

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 9.04 30/01/2010 C.Kennedy, Quakers Hill

Name Age Centre Heats

Heat 1 Heats

1 Lotus Haladus	Hills District	9.3Q
2 Amelia Ho	Hills District	10.3Q
3 Jasmin Reed	Hills District	10.4Q
4 Harini Dulipkumar	Winston Hills	10.7q
5 Matilda Tuyau	Winston Hills	10.9
6 Savannah Oxley	Hawkesbury City	11.0
7 Leah Nixon	Winston Hills	11.1

Heat 2 Heats

1 Whitney Matalavea	Rouse Hill Rams	9.5Q
2 Abbey Vallance	Winston Hills	9.8Q
3 Angelique Iredale	Kings Langley	10.3Q
4 Tayla Cenciotti	Hills District	10.5q
5 Chelsea Cocks	Winston Hills	10.7q
6 Marley McKenzie	Hills District	10.7q
7 Sahana Srini	Kings Langley	10.8
8 Ella Caithness	Rouse Hill Rams	11.7
9 Chelsea Arnold	Hills District	12.0

Girls U 7 - 50 Metre Sprint

Zone: Z 9.04 30/01/2010 C.Kennedy, Quakers Hill

Name Age Centre Final

Section 1 Final

1 Whitney Matalavea	Rouse Hill Rams	9.3
2 Lotus Haladus	Hills District	9.3
3 Abbey Vallance	Winston Hills	9.6
4 Amelia Ho	Hills District	9.9
5 Jasmin Reed	Hills District	9.9
6 Angelique Iredale	Kings Langley	10.3
7 Tayla Cenciotti	Hills District	10.4
8 Harini Dulipkumar	Winston Hills	10.6

Girls U 7 - 70 Metre Sprint

Zone: Z 11.40 1/01/1984 A.Davis, Hills

Name Age Centre Heats

Heat 1 Heats

1 Whitney Matalavea	Rouse Hill Rams	12.7Q
2 Abbey Vallance	Winston Hills	12.9Q
3 Olivia Bloem	Hills District	13.1Q
4 Stephanie Severin	Rouse Hill Rams	13.2q
5 Amelia de Villiers	Hills District	13.5q

Heat 2 Heats

1 Tuliana Kabuyawa	Hills District	12.0Q
2 Lotus Haladus	Hills District	12.4Q
3 Amelia Ho	Hills District	13.4Q
4 Sindhu Senthil	Winston Hills	13.8
5 Ella Caithness	Rouse Hill Rams	15.3
6 Chelsea Arnold	Hills District	15.4

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 7 - 70 Metre Sprint**

Zone: Z 11.40 1/01/1984 A.Davis, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Tuliana Kabuyawa		Hills District	12.0
2 Lotus Haladus		Hills District	12.5
3 Abbey Vallance		Winston Hills	12.9
3 Whitney Matalavea		Rouse Hill Rams	12.9
5 Olivia Bloem		Hills District	13.2
6 Stephanie Severin		Rouse Hill Rams	13.5
7 Amelia Ho		Hills District	13.9
7 Sindhu Senthil		Winston Hills	13.9

Girls U 8 - 70 Metre Sprint

Zone: Z 10.60 1/01/1986 D Kerr, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emily Budai		Kings Langley	12.6Q
2 Liviya Ho		Hills District	13.2Q
3 Emily Orourke		Rouse Hill Rams	13.3
4 Charlotte Oitmaa		Hills District	13.3
5 Mary-Rose Jackson		Winston Hills	13.6
6 Cassandra Dimech		Winston Hills	14.3
Heat 2 Heats			
1 Audrey Nadaya-Harb		Winston Hills	12.4Q
2 Chelsea Olbrich		Riverstone	12.6Q
3 Hiral Sandhu		Rouse Hill Rams	13.0q
4 Sienna Hilal		Hills District	13.1
5 Ella Munroe		Hills District	13.5
6 Sophie Fink		Kings Langley	14.3
Heat 3 Heats			
1 Zayra Plebani		Hills District	12.4Q
2 Madison Pualilo		Hawkesbury City	12.8Q
3 Vanessa Apel		Winston Hills	13.1q
4 Chloe Gething		Hills District	13.4
5 Crystal Causer		Riverstone	13.6
6 Emily Smith		Kings Langley	16.5

Girls U 8 - 70 Metre Sprint

Zone: Z 10.60 1/01/1986 D Kerr, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Audrey Nadaya-Harb		Winston Hills	12.1
2 Emily Budai		Kings Langley	12.2
3 Zayra Plebani		Hills District	12.5
4 Chelsea Olbrich		Riverstone	12.6
5 Madison Pualilo		Hawkesbury City	12.6
6 Hiral Sandhu		Rouse Hill Rams	12.7
7 Vanessa Apel		Winston Hills	12.9
8 Liviya Ho		Hills District	12.9

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 9 - 70 Metre Sprint**

Zone: Z 10.70 30/01/2000 L Todd, Kings Langley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tahli Devine		Winston Hills	11.2Q
2 Milarnee Matalavea		Rouse Hill Rams	11.4Q
3 Olivia Dimech		Winston Hills	11.9Q
4 Lana Page		Hills District	12.0q
5 Jacqueline Sneesby		Kings Langley	12.6
6 Jasmin Guven		Hills District	12.7
7 Aleshia Atkinson		Kings Langley	12.8
8 Alaree Katsadas		Kings Langley	13.3
9 Mia Newcombe		Winston Hills	14.5
Heat 2 Heats			
1 Simarpreet Gill		Rouse Hill Rams	11.6Q
2 Jorja Beames		Kings Langley	11.8Q
3 Chloe Nolan		Hills District	11.9Q
4 Holly Walker		Winston Hills	12.1q
5 Emily Ho		Hills District	13.1
6 Catie James		Rouse Hill Rams	13.3
7 Carissa Anderson		Hills District	13.3
8 Alison Arthur		Kings Langley	14.3
9 Louise Arthur		Kings Langley	17.0

Girls U 9 - 70 Metre Sprint

Zone: Z 10.70 30/01/2000 L Todd, Kings Langley			
Name	Age	Centre	Final
Section 1 Final			
1 Tahli Devine		Winston Hills	11.1
2 Milarnee Matalavea		Rouse Hill Rams	11.1
3 Simarpreet Gill		Rouse Hill Rams	11.5
4 Chloe Nolan		Hills District	11.6
5 Olivia Dimech		Winston Hills	11.7
6 Holly Walker		Winston Hills	11.9
7 Lana Page		Hills District	12.0
8 Jorja Beames		Kings Langley	12.1

Girls U 10 - 70 Metre Sprint

Zone: Z 9.80 1/02/1997 A Kerr, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cailley Culnane		Hills District	11.2Q
2 Kirralee Death		Hills District	11.2Q
3 Alysha Bell		Kings Langley	11.2Q
4 Jade Fink		Kings Langley	11.8q
5 Cassandra Borg		Rouse Hill Rams	12.3q
6 Caitlin Gething		Hills District	13.0
Heat 2 Heats			
1 Mackenzie Haladus		Hills District	10.9Q
2 Ruby Nichols		Rouse Hill Rams	11.8Q
3 Isobelle Frogley		Hills District	12.0Q
4 Chloe Bell		Kings Langley	12.4
5 Chloe Fuller		Winston Hills	13.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 10 - 70 Metre Sprint**

Zone: Z 9.80 1/02/1997 A Kerr, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Mackenzie Haladus		Hills District	10.8
2 Kirralee Death		Hills District	11.2
3 Cailley Culnane		Hills District	11.3
4 Alysha Bell		Kings Langley	11.3
5 Jade Fink		Kings Langley	11.9
6 Isobelle Frogley		Hills District	12.2
7 Cassandra Borg		Rouse Hill Rams	12.4
8 Chloe Bell		Kings Langley	12.4

Girls U 7 - 100 Metre Sprint

Zone: Z 16.30 1/01/1985 D.Kerr, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tuliana Kabuyawa		Hills District	16.7Q
2 Lotus Haladus		Hills District	18.2Q
3 Whitney Matalavea		Rouse Hill Rams	18.5Q
4 Olivia Bloem		Hills District	18.5q
5 Abbey Vallance		Winston Hills	18.9q
6 Jasmine Wong		Winston Hills	19.7
7 Beatrix Hendry		Winston Hills	21.7
7 Sahana Srini		Kings Langley	21.7
Heat 2 Heats			
1 Sarah Idiare		Winston Hills	18.1Q
2 Stephanie Severin		Rouse Hill Rams	19.0Q
3 Amelia Ho		Hills District	19.3Q
4 Amelia de Villiers		Hills District	19.6
5 Sindhu Senthil		Winston Hills	19.9
6 Jasmin Reed		Hills District	20.2
7 Savannah Oxley		Hawkesbury City	21.6
8 Ella Caithness		Rouse Hill Rams	23.9

Girls U 7 - 100 Metre Sprint

Zone: Z 16.30 1/01/1985 D.Kerr, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Tuliana Kabuyawa		Hills District	16.6
2 Lotus Haladus		Hills District	17.9
3 Sarah Idiare		Winston Hills	18.0
4 Whitney Matalavea		Rouse Hill Rams	18.3
5 Olivia Bloem		Hills District	18.5
6 Abbey Vallance		Winston Hills	19.1
7 Amelia Ho		Hills District	19.4
8 Stephanie Severin		Rouse Hill Rams	19.4

Girls U 8 - 100 Metre Sprint

Zone: Z 15.40 1/01/1980 A Parker, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zayra Plebani		Hills District	18.0q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

...Girls U 8 - 100 Metre Sprint

2	Chelsea Olbrich	Riverstone	18.0q
3	Emily Orourke	Rouse Hill Rams	18.8q
4	Hiral Sandhu	Rouse Hill Rams	18.9q
5	Gabriella Liaropoulos	Hills District	18.9
6	Sienna Hilal	Hills District	19.1
7	Philippa Gattini	Hills District	19.2
8	Cassandra Dimech	Winston Hills	21.2

Heat 2 Heats

1	Audrey Nadaya-Harb	Winston Hills	17.2q
2	Talahn Paki	Hills District	17.3q
3	Madison Pualilo	Hawkesbury City	17.9q
4	Zara Novkovic	Winston Hills	18.9q
5	Perri Leddicoat	Rouse Hill Rams	18.9
6	Mary-Rose Jackson	Winston Hills	19.3
7	Chloe Gething	Hills District	19.4
8	Hayley Charlwood	Winston Hills	20.4
9	Sophie Fink	Kings Langley	20.7

Girls U 8 - 100 Metre Sprint

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 Zone: Z 15.40 1/01/1980 A Parker, Hills
 Name Age Centre Final
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Section 1 Final

1	Audrey Nadaya-Harb	Winston Hills	17.4
2	Zayra Plebani	Hills District	17.6
3	Talahn Paki	Hills District	17.6
4	Chelsea Olbrich	Riverstone	18.1
5	Madison Pualilo	Hawkesbury City	18.2
6	Emily Orourke	Rouse Hill Rams	18.5
7	Hiral Sandhu	Rouse Hill Rams	19.2
8	Zara Novkovic	Winston Hills	19.3

Girls U 9 - 100 Metre Sprint

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 Zone: Z 14.30 1/01/1981 L Whiteside, Winston Hills
 Name Age Centre Heats
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Heat 1 Heats

1	Tahli Devine	Winston Hills	15.6Q
2	Milarnee Matalavea	Rouse Hill Rams	16.6Q
3	Jorja Beames	Kings Langley	17.3q
4	Holly Walker	Winston Hills	17.5
5	Alexis Ziegler	Kings Langley	17.9

Heat 2 Heats

1	Nina Marshall	Hills District	16.7Q
2	MacKenzie Davis	Hills District	17.6Q
3	Olivia Dimech	Winston Hills	17.7
4	Lauren Peacock	Hills District	18.7
5	Sarah O'Donnell	Rouse Hill Rams	18.7
6	Jacqueline Sneesby	Kings Langley	19.4
7	Alaree Katsadas	Kings Langley	19.7

Heat 3 Heats

1	Jessie Du Preez	Hills District	16.8Q
2	Chloe Nolan	Hills District	17.3Q
3	Simarpreet Gill	Rouse Hill Rams	17.5q
4	Milla Elaro	Winston Hills	17.5
5	Lauren Sivalingam	Kings Langley	20.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

Girls U 9 - 100 Metre Sprint

=====
 Zone: Z 14.30 1/01/1981 L Whiteside, Winston Hills
 Name Age Centre Final
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Section 1 Final

1 Tahli Devine	Winston Hills	16.2
2 Nina Marshall	Hills District	16.6
3 Milarnee Matalavea	Rouse Hill Rams	16.7
4 Jessie Du Preez	Hills District	16.8
5 Chloe Nolan	Hills District	17.0
6 MacKenzie Davis	Hills District	17.1
7 Jorja Beames	Kings Langley	17.8
8 Simarpreet Gill	Rouse Hill Rams	17.8

Girls U 10 - 100 Metre Sprint

=====
 Zone: Z 13.70 1/02/1997 A Kerr, Winston Hills
 Name Age Centre Heats
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Heat 1 Heats

1 Mackenzie Haladus	Hills District	16.1Q
2 Alannah Gattini	Hills District	16.5Q
3 Ruby Nichols	Rouse Hill Rams	17.1Q
4 Erica Campbell-Rogers	Winston Hills	19.6
5 Christina Thomas	Winston Hills	20.7

Heat 2 Heats

1 Kirralee Death	Hills District	15.8Q
2 Alysha Bell	Kings Langley	15.8Q
3 Grace Hayward	Hills District	15.8Q
4 Cailley Culnane	Hills District	16.2q
5 Layla Owen	Hills District	16.3q
6 Jade Fink	Kings Langley	16.7

Girls U 10 - 100 Metre Sprint

=====
 Zone: Z 13.70 1/02/1997 A Kerr, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Mackenzie Haladus	Hills District	15.5
2 Grace Hayward	Hills District	16.0
3 Alannah Gattini	Hills District	16.2
4 Alysha Bell	Kings Langley	16.2
5 Kirralee Death	Hills District	16.2
6 Cailley Culnane	Hills District	16.3
7 Layla Owen	Hills District	16.6
8 Ruby Nichols	Rouse Hill Rams	16.7

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 1/01/1987 B Page, Hills
 Name Age Centre Heats
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Heat 1 Heats

1 Eseosa Amegor	Rouse Hill Rams	14.4Q
2 Emily Page	Hills District	15.0Q
3 Charlotte Geany	Hills District	15.0Q
4 Sophie Battishall	Winston Hills	15.8q
5 Cloe Boucher	Rouse Hill Rams	15.9
6 Caitlin Robertson	Hills District	16.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Girls U 11 - 100 Metre Sprint

7 Olivia Mason	Winston Hills	17.3
8 Elizabeth Sullivan	Winston Hills	18.0
Heat 2 Heats		
1 Holly McNamara	Hills District	15.0Q
2 Ashlee Shimmon	Hills District	15.6Q
3 Erin Graham	Hawkesbury City	15.7Q
4 Sophie Gibbons	Rouse Hill Rams	15.8q
5 Rochelle Prior	Winston Hills	15.9
6 Abbey Ashton	Hills District	15.9
7 Grace James	Rouse Hill Rams	16.6
8 Isabella Moore	Winston Hills	16.7

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 1/01/1987 B Page, Hills
 Name Age Centre Final
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Section 1 Final

1 Eseosa Amegor	Rouse Hill Rams	14.6
2 Holly McNamara	Hills District	14.9
3 Emily Page	Hills District	15.0
4 Charlotte Geany	Hills District	15.3
5 Ashlee Shimmon	Hills District	15.7
6 Sophie Gibbons	Rouse Hill Rams	15.9
6 Sophie Battishall	Winston Hills	15.9
8 Erin Graham	Hawkesbury City	16.0

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.20 1/01/1986 A Coupland, Hills
 Name Age Centre Heats
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Heat 1 Heats

1 Emily Fox	Rouse Hill Rams	14.5Q
2 Haylee Hifo	Kings Langley	14.8Q
3 Suzaan Stander	Hills District	15.3Q
4 Eve Shvartsman	Hills District	15.5q
5 Darcey Stratton	Kings Langley	16.1
6 Sarah Dickson	Hills District	17.0
7 Sophie Jarvis	Winston Hills	17.3

Heat 2 Heats

1 Alanah Wiblen	Hawkesbury City	14.5Q
2 Isabella Smolinski	Rouse Hill Rams	14.6Q
3 Phoebe Young	Kings Langley	14.6Q
4 Kaitlyn Rozic	Winston Hills	15.6q
5 Hayley Chapman	Kings Langley	15.8
6 Cloe Hartwell	Rouse Hill Rams	16.1
7 Isabella Krueger	Rouse Hill Rams	16.5
8 Sarah Kelly	Hills District	17.1

Girls U 12 - 100 Metre Sprint

=====
 Zone: Z 13.20 1/01/1986 A Coupland, Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Emily Fox	Rouse Hill Rams	14.1
2 Alanah Wiblen	Hawkesbury City	14.5
3 Phoebe Young	Kings Langley	14.6

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Girls U 12 - 100 Metre Sprint

4	Haylee Hifo	Kings Langley	14.8
5	Isabella Smolinski	Rouse Hill Rams	14.9
6	Suzaan Stander	Hills District	14.9
7	Eve Shvartsman	Hills District	15.3
8	Kaitlyn Rozic	Winston Hills	15.4

Girls U 13 - 100 Metre Sprint

=====
 Zone: Z 12.60 2/02/1991 D Kerr, Winston Hills
 Name Age Centre Heats
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Heat 1 Heats

1	Semira Tanea	Kings Langley	14.3Q
2	Emily Catania	Rouse Hill Rams	14.9Q
3	Nabeelah Bhuiyan	Hills District	15.2Q
4	Courtney Edwards	Rouse Hill Rams	15.9q
5	Ella McNamara	Hills District	16.3

Heat 2 Heats

1	Carla Goulooze	Winston Hills	14.5Q
2	Teigan Saunders	Kings Langley	15.3Q
3	Samantha Jackson	Hills District	15.5Q
4	Grace Thomson	Winston Hills	16.1q
5	Bronte Bow	Hills District	16.3
6	Sinead Davidson	Kings Langley	16.4
7	Melinda Thomas	Winston Hills	18.3

Girls U 13 - 100 Metre Sprint

=====
 Zone: Z 12.60 2/02/1991 D Kerr, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Carla Goulooze	Winston Hills	14.1
2	Semira Tanea	Kings Langley	14.5
3	Teigan Saunders	Kings Langley	14.7
4	Emily Catania	Rouse Hill Rams	14.8
5	Nabeelah Bhuiyan	Hills District	15.1
6	Samantha Jackson	Hills District	15.2
7	Courtney Edwards	Rouse Hill Rams	15.7
8	Grace Thomson	Winston Hills	15.8

Girls U 14 - 100 Metre Sprint

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 Zone: Z 12.40 27/10/2003 A Kerr, Winston Hills
 Name Age Centre Heats
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Heat 1 Heats

1	Amanda Bello	Rouse Hill Rams	13.5Q
2	Tiana Death	Hills District	13.7Q
3	Kaitlyn Eagleton	Hills District	14.6Q
4	Hannah Eagleton	Hills District	14.7
5	Charlotte Sainsbury	Hills District	14.9
6	Clare Bickham	Winston Hills	15.0
7	Brittney Beilby	Kings Langley	16.7

Heat 2 Heats

1	Lauren Jacobs	Hills District	13.8Q
1	Caitlyn Hicks	Winston Hills	13.8Q
3	Johanna Selmes	Winston Hills	14.3Q
4	Raaya Tiko	Kings Langley	14.5q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 14 - 100 Metre Sprint**

5 Laura Antal	Hills District	14.6q
6 Mackenzie Garside	Winston Hills	14.7

Girls U 14 - 100 Metre Sprint

Zone: Z 12.40 27/10/2003 A Kerr, Winston Hills

Name	Age Centre	Final
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Section 1 Final

1 Amanda Bello	Rouse Hill Rams	13.5
2 Tiana Death	Hills District	13.7
3 Caitlyn Hicks	Winston Hills	13.9
4 Lauren Jacobs	Hills District	14.2
5 Kaitlyn Eagleton	Hills District	14.4
6 Laura Antal	Hills District	14.5
7 Johanna Selmes	Winston Hills	14.6
8 Raaya Tiko	Kings Langley	14.8

Girls U 15 - 100 Metre Sprint

Zone: Z 12.50 6/02/1993 D Kerr, Winston Hills

Name	Age Centre	Final
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Section 1

1 Chloe Antal	Hills District	13.3
2 Alice Collins	Hills District	13.6
3 Tayla Chaplin	Kings Langley	13.9
4 Madeleine Ferguson	Winston Hills	14.4
5 Chloe Bromage	Rouse Hill Rams	15.0
6 Teigan Ngahu-Ngahu	Winston Hills	16.1
7 Bethany Parker	Kings Langley	16.3
8 Aimee O'Brien	Kings Langley	17.6

Girls U 17 - 100 Metre Sprint

Zone: Z 12.36 8/12/2012 Ashlee Tait, Kings Langley

Name	Age Centre	Heats
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Heat 1 Heats

1 Daisy Bryant	Hills District	13.3Q
2 Anja Kolodziej	Hills District	13.6Q
3 Ineke Cleven	Hills District	13.7Q
4 Ashlee Tait	Kings Langley	13.8q
5 Maddison Lippmann	Kings Langley	14.1q
6 Aisha Covell	Winston Hills	15.9

Heat 2 Heats

1 Natalie Szabo	Rouse Hill Rams	15.0Q
2 Jacelyn Maher	Kings Langley	15.2Q
3 Taylah Porter	Winston Hills	15.3Q
4 Lara Grzechnik	Winston Hills	16.8

Girls U 17 - 100 Metre Sprint

Zone: Z 12.36 8/12/2012 Ashlee Tait, Kings Langley

Name	Age Centre	Final
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Section 1 Final

1 Daisy Bryant	Hills District	12.7
2 Ashlee Tait	Kings Langley	13.3

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 17 - 100 Metre Sprint**

3 Ineke Cleven	Hills District	13.3
3 Anja Kolodziej	Hills District	13.3
5 Maddison Lippmann	Kings Langley	13.7
6 Natalie Szabo	Rouse Hill Rams	13.7
6 Taylah Porter	Winston Hills	13.7
8 Jacelyn Maher	Kings Langley	14.1

Girls U 7 - 200 Metre Sprint

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 Zone: Z 33.70 30/01/2000 A.Ashton, Kings Langley

Name Age Centre Heats
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Heat 1 Heats

1 Sarah Idiare	Winston Hills	38.3Q
2 Tuliana Kabuyawa	Hills District	38.8Q
3 Olivia Bloem	Hills District	39.2Q
4 Lotus Haladus	Hills District	40.1q
5 Amelia Ho	Hills District	43.0q
6 Tayla Cenciotti	Hills District	45.5

Heat 2 Heats

1 Jasmine Wong	Winston Hills	40.9Q
2 Beatrix Hendry	Winston Hills	43.0Q
3 Sahana Srini	Kings Langley	44.0Q
4 Sindhu Senthil	Winston Hills	44.6
5 Kathryn Thomas	Winston Hills	45.0
6 Tayla Harris	Hills District	47.9
7 Caragh Gleeson	Rouse Hill Rams	51.8

Girls U 7 - 200 Metre Sprint

=====
 Zone: Z 33.70 30/01/2000 A.Ashton, Kings Langley

Name Age Centre Final
 =====

Section 1 Final

1 Tuliana Kabuyawa	Hills District	35.8
2 Sarah Idiare	Winston Hills	38.7
3 Olivia Bloem	Hills District	39.7
4 Lotus Haladus	Hills District	40.7
5 Jasmine Wong	Winston Hills	40.9
6 Amelia Ho	Hills District	44.5
7 Sahana Srini	Kings Langley	46.7
8 Beatrix Hendry	Winston Hills	50.0

Girls U 8 - 200 Metre Sprint

=====
 Zone: Z 32.80 1/01/1990 D Kearney, Hills

Name Age Centre Heats
 =====

Heat 1 Heats

1 Chelsea Olbrich	Riverstone	37.5Q
2 Sienna Hilal	Hills District	39.4Q
3 Angelina McLean	Hills District	39.8Q
4 Ella Munroe	Hills District	40.1q
5 Clare Grubba	Winston Hills	40.3
6 Siobhan Scully	Winston Hills	44.0
7 Cassandra Dimech	Winston Hills	44.0
8 Georgia Hansen	Winston Hills	49.1

Heat 2 Heats

1 Philippa Gattini	Hills District	36.4Q
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NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

...Girls U 8 - 200 Metre Sprint

2	Emily Budai	Kings Langley	37.7Q
3	Emily Orourke	Rouse Hill Rams	39.3Q
4	Ainslie McNally	Winston Hills	39.4q
5	Charlotte Streat	Hills District	40.2
6	Chloe Smith	Hills District	41.8

Girls U 8 - 200 Metre Sprint

=====
 Zone: Z 32.80 1/01/1990 D Kearney, Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Philippa Gattini	Hills District	37.3
2	Chelsea Olbrich	Riverstone	38.1
2	Emily Budai	Kings Langley	38.1
4	Sienna Hilal	Hills District	38.8
4	Emily Orourke	Rouse Hill Rams	38.8
6	Ainslie McNally	Winston Hills	39.9
7	Ella Munroe	Hills District	40.4
8	Angelina McLean	Hills District	40.6

Girls U 9 - 200 Metre Sprint

=====
 Zone: Z 31.20 1/01/1987 D Kerr, Winston Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Simarpreet Gill	Rouse Hill Rams	35.1Q
2	Sarah O'Donnell	Rouse Hill Rams	36.5Q
3	Lana Page	Hills District	36.8
4	Jorja Beames	Kings Langley	37.4
5	Mia Newcombe	Winston Hills	42.7
6	Louise Arthur	Kings Langley	57.0

Heat 2 Heats

1	Charlotte Burrell	Hills District	33.6Q
2	Jessie Du Preez	Hills District	33.8Q
3	Holly Walker	Winston Hills	35.5q
4	Kayla Gioiello	Hills District	37.1
5	Aleshia Atkinson	Kings Langley	38.1
6	Alison Arthur	Kings Langley	42.7

Heat 3 Heats

1	Milarnee Matalavea	Rouse Hill Rams	34.1Q
2	MacKenzie Davis	Hills District	34.4Q
3	Zoe Linsen	Hills District	35.3q
4	Jorja Wilson	Winston Hills	37.8
5	Lauren Sivalingam	Kings Langley	39.6
6	Alaree Katsadas	Kings Langley	39.8

Girls U 9 - 200 Metre Sprint

=====
 Zone: Z 31.20 1/01/1987 D Kerr, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Charlotte Burrell	Hills District	33.9
2	Milarnee Matalavea	Rouse Hill Rams	34.0
3	Jessie Du Preez	Hills District	34.1
4	Simarpreet Gill	Rouse Hill Rams	34.8
5	MacKenzie Davis	Hills District	35.2

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Girls U 9 - 200 Metre Sprint

6 Holly Walker	Winston Hills	35.7
7 Zoe Linsen	Hills District	35.8
8 Sarah O'Donnell	Rouse Hill Rams	38.0

Girls U 10 - 200 Metre Sprint

=====
 Zone: Z 29.50 1/01/1983 D Waltmann, Lalor Park
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Layla Owen	Hills District	33.1Q
2 Grace Hayward	Hills District	33.6Q
3 Megan Wong	Hills District	34.7Q
4 Cassandra Borg	Rouse Hill Rams	35.8q
5 Tia Robinson	Kings Langley	36.3

Heat 2 Heats

1 Ella Buchanan	Hills District	32.0Q
2 Alannah Gattini	Hills District	32.7Q
3 Ella Young	Kings Langley	33.2Q
4 Emalee Olbrich	Riverstone	35.9q

Girls U 10 - 200 Metre Sprint

=====
 Zone: Z 29.50 1/01/1983 D Waltmann, Lalor Park
 Name Age Centre Final
 =====

Section 1 Final

1 Ella Buchanan	Hills District	31.4
2 Grace Hayward	Hills District	32.5
3 Alannah Gattini	Hills District	33.0
4 Ella Young	Kings Langley	33.2
5 Layla Owen	Hills District	33.6
6 Megan Wong	Hills District	35.2
7 Emalee Olbrich	Riverstone	35.5
8 Cassandra Borg	Rouse Hill Rams	36.3

Girls U 11 - 200 Metre Sprint

=====
 Zone: Z 28.90 1/01/1980 L Sheridan, Winston Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Emily Page	Hills District	31.3Q
2 Sophie Gibbons	Rouse Hill Rams	32.8Q
3 Sophie Battishall	Winston Hills	33.5
4 Molly Horne	Hawkesbury City	35.0
5 Sarah Milliss	Winston Hills	35.0

Heat 2 Heats

1 Tiana Saunders	Kings Langley	31.3Q
2 Ruby Brown	Hills District	32.9Q
3 Sarah Mitchell	Hills District	33.5q
4 Grace Mitchell	Hills District	33.8
5 Isabella Moore	Winston Hills	35.5
6 Holly Caithness	Rouse Hill Rams	38.5

Heat 3 Heats

1 Charlotte Geany	Hills District	30.9Q
2 Erin Graham	Hawkesbury City	32.3Q
3 Rochelle Prior	Winston Hills	32.4q
4 Rhiannon Ho	Hills District	33.9

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Girls U 11 - 200 Metre Sprint

5 Kyah Devine	Winston Hills	34.4
6 Jemma Brakell	Kings Langley	34.5

Girls U 11 - 200 Metre Sprint

=====
 Zone: Z 28.90 1/01/1980 L Sheridan, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Emily Page	Hills District	30.5
2 Tiana Saunders	Kings Langley	31.2
3 Charlotte Geany	Hills District	31.6
4 Erin Graham	Hawkesbury City	32.1
5 Sophie Gibbons	Rouse Hill Rams	32.3
6 Ruby Brown	Hills District	33.1
7 Rochelle Prior	Winston Hills	33.6
8 Sarah Michell	Hills District	34.1

Girls U 12 - 200 Metre Sprint

=====
 Zone: Z 27.10 30/01/1999 M Riley, Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Emily Fox	Rouse Hill Rams	29.6Q
2 Suzaan Stander	Hills District	30.7Q
3 Alanah Wiblen	Hawkesbury City	30.7q
4 Chloe Lavender	Winston Hills	33.5
5 Darcey Stratton	Kings Langley	33.8
6 Katya Ignacz	Kings Langley	34.2
7 Eden Napoli	Hills District	35.1
8 Amber Dhatt	Rouse Hill Rams	38.9

Heat 2 Heats

1 Mya Debono	Kings Langley	31.3Q
2 Eve Shvartsman	Hills District	31.4Q
3 Taylor Cranwell	Riverstone	31.5q
4 Isabella Krueger	Rouse Hill Rams	33.9
5 Sophie Jarvis	Winston Hills	34.7
6 Hayley Schneider	Kings Langley	35.4
7 Sarah Dickson	Hills District	39.9

Heat 3 Heats

1 Phoebe Young	Kings Langley	29.8Q
2 Tahlia O'Connell	Kings Langley	29.9Q
3 Elizabeth Staples	Winston Hills	31.7
4 Cloe Hartwell	Rouse Hill Rams	32.4
5 Nicola Webb	Winston Hills	33.4
6 Maddy Johnson	Hills District	35.9

Girls U 12 - 200 Metre Sprint

=====
 Zone: Z 27.10 30/01/1999 M Riley, Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Emily Fox	Rouse Hill Rams	29.3
2 Tahlia O'Connell	Kings Langley	29.7
3 Alanah Wiblen	Hawkesbury City	30.0
4 Phoebe Young	Kings Langley	30.6
5 Suzaan Stander	Hills District	30.8

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 12 - 200 Metre Sprint**

6	Eve Shvartsman	Hills District	30.8
7	Taylor Cranwell	Riverstone	31.8
8	Mya Debono	Kings Langley	32.5

Girls U 13 - 200 Metre Sprint

=====			
Zone: Z 26.80 30/01/2000 M Riley, Hills			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Carla Goulooze	Winston Hills	29.4Q
2	Saara Stenberg	Hills District	30.5Q
3	Emily Catania	Rouse Hill Rams	31.4Q
4	Nabeelah Bhuiyan	Hills District	32.2q
5	Sinead Davidson	Kings Langley	32.5
6	Bronte Bow	Hills District	33.4
7	Johanna Hofmann	Winston Hills	36.0
Heat 2 Heats			
1	Teigan Saunders	Kings Langley	29.9Q
2	Semira Tanea	Kings Langley	30.3Q
3	Courtney Edwards	Rouse Hill Rams	30.9Q
4	Ashley Calvar	Kings Langley	31.6q
5	Samantha Jackson	Hills District	32.8
6	Grace Thomson	Winston Hills	33.7

Girls U 13 - 200 Metre Sprint

=====			
Zone: Z 26.80 30/01/2000 M Riley, Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Carla Goulooze	Winston Hills	29.0
2	Teigan Saunders	Kings Langley	29.5
3	Semira Tanea	Kings Langley	30.0
4	Saara Stenberg	Hills District	30.4
5	Courtney Edwards	Rouse Hill Rams	31.2
6	Ashley Calvar	Kings Langley	31.4
7	Emily Catania	Rouse Hill Rams	32.8

Girls U 14 - 200 Metre Sprint

=====			
Zone: Z 25.90 30/01/1998 P Carey, Hills			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Amanda Bello	Rouse Hill Rams	27.3Q
2	Tiana Death	Hills District	28.1Q
3	Lauren Jacobs	Hills District	29.1Q
4	Petria Welsby	Winston Hills	31.6
5	Kaylee McElveney	Hills District	33.6
6	Annaliese Zec	Kings Langley	36.4
Heat 2 Heats			
1	Caitlyn Hicks	Winston Hills	28.5Q
2	Johanna Selmes	Winston Hills	29.4Q
3	Laura Antal	Hills District	29.6Q
4	Mackenzie Garside	Winston Hills	30.2q
5	Charlotte Sainsbury	Hills District	30.3q
6	Jeany Lee	Hills District	31.9

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

Girls U 14 - 200 Metre Sprint

=====
 Zone: Z 25.90 30/01/1998 P Carey, Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Amanda Bello	Rouse Hill Rams	27.0
2	Tiana Death	Hills District	27.6
2	Caitlyn Hicks	Winston Hills	27.6
4	Johanna Selmes	Winston Hills	28.3
5	Lauren Jacobs	Hills District	28.5
6	Laura Antal	Hills District	29.5
7	Charlotte Sainsbury	Hills District	29.6
8	Mackenzie Garside	Winston Hills	30.2

Girls U 15 - 200 Metre Sprint

=====
 Zone: Z 26.20 27/10/2003 M Riley, Hills
 Name Age Centre Final
 =====

Section 1

1	Sherrie Calleia	Hills District	26.8
2	Chloe Antal	Hills District	27.6
3	Tean Mocat	Hills District	27.7
4	Melissa Bello	Rouse Hill Rams	27.7
5	Alice Collins	Hills District	27.9
6	Tayla Chaplin	Kings Langley	29.1
7	Chloe Bromage	Rouse Hill Rams	31.1

Girls U 17 - 200 Metre Sprint

=====
 Zone: Z 26.02 9/12/2012 Daisy Bryant, Hills District
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Daisy Bryant	Hills District	27.1Q
2	Anja Kolodziej	Hills District	27.9Q
3	Natalie Szabo	Rouse Hill Rams	29.4Q
4	Amy Hill	Winston Hills	30.4
5	Jacelyn Maher	Kings Langley	30.8

Heat 2 Heats

1	Kelsey Dwyer	Hills District	27.2Q
2	Ashlee Tait	Kings Langley	27.9Q
3	Taylah Porter	Winston Hills	28.1Q
4	Abbey Dwyer	Hills District	29.0q
5	Maddison Lippmann	Kings Langley	29.2q

Girls U 17 - 200 Metre Sprint

=====
 Zone: Z 26.02 9/12/2012 Daisy Bryant, Hills District
 Name Age Centre Final
 =====

Section 1 Final

1	Daisy Bryant	Hills District	26.2
2	Kelsey Dwyer	Hills District	26.9
3	Anja Kolodziej	Hills District	27.6
4	Ashlee Tait	Kings Langley	27.8
5	Taylah Porter	Winston Hills	28.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 8 - 400 Metre Sprint**

Zone: Z 1:17.12 31/01/2004 M Souter, Winston Hills

Name Age Centre Heats

Heat 1 Heats

1	Chelsea Olbrich	Riverstone	1:26.7Q
2	Philippa Gattini	Hills District	1:28.1Q
3	Hiral Sandhu	Rouse Hill Rams	1:30.5Q
4	Charlotte-Paige Jonsson	Rouse Hill Rams	1:32.6q
5	Rylee Alcorn	Hawkesbury City	1:37.6
6	Holly Powell	Hills District	1:39.5
7	Ainslie McNally	Winston Hills	1:48.7
8	Georgia Hansen	Winston Hills	1:56.4

Heat 2 Heats

1	Gabriella Liaropoulos	Hills District	1:28.1Q
2	Izabella Dunne	Hills District	1:28.5Q
3	Angelina McLean	Hills District	1:31.3Q
4	Ella Munroe	Hills District	1:32.1q
5	Siobhan Scully	Winston Hills	1:41.3
6	Cassandra Dimech	Winston Hills	1:53.7

Girls U 8 - 400 Metre Sprint

Zone: Z 1:17.12 31/01/2004 M Souter, Winston Hills

Name Age Centre Final

Section 1 Final

1	Chelsea Olbrich	Riverstone	1:26.1
2	Philippa Gattini	Hills District	1:26.2
3	Izabella Dunne	Hills District	1:28.1
4	Gabriella Liaropoulos	Hills District	1:31.8
5	Hiral Sandhu	Rouse Hill Rams	1:32.8
6	Angelina McLean	Hills District	1:33.5
7	Ella Munroe	Hills District	1:33.6
8	Charlotte-Paige Jonsson	Rouse Hill Rams	1:38.5

Girls U 9 - 400 Metre Sprint

Zone: Z 1:10.40 1/01/1980 N Stenberg, Hills

Name Age Centre Heats

Heat 1 Heats

1	Lauren Peacock	Hills District	1:20.8Q
2	Holly Drymple	Hawkesbury City	1:23.1Q
3	Penny Graham	Hawkesbury City	1:28.7Q
4	Lana Page	Hills District	1:30.4
5	Isabella Habib	Hills District	1:30.7
6	Alessandra Valle	Hills District	1:30.9
7	Tess Allsop	Rouse Hill Rams	1:36.6

Heat 2 Heats

1	Charlotte Burrell	Hills District	1:18.1Q
2	Taylor Gates	Hills District	1:24.9Q
3	Simarpreet Gill	Rouse Hill Rams	1:25.8Q
4	Leticia Zec	Kings Langley	1:26.6q
5	Charlotte Kammerer	Winston Hills	1:29.9q
6	Georgia Titterton	Winston Hills	1:43.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 9 - 400 Metre Sprint**

Zone: Z 1:10.40 1/01/1980 N Stenberg, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Charlotte Burrell		Hills District	1:19.2
2 Holly Drymple		Hawkesbury City	1:21.7
3 Lauren Peacock		Hills District	1:24.1
4 Simarpreet Gill		Rouse Hill Rams	1:24.6
5 Taylor Gates		Hills District	1:26.3
6 Leticia Zec		Kings Langley	1:26.7
7 Penny Graham		Hawkesbury City	1:30.7
8 Lana Page		Hills District	1:32.4

Girls U 10 - 400 Metre Sprint

Zone: Z 1:10.01 31/01/2009 S De Sliva, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ella Buchanan		Hills District	1:13.5Q
2 Alannah Gattini		Hills District	1:18.9Q
3 Demi Birch		Hills District	1:20.9Q
4 Emalee Olbrich		Riverstone	1:23.5q
5 Kayla Wong		Winston Hills	1:27.2
6 Milana Hobby		Rouse Hill Rams	1:32.4
7 Mollie Allsop		Rouse Hill Rams	1:36.3
8 Christina Thomas		Winston Hills	1:38.6
Heat 2 Heats			
1 Megan Wong		Hills District	1:19.3Q
2 Jessica Gomez		Hills District	1:21.4Q
3 Tameika Peirce		Kings Langley	1:22.1Q
4 Kaylie Shannon		Rouse Hill Rams	1:25.6q
5 Tia Robinson		Kings Langley	1:30.7
6 Amber Armstrong		Winston Hills	1:32.1
7 Caitlin Gething		Hills District	1:32.2

Girls U 10 - 400 Metre Sprint

Zone: Z 1:10.01 31/01/2009 S De Sliva, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Ella Buchanan		Hills District	1:12.7
2 Alannah Gattini		Hills District	1:17.1
3 Demi Birch		Hills District	1:19.0
4 Megan Wong		Hills District	1:19.2
5 Jessica Gomez		Hills District	1:20.6
5 Tameika Peirce		Kings Langley	1:20.6
7 Emalee Olbrich		Riverstone	1:23.5
8 Kaylie Shannon		Rouse Hill Rams	1:32.3

Girls U 11 - 400 Metre Sprint

Zone: Z 1:06.00 1/01/1982 N Stenberg, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tiana Saunders		Kings Langley	1:13.0Q
2 Sidney Burrell		Hills District	1:13.5Q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

...Girls U 11 - 400 Metre Sprint

3	Natasha Taggart	Winston Hills	1:14.4Q
4	Cloe Boucher	Rouse Hill Rams	1:15.1q
5	Rochelle Prior	Winston Hills	1:20.1q
6	Molly Horne	Hawkesbury City	1:21.2
7	Kyah Devine	Winston Hills	1:31.2

Heat 2 Heats

1	Madeline Arnold	Hills District	1:16.8Q
2	Caitlin Robertson	Hills District	1:18.9Q
3	Abbey Ashton	Hills District	1:19.8Q
4	Yasmine Alwakal	Winston Hills	1:26.3
5	Tyler Grace Old	Hills District	1:31.0
5	Jasmine Brown	Hawkesbury City	1:31.0
7	Ruby Brown	Hills District	2:03.2

Girls U 11 - 400 Metre Sprint

Zone: Z 1:06.00 1/01/1982 N Stenberg, Hills

Name Age Centre Final

Section 1 Final

1	Sidney Burrell	Hills District	1:10.0
2	Cloe Boucher	Rouse Hill Rams	1:10.9
3	Natasha Taggart	Winston Hills	1:11.6
4	Tiana Saunders	Kings Langley	1:11.8
5	Abbey Ashton	Hills District	1:15.3
6	Madeline Arnold	Hills District	1:16.9
7	Rochelle Prior	Winston Hills	1:18.0
8	Caitlin Robertson	Hills District	1:19.1

Girls U 12 - 400 Metre Sprint

Zone: Z 1:04.90 1/01/1983 N Stenberg, Hills

Name Age Centre Heats

Heat 1 Heats

1	Tahlia O'Connell	Kings Langley	1:10.2Q
2	Alisia Armstrong	Winston Hills	1:18.4Q
3	Chloe Alderson	Winston Hills	1:26.4
4	Sarah Dickson	Hills District	1:26.5
5	Shanice Tanea	Kings Langley	1:33.0

Heat 2 Heats

1	Niamh Sanday	Kings Langley	1:08.3Q
2	Danielle Drinnan	Winston Hills	1:09.1Q
3	Isabella Krueger	Rouse Hill Rams	1:21.5q
4	Amber Dhatt	Rouse Hill Rams	1:38.0

Heat 3 Heats

1	Suzaan Stander	Hills District	1:10.5Q
2	Hayley Chapman	Kings Langley	1:15.0Q
3	Sophie Jarvis	Winston Hills	1:21.6q
4	Eden Napoli	Hills District	1:26.9

Girls U 12 - 400 Metre Sprint

Zone: Z 1:04.90 1/01/1983 N Stenberg, Hills

Name Age Centre Final

Section 1 Final

1	Danielle Drinnan	Winston Hills	1:05.1
2	Niamh Sanday	Kings Langley	1:07.4

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 12 - 400 Metre Sprint**

3	Tahlia O'Connell	Kings Langley	1:08.5
4	Suzaan Stander	Hills District	1:09.0
5	Hayley Chapman	Kings Langley	1:16.4
6	Isabella Krueger	Rouse Hill Rams	1:19.3
7	Alisia Armstrong	Winston Hills	1:19.5
8	Sophie Jarvis	Winston Hills	1:20.4

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.04 30/01/2004 P Rom, Winston Hills

Name Age Centre Heats

Heat 1 Heats

1	Teigan Saunders	Kings Langley	1:07.2Q
2	Emily white	Kings Langley	1:12.6Q
3	Courtney Edwards	Rouse Hill Rams	1:14.0Q
4	Nabeelah Bhuiyan	Hills District	1:17.5q
5	Sinead Davidson	Kings Langley	1:18.2

Heat 2 Heats

1	Saara Stenberg	Hills District	1:10.0Q
2	Sophie Cleveringa	Hills District	1:11.1Q
3	Ashley Calvar	Kings Langley	1:13.4Q
4	Amber Cooper	Kings Langley	1:15.6q

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.04 30/01/2004 P Rom, Winston Hills

Name Age Centre Final

Section 1 Final

1	Teigan Saunders	Kings Langley	1:06.9
2	Saara Stenberg	Hills District	1:08.7
3	Sophie Cleveringa	Hills District	1:09.4
4	Emily white	Kings Langley	1:10.9
5	Courtney Edwards	Rouse Hill Rams	1:16.1
6	Sinead Davidson	Kings Langley	1:19.4
7	Nabeelah Bhuiyan	Hills District	1:23.8

Girls U 14 - 400 Metre Sprint

Zone: Z 1:00.80 1/01/1989 K Clemens, Hills

Name Age Centre Final

Section 1

1	Amanda Bello	Rouse Hill Rams	1:03.2
2	Johanna Selmes	Winston Hills	1:06.3
3	Kaitlyn Eagleton	Hills District	1:07.4
4	Hannah Eagleton	Hills District	1:07.8
5	Raaya Tiko	Kings Langley	1:09.3
6	Charlotte Sainsbury	Hills District	1:13.4
7	Jeany Lee	Hills District	1:13.9
8	Baillie-Rae Woods	Winston Hills	1:17.4

Girls U 15 - 400 Metre Sprint

Zone: Z 59.30 3/02/1996 S Lapham, Hills

Name Age Centre Final

1	Tayla Chaplin	Kings Langley	1:03.3
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NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 15 - 400 Metre Sprint**

2	Melissa Bello	Rouse Hill Rams	1:03.9
3	Teaan Mocatta	Hills District	1:08.0
4	Lauryn Brown	Winston Hills	1:08.0

Girls U 17 - 400 Metre Sprint

=====			
Zone: Z 1:04.22 8/12/2012 Abbey Urwin, Hills District			
Name	Age	Centre	Final
=====			
1	Kelsey Dwyer	Hills District	1:09.1
2	Abbey Dwyer	Hills District	1:11.6
3	Taylah Porter	Winston Hills	1:12.0
4	Ashlee Tait	Kings Langley	1:16.3

Girls U 9 - 800 Metre Run

=====			
Zone: Z 2:41.00 1/01/1980 N Stenberg, Hills			
Name	Age	Centre	Final
=====			
1	Charlotte Burrell	Hills District	2:58.1
2	Holly Drymple	Hawkesbury City	3:05.9
3	Taylor Gates	Hills District	3:08.7
4	Annabelle Geany	Hills District	3:09.9
5	Leticia Zec	Kings Langley	3:17.4
6	Alessandra Valle	Hills District	3:20.0
7	Penny Graham	Hawkesbury City	3:21.2
8	Carissa Anderson	Hills District	3:28.1
9	Lucy Hicks	Winston Hills	3:31.8
10	Chantelle Mendoza	Rouse Hill Rams	3:44.4

Girls U 10 - 800 Metre Run

=====			
Zone: Z 2:40.40 1/01/1985 K Clemens, Lalor Park			
Name	Age	Centre	Final
=====			
1	Ella Buchanan	Hills District	2:43.8
2	Grace Hayward	Hills District	2:54.3
3	Kylah Graham	Hills District	2:55.5
4	Ella Young	Kings Langley	2:58.4
5	Emalee Olbrich	Riverstone	2:59.4
6	Demi Birch	Hills District	3:07.0
7	Kaylie Shannon	Rouse Hill Rams	3:11.7
8	Amber Armstrong	Winston Hills	3:15.8
9	Gemma Morrisey	Hills District	3:17.9
10	Tameika Peirce	Kings Langley	3:22.2
11	Kayla Wong	Winston Hills	3:23.2
12	Jade Fink	Kings Langley	3:35.4

Girls U 11 - 800 Metre Run

=====			
Zone: Z 2:33.90 1/01/1981 C Hauser, Hills			
Name	Age	Centre	Final
=====			
1	Sidney Burrell	Hills District	2:42.4
2	Kaiya Buchanan	Hills District	2:45.2
3	Madeline Arnold	Hills District	2:45.8
4	Natasha Taggart	Winston Hills	2:49.1
5	Grace Michell	Hills District	2:58.0
6	Olivia Langley-Kleyn	Kings Langley	3:01.5

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****...Girls U 11 - 800 Metre Run**

7	Jasmine Brown	Hawkesbury City	3:03.8
8	Yasmine Alwakal	Winston Hills	3:04.9
9	Bianca Brangwin	Hills District	3:06.2
10	Molly Horne	Hawkesbury City	3:07.7
11	Brooke Luthy	Hawkesbury City	3:16.8
12	Tyler Grace Old	Hills District	3:26.4
13	Holly Caithness	Rouse Hill Rams	3:53.2

Girls U 12 - 800 Metre Run

Zone: Z 2:26.00 1/01/1985 A Harrison, Hills

Name	Age Centre	Final	
1	Danielle Drinnan	Winston Hills	2:31.9
2	Niamh Sanday	Kings Langley	2:34.2
3	Kelly Dixon	Hills District	2:42.8
4	Tiana Anderson	Hills District	2:51.4
5	Kelly Halton	Hills District	2:58.4
6	Sarah Dickson	Hills District	2:59.7
7	Sophie Jarvis	Winston Hills	3:05.4
8	Hayley Schneider	Kings Langley	3:09.6
9	Alisia Armstrong	Winston Hills	3:13.8
10	Prue Stratton	Kings Langley	3:22.1
11	Eleanor Campbell-Rogers	Winston Hills	3:44.1
12	Shanice Tanea	Kings Langley	3:50.3

Girls U 13 - 800 Metre Run

Zone: Z 2:22.60 1/01/1988 K Clemens, Hills

Name	Age Centre	Final	
1	Carley Thomas	Hills District	2:28.6
2	Rowena Milliss	Winston Hills	2:30.8
3	Madison Hayward	Hills District	2:36.7
4	Emily white	Kings Langley	2:45.0
5	Tamsin Buchanan	Hills District	2:58.5
6	Sinead Davidson	Kings Langley	3:04.1
7	Emily Hurley	Rouse Hill Rams	3:19.2
8	Mikayla Cruz	Rouse Hill Rams	3:19.6
9	Grace Thomson	Winston Hills	3:20.9
--	Lauren DeBerardinis	Rouse Hill Rams	DNF

Girls U 14 - 800 Metre Run

Zone: Z 2:20.60 1/01/1989 K Clemens, Hills

Name	Age Centre	Final	
1	Leena Yang	Hills District	2:23.5
2	Ali Thomson	Hills District	2:32.7
3	Emily Rozic	Winston Hills	2:41.0
4	Kimberly Engesser	Hills District	2:48.3
5	Jeany Lee	Hills District	2:55.4
6	Brittney Beilby	Kings Langley	3:02.6

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 15 - 800 Metre Run**

Zone: Z 2:18.30 1/01/1996 S Lapham, Hills				
Name	Age	Centre	Final	
1	Rebecca	Wright	Hills District	2:28.6
2	Lauryn	Brown	Winston Hills	2:32.9
3	Tayla	Chaplin	Kings Langley	2:39.1
4	Aisling	Davidson	Kings Langley	2:47.9
5	Leigh	Henson	Hills District	2:48.3
6	Shivon	Nolland	Kings Langley	3:09.0
7	Tiffany	Saker	Hills District	3:10.4
8	Natalie	Poole	Kings Langley	3:24.8

Girls U 17 - 800 Metre Run

Zone: Z 2:24.11 9/12/2012 Sarah Marvin, Winston Hills				
Name	Age	Centre	Final	
1	Sarah	Marvin	Hills District	2:33.7
2	Maddie	Green	Hills District	2:44.6
3	Adriana	Shina	Hills District	3:11.9

Girls U 10 - 1500 Metre Run

Zone: Z 5:29.20 1/01/1985 E Simpson, Winston Hills				
Name	Age	Centre	Final	
1	Ella	Buchanan	Hills District	5:43.5
2	Kylah	Graham	Hills District	5:55.1
3	Grace	Hayward	Hills District	6:00.2
4	Demi	Birch	Hills District	6:01.5
5	Emalee	Olbrich	Riverstone	6:15.6
6	Kaylie	Shannon	Rouse Hill Rams	6:25.3
7	Kyla	Thompson	Hills District	6:36.7
8	Amber	Armstrong	Winston Hills	6:39.0
9	Tori	Jackson	Hills District	7:38.6

Girls U 11 - 1500 Metre Run

Zone: Z 5:16.70 1/01/1986 E Simpson, Winston Hills				
Name	Age	Centre	Final	
1	Sidney	Burrell	Hills District	5:33.2
2	Madeline	Arnold	Hills District	5:46.5
3	Kaiya	Buchanan	Hills District	5:49.2
4	Olivia	Langley-Kleyn	Kings Langley	5:58.2
5	Grace	Michell	Hills District	5:58.9
6	Jasmine	Brown	Hawkesbury City	6:08.8
7	Molly	Horne	Hawkesbury City	6:29.1
8	Yasmine	Alwakal	Winston Hills	6:32.4
9	Bianca	Brangwin	Hills District	6:38.4
--	Phoebe	Hunt	Hills District	DNF

Girls U 12 - 1500 Metre Run

Zone: Z 4:59.00 1/01/1980 S Everitt, Hills				
Name	Age	Centre	Final	
1	Danielle	Drinnan	Winston Hills	5:22.6
2	Niamh	Sanday	Kings Langley	5:27.4

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****...Girls U 12 - 1500 Metre Run**

3	Kelly Dixon	Hills District	5:43.4
4	Tiana Anderson	Hills District	6:08.9
5	Alana Portelli	Rouse Hill Rams	6:16.7
6	Kelly Halton	Hills District	6:16.9
7	Georgia Brennan	Hills District	6:32.3
8	Prue Stratton	Kings Langley	6:35.4
9	Matilda Bloomfield	Hills District	6:40.3
10	Gabriella Valle	Hills District	6:48.0

Girls U 13 - 1500 Metre Run

Zone: Z 4:57.50 1/01/1986 A Harrison, Hills

Name	Age Centre	Final
1 Rowena Milliss	Winston Hills	5:12.8
2 Madison Hayward	Hills District	5:20.9
3 Carley Thomas	Hills District	5:27.2
4 Tia Berg	Hawkesbury City	5:46.1
5 Emily white	Kings Langley	5:46.5
6 Tamsin Buchanan	Hills District	5:57.4
7 Sophie Cleveringa	Hills District	6:07.5
8 Mikayla Cruz	Rouse Hill Rams	6:58.7

Girls U 14 - 1500 Metre Run

Zone: Z 4:52.70 14/12/2013 Leena Yang, Hills District

Name	Age Centre	Final
1 Leena Yang	Hills District	4:52.7Z
2 Ali Thomson	Hills District	5:14.2
3 Kimberly Engesser	Hills District	5:29.9
4 Emily Rozic	Winston Hills	5:42.1
5 Madaleine Ziegler	Hills District	5:46.7
6 Bailie-Rae Woods	Winston Hills	6:06.5
7 Sarah Durante	Hills District	6:32.3
8 Rachel Lawrence	Winston Hills	6:36.6

Girls U 15 - 1500 Metre Run

Zone: Z 4:58.60 30/01/2009 S Bright, Hills

Name	Age Centre	Final
1 Rebecca Wright	Hills District	5:14.8
2 Lauryn Brown	Winston Hills	5:16.8
3 Leigh Henson	Hills District	5:46.4
4 Aisling Davidson	Kings Langley	6:18.4
5 Shivon Nolland	Kings Langley	6:30.2
6 Tiffany Saker	Hills District	6:34.7
7 Natalie Poole	Kings Langley	7:18.3

Girls U 17 - 1500 Metre Run

Zone: Z 5:03.29 8/12/2012 Sarah Marvin, Winston Hills

Name	Age Centre	Final
1 Sarah Marvin	Hills District	5:26.8
2 Maddie Green	Hills District	6:08.2
3 Adriana Shina	Hills District	6:45.7

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 13 - 3000 Metre Run**

Zone: Z 10:43.12 30/01/2010 S Marvin, Winston Hills			
Name	Age	Centre	Final
1 Madison Hayward		Hills District	11:30.3
2 Tamsin Buchanan		Hills District	12:47.7
3 Emily white		Kings Langley	12:50.6
4 Lauren DeBerardinis		Rouse Hill Rams	15:04.2
5 Mikayla Cruz		Rouse Hill Rams	15:27.2
6 Grace Thomson		Winston Hills	15:47.7

Girls U 14 - 3000 Metre Run

Zone: Z 10:31.67 14/12/2013 Leena Yang, Hills District			
Name	Age	Centre	Final
1 Leena Yang		Hills District	10:31.7Z
2 Ali Thomson		Hills District	10:56.2
3 Kimberly Engesser		Hills District	12:14.7
4 Brittney Beilby		Kings Langley	13:30.0
5 Sarah Durante		Hills District	14:11.9

Girls U 15 - 3000 Metre Run

Zone: Z 10:32.90 28/01/2012 Sarah Marvin, Winston Hill			
Name	Age	Centre	Final
1 Tayla Chaplin		Kings Langley	12:05.8
2 Leigh Henson		Hills District	12:15.3
3 Aisling Davidson		Kings Langley	13:26.1
4 Shivon Nolland		Kings Langley	14:22.8

Girls U 17 - 3000 Metre Run

Zone: Z 10:47.03 8/12/2012 Sarah Marvin, Winston Hill			
Name	Age	Centre	Final
1 Sarah Marvin		Hills District	11:28.2
2 Maddie Green		Hills District	13:20.4
3 Adriana Shina		Hills District	14:07.7

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.70 4/02/1995 A Kerr, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Talahn Paki		Hills District	13.4Q
2 Zara Novkovic		Winston Hills	13.4Q
3 Rachel Bardney		Kings Langley	13.9Q
4 Vanessa Apel		Winston Hills	13.9q
5 Liviya Ho		Hills District	14.1
6 Izabella Dunne		Hills District	14.2
7 Rylee Alcorn		Hawkesbury City	14.7
8 Perri Leddiccoat		Rouse Hill Rams	15.2
9 Molly Smith		Hawkesbury City	17.0
Heat 2 Heats			
1 Ainslie McNally		Winston Hills	12.8Q
2 Zayra Plebani		Hills District	13.2Q
3 Madison Pualilo		Hawkesbury City	13.3Q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

4	Audrey Nadaya-Harb	Winston Hills	13.4q
5	Holly Powell	Hills District	14.2
6	Chloe Gething	Hills District	14.3
7	Clare Grubba	Winston Hills	15.3
8	Emily Smith	Kings Langley	18.7

Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.70 4/02/1995 A Kerr, Winston Hills			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Audrey Nadaya-Harb	Winston Hills	12.9
2	Talahn Paki	Hills District	13.0
3	Madison Pualilo	Hawkesbury City	13.3
3	Zara Novkovic	Winston Hills	13.3
5	Vanessa Apel	Winston Hills	13.3
6	Zayra Plebani	Hills District	13.5
7	Rachel Bardney	Kings Langley	13.7
8	Ainslie McNally	Winston Hills	14.8

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.80 1/01/1997 S Starkey, Riverstone			
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Nina Marshall	Hills District	11.0Q
2	Tahli Devine	Winston Hills	11.8Q
3	Catie James	Rouse Hill Rams	13.5Q
4	Alexis Ziegler	Kings Langley	13.6
5	Alaree Katsadas	Kings Langley	13.6
6	Keely Stevens	Hills District	14.1

Heat 2 Heats

1	Holly Walker	Winston Hills	12.7Q
2	Jacqueline Sneesby	Kings Langley	13.1Q
3	Jasmin Guven	Hills District	13.1Q
4	Leticia Zec	Kings Langley	13.4q
5	Jorja Wilson	Winston Hills	13.5q
6	Tess Allsop	Rouse Hill Rams	14.7
7	Jasmine Quy	Hills District	15.6
8	Olivia Brennan	Hills District	15.9

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.80 1/01/1997 S Starkey, Riverstone			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Nina Marshall	Hills District	11.2
2	Tahli Devine	Winston Hills	11.6
3	Holly Walker	Winston Hills	12.3
4	Jasmin Guven	Hills District	12.5
5	Catie James	Rouse Hill Rams	13.0
6	Jorja Wilson	Winston Hills	13.5
7	Leticia Zec	Kings Langley	13.6
8	Jacqueline Sneesby	Kings Langley	13.7

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 9.60 1/01/1988 B Smith, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kaylie Shannon		Rouse Hill Rams	13.2Q
2 Emma Hansen		Winston Hills	13.5Q
3 Jennifer Grubba		Winston Hills	13.6Q
4 Kyla Thompson		Hills District	13.6
5 Kiera Gow		Hills District	14.0
6 Tia Robinson		Kings Langley	14.1
7 Milana Hobby		Rouse Hill Rams	14.3
Heat 2 Heats			
1 Kirralee Death		Hills District	12.9Q
2 Alysha Bell		Kings Langley	12.9Q
3 Eva Nadaya-Harb		Winston Hills	13.0Q
4 Megan Wong		Hills District	13.2q
5 Kayla Fischer		Rouse Hill Rams	13.2q
6 Cailley Culnane		Hills District	13.4
7 Jessica Gomez		Hills District	13.5
8 Mollie Allsop		Rouse Hill Rams	15.0
9 Chloe Bell		Kings Langley	15.5
10 Christina Thomas		Winston Hills	18.1

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 1/01/1988 B Smith, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Kirralee Death		Hills District	12.4
2 Alysha Bell		Kings Langley	12.9
3 Eva Nadaya-Harb		Winston Hills	13.0
4 Emma Hansen		Winston Hills	13.2
5 Kaylie Shannon		Rouse Hill Rams	13.3
6 Megan Wong		Hills District	13.5
6 Jennifer Grubba		Winston Hills	13.5
8 Kayla Fischer		Rouse Hill Rams	13.6

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.00 1/01/1994 J Pittman, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jemma Brakell		Kings Langley	12.1Q
2 Charlotte Geany		Hills District	12.3Q
3 Grace James		Rouse Hill Rams	12.5Q
4 Ashleigh Ervin		Winston Hills	12.6q
5 Rochelle Prior		Winston Hills	12.7q
6 Chloe Hicks		Winston Hills	13.2
7 Caitlin Robertson		Hills District	13.3
8 Holly Caithness		Rouse Hill Rams	15.5
Heat 2 Heats			
1 Holly McNamara		Hills District	12.0Q
2 Rhianon Ho		Hills District	12.3Q
3 Sophie Battishall		Winston Hills	12.7Q
4 Natasha Taggart		Winston Hills	12.9
5 Kyah Devine		Winston Hills	13.2
6 Eseosa Amegor		Rouse Hill Rams	13.6

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 11 - 60 Metre Hurdles (60cm)**

6 Abbey Ashton	Hills District	13.6
8 Grace Fairhurst	Hills District	13.7
9 Brooke Luthy	Hawkesbury City	13.8

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.00 1/01/1994 J Pittman, Winston Hills

Name	Age Centre	Final
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Section 1 Final

1 Jemma Brakell	Kings Langley	11.3
2 Holly McNamara	Hills District	11.5
3 Charlotte Geany	Hills District	11.9
4 Rhiannon Ho	Hills District	12.1
5 Ashleigh Ervin	Winston Hills	J12.1
6 Sophie Battishall	Winston Hills	12.2
7 Rochelle Prior	Winston Hills	12.9
8 Grace James	Rouse Hill Rams	12.9

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.60 1/01/1990 B Smith, Winston Hills

Name	Age Centre	Heats
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Heat 1 Heats

1 Elizabeth Staples	Winston Hills	12.2Q
2 Hayley Chapman	Kings Langley	12.5Q
3 Claire Lynch	Riverstone	12.7Q
4 Darcey Stratton	Kings Langley	13.0
5 Matilda Bloomfield	Hills District	13.3
6 Georgia Brennan	Hills District	14.7
7 Eleanor Campbell-Rogers	Winston Hills	14.9

Heat 2 Heats

1 Alanah Wiblen	Hawkesbury City	11.2Q
2 Isabella Smolinski	Rouse Hill Rams	12.3Q
3 Jordyn Brown	Winston Hills	12.7Q
4 Eleanor Fairhurst	Hills District	12.7q
5 Alana Portelli	Rouse Hill Rams	12.9q
6 Haylee Hifo	Kings Langley	13.4
7 Cloe Hartwell	Rouse Hill Rams	13.8
8 Eve Shvartsman	Hills District	14.3

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.60 1/01/1990 B Smith, Winston Hills

Name	Age Centre	Final
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Section 1 Final

1 Alanah Wiblen	Hawkesbury City	11.0
2 Isabella Smolinski	Rouse Hill Rams	12.0
3 Hayley Chapman	Kings Langley	12.4
4 Eleanor Fairhurst	Hills District	12.7
5 Claire Lynch	Riverstone	12.8
6 Elizabeth Staples	Winston Hills	12.8
7 Alana Portelli	Rouse Hill Rams	12.9
8 Jordyn Brown	Winston Hills	12.9

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 13.50 5/02/1995 A Parry, Hawkesbury City			
Name	Age	Centre	Final
Section 1			
1 Olivia Marfo		Winston Hills	14.2
2 Carla Goulooze		Winston Hills	14.6
3 Alysa Saric		Hills District	14.7

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 12.53 15/12/2013 Tiana Death, Hills District			
Name	Age	Centre	Final
1 Tiana Death		Hills District	12.6Z
2 Caitlyn Hicks		Winston Hills	14.0
3 Laura Antal		Hills District	15.6
4 Mackenzie Garside		Winston Hills	16.5
5 Sophie Beldham-Collins		Winston Hills	17.3
6 Petria Welsby		Winston Hills	17.8
7 Abbie Stone		Kings Langley	20.8
8 Annaliese Zec		Kings Langley	29.2

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.30 2/02/1997 A Luthy, Hawkesbury City			
Name	Age	Centre	Final
1 Sherrie Calleia		Hills District	15.9
2 Jacquie Smith		Hills District	16.1
3 Lauryn Brown		Winston Hills	16.2
4 Chloe Bromage		Rouse Hill Rams	19.8
5 Bethany Parker		Kings Langley	28.4

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 15.22 30/01/2011 C Moore, Kings Langley			
Name	Age	Centre	Final
1 Madeleine Jones		Hills District	15.8
2 Ashlee Tait		Kings Langley	16.7
3 Amy Hill		Winston Hills	17.3
4 Natalie Szabo		Rouse Hill Rams	20.7
5 Aisha Covell		Winston Hills	21.3

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.70 1/01/1990 A Maguire, Hills			
Name	Age	Centre	Final
1 Carla Goulooze		Winston Hills	31.5
2 Carley Thomas		Hills District	32.2
3 Olivia Marfo		Winston Hills	33.2
4 Saara Stenberg		Hills District	36.3
5 Mikayla Cruz		Rouse Hill Rams	36.6
6 Tiajana Gow		Hills District	37.5
7 Ella McNamara		Hills District	38.1
8 Nabeelah Bhuiyan		Hills District	39.6

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 29.10 1/01/1988 R Freeman, Hills			
Name	Age	Centre	Final
1 Caitlyn Hicks		Winston Hills	31.5
2 Lauren Jacobs		Hills District	33.0
3 Kaitlyn Eagleton		Hills District	33.5
4 Petria Welsby		Winston Hills	33.6
5 Rachel Lawrence		Winston Hills	33.7
6 Mackenzie Garside		Winston Hills	33.9
7 Sophie Beldham-Collins		Winston Hills	36.5

Girls U 15 - 200 Metre Hurdles (76cm)

Zone: Z 29.50 1/01/1990 J Eccleston, Winston Hills			
Name	Age	Centre	Final
1 Alice Collins		Hills District	32.2
2 Lauryn Brown		Winston Hills	33.2

Girls U 17 - 200 Metre Hurdles (76cm)

Zone: Z 30.03 29/01/2011 N Apikotoa, Kings Langley			
Name	Age	Centre	Final
1 Amy Hill		Winston Hills	31.8
2 Natalie Szabo		Rouse Hill Rams	32.5
3 Ashlee Tait		Kings Langley	33.8
4 Maddison Lippmann		Kings Langley	34.8
5 Victoria Manning		Hills District	35.7

Girls U 7 - 500 Metre Pack Start

Zone: Z 1:37.80 1/01/1988 S.Lapham, Hills			
Name	Age	Centre	Final
1 Olivia Bloem		Hills District	1:55.7
2 Keira Murphy		Hills District	1:56.5
3 tasmyr hill		Riverstone	2:04.6
4 Amelia de Villiers		Hills District	2:09.4
5 Sarah Idiare		Winston Hills	2:09.8
6 Christina Kiceec		Kings Langley	2:13.9
7 Matilda Tuyau		Winston Hills	2:14.2
8 Kathryn Thomas		Winston Hills	2:14.9
9 Zarine Ruefli		Hills District	2:15.3
10 Marley McKenzie		Hills District	2:15.9
11 Stephanie Severin		Rouse Hill Rams	2:16.5
12 Mia Jacobs		Hills District	2:17.0
13 Sophie Taggart		Winston Hills	2:20.6
14 Sahana Srini		Kings Langley	2:21.6
15 Caragh Gleeson		Rouse Hill Rams	2:32.4

Girls U 8 - 700 Metre Pack Start

Zone: Z 2:18.10 6/12/1991 K Drennan, Winston Hills			
Name	Age	Centre	Final
1 Talahn Paki		Hills District	2:46.3
2 Philippa Gattini		Hills District	2:46.9
3 Izabella Dunne		Hills District	2:48.2

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

...Girls U 8 - 700 Metre Pack Start

4	Emily Budai	Kings Langley	2:52.1
5	Ainslie McNally	Winston Hills	2:58.5
6	Rylee Alcorn	Hawkesbury City	3:05.2
7	Gabriella Liaropoulos	Hills District	3:06.0
8	Siobhan Scully	Winston Hills	3:10.2
9	Angelina McLean	Hills District	3:10.9
10	Bianca Salloman	Winston Hills	3:19.8
11	Charlotte-Paige Jonsson	Rouse Hill Rams	3:26.1

Girls U 9-12 4x100 Metre Relay (Jnr)

=====
 Zone: Z 58.50 4/02/1996 Hills District, Hills
 Centre Final
 =====

1	Hills District	1:01.5
2	Winston Hills	1:02.3
3	Rouse Hill Rams	1:03.9
4	Kings Langley	1:04.9
5	Hawkesbury City	1:08.3

Girls U 13-17 4x100 Metre Relay (Snr)

=====
 Zone: Z 51.60 27/10/2003 Hills District, Hills
 Centre Final
 =====

1	Hills District	52.8
2	Winston Hills	53.5
3	Rouse Hill Rams	54.8
4	Kings Langley	59.5

Girls U 9 - High Jump (S/H 0.80m)

=====
 Zone: Z 1.14m 30/01/1999 L Denning, Hills
 Name Age Centre Final
 =====

Flight 1

1	Nina Marshall	Hills District	1.09m
2	Jessie Du Preez	Hills District	1.07m
3	MacKenzie Davis	Hills District	1.05m
4	Milla Elaro	Winston Hills	1.00m
5	Alexis Ziegler	Kings Langley	J1.00m
6	Annabelle Geany	Hills District	J1.00m
6	Jorja Wilson	Winston Hills	J1.00m
8	Olivia Dimech	Winston Hills	0.95m
8	Brooke Grossrieder	Hills District	0.95m
10	Carissa Anderson	Hills District	0.85m
11	Mia Newcombe	Winston Hills	0.80m

Girls U 10 - High Jump (S/H 0.90m)

=====
 Zone: Z 1.28m 28/01/2007 A Tait, Kings Langley
 Name Age Centre Final
 =====

1	Eva Nadaya-Harb	Winston Hills	1.12m
2	Cailley Culnane	Hills District	1.07m
2	Ella Young	Kings Langley	J1.07m
4	Demi Birch	Hills District	1.05m
5	Jennifer Grubba	Winston Hills	J1.00m
5	Phoebe Tham	Hills District	1.00m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****...Girls U 10 - High Jump (S/H 0.90m)**

5	Kyla Thompson	Hills District	J1.00m
5	Caitlin Gething	Hills District	J1.00m
5	Kayla Wong	Winston Hills	J1.00m
10	Lillian Coombe	Winston Hills	J0.95m
10	Emma Hansen	Winston Hills	0.95m
--	Mollie Allsop	Rouse Hill Rams	NH
--	Amber Armstrong	Winston Hills	NH

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.38m 1/01/1985 A Fletcher, Hills

Name	Age Centre	Final
1 Holly McNamara	Hills District	1.26m
2 Ashleigh Ervin	Winston Hills	1.15m
2 Sarah Milliss	Winston Hills	J1.15m
2 Ashlee Shimmon	Hills District	J1.15m
2 Emily Page	Hills District	J1.15m
6 Grace Fairhurst	Hills District	J1.10m
6 Caitlin Robertson	Hills District	J1.10m
6 Isabella Moore	Winston Hills	J1.10m
6 Olivia Mason	Winston Hills	J1.10m
6 Sarah Smith	Winston Hills	1.10m
11 Niamh Cassar	Hills District	1.05m
12 Olivia Langley-Kleyn	Kings Langley	1.00m
-- Jasmin Scocco	Riverstone	NH

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.47m 1/01/1983 J Morrison, Winston Hills

Name	Age Centre	Final
1 Emily Fox	Rouse Hill Rams	1.34m
2 Isabella Smolinski	Rouse Hill Rams	1.26m
3 Claire Lynch	Riverstone	1.24m
4 Suzaan Stander	Hills District	1.22m
5 Darcey Stratton	Kings Langley	1.20m
6 Taylor Cranwell	Riverstone	1.15m
7 Tiana Anderson	Hills District	J1.15m
8 Paige Brosnan	Winston Hills	1.10m
-- Kelly Dixon	Hills District	NH
-- Chloe Lavender	Winston Hills	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.55m 25/01/2003 E South, Winston Hills

Name	Age Centre	Final
1 Carley Thomas	Hills District	1.40m
2 Johanna Hofmann	Winston Hills	1.30m
2 Teigan Saunders	Kings Langley	J1.30m
4 Emily Hurley	Rouse Hill Rams	J1.20m
4 Kahleah Scott	Winston Hills	1.20m
6 Ella McNamara	Hills District	1.15m
6 Tara Dhatt	Rouse Hill Rams	J1.15m
6 Samantha Ervin	Winston Hills	J1.15m
6 Tylah Winley	Winston Hills	J1.15m
-- Alice Deng	Hills District	NH
-- Lailah-Mae Bevan-McInnes	Winston Hills	NH

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****...Girls U 13 - High Jump (S/H 1.15m)**

-- Olivia Marfo	Winston Hills	NH
-- Melinda Thomas	Winston Hills	NH
-- Maddison samways	Rouse Hill Rams	NH
-- Tayla Loughland	Hills District	NH
-- Grace Thomson	Winston Hills	NH

Girls U 14 - High Jump (S/H 1.20m)

=====			
Zone: Z 1.57m 30/01/1998 K Noon, Hawkesbury City			
Name	Age Centre		Final
=====			
1 Jade Flitter	Riverstone		1.45m
2 Johanna Selmes	Winston Hills		1.40m
3 Isabel Barton	Winston Hills		1.30m
4 Kaylee McElveney	Hills District		1.20m
4 Abbie Stone	Kings Langley		1.20m

Girls U 15 - High Jump (S/H 1.20m)

=====			
Zone: Z 1.66m 5/02/1994 C Mortleman, Hills			
Name	Age Centre		Final
=====			
1 Lauryn Brown	Winston Hills		1.40m
2 Madeleine Ferguson	Winston Hills		1.36m
3 Alice Collins	Hills District		1.30m
4 Teigan Ngahu-Ngahu	Winston Hills		1.25m
5 Leigh Henson	Hills District		J1.25m

Girls U 17 - High Jump (S/H 1.25m)

=====			
Zone: Z 1.60m 14/12/2013 Madeleine Jones, Hills Distri			
Name	Age Centre		Final
=====			
1 Madeleine Jones	Hills District		1.60mZ
2 Victoria Manning	Hills District		1.41m
3 Anna Caisley	Hills District		1.35m
-- Lucy Laing	Winston Hills		NH
-- Lara Grzechnik	Winston Hills		NH
-- Emma-Jane Missio	Kings Langley		NH
-- Madeleine Elgey	Winston Hills		NH

Girls U 7 - Long Jump

=====			
Zone: Z 3.46m 1/01/1987 R.Crooks, Riverstone			
Name	Age Centre		Final
=====			
1 Sarah Idiare	Winston Hills		2.90m
2 Whitney Matalavea	Rouse Hill Rams		2.88m
3 Abbey Vallance	Winston Hills		2.80m
4 Angelique Iredale	Kings Langley		2.45m
5 Chloe Barnes	Hills District		2.44m
6 Keira Murphy	Hills District		2.35m
7 Stephanie Severin	Rouse Hill Rams		2.33m
8 Emily Farrell	Hills District		2.30m
9 Aleida Boltjes	Riverstone		2.25m
10 Jasmine Wong	Winston Hills		2.23m
11 Marley McKenzie	Hills District		2.08m
12 Mia Jacobs	Hills District		2.03m
13 Sophie Taggart	Winston Hills		1.94m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 7 - Long Jump**

14 Sindhu Senthil	Winston Hills	1.58m
-- tasmyn hill	Riverstone	FOUL
-- Amelia de Villiers	Hills District	FOUL

Girls U 8 - Long Jump

=====
 Zone: Z 4.17m 1/01/1986 D Kerr, Winston Hills

Name	Age Centre	Final
1 Audrey Nadaya-Harb	Winston Hills	3.20m
2 Gabriella Liaropoulos	Hills District	3.03m
3 Talahn Paki	Hills District	3.00m
4 Zayra Plebani	Hills District	2.95m
5 Emily Orourke	Rouse Hill Rams	2.94m
6 Vanessa Apel	Winston Hills	2.81m
7 Charlotte-Paige Jonsson	Rouse Hill Rams	2.63m
8 Charlotte Oitmaa	Hills District	2.59m
9 Holly Powell	Hills District	2.54m
10 Chloe Gething	Hills District	2.50m
11 Hiral Sandhu	Rouse Hill Rams	2.48m
12 Rylee Alcorn	Hawkesbury City	2.47m
13 Rachel Bardney	Kings Langley	2.42m
14 Perri Leddicoat	Rouse Hill Rams	2.36m
15 Bianca Salloman	Winston Hills	2.35m
16 Zara Novkovic	Winston Hills	2.29m
17 Sophie Fink	Kings Langley	2.17m
18 Georgia Hansen	Winston Hills	2.06m
19 Hayley Charlwood	Winston Hills	2.03m
20 Emily Smith	Kings Langley	1.77m

Girls U 9 - Long Jump

=====
 Zone: Z 4.31m 1/01/1987 D Kerr, Winston Hills

Name	Age Centre	Final
1 Milarnee Matalavea	Rouse Hill Rams	3.50m
2 Tahli Devine	Winston Hills	3.46m
3 Jessie Du Preez	Hills District	3.35m
4 Charlotte Burrell	Hills District	3.31m
5 MacKenzie Davis	Hills District	3.26m
6 Annabelle Geany	Hills District	3.17m
7 Kayla Gioiello	Hills District	3.07m
8 Taylor Gates	Hills District	2.83m
9 Catie James	Rouse Hill Rams	2.74m
10 Georgie De	Riverstone	2.61m
11 Erin Gleeson	Rouse Hill Rams	2.52m
12 Alison Arthur	Kings Langley	2.43m
13 Lucy Hicks	Winston Hills	2.39m
14 Mia Newcombe	Winston Hills	2.29m
15 Liliy Boucher	Rouse Hill Rams	2.01m
16 Louise Arthur	Kings Langley	1.71m
-- Chelsea Garnett	Winston Hills	ND
-- Grace Nugent	Rouse Hill Rams	ND
-- Chantelle Mendoza	Rouse Hill Rams	ND
-- Alexis Ziegler	Kings Langley	ND
-- Holly Drymple	Hawkesbury City	ND
-- Isabella Ramsey	Winston Hills	ND
-- Milla Elaro	Winston Hills	ND

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 10 - Long Jump**

Zone: Z 4.69m 1/01/1988 D Kerr, Winston Hills			
Name	Age	Centre	Final
1 Ella Young		Kings Langley	3.82m
2 Alysha Bell		Kings Langley	3.72m
3 Kirralee Death		Hills District	3.62m
4 Tameika Peirce		Kings Langley	3.60m
5 Eva Nadaya-Harb		Winston Hills	3.57m
6 Jessica Gomez		Hills District	3.32m
7 Layla Owen		Hills District	3.28m
8 Chloe Bell		Kings Langley	3.25m
9 Jade Fink		Kings Langley	3.11m
10 Sophie Turner		Hills District	3.05m
11 Isobelle Frogley		Hills District	3.02m
12 Ruby Nichols		Rouse Hill Rams	2.92m
13 Kayla Fischer		Rouse Hill Rams	2.89m
14 Milana Hobby		Rouse Hill Rams	2.85m
15 Lauren Eagleton		Hills District	2.80m
16 Christina Thomas		Winston Hills	2.79m
17 Lillian Coombe		Winston Hills	2.51m
18 Erica Campbell-Rogers		Winston Hills	2.35m
19 Emma Hansen		Winston Hills	2.33m

Girls U 11 - Long Jump

Zone: Z 4.83m 1/01/1989 D Kerr, Winston Hills			
Name	Age	Centre	Final
1 Sophie Gibbons		Rouse Hill Rams	3.88m
2 Ashlee Shimmon		Hills District	3.82m
3 Charlotte Geany		Hills District	3.76m
4 Eseosa Amegor		Rouse Hill Rams	J3.76m
5 Erin Graham		Hawkesbury City	3.65m
6 Sarah Milliss		Winston Hills	3.50m
7 Sarah Michell		Hills District	3.45m
8 Olivia Mason		Winston Hills	3.42m
9 Jemma Brakell		Kings Langley	3.30m
10 Natasha Taggart		Winston Hills	3.24m
11 Ashleigh Ervin		Winston Hills	3.23m
12 Tiana Saunders		Kings Langley	3.21m
13 Phoebe Hunt		Hills District	3.15m
14 Ruby Brown		Hills District	3.14m
15 Lauren Mooney		Winston Hills	3.03m
16 Grace James		Rouse Hill Rams	3.02m
17 Holly Caithness		Rouse Hill Rams	2.81m
18 Delaney Gleeson		Rouse Hill Rams	2.73m
19 Brooke Luthy		Hawkesbury City	2.70m

Girls U 12 - Long Jump

Zone: Z 5.07m 1/01/1982 K Barrett, Winston Hills			
Name	Age	Centre	Final
1 Tahlia O'Connell		Kings Langley	4.35m
2 Phoebe Young		Kings Langley	4.24m
3 Elizabeth Staples		Winston Hills	4.01m
4 Haylee Hifo		Kings Langley	3.99m
5 Eleanor Fairhurst		Hills District	3.61m
6 Alana Portelli		Rouse Hill Rams	3.58m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 12 - Long Jump**

7	Matilda Bloomfield	Hills District	3.57m
8	Nicola Webb	Winston Hills	3.48m
9	Jordyn Brown	Winston Hills	3.39m
10	Kaitlyn Rozic	Winston Hills	3.31m
10	Chloe Lavender	Winston Hills	3.31m
12	Isabella Krueger	Rouse Hill Rams	3.18m
13	Cloe Hartwell	Rouse Hill Rams	3.04m
14	Eloise McPhie	Rouse Hill Rams	3.01m
15	Eleanor Campbell-Rogers	Winston Hills	2.93m

Girls U 13 - Long Jump

Zone: Z 5.05m 2/02/1991 D Kerr, Winston Hills

Name	Age Centre	Final	
1	Olivia Marfo	Winston Hills	3.96m
2	Carley Thomas	Hills District	3.91m
3	Carla Goulooze	Winston Hills	3.90m
4	Courtney Edwards	Rouse Hill Rams	3.79m
5	Emily Catania	Rouse Hill Rams	3.61m
6	Ashley Calvar	Kings Langley	3.57m
7	Emily Mooney	Winston Hills	3.53m
8	Mikayla Cruz	Rouse Hill Rams	3.35m
9	Tara Dhatt	Rouse Hill Rams	2.72m
10	Erin Patrech	Kings Langley	2.71m

Girls U 14 - Long Jump

Zone: Z 5.39m 30/01/1998 P Carey, Hills

Name	Age Centre	Final	
1	Tiana Death	Hills District	4.76m
2	Caitlyn Hicks	Winston Hills	4.69m
3	Laura Antal	Hills District	4.05m
4	Isabel Barton	Winston Hills	4.04m
5	Raaya Tiko	Kings Langley	3.97m
6	Emily Rozic	Winston Hills	3.93m
7	Clare Bickham	Winston Hills	3.80m
8	Kaitlyn Eagleton	Hills District	3.66m
9	Madaleine Ziegler	Hills District	3.56m
10	Johanna Selmes	Winston Hills	3.55m
11	Rachel Lawrence	Winston Hills	3.50m
12	Hannah Eagleton	Hills District	3.46m
13	Chelsea mcdonald	Rouse Hill Rams	3.12m

Girls U 15 - Long Jump

Zone: Z 5.49m 27/10/2003 M Riley, Hills

Name	Age Centre	Final	
1	Chloe Antal	Hills District	4.62m
2	Teaan Mocatta	Hills District	4.46m
3	Natalie Poole	Kings Langley	3.52m
4	Shivon Nolland	Kings Langley	3.26m
5	Aimee O'Brien	Kings Langley	2.86m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 17 - Long Jump**

Zone: Z 5.49m 28/01/2012 Natalie Apikatoa, Winston Hil			
Name	Age	Centre	Final
1 Anja Kolodziej		Hills District	5.34m
2 Madeleine Jones		Hills District	4.96m
3 Ashlee Tait		Kings Langley	4.76m
4 Maddison Lippmann		Kings Langley	4.49m
5 Daisy Bryant		Hills District	4.47m
6 Anna Caisley		Hills District	4.32m
7 Jacelyn Maher		Kings Langley	4.08m

Girls U 11 - Triple Jump

Zone: Z 9.70m 29/01/2011 T Jaber, Kings Langley			
Name	Age	Centre	Final
1 Erin Graham		Hawkesbury City	8.25m
2 Kaiya Buchanan		Hills District	8.23m
3 Tiana Saunders		Kings Langley	8.09m
4 Ashlee Shimmon		Hills District	8.02m
5 Jemma Brakell		Kings Langley	7.88m
6 Rhiannon Ho		Hills District	7.59m
7 Lauren Mooney		Winston Hills	7.48m
8 Olivia Mason		Winston Hills	7.38m
9 Brooke Luthy		Hawkesbury City	6.87m
10 Mikayla Fuller		Winston Hills	6.86m
11 Olivia Charlton		Hills District	6.81m
12 Niamh Cassar		Hills District	6.60m
13 Grace Michell		Hills District	6.59m
14 Ashleigh Ervin		Winston Hills	6.52m
15 Chloe Hicks		Winston Hills	6.46m
16 Delaney Gleeson		Rouse Hill Rams	5.63m

Girls U 12 - Triple Jump

Zone: Z 10.58m 8/12/1991 L Caruana, Prospect			
Name	Age	Centre	Final
1 Alanah Wiblen		Hawkesbury City	9.32m
2 Phoebe Young		Kings Langley	8.94m
3 Elizabeth Staples		Winston Hills	8.93m
4 Eve Shvartsman		Hills District	8.88m
5 Danielle Drinnan		Winston Hills	8.81m
6 Jordyn Brown		Winston Hills	8.16m
7 Prue Stratton		Kings Langley	7.80m
8 Gabrielle Burke		Rouse Hill Rams	7.77m
9 Kaitlyn Rozic		Winston Hills	7.37m
10 Brooke Facer		Winston Hills	7.08m
11 Nicola Webb		Winston Hills	6.96m
12 Georgia Brennan		Hills District	6.93m
13 Gabriella Valle		Hills District	6.62m
14 Katya Ignacz		Kings Langley	6.53m
14 Angelina Allen		Hills District	6.53m
-- Hayley Chapman		Kings Langley	FOUL

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 13 - Triple Jump**

Zone: Z 11.02m 8/12/2012 Tiana Jaber, Kings Langley			
Name	Age	Centre	Final
1 Olivia Marfo		Winston Hills	9.28m
2 Samantha Jackson		Hills District	8.39m
3 Tiajana Gow		Hills District	8.16m
4 Emily Mooney		Winston Hills	8.15m
5 Tamsin Buchanan		Hills District	8.09m
6 Lailah-Mae Bevan-McInnes		Winston Hills	7.53m
7 Ella McNamara		Hills District	7.13m
8 Emily Hurley		Rouse Hill Rams	6.88m
9 Gabriella Engesser		Hills District	6.84m
10 Mikayla Cruz		Rouse Hill Rams	6.80m

Girls U 14 - Triple Jump

Zone: Z 11.28m 8/12/1991 B Smith, Winston Hills			
Name	Age	Centre	Final
1 Lauren Jacobs		Hills District	10.05m
2 Isabel Barton		Winston Hills	9.48m
3 Emily Rozic		Winston Hills	9.45m
4 Laura Antal		Hills District	9.37m
5 Clare Bickham		Winston Hills	8.49m
6 Petria Welsby		Winston Hills	8.35m
7 Kaylee McElveney		Hills District	7.51m
8 Annaliese Zec		Kings Langley	7.03m

Girls U 15 - Triple Jump

Zone: Z 11.47m 30/01/2010 N Apikotoa, Kings Langley			
Name	Age	Centre	Final
1 Sherrie Calleia		Hills District	9.82m
2 Jacquie Smith		Hills District	9.66m
3 Alice Collins		Hills District	9.56m
4 Shivon Nolland		Kings Langley	8.01m
5 Natalie Poole		Kings Langley	7.71m
6 Aimee O'Brien		Kings Langley	6.33m
-- Melissa Bello		Rouse Hill Rams	ND
-- Madeleine Ferguson		Winston Hills	ND

Girls U 17 - Triple Jump

Zone: Z 11.90m 30/01/2011 N Apikotoa, Kings Langley			
Name	Age	Centre	Final
1 Madeleine Jones		Hills District	11.27m
2 Anja Kolodziej		Hills District	11.20m
3 Anna Caisley		Hills District	9.50m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 7.96m 1/01/1984 K.Leppanen, Winston Hills			
Name	Age	Centre	Final
1 Angeliqne Iredale		Kings Langley	5.90m
2 Tuliana Kabuyawa		Hills District	4.90m
3 Emily Farrell		Hills District	4.03m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 7 - Shot Put (1.0 Kg)**

4	Amelia Clark	Winston Hills	3.92m
5	Kathryn Thomas	Winston Hills	3.87m
6	Tayla Cenciotti	Hills District	3.77m
7	Jasmine Wong	Winston Hills	3.63m
8	Tayla Harris	Hills District	3.55m
9	Lara Brown	Winston Hills	3.26m
10	Chelsea Arnold	Hills District	2.93m
11	Caragh Gleeson	Rouse Hill Rams	2.75m
12	Chloe Barnes	Hills District	2.72m

Girls U 8 - Shot Put (1.5 Kg)

=====			
Zone: Z 8.50m 1/02/2004 T Sengul, Winston Hills			
Name	Age	Centre	Final
=====			
1	Rachel Bardney	Kings Langley	7.35m
2	Charlotte Streat	Hills District	7.26m
3	Clare Grubba	Winston Hills	6.61m
4	Vanessa Apel	Winston Hills	5.47m
5	Zara Novkovic	Winston Hills	5.39m
6	Zara Champion	Hills District	4.84m
7	Charlotte Oitmaa	Hills District	4.06m
8	Kaitlyn Ilic	Hills District	3.89m
9	Chloe Smith	Hills District	3.79m
10	Sienna Hilal	Hills District	3.46m
11	Emily Smith	Kings Langley	3.18m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Zone: Z 8.12m 25/01/2003 T Breeze-Brackers, Winston Hi			
Name	Age	Centre	Final
=====			
1	Hayley Patterson	Hills District	5.40m
2	Georgie De	Riverstone	5.36m
3	Lucy Hicks	Winston Hills	4.97m
4	Jacqueline Sneesby	Kings Langley	4.97m
5	Olivia Dimech	Winston Hills	4.74m
6	Erin Gleeson	Rouse Hill Rams	4.27m
7	Tess Allsop	Rouse Hill Rams	3.87m
8	Olivia Brennan	Hills District	3.81m
9	Keely Stevens	Hills District	3.40m
10	Jasmine Quy	Hills District	3.33m
11	Penny Graham	Hawkesbury City	3.20m
12	Lauren Sivalingam	Kings Langley	3.19m

Girls U 10 - Shot Put (2.0 Kg)

=====			
Zone: Z 10.92m 29/01/2006 P Lemi, Winston Hills			
Name	Age	Centre	Final
=====			
1	Jennifer Grubba	Winston Hills	6.89m
2	Caitlin Wooldridge	Winston Hills	6.05m
3	Tahli Monahan	Winston Hills	5.58m
4	Erica Campbell-Rogers	Winston Hills	5.42m
5	Lillian Coombe	Winston Hills	5.00m
6	Cassandra Borg	Rouse Hill Rams	4.60m
7	Chloe Fuller	Winston Hills	4.16m
8	Ruby Nichols	Rouse Hill Rams	4.13m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.65m 27/01/2007 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Orinthia Williams		Hills District	9.81m
2 Olivia Charlton		Hills District	8.61m
3 Emily Page		Hills District	7.08m
4 Mikayla Fuller		Winston Hills	7.02m
5 Rhiannon Ho		Hills District	6.69m
6 Courtney Sultana		Hills District	6.39m
7 Lauren Mooney		Winston Hills	6.07m
8 Delaney Gleeson		Rouse Hill Rams	5.84m
9 Kyah Devine		Winston Hills	5.64m
10 Elizabeth Sullivan		Winston Hills	5.55m
11 Kyneshia Smith		Hawkesbury City	4.98m
12 Chloe Hicks		Winston Hills	4.72m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 15.76m 3/02/2008 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Sally Shokry		Hills District	11.61m
2 Paige Brosnan		Winston Hills	8.99m
3 Mya Debono		Kings Langley	8.83m
4 Brooke Facer		Winston Hills	6.49m
5 Madeline Coy		Hills District	6.17m
6 Katya Ignacz		Kings Langley	6.06m
7 Jasmine Crouch		Hills District	5.99m
8 Chloe Alderson		Winston Hills	5.93m
9 Angelina Allen		Hills District	5.19m
10 Haylee McDonald		Winston Hills	4.88m
11 Bella Johnson		Hills District	4.84m
12 Shanice Tanea		Kings Langley	4.64m
13 Amber Dhatt		Rouse Hill Rams	4.43m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 14.57m 1/02/2009 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Semira Tanea		Kings Langley	8.80m
2 Emily Mooney		Winston Hills	8.12m
3 Samantha Jackson		Hills District	7.92m
4 Bronte Bow		Hills District	6.80m
5 Erin Patrech		Kings Langley	6.41m
6 Emily Catania		Rouse Hill Rams	6.31m
7 Lauren DeBerardinis		Rouse Hill Rams	5.92m
8 Tara Dhatt		Rouse Hill Rams	5.35m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 15.42m 30/01/2010 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Abigail Newton		Winston Hills	10.13m
2 Annaliese Zec		Kings Langley	7.75m
3 Clare Bickham		Winston Hills	7.56m
4 Emma Monahan		Winston Hills	6.67m
5 Chiara Sanday		Kings Langley	6.28m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 15 - Shot Put (3.0 Kg)**

Zone: Z 14.86m 30/01/2011 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Bethany Parker		Kings Langley	11.29m
2 Sherrie Calleia		Hills District	9.78m
3 Aimee O'Brien		Kings Langley	8.64m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 15.15m 9/12/2012 Taylah Sengal, Winston Hills			
Name	Age	Centre	Final
1 Emma-Jane Missio		Kings Langley	11.12m
2 Lucinda Wade		Hawkesbury City	10.20m
3 Daisy Bryant		Hills District	7.48m

Girls U 7 - Discus (350 Gm)

Zone: Z 20.08m 25/01/2003 T.Sengul, Winston Hills			
Name	Age	Centre	Final
1 Angelique Iredale		Kings Langley	11.78m
2 Matilda Tuyau		Winston Hills	9.39m
3 Tayla Cenciotti		Hills District	8.98m
4 Emily Farrell		Hills District	8.61m
5 Sophie Taggart		Winston Hills	8.48m
6 Zarine Ruefli		Hills District	7.61m
7 Lara Brown		Winston Hills	6.57m
8 Chelsea Cocks		Winston Hills	5.85m
9 Jasmin Reed		Hills District	5.57m
10 Chloe Barnes		Hills District	5.40m
11 Harini Dulipkumar		Winston Hills	5.36m
12 Caragh Gleeson		Rouse Hill Rams	5.25m
13 Savannah Oxley		Hawkesbury City	4.44m

Girls U 8 - Discus (500 Gm)

Zone: Z 23.74m 31/01/2004 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Rachel Bardney		Kings Langley	13.53m
2 Madison Pualilo		Hawkesbury City	11.20m
3 Charlotte Streat		Hills District	10.67m
4 Clare Grubba		Winston Hills	10.13m
5 Jacinta Hilton		Hills District	9.35m
6 Molly Smith		Hawkesbury City	8.63m
7 Zara Champion		Hills District	8.61m
8 Sophie Fink		Kings Langley	8.46m
9 Bianca Salloman		Winston Hills	6.56m
10 Angelina McLean		Hills District	6.45m
11 Liviya Ho		Hills District	5.89m
-- Holly Powell		Hills District	FOUL

Girls U 9 - Discus (500 Gm)

Zone: Z 27.18m 30/01/2005 P Lemi, Winston Hills			
Name	Age	Centre	Final
1 Nina Marshall		Hills District	14.69m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 9 - Discus (500 Gm)**

2	Lucy Hicks	Winston Hills	12.52m
3	Jessica Shimmon	Hills District	12.17m
4	Georgie De	Riverstone	12.14m
5	Erin Gleeson	Rouse Hill Rams	11.73m
6	Zoe Linsen	Hills District	11.67m
7	Chloe Nolan	Hills District	10.43m
8	Jorja Wilson	Winston Hills	9.79m
9	Anissa Johnson	Hills District	9.55m
10	Leticia Zec	Kings Langley	9.16m
11	Alison Arthur	Kings Langley	8.67m
12	Sarah O'Donnell	Rouse Hill Rams	8.43m
13	Lauren Sivalingam	Kings Langley	8.06m
14	Louise Arthur	Kings Langley	6.13m

Girls U 10 - Discus (500 Gm)

Zone: Z 36.17m 28/01/2006 T Sengul, Winston Hills

Name	Age	Centre	Final
1	Kayla Fischer	Rouse Hill Rams	18.44m
2	Jennifer Grubba	Winston Hills	17.99m
3	Eva Nadaya-Harb	Winston Hills	16.20m
4	Lillian Coombe	Winston Hills	15.85m
5	Kiera Gow	Hills District	15.04m
6	Sophie Turner	Hills District	13.91m
7	Emma Hansen	Winston Hills	11.72m
8	Tori Jackson	Hills District	11.37m
9	Tahli Monahan	Winston Hills	9.74m
10	Jessica Gomez	Hills District	9.00m

Girls U 11 - Discus (750 Gm)

Zone: Z 33.66m 28/01/2007 P Lemi, Winston Hills

Name	Age	Centre	Final
1	Olivia Charlton	Hills District	20.48m
2	Courtney Sultana	Hills District	20.46m
3	Orinthia Williams	Hills District	19.36m
4	Mikayla Fuller	Winston Hills	18.60m
5	Delaney Gleeson	Rouse Hill Rams	16.22m
6	Elizabeth Sullivan	Winston Hills	15.76m
7	Lauren Mooney	Winston Hills	13.87m
8	Ruby Brown	Hills District	11.64m

Girls U 12 - Discus (750 Gm)

Zone: Z 41.59m 2/02/2008 T Snegul, Winston Hills

Name	Age	Centre	Final
1	Sally Shokry	Hills District	32.98m
2	Paige Brosnan	Winston Hills	24.50m
3	Mya Debono	Kings Langley	24.10m
4	Gabrielle Burke	Rouse Hill Rams	21.43m
5	Isabella Smolinski	Rouse Hill Rams	18.31m
6	Brooke Facer	Winston Hills	13.49m
7	Jasmine Crouch	Hills District	12.82m
8	Madeline Coy	Hills District	12.74m
9	Elouise Munnoch	Hills District	10.83m
10	Haylee McDonald	Winston Hills	10.37m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 13 - Discus (750 Gm)**

Zone: Z 47.60m 31/01/2009 T Sengul, Winston Hills				
Name	Age	Centre	Final	
1	Samantha	Jackson	Hills District	26.93m
2	Emily	Mooney	Winston Hills	23.24m
3	Ashleigh	Cochrane	Winston Hills	21.86m
4	Saara	Stenberg	Hills District	19.99m
5	Bronte	Bow	Hills District	18.25m
6	Lauren	DeBerardinis	Rouse Hill Rams	16.05m
7	Amber	Cooper	Kings Langley	14.82m
8	Erin	Patrech	Kings Langley	14.27m
9	Melinda	Thomas	Winston Hills	12.38m
10	Gabriella	Engesser	Hills District	12.17m
11	Lailah-Mae	Bevan-McInnes	Winston Hills	12.06m
12	Tara	Dhatt	Rouse Hill Rams	11.39m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 44.29m 31/01/2010 T Sengul, Winston Hills				
Name	Age	Centre	Final	
1	Abigail	Newton	Winston Hills	30.95m
2	Clare	Bickham	Winston Hills	20.31m
3	Isabel	Barton	Winston Hills	19.92m
4	Jeany	Lee	Hills District	17.86m
5	Annaliese	Zec	Kings Langley	17.13m
6	Jade	Flitter	Riverstone	16.18m
7	Chiara	Sanday	Kings Langley	14.07m
8	Emma	Monahan	Winston Hills	13.97m
9	Chelsea	mcdonald	Rouse Hill Rams	13.91m
10	Kasey	Trott	Riverstone	11.85m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 44.63m 29/01/2011 T Sengul, Winston Hills				
Name	Age	Centre	Final	
1	Bethany	Parker	Kings Langley	24.93m
2	Aimee	O'Brien	Kings Langley	23.43m
3	Natalie	Poole	Kings Langley	18.77m
4	Georgia	Burgess	Winston Hills	16.99m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 45.49m 8/12/2012 Taylah Sengal, Winston Hills				
Name	Age	Centre	Final	
1	Alysha	Newton	Winston Hills	29.89m
2	Olivia	Telfer	Hills District	24.30m
3	Daisy	Bryant	Hills District	24.21m
4	Lucinda	Wade	Hawkesbury City	22.53m
5	Lara	Grzechnik	Winston Hills	17.53m
6	Aisha	Covell	Winston Hills	16.03m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Girls U 12 - Javelin (400 Gm)**

Zone: Z 23.61m 28/01/2012 Abigail Newton, Winston Hill			
Name	Age	Centre	Final
1 Tahlia O'Connell		Kings Langley	22.55m
2 Eloise McPhie		Rouse Hill Rams	15.96m
3 Mya Debono		Kings Langley	15.43m
4 Claire Lynch		Riverstone	13.25m
5 Brooke Facer		Winston Hills	12.66m
6 Paige Brosnan		Winston Hills	12.07m
7 Elouise Munnoch		Hills District	11.23m
8 Eleanor Campbell-Rogers		Winston Hills	10.99m
9 Sally Shokry		Hills District	10.79m
10 Gabriella Valle		Hills District	10.64m
11 Haylee McDonald		Winston Hills	10.35m
12 Jasmine Crouch		Hills District	9.55m
13 Amber Dhatt		Rouse Hill Rams	9.34m
14 Chloe Lavender		Winston Hills	7.91m

Girls U 13 - Javelin (400 Gm)

Zone: Z 41.86m 28/01/2009 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Samantha Jackson		Hills District	25.52m
2 Semira Tanea		Kings Langley	24.69m
3 Amber Cooper		Kings Langley	17.47m
4 Sophie Cleveringa		Hills District	17.17m
5 Emily Mooney		Winston Hills	16.99m
6 Erin Patrech		Kings Langley	14.68m
7 Tiajana Gow		Hills District	14.39m
8 Bronte Bow		Hills District	12.18m

Girls U 14 - Javelin (400 Gm)

Zone: Z 32.21m 13/12/2013 Abigail Newton, Winston Hill			
Name	Age	Centre	Final
1 Abigail Newton		Winston Hills	32.21mZ
2 Johanna Selmes		Winston Hills	24.16m
3 Isabel Barton		Winston Hills	23.19m
4 Mackenzie Garside		Winston Hills	23.08m
5 Emma Monahan		Winston Hills	19.47m
6 Madaleine Ziegler		Hills District	18.32m
7 Annaliese Zec		Kings Langley	18.14m
8 Petria Welsby		Winston Hills	17.73m
9 Clare Bickham		Winston Hills	15.13m
10 Jeany Lee		Hills District	13.61m
11 Kasey Trott		Riverstone	9.72m

Girls U 15 - Javelin (500 Gm)

Zone: Z 30.06m 27/01/2012 Lucinda Wade, Hawkesbury			
Name	Age	Centre	Final
1 Jacquie Smith		Hills District	29.56m
2 Bethany Parker		Kings Langley	26.61m
3 Alice Collins		Hills District	25.54m
4 Aimee O'Brien		Kings Langley	19.80m
5 Natalie Poole		Kings Langley	16.42m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 15 - Javelin (500 Gm)**

6 Tiffany Saker	Hills District	15.04m
7 Georgia Burgess	Winston Hills	14.87m

Girls U 17 - Javelin (500 Gm)

Zone: Z 31.79m 7/12/2012 Marissa Mentis, Winston Hill

Name	Age Centre	Final
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1 Lucinda Wade	Hawkesbury City	29.24m
2 Alysha Newton	Winston Hills	29.14m
3 Kayla Douglas	Hills District	27.68m
4 Maddison Lippmann	Kings Langley	23.19m
5 Aisha Covell	Winston Hills	17.30m

Girls U 9 - 700 Metre Walk

Zone: Z 3:31.00 1/02/1997 S Munday, Prospect

Name	Age Centre	Final
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Section 1

1 Taylor Gates	Hills District	4:57.4
2 Emily Ho	Hills District	5:03.2
3 Kayla Gioiello	Hills District	5:14.5
4 Anissa Johnson	Hills District	5:14.9
5 Brooke Grossrieder	Hills District	5:15.2
6 Penny Graham	Hawkesbury City	5:30.5

Girls U 10 - 1100 Metre Walk

Zone: Z 6:17.40 23/01/2003 R Houston, Winston Hills

Name	Age Centre	Final
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1 Chloe Bell	Kings Langley	6:58.6
2 Megan Wong	Hills District	7:13.2
3 Kyla Thompson	Hills District	8:10.6
4 Caitlin Wooldridge	Winston Hills	8:21.2
5 Chloe Fuller	Winston Hills	9:08.1
6 Tori Jackson	Hills District	9:22.8
7 Tahli Monahan	Winston Hills	10:05.0

Girls U 11 - 1100 Metre Walk

Zone: Z 5:57.51 28/01/2011 A Thomson, Hills

Name	Age Centre	Final
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1 Sarah Michell	Hills District	6:54.2
2 Kaiya Buchanan	Hills District	7:01.4
3 Kyneshia Smith	Hawkesbury City	7:13.4
4 Olivia Langley-Kleyn	Kings Langley	7:13.6
5 Phoebe Hunt	Hills District	9:00.8
-- Rebecca Godbee	Kings Langley	DQ

Girls U 12 - 1500 Metre Walk

Zone: Z 7:50.80 4/02/1994 C Bock, Winston Hills

Name	Age Centre	Final
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1 Niamh Sanday	Kings Langley	8:48.4
2 Prue Stratton	Kings Langley	11:18.3

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Girls U 12 - 1500 Metre Walk**

3 Kaitlyn Rozic	Winston Hills	11:37.5
4 Chloe Alderson	Winston Hills	12:21.1

Girls U 13 - 1500 Metre Walk

Zone: Z 7:46.10 30/01/2008 I Shina, Hills

Name	Age Centre	Final
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1 Tamsin Buchanan	Hills District	8:54.2
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Girls U 14 - 1500 Metre Walk

Zone: Z 7:52.57 27/01/2005 B Melrose, Winston Hills

Name	Age Centre	Final
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1 Emma Monahan	Winston Hills	11:00.1
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Girls U 15 - 1500 Metre Walk

Zone: Z 7:15.46 25/01/2006 M Hayes, Kings Langley

Name	Age Centre	Final
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1 Tiffany Saker	Hills District	8:17.1
2 Shivon Nolland	Kings Langley	10:28.7

Girls U 17 - 1500 Metre Walk

Zone: Z 7:45.20 13/12/2013 Kerilee Coote, Hills Distri

Name	Age Centre	Final
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1 Kerilee Coote	Hills District	7:45.2Z
2 Adriana Shina	Hills District	9:08.3
3 Anna Relyea	Hills District	11:13.0
4 Erin Bliss	Winston Hills	13:12.3

Boys U 7 - 50 Metre Sprint

Zone: Z 8.62 8/12/2012 Nathaniel Idehen, Hills Distr

Name	Age Centre	Heats
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Heat 1 Heats

1 Lachlan Coinakis	Rouse Hill Rams	9.5Q
2 Brock Prideaux	Winston Hills	9.7Q
3 Zach Redwood	Winston Hills	10.1Q
4 Rhys Timoney	Rouse Hill Rams	10.1
5 Harry Coy	Hills District	10.6
6 Lachlan Gray	Winston Hills	10.9
7 Jack Grima	Rouse Hill Rams	11.0
8 Liam Havron	Kings Langley	11.2
9 Sahaj Sandhu	Rouse Hill Rams	12.1
10 Zac Debono	Kings Langley	14.1

Heat 2 Heats

1 Lachlan Powell	Hills District	9.2Q
2 Andrew Grima	Rouse Hill Rams	9.8Q
3 Alexander Clarence	Winston Hills	9.8Q
4 Valentine Crowley	Hills District	9.9q
5 Cody Cox	Hills District	10.0q
6 Liam O'Dare	Winston Hills	10.1
7 Toby Dorahy	Hills District	10.3

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 7 - 50 Metre Sprint**

8 Max Jackson	Winston Hills	10.4
9 Clancy Payne	Hills District	10.4
10 Tristan Ferris	Rouse Hill Rams	10.7

Boys U 7 - 50 Metre Sprint

=====			
Zone: Z	8.62	8/12/2012	Nathaniel Idehen, Hills Distr
Name	Age	Centre	Final
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Section 1 Final

1 Lachlan Powell	Hills District	9.1
2 Lachlan Coinakis	Rouse Hill Rams	9.3
3 Andrew Grima	Rouse Hill Rams	9.5
4 Alexander Clarence	Winston Hills	9.5
5 Brock Prideaux	Winston Hills	9.6
6 Cody Cox	Hills District	9.8
7 Zach Redwood	Winston Hills	9.9
8 Valentine Crowley	Hills District	9.9

Boys U 7 - 70 Metre Sprint

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Zone: Z	11.00	1/01/1989	P. Morgan, Winston Hills
Name	Age	Centre	Heats
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Heat 1 Heats

1 Lachlan Powell	Hills District	12.1Q
2 Alexander Clarence	Winston Hills	12.2Q
3 Riley Nolan	Hills District	12.5Q
4 Toby Dorahy	Hills District	12.9q
5 Brock Prideaux	Winston Hills	13.0q
6 Andrew Grima	Rouse Hill Rams	13.1
7 Max Jackson	Winston Hills	13.1
8 Valentine Crowley	Hills District	13.2
9 Muhammad Abbasi	Winston Hills	13.7

Heat 2 Heats

1 Liam Roche	Hills District	12.6Q
2 Lachlan Coinakis	Rouse Hill Rams	12.9Q
3 Rhys Timoney	Rouse Hill Rams	13.2Q
4 Bailey Nowland	Kings Langley	13.2
5 Omith Edirisinghe	Winston Hills	13.2
6 Jai Fryer	Kings Langley	13.4
7 Harrison Valdezate	Rouse Hill Rams	13.8
8 Jack Grima	Rouse Hill Rams	14.2

Boys U 7 - 70 Metre Sprint

=====			
Zone: Z	11.00	1/01/1989	P. Morgan, Winston Hills
Name	Age	Centre	Final
=====			

Section 1 Final

1 Lachlan Powell	Hills District	12.2
2 Riley Nolan	Hills District	12.3
3 Alexander Clarence	Winston Hills	12.3
4 Liam Roche	Hills District	12.6
5 Toby Dorahy	Hills District	13.1
6 Lachlan Coinakis	Rouse Hill Rams	13.2
7 Brock Prideaux	Winston Hills	13.3
8 Rhys Timoney	Rouse Hill Rams	14.4

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 8 - 70 Metre Sprint**

Zone: Z 10.50 1/01/1982 N Stephens, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Colby Martin		Rouse Hill Rams	11.6q
2 Ray Murphy		Winston Hills	12.1q
3 Andrew Hagggar		Hills District	12.3q
4 Christian Borg		Rouse Hill Rams	12.3q
5 Lochlan Duncum		Kings Langley	12.8q
6 Rhys van		Winston Hills	12.9q
7 Tyran Brown		Kings Langley	12.9q
8 Gerald Rheeder		Hills District	13.0q
9 Teshan Ravindran		Winston Hills	13.1
10 Riley Wilson		Winston Hills	13.1

Boys U 8 - 70 Metre Sprint

Zone: Z 10.50 1/01/1982 N Stephens, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Colby Martin		Rouse Hill Rams	11.6
2 Ray Murphy		Winston Hills	12.1
3 Andrew Hagggar		Hills District	12.3
4 Christian Borg		Rouse Hill Rams	12.3
5 Lochlan Duncum		Kings Langley	12.8
6 Rhys van		Winston Hills	12.9
7 Tyran Brown		Kings Langley	12.9
8 Gerald Rheeder		Hills District	13.0

Boys U 9 - 70 Metre Sprint

Zone: Z 10.63 15/12/2013 Joses Idehen, Hills District			
Name	Age	Centre	Final
Section 1			
1 Joses Idehen		Hills District	10.7Z
2 Saxon Orsini		Hills District	10.8
3 Jy Windle		Winston Hills	11.0
4 Robbie Johnston		Hills District	11.4
5 Lachlan Wood		Winston Hills	11.5
6 Koby Owen		Kings Langley	11.6
7 Spencer Brown		Hills District	11.7
8 Rory Bell		Hills District	12.1
9 Logan Mezzomo		Rouse Hill Rams	12.2

Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 1/02/1997 D Wright, Winston Hills			
Name	Age	Centre	Final
1 Jake Baptiste		Kings Langley	10.8
2 Kevin Lee		Hills District	11.1
3 Nathan Jackson		Winston Hills	11.1
4 Riley Abrahams		Hills District	11.2
5 Harrison Haladus		Hills District	11.3
6 Marcus Cenciotti		Hills District	11.8
7 Ryan Darling		Winston Hills	11.9
8 Gianluca Plebani		Hills District	12.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 10 - 70 Metre Sprint**

9 Thomas McKenzie	Hills District	12.4
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Boys U 7 - 100 Metre Sprint

Zone: Z 15.90 8/12/2012 Nathaniel Idehen, Hills Distr

Name	Age Centre	Heats
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Heat 1 Heats

1 Lachlan Powell	Hills District	18.1Q
2 Andrew Grima	Rouse Hill Rams	18.8Q
3 Oliver Geany	Hills District	19.1
4 Brock Prideaux	Winston Hills	19.2
5 James Dormer	Kings Langley	19.3
6 Sam Mantarro	Kings Langley	19.5
7 Max Jackson	Winston Hills	19.6

Heat 2 Heats

1 Alexander Clarence	Winston Hills	18.2Q
2 Lachlan Coinakis	Rouse Hill Rams	18.3Q
3 Jaeden Douglas	Hills District	18.4q
4 Bailey Nowland	Kings Langley	18.5q
5 Valentine Crowley	Hills District	19.4
6 Harrison Valdezate	Rouse Hill Rams	19.8
7 Tristan Ferris	Rouse Hill Rams	19.8

Heat 3 Heats

1 Liam Roche	Hills District	17.6Q
2 Liam O'Dare	Winston Hills	19.3Q
3 Toby Dorahy	Hills District	19.3
4 Omith Edirisinghe	Winston Hills	19.7
5 Liam Havron	Kings Langley	22.2
6 Jack Grima	Rouse Hill Rams	22.3

Boys U 7 - 100 Metre Sprint

Zone: Z 15.90 8/12/2012 Nathaniel Idehen, Hills Distr

Name	Age Centre	Final
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Section 1 Final

1 Lachlan Powell	Hills District	17.6
2 Liam Roche	Hills District	17.7
3 Alexander Clarence	Winston Hills	18.4
4 Andrew Grima	Rouse Hill Rams	18.5
5 Jaeden Douglas	Hills District	18.8
5 Lachlan Coinakis	Rouse Hill Rams	18.8
7 Liam O'Dare	Winston Hills	19.8
8 Bailey Nowland	Kings Langley	19.8

Boys U 8 - 100 Metre Sprint

Zone: Z 14.80 1/01/1983 A Polley, Winston Hills

Name	Age Centre	Heats
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Heat 1 Heats

1 Cooper van	Winston Hills	17.4Q
2 Max Hately	Rouse Hill Rams	17.7Q
3 Jayeola Sunmola	Kings Langley	18.0Q
4 Andrew Haggard	Hills District	18.5q
5 Blair McDonald	Hills District	18.7
6 Teshan Ravindran	Winston Hills	19.4
7 Rhys van	Winston Hills	19.7

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Boys U 8 - 100 Metre Sprint

8	Bradley Hassell	Rouse Hill Rams	19.8
9	Ethan Kelly	Hills District	20.1
Heat 2 Heats			
1	Nathaniel Idehen	Hills District	16.4Q
2	Colby Martin	Rouse Hill Rams	17.1Q
3	Blake Pasfield	Hawkesbury City	17.6Q
4	Max Buratto	Hills District	18.5q
5	Nicholas Fischer	Rouse Hill Rams	18.7
6	Riley Wilson	Winston Hills	19.2
7	Callum Wood	Winston Hills	19.9
8	Kace Hobby	Rouse Hill Rams	21.0

Boys U 8 - 100 Metre Sprint

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 Zone: Z 14.80 1/01/1983 A Polley, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Nathaniel Idehen	Hills District	16.2
2	Colby Martin	Rouse Hill Rams	16.8
3	Max Hately	Rouse Hill Rams	17.2
4	Blake Pasfield	Hawkesbury City	17.2
5	Cooper van	Winston Hills	17.2
6	Jayeola Sunmola	Kings Langley	17.6
7	Andrew Haggar	Hills District	18.2
8	Max Buratto	Hills District	18.3

Boys U 9 - 100 Metre Sprint

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 Zone: Z 14.30 2/02/1991 P Mogan, Winston Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Joses Idehen	Hills District	15.2Q
2	Saxon Orsini	Hills District	15.6Q
3	Sandip Srini	Kings Langley	16.1Q
4	Robbie Johnston	Hills District	16.4q
5	Kody Spencer	Rouse Hill Rams	16.5
6	Caleb Knight	Winston Hills	17.1
7	Travis Hargrave	Hawkesbury City	17.2
8	Max Spackman	Winston Hills	17.5

Heat 2 Heats

1	Jy Windle	Winston Hills	15.5Q
2	Samuel Mckenzie	Hawkesbury City	15.6Q
3	Zachary Porter	Winston Hills	15.7Q
4	Ajaiy Mohanraja	Winston Hills	16.4q
5	Joseph McEnearney	Hills District	16.6
6	Hunter Plumley	Hills District	16.8
7	Ryan Salloman	Winston Hills	17.1

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.30 2/02/1991 P Mogan, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Joses Idehen	Hills District	15.3
2	Jy Windle	Winston Hills	15.6
3	Samuel Mckenzie	Hawkesbury City	15.7

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Boys U 9 - 100 Metre Sprint

4 Saxon Orsini	Hills District	15.8
5 Zachary Porter	Winston Hills	16.0
6 Sandip Srini	Kings Langley	16.1
7 Robbie Johnston	Hills District	16.7
8 Ajaiy Mohanraja	Winston Hills	17.2

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 13.90 1/02/1997 D Wright, Winston Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Kevin Lee	Hills District	15.5Q
2 Matthew Tindale	Kings Langley	15.6Q
3 Conor Siney	Hills District	15.7Q
4 Riley Abrahams	Hills District	15.7q
5 Marcus Cenciotti	Hills District	15.7q
6 Harrison Haladus	Hills District	16.0
7 Jehan Mistry	Rouse Hill Rams	17.1
8 Luke Nixon	Winston Hills	17.9

Heat 2 Heats

1 Jake Baptiste	Kings Langley	15.9Q
2 Casey Fourro-Hiko	Winston Hills	16.4Q
3 Nathan Jackson	Winston Hills	16.5Q
4 Thomas Walker	Hills District	17.2
5 Cameron Scott	Winston Hills	18.0
6 Ryan Darling	Winston Hills	18.1
7 Micah O'Connell	Winston Hills	20.2

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 13.90 1/02/1997 D Wright, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Jake Baptiste	Kings Langley	15.3
2 Kevin Lee	Hills District	15.7
3 Casey Fourro-Hiko	Winston Hills	15.8
4 Matthew Tindale	Kings Langley	15.9
5 Conor Siney	Hills District	15.9
6 Marcus Cenciotti	Hills District	16.0
7 Riley Abrahams	Hills District	16.1
8 Nathan Jackson	Winston Hills	16.2

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 12.90 1/01/1980 C Cassidy, Hills
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Samuel Loizou	Hills District	14.1Q
2 Joshua Atkinson	Kings Langley	14.8Q
3 Ben MacSporran	Winston Hills	14.9Q
4 Harrison Grima	Rouse Hill Rams	15.4q
5 Alex Mealey	Rouse Hill Rams	15.7q
6 Zane Smolinski	Rouse Hill Rams	15.8
7 Mahdi Kalantari	Rouse Hill Rams	17.0

Heat 2 Heats

1 Brent Iredale	Kings Langley	15.0Q
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NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 11 - 100 Metre Sprint**

2	Jackson Richards	Winston Hills	15.2Q
3	Harrison Johnston	Hills District	15.3Q
4	Gregory Severin	Rouse Hill Rams	15.8
5	Mitchell Rees	Hills District	16.2

Boys U 11 - 100 Metre Sprint

=====			
Zone: Z 12.90 1/01/1980 C Cassidy, Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Samuel Loizou	Hills District	14.6
2	Joshua Atkinson	Kings Langley	15.2
3	Ben MacSporran	Winston Hills	15.2
4	Brent Iredale	Kings Langley	15.9
5	Harrison Grima	Rouse Hill Rams	16.0
6	Jackson Richards	Winston Hills	16.0
7	Alex Mealey	Rouse Hill Rams	16.1
8	Harrison Johnston	Hills District	16.3

Boys U 12 - 100 Metre Sprint

=====			
Zone: Z 12.60 1/01/1981 C Cassidy, Hills			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jamie Murphy	Winston Hills	14.6Q
2	Samuel Sara	Rouse Hill Rams	14.7Q
3	Damon Kench	Hills District	15.0Q
3	Lachlan Porter	Winston Hills	15.0Q
5	Christopher Choo	Hills District	15.6
6	Brayden Wilson	Kings Langley	15.7
7	Kye Smith	Kings Langley	15.7
8	Bailey Leddicat	Rouse Hill Rams	15.8
9	Kyle Spencer	Rouse Hill Rams	15.8
Heat 2 Heats			
1	Anders Glew	Winston Hills	13.7Q
2	Cory Petroff	Winston Hills	14.2Q
3	Olayinka Sunmola	Kings Langley	14.4Q
4	Matthew Patterson	Hills District	15.4q
5	Elliot Robson	Hills District	15.6
6	Jackson Bruton	Winston Hills	15.6
7	Callum Walker	Winston Hills	16.1

Boys U 12 - 100 Metre Sprint

=====			
Zone: Z 12.60 1/01/1981 C Cassidy, Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Anders Glew	Winston Hills	13.9
2	Cory Petroff	Winston Hills	14.3
3	Olayinka Sunmola	Kings Langley	14.5
4	Jamie Murphy	Winston Hills	14.5
5	Samuel Sara	Rouse Hill Rams	14.7
6	Lachlan Porter	Winston Hills	15.0
7	Damon Kench	Hills District	15.2
8	Christopher Choo	Hills District	16.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 13 - 100 Metre Sprint**

Zone: Z 12.09 8/12/2012 Timothy Simmons, Hills Distri			
Name	Age	Centre	Final
Section 1			
1 Joshua Cooper		Hills District	12.7
2 Joshua Kerwick		Hills District	13.2
3 Jandamurra Stewart		Winston Hills	13.3
4 Sebastian Sicuro		Hills District	14.4
5 Matthew Abner		Winston Hills	14.6
6 Jordan Willis		Hills District	14.7
7 Jackson Wilbow		Winston Hills	14.7
8 Trent Kable		Kings Langley	14.8
9 Simeon Levine		Winston Hills	15.3
10 Johannes Tanusendjaja		Winston Hills	16.6

Boys U 14 - 100 Metre Sprint

Zone: Z 11.90 5/02/1994 M Adams, Hills			
Name	Age	Centre	Final
1 Walther Wegmann		Kings Langley	12.2
1 Timothy Simmons		Hills District	12.2
3 Tyson Smith		Kings Langley	12.9
4 Ben Tait		Kings Langley	13.2
5 Todd Caisley		Hills District	13.9
6 Joseph Tanusendjaja		Winston Hills	14.4

Boys U 15 - 100 Metre Sprint

Zone: Z 11.20 31/01/2009 N Hough, Hills			
Name	Age	Centre	Final
1 Kai Parrello		Winston Hills	12.1
2 Alexander Cummins		Winston Hills	12.3
3 James Morgan		Hills District	12.3
4 Jarod Rockall		Kings Langley	12.3
5 Anthony Cappetta		Hills District	12.8
6 Eli Brown		Winston Hills	12.9
7 Jace Cooper		Kings Langley	13.0
8 Jefferson Lumapas		Hills District	13.3

Boys U 17 - 100 Metre Sprint

Zone: Z 11.65 8/12/2012 Matthew Hoy, Hills District			
Name	Age	Centre	Final
1 Jordan Coleman		Hills District	11.8
2 James Webb		Winston Hills	11.9
3 Hayden Landels		Winston Hills	12.3
4 Nicholas Welsby		Winston Hills	12.4
5 Jarrod Thomas		Hills District	12.6
6 Daniel Hunt		Hills District	12.8
7 Lachlan Parle		Winston Hills	13.0
8 Jordan Tulinsky		Hills District	13.1
9 Rhys Kable		Kings Langley	14.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

Boys U 7 - 200 Metre Sprint

Zone: Z 33.90 1/01/1980 M.Canning, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Riley Nolan		Hills District	36.5Q
2 Liam Roche		Hills District	39.4Q
3 Omith Edirisinghe		Winston Hills	42.3
4 Jack Grima		Rouse Hill Rams	45.1
5 Trent Seymour		Winston Hills	52.3
Heat 2 Heats			
1 Lachlan Powell		Hills District	35.8Q
2 Rhys Timoney		Rouse Hill Rams	39.1Q
3 Andrew Grima		Rouse Hill Rams	39.8q
4 Sam Mantarro		Kings Langley	40.5q
5 Brock Prideaux		Winston Hills	41.2
6 Ravi Soni		Winston Hills	41.9
Heat 3 Heats			
1 Jasper Deane		Hills District	37.7Q
2 Jaeden Douglas		Hills District	40.3Q
3 Jai Fryer		Kings Langley	41.2
4 Tristan Ferris		Rouse Hill Rams	42.9

Boys U 7 - 200 Metre Sprint

Zone: Z 33.90 1/01/1980 M.Canning, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Powell		Hills District	35.3
2 Riley Nolan		Hills District	35.4
3 Jasper Deane		Hills District	36.8
4 Liam Roche		Hills District	37.0
5 Andrew Grima		Rouse Hill Rams	38.9
6 Jaeden Douglas		Hills District	39.5
7 Sam Mantarro		Kings Langley	40.0
8 Rhys Timoney		Rouse Hill Rams	40.3

Boys U 8 - 200 Metre Sprint

Zone: Z 30.70 1/01/1983 A Polley, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nathaniel Idehen		Hills District	33.8Q
2 Jacob Seaman		Winston Hills	35.8Q
3 Cameron Davis		Hawkesbury City	38.0q
4 Lochlan Duncum		Kings Langley	39.0
5 Sawyer Ware		Winston Hills	46.1
Heat 2 Heats			
1 Blake Pasfield		Hawkesbury City	35.9Q
2 Max Buratto		Hills District	37.2Q
3 Christian Borg		Rouse Hill Rams	38.8
4 Jason Prior		Winston Hills	41.6
5 Tristan Morson		Hills District	45.5
Heat 3 Heats			
1 Mitchell Seaman		Winston Hills	34.5Q
2 Colby Martin		Rouse Hill Rams	35.8Q
3 Luke Alderson		Winston Hills	37.3q
4 Riley Wilson		Winston Hills	39.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Boys U 8 - 200 Metre Sprint

5 Ethan Kelly Hills District 39.2

Boys U 8 - 200 Metre Sprint

Zone: Z 30.70 1/01/1983 A Polley, Winston Hills

Name Age Centre Final

Section 1 Final

1 Nathaniel Idehen	Hills District	33.8
2 Mitchell Seaman	Winston Hills	34.8
3 Colby Martin	Rouse Hill Rams	35.1
3 Jacob Seaman	Winston Hills	35.1
5 Blake Pasfield	Hawkesbury City	36.2
6 Max Buratto	Hills District	36.2
7 Cameron Davis	Hawkesbury City	36.7
8 Luke Alderson	Winston Hills	37.1

Boys U 9 - 200 Metre Sprint

Zone: Z 29.80 4/02/1996 J De Silva, Winston Hills

Name Age Centre Heats

Heat 1 Heats

1 Joses Idehen	Hills District	31.3Q
2 Saxon Orsini	Hills District	31.7Q
3 Benjamin Murray	Kings Langley	34.7q
4 Lachlan Edwards	Rouse Hill Rams	35.4
5 Austin Durbridge	Hills District	36.4
6 Logan Mezzomo	Rouse Hill Rams	37.1

Heat 2 Heats

1 Samuel Mckenzie	Hawkesbury City	33.4Q
2 Nicholas Finch	Hills District	34.4Q
3 Joseph McEnearney	Hills District	34.5q
4 Travis Hargrave	Hawkesbury City	35.1
5 Max Spackman	Winston Hills	35.9

Heat 3 Heats

1 Zachary Porter	Winston Hills	32.4Q
2 Sandip Srini	Kings Langley	33.8Q
3 Aiden O'Connell	Kings Langley	36.9
4 Rowan Ware	Winston Hills	37.6
5 Joshua Coinakis	Rouse Hill Rams	38.2

Boys U 9 - 200 Metre Sprint

Zone: Z 29.80 4/02/1996 J De Silva, Winston Hills

Name Age Centre Final

Section 1 Final

1 Joses Idehen	Hills District	31.2
2 Saxon Orsini	Hills District	31.5
3 Samuel Mckenzie	Hawkesbury City	32.5
3 Zachary Porter	Winston Hills	32.5
5 Sandip Srini	Kings Langley	32.9
6 Joseph McEnearney	Hills District	34.0
7 Benjamin Murray	Kings Langley	34.4
8 Nicholas Finch	Hills District	35.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 10 - 200 Metre Sprint**

Zone: Z 28.80 1/01/1985 T Henry, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kevin Lee		Hills District	31.6Q
2 Blake Metcalfe		Kings Langley	31.7Q
3 Riley Abrahams		Hills District	31.9Q
4 Owen Burke		Rouse Hill Rams	33.3q
5 Kane Cox		Hills District	34.2q
6 Marcus Cenciotti		Hills District	34.6
Heat 2 Heats			
1 Casey Fourro-Hiko		Winston Hills	32.3Q
2 Thomas Walker		Hills District	33.9Q
3 Jonathan Hills		Hills District	34.0Q

Boys U 10 - 200 Metre Sprint

Zone: Z 28.80 1/01/1985 T Henry, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Kevin Lee		Hills District	31.5
2 Blake Metcalfe		Kings Langley	31.5
3 Riley Abrahams		Hills District	32.4
4 Casey Fourro-Hiko		Winston Hills	33.0
5 Jonathan Hills		Hills District	34.3
6 Owen Burke		Rouse Hill Rams	34.4
7 Thomas Walker		Hills District	34.6
8 Kane Cox		Hills District	34.8

Boys U 11 - 200 Metre Sprint

Zone: Z 27.60 1/01/1980 C Cassidy, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Samuel Loizou		Hills District	28.8Q
2 Joshua Atkinson		Kings Langley	30.3Q
3 Harrison Grima		Rouse Hill Rams	32.6Q
4 Jayden Duncum		Kings Langley	34.1q
5 Dylan Timoney		Rouse Hill Rams	34.7q
6 Bailey Martin		Rouse Hill Rams	35.7
Heat 2 Heats			
1 Harrison Johnston		Hills District	32.5Q
2 Nathan Sivalingam		Kings Langley	32.6Q
3 Jackson Richards		Winston Hills	33.1Q
4 Max Shvartsman		Hills District	35.7
5 Zack Spurway		Winston Hills	38.8

Boys U 11 - 200 Metre Sprint

Zone: Z 27.60 1/01/1980 C Cassidy, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Samuel Loizou		Hills District	29.0
2 Joshua Atkinson		Kings Langley	29.1
3 Jackson Richards		Winston Hills	31.6
4 Harrison Johnston		Hills District	32.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Boys U 11 - 200 Metre Sprint

5 Nathan Sivalingam	Kings Langley	33.2
6 Harrison Grima	Rouse Hill Rams	35.1
7 Jayden Duncum	Kings Langley	35.3
8 Bailey Martin	Rouse Hill Rams	35.9

Boys U 12 - 200 Metre Sprint

=====
 Zone: Z 26.42 29/01/2012 Timothy Simmons, Quakers Hill
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Anders Glew	Winston Hills	28.1Q
2 Jamie Murphy	Winston Hills	29.8Q
3 Lachlan Porter	Winston Hills	30.9Q
4 Kyle Spencer	Rouse Hill Rams	32.0
5 Elliott Robson	Hills District	32.8
6 Brayden Wilson	Kings Langley	33.4

Heat 2 Heats

1 Cory Petroff	Winston Hills	29.0Q
2 Olayinka Sunmola	Kings Langley	29.9Q
3 Damon Kench	Hills District	30.3Q
4 Samuel Sara	Rouse Hill Rams	31.5q
5 Jackson Bruton	Winston Hills	31.8q
6 Bailey Leddicat	Rouse Hill Rams	32.7
7 Noah Florian	Hills District	35.9

Boys U 12 - 200 Metre Sprint

=====
 Zone: Z 26.42 29/01/2012 Timothy Simmons, Quakers Hill
 Name Age Centre Final
 =====

Section 1 Final

1 Anders Glew	Winston Hills	27.9
2 Jamie Murphy	Winston Hills	29.1
3 Cory Petroff	Winston Hills	29.2
4 Olayinka Sunmola	Kings Langley	30.0
5 Samuel Sara	Rouse Hill Rams	30.4
6 Damon Kench	Hills District	30.6
7 Lachlan Porter	Winston Hills	30.7
8 Jackson Bruton	Winston Hills	32.6

Boys U 13 - 200 Metre Sprint

=====
 Zone: Z 24.88 28/01/2007 N Hough, Hills
 Name Age Centre Final
 =====

Section 1

1 Joshua Cooper	Hills District	26.0
2 Joshua Kerwick	Hills District	27.0
3 Keegan Bell	Hills District	29.0
4 Sebastian Sicuro	Hills District	30.2
5 Jackson Wilbow	Winston Hills	30.7
6 Trent Kable	Kings Langley	31.2
7 Robert Grubba	Winston Hills	32.2
8 Jacob Vecchiato	Hills District	37.1

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 14 - 200 Metre Sprint**

Zone: Z 23.98 3/02/2008 N Hough, Hills			
Name	Age	Centre	Final
1 Walther Wegmann		Kings Langley	24.7
2 Timothy Simmons		Hills District	24.7
3 Ben Tait		Kings Langley	26.2
4 Tyson Smith		Kings Langley	26.5
5 Samuel Mahoney		Kings Langley	26.6
6 Ty Schneider		Kings Langley	27.4
7 Todd Caisley		Hills District	27.9

Boys U 15 - 200 Metre Sprint

Zone: Z 22.87 1/02/2009 N Hough, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kai Parrello		Winston Hills	25.7Q
2 Jace Cooper		Kings Langley	25.7Q
3 Jefferson Lumapas		Hills District	27.1Q
4 William Smith		Hills District	28.8q
5 Aidan Armstrong		Hills District	29.5
Heat 2 Heats			
1 Jarod Rockall		Kings Langley	25.2Q
2 James Morgan		Hills District	25.3Q
3 Anthony Cappetta		Hills District	25.9Q
4 Thomas Robson		Winston Hills	26.5q

Boys U 15 - 200 Metre Sprint

Zone: Z 22.87 1/02/2009 N Hough, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Kai Parrello		Winston Hills	24.7
2 Jarod Rockall		Kings Langley	25.1
3 Jace Cooper		Kings Langley	25.3
4 Thomas Robson		Winston Hills	25.5
5 Anthony Cappetta		Hills District	25.9
6 William Smith		Hills District	26.4
7 Jefferson Lumapas		Hills District	26.5

Boys U 17 - 200 Metre Sprint

Zone: Z 23.64 9/12/2012 Matthew Hoy, Hills District			
Name	Age	Centre	Final
Section 1			
1 Todd Owen		Kings Langley	23.9
2 Hayden Landels		Winston Hills	24.2
3 Jarrod Thomas		Hills District	24.9
4 Joshua Byron		Winston Hills	25.1
5 Jordan Tulinsky		Hills District	27.1
6 Benjamin Kahane		Winston Hills	27.2
7 Rhys Kable		Kings Langley	28.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 8 - 400 Metre Sprint**

Zone: Z 1:13.70 1/01/1987 P Wallington, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mitchell Seaman		Winston Hills	1:21.1Q
2 Jacob Seaman		Winston Hills	1:21.4Q
3 Ray Murphy		Winston Hills	1:25.6q
4 Blair McDonald		Hills District	1:28.0q
5 Lochlan Duncum		Kings Langley	1:33.2
6 Ethan Kelly		Hills District	1:37.6
Heat 2 Heats			
1 Luke Alderson		Winston Hills	1:24.1Q
2 Cameron Davis		Hawkesbury City	1:26.9Q
3 Finn McBrien		Rouse Hill Rams	1:30.7
4 Callum Wood		Winston Hills	1:32.6
5 Bradley Hassell		Rouse Hill Rams	1:37.3
Heat 3 Heats			
1 Nathaniel Idehen		Hills District	1:21.9Q
2 Max Buratto		Hills District	1:28.0Q
3 Lucas Engesser		Hills District	1:32.9
4 Kace Hobby		Rouse Hill Rams	1:34.0
5 Taine Cassar		Hills District	1:34.1
6 Sawyer Ware		Winston Hills	1:44.2

Boys U 8 - 400 Metre Sprint

Zone: Z 1:13.70 1/01/1987 P Wallington, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Mitchell Seaman		Winston Hills	1:18.4
2 Nathaniel Idehen		Hills District	1:19.0
3 Jacob Seaman		Winston Hills	1:19.0
4 Ray Murphy		Winston Hills	1:24.5
5 Luke Alderson		Winston Hills	1:25.2
6 Max Buratto		Hills District	1:27.9
7 Blair McDonald		Hills District	1:29.1
8 Cameron Davis		Hawkesbury City	1:30.1

Boys U 9 - 400 Metre Sprint

Zone: Z 1:09.20 1/01/1984 A Polley, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Austin Durbridge		Hills District	1:18.8Q
2 Lachlan Wood		Winston Hills	1:19.8Q
3 Aiden O'Connell		Kings Langley	1:22.5
4 Spencer Brown		Hills District	1:23.5
5 Joshua Coinakis		Rouse Hill Rams	1:34.1
Heat 2 Heats			
1 Joseph McEneaney		Hills District	1:14.3Q
2 Ben Stander		Hills District	1:17.4Q
3 Nicholas Finch		Hills District	1:17.6q
4 Lachlan Edwards		Rouse Hill Rams	1:25.0
5 Rowan Ware		Winston Hills	1:34.1
6 Adrian Havron		Kings Langley	1:34.6
Heat 3 Heats			
1 Sandip Srini		Kings Langley	1:18.2Q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 9 - 400 Metre Sprint**

2	Robbie Johnston	Hills District	1:18.8Q
3	Max Spackman	Winston Hills	1:19.2q
4	Luke Juhart	Winston Hills	1:20.5
5	Kody Spencer	Rouse Hill Rams	1:23.7
6	Caleb Knight	Winston Hills	1:29.3

Boys U 9 - 400 Metre Sprint

=====			
Zone: Z 1:09.20 1/01/1984 A Polley, Winston Hills			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Joseph McEnearney	Hills District	1:15.6
2	Ben Stander	Hills District	1:15.9
3	Nicholas Finch	Hills District	1:16.7
4	Robbie Johnston	Hills District	1:16.9
5	Austin Durbridge	Hills District	1:18.4
6	Max Spackman	Winston Hills	1:18.5
7	Lachlan Wood	Winston Hills	1:18.9
8	Sandip Srini	Kings Langley	1:19.0

Boys U 10 - 400 Metre Sprint

=====			
Zone: Z 1:07.70 1/01/1983 M Canning, Winston Hills			
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Ben Mantarro	Kings Langley	1:14.1Q
2	Kevin Lee	Hills District	1:14.7Q
3	Rhys Watkins	Hills District	1:22.1Q
4	Jehan Mistry	Rouse Hill Rams	1:24.8
5	Thomas Ng	Winston Hills	1:31.8
6	Luke Nixon	Winston Hills	1:36.3

Heat 2 Heats

1	Nicholas Olijnyk	Hills District	1:11.3Q
2	Blake Metcalfe	Kings Langley	1:15.1Q
3	Riley Abrahams	Hills District	1:18.7Q
4	Zac Bloem	Hills District	1:18.9q
5	Samuel Vallance	Winston Hills	1:23.2q

Boys U 10 - 400 Metre Sprint

=====			
Zone: Z 1:07.70 1/01/1983 M Canning, Winston Hills			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Nicholas Olijnyk	Hills District	1:09.4
2	Blake Metcalfe	Kings Langley	1:12.0
3	Ben Mantarro	Kings Langley	1:12.8
4	Kevin Lee	Hills District	1:13.5
5	Zac Bloem	Hills District	1:19.0
6	Riley Abrahams	Hills District	1:23.9
7	Rhys Watkins	Hills District	1:29.2

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 11 - 400 Metre Sprint**

Zone: Z 1:04.20 1/01/1980 C Cassidy, Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zach Marshall		Hills District	1:10.5Q
2 Jack Mantarro		Kings Langley	1:11.1Q
3 Ben MacSporran		Winston Hills	1:13.3Q
4 Mitchell Rees		Hills District	1:16.0q
5 Max Shvartsman		Hills District	1:18.2q
6 Gregory Severin		Rouse Hill Rams	1:18.8
7 Lachlan Murray		Kings Langley	1:19.4
Heat 2 Heats			
1 Cillian Murphy		Winston Hills	1:16.1Q
2 Brenton Liaropoulos		Hills District	1:18.1Q
3 Bailey Martin		Rouse Hill Rams	1:47.9Q

Boys U 11 - 400 Metre Sprint

Zone: Z 1:04.20 1/01/1980 C Cassidy, Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Jack Mantarro		Kings Langley	1:09.1
2 Zach Marshall		Hills District	1:11.6
3 Ben MacSporran		Winston Hills	1:12.6
4 Mitchell Rees		Hills District	1:13.8
5 Cillian Murphy		Winston Hills	1:13.9
6 Brenton Liaropoulos		Hills District	1:16.8
7 Max Shvartsman		Hills District	1:17.3
8 Gregory Severin		Rouse Hill Rams	1:18.9

Boys U 12 - 400 Metre Sprint

Zone: Z 1:02.00 1/01/1988 N Wallington, Hills			
Name	Age	Centre	Final
Section 1			
1 Griffin Sainsbury		Hills District	1:12.1
2 Nicholas Long		Winston Hills	1:15.2
3 Connor O'Brien		Winston Hills	1:18.7
4 Kyle Spencer		Rouse Hill Rams	1:20.2
5 Callum Walker		Winston Hills	1:25.8

Boys U 13 - 400 Metre Sprint

Zone: Z 58.75 8/12/2012 Timothy Simmons, Hills Distri			
Name	Age	Centre	Final
1 Luca Manente		Hills District	1:03.9
2 Keegan Bell		Hills District	1:04.1
3 Thomas Smith		Hills District	1:05.7
4 Matthew Pottinger		Winston Hills	1:09.9
5 Trent Kable		Kings Langley	1:14.8
6 Matthew Abner		Winston Hills	1:16.6
7 Jordan Willis		Hills District	1:19.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 14 - 400 Metre Sprint**

Zone: Z 54.80 5/02/1994 M Adams, Hills			
Name	Age	Centre	Final
1 Ben Tait		Kings Langley	1:00.5
2 Ty Schneider		Kings Langley	1:00.8
3 Nicholas Sultana		Hills District	1:01.4

Boys U 15 - 400 Metre Sprint

Zone: Z 55.00 7/12/1991 P Williams, Winston Hills			
Name	Age	Centre	Final
1 William Smith		Hills District	57.3
2 Jace Cooper		Kings Langley	58.2
3 Joshua Ayoub		Winston Hills	1:00.2
4 Tom Tremain		Hills District	1:01.1
5 Jefferson Lumapas		Hills District	1:01.4
6 Lachlan MacMahon		Hills District	1:05.0
7 Jordan Glover		Hills District	1:05.3

Boys U 17 - 400 Metre Sprint

Zone: Z 52.44 8/12/2012 Matthew Hoy, Hills District			
Name	Age	Centre	Final
1 Joshua Byron		Winston Hills	54.2
2 Ryan Owen		Kings Langley	57.2
3 Todd Owen		Kings Langley	57.5
4 Timothy Martin		Winston Hills	57.6
5 Benjamin Kahane		Winston Hills	1:05.2
6 Rhys Kable		Kings Langley	1:22.5
-- Mitchell Olbrich		Riverstone	DQ

Boys U 9 - 800 Metre Run

Zone: Z 2:35.50 1/01/1984 A Polley, Winston Hills			
Name	Age	Centre	Final
1 Saxon Orsini		Hills District	2:47.6
2 Joseph McEneaney		Hills District	2:49.5
3 Ben Stander		Hills District	2:52.6
4 Lachlan Wood		Winston Hills	2:57.3
5 Benjamin Murray		Kings Langley	2:57.6
6 Austin Durbridge		Hills District	3:01.2
7 Max Spackman		Winston Hills	3:02.2
8 Jacob Saladyi		Hawkesbury City	3:07.0
9 Rory Bell		Hills District	3:08.7
10 Patrick Horne		Hawkesbury City	3:17.2
11 Ryan Salloman		Winston Hills	3:17.7
12 Spencer Brown		Hills District	3:18.0
13 Riley Cotter		Hawkesbury City	3:21.6
14 Brendan Pospischil		Winston Hills	3:29.9
15 Adrian Havron		Kings Langley	3:39.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 10 - 800 Metre Run**

Zone: Z 2:34.30 1/01/1985 A Polley, Winston Hills			
Name	Age	Centre	Final
1 Ben Mantarro		Kings Langley	2:38.1
2 Nicholas Olijnyk		Hills District	2:41.7
3 Zac Bloem		Hills District	2:51.4
4 Nathan Sarlog		Hills District	2:54.8
5 Jackson Deane		Hills District	2:56.9
6 Jonathan Hills		Hills District	2:58.1
7 Jordan Bowe		Rouse Hill Rams	3:02.4
8 Rhys Watkins		Hills District	3:05.5
9 Domenico Lopresti		Kings Langley	3:08.4
10 Benjamin Milton		Winston Hills	3:09.3
11 Alex Marshall		Winston Hills	3:12.0
12 Thomas Ng		Winston Hills	3:16.1
13 Timothy Proctor		Winston Hills	3:21.0
14 Joshua Catania		Rouse Hill Rams	3:23.2

Boys U 11 - 800 Metre Run

Zone: Z 2:27.20 1/01/1982 P Stellino, Hills			
Name	Age	Centre	Final
1 Jack Mantarro		Kings Langley	2:38.1
2 Joshua Atkinson		Kings Langley	2:44.3
3 Zach Marshall		Hills District	2:44.8
4 Lachan Wood		Rouse Hill Rams	2:48.3
5 Brenton Liaropoulos		Hills District	2:48.6
6 Jonah Sewell		Hills District	2:53.0
7 Gregory Severin		Rouse Hill Rams	2:54.9
8 Cillian Murphy		Winston Hills	2:58.0
9 Jack McLuckie		Winston Hills	2:58.5
10 Lachlan Murray		Kings Langley	2:59.9
11 Darcy Whittingham		Hills District	3:00.5
12 Mitchell Rees		Hills District	3:42.9

Boys U 12 - 800 Metre Run

Zone: Z 2:16.80 1/01/1983 N Stellino, Hills			
Name	Age	Centre	Final
1 Matthew Brice		Hills District	2:35.1
2 James Smith		Hills District	2:36.4
3 Kai Watton		Winston Hills	2:39.0
4 Griffin Sainsbury		Hills District	2:39.6
5 Jarrod Henson		Hills District	2:48.0
6 Jamie Murphy		Winston Hills	2:52.3
7 Connor O'Brien		Winston Hills	2:53.6
8 Jack Alderton		Rouse Hill Rams	2:55.3
9 Tyler Suzor		Hills District	2:59.0
10 Ryan McLuckie		Winston Hills	3:25.9

Boys U 13 - 800 Metre Run

Zone: Z 2:18.70 3/02/1991 R Bileckij, Hills			
Name	Age	Centre	Final
1 Luca Manente		Hills District	2:24.2
2 Thomas Smith		Hills District	2:24.5

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 13 - 800 Metre Run**

3 Keegan Bell	Hills District	2:25.5
4 Robert Thomas	Kings Langley	2:37.8
5 Matthew Pottinger	Winston Hills	2:43.4

Boys U 14 - 800 Metre Run

Zone: Z 2:14.90 8/12/1991 R Bileckij, Hills

Name	Age Centre	Final
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1 Walther Wegmann	Kings Langley	2:17.1
2 Nicholas Sultana	Hills District	2:18.7
3 Ty Schneider	Kings Langley	2:32.4
4 Karandeep Gill	Rouse Hill Rams	2:39.9
5 Jack Charlton	Hills District	2:58.3

Boys U 15 - 800 Metre Run

Zone: Z 2:07.38 30/01/2005 J Kaan, Hills

Name	Age Centre	Final
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1 William Smith	Hills District	2:09.5
2 Kurt Garnett	Winston Hills	2:11.4
3 Jordan Glover	Hills District	2:24.3
4 Lachlan MacMahon	Hills District	2:27.1
5 Anthony Cappetta	Hills District	2:31.9
6 Anthony Drinnan	Winston Hills	2:44.6

Boys U 17 - 800 Metre Run

Zone: Z 2:02.08 15/12/2013 Ben Thomson, Hills District

Name	Age Centre	Final
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1 Ben Thomson	Hills District	2:02.12
2 Mitchell Olbrich	Riverstone	2:06.7
3 Nicholas Henson	Hills District	2:10.0
4 Timothy Martin	Winston Hills	2:10.9
5 Ryan Owen	Kings Langley	2:15.7
6 Dean Sherratt	Hawkesbury City	2:24.8
7 Adam Mylonas	Winston Hills	2:32.9
8 Rhys Kable	Kings Langley	3:17.0

Boys U 10 - 1500 Metre Run

Zone: Z 5:09.10 1/01/1983 G Vermeulen, Winston Hills

Name	Age Centre	Final
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1 Ben Mantarro	Kings Langley	5:24.7
2 Zac Bloem	Hills District	5:43.4
3 Nathan Sarlog	Hills District	5:50.9
4 Thomas Dorahy	Hills District	5:51.7
5 Jackson Deane	Hills District	6:04.1
6 Jonathan Hills	Hills District	6:07.0
7 Jordan Bowe	Rouse Hill Rams	6:20.0
8 Max Bloomfield	Hills District	6:20.3
9 Domenico Lopresti	Kings Langley	6:23.3
10 Bailey Rowe	Hawkesbury City	6:28.5
11 Thomas Ng	Winston Hills	6:40.5
12 Joshua Catania	Rouse Hill Rams	6:46.1
13 Timothy Proctor	Winston Hills	6:52.7

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 11 - 1500 Metre Run**

Zone: Z 4:59.30 1/01/1982 P Stellino, Hills			
Name	Age	Centre	Final
1 Jack Mantarro		Kings Langley	5:22.8
2 Lachlan Purnell		Hills District	5:37.0
3 Jack McLuckie		Winston Hills	5:47.4
4 Lachan Wood		Rouse Hill Rams	5:52.0
5 Gregory Severin		Rouse Hill Rams	6:08.0
6 Dylan Timoney		Rouse Hill Rams	7:01.4

Boys U 12 - 1500 Metre Run

Zone: Z 4:38.50 1/01/1983 N Stellino, Hills			
Name	Age	Centre	Final
1 James Smith		Hills District	5:14.4
2 Kai Watton		Winston Hills	5:20.1
3 Matthew Brice		Hills District	5:27.8
4 Griffin Sainsbury		Hills District	5:32.2
5 Jarrod Henson		Hills District	5:38.7
6 Connor O'Brien		Winston Hills	5:51.9
7 Tyler Suzor		Hills District	5:57.2
8 Jack Alderton		Rouse Hill Rams	6:05.1
9 Cooper Rowe		Hawkesbury City	6:09.5
10 Ryan McLuckie		Winston Hills	6:48.1

Boys U 13 - 1500 Metre Run

Zone: Z 4:44.50 2/02/1991 R Bileckij, Hills			
Name	Age	Centre	Final
1 Thomas Smith		Hills District	5:04.5
2 Matthew Pottinger		Winston Hills	5:05.7
3 Luca Manente		Hills District	5:12.4
4 Robert Thomas		Kings Langley	5:21.4
5 Luke Etherington		Hills District	5:43.9

Boys U 14 - 1500 Metre Run

Zone: Z 4:32.16 28/01/2012 Benjamin Thomson, Hills Dis			
Name	Age	Centre	Final
1 Nicholas Sultana		Hills District	4:52.1
2 Ty Schneider		Kings Langley	5:53.0
3 Jake Liaropoulos		Hills District	5:58.0

Boys U 15 - 1500 Metre Run

Zone: Z 4:20.45 29/01/2005 J Kaan, Hills			
Name	Age	Centre	Final
1 William Smith		Hills District	4:38.7
2 Bradley Wright		Hills District	4:43.6
3 Jordan Glover		Hills District	4:57.3
4 Kurt Garnett		Winston Hills	4:58.3
5 Lachlan MacMahon		Hills District	5:16.4
6 Anthony Cappetta		Hills District	5:38.6
7 Anthony Drinnan		Winston Hills	5:55.2

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 17 - 1500 Metre Run**

Zone: Z 4:18.70 14/12/2013 Ben Thomson, Hills District			
Name	Age	Centre	Final
1 Ben Thomson		Hills District	4:18.7Z
2 Mitchell Olbrich		Riverstone	4:31.1
3 Nicholas Henson		Hills District	4:38.7
4 Dean Sherratt		Hawkesbury City	4:58.9
5 Dean Lindsay		Kings Langley	5:02.5
6 Timothy Martin		Winston Hills	5:03.7
7 Adam Mylonas		Winston Hills	5:34.8

Boys U 13 - 3000 Metre Run

Zone: Z 10:04.22 29/01/2011 B Thomson, Hills			
Name	Age	Centre	Final
1 Luca Manente		Hills District	10:27.7
2 Matthew Pottinger		Winston Hills	12:01.4
3 Robert Thomas		Kings Langley	12:28.1
4 Trent Kable		Kings Langley	12:59.6

Boys U 14 - 3000 Metre Run

Zone: Z 9:50.38 28/01/2012 Benjamin Thomson, Hills Dis			
Name	Age	Centre	Final
1 Nicholas Sultana		Hills District	10:23.2

Boys U 15 - 3000 Metre Run

Zone: Z 9:34.19 8/12/2012 Ben Thomson, Hills District			
Name	Age	Centre	Final
1 Bradley Wright		Hills District	9:47.0
2 Jordan Glover		Hills District	10:49.8

Boys U 17 - 3000 Metre Run

Zone: Z 9:18.51 14/12/2013 Ben Thomson, Hills District			
Name	Age	Centre	Final
1 Ben Thomson		Hills District	9:18.6Z
2 Mitchell Olbrich		Riverstone	9:56.3
3 Nicholas Henson		Hills District	10:05.5
4 Dean Lindsay		Kings Langley	10:42.9
5 Timothy Martin		Winston Hills	10:55.0
6 Dean Sherratt		Hawkesbury City	11:08.9
7 Adam Mylonas		Winston Hills	11:32.5

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.16 29/01/2005 N Osifo, Kings Langley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Colby Martin		Rouse Hill Rams	11.9Q
2 Cooper van		Winston Hills	12.4Q
3 Blake Pasfield		Hawkesbury City	12.6Q
4 Sean Plumridge		Kings Langley	12.6q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 8 - 60 Metre Hurdles (45cm)**

5 Lucas Engesser	Hills District	12.9q
6 Rhys van	Winston Hills	13.1
7 Nicholas Fischer	Rouse Hill Rams	13.3
8 Vishal Suresh	Kings Langley	13.3
9 Aidan Brosnan	Winston Hills	15.3

Heat 2 Heats

1 Nathaniel Idehen	Hills District	12.0Q
2 Mitchell Seaman	Winston Hills	12.3Q
3 Tyran Brown	Kings Langley	13.4Q
4 Luke Alderson	Winston Hills	13.4
5 Cameron Davis	Hawkesbury City	13.9
6 Riley Wilson	Winston Hills	14.2
7 Kace Hobby	Rouse Hill Rams	14.6
8 Jack Bloomfield	Hills District	14.7
9 Tristan Morson	Hills District	15.6

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.16 29/01/2005 N Osifo, Kings Langley

Name	Age Centre	Final
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Section 1 Final

1 Colby Martin	Rouse Hill Rams	11.5
2 Nathaniel Idehen	Hills District	11.6
3 Cooper van	Winston Hills	12.0
4 Mitchell Seaman	Winston Hills	12.2
5 Blake Pasfield	Hawkesbury City	12.8
6 Sean Plumridge	Kings Langley	13.0
7 Lucas Engesser	Hills District	13.7
8 Tyran Brown	Kings Langley	15.1

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.10 4/02/1995 C Nielson, Winston Hills

Name	Age Centre	Heats
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Heat 1 Heats

1 Koby Owen	Kings Langley	11.6Q
2 Andy Lee	Hills District	12.0Q
3 Kody Spencer	Rouse Hill Rams	12.1Q
4 Liam Covell	Winston Hills	12.1q
5 Caleb Knight	Winston Hills	12.7q
6 Aaron Byrne	Winston Hills	13.1

Heat 2 Heats

1 Ryan Salloman	Winston Hills	11.1Q
2 Jy Windle	Winston Hills	11.6Q
3 Ben Stander	Hills District	12.8Q
4 Adrian Havron	Kings Langley	13.0
5 Daniel Walker	Hills District	13.2
6 Jake Harris	Hills District	13.2
7 Brendan Pospischil	Winston Hills	13.4
8 Riley Cotter	Hawkesbury City	13.7
9 Nicholas Finch	Hills District	14.0

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.10 4/02/1995 C Nielson, Winston Hills			
Name	Age	Centre	Final
Final			
-- Caleb Knight		Winston Hills	11.9
Section 1 Final			
1 Ryan Salloman		Winston Hills	11.1
2 Koby Owen		Kings Langley	11.5
3 Andy Lee		Hills District	11.8
5 Kody Spencer		Rouse Hill Rams	11.9
6 Liam Covell		Winston Hills	12.7
7 Ben Stander		Hills District	12.9
8 Jy Windle		Winston Hills	13.4

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 7/12/1991 G O'Donnell, Richmond			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Marcus Cenciotti		Hills District	12.5Q
2 Matthew Tindale		Kings Langley	12.9Q
3 Blake Archer		Hills District	13.1Q
4 Casey Fourro-Hiko		Winston Hills	13.2q
5 Conor Siney		Hills District	13.3q
6 Peter Campbell-Rogers		Winston Hills	13.6
Heat 2 Heats			
1 Jake Baptiste		Kings Langley	11.1Q
2 Thomas Walker		Hills District	12.5Q
3 Harrison Haladus		Hills District	13.4Q
4 Bailey Rowe		Hawkesbury City	13.9
5 Max Bloomfield		Hills District	14.4
6 Benjamin Milton		Winston Hills	15.4
7 Benjamin Smith		Kings Langley	15.8

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 7/12/1991 G O'Donnell, Richmond			
Name	Age	Centre	Final
Section 1 Final			
1 Jake Baptiste		Kings Langley	11.0
2 Thomas Walker		Hills District	12.0
3 Marcus Cenciotti		Hills District	12.3
4 Matthew Tindale		Kings Langley	12.5
5 Casey Fourro-Hiko		Winston Hills	12.9
6 Conor Siney		Hills District	13.2
7 Harrison Haladus		Hills District	13.2
8 Blake Archer		Hills District	13.3

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.70 6/02/1993 G O'Donell, Richmond			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lachlan Purnell		Hills District	12.2Q
2 Todd Plumridge		Kings Langley	12.4Q
3 Mitchell Rees		Hills District	12.7Q

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS

A. H. Whaling Reserve, Baulkham Hills

Results

....Boys U 11 - 60 Metre Hurdles (60cm)

4 Max Shvartsman	Hills District	13.0
5 Harrison Grima	Rouse Hill Rams	13.7
6 Bailey Martin	Rouse Hill Rams	13.8

Heat 2 Heats

1 Zach Marshall	Hills District	11.1Q
2 Bart Ignacz	Kings Langley	11.7Q
3 Finn Mahendran	Winston Hills	11.8Q
4 Alex Mealey	Rouse Hill Rams	12.4q
5 Nathan Sivalingam	Kings Langley	12.5q
6 Connor Gilbert	Rouse Hill Rams	13.1

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 9.70 6/02/1993 G O'Donell, Richmond
 Name Age Centre Final
 =====

Section 1 Final

1 Zach Marshall	Hills District	11.2
2 Bart Ignacz	Kings Langley	11.5
3 Finn Mahendran	Winston Hills	11.6
4 Lachlan Purnell	Hills District	11.9
5 Alex Mealey	Rouse Hill Rams	12.0
6 Todd Plumridge	Kings Langley	12.2
7 Mitchell Rees	Hills District	12.6
8 Connor Gilbert	Rouse Hill Rams	15.3

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.40 3/02/1996 A Abou-Mahmound, Winston Hill
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Anders Glew	Winston Hills	11.2Q
2 Cory Petroff	Winston Hills	11.9Q
3 Kye Smith	Kings Langley	12.6Q
4 Christopher Choo	Hills District	13.3
5 Nicholas Long	Winston Hills	14.0
6 Alex Owen	Kings Langley	15.6

Heat 2 Heats

1 Brayden Wilson	Kings Langley	11.9Q
2 Mitchell Fraser	Rouse Hill Rams	12.1Q
3 James Smit	Hills District	12.2Q
4 Matthew Patterson	Hills District	12.5q
5 Jackson Bruton	Winston Hills	12.8q
6 Nathan Stevens	Hills District	13.3
7 Connor O'Brien	Winston Hills	13.5

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.40 3/02/1996 A Abou-Mahmound, Winston Hill
 Name Age Centre Final
 =====

Section 1 Final

1 Anders Glew	Winston Hills	10.5
2 Cory Petroff	Winston Hills	11.4
3 Kye Smith	Kings Langley	11.6
4 Brayden Wilson	Kings Langley	11.7
5 Mitchell Fraser	Rouse Hill Rams	11.8
6 James Smit	Hills District	12.5

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 12 - 60 Metre Hurdles (68cm)**

7 Jackson Bruton	Winston Hills	12.6
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Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.10 2/02/1997 A Abou-Mahmoud, Winston Hills

Name	Age Centre	Final
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Section 1

1 Patrick Bombala	Kings Langley	15.2
2 Sebastian Sicuro	Hills District	15.2
3 Joshua Kerwick	Hills District	15.5
4 Indie Mahendran	Winston Hills	15.8
5 Simeon Levine	Winston Hills	19.9

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 12.55 3/02/2008 N Hough, Hills

Name	Age Centre	Final
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1 Samuel Mahoney	Kings Langley	15.0
2 Matthew Hannah	Winston Hills	16.1
3 Todd Caisley	Hills District	16.1
4 Benjamin Tulinsky	Hills District	16.9
5 Tyson Smith	Kings Langley	17.3

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.49 30/01/2005 C Burns, Hawkesbury City

Name	Age Centre	Final
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1 Alexander Cummins	Winston Hills	17.0
2 James Morgan	Hills District	17.8
3 Jefferson Lumapas	Hills District	18.3
4 Aidan Armstrong	Hills District	21.1

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 15.05 15/12/2013 Todd Owen, Kings Langley

Name	Age Centre	Final
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1 Todd Owen	Kings Langley	15.1Z
2 Ryan Owen	Kings Langley	18.3
3 Benjamin Kahane	Winston Hills	18.8

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 28.30 1/01/1985 L Liaubon, Winston Hills

Name	Age Centre	Final
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1 Sebastian Sicuro	Hills District	32.4
2 Keegan Bell	Hills District	33.5
3 Patrick Bombala	Kings Langley	34.2
4 Indie Mahendran	Winston Hills	34.5

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 25.41 2/02/2008 N Hough, Hills			
Name	Age	Centre	Final
1 Walther Wegmann		Kings Langley	28.2
2 Samuel Mahoney		Kings Langley	28.5
3 Matthew Hannah		Winston Hills	30.4
4 Todd Caisley		Hills District	31.0
5 Tyson Smith		Kings Langley	31.1
6 Benjamin Tulinsky		Hills District	32.4
7 Jordan Marks		Hills District	33.9
8 Bret Owen		Kings Langley	36.1

Boys U 15 - 200 Metre Hurdles (76cm)

Zone: Z 26.59 25/01/2003 K Mannix, Hills			
Name	Age	Centre	Final
1 Kurt Garnett		Winston Hills	30.7
2 Jefferson Lumapas		Hills District	32.2
3 Lachlan MacMahon		Hills District	34.1
4 James Duff		Hills District	38.4

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 26.36 23/01/2010 A Baddock, Winston Hills			
Name	Age	Centre	Final
1 Todd Owen		Kings Langley	27.3
2 Ryan Owen		Kings Langley	27.9
3 Daniel Hunt		Hills District	28.8
4 Benjamin Kahane		Winston Hills	30.1
5 Rhys Kable		Kings Langley	44.2

Boys U 7 - 500 Metre Pack Start

Zone: Z 1:29.50 30/01/2008 J.Green, Hills			
Name	Age	Centre	Final
1 Riley Nolan		Hills District	1:49.2
2 Jasper Deane		Hills District	1:50.7
3 Liam Roche		Hills District	1:55.8
3 Jai Fryer		Kings Langley	1:55.8
5 Oliver Geany		Hills District	1:58.0
6 Sam Mantarro		Kings Langley	2:03.1
7 Benjamin Robinson		Hills District	2:03.6
8 Clancy Payne		Hills District	2:07.9
9 Ravi Soni		Winston Hills	2:08.9
10 Zach Redwood		Winston Hills	2:14.9
11 James Dormer		Kings Langley	2:18.9
12 Trent Seymour		Winston Hills	2:34.5
13 Aidan Pospischil		Winston Hills	2:43.8

Boys U 8 - 700 Metre Pack Start

Zone: Z 2:05.30 28/01/2009 H Green, Hills			
Name	Age	Centre	Final
1 Mitchell Seaman		Winston Hills	2:35.5
2 Jacob Seaman		Winston Hills	2:39.5

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 8 - 700 Metre Pack Start**

3 Sean Plumridge	Kings Langley	2:41.5
4 Blair McDonald	Hills District	2:42.8
5 Max Buratto	Hills District	2:44.2
6 Lucas Engesser	Hills District	2:46.6
7 Finn McBrien	Rouse Hill Rams	2:55.6
8 Ethan Kelly	Hills District	2:59.2
9 Callum Wood	Winston Hills	3:00.6
10 Jackson Davies	Winston Hills	3:03.8
11 Sawyer Ware	Winston Hills	3:13.1
12 Jordan Cocks	Winston Hills	3:20.0
13 Jardyn Orsini	Hills District	3:26.8

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.90 1/01/1990 Hills District, Hills

Centre Final

1 Hills District	59.4
2 Winston Hills	59.7
3 Kings Langley	1:00.0
4 Rouse Hill Rams	1:01.5
5 Hawkesbury City	1:07.6

Boys U 13-17 4x100 Metre Relay (Snr)

Zone: Z 48.03 15/12/2013 Hills District, Hills Distric

Centre Final

1 Hills District	48.12
2 Winston Hills	49.5
3 Kings Langley	49.7

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.31m 27/10/2003 T Clarke, Winston Hills

Name Age Centre Final

Flight 1

1 Zachary Porter	Winston Hills	1.10m
2 Andy Lee	Hills District	1.05m
3 Lachlan Edwards	Rouse Hill Rams	J1.05m
4 Deniz Sen	Hills District	1.00m
5 Luke Juhart	Winston Hills	J1.00m
6 Kyle Stewart	Hills District	0.95m
6 Rory Bell	Hills District	0.95m
8 Aaron Byrne	Winston Hills	0.90m
8 Brendan Pospischil	Winston Hills	0.90m
8 Spencer Brown	Hills District	0.90m
11 Daniel Walker	Hills District	0.85m

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.41m 1/01/1980 D Harris, P Town

Name Age Centre Final

1 Conor Siney	Hills District	1.16m
2 Matthew Tindale	Kings Langley	1.14m
3 Alex Marshall	Winston Hills	1.12m
4 Peter Campbell-Rogers	Winston Hills	1.10m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 10 - High Jump (S/H 0.95m)**

5	Jay Stewart	Hills District	1.05m
5	Thomas McKenzie	Hills District	1.05m
6	Harley Causer	Riverstone	J1.05m
8	Kane Cox	Hills District	1.00m
8	Bailey Rowe	Hawkesbury City	1.00m
10	Thomas Colcomb	Rouse Hill Rams	J1.00m
11	Kayden Anderson	Hills District	0.95m
12	Joshua Woolliams	Hills District	J0.95m
--	Benjamin Smith	Kings Langley	NH

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.50m 28/01/2006 J Edwards, Winston Hills

Name	Age	Centre	Final
1	Zach Marshall	Hills District	1.25m
2	Brent Iredale	Kings Langley	1.23m
3	Alex Mealey	Rouse Hill Rams	1.21m
4	Jay De	Riverstone	1.17m
5	Max Shvartsman	Hills District	1.15m
6	Finn Mahendran	Winston Hills	1.05m
6	Nathan Sivalingam	Kings Langley	1.05m
--	Jackson Richards	Winston Hills	NH
--	Mahdi Kalantari	Rouse Hill Rams	NH
--	Nathan Apel	Winston Hills	NH
--	Cillian Murphy	Winston Hills	NH

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.52m 1/01/1988 N Wallington, Hills

Name	Age	Centre	Final
1	Mitchell Fraser	Rouse Hill Rams	1.35m
2	Omar Nadaya-Harb	Winston Hills	J1.35m
3	Damon Kench	Hills District	J1.35m
4	Oscar Mezzomo	Rouse Hill Rams	1.25m
5	Jamie Murphy	Winston Hills	J1.25m
6	Elliott Robson	Hills District	J1.25m
7	Kai Watton	Winston Hills	1.20m
8	Cory Petroff	Winston Hills	J1.20m
9	Noah Florian	Hills District	1.15m
--	Jarrold Henson	Hills District	NH
--	Brayden Wilson	Kings Langley	NH
--	Cooper Rowe	Hawkesbury City	NH

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.78m 2/02/1991 P Jackson, Richmond

Name	Age	Centre	Final
1	Jackson Wilbow	Winston Hills	1.35m
2	Luca Manente	Hills District	1.30m
3	Robert Thomas	Kings Langley	J1.30m
4	Robert Grubba	Winston Hills	1.25m
5	Sebastian Sicuro	Hills District	J1.25m
6	Alexander Adams	Winston Hills	1.20m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 14 - High Jump (S/H 1.25m)**

Zone: Z 1.72m 27/10/2003 M Claridge, Hills			
Name	Age	Centre	Final
1 Bret Owen		Kings Langley	1.50m
1 Travis Donaldson		Hills District	1.50m
3 Samuel Mahoney		Kings Langley	1.45m
4 Brodie Landels		Winston Hills	1.40m
5 Benjamin Tulinsky		Hills District	1.35m
-- Matthew Hannah		Winston Hills	NH
-- Peter Henry		Winston Hills	NH
-- Joseph Tanusendjaja		Winston Hills	NH

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.85m 29/01/2005 R Webster, Winston Hills			
Name	Age	Centre	Final
1 Alexander Cummins		Winston Hills	1.70m
2 Kai Parrello		Winston Hills	1.55m
3 Eli Brown		Winston Hills	1.50m
4 Joshua Wooldridge		Winston Hills	J1.50m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.80m 14/12/2013 Hayden Landels, Winston Hills			
Name	Age	Centre	Final
1 Hayden Landels		Winston Hills	1.80mZ
2 Rhys Tuohy		Hills District	1.75m
3 Tristan Henrico		Hills District	1.70m
4 Jarrod Thomas		Hills District	1.65m
5 Lachlan Parle		Winston Hills	1.60m
6 Benjamin Kahane		Winston Hills	J1.45m
6 Daniel Hunt		Hills District	1.45m
-- Christopher Godbee		Kings Langley	NH
-- Dale Parker		Kings Langley	NH
-- Hayden Smith		Winston Hills	NH

Boys U 7 - Long Jump

Zone: Z 3.59m 1/01/1988 G.Wells, Winston Hills			
Name	Age	Centre	Final
1 Riley Nolan		Hills District	3.14m
2 Cody Cox		Hills District	3.00m
3 Kieren Sutton		Hills District	2.64m
4 Jai Fryer		Kings Langley	2.62m
5 Lachlan Coinakis		Rouse Hill Rams	J2.62m
6 Omith Edirisinghe		Winston Hills	2.59m
7 Lucas Scerri		Winston Hills	2.55m
8 Max Jackson		Winston Hills	J2.55m
9 Lachlan Gray		Winston Hills	2.46m
10 Zach Redwood		Winston Hills	2.45m
11 Ravi Soni		Winston Hills	2.43m
12 Clancy Payne		Hills District	2.39m
13 Sam Mantarro		Kings Langley	2.31m
14 Benjamin Robinson		Hills District	2.27m
15 Sahaj Sandhu		Rouse Hill Rams	2.10m
16 Liam Havron		Kings Langley	2.09m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 7 - Long Jump**

17 Trent Seymour	Winston Hills	1.99m
18 James Dormer	Kings Langley	1.89m
19 Zac Debono	Kings Langley	1.43m
-- Jaeden Douglas	Hills District	FOUL

Boys U 8 - Long Jump

=====			
Zone: Z 3.95m 1/01/1985 C Pound, Winston Hills			
Name	Age	Centre	Final
=====			
1 Cooper van		Winston Hills	3.25m
2 Sean Plumridge		Kings Langley	J3.25m
3 Max Hately		Rouse Hill Rams	3.10m
4 Ray Murphy		Winston Hills	2.97m
5 Andrew Haggar		Hills District	2.94m
6 Jacob Seaman		Winston Hills	2.92m
7 Jayeola Sunmola		Kings Langley	2.90m
8 Nicholas Fischer		Rouse Hill Rams	2.88m
9 Vishal Suresh		Kings Langley	2.81m
10 Lucas Engesser		Hills District	2.77m
11 Blair McDonald		Hills District	2.74m
12 Cameron Davis		Hawkesbury City	2.73m
13 Tyrann Brown		Kings Langley	2.68m
14 Aidan Brosnan		Winston Hills	2.65m
15 Blake Pasfield		Hawkesbury City	2.63m
16 Lochlan Duncum		Kings Langley	2.50m
17 Taine Cassar		Hills District	2.47m
18 Jason Prior		Winston Hills	2.43m
19 Jardyn Orsini		Hills District	2.40m
20 Gerald Rheeder		Hills District	2.29m
21 Kace Hobby		Rouse Hill Rams	2.25m
22 Mason Newton		Winston Hills	2.13m

Boys U 9 - Long Jump

=====			
Zone: Z 4.27m 1/01/1988 P Wallington, Winston Hills			
Name	Age	Centre	Final
=====			
1 Samuel Mckenzie		Hawkesbury City	3.54m
2 Deniz Sen		Hills District	3.42m
3 Benjamin Murray		Kings Langley	3.36m
4 Koby Owen		Kings Langley	3.30m
5 Sandip Srini		Kings Langley	3.29m
6 Jy Windle		Winston Hills	J3.29m
7 William Bello		Hills District	3.23m
8 Travis Hargrave		Hawkesbury City	3.21m
9 Logan Mezzomo		Rouse Hill Rams	3.09m
10 Ryan Salloman		Winston Hills	3.08m
11 Daniel Walker		Hills District	3.03m
12 Caleb Knight		Winston Hills	2.94m
13 Adrian Havron		Kings Langley	2.90m
14 Joshua Coinakis		Rouse Hill Rams	2.57m
15 Nathaniel Owen		Riverstone	2.56m
16 Andy Lee		Hills District	2.54m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 10 - Long Jump**

Zone: Z 4.53m 1/01/1984 B Courtney, Hills			
Name	Age	Centre	Final
1 Nicholas Olijnyk		Hills District	3.96m
2 Jake Baptiste		Kings Langley	3.78m
3 Thomas Walker		Hills District	3.58m
4 Kane Cox		Hills District	3.56m
5 Matthew Tindale		Kings Langley	3.50m
6 Zac Bloem		Hills District	3.40m
7 Peter Campbell-Rogers		Winston Hills	3.33m
8 Harrison Haladus		Hills District	3.31m
9 Blake Archer		Hills District	3.26m
10 Bailey Rowe		Hawkesbury City	3.22m
11 Casey Fourro-Hiko		Winston Hills	3.16m
11 Cameron Scott		Winston Hills	3.16m
13 Zaine Owen		Riverstone	3.11m
14 Jehan Mistry		Rouse Hill Rams	2.92m
15 Thomas Colcomb		Rouse Hill Rams	2.74m
16 Adrian Shelley		Kings Langley	2.71m
17 Micah O'Connell		Winston Hills	2.58m
18 Benjamin Smith		Kings Langley	2.42m

Boys U 11 - Long Jump

Zone: Z 5.06m 1/01/1986 T Henry, Winston Hills			
Name	Age	Centre	Final
1 Samuel Loizou		Hills District	4.48m
2 Ben MacSporran		Winston Hills	4.12m
3 Bart Ignacz		Kings Langley	4.00m
4 Cillian Murphy		Winston Hills	3.83m
5 James Kim		Hills District	3.73m
6 Jay De		Riverstone	3.53m
7 Zane Smolinski		Rouse Hill Rams	3.47m
8 Jayden Duncum		Kings Langley	3.15m
9 Connor Gilbert		Rouse Hill Rams	3.07m
10 Dylan Timoney		Rouse Hill Rams	3.04m
11 Saxon Vartiainen		Winston Hills	2.69m

Boys U 12 - Long Jump

Zone: Z 5.10m 1/01/1986 B Courtney, Hills			
Name	Age	Centre	Final
1 Olayinka Sunmola		Kings Langley	4.44m
2 Omar Nadaya-Harb		Winston Hills	4.34m
3 Damon Kench		Hills District	4.17m
4 Samuel Sara		Rouse Hill Rams	4.10m
5 Lachlan Porter		Winston Hills	4.09m
6 Jesper Stenberg		Hills District	4.03m
7 Mitchell Fraser		Rouse Hill Rams	3.97m
8 Tyler Suzor		Hills District	3.87m
9 Cooper Rowe		Hawkesbury City	3.77m
10 Kyle Spencer		Rouse Hill Rams	3.51m
11 Callum Walker		Winston Hills	3.36m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 13 - Long Jump**

Zone: Z 5.33m 31/01/2010 D Singleton, Hills

Name	Age Centre	Final
1 Jandamurra Stewart	Winston Hills	4.73m
2 Joshua Kerwick	Hills District	4.65m
3 Jackson Wilbow	Winston Hills	4.63m
4 Patrick Bombala	Kings Langley	4.53m
5 Sebastian Sicuro	Hills District	4.41m
6 Indie Mahendran	Winston Hills	4.26m
7 Brandon Bell	Kings Langley	4.02m
8 Alexander Adams	Winston Hills	3.91m
9 Robert Grubba	Winston Hills	3.80m
10 Trent Kable	Kings Langley	3.77m
11 Sam Darling	Winston Hills	3.74m
-- Nicholas Zakhia	Hills District	ND
-- Jacob Hunter	Rouse Hill Rams	ND
-- Joshua Cooper	Hills District	ND
-- Nikky Trimounas	Winston Hills	ND
-- Johannes Tanusendjaja	Winston Hills	ND
-- Callum Rennie	Hills District	ND
-- Brandon Longridge	Kings Langley	ND

Boys U 14 - Long Jump

Zone: Z 5.77m 30/01/1998 A Abou-Mahmoud, Hills

Name	Age Centre	Final
1 Timothy Simmons	Hills District	5.50m
2 Walther Wegmann	Kings Langley	5.39m
3 Samuel Mahoney	Kings Langley	5.07m
4 Bret Owen	Kings Langley	5.02m
5 Benjamin Tulinsky	Hills District	4.74m
6 Jake Liaropoulos	Hills District	4.10m

Boys U 15 - Long Jump

Zone: Z 6.00m 27/10/2003 A Semple, Winston Hills

Name	Age Centre	Final
1 Alexander Cummins	Winston Hills	5.80m
2 Jeffrey Barrett	Hills District	5.62m
3 Kai Parrello	Winston Hills	5.60m
4 Eli Brown	Winston Hills	5.47m
5 Jarod Rockall	Kings Langley	5.19m
6 James Morgan	Hills District	4.82m
7 Tom Tremain	Hills District	4.49m

Boys U 17 - Long Jump

Zone: Z 6.55m 14/12/2013 Jordan Coleman, Hills Distric

Name	Age Centre	Final
1 Jordan Coleman	Hills District	6.55mZ
2 Todd Owen	Kings Langley	6.18m
3 Jack Wiese	Riverstone	6.11m
4 Jarrod Thomas	Hills District	5.87m
5 Hayden Landels	Winston Hills	5.49m
6 James Webb	Winston Hills	5.44m
7 Nicholas Welsby	Winston Hills	5.37m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 17 - Long Jump**

8 Hayden Smith	Winston Hills	4.46m
-- Dale Parker	Kings Langley	ND

Boys U 11 - Triple Jump

Zone: Z 10.12m 29/01/2005 N Hough, Hills

Name	Age Centre	Final
1 Samuel Loizou	Hills District	8.71m
2 Bart Ignacz	Kings Langley	7.94m
3 Brent Iredale	Kings Langley	7.89m
4 Todd Plumridge	Kings Langley	7.85m
5 Brenton Liaropoulos	Hills District	7.80m
6 Mahdi Kalantari	Rouse Hill Rams	7.76m
7 Jack McLuckie	Winston Hills	7.18m
8 Zack Spurway	Winston Hills	6.96m
9 Finn Mahendran	Winston Hills	6.81m
10 Jonah Sewell	Hills District	5.94m
11 Jayden Duncum	Kings Langley	5.82m

Boys U 12 - Triple Jump

Zone: Z 10.77m 30/01/2011 F Adutwum, Quakers Hill

Name	Age Centre	Final
1 Jesper Stenberg	Hills District	9.55m
2 Omar Nadaya-Harb	Winston Hills	8.95m
3 Mitchell Fraser	Rouse Hill Rams	8.83m
4 Olayinka Sunmola	Kings Langley	8.64m
5 Tyler Suzor	Hills District	8.13m
6 Cooper Rowe	Hawkesbury City	8.12m
7 Nathan Stevens	Hills District	7.80m
8 Kye Smith	Kings Langley	7.53m
9 Cameron Bliss	Winston Hills	7.17m
10 Ryan McLuckie	Winston Hills	6.89m
11 Zac Wooldridge	Winston Hills	6.51m

Boys U 13 - Triple Jump

Zone: Z 11.76m 27/01/2007 N Hough, Hills

Name	Age Centre	Final
1 Jandamurra Stewart	Winston Hills	10.67m
2 Joshua Kerwick	Hills District	9.57m
3 Patrick Bombala	Kings Langley	9.51m
4 Brandon Bell	Kings Langley	9.31m
5 Indie Mahendran	Winston Hills	9.17m
6 Callum Rennie	Hills District	9.13m
7 Nickolai Simmons	Hills District	8.29m
8 Sam Darling	Winston Hills	7.59m

Boys U 14 - Triple Jump

Zone: Z 11.69m 29/01/2011 J Coleman, Hills

Name	Age Centre	Final
1 Walther Wegmann	Kings Langley	10.81m
2 Travis Donaldson	Hills District	10.79m
3 Samuel Mahoney	Kings Langley	10.68m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 14 - Triple Jump**

4	Bret Owen	Kings Langley	10.54m
5	Benjamin Tulinsky	Hills District	10.33m
6	Peter Henry	Winston Hills	9.43m
7	Jordan Marks	Hills District	9.27m
8	Jake Liaropoulos	Hills District	8.70m
9	Lachlan Iredale	Kings Langley	7.44m

Boys U 15 - Triple Jump

Zone: Z 12.37m 27/10/2003 A Semple, Winston Hills

Name	Age Centre	Final
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1	Kai Parrello	Winston Hills	11.54m
2	Joshua Wooldridge	Winston Hills	10.24m
3	Lachlan MacMahon	Hills District	8.82m

Boys U 17 - Triple Jump

Zone: Z 12.20m 1/02/2009 A Baddock, Winston Hills

Name	Age Centre	Final
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1	Rhys Tuohy	Hills District	12.18m
2	Jarrod Thomas	Hills District	12.00m
3	Nicholas Welsby	Winston Hills	11.73m
4	Benjamin Kahane	Winston Hills	11.06m
5	James Webb	Winston Hills	10.98m
6	Hayden Smith	Winston Hills	10.83m
7	Christopher Godbee	Kings Langley	9.43m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 8.46m 1/01/1981 M.Bylsma, Winston Hills

Name	Age Centre	Final
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1	Jasper Deane	Hills District	5.65m
2	Alexander Clarence	Winston Hills	5.59m
3	Jaeden Douglas	Hills District	5.21m
4	Benjamin Robinson	Hills District	5.17m
5	Cody Cox	Hills District	4.97m
6	Nicholas Murdocca	Rouse Hill Rams	4.55m
7	Cameron Couper	Hills District	4.51m
8	Lachlan Gray	Winston Hills	4.35m
9	Harrison Valdezate	Rouse Hill Rams	3.80m
10	Harry Coy	Hills District	3.62m
11	James Dormer	Kings Langley	2.82m
12	Aidan Pospischil	Winston Hills	2.33m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 8.80m 29/01/2000 S Dhaliwal, Quakers Hill

Name	Age Centre	Final
------	------------	-------

1	Vishal Suresh	Kings Langley	7.27m
2	Jardyn Orsini	Hills District	6.66m
3	Sean Plumridge	Kings Langley	6.54m
4	Max Hately	Rouse Hill Rams	5.35m
5	Jack Bloomfield	Hills District	4.82m
6	Luke Alderson	Winston Hills	4.78m
7	Rhys van	Winston Hills	4.74m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 8 - Shot Put (1.5 Kg)**

8 Aidan Brosnan	Winston Hills	4.66m
9 Kyle Munnoch	Hills District	4.27m
10 Mason Newton	Winston Hills	4.05m
11 Jordan Cocks	Winston Hills	3.98m
12 Tyran Brown	Kings Langley	3.79m
13 Tristan Morson	Hills District	3.75m
14 Dominic Grubisic	Winston Hills	3.65m
15 Nicholas Fischer	Rouse Hill Rams	3.62m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 9.70m 29/01/2005 T Moerea, Winston Hills

Name	Age Centre	Final
1 Kyle Stewart	Hills District	6.86m
2 Jake Harris	Hills District	6.39m
3 Zachary Glasheen-Smith	Riverstone	6.38m
4 Koby Owen	Kings Langley	6.26m
5 Andy Lee	Hills District	5.87m
6 Aaron Byrne	Winston Hills	5.69m
7 Liam Covell	Winston Hills	5.01m
8 Jordan Archer	Hills District	4.66m
9 Rory Bell	Hills District	4.43m
10 Patrick Horne	Hawkesbury City	4.06m
11 Kody Spencer	Rouse Hill Rams	3.98m
-- Ryan Miller	Hills District	ND
-- Sebastian Kiceec	Kings Langley	ND
-- William Potts	Hawkesbury City	ND

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 11.25m 26/01/2003 M Teina, Winston Hills

Name	Age Centre	Final
1 Blake Metcalfe	Kings Langley	8.65m
2 Blake Archer	Hills District	7.97m
3 Thomas Colcomb	Rouse Hill Rams	7.07m
4 Alex Marshall	Winston Hills	6.91m
5 Jordan Bowe	Rouse Hill Rams	6.40m
6 Zaine Owen	Riverstone	J6.40m
7 Rhys Watkins	Hills District	6.18m
8 Kayden Anderson	Hills District	6.04m
9 Joshua Woolliams	Hills District	5.75m
10 Trent Jaeggi	Hills District	4.76m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 13.22m 31/01/2004 M Teina, Winston Hills

Name	Age Centre	Final
1 Todd Plumridge	Kings Langley	10.13m
2 Jay De	Riverstone	9.12m
3 Zack Spurway	Winston Hills	7.51m
4 James Kim	Hills District	7.33m
5 Saxon Vartiainen	Winston Hills	7.05m
6 Darcy Purkiss	Rouse Hill Rams	6.91m
7 Connor Gilbert	Rouse Hill Rams	6.78m
8 Brendan Fraser	Rouse Hill Rams	5.58m
9 Nathan Apel	Winston Hills	5.39m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 11 - Shot Put (2.0 Kg)**

10 Jackson Richards	Winston Hills	5.08m
11 Bailey Martin	Rouse Hill Rams	4.96m
12 Lachlan Murray	Kings Langley	4.81m

Boys U 12 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.87m 30/01/2005 M Teina, Winston Hills			
Name	Age	Centre	Final
=====			
1 Alexander Murdocca		Rouse Hill Rams	12.40m
2 Oscar Mezzomo		Rouse Hill Rams	8.50m
3 Anders Glew		Winston Hills	8.18m
4 Jesper Stenberg		Hills District	6.80m
5 Matthew Brice		Hills District	6.56m
6 Nathan Stevens		Hills District	6.22m
7 Cameron Bliss		Winston Hills	5.98m
8 Zac Wooldridge		Winston Hills	5.69m

Boys U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 16.34m 5/02/1994 S Novkovic, Winston Hills			
Name	Age	Centre	Final
=====			
1 Jandamurra Stewart		Winston Hills	11.48m
2 Patrick Gleeson		Rouse Hill Rams	11.16m
3 Joshua Cooper		Hills District	10.29m
4 Tory Vartiainen		Winston Hills	8.72m
5 Brandon Bell		Kings Langley	7.50m
6 Jacob Vecchiato		Hills District	7.24m
7 Indie Mahendran		Winston Hills	7.01m
8 Callum Rennie		Hills District	6.73m

Boys U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.56m 14/12/2013 Ben Patterson, Hills District			
Name	Age	Centre	Final
=====			
1 Ben Patterson		Hills District	14.56mZ
2 Ben Tait		Kings Langley	13.32m
3 Brodie Landels		Winston Hills	11.89m
4 Marcel Goulooze		Winston Hills	11.47m
5 Bret Owen		Kings Langley	11.42m
6 Ty Schneider		Kings Langley	10.14m

Boys U 15 - Shot Put (4.0 Kg)

=====			
Zone: Z 17.34m 30/01/1988 M Sowden, Riverstone			
Name	Age	Centre	Final
=====			
1 Jarod Rockall		Kings Langley	11.56m
2 Callum Brosnan		Winston Hills	11.14m
3 Joshua Wooldridge		Winston Hills	11.13m
4 Alexander Cummins		Winston Hills	10.42m
5 Jace Cooper		Kings Langley	10.31m
6 Joshua Ayoub		Winston Hills	9.52m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 17 - Shot Put (5.0 Kg)**

Zone: Z 15.34m 31/01/2009 M Teina, Winston Hills			
Name	Age	Centre	Final
1 Todd Owen		Kings Langley	12.06m
2 Wade Buhler		Winston Hills	11.02m
3 Lachlan Parle		Winston Hills	10.71m
4 Ryan Owen		Kings Langley	9.98m
5 Daniel Hunt		Hills District	8.37m
6 Brandon Long		Winston Hills	8.03m

Boys U 7 - Discus (350 Gm)

Zone: Z 21.27m 30/01/1998 M.Walker, Hills			
Name	Age	Centre	Final
1 Ravi Soni		Winston Hills	14.25m
2 Bailey Nowland		Kings Langley	12.82m
3 Cody Cox		Hills District	11.75m
4 Jasper Deane		Hills District	11.48m
5 Lucas Scerri		Winston Hills	9.88m
6 Nicholas Murdocca		Rouse Hill Rams	9.30m
7 Harrison Valdezate		Rouse Hill Rams	8.78m
8 Tristan Ferris		Rouse Hill Rams	8.33m
9 Zac Debono		Kings Langley	8.17m
10 Valentine Crowley		Hills District	7.91m
11 Lachlan Gray		Winston Hills	7.80m
12 Oliver Geany		Hills District	7.65m
13 Liam Havron		Kings Langley	7.02m
-- Benjamin Robinson		Hills District	ND
-- Toby Dorahy		Hills District	ND

Boys U 8 - Discus (500 Gm)

Zone: Z 27.86m 30/01/2000 S Dhaliwal, Quakers Hill			
Name	Age	Centre	Final
1 Vishal Suresh		Kings Langley	17.13m
2 Aidan Brosnan		Winston Hills	14.94m
3 Cooper van		Winston Hills	14.79m
4 Jordan Cocks		Winston Hills	14.45m
5 Mason Newton		Winston Hills	13.66m
6 Dominic Grubisic		Winston Hills	12.94m
7 Jardyn Orsini		Hills District	12.84m
8 Ray Murphy		Winston Hills	10.94m
9 Andrew Hagggar		Hills District	9.23m
10 Tristan Morson		Hills District	8.15m

Boys U 9 - Discus (500 Gm)

Zone: Z 30.83m 30/01/2005 T Moerea, Winston Hills			
Name	Age	Centre	Final
1 Logan Mezzomo		Rouse Hill Rams	18.52m
2 Aaron Byrne		Winston Hills	18.48m
3 Zachary Porter		Winston Hills	17.36m
4 Liam Covell		Winston Hills	16.98m
5 Jake Harris		Hills District	16.26m
6 Zachary Glasheen-Smith		Riverstone	15.26m
7 Travis Hargrave		Hawkesbury City	14.73m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 9 - Discus (500 Gm)**

8	Jordan Archer	Hills District	14.50m
9	Joses Idehen	Hills District	13.65m
10	Benjamin Murray	Kings Langley	13.26m
11	Nathaniel Owen	Riverstone	13.01m
12	Joshua Coinakis	Rouse Hill Rams	12.14m
13	Nicholas Finch	Hills District	12.01m
14	Samuel Mckenzie	Hawkesbury City	11.63m
15	Patrick Horne	Hawkesbury City	11.56m
16	Riley Cotter	Hawkesbury City	10.80m
17	Aiden O'Connell	Kings Langley	10.65m
--	Ryan Jacobs	Hills District	ND
--	Kyle Stewart	Hills District	ND
--	William Potts	Hawkesbury City	ND

Boys U 10 - Discus (500 Gm)

=====
 Zone: Z 35.40m 31/01/2009 J Baker, Winston Hills

Name	Age Centre	Final	
1	Blake Archer	Hills District	27.05m
2	Blake Metcalfe	Kings Langley	26.16m
3	Joshua Catania	Rouse Hill Rams	25.46m
4	Conor Siney	Hills District	22.69m
5	Jordan Bowe	Rouse Hill Rams	21.15m
6	Thomas Colcomb	Rouse Hill Rams	19.92m
7	Adrian Shelley	Kings Langley	19.59m
8	Damian Hilton	Hills District	18.21m
9	Zaine Owen	Riverstone	16.49m
10	Micah O'Connell	Winston Hills	16.42m
11	Kane Cox	Hills District	16.17m
12	Thomas McKenzie	Hills District	15.71m
13	Nathan Sarlog	Hills District	15.58m
14	Ryan Darling	Winston Hills	12.79m
15	Benjamin Smith	Kings Langley	9.23m

Boys U 11 - Discus (750 Gm)

=====
 Zone: Z 35.64m 9/12/2012 Alexander Murdocca, Rouse Hi

Name	Age Centre	Final	
1	Jay De	Riverstone	25.27m
2	Bart Ignacz	Kings Langley	21.36m
3	Connor Gilbert	Rouse Hill Rams	20.26m
4	Brendan Fraser	Rouse Hill Rams	19.94m
5	Todd Plumridge	Kings Langley	19.68m
6	James Kim	Hills District	17.54m
7	Jayden Duncum	Kings Langley	16.38m
8	Saxon Vartiainen	Winston Hills	15.47m
9	Zack Spurway	Winston Hills	13.20m
10	Darcy Whittingham	Hills District	12.82m
11	Nathan Apel	Winston Hills	12.19m
12	Lachlan Murray	Kings Langley	9.75m
--	Sebastin Ramsey	Winston Hills	ND
--	Gabriel Pellegrini	Winston Hills	ND

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 12 - Discus (750 Gm)**

Zone: Z 47.02m 14/12/2013 Alexander Murdocca, Rouse Hi			
Name	Age	Centre	Final
1 Alexander Murdocca		Rouse Hill Rams	47.02mZ
2 Omar Nadaya-Harb		Winston Hills	25.75m
3 Oscar Mezzomo		Rouse Hill Rams	24.57m
4 Cameron Bliss		Winston Hills	22.57m
5 Lachlan Porter		Winston Hills	20.46m
6 James Smit		Hills District	20.19m
7 Zac Wooldridge		Winston Hills	19.89m
8 Matthew Brice		Hills District	17.53m
9 Alex Owen		Kings Langley	14.54m

Boys U 13 - Discus (1.0 Kg)

Zone: Z 43.10m 6/02/1994 S Novkovic, Winston Hills			
Name	Age	Centre	Final
1 Jandamurra Stewart		Winston Hills	30.78m
2 Patrick Gleeson		Rouse Hill Rams	24.98m
3 Brandon Bell		Kings Langley	23.65m
4 Jackson Wilbow		Winston Hills	23.36m
5 Tory Vartiainen		Winston Hills	22.12m
6 Jacob Vecchiato		Hills District	21.93m
7 Patrick Bombala		Kings Langley	20.59m
8 Nickolai Simmons		Hills District	20.53m
9 Callum Rennie		Hills District	18.67m
10 Matthew Pottinger		Winston Hills	16.09m
11 Johannes Tanusendjaja		Winston Hills	8.93m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 53.70m 5/02/1995 S Novkovic, Winston Hills			
Name	Age	Centre	Final
1 Ben Tait		Kings Langley	38.63m
2 Brodie Landels		Winston Hills	27.95m
3 Jack Charlton		Hills District	25.12m
4 Marcel Goulooze		Winston Hills	23.58m
5 Travis Donaldson		Hills District	22.85m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 55.88m 30/01/1999 A Walker, Hills			
Name	Age	Centre	Final
1 Callum Brosnan		Winston Hills	39.53m
2 Joshua Wooldridge		Winston Hills	35.80m
3 Lachlan MacMahon		Hills District	19.57m
4 Aidan Armstrong		Hills District	17.80m
-- James Duff		Hills District	ND
-- Jeffrey Barrett		Hills District	ND

Boys U 17 - Discus (1.5 Kg)

Zone: Z 41.18m 31/01/2010 M Teina, Winston Hills			
Name	Age	Centre	Final
1 Lachlan Parle		Winston Hills	39.42m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 17 - Discus (1.5 Kg)**

2	Wade Buhler	Winston Hills	30.66m
3	Ryan Owen	Kings Langley	25.38m
4	Rhys Kable	Kings Langley	17.68m
--	Hayden Smith	Winston Hills	ND
--	Dale Parker	Kings Langley	ND
--	Brandon Long	Winston Hills	ND

Boys U 12 - Javelin (400 Gm)

=====				
Zone: Z 32.08m 8/12/2012 Jandamurra Stewart, Winston				
Name	Age	Centre	Final	
=====				
1	Alexander	Murdocca	Rouse Hill Rams	26.38m
2	Jesper	Stenberg	Hills District	20.02m
3	James	Smit	Hills District	19.46m
4	Zac	Wooldridge	Winston Hills	18.85m
5	Cameron	Bliss	Winston Hills	17.58m
6	Nicholas	Long	Winston Hills	14.98m
7	Ryan	McLuckie	Winston Hills	14.15m
8	Griffin	Sainsbury	Hills District	13.98m
9	Nathan	Stevens	Hills District	9.81m

Boys U 13 - Javelin (600 Gm)

=====				
Zone: Z 39.67m 29/01/2004 A Luzi				
Name	Age	Centre	Final	
=====				
1	Jandamurra	Stewart	Winston Hills	30.86m
2	Callum	Rennie	Hills District	24.72m
3	Patrick	Gleeson	Rouse Hill Rams	21.07m
4	Brandon	Bell	Kings Langley	20.22m
5	Patrick	Bombala	Kings Langley	20.17m
6	Indie	Mahendran	Winston Hills	18.29m
7	Nickolai	Simmons	Hills District	16.70m
8	Jackson	Wilbow	Winston Hills	15.24m
9	Sam	Darling	Winston Hills	11.17m
--	Tory	Vartiainen	Winston Hills	FOUL

Boys U 14 - Javelin (600 Gm)

=====				
Zone: Z 34.99m 13/12/2013 Ben Tait, Kings Langley				
Name	Age	Centre	Final	
=====				
1	Ben	Tait	Kings Langley	34.99mZ
2	Peter	Henry	Winston Hills	31.95m
3	Marcel	Goulooze	Winston Hills	27.65m
4	Bret	Owen	Kings Langley	26.80m
5	Lachlan	Iredale	Kings Langley	21.84m
6	Jack	Charlton	Hills District	21.35m
7	Jake	Liaropoulos	Hills District	18.05m

Boys U 15 - Javelin (700 Gm)

=====				
Zone: Z 34.04m 13/12/2013 Nick Darling, Winston Hills				
Name	Age	Centre	Final	
=====				
1	Nick	Darling	Winston Hills	34.04mZ
2	Joshua	Wooldridge	Winston Hills	28.46m
3	Jeffrey	Barrett	Hills District	28.21m

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****....Boys U 15 - Javelin (700 Gm)**

4 James Duff	Hills District	23.85m
5 Jordan Glover	Hills District	20.81m
6 Christian O'Regan Buckin	Hills District	4.00m
-- Jefferson Lumapas	Hills District	FOUL

Boys U 17 - Javelin (700 Gm)

=====			
Zone: Z 44.59m 28/01/2011 B McNaughton, Winston Hills			
Name	Age Centre		Final
=====			
1 Wade Buhler	Winston Hills		35.80m
2 Nicholas Welsby	Winston Hills		34.86m
3 Ben Thomson	Hills District		32.86m
4 Lachlan Parle	Winston Hills		29.74m
5 Hayden Smith	Winston Hills		18.96m

Boys U 9 - 700 Metre Walk

=====			
Zone: Z 3:51.60 30/01/1998 S Johnstone, Winston Hills			
Name	Age Centre		Final
=====			
Section 1			
1 Austin Durbridge	Hills District		4:37.1
2 Riley Cotter	Hawkesbury City		4:37.3
3 Ben Stander	Hills District		4:50.3
4 Liam Darcy	Hills District		4:57.0
5 Liam Covell	Winston Hills		5:01.3
6 Brendan Pospischil	Winston Hills		5:01.7
7 Jake Harris	Hills District		5:04.0
8 Aiden O'Connell	Kings Langley		5:10.9
9 Ryan Henness	Hills District		5:11.4
10 Rowan Ware	Winston Hills		5:24.9
11 Patrick Horne	Hawkesbury City		5:24.9
12 Gustav Rheeder	Hills District		6:09.3

Boys U 10 - 1100 Metre Walk

=====			
Zone: Z 6:06.36 27/01/2010 L McGrath, Hills			
Name	Age Centre		Final
=====			
1 Jackson Deane	Hills District		6:30.7
2 Adam Dickson	Hills District		6:52.5
3 Nathan Sarlog	Hills District		7:05.7
4 Thomas Dorahy	Hills District		7:15.3
-- Rhys Watkins	Hills District		DQ
-- Ethan Manwaring	Kings Langley		DQ

Boys U 11 - 1100 Metre Walk

=====			
Zone: Z 5:59.87 27/01/2010 J Glover, Hills			
Name	Age Centre		Final
=====			
1 Darcy Whittingham	Hills District		6:43.6

NWMET ZONE TRACK & FIELD CHAMPIONSHIPS**A. H. Whaling Reserve, Baulkham Hills****Results****Boys U 12 - 1500 Metre Walk**

Zone: Z 7:25.90 1/01/1983 C Arkins, Hills			
Name	Age	Centre	Final
1 James Smit		Hills District	10:50.9
2 Alex Owen		Kings Langley	12:47.2

Boys U 13 - 1500 Metre Walk

Zone: Z 7:37.80 4/02/1994 B Murray, Winston Hills			
Name	Age	Centre	Final
1 Nickolai Simmons		Hills District	8:35.1
2 Tom Robert Gray		Hills District	13:19.5

Boys U 15 - 1500 Metre Walk

Zone: Z 7:17.50 5/02/1993 A Midgley, Prospect			
Name	Age	Centre	Final
1 Jordan Glover		Hills District	7:41.8

Boys U 17 - 1500 Metre Walk

Zone: Z 7:10.30 13/12/2013 Adam Mylonas, Winston Hills			
Name	Age	Centre	Final
1 Adam Mylonas		Winston Hills	7:10.3Z
2 Lachlan Parle		Winston Hills	11:25.2
3 Hayden Smith		Winston Hills	11:26.4