

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 7 - 50 Metre Sprint

Zone: Z 9.02 14/12/2013 India Walker, Nambucca			
Name	Age	Centre	Final
Section 1			
1 India Walker		Nambucca & District	9.1Z
2 Allie Hancock		Nambucca & District	9.1
3 Heidi McClure		Evans Head	10.0
4 Helaina Lisciotto		Coffs Coast	10.5
5 Taylah McIntosh		Ballina	10.7

Girls U 7 - 70 Metre Sprint

Zone: Z 12.00 1/12/1990 A. Day, Casino			
Name	Age	Centre	Final
1 India Walker		Nambucca & District	13.0
2 Heidi McClure		Evans Head	14.2
3 Helaina Lisciotto		Coffs Coast	14.8
4 Taylah McIntosh		Ballina	15.2

Girls U 8 - 70 Metre Sprint

Zone: Z 11.69 15/12/2013 Justine Bolt, Ballina			
Name	Age	Centre	Final
1 Justine Bolt		Ballina	11.7Z
2 Emma Gunthorpe		Lismore	12.6
3 Eve Guy		Coffs Coast	12.7
4 Tenaya Baker		Woolgoolga	13.1
5 Summer Williams		Coffs Coast	13.2
6 Gemma Barnes		Woolgoolga	14.4

Girls U 9 - 70 Metre Sprint

Zone: Z 10.80 1/12/1997 A. Day, Casino			
Name	Age	Centre	Final
1 Dale Marie Bolt		Ballina	11.7
2 Millia Oliver		Ballina	12.6
3 Bree-anna Neal		Coffs Coast	12.8
4 Millie Grace		Lismore	13.1
5 Alyshia Priest		Lismore	14.3
6 Eliza Blunn		Evans Head	14.9

Girls U 10 - 70 Metre Sprint

Zone: Z 10.60 1/12/1999 K. Wallace, Coffs Harbour			
Name	Age	Centre	Final
1 Alyssa Jenkins		Coffs Coast	11.4
2 Monique Taylor		Ballina	11.6
3 Anysia Blenkhorn		Ballina	11.7
4 Jorja Flaherty		Woolgoolga	13.0
5 Meg Reynolds		Coffs Coast	13.2

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Girls U 7 - 100 Metre Sprint

Zone: Z 16.70 1/12/1989 K. Gough, Grafton			
Name	Age	Centre	Final
1 Allie Hancock		Nambucca & District	18.1
2 Heidi McClure		Evans Head	19.5
3 Angeline Codrington		Lismore	19.7
4 Helaina Lisciotto		Coffs Coast	20.5

Girls U 8 - 100 Metre Sprint

Zone: Z 16.30 8/12/2011 Dayle/Marie Bolt, Ballina			
Name	Age	Centre	Final
1 Justine Bolt		Ballina	16.5
2 Eve Guy		Coffs Coast	18.0
3 Emma Gunthorpe		Lismore	18.0
4 Tenaya Baker		Woolgoolga	18.6

Girls U 9 - 100 Metre Sprint

Zone: Z 15.20 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Saffron Fredericks		Ballina	16.6q
2 Elke Bowles		Coffs Coast	16.8q
3 Jessica Mckie		Lismore	17.6q
4 Millia Oliver		Ballina	18.1q
5 Bree-anna Neal		Coffs Coast	19.8q
6 Ciara Keegan		Lismore	20.0
Heat 2 Heats			
1 Dale Marie Bolt		Ballina	16.9q
2 Brooklyn Bird		Lismore	17.9q
3 Millie Grace		Lismore	19.3q
4 Elizabeth Clark		Lismore	20.9

Girls U 9 - 100 Metre Sprint

Zone: Z 15.20 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Final
Section 1 Final			
1 Saffron Fredericks		Ballina	15.9
2 Dale Marie Bolt		Ballina	16.0
3 Elke Bowles		Coffs Coast	16.9
4 Jessica Mckie		Lismore	17.3
5 Millia Oliver		Ballina	17.9
6 Millie Grace		Lismore	17.9
7 Brooklyn Bird		Lismore	18.0

Girls U 10 - 100 Metre Sprint

Zone: Z 14.30 1/12/1994 J.Watkins, Casino			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Phoebe Baptiste		Coffs Coast	16.0q
2 Krystal McMahon		Grafton	16.1q

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....Girls U 10 - 100 Metre Sprint

3 Xanthi Hand	Woolgoolga	17.7q
4 Piper Moloney	Richmond Valley	18.3q
5 Meg Reynolds	Coffs Coast	19.1

Heat 2 Heats

1 Alyssa Jenkins	Coffs Coast	15.7q
2 Faith Pittman	Richmond Valley	16.2q
3 Anysia Blenkhorn	Ballina	16.3q
4 Monique Taylor	Ballina	16.4q

Girls U 10 - 100 Metre Sprint

Zone: Z 14.30 1/12/1994 J.Watkins, Casino

Name	Age Centre	Final
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Section 1 Final

1 Alyssa Jenkins	Coffs Coast	15.5
2 Phoebe Baptiste	Coffs Coast	16.1
2 Faith Pittman	Richmond Valley	16.1
4 Krystal McMahon	Grafton	16.2
5 Monique Taylor	Ballina	16.3
6 Anysia Blenkhorn	Ballina	16.3
7 Xanthi Hand	Woolgoolga	18.3
8 Piper Moloney	Richmond Valley	18.5

Girls U 11 - 100 Metre Sprint

Zone: Z 14.30 1/12/2001 T.Gillan, Nambucca

Name	Age Centre	Heats
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Heat 1 Heats

1 Chloe Martin	Nambucca & District	15.0q
2 Jamilla Rankin	Lismore	15.1q
3 Tess Reynolds	Coffs Coast	15.9q
4 Nella Bradford	Ballina	16.1q
5 Makayla Greensill	Lismore	16.6
6 Jesse Beresford	Woolgoolga	16.7
7 Keeley Johnson	Ballina	16.9

Heat 2 Heats

1 Brooke Sullivan	Grafton	14.9q
2 Savannah Sproule	Coffs Coast	15.8q
3 Mai Hayes	Ballina	16.3q
4 Tessa Conlan	Coffs Coast	16.4q
5 Megan Harris	Ballina	16.4
6 Whitney Stephens	Coffs Coast	17.5

Girls U 11 - 100 Metre Sprint

Zone: Z 14.30 1/12/2001 T.Gillan, Nambucca

Name	Age Centre	Final
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Section 1 Final

1 Brooke Sullivan	Grafton	14.5
2 Chloe Martin	Nambucca & District	14.9
3 Jamilla Rankin	Lismore	15.1
4 Savannah Sproule	Coffs Coast	15.5
5 Tess Reynolds	Coffs Coast	16.1
6 Tessa Conlan	Coffs Coast	16.2
7 Nella Bradford	Ballina	16.4

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....Girls U 11 - 100 Metre Sprint

8 Mai Hayes	Ballina	16.5
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Girls U 12 - 100 Metre Sprint

Zone: Z 13.80 1/12/1991 R. Doolan, Grafton

Name	Age Centre	Final
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Section 1

1 Alinta Ahrens	Lismore	14.6
2 Ceciley Bolt	Ballina	14.6
3 Elly McGrath-Moran	Lower Clarence	15.8
4 Pavan Singh	Woolgoolga	16.0
5 Alexa Foster	Coffs Coast	16.3
6 Alex Greenhalgh	Woolgoolga	17.4

Girls U 13 - 100 Metre Sprint

Zone: Z 13.40 1/12/1997 R. Tweedle, Coffs Harbour

Name	Age Centre	Heats
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Heat 1 Heats

1 Alice Bradford	Ballina	14.6q
2 Emily Conlan	Coffs Coast	14.8q
3 Jahneya Travis	Ballina	15.6q
4 Lauren Amos	Lismore	16.5
5 Jessica Clark	Lismore	18.2

Heat 2 Heats

1 Annabelle Cummings	Woolgoolga	14.9q
2 Lavinia Blenkhorn	Ballina	15.2q
3 Renee Rovere	Woolgoolga	15.3q
4 Mia Fisher	Coffs Coast	15.5q
5 Kudzi Shumba	Grafton	15.6q
6 Abby Nudd	Woolgoolga	15.6
7 Faith Taylor	Evans Head	16.9

Girls U 13 - 100 Metre Sprint

Zone: Z 13.40 1/12/1997 R. Tweedle, Coffs Harbour

Name	Age Centre	Final
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Section 1 Final

1 Alice Bradford	Ballina	14.7
2 Emily Conlan	Coffs Coast	14.8
3 Annabelle Cummings	Woolgoolga	15.0
4 Lavinia Blenkhorn	Ballina	15.1
5 Renee Rovere	Woolgoolga	15.4
6 Mia Fisher	Coffs Coast	15.6
7 Jahneya Travis	Ballina	16.1
8 Kudzi Shumba	Grafton	16.2

Girls U 14 - 100 Metre Sprint

Zone: Z 13.10 1/12/2001 B. Spear, Nambucca

Name	Age Centre	Final
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Section 1

1 Kiara Richardson	Lismore	13.8
2 Katie Thorn	Urunga/Bellinger	14.5

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....Girls U 14 - 100 Metre Sprint

3	Katelyn Grimmatt	Lismore	14.6
4	Katie Byrnes	Lismore	14.8
5	Charlotte Hill	Coffs Coast	15.1
6	Keeley McCosker	Ballina	15.2

Girls U 15 - 100 Metre Sprint

Zone: Z 12.60 1/12/1999 K. Crocker, Nambucca

Name	Age	Centre	Final
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1	Grace Lewis	Ballina	13.6
2	Tuscany Sproule	Coffs Coast	14.4
3	Hailey Duroux	Grafton	14.8
4	Amanda Cheers	Nambucca & District	15.8

Girls U 17 - 100 Metre Sprint

Zone: Z 13.05 14/12/2013 Courtney Linton, Lismore

Name	Age	Centre	Final
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1	Courtney Linton	Lismore	13.1Z
2	Mhairi Gorman	Coffs Coast	13.3
3	Cori Hardy	Ballina	13.5
4	Georgina Thornton	Ballina	14.0
5	Emily Nudd	Woolgoolga	14.1
6	Gianna Blenkhorn	Ballina	14.6
7	Ashleigh Stewart	Coffs Coast	14.8
8	Mia Wallace	Lismore	15.7

Girls U 7 - 200 Metre Sprint

Zone: Z 35.80 1/12/2010 K. Gough, Grafton

Name	Age	Centre	Final
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1	Angeline Codrington	Lismore	43.5
2	Lani Blunn	Evans Head	57.6

Girls U 8 - 200 Metre Sprint

Zone: Z 34.50 1/12/1994 M. Morrison, Coffs Harbour

Name	Age	Centre	Final
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1	Eve Guy	Coffs Coast	38.0
2	Emma Gunthorpe	Lismore	38.3
3	Ava Scotcher	Ballina	38.3
4	Charlee Woods	Nambucca & District	39.1
5	Tenaya Baker	Woolgoolga	41.5

Girls U 9 - 200 Metre Sprint

Zone: Z 32.30 1/12/1996 A. Day, Casino

Name	Age	Centre	Final
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1	Saffron Fredericks	Ballina	33.7
2	Holly Sangster	Lower Clarence	37.5
3	Jessica Mckie	Lismore	38.9
4	Leilah Fitzgerald	Coffs Coast	39.7

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Girls U 10 - 200 Metre Sprint

Zone: Z 30.90 1/12/1994 J. Watkins, Casino			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ruby Parker		Ballina	33.4q
2 Faith Pittman		Richmond Valley	33.9q
3 Brianna Watkins		Ballina	33.9q
4 Monique Taylor		Ballina	34.5q
5 Emily Weston		Lismore	45.9
Heat 2 Heats			
1 Hannah McClure		Evans Head	35.7q
2 Madeline Mitchell		Lismore	36.5q
3 Xanthi Hand		Woolgoolga	37.8q
4 Jorja Flaherty		Woolgoolga	41.4q

Girls U 10 - 200 Metre Sprint

Zone: Z 30.90 1/12/1994 J. Watkins, Casino			
Name	Age	Centre	Final
Section 1 Final			
1 Brianna Watkins		Ballina	34.1
2 Ruby Parker		Ballina	34.1
3 Faith Pittman		Richmond Valley	34.8
4 Monique Taylor		Ballina	34.9
5 Madeline Mitchell		Lismore	36.9
6 Hannah McClure		Evans Head	37.1
7 Xanthi Hand		Woolgoolga	38.8
8 Jorja Flaherty		Woolgoolga	44.3

Girls U 11 - 200 Metre Sprint

Zone: Z 29.80 1/12/1990 R. Doolan, Grafton			
Name	Age	Centre	Final
Section 1			
1 Chloe Martin		Nambucca & District	31.4
2 Savannah Sproule		Coffs Coast	32.2
3 Jamilla Rankin		Lismore	33.2
4 Megan Harris		Ballina	33.5
5 Alyssa Fitzgerald		Coffs Coast	35.9

Girls U 12 - 200 Metre Sprint

Zone: Z 28.70 1/12/1993 V. Simmonds, Bellinger Valley			
Name	Age	Centre	Final
1 Alinta Ahrens		Lismore	31.7
2 Chelsea Williams		Coffs Coast	32.3
3 April Flaherty		Woolgoolga	37.0
4 Tara Blunn		Evans Head	41.0

Girls U 13 - 200 Metre Sprint

Zone: Z 27.10 1/12/2002 L. Duncan, Nambucca			
Name	Age	Centre	Final
1 Jacinta Nicolas		Lismore	30.1

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....Girls U 13 - 200 Metre Sprint

2 Alice Bradford	Ballina	31.1
3 Annabelle Cummings	Woolgoolga	31.6
4 Renee Rovere	Woolgoolga	32.0

Girls U 14 - 200 Metre Sprint

Zone: Z 26.50 1/12/2003 L. Duncan, Nambucca			
Name	Age	Centre	Final
1 Kiara Richardson		Lismore	28.6
2 Katie Thorn		Urunga/Bellinger	29.7
3 Renee Woods		Nambucca & District	30.5
4 Katelyn Grimmett		Lismore	30.7
5 Katie Byrnes		Lismore	31.6
6 Lily Lewis		Ballina	33.0

Girls U 15 - 200 Metre Sprint

Zone: Z 26.10 1/12/2002 B. Spear, Nambucca			
Name	Age	Centre	Final
1 Grace Lewis		Ballina	27.8
2 Brooke Hodge		Ballina	30.2
3 Sarah Lavender		Grafton	31.0
4 Hailey Duroux		Grafton	31.6

Girls U 17 - 200 Metre Sprint

Zone: Z 27.20 1/12/2009 C. Hackett, Grafton			
Name	Age	Centre	Final
1 Courtney Linton		Lismore	27.6
2 Mhairi Gorman		Coffs Coast	29.0
3 Georgina Thornton		Ballina	30.1
4 Ashleigh Stewart		Coffs Coast	31.4

Girls U 8 - 400 Metre Sprint

Zone: Z 1:21.20 1/12/1994 E. Charles, Coffs Harbour			
Name	Age	Centre	Final
1 Emma Gunthorpe		Lismore	1:36.7
2 Summer Williams		Coffs Coast	1:38.0
3 Tenaya Baker		Woolgoolga	1:42.8
4 Cassandra Hill		Lismore	1:47.1

Girls U 9 - 400 Metre Sprint

Zone: Z 1:16.80 1/12/1990 S. Byrnes, Grafton			
Name	Age	Centre	Final
1 Holly Sangster		Lower Clarence	1:24.4
2 Elke Bowles		Coffs Coast	1:26.5
3 Summer Vandereecht		Lismore	1:29.8
4 Leilah Fitzgerald		Coffs Coast	1:31.7
5 Millia Oliver		Ballina	1:36.9
6 Brooklyn Bird		Lismore	1:37.5
7 Jaye Everson		Coffs Coast	1:38.5

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Girls U 10 - 400 Metre Sprint

Zone: Z 1:13.60 1/12/1994 J.Watkins, Casino			
Name	Age	Centre	Final
1 Brianna Watkins		Ballina	1:22.5
2 Krystal McMahon		Grafton	1:25.1
3 Tameka McIntosh		Lismore	1:25.7
4 Hannah McClure		Evans Head	1:27.5
5 Xanthi Hand		Woolgoolga	1:31.8
6 Emily Weston		Lismore	1:50.6

Girls U 11 - 400 Metre Sprint

Zone: Z 1:07.10 1/12/1999 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Jessica Deans		Coffs Coast	1:16.8
2 Nyxie Ryan		Ballina	1:19.6
3 Jamilla Rankin		Lismore	1:22.6
4 Alyssa Fitzgerald		Coffs Coast	1:26.6
5 Abbey Porter		Ballina	1:30.2
6 Hanna Tait		Grafton	1:35.1

Girls U 12 - 400 Metre Sprint

Zone: Z 1:05.10 1/12/2001 C. Maddocks, Sawtell / Toor			
Name	Age	Centre	Final
1 Chelsea Williams		Coffs Coast	1:13.9
2 Tara Everson		Coffs Coast	1:17.4
3 Elly McGrath-Moran		Lower Clarence	1:19.1

Girls U 13 - 400 Metre Sprint

Zone: Z 1:03.40 1/12/1999 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Mia Fisher		Coffs Coast	1:14.7
2 Sarah Fitzgerald		Coffs Coast	1:18.4
3 Kudzi Shumba		Grafton	1:22.8
4 Jessica Clark		Lismore	1:40.5

Girls U 14 - 400 Metre Sprint

Zone: Z 1:02.20 1/12/2000 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Kiara Richardson		Lismore	1:10.4
2 Katie Thorn		Urunga/Bellinger	1:10.8
3 Emily Raeburn		Ballina	1:16.5

Girls U 15 - 400 Metre Sprint

Zone: Z 1:03.00 1/12/2001 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Grace Lewis		Ballina	1:07.9
2 Brooke Hodge		Ballina	1:16.1
3 Hailey Duroux		Grafton	1:17.9

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Girls U 17 - 400 Metre Sprint

Zone: Z 1:03.83 14/12/2013 Lillie Moye, Coffs Coast			
Name	Age	Centre	Final
1 Lillie Moye		Coffs Coast	1:03.9Z
2 Georgina Thornton		Ballina	1:08.6
3 Ashleigh Stewart		Coffs Coast	1:09.3
4 Emily Nudd		Woolgoolga	1:12.8

Girls U 9 - 800 Metre Run

Zone: Z 2:52.10 1/12/1990 S. Byrnes, Grafton			
Name	Age	Centre	Final
1 Elke Bowles		Coffs Coast	3:06.5
2 Holly Sangster		Lower Clarence	3:15.1
3 Summer Vandereeckt		Lismore	3:25.6
4 Leilah Fitzgerald		Coffs Coast	3:28.8

Girls U 10 - 800 Metre Run

Zone: Z 2:44.50 1/12/1991 A. Johnson, Bellinger Valle			
Name	Age	Centre	Final
1 Ruby Parker		Ballina	2:58.9
2 Tameka McIntosh		Lismore	3:02.6
3 Gabriella Hill		Lismore	3:22.5
4 Hannah McClure		Evans Head	3:22.7
5 Emily Weston		Lismore	4:04.1
6 Ashleigh Moran		Lismore	4:11.2

Girls U 11 - 800 Metre Run

Zone: Z 2:35.00 1/12/1999 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Jessica Deans		Coffs Coast	2:49.6
2 Nyxie Ryan		Ballina	2:58.5
3 Alyssa Fitzgerald		Coffs Coast	3:13.6
4 Amber Curtis		Lismore	3:16.0

Girls U 12 - 800 Metre Run

Zone: Z 2:35.80 1/12/2005 Siobhan Deam, Sawtell / Too			
Name	Age	Centre	Final
1 Tara Everson		Coffs Coast	2:44.8

Girls U 13 - 800 Metre Run

Zone: Z 2:30.40 1/12/1996 N. Greenhalgh, Grafton			
Name	Age	Centre	Final
1 Jacinta Nicolas		Lismore	2:42.3
2 Lauren Amos		Lismore	2:54.0
3 Sarah Fitzgerald		Coffs Coast	3:04.3
4 Fiona Martin		Coffs Coast	3:12.1

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Girls U 14 - 800 Metre Run

Zone: Z 2:28.90 1/12/2002 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Chloe Bulloch		Coffs Coast	2:36.0
2 Emily Raeburn		Ballina	2:36.1
3 Katelyn Grimmer		Lismore	2:56.6

Girls U 15 - 800 Metre Run

Zone: Z 2:24.80 11/12/2011 A. Tate, Sawtell-Toormina			
Name	Age	Centre	Final
1 Sarah Lavender		Grafton	3:25.7

Girls U 17 - 800 Metre Run

Zone: Z 2:23.60 1/12/2009 S. Deam, Sawtell / Toormina			
Name	Age	Centre	Final
1 Bethany Hickey		Grafton	2:32.5
2 Georgina Thornton		Ballina	3:07.9

Girls U 10 - 1500 Metre Run

Zone: Z 5:27.10 1/12/1991 A. Johnson, Bellinger Valle			
Name	Age	Centre	Final
1 Brianna Watkins		Ballina	6:26.4
2 Tameka McIntosh		Lismore	6:42.5
3 Emily Weston		Lismore	8:35.7

Girls U 11 - 1500 Metre Run

Zone: Z 5:34.40 1/12/1999 R. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Jessica Deans		Coffs Coast	5:49.7
2 Nyxie Ryan		Ballina	6:11.8
3 Megan Harris		Ballina	6:32.0
4 Hanna Tait		Grafton	6:46.1
5 Alyssa Fitzgerald		Coffs Coast	6:47.7
6 Abbey Porter		Ballina	7:27.0

Girls U 12 - 1500 Metre Run

Zone: Z 5:17.00 1/12/2000 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Tara Everson		Coffs Coast	5:45.8
2 Gemma Codrington		Lismore	6:21.2
3 Pavan Singh		Woolgoolga	6:43.7

Girls U 13 - 1500 Metre Run

Zone: Z 5:19.40 1/12/2006 S. Deam, Sawtell / Toormina			
Name	Age	Centre	Final
1 Jacinta Nicolas		Lismore	5:49.0

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....Girls U 13 - 1500 Metre Run

2 Lauren Amos	Lismore	6:09.7
3 Sarah Fitzgerald	Coffs Coast	7:23.6

Girls U 14 - 1500 Metre Run

Zone: Z 5:05.30 1/12/2002 T. Sherratt, Coffs Harbour

Name	Age Centre	Final
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1 Chloe Bulloch	Coffs Coast	5:20.8
2 Emily Raeburn	Ballina	5:23.2
3 Katelyn Grimmett	Lismore	6:26.0
4 Olivia Riley	Lismore	7:22.5

Girls U 15 - 1500 Metre Run

Zone: Z 5:08.75 8/12/2011 Romany Seemann, Sawtell-Too

Name	Age Centre	Final
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1 Tuscany Sproule	Coffs Coast	5:52.8
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Girls U 17 - 1500 Metre Run

Zone: Z 5:04.55 14/12/2013 Bethany Hickey, Grafton

Name	Age Centre	Final
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1 Bethany Hickey	Grafton	5:04.6Z
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Girls U 13 - 3000 Metre Run

Zone: Z 11:37.50 1/12/2000 A. Perry, Numbucca

Name	Age Centre	Final
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1 Jacinta Nicolas	Lismore	12:19.8
2 Lauren Amos	Lismore	13:50.2
3 Fiona Martin	Coffs Coast	14:56.9

Girls U 14 - 3000 Metre Run

Zone: Z 11:34.07 8/12/2011 Cara Feain-Ryan, Lismore

Name	Age Centre	Final
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1 Chloe Bulloch	Coffs Coast	12:11.7
2 Emily Raeburn	Ballina	12:49.0
3 Olivia Riley	Lismore	17:10.8

Girls U 17 - 3000 Metre Run

Zone: Z 10:55.95 14/12/2013 Bethany Hickey, Grafton

Name	Age Centre	Final
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1 Bethany Hickey	Grafton	10:56.0Z
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Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 12.16 8/12/2011 Dayle/Marie Bolt, Ballina

Name	Age Centre	Final
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1 Justine Bolt	Ballina	13.0
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....Girls U 8 - 60 Metre Hurdles (45cm)

2 Charlee Woods	Nambucca & District	14.3
3 Cassandra Hill	Lismore	14.7

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 11.30 1/12/1991 T. Taylor, Grafton

Name	Age Centre	Heats
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Heat 1 Heats

1 Dale Marie Bolt	Ballina	12.3q
2 Holly Sangster	Lower Clarence	12.7q
3 Bree-anna Neal	Coffs Coast	13.0q
4 Millie Grace	Lismore	13.5q
5 Brooklyn Bird	Lismore	13.7q
6 Jaye Everson	Coffs Coast	13.8q

Heat 2 Heats

1 Saffron Fredericks	Ballina	12.4q
2 Elizabeth Clark	Lismore	14.3q
3 Alyshia Priest	Lismore	14.4
4 Ciara Keegan	Lismore	14.7

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 11.30 1/12/1991 T. Taylor, Grafton

Name	Age Centre	Final
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Section 1 Final

1 Dale Marie Bolt	Ballina	11.9
2 Saffron Fredericks	Ballina	12.1
3 Bree-anna Neal	Coffs Coast	12.3
4 Holly Sangster	Lower Clarence	12.4
5 Brooklyn Bird	Lismore	13.5
6 Jaye Everson	Coffs Coast	13.6
7 Millie Grace	Lismore	14.5
8 Elizabeth Clark	Lismore	14.6

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.90 1/12/1989 R. Doolan, Grafton

Name	Age Centre	Final
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Section 1

1 Phoebe Baptiste	Coffs Coast	12.7
2 Anysia Blenkhorn	Ballina	12.9
3 Alyssa Jenkins	Coffs Coast	12.9
4 Xanthi Hand	Woolgoolga	13.4
5 Krystal McMahon	Grafton	13.5
6 Meg Reynolds	Coffs Coast	13.6
7 Tiffany Brien	Lower Clarence	14.4
8 Piper Moloney	Richmond Valley	14.9

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 11.03 10/12/2011 A. Bradford, Ballina

Name	Age Centre	Heats
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Heat 1 Heats

1 Savannah Sproule	Coffs Coast	12.0q
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ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Girls U 11 - 60 Metre Hurdles (60cm)

2 Tess Reynolds	Coffs Coast	12.8q
3 Hanna Tait	Grafton	13.2q
4 Abbey Porter	Ballina	14.7
5 Kailee Salway	Nambucca & District	15.2
Heat 2 Heats		
1 Chloe Martin	Nambucca & District	11.9q
2 Mai Hayes	Ballina	12.6q
3 Megan Harris	Ballina	12.7q
4 Tessa Conlan	Coffs Coast	13.1q
5 Whitney Stephens	Coffs Coast	13.3q
6 Makayla Greensill	Lismore	13.3

Girls U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 11.03 10/12/2011 A. Bradford, Ballina
 Name Age Centre Final
 =====

Section 1 Final

1 Chloe Martin	Nambucca & District	11.5
2 Savannah Sproule	Coffs Coast	11.7
3 Tess Reynolds	Coffs Coast	12.0
4 Mai Hayes	Ballina	12.0
5 Megan Harris	Ballina	12.3
6 Tessa Conlan	Coffs Coast	12.7
7 Whitney Stephens	Coffs Coast	13.0
8 Hanna Tait	Grafton	13.2

Girls U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 10.50 1/12/1994 R. Harrigan, Coffs Harbour
 Name Age Centre Final
 =====

Section 1

1 Ceciley Bolt	Ballina	12.4
2 Alex Greenhalgh	Woolgoolga	14.5

Girls U 13 - 80 Metre Hurdles (76cm)

=====
 Zone: Z 14.20 1/12/1994 V. Simmonds, Bellinger-Valley
 Name Age Centre Final
 =====

1 Alice Bradford	Ballina	15.5
2 Erica Tillman	Grafton	15.7
3 Lauren Amos	Lismore	16.2
4 Renee Rovere	Woolgoolga	16.4
5 Lavinia Blenkhorn	Ballina	18.0
6 Lily Wallace	Lismore	19.6

Girls U 14 - 80 Metre Hurdles (76cm)

=====
 Zone: Z 13.30 1/12/2005 B. McCabe, Sawtell / Toormina
 Name Age Centre Final
 =====

1 Katelyn Grimmett	Lismore	18.1
2 Keeley McCosker	Ballina	18.9

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 14.10 1/12/2002 H. McCrae, Sawtell / Toormina			
Name	Age	Centre	Final
1 Hailey Duroux		Grafton	17.7
2 Sarah Lavender		Grafton	18.4

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 16.17 15/12/2013 Lillie Moye, Coffs Coast			
Name	Age	Centre	Final
1 Lillie Moye		Coffs Coast	16.2Z
2 Cori Hardy		Ballina	16.3
3 Courtney Linton		Lismore	16.9
4 Emily Nudd		Woolgoolga	18.9
5 Sarah Harre		Grafton	19.5

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 31.40 1/12/1999 A. Green, Grafton			
Name	Age	Centre	Final
1 Lauren Amos		Lismore	34.5
2 Megan Tillman		Grafton	34.8
3 Mia Fisher		Coffs Coast	35.6

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 31.30 1/12/1990 K. Jaye, Grafton			
Name	Age	Centre	Final
1 Renee Woods		Nambucca & District	36.7

Girls U 15 - 200 Metre Hurdles (76cm)

Zone: Z 29.20 1/12/1989 M. Gaudon, Grafton			
Name	Age	Centre	Final
1 Grace Lewis		Ballina	31.2
2 Brooke Hodge		Ballina	34.1

Girls U 17 - 200 Metre Hurdles (76cm)

Zone: Z 29.42 14/12/2013 Lillie Moye, Coffs Coast			
Name	Age	Centre	Final
1 Lillie Moye		Coffs Coast	29.5Z
2 Courtney Linton		Lismore	29.8
3 Cori Hardy		Ballina	30.5
4 Sarah Harre		Grafton	34.1

Girls U 7 - 500 Metre Pack Start

Zone: Z 1:44.90 1/12/1991 S. Lacey, Coffs Harbour			
Name	Age	Centre	Final
1 Angeline Codrington		Lismore	2:05.4
2 Lani Blunn		Evans Head	2:46.0

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
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Results

Girls U 8 - 700 Metre Pack Start

Name	Age	Centre	Final
Zone: Z 2:34.30 1/12/1989 S. Byrnes, Grafton			
1 Summer Williams		Coffs Coast	3:10.0

Girls U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
Zone: Z 1:01.21 15/12/2013 Coffs Coast, Coffs Coast	
E Bowles, A Jenkins, S Sproule, C Williams	
1 Coffs Coast	1:01.3Z
1) Elke Bowles 9	2) Alyssa Jenkins 10
3) Savannah Sproule 11	4) Chelsea Williams 12
2 Ballina	1:03.5
1) Saffron Fredericks 9	2) Anysia Blenkhorn 10
3) Megan Harris 11	4) Monique Taylor 10
3 Lismore	1:07.3
1) Jessica Mckie 9	2) Madeline Mitchell 10
3) Jamilla Rankin 11	4) Alinta Ahrens 12

Girls U 13-17 4x100 Metre Relay (Snr)

Centre	Final
Zone: Z 55.23 15/12/2013 Ballina, Ballina	
A Bradford, E Raeburn, G Lewis, C Hardy	
1 Ballina	55.3Z
1) Alice Bradford 13	2) Emily Raeburn 14
3) Grace Lewis 15	4) Cori Hardy 17
2 Lismore	55.3
1) Jacinta Nicolas 13	2) Kiara Richardson 14
3) Katelyn Grimmett 14	4) Courtney Linton 17
3 Coffs Coast	55.4
1) Tuscany Sproule 15	2) Lillie Moye 17
3) Charlotte Hill 14	4) Emily Conlan 13
4 Grafton	1:00.0
1) Megan Tillman 13	2) Kudzi Shumba 13
3) Hailey Duroux 15	4) Sarah Harre 17

Girls U 9 - High Jump (S/H 0.80m)

Name	Age	Centre	Final
Zone: Z 1.10m 1/12/1990 T. Cameron, Sawtell / Toormin			
Flight 1			
1 Summer Vandereeckt		Lismore	0.96m
2 Jaye Everson		Coffs Coast	0.88m
3 Millie Grace		Lismore	0.86m
4 Brooklyn Bird		Lismore	0.84m
-- Alyshia Priest		Lismore	FAIL
-- Ciara Keegan		Lismore	FAIL
-- Makenzie Wraight		Coffs Coast	FAIL

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.25m 1/12/2005 N. Makings, Lismore			
Name	Age	Centre	Final
1 Alexandra Harrison		Coffs Coast	1.12m
2 Faith Pittman		Richmond Valley	1.05m
3 Tameka McIntosh		Lismore	0.95m
3 Jorja Flaherty		Woolgoolga	0.95m
5 Madeline Mitchell		Lismore	0.90m
-- Ashleigh Moran		Lismore	FAIL

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.40m 1/12/1990 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Jesse Beresford		Woolgoolga	1.31m
2 Savannah Sproule		Coffs Coast	1.23m
2 Chloe Martin		Nambucca & District	1.23m
4 Amber Curtis		Lismore	1.20m
5 Mai Hayes		Ballina	1.15m
5 Brooke Sullivan		Grafton	1.15m
7 Abbey Porter		Ballina	1.05m
7 Keeley Johnson		Ballina	1.05m
-- Whitney Stephens		Coffs Coast	FAIL

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.52m 1/12/1991 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Gemma Codrington		Lismore	1.28m
2 April Flaherty		Woolgoolga	1.27m
3 Tara Everson		Coffs Coast	1.23m
4 Alex Greenhalgh		Woolgoolga	1.12m
5 Alexa Foster		Coffs Coast	1.10m

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.50m 1/12/1992 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Erica Tillman		Grafton	1.38m
1 Megan Tillman		Grafton	1.38m
3 Annabelle Cummings		Woolgoolga	1.35m
4 Abby Nudd		Woolgoolga	1.30m
5 Alice Bradford		Ballina	1.25m
6 Mia Fisher		Coffs Coast	1.20m
6 Kudzi Shumba		Grafton	1.20m

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.60m 1/12/1996 T. Coddington, Bellingen			
Name	Age	Centre	Final
1 Charlotte Hill		Coffs Coast	1.40m
2 Renee Woods		Nambucca & District	1.35m
2 Katie Byrnes		Lismore	1.35m
-- Keeley McCosker		Ballina	FAIL

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Girls U 14 - High Jump (S/H 1.20m)

-- Chloe Bulloch Coffs Coast FAIL

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.60m 1/12/1994 M. Tucker, Sawtell / Toormina			
Name	Age	Centre	Final
1 Tuscany Sproule		Coffs Coast	1.44m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.56m 15/12/2013 Sarah Harre, Grafton			
Name	Age	Centre	Final
1 Sarah Harre		Grafton	1.56mZ
2 Mhairi Gorman		Coffs Coast	1.53m
3 Lillie Moye		Coffs Coast	1.50m
3 Courtney Linton		Lismore	1.50m

Girls U 7 - Long Jump

Zone: Z 2.97m 1/12/2000 L. Maranic, Coffs Harbour			
Name	Age	Centre	Final
1 Angeline Codrington		Lismore	2.41m
2 Heidi McClure		Evans Head	2.27m
3 Taylah McIntosh		Ballina	2.21m
4 India Walker		Nambucca & District	2.05m
5 Helaina Lisciotto		Coffs Coast	1.99m

Girls U 8 - Long Jump

Zone: Z 3.43m 1/12/1993 K. Day, Casino			
Name	Age	Centre	Final
1 Justine Bolt		Ballina	3.19m
2 Eve Guy		Coffs Coast	2.80m
3 Cassandra Hill		Lismore	2.74m
4 Summer Williams		Coffs Coast	2.68m
5 Gemma Barnes		Woolgoolga	2.34m
6 Izabelle Salway		Nambucca & District	1.99m

Girls U 9 - Long Jump

Zone: Z 3.73m 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Dale Marie Bolt		Ballina	3.36m
2 Elke Bowles		Coffs Coast	3.28m
3 Bree-anna Neal		Coffs Coast	2.97m
4 Jessica Mckie		Lismore	2.93m
5 Summer Vandereeckt		Lismore	2.69m
6 Elizabeth Clark		Lismore	2.48m
7 Alyshia Priest		Lismore	2.41m
8 Eliza Blunn		Evans Head	2.38m
9 Makenzie Wraight		Coffs Coast	2.05m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 10 - Long Jump

Zone: Z 3.94m 1/12/1990 A. Scott, Mullumbimby			
Name	Age	Centre	Final
1 Faith Pittman		Richmond Valley	3.75m
2 Brianna Watkins		Ballina	3.73m
3 Alexandra Harrison		Coffs Coast	3.55m
4 Ruby Parker		Ballina	3.46m
5 Monique Taylor		Ballina	3.44m
6 Alyssa Jenkins		Coffs Coast	3.43m
7 Madeline Mitchell		Lismore	3.38m
8 Anysia Blenkhorn		Ballina	3.36m
9 Hannah McClure		Evans Head	3.11m
10 Gabriella Hill		Lismore	3.09m
11 Meg Reynolds		Coffs Coast	3.02m
12 Piper Moloney		Richmond Valley	2.88m
13 Tiffany Brien		Lower Clarence	2.60m
14 Katelyn Bodley		Evans Head	2.56m

Girls U 11 - Long Jump

Zone: Z 4.35m 1/12/2000 L. Duncan, Nambucca			
Name	Age	Centre	Final
1 Brooke Sullivan		Grafton	4.18m
2 Jamilla Rankin		Lismore	3.82m
3 Tess Reynolds		Coffs Coast	3.81m
4 Amber Curtis		Lismore	3.70m
5 Jessica Deans		Coffs Coast	3.58m
6 Jesse Beresford		Woolgoolga	3.48m
7 Tessa Conlan		Coffs Coast	3.39m
8 Mai Hayes		Ballina	3.37m
9 Nella Bradford		Ballina	3.02m
10 Kailee Salway		Nambucca & District	2.38m

Girls U 12 - Long Jump

Zone: Z 4.62m 1/12/1991 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Ceciley Bolt		Ballina	4.20m
2 Chelsea Williams		Coffs Coast	4.17m
3 Alinta Ahrens		Lismore	3.86m
4 Elly McGrath-Moran		Lower Clarence	3.55m
5 Alexa Foster		Coffs Coast	3.49m
6 Tara Blunn		Evans Head	3.23m
7 Sophia Pittman		Richmond Valley	2.71m

Girls U 13 - Long Jump

Zone: Z 4.90m 1/12/2008 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Erica Tillman		Grafton	4.26m
2 Megan Tillman		Grafton	4.07m
3 Annabelle Cummings		Woolgoolga	4.06m
3 Lavinia Blenkhorn		Ballina	4.06m
5 Alice Bradford		Ballina	4.05m
6 Renee Rovere		Woolgoolga	4.04m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE

Results

....Girls U 13 - Long Jump

7 Abby Nudd	Woolgoolga	4.01m
8 Emily Conlan	Coffs Coast	3.85m
9 Faith Taylor	Evans Head	3.70m
10 Jahneya Travis	Ballina	3.64m
10 Mia Fisher	Coffs Coast	3.64m
12 Jessica Clark	Lismore	2.64m

Girls U 14 - Long Jump

Zone: Z 5.17m 1/12/2001 L. Pirlo, Casino			
Name	Age	Centre	Final
1 Kiara Richardson		Lismore	4.65m
2 Katie Byrnes		Lismore	4.16m
3 Katie Thorn		Urunga/Bellinger	4.04m
4 Charlotte Hill		Coffs Coast	4.01m
5 Emily Raeburn		Ballina	3.90m
6 Keeley McCosker		Ballina	3.46m
7 Jaimee Hodge		Ballina	2.72m

Girls U 15 - Long Jump

Zone: Z 5.17m 1/12/1994 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Grace Lewis		Ballina	4.48m
2 Amanda Cheers		Nambucca & District	4.09m
3 Brooke Hodge		Ballina	4.02m
3 Hailey Duroux		Grafton	4.02m
5 Sarah Lavender		Grafton	3.91m

Girls U 17 - Long Jump

Zone: Z 5.03m 15/12/2013 Courtney Linton, Lismore			
Name	Age	Centre	Final
1 Courtney Linton		Lismore	5.03mZ
2 Lillie Moye		Coffs Coast	4.91m
3 Cori Hardy		Ballina	4.82m
4 Mhairi Gorman		Coffs Coast	4.66m
5 Gianna Blenkhorn		Ballina	4.47m
6 Emily Nudd		Woolgoolga	4.42m
7 Georgina Thornton		Ballina	4.20m
8 Mia Wallace		Lismore	4.15m
9 Ashleigh Stewart		Coffs Coast	3.95m

Girls U 11 - Triple Jump

Zone: Z 9.37m 1/12/1990 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Amber Curtis		Lismore	8.10m
2 Hanna Tait		Grafton	7.52m
3 Makayla Greensill		Lismore	7.09m
4 Kailee Salway		Nambucca & District	4.68m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 12 - Triple Jump

Zone: Z 9.49m 1/12/1991 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Chelsea Williams		Coffs Coast	9.07m
2 Alinta Ahrens		Lismore	8.88m
3 Ceciley Bolt		Ballina	8.07m
4 Gemma Codrington		Lismore	7.96m
5 April Flaherty		Woolgoolga	7.73m
6 Alex Greenhalgh		Woolgoolga	6.53m

Girls U 13 - Triple Jump

Zone: Z 10.36m 1/12/1992 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Erica Tillman		Grafton	9.46m
2 Megan Tillman		Grafton	8.87m
3 Abby Nudd		Woolgoolga	8.61m
4 Jacinta Nicolas		Lismore	8.22m
5 Lavinia Blenkhorn		Ballina	8.18m
6 Renee Rovere		Woolgoolga	7.98m
7 Lily Wallace		Lismore	7.90m

Girls U 14 - Triple Jump

Zone: Z 10.24m 1/01/2001 H. McRae, Sawtell / Toormina			
Name	Age	Centre	Final
1 Kiara Richardson		Lismore	9.95m
2 Katie Thorn		Urunga/Bellinger	9.43m
3 Katie Byrnes		Lismore	9.42m
4 Renee Woods		Nambucca & District	9.06m
5 Katelyn Grimmett		Lismore	8.69m
6 Bridgette Ward		Coffs Coast	7.89m

Girls U 15 - Triple Jump

Zone: Z 10.65m 10/12/2011 R. Rotumah, Nambucca			
Name	Age	Centre	Final
1 Brooke Hodge		Ballina	9.17m
1 Grace Lewis		Ballina	9.17m
3 Tuscany Sproule		Coffs Coast	9.00m
4 Amanda Cheers		Nambucca & District	8.05m

Girls U 17 - Triple Jump

Zone: Z 11.15m 14/12/2013 Cori Hardy, Ballina			
Name	Age	Centre	Final
1 Cori Hardy		Ballina	11.15mZ
2 Lillie Moye		Coffs Coast	10.71m
3 Mhairi Gorman		Coffs Coast	9.67m
4 Sarah Harre		Grafton	9.56m
5 Emily Nudd		Woolgoolga	9.52m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 5.05m 1/12/1994 A. Johnson, Nambucca			
Name	Age	Centre	Final
1 India Walker		Nambucca & District	4.14m
2 Taylah McIntosh		Ballina	3.32m
3 Lani Blunn		Evans Head	3.28m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.15m 1/12/1997 R. O'Connor, Coffs Harbour			
Name	Age	Centre	Final
1 Charlee Woods		Nambucca & District	4.37m
2 Cassandra Hill		Lismore	3.39m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 5.84m 1/12/1995 M. Laverty, Grafton			
Name	Age	Centre	Final
1 Saffron Fredericks		Ballina	5.34m
2 Eliza Blunn		Evans Head	5.20m
3 Jessica Mckie		Lismore	4.59m
4 Makenzie Wraight		Coffs Coast	4.08m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 7.53m 1/12/1991 K. Thompson, Coffs Harbour			
Name	Age	Centre	Final
1 Phoebe Baptiste		Coffs Coast	7.23m
2 Katelyn Bodley		Evans Head	6.36m
3 Alexandra Harrison		Coffs Coast	6.18m
4 Madeline Mitchell		Lismore	6.02m
5 Courtney Sullivan		Grafton	4.54m
6 Jorja Flaherty		Woolgoolga	4.46m
7 Tiffany Brien		Lower Clarence	4.39m
8 Gabriella Hill		Lismore	4.03m
9 Ashleigh Moran		Lismore	3.66m
10 Piper Moloney		Richmond Valley	3.44m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 9.04m 1/12/2003 B. Ainsworth, McLean			
Name	Age	Centre	Final
1 Nella Bradford		Ballina	9.03m
2 Tessa Conlan		Coffs Coast	7.81m
3 Keeley Johnson		Ballina	5.49m
4 Jesse Beresford		Woolgoolga	4.84m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 11.08m 1/12/1997 K. Meredith, Nambucca			
Name	Age	Centre	Final
1 Natasha Wotherspoon		Evans Head	8.54m
2 April Flaherty		Woolgoolga	6.09m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Girls U 12 - Shot Put (2.0 Kg)

3 Sophia Pittman Richmond Valley 5.86m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 10.99m 1/12/2005 A. Jennings, Lismore

Name	Age Centre	Final
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1 Emily Conlan	Coffs Coast	8.41m
2 Lily Wallace	Lismore	7.41m
3 Fiona Martin	Coffs Coast	6.54m
4 Jasmine McClure	Evans Head	5.86m
5 Renee Rovere	Woolgoolga	4.91m
6 Jessica Clark	Lismore	4.78m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 11.24m 1/12/2002 L. Patterson, Sawtell / Toor

Name	Age Centre	Final
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1 Renee Woods	Nambucca & District	10.24m
2 Charlotte Hill	Coffs Coast	5.65m
3 Jaimee Hodge	Ballina	5.62m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 11.80m 1/12/2002 L. Patterson, Sawtell / Toor

Name	Age Centre	Final
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1 Kate Blunn	Evans Head	7.75m
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Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 12.06m 1/12/2009 R. Morris, Lismore

Name	Age Centre	Final
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1 Levi Brown	Lismore	10.60m
2 Georgina Morris	Lismore	10.59m
3 Mikaela Pieniacki	Lismore	10.26m
4 Natalia Robson	Coffs Coast	9.54m
5 Mia Wallace	Lismore	7.94m

Girls U 7 - Discus (350 Gm)

Zone: Z 12.40m 1/12/2000 E. Newcombe, Urunga

Name	Age Centre	Final
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1 Allie Hancock	Nambucca & District	11.07m
2 Lani Blunn	Evans Head	7.39m

Girls U 8 - Discus (500 Gm)

Zone: Z 16.74m 1/12/1997 R. O'Connor, Coffs Harbour

Name	Age Centre	Final
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1 Charlee Woods	Nambucca & District	12.78m
2 Izabelle Salway	Nambucca & District	7.91m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 9 - Discus (500 Gm)

Zone: Z 18.34m 1/12/2008 R. Woods, Nambucca			
Name	Age	Centre	Final
1 Eliza Blunn		Evans Head	14.20m
2 Leilah Fitzgerald		Coffs Coast	10.60m
3 Millia Oliver		Ballina	10.16m
4 Elizabeth Clark		Lismore	8.30m
5 Makenzie Wraight		Coffs Coast	7.51m

Girls U 10 - Discus (500 Gm)

Zone: Z 22.84m 1/12/1999 R. Shipman, Coffs Harbour			
Name	Age	Centre	Final
1 Phoebe Baptiste		Coffs Coast	18.93m
2 Alexandra Harrison		Coffs Coast	17.91m
3 Krystal McMahon		Grafton	13.31m
4 Courtney Sullivan		Grafton	12.88m
5 Katelyn Bodley		Evans Head	12.69m
6 Ashleigh Moran		Lismore	11.78m
7 Tiffany Brien		Lower Clarence	11.08m

Girls U 11 - Discus (750 Gm)

Zone: Z 21.74m 1/12/2000 R. Shipman, Coffs Harbour			
Name	Age	Centre	Final
1 Nella Bradford		Ballina	16.75m
2 Brooke Sullivan		Grafton	15.16m
3 Makayla Greensill		Lismore	12.46m
4 Whitney Stephens		Coffs Coast	10.25m
5 Kailee Salway		Nambucca & District	9.96m

Girls U 12 - Discus (750 Gm)

Zone: Z 29.14m 1/12/1993 K. Thompson, Coffs Harbour			
Name	Age	Centre	Final
1 Natasha Wotherspoon		Evans Head	18.66m
2 Alexa Foster		Coffs Coast	17.01m
3 Tara Blunn		Evans Head	15.11m
4 Gemma Codrington		Lismore	13.12m
5 Sophia Pittman		Richmond Valley	10.84m

Girls U 13 - Discus (750 Gm)

Zone: Z 32.24m 1/12/2005 A. Jennings, Lismore			
Name	Age	Centre	Final
1 Lily Wallace		Lismore	25.60m
2 Jacinta Nicolas		Lismore	20.87m
3 Abby Nudd		Woolgoolga	19.30m
4 Fiona Martin		Coffs Coast	18.52m
5 Faith Taylor		Evans Head	15.74m
6 Jasmine McClure		Evans Head	13.90m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 14 - Discus (1.0 Kg)

Zone: Z 33.71m 1/12/2002 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Kiara Richardson		Lismore	25.59m
2 Renee Woods		Nambucca & District	25.36m
3 Bridgette Ward		Coffs Coast	23.31m
4 Katie Byrnes		Lismore	16.83m
5 Charlotte Hill		Coffs Coast	13.86m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 33.06m 1/12/1994 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Kate Blunn		Evans Head	18.39m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 37.38m 1/12/2009 R. Morris, Lismore			
Name	Age	Centre	Final
1 Georgina Morris		Lismore	27.29m
2 Sarah Harre		Grafton	26.79m
3 Levi Brown		Lismore	26.33m
4 Mia Wallace		Lismore	25.59m
5 Natalia Robson		Coffs Coast	25.19m
6 Mikaela Pieniacki		Lismore	23.26m
7 Georgina Thornton		Ballina	17.99m

Girls U 12 - Javelin (400 Gm)

Zone: Z 15.26m 14/12/2013 Natasha Wotherspoon, Evans H			
Name	Age	Centre	Final
1 Natasha Wotherspoon		Evans Head	15.26mZ
2 Tara Blunn		Evans Head	8.12m

Girls U 13 - Javelin (400 Gm)

Zone: Z 29.12m 9/12/2011 Bridgette Ward, Sawtell-Toor			
Name	Age	Centre	Final
1 Megan Tillman		Grafton	20.70m
2 Erica Tillman		Grafton	19.78m
3 Faith Taylor		Evans Head	17.26m
4 Jasmine McClure		Evans Head	13.80m
5 Fiona Martin		Coffs Coast	13.32m
6 Lily Wallace		Lismore	10.17m

Girls U 14 - Javelin (400 Gm)

Zone: Z 30.41m 14/12/2013 Bridgette Ward, Coffs Coast			
Name	Age	Centre	Final
1 Bridgette Ward		Coffs Coast	30.41mZ
2 Jaimee Hodge		Ballina	10.96m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 15 - Javelin (500 Gm)

Zone: Z 29.20m 1/12/2005 L. Robson, Sawtell / Toormin			
Name	Age	Centre	Final
1 Amanda Cheers		Nambucca & District	17.90m
2 Kate Blunn		Evans Head	14.48m

Girls U 17 - Javelin (500 Gm)

Zone: Z 35.14m 14/12/2013 Levi Brown, Lismore			
Name	Age	Centre	Final
1 Levi Brown		Lismore	35.14mZ
2 Georgina Morris		Lismore	23.57m
3 Mikaela Pieniacki		Lismore	22.20m
4 Natalia Robson		Coffs Coast	18.91m

Girls U 9 - 700 Metre Walk

Zone: Z 4:21.10 1/12/2008 B. Knight, Sawtell / Toormi			
Name	Age	Centre	Final
Section 1			
1 Ciara Keegan		Lismore	5:35.3

Girls U 10 - 1100 Metre Walk

Zone: Z 6:53.80 1/12/2002 C. Attwater, Grafton			
Name	Age	Centre	Final
1 Gabriella Hill		Lismore	8:39.4

Girls U 11 - 1100 Metre Walk

Zone: Z 6:30.60 1/12/2005 K. Knight, Coff Harbour			
Name	Age	Centre	Final
1 Nyxie Ryan		Ballina	7:02.0
2 Keeley Johnson		Ballina	8:37.0

Girls U 12 - 1500 Metre Walk

Zone: Z 8:49.10 1/12/1990 M. Hart, Sawtell / Toormina			
Name	Age	Centre	Final
1 Natasha Wotherspoon		Evans Head	11:22.0

Girls U 13 - 1500 Metre Walk

Zone: Z 8:35.90 1/12/2008 E. Robson, Sawtell / Toormi			
Name	Age	Centre	Final
1 Fiona Martin		Coffs Coast	8:48.6
2 Alice Bradford		Ballina	9:58.9
3 Lavinia Blenkhorn		Ballina	11:39.0

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Girls U 14 - 1500 Metre Walk

Zone: Z 7:43.90 1/12/2008 K. Knight, Sawtell / Toormi			
Name	Age	Centre	Final
1 Keeley McCosker		Ballina	10:16.1
2 Jaimee Hodge		Ballina	10:36.0
3 Olivia Riley		Lismore	11:51.5

Girls U 15 - 1500 Metre Walk

Zone: Z 7:29.90 1/12/2008 S. Deam, Sawtell / Toormina			
Name	Age	Centre	Final
1 Brooke Hodge		Ballina	10:13.6

Girls U 17 - 1500 Metre Walk

Zone: Z 7:27.13 9/12/2012 Jayde Hill, Nambucca Distri			
Name	Age	Centre	Final
1 Jayde Hill		Nambucca & District	7:32.9
2 Natalia Robson		Coffs Coast	8:17.7
3 Cori Hardy		Ballina	8:28.8
4 Ashleigh Stewart		Coffs Coast	10:27.2

Boys U 7 - 50 Metre Sprint

Zone: Z 8.80 1/12/2008 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Final
1 Peter Barnes		Lismore	9.3
2 Toby Batten		Nambucca & District	9.3
3 William Tait		Grafton	10.5

Boys U 7 - 70 Metre Sprint

Zone: Z 11.90 1/12/1991 J. Wilson, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Harry Cass		Ballina	13.0q
2 Peter Barnes		Lismore	13.0q
3 Lachlan Neal		Coffs Coast	16.5q
Heat 2 Heats			
1 Josh Upsall		Urunga/Bellinger	13.3q
2 Zachary Wilson		Coffs Coast	13.4q
3 Riley Wondergem		Grafton	14.4q
4 Cooper Power		Lismore	14.7q

Boys U 7 - 70 Metre Sprint

Zone: Z 11.90 1/12/1991 J. Wilson, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Harry Cass		Ballina	13.0
2 Josh Upsall		Urunga/Bellinger	13.2
3 Peter Barnes		Lismore	13.3
4 Zachary Wilson		Coffs Coast	13.3

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Boys U 7 - 70 Metre Sprint

5 Riley Wondergem	Grafton	13.8
6 Cooper Power	Lismore	15.8
7 Lachlan Neal	Coffs Coast	17.2

Boys U 8 - 70 Metre Sprint

Zone: Z 11.99 9/12/2011 Cayden Close, Sawtell-Toormin			
Name	Age	Centre	Final
Section 1			
1 Thor Harradine		Lower Clarence	13.0
2 Matt Denson		Richmond Valley	13.3
3 Ederyn Rankin		Lismore	13.3

Boys U 9 - 70 Metre Sprint

Zone: Z 10.60 1/12/1999 A. Burns, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cayden Close		Coffs Coast	11.5q
2 Will Batten		Nambucca & District	11.9q
2 William Cass		Ballina	11.9q
4 Reid Stephens		Coffs Coast	12.0q
5 Jayden Power		Lismore	12.2q
6 Billy Bradford		Ballina	12.3q
7 Luke Waldock		Lismore	12.9
Heat 2 Heats			
1 Kele Jeffrey		Lower Clarence	12.3q
2 Max Iggulden		Coffs Coast	12.4q
3 Daniel Lavender		Grafton	12.5
4 Kayne Pacey		Grafton	12.9
5 Che Mackay		Lower Clarence	12.9
6 Lachlan Devey		Lower Clarence	13.9

Boys U 9 - 70 Metre Sprint

Zone: Z 10.60 1/12/1999 A. Burns, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Cayden Close		Coffs Coast	11.5
2 William Cass		Ballina	11.8
3 Will Batten		Nambucca & District	11.8
4 Reid Stephens		Coffs Coast	11.9
5 Kele Jeffrey		Lower Clarence	12.2
6 Jayden Power		Lismore	12.2
7 Billy Bradford		Ballina	12.3
8 Max Iggulden		Coffs Coast	12.3

Boys U 10 - 70 Metre Sprint

Zone: Z 10.20 1/12/2001 J. Pefferkon, Nambucca			
Name	Age	Centre	Final
Section 1			
1 Jack Ros		Richmond Valley	11.1
2 Aydin Yumru		Coffs Coast	11.3

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Boys U 10 - 70 Metre Sprint

3 Cooper Clark	Lismore	11.4
4 Joven Walker	Nambucca & District	12.0
5 Ryan Barnes	Woolgoolga	12.3
6 Samuel Essery	Lismore	12.7
7 Joshua Waldock	Lismore	13.4

Boys U 7 - 100 Metre Sprint

=====			
Zone: Z 16.70 1/12/2008 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Josh Upsall		Urunga/Bellinger	17.9q
2 Jye Barlow		Lismore	18.0q
3 William Tait		Grafton	20.8q
4 Lucas Burrridge		Coffs Coast	22.5q
5 Lachlan Neal		Coffs Coast	23.1
Heat 2 Heats			
1 Toby Batten		Nambucca & District	18.2q
2 Peter Barnes		Lismore	18.5q
3 Harry Cass		Ballina	19.6q
4 Jack Harry		Grafton	19.7q

Boys U 7 - 100 Metre Sprint

=====			
Zone: Z 16.70 1/12/2008 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Josh Upsall		Urunga/Bellinger	18.0
2 Jye Barlow		Lismore	18.1
3 Toby Batten		Nambucca & District	18.2
4 Peter Barnes		Lismore	18.5
5 Harry Cass		Ballina	19.7
6 Jack Harry		Grafton	20.2
7 William Tait		Grafton	21.0
8 Lucas Burrridge		Coffs Coast	22.2

Boys U 8 - 100 Metre Sprint

=====			
Zone: Z 11.70 1/12/1994 B. Johnson, Nambucca			
Name	Age	Centre	Final
=====			
Section 1			
1 Ethan Hart		Coffs Coast	16.5
2 Lewis Parker		Ballina	17.8
3 Sam Fisher		Coffs Coast	17.9
4 Matt Denson		Richmond Valley	18.4
5 Scott Priest		Woolgoolga	19.3

Boys U 9 - 100 Metre Sprint

=====			
Zone: Z 14.50 1/12/2008 A. Wallace, Sawtell / Toormin			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Blake Robertson		Grafton	15.2q
2 Grayson Reimer		Grafton	15.8q

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE

Results

....Boys U 9 - 100 Metre Sprint

3 Cayden Close	Coffs Coast	16.4q
4 Orlando Swan	Lismore	17.3
5 Max Iggulden	Coffs Coast	18.0

Heat 2 Heats

1 Lachlan Offley	Ballina	15.9q
2 Thomas Gregory	Lismore	16.5q
3 Will Batten	Nambucca & District	16.9q
4 Reid Stephens	Coffs Coast	17.0q
5 William Cass	Ballina	17.2q

Boys U 9 - 100 Metre Sprint

Zone: Z 14.50 1/12/2008 A. Wallace, Sawtell / Toormin

Name	Age Centre	Final
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Section 1 Final

1 Blake Robertson	Grafton	14.9
2 Lachlan Offley	Ballina	15.4
3 Grayson Reimer	Grafton	15.4
4 Cayden Close	Coffs Coast	15.9
5 Thomas Gregory	Lismore	16.5
6 Will Batten	Nambucca & District	16.9
7 William Cass	Ballina	17.0
8 Reid Stephens	Coffs Coast	17.0

Boys U 10 - 100 Metre Sprint

Zone: Z 13.80 1/12/2001 A. Kappen, McLean

Name	Age Centre	Heats
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Heat 1 Heats

1 Harry Ward	Coffs Coast	15.2q
2 Jack Ros	Richmond Valley	15.5q
3 Aydin Yumru	Coffs Coast	16.0q
4 Max Edwards	Ballina	16.5q
5 Charlie Greenhalgh	Woolgoolga	17.6q

Heat 2 Heats

1 Campbell Booth	Ballina	16.1q
2 Yuvraj Sidhu	Woolgoolga	16.4q
3 Cooper Clark	Lismore	16.8q
4 Samuel Essery	Lismore	19.3

Boys U 10 - 100 Metre Sprint

Zone: Z 13.80 1/12/2001 A. Kappen, McLean

Name	Age Centre	Final
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Section 1 Final

1 Harry Ward	Coffs Coast	14.7
2 Jack Ros	Richmond Valley	15.6
3 Aydin Yumru	Coffs Coast	15.6
4 Campbell Booth	Ballina	15.9
5 Cooper Clark	Lismore	16.5
6 Yuvraj Sidhu	Woolgoolga	16.6
7 Charlie Greenhalgh	Woolgoolga	17.2

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Boys U 11 - 100 Metre Sprint

Zone: Z 13.80 1/12/1989 S. Tuxford, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ben Simmonds		Ballina	15.1q
2 Jayden Thomson		Ballina	15.1q
3 Calden Scott		Grafton	16.5q
4 Matthew Tapping		Woolgoolga	16.7q
Heat 2 Heats			
1 Rowan Mansfield		Ballina	14.2q
2 Michael Spinoglio		Coffs Coast	14.5q
3 Lennox Bird		Lismore	15.9q
4 Elijah Thorn		Urunga/Bellinger	17.0q
5 Daniel Clark		Lismore	18.2

Boys U 11 - 100 Metre Sprint

Zone: Z 13.80 1/12/1989 S. Tuxford, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Rowan Mansfield		Ballina	14.3
2 Michael Spinoglio		Coffs Coast	14.4
3 Jayden Thomson		Ballina	15.0
4 Ben Simmonds		Ballina	15.2
5 Lennox Bird		Lismore	16.2
6 Calden Scott		Grafton	16.5
7 Elijah Thorn		Urunga/Bellinger	16.8
8 Matthew Tapping		Woolgoolga	17.1

Boys U 12 - 100 Metre Sprint

Zone: Z 13.00 1/12/1997 Ri Williams, Urunga			
Name	Age	Centre	Final
Section 1			
1 Logan Jones		Nambucca & District	14.0
2 Tyler Glavocih		Ballina	14.1
3 Ruari Gorman		Coffs Coast	15.4
4 Jovn Chung-Wright		Coffs Coast	15.6

Boys U 13 - 100 Metre Sprint

Zone: Z 12.50 14/12/2013 Damian Duroux, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Damian Duroux		Grafton	12.7q
2 Hayden Priest		Lismore	14.2q
3 Roan Beucker		Lismore	14.4q
4 Oscar Churchwell		Coffs Coast	14.5q
5 Lachlan Johnson		Ballina	14.9q
6 Humraj Singh		Woolgoolga	15.2q
7 Kyle Gardner		Woolgoolga	16.6
Heat 2 Heats			
1 Nicholas Essery		Lismore	12.9q
2 Luke Allen		Lismore	13.8q
3 Brandan Webb		Woolgoolga	15.3

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Boys U 13 - 100 Metre Sprint

4 Bailey Ryan	Ballina	16.1
5 Rafe Fredericks	Ballina	19.1

Boys U 13 - 100 Metre Sprint

Zone: Z 12.50 14/12/2013 Damian Duroux, Grafton

Name	Age Centre	Final
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Section 1 Final

1 Damian Duroux	Grafton	12.5Z
2 Nicholas Essery	Lismore	12.8
3 Luke Allen	Lismore	13.9
4 Roan Beucker	Lismore	14.3
5 Oscar Churchwell	Coffs Coast	14.6
6 Lachlan Johnson	Ballina	14.9
7 Humraj Singh	Woolgoolga	15.0

Boys U 14 - 100 Metre Sprint

Zone: Z 12.55 14/12/2013 Jack Churchwell, Coffs Coast

Name	Age Centre	Final
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Section 1

1 Jack Churchwell	Coffs Coast	12.6Z
2 Ky Wraight	Lismore	12.8

Boys U 15 - 100 Metre Sprint

Zone: Z 11.70 1/12/2008 J. Chant, Sawtell / Toormina

Name	Age Centre	Final
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1 Andrew Durrington	Grafton	12.2
2 Aethan Chung-Wright	Coffs Coast	12.6
3 Adam Potts	Ballina	12.8

Boys U 17 - 100 Metre Sprint

Zone: Z 11.50 1/12/2008 R. Lenihan, Sawtell / Toormin

Name	Age Centre	Final
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1 Luke Weston	Lismore	12.2
2 Jake Crismale	Coffs Coast	12.6
3 Jordan Gamble	Lismore	12.8
4 Blayde Pacey	Grafton	13.3

Boys U 7 - 200 Metre Sprint

Zone: Z 37.10 1/12/2008 B. Kernaghan, Ballina

Name	Age Centre	Heats
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Heat 1 Heats

1 Josh Upsall	Urunga/Bellinger	38.7q
2 Brayden Kernaghan	Ballina	39.5q
3 Peter Barnes	Lismore	39.6q
4 Jack Harry	Grafton	43.4q
5 Cooper Power	Lismore	46.2
6 Robbie Mumford	Ballina	47.5
7 Lucas Burrridge	Coffs Coast	47.9

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

....Boys U 7 - 200 Metre Sprint

Heat 2 Heats

1	Jye Barlow	Lismore	38.4q
2	Zachary Wilson	Coffs Coast	40.3q
3	Jaryd Neaves	Urunga/Bellinger	43.5q
4	Riley Wondergem	Grafton	44.0q
5	Lucas Offley	Ballina	44.1

Boys U 7 - 200 Metre Sprint

=====
 Zone: Z 37.10 1/12/2008 B. Kernaghan, Ballina
 Name Age Centre Final
 =====

Section 1 Final

1	Josh Upsall	Urunga/Bellinger	39.8
2	Jye Barlow	Lismore	40.2
3	Peter Barnes	Lismore	40.5
4	Zachary Wilson	Coffs Coast	41.2
5	Brayden Kernaghan	Ballina	42.1
6	Jack Harry	Grafton	43.1
7	Jaryd Neaves	Urunga/Bellinger	44.5
8	Riley Wondergem	Grafton	44.7

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 32.60 1/12/1990 M. Wills, Sawtell / Toormina
 Name Age Centre Final
 =====

Section 1

1	Toby Barlow	Lismore	37.1
2	Lewis Parker	Ballina	38.0
3	Thor Harradine	Lower Clarence	41.4

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.20 1/12/2002 B. Smith, Ballina
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Thomas Gregory	Lismore	34.7q
1	Orlando Swan	Lismore	34.7q
3	Kele Jeffrey	Lower Clarence	37.2q
4	Andrew Clark	Lismore	37.8
5	Che Mackay	Lower Clarence	44.8
6	Kobi Power	Lismore	55.3

Heat 2 Heats

1	Blake Robertson	Grafton	33.9q
2	Harrison Colyer	Coffs Coast	36.2q
3	Will Batten	Nambucca & District	36.4q
4	Daniel Lavender	Grafton	37.0q
5	Malcolm Noble	Nambucca & District	37.0q
6	Dembe Ryan	Ballina	37.4

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Boys U 9 - 200 Metre Sprint

Zone: Z 30.20 1/12/2002 B. Smith, Ballina			
Name	Age	Centre	Final
Section 1 Final			
1 Blake Robertson		Grafton	33.2
2 Thomas Gregory		Lismore	35.1
3 Orlando Swan		Lismore	35.7
4 Harrison Colyer		Coffs Coast	36.2
5 Daniel Lavender		Grafton	36.8
6 Will Batten		Nambucca & District	37.0
7 Kele Jeffrey		Lower Clarence	37.9
8 Malcolm Noble		Nambucca & District	39.7

Boys U 10 - 200 Metre Sprint

Zone: Z 29.70 1/12/2002 J. Fischer, McLean			
Name	Age	Centre	Final
Section 1			
1 Aydin Yumru		Coffs Coast	32.8
2 Zac Pacey		Grafton	33.0
3 Jack Ros		Richmond Valley	34.6
4 Darcy Harris		Lismore	35.4
5 Charlie Greenhalgh		Woolgoolga	37.0
6 Ryan Barnes		Woolgoolga	37.7
7 Luke Curtis		Lismore	38.4
8 Samuel Essery		Lismore	39.0

Boys U 11 - 200 Metre Sprint

Zone: Z 28.50 1/12/2011 B. Hunt, Ballina			
Name	Age	Centre	Final
1 Rowan Mansfield		Ballina	30.1
2 Michael Spinoglio		Coffs Coast	30.8
3 Jack Denson		Richmond Valley	31.7
4 Jayden Thomson		Ballina	32.1
5 Hunter Churchwell		Coffs Coast	34.3
6 Henry Lee		Lismore	35.9

Boys U 12 - 200 Metre Sprint

Zone: Z 27.40 1/12/1994 D. Rose, Bellinger Valley			
Name	Age	Centre	Final
1 Logan Jones		Nambucca & District	29.3
2 Tyler Glavocih		Ballina	30.0
3 Joel Guy		Coffs Coast	30.1
4 Nicholas Lavender		Grafton	30.8
5 Lachlan Mumford		Ballina	31.3
6 Rocco Partridge		Lismore	33.3

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Boys U 13 - 200 Metre Sprint

Zone: Z 25.50 1/12/1996 D. Garbin, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Hugh Harris		Lismore	29.6q
2 Luke Allen		Lismore	30.0q
3 Riley Neaves		Urunga/Bellinger	32.6q
Heat 2 Heats			
1 Damian Duroux		Grafton	26.2q
2 Nicholas Essery		Lismore	26.8q
3 Oscar Churchwell		Coffs Coast	30.1q
4 Roan Beucker		Lismore	30.4q
5 Kyle Gardner		Woolgoolga	33.7q
6 Bailey Ryan		Ballina	34.7

Boys U 13 - 200 Metre Sprint

Zone: Z 25.50 1/12/1996 D. Garbin, Grafton			
Name	Age	Centre	Final
Section 1 Final			
1 Damian Duroux		Grafton	26.3
2 Nicholas Essery		Lismore	27.2
3 Hugh Harris		Lismore	29.7
4 Roan Beucker		Lismore	30.4
5 Luke Allen		Lismore	30.9
6 Oscar Churchwell		Coffs Coast	30.9
7 Kyle Gardner		Woolgoolga	34.5

Boys U 14 - 200 Metre Sprint

Zone: Z 24.90 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
Section 1			
1 Jack Churchwell		Coffs Coast	26.0
2 Hugh Churchwell		Coffs Coast	27.0
3 Ky Wraight		Lismore	27.1
4 Liam Rogers		Ballina	28.8

Boys U 15 - 200 Metre Sprint

Zone: Z 23.90 1/12/1994 J. Farmer, Coffs Harbour			
Name	Age	Centre	Final
1 Andrew Durrington		Grafton	25.5
2 Aethan Chung-Wright		Coffs Coast	27.2
3 Joshua Weston		Lismore	28.2
4 Jesse Vincent-Ellis		Nambucca & District	29.4

Boys U 17 - 200 Metre Sprint

Zone: Z 23.60 11/12/2012 J. Chevalley, Grafton			
Name	Age	Centre	Final
1 Luke Weston		Lismore	24.9
2 Tim Martin		Coffs Coast	25.7
3 Jake Crismale		Coffs Coast	26.9

ZONE TRACK & FIELD CHAMPIONSHIPS
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....Boys U 17 - 200 Metre Sprint

4 Blyde Pacey Grafton 28.1

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.40 1/12/1994 J. Gava, Casino

Name	Age Centre	Final
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1 Ethan Hart	Coffs Coast	1:20.2
2 Toby Barlow	Lismore	1:21.8
3 Jack Organ	Ballina	1:24.5
4 Sam Fisher	Coffs Coast	1:33.9
5 Padraig Heffernan	Lismore	1:34.5

Boys U 9 - 400 Metre Sprint

Zone: Z 1:11.60 1/12/1990 M. Wills, Sawtell / Toormin

Name	Age Centre	Heats
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Heat 1 Heats

1 Blake Robertson	Grafton	1:15.6q
2 Kyan Upsall	Urunga/Bellinger	1:16.8q
3 Ricky Cleary	Lower Clarence	1:18.0q
4 Beau Brown	Ballina	1:18.0q
5 Grayson Reimer	Grafton	1:21.7q

Heat 2 Heats

1 Lachlan Offley	Ballina	1:17.8q
2 Thomas Gregory	Lismore	1:17.9q
3 Harrison Colyer	Coffs Coast	1:18.4q
4 Andrew Clark	Lismore	1:26.3

Boys U 9 - 400 Metre Sprint

Zone: Z 1:11.60 1/12/1990 M. Wills, Sawtell / Toormin

Name	Age Centre	Final
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Section 1 Final

1 Blake Robertson	Grafton	1:15.8
2 Kyan Upsall	Urunga/Bellinger	1:16.7
3 Lachlan Offley	Ballina	1:17.7
4 Thomas Gregory	Lismore	1:20.5
5 Grayson Reimer	Grafton	1:21.6
6 Harrison Colyer	Coffs Coast	1:22.0
7 Ricky Cleary	Lower Clarence	1:24.6
8 Beau Brown	Ballina	1:34.1

Boys U 10 - 400 Metre Sprint

Zone: Z 1:08.70 1/12/2002 J. Duncan, Sawtell / Toormi

Name	Age Centre	Final
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Section 1

1 Aydin Yumru	Coffs Coast	1:17.6
2 Talon Mitchell	Woolgoolga	1:20.3
3 Campbell Booth	Ballina	1:20.9
4 Lachlan Marle	Coffs Coast	1:23.3
5 Toby Mumford	Ballina	1:24.7

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 11 - 400 Metre Sprint

Zone: Z 1:05.80 1/12/1999 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Hunter Churchwell		Coffs Coast	1:16.0
2 Rory Oliver		Ballina	1:18.4
3 Matthew Tapping		Woolgoolga	1:19.9
4 Zac Hart		Coffs Coast	1:23.7
5 Calden Scott		Grafton	1:29.0
6 Daniel Clark		Lismore	1:30.2

Boys U 12 - 400 Metre Sprint

Zone: Z 1:05.56 14/12/2013 Joel Guy, Coffs Coast			
Name	Age	Centre	Final
1 Joel Guy		Coffs Coast	1:05.6Z
2 Benjamin Burrridge		Coffs Coast	1:07.7
3 Logan Jones		Nambucca & District	1:08.1
4 Lachlan Mumford		Ballina	1:08.3
5 Thomas Burrridge		Coffs Coast	1:09.8
6 Patrick Thornton		Ballina	1:17.6

Boys U 13 - 400 Metre Sprint

Zone: Z 59.40 1/12/1996 D. Garbin, Grafton			
Name	Age	Centre	Final
1 Joshua Mumford		Ballina	1:05.5
2 Hugh Harris		Lismore	1:07.5
3 Oscar Churchwell		Coffs Coast	1:07.7
4 Kyle Gardner		Woolgoolga	1:16.4
5 Bailey Ryan		Ballina	1:20.6
6 Andrew Newell		Ballina	1:21.8
7 Geoffrey Tapping		Woolgoolga	1:25.6
-- Caleb Couper		Lower Clarence	DNF

Boys U 14 - 400 Metre Sprint

Zone: Z 57.50 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1 Hugh Churchwell		Coffs Coast	59.5
2 Jack Churchwell		Coffs Coast	1:01.5
3 Liam Rogers		Ballina	1:03.0
4 Ky Wraight		Lismore	1:05.4

Boys U 15 - 400 Metre Sprint

Zone: Z 54.60 1/12/1996 A. Antonioli, Casino			
Name	Age	Centre	Final
1 Jonny Gusman		Woolgoolga	57.4
2 Adam Potts		Ballina	58.2
3 Andrew Durrington		Grafton	59.1
4 Aethan Chung-Wright		Coffs Coast	1:08.0
5 Jesse Vincent-Ellis		Nambucca & District	1:10.8
6 Isaiah Koopmans		Woolgoolga	1:14.8

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
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Boys U 17 - 400 Metre Sprint

Zone: Z 53.58 8/12/2011 Toby McCann, Woolgoolga			
Name	Age	Centre	Final
1 Tim Martin		Coffs Coast	59.5
2 Jake Crismale		Coffs Coast	1:05.7

Boys U 9 - 800 Metre Run

Zone: Z 2:47.28 1/12/2009 J. Mumford, Ballina			
Name	Age	Centre	Final
1 Lachlan Offley		Ballina	2:50.2
1 Kyan Upsall		Urunga/Bellinger	2:50.2
3 Thomas Gregory		Lismore	2:54.0
4 Harrison Colyer		Coffs Coast	2:54.7
5 Nicholas Sweeney		Coffs Coast	2:57.8
6 Kele Jeffrey		Lower Clarence	3:05.6
7 Andrew Clark		Lismore	3:08.0
8 Billy Bradford		Ballina	3:09.1
9 Dembe Ryan		Ballina	3:12.3

Boys U 10 - 800 Metre Run

Zone: Z 2:42.70 1/12/1990 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
1 Bodhi Minahan		Ballina	2:46.6
2 Toby Mumford		Ballina	2:57.1
3 Zac Pacey		Grafton	3:03.1
4 Darcy Harris		Lismore	3:20.9
5 Luke Curtis		Lismore	3:28.1

Boys U 11 - 800 Metre Run

Zone: Z 2:33.10 1/12/1999 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Rory Oliver		Ballina	2:46.9
2 Hunter Churchwell		Coffs Coast	2:51.7
3 Elijah Thorn		Urunga/Bellinger	2:54.1
4 Henry Lee		Lismore	3:00.0
5 Declan Bambery Young		Urunga/Bellinger	3:06.3
6 Sean Nicolas		Lismore	3:09.7

Boys U 12 - 800 Metre Run

Zone: Z 2:25.10 1/12/2005 M. Payne, Lismore			
Name	Age	Centre	Final
1 Lachlan Mumford		Ballina	2:29.7
2 Benjamin Burrridge		Coffs Coast	2:32.7
3 Thomas Burrridge		Coffs Coast	2:37.7
4 Nicholas Lavender		Grafton	2:55.1
5 Ruari Gorman		Coffs Coast	2:59.8

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Boys U 13 - 800 Metre Run

Zone: Z 2:20.20 1/12/2000 S. Simpson, Woolgoolga			
Name	Age	Centre	Final
1 Joshua Mumford		Ballina	2:28.6
2 Oscar Churchwell		Coffs Coast	2:46.8
3 Reeyce Sadler		Woolgoolga	2:48.4

Boys U 14 - 800 Metre Run

Zone: Z 2:20.63 15/12/2013 Hugh Churchwell, Coffs Coas			
Name	Age	Centre	Final
1 Hugh Churchwell		Coffs Coast	2:20.7Z
2 Liam Rogers		Ballina	2:36.7
3 Tully Waters		Ballina	2:51.4

Boys U 15 - 800 Metre Run

Zone: Z 2:10.10 1/12/2001 C. Bruihmsa, Bellingen			
Name	Age	Centre	Final
1 Jonny Gusman		Woolgoolga	2:21.4
2 Jesse Vincent-Ellis		Nambucca & District	2:40.8
3 Liam Bloomer		Grafton	2:43.9

Boys U 17 - 800 Metre Run

Zone: Z 2:06.79 10/12/2011 M. Berrington, Sawtell / To			
Name	Age	Centre	Final
1 Tim Martin		Coffs Coast	2:16.2
2 Luke Weston		Lismore	2:16.3

Boys U 10 - 1500 Metre Run

Zone: Z 5:27.50 1/12/1990 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
1 Bodhi Minahan		Ballina	5:44.5
2 Toby Mumford		Ballina	5:53.5
3 Talon Mitchell		Woolgoolga	5:55.7
4 Zac Pacey		Grafton	5:56.2
5 Ryan Kernaghan		Ballina	6:09.4
6 Darcy Harris		Lismore	6:15.2
6 Lachlan Marle		Coffs Coast	6:15.2

Boys U 11 - 1500 Metre Run

Zone: Z 5:09.70 1/12/1996 B. Hannah, Nambucca			
Name	Age	Centre	Final
1 Matthew Tapping		Woolgoolga	5:44.2
2 Rory Oliver		Ballina	5:55.1
3 Elijah Thorn		Urunga/Bellinger	6:06.7
4 Lennox Bird		Lismore	6:11.4
5 Sean Nicolas		Lismore	6:11.6

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 12 - 1500 Metre Run

Zone: Z 4:59.80 1/12/1994 A. Myers, Coffs Harbour			
Name	Age	Centre	Final
1 Benjamin Burridge		Coffs Coast	5:09.7
2 Lachlan Mumford		Ballina	5:09.7
3 Thomas Burridge		Coffs Coast	5:22.7
4 Reagan Scheuermann		Woolgoolga	6:28.3

Boys U 13 - 1500 Metre Run

Zone: Z 4:49.70 1/12/2002 C. Fitzpatrick, Coffs Harbo			
Name	Age	Centre	Final
1 Joshua Mumford		Ballina	5:09.1
2 Hugh Harris		Lismore	5:59.3
3 Geoffrey Tapping		Woolgoolga	6:18.9

Boys U 14 - 1500 Metre Run

Zone: Z 4:41.60 1/12/1995 M. Wills, Sawtell / Toormin			
Name	Age	Centre	Final
1 Hugh Churchwell		Coffs Coast	5:03.6
2 Joshua Guy		Coffs Coast	5:12.1
3 Tully Waters		Ballina	5:48.6

Boys U 15 - 1500 Metre Run

Zone: Z 4:40.80 1/12/1995 J. Iddles, Bellingen			
Name	Age	Centre	Final
1 Isaiah Koopmans		Woolgoolga	4:52.4
2 Jonny Gusman		Woolgoolga	5:02.5
3 Liam Bloomer		Grafton	5:44.3
4 Jesse Thamm		Lismore	5:50.9

Boys U 17 - 1500 Metre Run

Zone: Z 4:28.41 10/12/2011 M. Berrington, Sawtell-Toor			
Name	Age	Centre	Final
1 Luke Weston		Lismore	5:09.3
2 Jacob Thorn		Urunga/Bellinger	5:34.0
3 Cody Amos		Lismore	5:40.0

Boys U 13 - 3000 Metre Run

Zone: Z 10:43.58 14/12/2013 Joshua Mumford, Ballina			
Name	Age	Centre	Final
1 Joshua Mumford		Ballina	10:43.6Z
2 Reeyce Sadler		Woolgoolga	12:25.0
3 Geoffrey Tapping		Woolgoolga	14:00.9

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 14 - 3000 Metre Run

Zone: Z 10:32.10 1/12/1995 C. Iddles, Woolgoolga			
Name	Age	Centre	Final
1 Joshua Guy		Coffs Coast	11:03.4
2 Tully Waters		Ballina	13:04.8

Boys U 15 - 3000 Metre Run

Zone: Z 9:55.47 8/12/2011 Jai Lyons, Sawtell-Toormina			
Name	Age	Centre	Final
1 Isaiah Koopmans		Woolgoolga	10:41.8
2 Jesse Thamm		Lismore	13:03.0

Boys U 17 - 3000 Metre Run

Zone: Z 9:57.15 8/12/2011 Luke Tarrant, Sawtell-Toorm			
Name	Age	Centre	Final
1 Jacob Thorn		Urunga/Bellinger	12:09.0
2 Jarrod Sadler		Woolgoolga	14:09.4

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.80 1/12/1997 B. Weick, Bellinger Valley			
Name	Age	Centre	Final
1 Ethan Hart		Coffs Coast	12.5
2 Sam Fisher		Coffs Coast	13.6
3 Scott Priest		Woolgoolga	13.7
4 Ederyn Rankin		Lismore	13.9

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.60 1/12/2008 A. Wallace, Sawtell Toormina			
Name	Age	Centre	Heats

Heat 1 Heats

1 Cayden Close		Coffs Coast	11.6q
2 Beau Brown		Ballina	12.3q
3 Jayden Power		Lismore	12.6q
4 Nicholas Sweeney		Coffs Coast	12.7q
5 Reid Stephens		Coffs Coast	12.8q
6 Grayson Reimer		Grafton	16.0

Heat 2 Heats

1 Harrison Colyer		Coffs Coast	12.5q
2 Orlando Swan		Lismore	12.5q
3 Max Iggulden		Coffs Coast	13.3q
4 Will Simmonds		Ballina	14.0
4 Kayne Pacey		Grafton	14.0
6 Kobi Power		Lismore	15.7

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
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Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.60 1/12/2008 A. Wallace, Sawtell Toormina			
Name	Age	Centre	Final
Section 1 Final			
1 Cayden Close		Coffs Coast	11.4
2 Harrison Colyer		Coffs Coast	12.1
3 Beau Brown		Ballina	12.2
4 Jayden Power		Lismore	12.4
5 Orlando Swan		Lismore	12.5
6 Reid Stephens		Coffs Coast	12.7
7 Nicholas Sweeney		Coffs Coast	12.9
8 Max Iggulden		Coffs Coast	13.2

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 1/12/1991 J. Northey, Grafton			
Name	Age	Centre	Final
Section 1			
1 Harry Ward		Coffs Coast	11.5
2 Yuvraj Sidhu		Woolgoolga	13.1
3 Joven Walker		Nambucca & District	13.2
4 Jacob Gunthorpe		Lismore	15.2
5 Joshua Waldock		Lismore	15.4
6 Clayton Paget		Richmond Valley	16.3

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 1/12/1991 D. Bryant, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Henry Lee		Lismore	11.9q
2 Kai Nudd		Woolgoolga	13.1q
3 Jack McIntosh		Ballina	13.9q
4 Nicholas Bulloch		Coffs Coast	14.2
5 Daniel Clark		Lismore	14.3
Heat 2 Heats			
1 Ben Simmonds		Ballina	11.1q
2 Zac Hart		Coffs Coast	11.5q
3 Calden Scott		Grafton	12.9q
4 Elijah Thorn		Urunga/Bellinger	13.1q
5 Lennox Bird		Lismore	13.2q

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 1/12/1991 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Ben Simmonds		Ballina	10.6
2 Zac Hart		Coffs Coast	11.4
3 Henry Lee		Lismore	11.9
4 Calden Scott		Grafton	12.8
5 Elijah Thorn		Urunga/Bellinger	12.8
6 Kai Nudd		Woolgoolga	12.9
7 Lennox Bird		Lismore	13.0
8 Jack McIntosh		Ballina	13.5

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Boys U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.10 1/12/1989 D. Cross, Grafton			
Name	Age	Centre	Final
Section 1			
1 Xander Pilon		Woolgoolga	11.5
2 Benjamin Burrridge		Coffs Coast	12.2
3 Jovn Chung-Wright		Coffs Coast	12.2
4 Thomas Burrridge		Coffs Coast	12.4
5 Simon Walker		Nambucca & District	13.2

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.30 1/12/2002 E. Rice, McLean			
Name	Age	Centre	Final
1 Brandan Webb		Woolgoolga	15.1
2 Hugh Harris		Lismore	15.4
3 Roan Beucker		Lismore	16.4
4 Bailey Ryan		Ballina	16.8
5 Kyle Gardner		Woolgoolga	18.4
6 Andrew Newell		Ballina	19.3
7 Rafe Fredericks		Ballina	24.5

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.60 1/12/1996 J. Northey, Grafton			
Name	Age	Centre	Final
1 Aethan Chung-Wright		Coffs Coast	15.8
2 Sam Reynolds		Coffs Coast	15.9

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 18.09 15/12/2013 Nesta Walker, Nambucca			
Name	Age	Centre	Final
1 Nesta Walker		Nambucca & District	18.1Z
2 Adam Lollback		Lismore	20.5

Boys U 15 - 200 Metre Hurdles (76cm)

Zone: Z 27.70 1/12/1991 T. Bryant, Grafton			
Name	Age	Centre	Final
1 Aethan Chung-Wright		Coffs Coast	29.2
2 Sam Reynolds		Coffs Coast	29.2

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 29.12 14/12/2013 Nesta Walker, Nambucca			
Name	Age	Centre	Final
1 Nesta Walker		Nambucca & District	29.2Z
2 Adam Lollback		Lismore	34.2

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 7 - 500 Metre Pack Start

Zone: Z 1:53.62 14/12/2013 Brayden Kernaghan, Ballina			
Name	Age	Centre	Final
1 Brayden Kernaghan		Ballina	1:53.7Z
2 Josh Upsall		Urunga/Bellinger	1:58.1
3 William Tait		Grafton	2:10.8
4 Lucas Offley		Ballina	2:12.3
5 Jack Harry		Grafton	2:13.6
6 Lucas Burrridge		Coffs Coast	2:17.7
7 Robbie Mumford		Ballina	2:19.3

Boys U 8 - 700 Metre Pack Start

Zone: Z 2:27.10 1/12/1994 J. Gava, Casino			
Name	Age	Centre	Final
1 Toby Barlow		Lismore	2:43.0
2 Jack Organ		Ballina	2:46.2
3 Padraig Heffernan		Lismore	3:00.1

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 59.16 15/12/2013 Coffs Coast, Coffs Coast			
C Close, M Spinoglio, H Ward, J Guy			
Centre			Final
1 Coffs Coast			59.2Z
1) Cayden Close 9	2) Michael Spinoglio 11		
3) Harry Ward 10	4) Joel Guy 12		
2 Ballina			1:00.5
1) Lachlan Offley 9	2) Campbell Booth 10		
3) Rowan Mansfield 11	4) Tyler Glavocih 12		
3 Lismore			1:04.1
1) Thomas Gregory 9	2) Cooper Clark 10		
3) Henry Lee 11	4) Rocco Partridge 12		
4 Nambucca & District			1:06.1
1) Will Batten 9	2) Malcolm Noble 9		
3) Joven Walker 10	4) Logan Jones 12		
-- Grafton			DQ
1) Kayne Pacey 9	2) Daniel Lavender 9		
3) Zac Pacey 10	4) Nicholas Lavender 12		

Boys U 13-17 4x100 Metre Relay (Snr)

Zone: Z 50.61 15/12/2013 Lismore, Lismore			
K Wraight, J Weston, L Weston, N Essery			
Centre			Final
1 Lismore			50.7Z
1) Ky Wraight 14	2) Joshua Weston 15		
3) Luke Weston 17	4) Nicholas Essery 13		
2 Coffs Coast			50.7
1) Aethan Chung-Wright 15	2) Jack Churchwell 14		
3) Oscar Churchwell 13	4) Tim Martin 17		
-- Ballina			DQ
1) Lachlan Johnson 13	2) Liam Rogers 14		
3) Tully Waters 14	4) Joshua Mumford 13		
-- Grafton			DQ

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Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.63m 1/12/1989 K. Riddick, Grafton			
Name	Age	Centre	Final
1	Brandan Webb	Woolgoolga	1.40m
1	Roan Beucker	Lismore	1.40m
3	Sid Smythe	Woolgoolga	1.35m
4	Bailey Ryan	Ballina	1.30m
--	Kyle Gardner	Woolgoolga	FAIL
--	Hugh Harris	Lismore	FAIL

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.70m 14/12/2013 Jack Churchwell, Coffs Coast			
Name	Age	Centre	Final
1	Jack Churchwell	Coffs Coast	1.70mZ
2	Tully Waters	Ballina	1.40m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.83m 1/12/1996 K. Elliott, Grafton			
Name	Age	Centre	Final
1	Sam Reynolds	Coffs Coast	1.55m
2	Jonny Gusman	Woolgoolga	1.50m
3	Andrew Durrington	Grafton	1.45m
3	Joshua Weston	Lismore	1.45m
3	Liam Bloomer	Grafton	1.45m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.67m 8/12/2011 Anthony Walker, Nambucca			
Name	Age	Centre	Final
1	Tim Martin	Coffs Coast	1.60m
2	Blayde Pacey	Grafton	1.35m

Boys U 7 - Long Jump

Zone: Z 3.03m 15/12/2013 Harry Cass, Ballina			
Name	Age	Centre	Final
1	Harry Cass	Ballina	3.03mZ
2	Zachary Wilson	Coffs Coast	2.68m
3	Brayden Kernaghan	Ballina	2.63m
4	Jaryd Neaves	Urunga/Bellinger	2.48m
5	Jye Barlow	Lismore	2.32m
6	Cooper Power	Lismore	2.15m
7	Lachlan Neal	Coffs Coast	2.04m
8	Riley Wondergem	Grafton	1.85m

Boys U 8 - Long Jump

Zone: Z 3.63m 1/12/1999 B. Spence, Coffs Harbour			
Name	Age	Centre	Final
1	Lewis Parker	Ballina	3.08m
2	Sam Fisher	Coffs Coast	3.04m

ZONE TRACK & FIELD CHAMPIONSHIPS
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....Boys U 8 - Long Jump

3 Toby Barlow	Lismore	3.01m
4 Ederyn Rankin	Lismore	2.83m
5 Tyler Paget	Richmond Valley	2.62m

Boys U 9 - Long Jump

Zone: Z 4.17m 1/12/1990 M. Wills, Sawtell / Toormina

Name	Age Centre	Final
1 Lachlan Offley	Ballina	3.73m
2 Jayden Power	Lismore	3.31m
3 Billy Bradford	Ballina	3.26m
4 Nicholas Sweeney	Coffs Coast	3.21m
5 Daniel Lavender	Grafton	3.19m
6 Max Iggulden	Coffs Coast	3.09m
7 Reid Stephens	Coffs Coast	2.97m
8 Lachlan Devey	Lower Clarence	2.72m
9 Kele Jeffrey	Lower Clarence	2.64m
10 Luke Waldock	Lismore	2.53m
11 Che Mackay	Lower Clarence	2.45m
12 Kobi Power	Lismore	2.10m

Boys U 10 - Long Jump

Zone: Z 4.30m 1/12/2000 A. Pateman, MacLean

Name	Age Centre	Final
1 Harry Ward	Coffs Coast	3.99m
2 Cooper Clark	Lismore	3.65m
3 Campbell Booth	Ballina	3.60m
4 Luke Curtis	Lismore	3.45m
5 Ryan Barnes	Woolgoolga	3.29m
6 Charlie Greenhalgh	Woolgoolga	3.20m
7 Talon Mitchell	Woolgoolga	3.09m
8 Joshua Waldock	Lismore	2.90m
9 Jacob Gunthorpe	Lismore	2.83m
10 Clayton Paget	Richmond Valley	2.62m

Boys U 11 - Long Jump

Zone: Z 4.56m 1/12/2005 R. Cole, Sawtell / Toormina

Name	Age Centre	Final
1 Ben Simmonds	Ballina	4.14m
2 Jayden Thomson	Ballina	4.07m
3 Jack Denson	Richmond Valley	4.03m
4 Michael Spinoglio	Coffs Coast	4.01m
5 Declan Bambery Young	Urunga/Bellinger	3.59m
6 Hunter Churchwell	Coffs Coast	3.52m
7 Kai Nudd	Woolgoolga	3.42m
8 Jack McIntosh	Ballina	2.96m
9 Nicholas Bulloch	Coffs Coast	2.93m

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 12 - Long Jump

Zone: Z 4.97m 1/12/1994 D. Rose, Bellingen			
Name	Age	Centre	Final
1 Joel Guy		Coffs Coast	4.72m
2 Logan Jones		Nambucca & District	4.59m
3 Justin Baker		Richmond Valley	4.35m
4 Xander Pilon		Woolgoolga	4.30m
5 Tyler Glavocih		Ballina	4.29m
6 Thomas Sweeney		Coffs Coast	4.03m
7 Jovn Chung-Wright		Coffs Coast	3.98m
8 Simon Walker		Nambucca & District	3.51m

Boys U 13 - Long Jump

Zone: Z 5.33m 1/12/1995 D. Rose, Bellingen			
Name	Age	Centre	Final
1 Damian Duroux		Grafton	4.86m
2 Hayden Priest		Lismore	4.66m
3 Oscar Churchwell		Coffs Coast	4.31m
4 Luke Allen		Lismore	4.18m
5 Brandan Webb		Woolgoolga	4.17m
6 Reeyce Sadler		Woolgoolga	3.96m
7 Sid Smythe		Woolgoolga	3.92m
8 Riley Neaves		Urunga/Bellinger	3.73m
9 Kyle Gardner		Woolgoolga	3.47m
10 Andrew Newell		Ballina	3.43m

Boys U 14 - Long Jump

Zone: Z 6.05m 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1 Jack Churchwell		Coffs Coast	5.31m
2 Ky Wraight		Lismore	4.93m
3 Liam Rogers		Ballina	4.48m
4 Joshua Guy		Coffs Coast	4.37m
5 Jimi Smythe		Woolgoolga	3.68m

Boys U 15 - Long Jump

Zone: Z 6.22m 1/12/1994 S. Betland, Coffs Harbour			
Name	Age	Centre	Final
1 Aethan Chung-Wright		Coffs Coast	5.67m
2 Sam Reynolds		Coffs Coast	5.60m
3 Andrew Durrington		Grafton	5.31m
4 Liam Bloomer		Grafton	5.22m
5 Isaiah Koopmans		Woolgoolga	4.42m
6 Jesse Thamm		Lismore	4.00m

Boys U 17 - Long Jump

Zone: Z 6.32m 8/12/2011 Anthony Walker, Nambucca Dist			
Name	Age	Centre	Final
1 Luke Weston		Lismore	5.59m
2 Tim Martin		Coffs Coast	5.46m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
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Results

....Boys U 17 - Long Jump

3 Jake Crismale	Coffs Coast	5.01m
4 Blayde Pacey	Grafton	4.84m
5 Jarrod Sadler	Woolgoolga	3.65m

Boys U 11 - Triple Jump

Zone: Z 9.34m 1/12/1992 M. Wills, Sawtell / Toormina			
Name	Age	Centre	Final
1 Ben Simmonds		Ballina	8.77m
2 Jayden Thomson		Ballina	8.33m
3 Zac Hart		Coffs Coast	7.94m
4 Kai Nudd		Woolgoolga	7.21m
5 Sean Nicolas		Lismore	6.66m
6 Nicholas Bulloch		Coffs Coast	6.48m
7 Reece Gallagher		Lismore	6.14m

Boys U 12 - Triple Jump

Zone: Z 10.70m 1/12/1994 D. Rose, Bellingen			
Name	Age	Centre	Final
1 Nicholas Lavender		Grafton	9.33m
2 Xander Pilon		Woolgoolga	9.09m
3 Thomas Sweeney		Coffs Coast	9.02m
4 Rocco Partridge		Lismore	8.70m

Boys U 13 - Triple Jump

Zone: Z 10.82m 1/12/1995 D. Rose, Bellingen			
Name	Age	Centre	Final
1 Sid Smythe		Woolgoolga	8.71m
2 Riley Neaves		Urunga/Bellinger	8.34m
3 Lachlan Johnson		Ballina	8.32m
4 Andrew Newell		Ballina	7.45m

Boys U 14 - Triple Jump

Zone: Z 12.20m 1/12/2000 B. McDonald, McLean			
Name	Age	Centre	Final
1 Jack Churchwell		Coffs Coast	10.56m
2 Liam Rogers		Ballina	9.64m
3 Joshua Guy		Coffs Coast	9.29m
4 Jimi Smythe		Woolgoolga	8.22m

Boys U 15 - Triple Jump

Zone: Z 12.58m 1/12/1991 T. Bryant, Grafton			
Name	Age	Centre	Final
1 Sam Reynolds		Coffs Coast	11.90m
2 Liam Bloomer		Grafton	11.21m
3 Jonny Gusman		Woolgoolga	10.67m
4 Joshua Weston		Lismore	9.86m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
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Boys U 17 - Triple Jump

Zone: Z 11.60m 11/12/2011 Anthony Walker, Nambucca			
Name	Age	Centre	Final
1 Luke Weston		Lismore	11.27m
2 Blayde Pacey		Grafton	9.69m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 6.76m 1/12/2005 J.Casson, Lismore			
Name	Age	Centre	Final
1 Toby Batten		Nambucca & District	4.77m
1 Lucas Burridge		Coffs Coast	4.77m
3 Cooper Power		Lismore	3.86m
4 Lachlan Neal		Coffs Coast	3.71m
5 Daniel Lollback		Lismore	3.56m
6 Lucas Offley		Ballina	3.07m
7 Jaryd Neaves		Urunga/Bellinger	2.96m
8 Robbie Mumford		Ballina	2.55m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.54m 1/12/1990 J. Northey, Grafton			
Name	Age	Centre	Final
1 Ethan Hart		Coffs Coast	6.44m
2 Matt Denson		Richmond Valley	4.86m
3 Scott Priest		Woolgoolga	4.83m
4 Tyler Paget		Richmond Valley	4.19m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 8.42m 1/12/1997 B. Robertson, Grafton			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	6.06m
2 Luke Waldock		Lismore	5.00m
3 Ricky Cleary		Lower Clarence	4.98m
4 Kayne Pacey		Grafton	4.36m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 9.99m 1/12/1996 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Harry Ward		Coffs Coast	9.17m
2 Joven Walker		Nambucca & District	7.04m
3 Ryan Kernaghan		Ballina	6.05m
4 Clayton Paget		Richmond Valley	5.22m
5 Bodhi Minahan		Ballina	4.87m
6 Jacob Gunthorpe		Lismore	4.80m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.00m 1/12/1999 B. Robertson, Grafton			
Name	Age	Centre	Final
1 Reece Gallagher		Lismore	8.81m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
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Results

....Boys U 11 - Shot Put (2.0 Kg)

2	Zac Hart	Coffs Coast	8.65m
3	Michael Spinoglio	Coffs Coast	7.20m
4	Calden Scott	Grafton	6.25m
5	Lennox Bird	Lismore	5.74m
6	Jack McIntosh	Ballina	5.52m

Boys U 12 - Shot Put (3.0 Kg)

=====			
Zone: Z 10.92m 15/12/2013 Justin Baker, Richmond Valle			
Name	Age	Centre	Final
=====			
1	Justin Baker	Richmond Valley	10.92mZ
2	Sam Parkes	Coffs Coast	8.15m
3	Simon Walker	Nambucca & District	7.16m
4	Rocco Partridge	Lismore	6.98m
5	Patrick Thornton	Ballina	6.38m
6	Hayden Pacey	Grafton	5.90m
7	Jovn Chung-Wright	Coffs Coast	5.79m

Boys U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.63m 1/12/2005 J. Welna, Woolgoolga			
Name	Age	Centre	Final
=====			
1	Nicholas Essery	Lismore	11.54m
2	Brandan Webb	Woolgoolga	8.56m
3	Riley Neaves	Urunga/Bellinger	8.15m
4	Lachlan Johnson	Ballina	7.82m
5	Sid Smythe	Woolgoolga	7.52m
6	Rafe Fredericks	Ballina	7.35m
7	Andrew Newell	Ballina	6.45m

Boys U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.01m 1/12/2008 B. Fitzgerald-Hall, Nambucca			
Name	Age	Centre	Final
=====			
1	Jimi Smythe	Woolgoolga	8.41m
2	Tully Waters	Ballina	7.60m

Boys U 15 - Shot Put (4.0 Kg)

=====			
Zone: Z 14.95m 1/12/2000 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
=====			
1	Jesse Vincent-Ellis	Nambucca & District	12.52m
2	Joshua Weston	Lismore	10.13m
3	Isaiah Koopmans	Woolgoolga	7.66m

Boys U 17 - Shot Put (5.0 Kg)

=====			
Zone: Z 13.64m 8/12/2011 Anthony Walker, Nambucca Dis			
Name	Age	Centre	Final
=====			
1	Nesta Walker	Nambucca & District	11.30m
2	Adam Lollback	Lismore	9.89m
3	Jarrold Sadler	Woolgoolga	6.87m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
Results

Boys U 7 - Discus (350 Gm)

Zone: Z 16.47m 1/12/2005 J. Casson, Lismore			
Name	Age	Centre	Final
1 Harry Cass		Ballina	13.49m
2 Brayden Kernaghan		Ballina	13.22m
3 Jye Barlow		Lismore	12.37m
4 Jack Harry		Grafton	11.24m
5 Riley Wondergem		Grafton	10.74m
6 Jaryd Neaves		Urunga/Bellinger	8.42m
7 Robbie Mumford		Ballina	8.40m
8 Daniel Lollback		Lismore	6.55m
9 Lucas Offley		Ballina	5.83m
-- Zachary Wilson		Coffs Coast	FOUL

Boys U 8 - Discus (500 Gm)

Zone: Z 20.78m 1/12/1992 S. Webber, Nanbuca			
Name	Age	Centre	Final
1 Thor Harradine		Lower Clarence	12.12m
2 Tyler Paget		Richmond Valley	11.37m
3 Scott Priest		Woolgoolga	10.46m
4 Matt Denson		Richmond Valley	9.76m
5 Ederyn Rankin		Lismore	8.94m
6 Padraig Heffernan		Lismore	8.59m
-- Lewis Parker		Ballina	FOUL

Boys U 9 - Discus (500 Gm)

Zone: Z 25.34m 1/12/1994 B. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Cayden Close		Coffs Coast	15.87m
2 Malcolm Noble		Nambucca & District	15.22m
3 Billy Bradford		Ballina	14.91m
4 Blake Robertson		Grafton	14.47m
5 William Cass		Ballina	13.18m
6 Will Batten		Nambucca & District	11.47m
7 Dembe Ryan		Ballina	11.31m
8 Luke Waldock		Lismore	10.95m
9 Lachlan Devey		Lower Clarence	8.25m
-- Kayne Pacey		Grafton	FOUL

Boys U 10 - Discus (500 Gm)

Zone: Z 31.69m 1/12/1999 D. Robertson, Grafton			
Name	Age	Centre	Final
1 Toby Mumford		Ballina	20.56m
2 Ryan Kernaghan		Ballina	16.42m
3 Joven Walker		Nambucca & District	15.99m
4 Cooper Clark		Lismore	14.99m
5 Samuel Essery		Lismore	14.51m
6 Jacob Gunthorpe		Lismore	13.65m
7 Clayton Paget		Richmond Valley	12.45m

ZONE TRACK & FIELD CHAMPIONSHIPS
NORTHERN RIVERS ZONE - 14/12/2013 to 15/12/2013
RIVERVIEW PARK LISMORE
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Boys U 11 - Discus (750 Gm)

Zone: Z 31.48m 1/12/1997 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Reece Gallagher		Lismore	21.49m
2 Rowan Mansfield		Ballina	16.72m
3 Henry Lee		Lismore	16.53m
4 Rory Oliver		Ballina	15.39m
5 Jack McIntosh		Ballina	11.27m

Boys U 12 - Discus (750 Gm)

Zone: Z 37.75m 1/12/1999 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Justin Baker		Richmond Valley	37.06m
2 Rocco Partridge		Lismore	23.60m
3 Sam Parkes		Coffs Coast	20.80m
4 Hayden Pacey		Grafton	16.39m

Boys U 13 - Discus (1.0 Kg)

Zone: Z 38.28m 1/12/1999 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Nicholas Essery		Lismore	23.50m
2 Reeyce Sadler		Woolgoolga	23.12m
3 Luke Allen		Lismore	23.01m
4 Joshua Mumford		Ballina	22.08m
5 Riley Neaves		Urunga/Bellinger	21.59m
6 Roan Beucker		Lismore	20.57m
7 Humraj Singh		Woolgoolga	20.23m
8 Lachlan Johnson		Ballina	16.93m
9 Andrew Newell		Ballina	16.27m
10 Rafe Fredericks		Ballina	10.42m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 46.50m 1/12/1999 K. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Ky Wraight		Lismore	21.27m
2 Jimi Smythe		Woolgoolga	17.24m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 50.45m 1/12/2000 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Jesse Vincent-Ellis		Nambucca & District	41.00m
2 Joshua Weston		Lismore	31.94m
3 Sam Reynolds		Coffs Coast	23.10m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 37.74m 9/12/2011 Charlie Morris, Lismore			
Name	Age	Centre	Final
1 Adam Lollback		Lismore	23.87m

ZONE TRACK & FIELD CHAMPIONSHIPS
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....Boys U 17 - Discus (1.5 Kg)

2	Blayde Pacey	Grafton	23.78m
3	Jarrold Sadler	Woolgoolga	18.89m

Boys U 12 - Javelin (400 Gm)

Zone: Z 32.68m 15/12/2013 Simon Walker, Nambucca

Name	Age Centre	Final
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1	Simon Walker	Nambucca & District	32.68mZ
2	Nicholas Lavender	Grafton	22.81m
3	Thomas Sweeney	Coffs Coast	22.38m
4	Hayden Pacey	Grafton	19.84m
5	Reagan Scheuermann	Woolgoolga	19.63m

Boys U 13 - Javelin (600 Gm)

Zone: Z 37.45m 1/12/2001 J. Parry, Coffs Harbour

Name	Age Centre	Final
------	------------	-------

1	Reeyce Sadler	Woolgoolga	28.31m
2	Roan Beucker	Lismore	24.30m
3	Riley Neaves	Urunga/Bellinger	23.66m
4	Oscar Churchwell	Coffs Coast	21.84m
5	Brandan Webb	Woolgoolga	21.32m
6	Lachlan Johnson	Ballina	20.01m
7	Sid Smythe	Woolgoolga	19.81m
8	Humraj Singh	Woolgoolga	9.80m

Boys U 14 - Javelin (600 Gm)

Zone: Z 43.00m 1/12/1997 J. Wilson, Coffs Harbour

Name	Age Centre	Final
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1	Jimi Smythe	Woolgoolga	21.48m
2	Ky Wraight	Lismore	12.40m

Boys U 15 - Javelin (700 Gm)

Zone: Z 48.03m 1/12/2000 P. Spence, Coffs Harbour

Name	Age Centre	Final
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1	Jesse Vincent-Ellis	Nambucca & District	31.23m
2	Jonny Gusman	Woolgoolga	29.20m

Boys U 17 - Javelin (700 Gm)

Zone: Z 53.93m 9/12/2011 Anthony Walker, Nambucca Dis

Name	Age Centre	Final
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1	Nesta Walker	Nambucca & District	41.21m
2	Jarrold Sadler	Woolgoolga	23.77m

ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 9 - 700 Metre Walk

Zone: Z 4:44.66 15/12/2013 Dembe Ryan, Ballina			
Name	Age	Centre	Final
Section 1			
1 Dembe Ryan		Ballina	4:44.7Z
2 Kyan Upsall		Urunga/Bellinger	5:00.3
3 Che Mackay		Lower Clarence	5:03.8
4 Daniel Lavender		Grafton	5:04.0
5 Lachlan Devey		Lower Clarence	6:05.1

Boys U 10 - 1100 Metre Walk

Zone: Z 6:46.13 15/12/2013 Ryan Kernaghan, Ballina			
Name	Age	Centre	Final
1 Ryan Kernaghan		Ballina	6:46.2Z
2 Bodhi Minahan		Ballina	7:16.7

Boys U 11 - 1100 Metre Walk

Zone: Z 6:18.10 1/12/2008 J. Knight, Sawtell / Toormi			
Name	Age	Centre	Final
1 Sean Nicolas		Lismore	8:12.8

Boys U 14 - 1500 Metre Walk

Zone: Z 7:22.00 1/12/1992 S, Hobbs, Grafton			
Name	Age	Centre	Final
1 Jimi Smythe		Woolgoolga	11:08.1

Boys U 15 - 1500 Metre Walk

Zone: Z 7:24.70 1/12/1993 S. Hobbs, Grafton			
Name	Age	Centre	Final
1 Joshua Weston		Lismore	10:57.1

Boys U 17 - 1500 Metre Walk

Zone: Z 8:10.80 15/12/2013 Tim Martin, Coffs Coast			
Name	Age	Centre	Final
1 Tim Martin		Coffs Coast	8:10.8Z
2 Cody Amos		Lismore	9:24.5
3 Jarrod Sadler		Woolgoolga	9:59.6