9.03m

Boys U 13 - Discus (1.0 Kg)

Name	Age Centre	Final
1 Andre Kotevski	Bankstown Sports	35.59m
2 Rhys Magno	Holroyd	32.78m
3 Brendon Neich	Girraween	32.38m
4 Calyp Nguyen	Bankstown Sports	29.39m
5 Raymond El-Haddad	Bankstown Sports	23.02m
6 Daniel Ibrahim	Cabra Vale/Fair	22.79m
7 Sarujan Paranthaman	Girraween	20.58m
8 Joshua Hey	Greystanes	16.30m
9 Anthony Dalleh	Bankstown Sports	15.31m
10 David Goh	Bankstown Sports	14.77m

Boys U 14 - Discus (1.0 Kg)

Name	Age Centre	Final
1 Kyle Ekstrom	Holroyd	40.16m
2 Mitchell Wright	Bankstown Sports	33.79m
3 Dion Barton	Girraween	22.74m
4 Justin Nguyen	Cabra Vale/Fair	14.84m

Boys U 15 - Discus (1.0 Kg)

Name	Age Centre	Final
1 Sammy Moussa	Bankstown Sports	43.87m
2 Thomas Norton	Girraween	32.49m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****....Boys U 15 - Discus (1.0 Kg)**

3	Adrian Kotevski	Bankstown Sports	28.09m
4	Vinzelett Vine	Bankstown Sports	27.35m
5	Andrew El-Haddad	Bankstown Sports	25.79m
6	Christopher Harris	Holroyd	22.71m
7	Thomas Harrington	Cabra Vale/Fair	22.18m
8	Adam Doumit	Holroyd	19.26m

Boys U 17 - Discus (1.5 Kg)

Name	Age Centre	Final
1 Hadi Youssef	Bankstown Sports	38.44m
2 Tony Taouk	Bankstown Sports	31.55m
3 Delian Kotevski	Bankstown Sports	29.95m
4 Luke Parmaxidis	Bankstown Sports	22.94m

Boys U 12 - Javelin (400 Gm)

Name	Age Centre	Final
1 Tony Khoury	Holroyd	19.10m
2 Senthuran Sundarakumar	Girraween	16.04m
3 Jonty Tekaha	Bankstown Sports	14.46m
4 John Cachia	Greystanes	13.79m
5 Jabril Daizli	Bankstown Sports	11.36m

Boys U 13 - Javelin (600 Gm)

Name	Age Centre	Final
1 Andre Kotevski	Bankstown Sports	36.29m
2 Brendon Neich	Girraween	31.54m
3 Jordan Williams	Holroyd	22.49m
4 Calyp Nguyen	Bankstown Sports	19.78m
5 Andrew Shannon	Bankstown Sports	18.99m
6 Raymond El-Haddad	Bankstown Sports	17.93m
7 Sarujan Paranthaman	Girraween	17.79m
8 John Shannon	Bankstown Sports	17.11m
9 Will Hudson	Greystanes	15.01m
10 Anthony Ibrahim	Bankstown Sports	8.04m

Boys U 14 - Javelin (600 Gm)

Name	Age Centre	Final
1 Kyle Ekstrom	Holroyd	34.82m
2 Mitchell Wright	Bankstown Sports	31.37m
3 Simon Stewart	Holroyd	28.79m

Boys U 15 - Javelin (700 Gm)

Name	Age Centre	Final
1 Adrian Kotevski	Bankstown Sports	29.55m
2 Sammy Moussa	Bankstown Sports	26.26m
3 Vinzelett Vine	Bankstown Sports	20.66m
4 Timothy Webb	Holroyd	20.27m
5 Andrew El-Haddad	Bankstown Sports	7.09m

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 17 - Javelin (700 Gm)**

Name	Age Centre	Final
1 Delian Kotevski	Bankstown Sports	38.03m
2 Luke Jobson	Girraween	29.52m
3 Bassille-Anthony Bassil	Holroyd	28.73m
4 Bailey Woodward	Bankstown Sports	28.22m
5 Sharbel Bassil	Holroyd	19.08m

Boys U 9 - 700 Metre Walk

Name	Age Centre	Final
Section 1		
1 Luke Cotterill	Bankstown Sports	5:47.30
2 Blake Iofrida	Bankstown Sports	7:26.90
-- Raghav Chand	Bankstown Sports	DQ

Boys U 10 - 1100 Metre Walk

Name	Age Centre	Final
-- Indiana Rice	Bankstown Sports	DQ
-- Malcolm Butt	Bankstown Sports	DQ

Boys U 11 - 1100 Metre Walk

Name	Age Centre	Final
1 Jarrod Beasley	Girraween	7:10.57
2 Aiden Taylor	Bankstown Sports	11:12.10
-- Nickolas Grebic	Cabra Vale/Fair	DQ
-- Daniel Cartagena	Cabra Vale/Fair	DQ

Boys U 12 - 1500 Metre Walk

Name	Age Centre	Final
1 Jabril Daizli	Bankstown Sports	9:37.97
-- Brahim Karare	Bankstown Sports	DQ

Boys U 13 - 1500 Metre Walk

Name	Age Centre	Final
1 Brendon Neich	Girraween	8:53.29
2 Raymond El-Haddad	Bankstown Sports	9:54.24

Boys U 14 - 1500 Metre Walk

Name	Age Centre	Final
1 Benjamin Tisdale	Girraween	7:43.36
2 Elijah Harris	Girraween	8:13.36
3 Dylan Nagle	Girraween	8:36.29
-- Riley Butler	Bankstown Sports	DQ
-- Malek Karare	Bankstown Sports	DQ

MID WEST METROPOLITAN ZONE CHAMPIONSHIPS**29/11/2013 TO 01/12/2013****THE CREST ATHLETIC CENTRE****Results****Boys U 15 - 1500 Metre Walk**

Name	Age Centre	Final
1 Adrian Kotevski	Bankstown Sports	9:38.23
2 Andrew El-Haddad	Bankstown Sports	9:48.27
3 Vinzelett Vine	Bankstown Sports	9:52.91
4 Joshua Hill	Bankstown Sports	10:00.33
-- Cory-Jnr Sharma-Constanc	Bankstown Sports	DQ

Boys U 17 - 1500 Metre Walk

Name	Age Centre	Final
1 Luke Jobson	Girraween	7:26.90
2 Delian Kotevski	Bankstown Sports	9:09.30