

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

Girls U 7 - 50 Metre Sprint

Zone: Z 9.30 13/12/2009 Kyra Phillips, Lithgow			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tiana Heke		Springwood	10.2Q
2 Caitlin Feltham		Kurrajong Bilpin	10.4Q
3 Jorja Bennetts		Mudgee	10.7Q
4 Janae McKenzie		Oberon	11.2
5 Scarlett Hepper		Springwood	11.9
Heat 2 Heats			
1 Mia Hepi		Glenbrook	10.0Q
2 Josie Brown		Lithgow	10.2Q
3 Annika Della Bosca		Lithgow	10.7Q
4 Rebecca Coyte		Kurrajong Bilpin	10.8q
5 Isabella Watson		Glenbrook	10.9q
6 Teagan Hall		Kurrajong Bilpin	11.1
7 Lacey Consadine		Oberon	13.1

Girls U 7 - 50 Metre Sprint

Zone: Z 9.30 13/12/2009 Kyra Phillips, Lithgow			
Name	Age	Centre	Final
Section 1 Final			
1 Mia Hepi		Glenbrook	10.0
2 Tiana Heke		Springwood	10.0
3 Caitlin Feltham		Kurrajong Bilpin	10.1
4 Jorja Bennetts		Mudgee	10.3
5 Josie Brown		Lithgow	10.4
6 Rebecca Coyte		Kurrajong Bilpin	10.6
7 Isabella Watson		Glenbrook	10.9

Girls U 7 - 70 Metre Sprint

Zone: Z 11.80 31/03/1990 C. Ingram, Katoomba			
Name	Age	Centre	Final
Section 1			
1 Mia Hepi		Glenbrook	14.0
2 Josie Brown		Lithgow	14.3
3 Jorja Bennetts		Mudgee	14.5
4 Georgia Haines		Kurrajong Bilpin	15.1
5 Teagan Hall		Kurrajong Bilpin	15.4
6 Scarlett Hepper		Springwood	16.3
7 Claire Nicholls		Glenbrook	16.6
8 Lacey Consadine		Oberon	18.2

Girls U 8 - 70 Metre Sprint

Zone: Z 11.30 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Final
1 Heidi Simpson		Kurrajong Bilpin	12.6
2 Jezebel Mills		Glenbrook	12.8
3 Molly Robinson		Lithgow	12.9
4 Charlotte Elliott		Lithgow	13.2
5 Dakota Smith		Glenbrook	13.4
6 Laney Linder		Kurrajong Bilpin	13.5
7 Tiana Devine		Springwood	13.6

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 8 - 70 Metre Sprint**

8 Katelyn Holley	Kurrajong Bilpin	13.7
9 Paige Nash	Kurrajong Bilpin	14.0

Girls U 9 - 70 Metre Sprint

Zone: Z 11.10 29/01/2006 Jenna Heath, Lithgow

Name	Age Centre	Final
1 Alesha Bennetts	Mudgee	11.2
2 Hayley Moir	Springwood	11.9
3 Rosanna Blackwell	Lithgow	12.2
4 Destiny Iceman	Katoomba	12.6
5 Lorena Brown	Lithgow	12.6
6 Zoe Rivas	Katoomba	13.1
7 Jacinta Jeffery	Springwood	13.5

Girls U 10 - 70 Metre Sprint

Zone: Z 10.20 31/03/2002 C. West, Lithgow

Name	Age Centre	Final
1 Zara Ebeling	Glenbrook	11.4
2 Charlotte Husarek	Glenbrook	11.6
3 Ava Healey	Lithgow	11.6
4 Ainsley Stone	Glenbrook	12.2
5 Abbey Burke	Springwood	12.4

Girls U 7 - 100 Metre Sprint

Zone: Z 16.40 31/03/1990 C. Ingram, Katoomba

Name	Age Centre	Final
1 Mia Hepi	Glenbrook	20.2
2 Caitlin Feltham	Kurrajong Bilpin	20.5
3 Josie Brown	Lithgow	20.9
4 Annika Della Bosca	Lithgow	21.5
5 Amelia Kembrey	Springwood	23.0
6 Scarlett Hepper	Springwood	23.3

Girls U 8 - 100 Metre Sprint

Zone: Z 15.70 31/03/2002 A. Seymour, Emu Plains

Name	Age Centre	Heats
Heat 1 Heats		
1 Heidi Simpson	Kurrajong Bilpin	17.4Q
2 Molly Robinson	Lithgow	18.9Q
3 Laney Linder	Kurrajong Bilpin	19.1Q
4 Eloise Lorking	Glenbrook	20.5q
5 Emily Gilchrist	Springwood	21.0
Heat 2 Heats		
1 Charlotte Elliott	Lithgow	17.9Q
2 Ella McGarity	Glenbrook	18.7Q
3 Jezebel Mills	Glenbrook	18.9Q
4 Tayla Kirkbride	Kurrajong Bilpin	19.5q

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

Girls U 8 - 100 Metre Sprint

Zone: Z 15.70 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Heidi Simpson		Kurrajong Bilpin	17.5
2 Charlotte Elliott		Lithgow	18.0
3 Ella McGarity		Glenbrook	18.2
4 Molly Robinson		Lithgow	18.4
5 Laney Linder		Kurrajong Bilpin	18.6
6 Jezebel Mills		Glenbrook	19.0
7 Cassidy Feltham		Kurrajong Bilpin	19.5

Girls U 9 - 100 Metre Sprint

Zone: Z 14.90 31/03/1996 S. Jones, Springwood			
Name	Age	Centre	Final
Section 1			
1 Alesha Bennetts		Mudgee	15.6
2 Molly Jones		Springwood	17.0
3 Rosanna Blackwell		Lithgow	17.2
4 Destiny Iceman		Katoomba	17.6
5 Hannah Robinson		Kurrajong Bilpin	18.9
6 Grace Lewer		Springwood	19.0
7 Lorena Brown		Lithgow	19.2
8 Nicola Welsman		Springwood	19.6
9 Brittany Brinale		Oberon	21.4

Girls U 10 - 100 Metre Sprint

Zone: Z 14.40 31/03/2006 Jenna Heath, Lithgow			
Name	Age	Centre	Final
1 Brooke Keller		Kurrajong Bilpin	14.9
2 Olivia De La Harpe		Springwood	15.5
3 Charlotte Husarek		Glenbrook	15.9
4 Ivory Radford		Kurrajong Bilpin	16.4
5 Ava Healey		Lithgow	16.6
6 Ainsley Stone		Glenbrook	17.9
7 Sasha Noble		Oberon	19.1
8 Alyssa McKenzie		Oberon	19.7

Girls U 11 - 100 Metre Sprint

Zone: Z 14.00 5/12/2004 Rachel Munro, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kallan Philips		Lithgow	14.6Q
2 Annalyse Garton		Kurrajong Bilpin	15.0Q
3 Molly Best		Mudgee	15.4Q
4 Ashley Robinson		Lithgow	15.6q
5 Casey Haydon		Springwood	16.5
6 Paige Field		Lithgow	16.7
Heat 2 Heats			
1 Jaylen Bilbija		Kurrajong Bilpin	14.9Q
2 Kyra Philips		Lithgow	15.8Q
3 Ella Trueman		Springwood	15.9Q
4 Maya Lynes-Ross		Lithgow	16.4q

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 11 - 100 Metre Sprint**

5 Tahlia Lawson	Springwood	18.1
6 Chloe Welsman	Springwood	19.0

Girls U 11 - 100 Metre Sprint

=====			
Zone: Z 14.00 5/12/2004 Rachel Munro, Emu Plains			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Kallan Philips		Lithgow	14.6
2 Jaylen Bilbija		Kurrajong Bilpin	15.0
3 Annalyse Garton		Kurrajong Bilpin	15.2
4 Ashley Robinson		Lithgow	15.4
5 Kyra Philips		Lithgow	15.5
6 Molly Best		Mudgee	15.9
7 Ella Trueman		Springwood	16.1
8 Maya Lynes-Ross		Lithgow	16.3

Girls U 12 - 100 Metre Sprint

=====			
Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Maia Deluca		Katoomba	14.4Q
2 Bree Ellyard		Kurrajong Bilpin	15.1Q
3 Schae Freeman		Glenbrook	15.2Q
4 Ella Lucas		Katoomba	15.4q
5 Amaya Moxham		Springwood	16.1
6 Lily Best		Mudgee	16.4
Heat 2 Heats			
1 Kiara Ison		Kurrajong Bilpin	13.7Q
2 Bronte Pickering		Katoomba	13.8Q
3 Caitlyn Ferrier		Kurrajong Bilpin	14.0Q
4 Teoni Schleibs		Lithgow	15.1q
5 Carly Hanko		Glenbrook	17.6
6 Katelyn Jones		Springwood	17.9

Girls U 12 - 100 Metre Sprint

=====			
Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Kiara Ison		Kurrajong Bilpin	13.8
2 Caitlyn Ferrier		Kurrajong Bilpin	13.9
3 Bronte Pickering		Katoomba	14.2
4 Maia Deluca		Katoomba	14.5
5 Teoni Schleibs		Lithgow	15.2
6 Ella Lucas		Katoomba	15.3
7 Bree Ellyard		Kurrajong Bilpin	15.5

Girls U 13 - 100 Metre Sprint

=====			
Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Caitlin Fenner		Springwood	14.7Q

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 13 - 100 Metre Sprint**

2	Jasmin Noble	Oberon	14.7Q
3	Arizona Staley	Glenbrook	14.7Q
4	Lauren Field	Lithgow	15.0q
5	Jenna Jones	Springwood	15.4q
6	Mackenzie Stone	Glenbrook	15.5

Heat 2 Heats

1	Bronte McLean	Glenbrook	14.7Q
2	Victoria Stenner	Katoomba	15.1Q
3	Sorcha Pearce	Katoomba	15.6Q
4	Kaitlyn Haydon	Springwood	16.1
5	Kaitlin Bell	Glenbrook	16.5
6	Melanie Close	Oberon	17.9

Girls U 13 - 100 Metre Sprint

=====
 Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains

Name Age Centre Final
 =====

Section 1 Final

1	Caitlin Fenner	Springwood	14.4
2	Bronte McLean	Glenbrook	14.7
3	Arizona Staley	Glenbrook	14.9
4	Victoria Stenner	Katoomba	15.0
5	Jasmin Noble	Oberon	15.1
6	Lauren Field	Lithgow	15.3
7	Jenna Jones	Springwood	15.5
8	Sorcha Pearce	Katoomba	15.6

Girls U 14 - 100 Metre Sprint

=====
 Zone: Z 12.80 31/03/1990 Rebecca Burgess, Glenbrook

Name Age Centre Final
 =====

Section 1

1	Kaitlin Leyland	Glenbrook	13.8
2	Natalie Chapman	Kurrajong Bilpin	14.1
3	Hayley Lomax	Mudgee	14.6
4	Beth Leach	Kurrajong Bilpin	14.8
5	Abbie Lucas	Katoomba	14.9
6	Jessica Dance	Springwood	16.1
7	Alicia Blanch	Kurrajong Bilpin	16.8

Girls U 15 - 100 Metre Sprint

=====
 Zone: Z 12.50 31/03/1993 D. Jones, Kurrajong Bilpin

Name Age Centre Final
 =====

1	Fleur Young	Katoomba	13.8
2	Tahlia Blanch	Kurrajong Bilpin	14.3
3	Mary Jones	Springwood	14.8
4	Alexandria Williams	Kurrajong Bilpin	14.8

Girls U 17 - 100 Metre Sprint

=====
 Zone: Z 12.70 10/12/2011 Jess Stafford, Kurrajong Bilp

Name Age Centre Final
 =====

1	Zoe da Roza	Mudgee	12.9
2	Jenna Heath	Lithgow	13.2

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****...Girls U 17 - 100 Metre Sprint**

3	Hanna Healey	Lithgow	13.5
4	Lauren Russell	Kurrajong Bilpin	13.6
5	Hannah Karlik	Glenbrook	14.4
6	Leanne Clines	Katoomba	15.9

Girls U 7 - 200 Metre Sprint

=====			
Zone: Z 36.20 11/12/2010 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
=====			
1	Tiana Heke	Springwood	43.4
2	Caitlin Feltham	Kurrajong Bilpin	43.6
3	Annika Della Bosca	Lithgow	48.5
4	Amelia Kembrey	Springwood	50.4
5	Claire Nicholls	Glenbrook	53.3
6	Georgia Haines	Kurrajong Bilpin	53.8

Girls U 8 - 200 Metre Sprint

=====			
Zone: Z 33.90 11/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
=====			
1	Heidi Simpson	Kurrajong Bilpin	37.4
2	Cassidy Feltham	Kurrajong Bilpin	39.5
3	Charlotte Elliott	Lithgow	39.9
4	Olivia Harris	Glenbrook	40.5
5	Laney Linder	Kurrajong Bilpin	41.1
6	Molly Robinson	Lithgow	43.1
7	Paige Nash	Kurrajong Bilpin	46.3

Girls U 9 - 200 Metre Sprint

=====			
Zone: Z 32.30 1/12/2002 Christie Pearson, Springwood			
Name	Age	Centre	Final
=====			
1	Kate Leach	Kurrajong Bilpin	36.0
2	Rosanna Blackwell	Lithgow	37.1
3	Destiny Iceman	Katoomba	39.9
4	Nicola Welsman	Springwood	42.1
5	Zoe Rivas	Katoomba	42.3

Girls U 10 - 200 Metre Sprint

=====			
Zone: Z 30.60 31/03/1997 M. Smith, Kurrajong Bilpin			
Name	Age	Centre	Final
=====			
1	Olivia De La Harpe	Springwood	33.2
2	Charlotte Husarek	Glenbrook	34.7
3	Ivory Radford	Kurrajong Bilpin	34.9
4	Emily Liggett	Kurrajong Bilpin	39.9

Girls U 11 - 200 Metre Sprint

=====			
Zone: Z 28.70 5/12/2004 Christie Pearson, Springwood			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Kallan Philips	Lithgow	31.5Q
2	Sarah Bradford	Kurrajong Bilpin	31.8Q

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 11 - 200 Metre Sprint**

3	Georgia Messina	Kurrajong Bilpin	32.5Q
4	Maya Lynes-Ross	Lithgow	34.1q
5	Molly Best	Mudgee	38.3

Heat 2 Heats

1	Annalyse Garton	Kurrajong Bilpin	31.8Q
2	Alanna Dutton	Springwood	32.2Q
3	Ella Trueman	Springwood	33.6Q
4	Cloe Robinson	Lithgow	37.7q

Girls U 11 - 200 Metre Sprint

Zone: Z 28.70 5/12/2004 Christie Pearson, Springwood

Name Age Centre Final

Section 1 Final

1	Kallan Philips	Lithgow	31.6
2	Annalyse Garton	Kurrajong Bilpin	31.9
3	Alanna Dutton	Springwood	32.4
4	Georgia Messina	Kurrajong Bilpin	32.5
5	Sarah Bradford	Kurrajong Bilpin	32.7
6	Maya Lynes-Ross	Lithgow	34.1
7	Ella Trueman	Springwood	34.5
8	Cloe Robinson	Lithgow	38.1

Girls U 12 - 200 Metre Sprint

Zone: Z 27.60 29/01/2006 Rachel Munro, Emu Plains

Name Age Centre Heats

Heat 1 Heats

1	Caitlyn Ferrier	Kurrajong Bilpin	28.8Q
2	Kiara Ison	Kurrajong Bilpin	28.8Q
3	Ella Lucas	Katoomba	31.8Q
4	Teoni Schleibs	Lithgow	32.1q
5	Amaya Moxham	Springwood	32.8
6	Ayla Shields	Katoomba	33.5

Heat 2 Heats

1	Bronte Pickering	Katoomba	29.5Q
2	Maia Deluca	Katoomba	30.1Q
3	Mara Lee-Griswold	Springwood	30.4Q
4	Lily Best	Mudgee	32.5q
5	Annabelle Koopman	Kurrajong Bilpin	34.1
6	Ainslie Zakis	Katoomba	36.6

Girls U 12 - 200 Metre Sprint

Zone: Z 27.60 29/01/2006 Rachel Munro, Emu Plains

Name Age Centre Final

Section 1 Final

1	Caitlyn Ferrier	Kurrajong Bilpin	28.3
2	Kiara Ison	Kurrajong Bilpin	29.1
3	Bronte Pickering	Katoomba	29.8
4	Maia Deluca	Katoomba	30.9
5	Mara Lee-Griswold	Springwood	31.0
6	Ella Lucas	Katoomba	31.7
7	Teoni Schleibs	Lithgow	32.4
8	Lily Best	Mudgee	32.8

Western Ranges Zone Championships 2013/14
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Girls U 13 - 200 Metre Sprint

Zone: Z 27.10 31/03/2001 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1			
1 Grace Glasheen		Glenbrook	31.0
2 Melanie Close		Oberon	39.4

Girls U 14 - 200 Metre Sprint

Zone: Z 26.00 14/12/2008 Tayleen Singh, Kurrajong Bilp			
Name	Age	Centre	Final
1 Natalie Chapman		Kurrajong Bilpin	29.0
2 Kaitlin Leyland		Glenbrook	29.8
3 Hayley Lomax		Mudgee	30.2
4 Beth Leach		Kurrajong Bilpin	30.5
5 Abbie Lucas		Katoomba	30.8
6 Rosa Lynes-Ross		Lithgow	31.2
7 Emma Morgans		Springwood	34.8

Girls U 15 - 200 Metre Sprint

Zone: Z 25.90 13/12/2009 Tayleen Singh, Kurrajong Bilp			
Name	Age	Centre	Final
1 Fleur Young		Katoomba	29.1
2 Tahlia Blanch		Kurrajong Bilpin	30.1

Girls U 17 - 200 Metre Sprint

Zone: Z 26.80 12/12/2010 Jessie Stafford, Kurrajong Bi			
Name	Age	Centre	Final
1 Zoe da Roza		Mudgee	27.3
2 Jenna Heath		Lithgow	27.7
3 Hanna Healey		Lithgow	28.8
4 Hannah Karlik		Glenbrook	30.5
5 Leanne Clines		Katoomba	33.1

Girls U 8 - 400 Metre Sprint

Zone: Z 1:18.30 31/03/1980 R, Chapman, Springwood			
Name	Age	Centre	Final
1 Alexandra Sowinski		Kurrajong Bilpin	1:31.0
2 Tiana Devine		Springwood	1:32.9
3 Ella McGarity		Glenbrook	1:37.5
4 Eloise Lorking		Glenbrook	1:39.7
5 Zara Ali		Glenbrook	1:45.0
6 Sophie Boyes		Springwood	1:51.6

Girls U 9 - 400 Metre Sprint

Zone: Z 1:13.40 31/03/1978 V. Potter, Dubbo			
Name	Age	Centre	Final
1 Hannah Haberman		Springwood	1:22.5
2 Catriona Haberman		Springwood	1:27.3
3 Molly Peake		Katoomba	1:30.6

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 9 - 400 Metre Sprint**

4	Katerina Reynolds	Springwood	1:43.3
5	Brittany Brinaley	Oberon	2:30.0

Girls U 10 - 400 Metre Sprint

Zone: Z 1:10.20 7/12/2003 Christie Pearson, Springwood

Name	Age Centre	Final
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1	Zara Ebeling	Glenbrook	1:24.6
2	Emily Liggett	Kurrajong Bilpin	1:37.5

Girls U 11 - 400 Metre Sprint

Zone: Z 1:04.50 5/12/2004 Christie Pearson, Springwood

Name	Age Centre	Final
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1	Lillian Patterson	Springwood	1:10.8
2	Elisabeth Smyth	Glenbrook	1:14.7
3	Lianna Davidson	Kurrajong Bilpin	1:16.3
4	Georgia Messina	Kurrajong Bilpin	1:17.8
5	Maya Lynes-Ross	Lithgow	1:19.7
6	Molly Best	Mudgee	1:22.8
7	Jessica Brown	Kurrajong Bilpin	1:25.9

Girls U 12 - 400 Metre Sprint

Zone: Z 1:03.80 29/01/2006 Christie Pearson, Springwood

Name	Age Centre	Final
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1	Caitlyn Ferrier	Kurrajong Bilpin	1:08.4
2	Teoni Schleibs	Lithgow	1:13.5
3	Ella Lucas	Katoomba	1:15.0
4	Amaya Moxham	Springwood	1:16.5
5	Lily Best	Mudgee	1:16.6
6	Jessica-Rose Lutschini	Lithgow	1:20.7
7	Olivia James	Kurrajong Bilpin	1:23.0

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.00 31/03/2000 J. Doorey, Springwood

Name	Age Centre	Final
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1	Julia Black	Kurrajong Bilpin	1:11.4
2	Sarah Chapman	Kurrajong Bilpin	1:12.7
3	Kiaesha Durie-Fox	Springwood	1:13.4
4	Bronte McLean	Glenbrook	1:15.1
5	Amy Gall	Springwood	1:24.8

Girls U 14 - 400 Metre Sprint

Zone: Z 59.60 31/03/2002 Amy Sadler, Kurrajong Bilpin

Name	Age Centre	Heats
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Heat 1 Heats

1	Katelin Ellyard	Kurrajong Bilpin	1:07.1Q
2	Hayley Lomax	Mudgee	1:07.9Q
3	Natalie Chapman	Kurrajong Bilpin	1:08.5Q
4	Jessica Dance	Springwood	1:10.7q
5	Rosa Lynes-Ross	Lithgow	1:11.9q

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 14 - 400 Metre Sprint**

6 Ruth Yigletu	Springwood	1:33.1
Heat 2 Heats		
1 Lillie Healey	Lithgow	1:08.3Q
2 Beth Leach	Kurrajong Bilpin	1:09.8Q
3 Kaitlin Leyland	Glenbrook	1:11.7Q
4 Emma Morgans	Springwood	1:21.5

Girls U 14 - 400 Metre Sprint

Zone: Z 59.60 31/03/2002 Amy Sadler, Kurrajong Bilpin		
Name	Age Centre	Final

Section 1 Final

1 Lillie Healey	Lithgow	1:07.9
2 Katelin Ellyard	Kurrajong Bilpin	1:08.1
3 Hayley Lomax	Mudgee	1:10.9
4 Rosa Lynes-Ross	Lithgow	1:11.3
5 Beth Leach	Kurrajong Bilpin	1:11.7
6 Jessica Dance	Springwood	1:14.1

Girls U 15 - 400 Metre Sprint

Zone: Z 59.50 30/11/2002 Amy Sadler, Kurrajong Bilpin		
Name	Age Centre	Final

Section 1

1 Sarah Luxford	Springwood	1:05.5
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Girls U 17 - 400 Metre Sprint

Zone: Z 1:01.40 10/12/2011 Tahlia Hunter, Emu Plains		
Name	Age Centre	Final

1 Jenna Heath	Lithgow	1:03.4
2 Zoe da Roza	Mudgee	1:06.5

Girls U 9 - 800 Metre Run

Zone: Z 2:46.80 31/03/2002 A. Collier, Emu Plains		
Name	Age Centre	Final

1 Hannah Haberman	Springwood	3:00.7
2 Kate Leach	Kurrajong Bilpin	3:04.4
3 Molly Peake	Katoomba	3:12.3
4 Imogen Della Bosca	Lithgow	3:29.5
5 Hayley Moir	Springwood	3:29.7
6 Katerina Reynolds	Springwood	3:37.9

Girls U 10 - 800 Metre Run

Zone: Z 2:40.50 7/12/2003 Christie Pearson, Springwood		
Name	Age Centre	Final

1 Caitlin Shepherd	Glenbrook	3:19.7
2 Sasha Noble	Oberon	3:32.7
3 Lucy Andrewartha	Springwood	3:45.1

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 11 - 800 Metre Run**

Zone: Z 2:27.30 5/12/2004 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Maeve Goehner		Glenbrook	2:35.0
2 Lillian Patterson		Springwood	2:47.0
3 Elisabeth Smyth		Glenbrook	2:53.3
4 Lianna Davidson		Kurrajong Bilpin	2:54.5
5 Maya Lynes-Ross		Lithgow	3:05.1
6 Jessica Brown		Kurrajong Bilpin	3:14.5
7 Laila Devine		Springwood	3:33.5
8 Morgan Watts		Lithgow	3:37.8

Girls U 12 - 800 Metre Run

Zone: Z 2:25.60 29/01/2006 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Carly Lomax		Mudgee	2:47.5
2 Bronte Pickering		Katoomba	2:53.1
3 Amaya Moxham		Springwood	2:58.1
4 Jessica-Rose Lutschini		Lithgow	3:15.8
5 Olivia James		Kurrajong Bilpin	3:18.2
6 Ainslie Zakis		Katoomba	3:25.5
7 Sarah Black		Kurrajong Bilpin	3:52.9

Girls U 13 - 800 Metre Run

Zone: Z 2:24.00 3/12/2006 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Julia Black		Kurrajong Bilpin	2:49.1
2 Sarah Chapman		Kurrajong Bilpin	2:59.7
3 Morgan Stoneley		Lithgow	3:31.9

Girls U 14 - 800 Metre Run

Zone: Z 2:20.40 31/03/2002 Emily Johnson, Kurrajong Bi			
Name	Age	Centre	Final
1 Ivy Beglinger		Katoomba	2:38.2
2 Rosa Lynes-Ross		Lithgow	2:40.8
3 Lillie Healey		Lithgow	2:40.8
4 Kaylah Lamb		Glenbrook	2:41.6
5 Hayley Lomax		Mudgee	2:52.3
6 Courtney Taylor		Kurrajong Bilpin	2:54.2
7 Jessica Dance		Springwood	3:07.2
8 Ruth Yigletu		Springwood	3:37.5

Girls U 15 - 800 Metre Run

Zone: Z 2:16.20 3/12/2006 Celia Sullohern, Glenbrook			
Name	Age	Centre	Final
1 Tahlia Blanch		Kurrajong Bilpin	3:05.6

Western Ranges Zone Championships 2013/14
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Girls U 17 - 800 Metre Run

Zone: Z 2:31.10 9/12/2009 Natalie Sharp, Lithgow		
Name	Age Centre	Final
1 Tammy Knox	Katoomba	4:28.5

Girls U 10 - 1500 Metre Run

Zone: Z 5:30.60 31/03/1998 S. Gleeson, Kurrajong Bilpi		
Name	Age Centre	Final
1 Zara Ebeling	Glenbrook	6:32.9
2 Zoe Fairweather	Kurrajong Bilpin	7:03.6
3 Sasha Noble	Oberon	7:05.9
4 Abbey Burke	Springwood	7:26.9

Girls U 11 - 1500 Metre Run

Zone: Z 5:17.00 5/12/2004 Christie Pearson, Springwoo		
Name	Age Centre	Final
1 Maeve Goehner	Glenbrook	5:20.9
2 Lillian Patterson	Springwood	5:47.4
3 Allegra Darwin	Glenbrook	6:19.3
4 Jessica Brown	Kurrajong Bilpin	6:20.1
5 Laila Devine	Springwood	6:28.3

Girls U 12 - 1500 Metre Run

Zone: Z 5:09.00 29/01/2006 Christie Pearson, Springwoo		
Name	Age Centre	Final
1 Carly Lomax	Mudgee	5:50.5
2 Jessica-Rose Lutschini	Lithgow	6:56.3

Girls U 13 - 1500 Metre Run

Zone: Z 5:00.90 3/12/2006 Christie Pearson, Springwoo		
Name	Age Centre	Final
1 Kaitlin Bell	Glenbrook	6:16.0
2 Morgan Stoneley	Lithgow	7:01.4

Girls U 14 - 1500 Metre Run

Zone: Z 4:51.20 2/12/2001 Emily Johnson, Kurrajong Bi		
Name	Age Centre	Final
1 Ivy Beglinger	Katoomba	5:24.9
2 Rosa Lynes-Ross	Lithgow	5:41.8
3 Lillie Healey	Lithgow	5:47.1
4 Courtney Taylor	Kurrajong Bilpin	5:50.5
5 Kaylah Lamb	Glenbrook	6:29.9
6 Bronwyn Luxford	Springwood	6:31.8
7 Ruth Yigletu	Springwood	7:15.9

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

Girls U 15 - 1500 Metre Run

Zone: Z 4:45.40 3/12/2006 Celia Sullohern, Glenbrook			
Name	Age	Centre	Final
1 Sarah Luxford		Springwood	5:41.3
2 Tahlia Blanch		Kurrajong Bilpin	6:07.3

Girls U 17 - 1500 Metre Run

Zone: Z 5:07.70 8/12/2012 Jessica Vernon, Glenbrook			
Name	Age	Centre	Final
1 Carly Winser		Kurrajong Bilpin	6:44.0

Girls U 13 - 3000 Metre Run

Zone: Z 11:20.20 20/12/2008 Stephanie Kalemusic, Emu P			
Name	Age	Centre	Final
1 Emily Watts		Lithgow	11:57.7
2 Arizona Staley		Glenbrook	12:57.4
3 Kaitlin Bell		Glenbrook	14:06.8
4 Morgan Stoneley		Lithgow	15:33.5

Girls U 14 - 3000 Metre Run

Zone: Z 10:46.00 30/11/2002 E. Walsh, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Ivy Beglinger		Katoomba	12:04.5
2 Courtney Taylor		Kurrajong Bilpin	13:35.6

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Heats

Heat 1 Heats

1 Heidi Simpson		Kurrajong Bilpin	12.6Q
2 Olivia Baird		Kurrajong Bilpin	14.0Q
3 Tiana Devine		Springwood	14.3Q
4 Sophia Meehan		Glenbrook	15.3q
5 Sophie Boyes		Springwood	16.0

Heat 2 Heats

1 Olivia Harris		Glenbrook	13.6Q
2 Jezebel Mills		Glenbrook	14.2Q
3 Molly Robinson		Lithgow	14.6Q
4 Emily Gilchrist		Springwood	14.8q

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final

Section 1 Final

1 Heidi Simpson		Kurrajong Bilpin	12.7
2 Olivia Harris		Glenbrook	13.5
3 Tiana Devine		Springwood	13.6
4 Olivia Baird		Kurrajong Bilpin	13.9
5 Jezebel Mills		Glenbrook	14.1

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

6 Molly Robinson	Lithgow	14.2
7 Emily Gilchrist	Springwood	14.6
8 Sophia Meehan	Glenbrook	15.2

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.80 31/03/1996 S. Jones, Springwood

Name	Age Centre	Heats
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Heat 1 Heats

1 Kate Leach	Kurrajong Bilpin	12.2Q
2 Natasha Watson	Glenbrook	12.3Q
3 Imogen Della Bosca	Lithgow	13.2Q
4 Hannah Robinson	Kurrajong Bilpin	13.6q
5 Jacinta Jeffery	Springwood	13.7

Heat 2 Heats

1 Molly Jones	Springwood	12.4Q
2 Rosanna Blackwell	Lithgow	12.7Q
3 Nicola Welsman	Springwood	13.0Q
4 Katerina Reynolds	Springwood	13.5q
5 Molly Peake	Katoomba	13.6

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.80 31/03/1996 S. Jones, Springwood

Name	Age Centre	Final
------	------------	-------

Section 1 Final

1 Molly Jones	Springwood	11.8
2 Kate Leach	Kurrajong Bilpin	11.8
3 Rosanna Blackwell	Lithgow	11.9
4 Nicola Welsman	Springwood	12.8
5 Imogen Della Bosca	Lithgow	13.0
6 Hannah Robinson	Kurrajong Bilpin	13.4
7 Natasha Watson	Glenbrook	15.0

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 11.20 10/12/2011 Sophie Balmforth, Kurrajong B

Name	Age Centre	Final
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Section 1

1 Brooke Keller	Kurrajong Bilpin	10.8Z
2 Olivia De La Harpe	Springwood	12.5
3 Georgia Portelli	Kurrajong Bilpin	12.8
4 Charlotte Husarek	Glenbrook	13.4
5 Abbey Burke	Springwood	13.7
6 Ainsley Stone	Glenbrook	14.0
7 Chloe Dance	Springwood	14.6

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.60 11/12/2010 Caitlin Bass, Springwood

Name	Age Centre	Final
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1 Jaylen Bilbija	Kurrajong Bilpin	10.8
2 Ashley Robinson	Lithgow	11.7
3 Alanna Dutton	Springwood	12.1
4 Renee Hardy	Kurrajong Bilpin	13.2

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 11 - 60 Metre Hurdles (60cm)**

5 Amy Balmforth	Kurrajong Bilpin	13.4
6 Shelby Marks	Kurrajong Bilpin	14.1

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.00 10/12/2011 Caitlin Bass, Springwood

Name	Age Centre	Final
1 Bree Ellyard	Kurrajong Bilpin	11.1
2 Elli Kozicki	Glenbrook	11.2
3 Marni Brown	Lithgow	13.4
4 Katelyn Jones	Springwood	14.2
5 Carly Hanko	Glenbrook	14.6

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.70 29/01/2006 Julia King, Kurrajong Bilpin

Name	Age Centre	Final
1 Ella Warwick-Day	Springwood	15.7
2 Mackenzie Stone	Glenbrook	17.4
3 Sorcha Pearce	Katoomba	18.6
4 Melanie Close	Oberon	22.3
-- Jasmin Noble	Oberon	DNF

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.40 31/03/2002 A. Ahern, Springwood

Name	Age Centre	Final
1 Katelin Ellyard	Kurrajong Bilpin	15.0
2 Marlies Hopman	Glenbrook	18.2
3 Emma Morgans	Springwood	20.4

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 14.00 31/03/1998 Lisa Jenkinson, Glenbrook

Name	Age Centre	Final
1 Fleur Young	Katoomba	16.8
2 Mary Jones	Springwood	17.3
3 Tahlia Blanch	Kurrajong Bilpin	17.6

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 15.60 13/12/2009 Sara Klein, Kurrajong Bilpin

Name	Age Centre	Final
1 Hannah Karlik	Glenbrook	18.1
2 Hannah Jones	Springwood	18.6
3 Tammy Knox	Katoomba	19.3
4 Leanne Clines	Katoomba	21.2

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 31.70 31/03/1995 A. Close, Kurrajong Bilpin

Name	Age Centre	Final
1 Jessica Keller	Kurrajong Bilpin	33.5

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 13 - 200 Metre Hurdles (68cm)**

2	Julia Black	Kurrajong Bilpin	35.1
3	Mackenzie Stone	Glenbrook	36.5
4	Sorcha Pearce	Katoomba	36.6
5	Lauren Field	Lithgow	37.5
6	Kaitlin Bell	Glenbrook	40.1

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Zone: Z 30.40 31/03/1997 Lisa Jenkinson, Glenbrook			
Name	Age	Centre	Final
=====			
1	Katelin Ellyard	Kurrajong Bilpin	31.5
2	Natalie Chapman	Kurrajong Bilpin	31.8
3	Caitlin Bass	Springwood	32.3
4	Emma Morgans	Springwood	42.8

Girls U 15 - 200 Metre Hurdles (76cm)

=====			
Zone: Z 29.30 31/03/1998 Lisa Jenkinson, Glenbrook			
Name	Age	Centre	Final
=====			
1	Fleur Young	Katoomba	32.0

Girls U 17 - 200 Metre Hurdles (76cm)

=====			
Zone: Z 29.60 12/12/2009 Sara Klein, Kurrajong Bilpin			
Name	Age	Centre	Final
=====			
1	Hannah Karlik	Glenbrook	33.4
2	Hannah Jones	Springwood	34.9
3	Leanne Clines	Katoomba	37.7

Girls U 7 - 500 Metre Pack Start

=====			
Name	Age	Centre	Final
=====			
1	Emma Orme	Springwood	2:13.7
2	Mia Hepi	Glenbrook	2:19.8
3	Rebecca Coyte	Kurrajong Bilpin	2:21.1
4	Tanissa Ali	Glenbrook	2:26.6
5	Amelia Kembrey	Springwood	2:31.2

Girls U 8 - 700 Metre Pack Start

=====			
Name	Age	Centre	Final
=====			
1	Alexandra Sowinski	Kurrajong Bilpin	2:58.8
2	Olivia Baird	Kurrajong Bilpin	3:05.4
3	Tiana Devine	Springwood	3:05.8
4	Ella McGarity	Glenbrook	3:08.8
5	Paige Nash	Kurrajong Bilpin	3:14.9
6	Zara Ali	Glenbrook	3:26.1

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 59.52 9/12/2012 Kurrajong Bilpin, Kurrajong B			
S Bradford, J Black, B Keller, S Balmforth			
Centre			Final
1 Kurrajong Bilpin			1:02.9
1) Kate Leach 9	2) Brooke Keller 10		
3) Jaylen Bilbija 11	4) Kiara Ison 12		
2 Springwood			1:04.1
1) Hannah Haberman 9	2) Alanna Dutton 11		
3) Olivia De La Harpe 10	4) Amaya Moxham 12		
3 Glenbrook			1:06.0
1) Elisabeth Smyth 11	2) Charlotte Husarek 10		
3) Natasha Watson 9	4) Schae Freeman 12		
4 Lithgow			1:07.9
1) Rosanna Blackwell 9	2) Ava Healey 10		
3) Kallan Philips 11	4) Teoni Schleibs 12		
5 Katoomba			1:10.4
1) Destiny Iceman 9	2) Molly Peake 9		
3) Bronte Pickering 12	4) Mia Brischetto 11		

Girls U 13-17 4x100 Metre Relay (Snr)

Zone: Z 52.60 13/12/2009 Kurrajong Bilpin, Kurrajong B			
Centre			
Centre			Final
1 Kurrajong Bilpin			55.4
1) Jessica Keller 13	2) Natalie Chapman 14		
3) Tahlia Blanch 15	4) Lauren Russell 17		
2 Katoomba			58.0
1) Victoria Stenner 13	2) Abbie Lucas 14		
3) Fleur Young 15	4) Tammy Knox 17		
3 Springwood			59.0
1) Caitlin Fenner 13	2) Brittany Trueman 14		
3) Mary Jones 15	4) Hannah Jones 17		
4 Lithgow			1:00.2
1) Annalise Elliott 13	2) Lillie Healey 14		
3) Rosa Lynes-Ross 14	4) Jenna Heath 17		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.25m 8/12/2012 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
Flight 1			
1 Hannah Haberman		Springwood	1.06m
2 Catriona Haberman		Springwood	1.04m
3 Katerina Reynolds		Springwood	0.92m
4 Imogen Della Bosca		Lithgow	0.85m
5 Hannah Robinson		Kurrajong Bilpin	0.85m
-- Lorena Brown		Lithgow	NH

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.26m 16/12/2007 Madyson Gleeson-Romer, Emu Pl			
Name	Age	Centre	Final
1 Brooke Keller		Kurrajong Bilpin	1.27mZ
2 Olivia De La Harpe		Springwood	1.13m
3 Ainsley Stone		Glenbrook	1.10m

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

....Girls U 10 - High Jump (S/H 0.90m)

4 Ivory Radford	Kurrajong Bilpin	1.05m
5 Ava Healey	Lithgow	1.05m
6 Abbey Burke	Springwood	1.00m

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.37m 31/03/1986 K. Ahern, Springwood

Name	Age Centre	Final
1 Sarah Bradford	Kurrajong Bilpin	1.22m
2 Lianna Davidson	Kurrajong Bilpin	1.15m
3 Casey Haydon	Springwood	1.15m
4 Tahlia Lawson	Springwood	1.10m
5 Annalyse Garton	Kurrajong Bilpin	1.10m
6 Ashley Robinson	Lithgow	1.05m
7 Laila Devine	Springwood	1.05m
8 Shelby Marks	Kurrajong Bilpin	1.00m
9 Taeja Holley	Kurrajong Bilpin	1.00m

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.44m 3/12/2006 Tamika Bostock, Lithgow

Name	Age Centre	Final
1 Kiara Ison	Kurrajong Bilpin	1.40m
2 Schae Freeman	Glenbrook	1.32m
3 Carly Lomax	Mudgee	1.15m
3 Olivia James	Kurrajong Bilpin	1.15m
5 Ainslie Zakis	Katoomba	1.10m
-- Marni Brown	Lithgow	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.57m 31/03/1984 Brooke Martin, Glenbrook

Name	Age Centre	Final
1 Jessica Keller	Kurrajong Bilpin	1.50m
2 Sarah Chapman	Kurrajong Bilpin	1.39m
2 Arizona Staley	Glenbrook	1.39m
4 Mackenzie Stone	Glenbrook	1.37m

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.60m 16/12/2007 Mataya Young, Katoomba

Name	Age Centre	Final
1 Natalie Chapman	Kurrajong Bilpin	1.45m
2 Tyler Philpott	Kurrajong Bilpin	1.40m
3 Brittany Trueman	Springwood	1.25m
4 Courtney Taylor	Kurrajong Bilpin	1.20m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.65m 15/12/2007 Emma Cormack, Katoomba

Name	Age Centre	Final
1 Alexandria Williams	Kurrajong Bilpin	1.43m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.60m 13/12/2009 Mataya Young, Katoomba			
Name	Age	Centre	Final
1 Lauren Russell		Kurrajong Bilpin	1.45m
2 Carly Winser		Kurrajong Bilpin	1.40m
3 Tammy Knox		Katoomba	1.35m

Girls U 7 - Long Jump

Zone: Z 3.37m 12/12/2010 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1 Caitlin Feltham		Kurrajong Bilpin	2.45m
2 Tiana Heke		Springwood	2.38m
3 Emma Orme		Springwood	2.36m
4 Isabella Watson		Glenbrook	2.16m
5 Georgia Haines		Kurrajong Bilpin	2.13m
6 Claire Nicholls		Glenbrook	2.08m
7 Teagan Hall		Kurrajong Bilpin	2.05m
8 Jorja Bennetts		Mudgee	1.99m
9 Scarlett Hepper		Springwood	1.87m
10 Amelia Kembrey		Springwood	1.83m
11 Lacey Consadine		Oberon	1.75m
12 Tanissa Ali		Glenbrook	1.50m

Girls U 8 - Long Jump

Zone: Z 4.05m 10/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1 Alexandra Sowinski		Kurrajong Bilpin	2.77m
2 Dakota Smith		Glenbrook	2.73m
3 Ella McGarity		Glenbrook	2.73m
4 Olivia Baird		Kurrajong Bilpin	2.60m
5 Jezebel Mills		Glenbrook	2.57m
6 Charlotte Elliott		Lithgow	2.55m
7 Katelyn Holley		Kurrajong Bilpin	2.55m
8 Cassidy Feltham		Kurrajong Bilpin	2.55m
9 Sophie Boyes		Springwood	2.20m
10 Olivia Harris		Glenbrook	1.96m
11 Sophia Meehan		Glenbrook	1.56m

Girls U 9 - Long Jump

Zone: Z 3.92m 9/12/2012 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1 Hannah Haberman		Springwood	3.46m
2 Kate Leach		Kurrajong Bilpin	3.27m
3 Alesha Bennetts		Mudgee	3.24m
4 Imogen Della Bosca		Lithgow	3.16m
5 Grace Lewer		Springwood	2.81m
6 Charlotte Brown		Kurrajong Bilpin	2.73m
7 Zoe Rivas		Katoomba	2.59m
8 Nicola Welsman		Springwood	2.44m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 10 - Long Jump**

Zone: Z 4.37m 31/03/1987 Laura Washington, Glenbrook			
Name	Age	Centre	Final
1 Brooke Keller		Kurrajong Bilpin	4.23m
2 Zara Ebeling		Glenbrook	3.54m
3 Ava Healey		Lithgow	3.49m
4 Georgia Portelli		Kurrajong Bilpin	3.43m
5 Lucy Andrewartha		Springwood	2.97m
6 Sasha Noble		Oberon	2.85m
7 Emily Liggett		Kurrajong Bilpin	2.49m

Girls U 11 - Long Jump

Zone: Z 4.50m 31/03/1983 Laura Washington, Glenbrook			
Name	Age	Centre	Final
1 Lillian Patterson		Springwood	4.17m
2 Sarah Bradford		Kurrajong Bilpin	4.15m
3 Jaylen Bilbija		Kurrajong Bilpin	3.98m
4 Alanna Dutton		Springwood	3.94m
5 Annalyse Garton		Kurrajong Bilpin	3.86m
6 Kallan Philips		Lithgow	3.85m
7 Ashley Robinson		Lithgow	3.81m
8 Kyra Philips		Lithgow	3.72m
9 Ella Trueman		Springwood	3.56m
10 Casey Haydon		Springwood	3.54m
11 Georgia Messina		Kurrajong Bilpin	3.44m
12 Amy Balmforth		Kurrajong Bilpin	3.40m
13 Molly Best		Mudgee	3.40m
14 Taeja Holley		Kurrajong Bilpin	3.16m
15 Missy Elliott		Glenbrook	3.15m
16 Shelby Marks		Kurrajong Bilpin	2.62m
17 Chloe Welsman		Springwood	2.22m

Girls U 12 - Long Jump

Zone: Z 5.03m 31/03/1983 Brooke Martin, Glenbrook			
Name	Age	Centre	Final
1 Kiara Ison		Kurrajong Bilpin	4.39m
2 Bree Ellyard		Kurrajong Bilpin	4.26m
3 Schae Freeman		Glenbrook	4.23m
4 Ella Lucas		Katoomba	4.03m
5 Jemma Price		Springwood	3.97m
6 Mara Lee-Griswold		Springwood	3.92m
7 Maia Deluca		Katoomba	3.91m
8 Olivia James		Kurrajong Bilpin	3.32m
9 Elouise Haberman		Springwood	2.89m
10 Jade Colman		Springwood	2.76m

Girls U 13 - Long Jump

Zone: Z 5.02m 3/12/2006 Mataya Young, Katoomba			
Name	Age	Centre	Final
1 Jessica Keller		Kurrajong Bilpin	4.70m
2 Mackenzie Stone		Glenbrook	3.87m
3 Caitlin Fenner		Springwood	3.83m
4 Julia Black		Kurrajong Bilpin	3.75m

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

...Girls U 13 - Long Jump

5 Jenna Jones	Springwood	3.69m
6 Jasmin Noble	Oberon	3.64m
7 Victoria Stenner	Katoomba	3.61m
8 Sorcha Pearce	Katoomba	3.55m
9 Lauren Field	Lithgow	3.02m
10 Kaitlin Bell	Glenbrook	2.97m
10 Amy Gall	Springwood	2.97m
12 Melanie Close	Oberon	2.90m

Girls U 14 - Long Jump

Zone: Z 5.35m 31/03/2001 Jennifer Coogan, Springwood

Name	Age Centre	Final
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1 Tyler Philpott	Kurrajong Bilpin	4.24m
2 Hayley Lomax	Mudgee	3.93m
3 Brittany Trueman	Springwood	3.86m
4 Kaitlin Leyland	Glenbrook	3.83m
5 Beth Leach	Kurrajong Bilpin	3.83m
6 Alicia Blanch	Kurrajong Bilpin	3.01m

Girls U 15 - Long Jump

Zone: Z 5.49m 30/11/2002 Amy Sadler, Kurrajong Bilpin

Name	Age Centre	Final
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1 Alexandria Williams	Kurrajong Bilpin	4.59m
2 Fleur Young	Katoomba	4.58m
3 Mary Jones	Springwood	4.21m

Girls U 17 - Long Jump

Zone: Z 5.33m 14/12/2008 Amy Nelson, Kurrajong Bilpin

Name	Age Centre	Final
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1 Lauren Russell	Kurrajong Bilpin	4.96m
2 Hanna Healey	Lithgow	4.29m
3 Carly Winser	Kurrajong Bilpin	4.15m
4 Tammy Knox	Katoomba	3.97m
5 Leanne Clines	Katoomba	3.50m

Girls U 11 - Triple Jump

Zone: Z 9.69m 31/03/1983 Laura Washington, Glenbrook

Name	Age Centre	Final
------	------------	-------

1 Alanna Dutton	Springwood	8.65m
2 Sarah Bradford	Kurrajong Bilpin	8.35m
3 Amy Balmforth	Kurrajong Bilpin	7.14m
4 Taeja Holley	Kurrajong Bilpin	7.07m
5 Cloe Robinson	Lithgow	6.74m
6 Shelby Marks	Kurrajong Bilpin	6.59m
7 Laila Devine	Springwood	6.32m
8 Paige Field	Lithgow	6.31m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 12 - Triple Jump**

Zone: Z 9.97m 31/03/2002 Rachel Coogan, Springwood			
Name	Age	Centre	Final
1 Elli Kozicki		Glenbrook	8.97m
2 Caitlyn Ferrier		Kurrajong Bilpin	8.88m
3 Schae Freeman		Glenbrook	8.88m
4 Jemma Price		Springwood	8.45m
5 Carly Lomax		Mudgee	7.99m
6 Mara Lee-Griswold		Springwood	7.86m
7 Teoni Schleibs		Lithgow	7.57m
8 Bronte Pickering		Katoomba	7.07m
9 Katelyn Jones		Springwood	6.86m
10 Ainslie Zakis		Katoomba	6.84m
11 Ayla Shields		Katoomba	6.10m

Girls U 13 - Triple Jump

Zone: Z 10.53m 3/12/2006 Mataya Young, Katoomba			
Name	Age	Centre	Final
1 Jessica Keller		Kurrajong Bilpin	9.62m
2 Julia Black		Kurrajong Bilpin	8.62m
3 Caitlin Fenner		Springwood	8.61m
4 Mackenzie Stone		Glenbrook	8.10m
5 Jenna Jones		Springwood	7.70m
6 Ella Warwick-Day		Springwood	7.54m
7 Emily Brown		Kurrajong Bilpin	6.43m

Girls U 14 - Triple Jump

Zone: Z 11.15m 31/03/2002 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Katelin Ellyard		Kurrajong Bilpin	9.42m
2 Tyler Philpott		Kurrajong Bilpin	9.04m
3 Kaylah Lamb		Glenbrook	9.04m
4 Kaitlin Leyland		Glenbrook	8.86m
5 Hayley Lomax		Mudgee	8.20m
6 Alicia Blanch		Kurrajong Bilpin	6.74m

Girls U 15 - Triple Jump

Zone: Z 11.10m 3/12/2006 Amy Nelson, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Alexandria Williams		Kurrajong Bilpin	10.46m
2 Fleur Young		Katoomba	9.59m
3 Mary Jones		Springwood	9.29m
4 Tahlia Blanch		Kurrajong Bilpin	9.14m

Girls U 17 - Triple Jump

Zone: Z 11.63m 20/12/2008 Amy Nelson, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Hanna Healey		Lithgow	9.20m
2 Hannah Jones		Springwood	8.39m
3 Tammy Knox		Katoomba	8.12m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 5.84m 31/03/1991 M. Hendrie, Glenbrook			
Name	Age	Centre	Final
1 Isabella Watson		Glenbrook	4.64m
2 Emma Orme		Springwood	4.03m
3 Janae McKenzie		Oberon	3.69m
4 Georgia Haines		Kurrajong Bilpin	3.61m
5 Teagan Hall		Kurrajong Bilpin	3.49m
6 Tanissa Ali		Glenbrook	3.02m
7 Tiana Heke		Springwood	2.90m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 5.92m 31/03/1997 S. Cain, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Sophia Meehan		Glenbrook	4.71m
2 Katelyn Holley		Kurrajong Bilpin	4.56m
3 Dakota Smith		Glenbrook	4.23m
4 Zara Ali		Glenbrook	3.56m
5 Emily Gilchrist		Springwood	3.05m
6 Paige Nash		Kurrajong Bilpin	2.32m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.24m 31/03/1996 S. Taupau, Emu Plains			
Name	Age	Centre	Final
1 Grace Lewer		Springwood	5.62m
2 Natasha Watson		Glenbrook	5.38m
3 Destiny Iceman		Katoomba	4.53m
4 Charlotte Brown		Kurrajong Bilpin	4.26m
5 Alesha Bennetts		Mudgee	4.19m
6 Hannah Robinson		Kurrajong Bilpin	2.86m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 7.94m 31/03/1997 S. Taupau, Springwood			
Name	Age	Centre	Final
1 Georgia Portelli		Kurrajong Bilpin	7.46m
2 Caitlin Shepherd		Glenbrook	6.48m
3 Chloe Dance		Springwood	4.89m
4 Alyssa McKenzie		Oberon	4.11m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 10.50m 3/12/2006 Yassenaca Denicaucou, Lithgow			
Name	Age	Centre	Final
1 Kyra Philips		Lithgow	8.42m
2 Kallan Philips		Lithgow	7.51m
3 Renee Hardy		Kurrajong Bilpin	7.22m
4 Tahlia Lawson		Springwood	7.14m
5 Taeja Holley		Kurrajong Bilpin	5.70m
6 Paige Field		Lithgow	4.92m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 12.84m 16/12/2007 Yasenaca Denicaucau, Lithgow			
Name	Age	Centre	Final
1 Maia Deluca		Katoomba	7.75m
2 Elouise Haberman		Springwood	7.52m
3 Willow Waizer		Glenbrook	6.67m
4 Amara Radford		Kurrajong Bilpin	6.60m
5 Jemma Price		Springwood	6.55m
6 Marni Brown		Lithgow	6.45m
7 Sarah Black		Kurrajong Bilpin	6.15m
8 Jade Colman		Springwood	6.06m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 12.79m 20/12/2008 Tai Denicaucau, Lithgow			
Name	Age	Centre	Final
1 Caitlin Fenner		Springwood	8.98m
2 Sarah Chapman		Kurrajong Bilpin	8.42m
3 Lauren Perry		Glenbrook	7.51m
4 Victoria Stenner		Katoomba	7.36m
5 Annalise Elliott		Lithgow	7.02m
6 Jenna Jones		Springwood	6.34m
7 Sorcha Pearce		Katoomba	5.99m
8 Emily Brown		Kurrajong Bilpin	4.45m
9 Melanie Close		Oberon	4.19m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 13.49m 12/12/2009 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Caitlin Bass		Springwood	8.30m
2 Marlies Hopman		Glenbrook	8.09m
3 Ruth Yigletu		Springwood	4.93m
4 Alicia Blanch		Kurrajong Bilpin	4.36m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 14.80m 31/03/1996 Katrina Steele, Springwood			
Name	Age	Centre	Final
1 Genevieve Lewer		Springwood	7.42m
2 Mary Jones		Springwood	7.32m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 10.95m 11/12/2011 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Carly Winser		Kurrajong Bilpin	8.53m
2 Tammy Knox		Katoomba	5.57m

Girls U 7 - Discus (350 Gm)

Zone: Z 13.86m 31/03/1994 Ruth Price, Glenbrook			
Name	Age	Centre	Final
1 Rebecca Coyte		Kurrajong Bilpin	10.88m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Girls U 7 - Discus (350 Gm)**

2	Isabella Watson	Glenbrook	9.50m
3	Emma Orme	Springwood	8.17m
4	Claire Nicholls	Glenbrook	6.83m
5	Janae McKenzie	Oberon	6.53m
6	Jorja Bennetts	Mudgee	6.18m
7	Tanissa Ali	Glenbrook	6.13m
8	Lacey Consadine	Oberon	3.83m

Girls U 8 - Discus (500 Gm)

Zone: Z 16.14m 28/01/2006 Natasha Stork, Emu Plains

Name	Age Centre	Final
1	Dakota Smith	Glenbrook 11.28m
2	Sophia Meehan	Glenbrook 10.30m
3	Zara Ali	Glenbrook 10.16m
4	Katelyn Holley	Kurrajong Bilpin 9.34m
5	Emily Gilchrist	Springwood 8.60m
6	Olivia Harris	Glenbrook 7.98m
7	Olivia Baird	Kurrajong Bilpin 7.83m

Girls U 9 - Discus (500 Gm)

Zone: Z 20.06m 7/12/2003 A. Hughes, Springwood

Name	Age Centre	Final
1	Natasha Watson	Glenbrook 15.20m
2	Grace Lewer	Springwood 14.46m
3	Catriona Haberman	Springwood 12.17m
4	Jacinta Jeffery	Springwood 10.69m
5	Charlotte Brown	Kurrajong Bilpin 9.82m
6	Lorena Brown	Lithgow 9.76m
7	Zoe Rivas	Katoomba 5.76m

Girls U 10 - Discus (500 Gm)

Zone: Z 23.48m 31/03/1995 E. Petrovic, Emu Plains

Name	Age Centre	Final
1	Georgia Portelli	Kurrajong Bilpin 23.96mZ
2	Caitlin Shepherd	Glenbrook 20.73m
3	Lily Robinson	Glenbrook 16.42m
4	Chloe Dance	Springwood 10.29m
5	Lucy Andrewartha	Springwood 8.90m
6	Alyssa McKenzie	Oberon 7.59m

Girls U 11 - Discus (750 Gm)

Zone: Z 29.31m 3/12/2006 Yassenaca Denicaucou, Lithgow

Name	Age Centre	Final
1	Lianna Davidson	Kurrajong Bilpin 19.75m
2	Renee Hardy	Kurrajong Bilpin 18.29m
3	Casey Haydon	Springwood 17.74m
4	Amy Balmforth	Kurrajong Bilpin 15.49m
5	Ella Trueman	Springwood 14.49m
6	Kyra Philips	Lithgow 14.29m
7	Tahlia Lawson	Springwood 14.23m
8	Cloe Robinson	Lithgow 11.82m

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Girls U 12 - Discus (750 Gm)

Zone: Z 33.61m 15/12/2007 Yasenaca Denicaucau, Lithgow			
Name	Age	Centre	Final
1 Elli Kozicki		Glenbrook	26.60m
2 Jemma Price		Springwood	18.05m
3 Elouise Haberman		Springwood	17.31m
4 Amara Radford		Kurrajong Bilpin	14.48m
5 Sarah Black		Kurrajong Bilpin	14.32m
6 Lily Best		Mudgee	14.23m
7 Marni Brown		Lithgow	13.52m
8 Jade Colman		Springwood	11.39m

Girls U 13 - Discus (750 Gm)

Zone: Z 42.79m 20/12/2008 Tai Denicaucau, Lithgow			
Name	Age	Centre	Final
1 Caitlin Fenner		Springwood	35.69m
2 Lauren Perry		Glenbrook	23.92m
3 Victoria Stenner		Katoomba	19.59m
4 Sarah Chapman		Kurrajong Bilpin	18.52m
5 Annalise Elliott		Lithgow	17.03m
6 Grace Glasheen		Glenbrook	14.81m
7 Sorcha Pearce		Katoomba	13.52m
8 Emily Brown		Kurrajong Bilpin	13.05m
9 Melanie Close		Oberon	12.52m
10 Kaitlyn Haydon		Springwood	12.40m
11 Morgan Stoneley		Lithgow	10.55m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 42.70m 13/12/2009 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Marlies Hopman		Glenbrook	22.32m
2 Brittany Trueman		Springwood	16.95m
3 Ruth Yigletu		Springwood	10.96m
4 Alicia Blanch		Kurrajong Bilpin	8.91m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 47.29m 11/12/2010 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Genevieve Lewer		Springwood	19.26m
2 Chloe Jones		Springwood	16.60m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 34.17m 10/12/2011 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Jenna Heath		Lithgow	17.87m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 12 - Javelin (400 Gm)**

Zone: Z 18.46m 10/12/2011 Emily Liddle, Springwood			
Name	Age	Centre	Final
1 Mara Lee-Griswold		Springwood	13.22m
2 Elouise Haberman		Springwood	12.98m
3 Amara Radford		Kurrajong Bilpin	12.35m
4 Elli Kozicki		Glenbrook	11.76m
5 Jade Colman		Springwood	11.51m
6 Sarah Black		Kurrajong Bilpin	10.44m

Girls U 13 - Javelin (400 Gm)

Zone: Z 27.04m 9/12/2012 Emily Liddle, Springwood			
Name	Age	Centre	Final
1 Jessica Keller		Kurrajong Bilpin	20.66m
2 Amy Gall		Springwood	20.05m
3 Sarah Chapman		Kurrajong Bilpin	17.75m
4 Jenna Jones		Springwood	14.22m
5 Victoria Stenner		Katoomba	14.15m
6 Lauren Perry		Glenbrook	13.53m
7 Emily Brown		Kurrajong Bilpin	12.42m
8 Kaitlyn Haydon		Springwood	11.69m

Girls U 14 - Javelin (400 Gm)

Zone: Z 35.63m 8/12/2012 Courtney Brackenrig, MUDGEE			
Name	Age	Centre	Final
1 Caitlin Bass		Springwood	22.11m
2 Marlies Hopman		Glenbrook	19.59m
3 Courtney Taylor		Kurrajong Bilpin	17.92m
4 Tyler Philpott		Kurrajong Bilpin	16.78m
5 Kaylah Lamb		Glenbrook	14.07m
6 Ruth Yigletu		Springwood	11.89m
7 Abbie Lucas		Katoomba	10.94m
8 Alicia Blanch		Kurrajong Bilpin	9.69m

Girls U 15 - Javelin (500 Gm)

Zone: Z 26.43m 11/12/2011 Maddi Carter, Springwood			
Name	Age	Centre	Final
1 Courtney Brackenrig		Mudgee	34.48mZ
2 Genevieve Lewer		Springwood	18.26m
3 Chloe Jones		Springwood	15.64m

Girls U 17 - Javelin (500 Gm)

Zone: Z 39.53m 10/12/2011 Katrina Blackett, Kurrajong			
Name	Age	Centre	Final
1 Carly Winser		Kurrajong Bilpin	21.64m
2 Leanne Clines		Katoomba	13.73m

Western Ranges Zone Championships 2013/14
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Girls U 9 - 700 Metre Walk

Zone: Z 4:10.20 16/12/2007 Danielle Kalemusic, Emu Pla			
Name	Age	Centre	Final
Section 1			
1	Catriona	Haberman	Springwood 5:24.2
2	Natasha	Watson	Glenbrook 5:31.6
3	Charlotte	Brown	Kurrajong Bilpin 6:19.5

Girls U 10 - 1100 Metre Walk

Zone: Z 5:46.20 29/01/2006 Tabitha Porley, Kurrajong B			
Name	Age	Centre	Final
1	Ivory	Radford	Kurrajong Bilpin 7:04.5
2	Caitlin	Shepherd	Glenbrook 7:54.6

Girls U 11 - 1100 Metre Walk

Zone: Z 5:50.40 29/01/2006 Shay Southern, Kurrajong Bi			
Name	Age	Centre	Final
1	Renee	Hardy	Kurrajong Bilpin 5:45.0Z
2	Georgia	Messina	Kurrajong Bilpin 7:03.2
3	Jessica	Brown	Kurrajong Bilpin 8:01.2
4	Morgan	Watts	Lithgow 8:06.4
5	Missy	Elliott	Glenbrook 8:32.4
6	Cloe	Robinson	Lithgow 9:12.3

Girls U 12 - 1500 Metre Walk

Zone: Z 7:53.30 16/12/2007 Tabitha Porley, Kurrajong B			
Name	Age	Centre	Final
1	Willow	Waizer	Glenbrook 10:27.6
2	Isabella	Nardi	Glenbrook 12:14.2

Girls U 13 - 1500 Metre Walk

Zone: Z 7:38.50 13/12/2009 Jasmine Dighton, Glenbrook			
Name	Age	Centre	Final
1	Emily	Brown	Kurrajong Bilpin 10:55.0
2	Amy	Gall	Springwood 11:01.5
3	Lauren	Perry	Glenbrook 12:00.6

Girls U 14 - 1500 Metre Walk

Zone: Z 7:43.60 3/12/2006 Jade Dighton, Glenbrook			
Name	Age	Centre	Final
1	Katelin	Ellyard	Kurrajong Bilpin 8:28.9

Girls U 15 - 1500 Metre Walk

Zone: Z 7:28.50 11/12/2011 Jasmine Dighton, Glenbrook			
Name	Age	Centre	Final
1	Mary	Jones	Springwood 8:51.0

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Girls U 17 - 1500 Metre Walk**

Zone: Z 7:12.89 9/12/2012 Jasmine Dighton, Glenbrook			
Name	Age	Centre	Final
1 Carly Winner		Kurrajong Bilpin	10:34.1

Boys U 7 - 50 Metre Sprint

Zone: Z 8.81 8/12/2012 Aiden Miller, Kurrajong Bilpi			
Name	Age	Centre	Final
1 Logan Whitton		Glenbrook	9.1
2 Justin Charlesworth		Kurrajong Bilpin	9.6
3 Justin Field		Lithgow	9.8
4 Oscar Mills		Springwood	9.8
5 Monty Darwin		Glenbrook	9.9
6 James Reynolds		Springwood	10.3
7 Matthew Xuereb		Glenbrook	10.5
8 William Jones		Springwood	10.9
9 Brandon Eiler		Oberon	11.5

Boys U 7 - 70 Metre Sprint

Zone: Z 11.50 31/03/1990 D. Monck, Katoomba			
Name	Age	Centre	Final
1 Logan Whitton		Glenbrook	12.6
2 Noah Seddon		Kurrajong Bilpin	13.2
3 Ryan Wells		Lithgow	13.5
4 Liam Moir		Springwood	14.1
5 Brandon Eiler		Oberon	14.2
6 Justin Charlesworth		Kurrajong Bilpin	14.5
7 Leon Murray		Glenbrook	15.1
8 Matthew Xuereb		Glenbrook	15.5

Boys U 8 - 70 Metre Sprint

Zone: Z 11.00 31/03/1998 P. Maloney, Springwood			
Name	Age	Centre	Final
1 Cooper Blanch		Kurrajong Bilpin	11.3
2 Aiden Miller		Kurrajong Bilpin	11.5
3 Toby Camilleri		Kurrajong Bilpin	12.0
4 William Zakis		Katoomba	12.3
5 Riley Dutton		Springwood	12.5
6 Liam Henson		Kurrajong Bilpin	12.6
7 Daniel Longhurst		Kurrajong Bilpin	12.8

Boys U 9 - 70 Metre Sprint

Zone: Z 10.40 11/12/2011 Jake McLenaghan, Springwood			
Name	Age	Centre	Final
1 Lachlan Thompson		Lithgow	11.2
2 Patrick Bourke		Springwood	11.5
3 Tom Allport		Glenbrook	11.7
4 Aaron Shields		Katoomba	11.9
5 Cooper Jeal		Glenbrook	12.0
6 Mateo Lieu		Springwood	12.2
7 Dominic Andrews		Katoomba	12.3

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....Boys U 9 - 70 Metre Sprint

8 Blake Ranson	Katoomba	12.7
9 Trevor Clines	Katoomba	12.9

Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 11/12/2011 Miles Harrold, Emu Plains

Name	Age Centre	Final
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1 Joel Miller	Kurrajong Bilpin	10.8
2 Kyle Henson	Kurrajong Bilpin	11.1
3 Maxwell Murray	Glenbrook	11.3
4 Alexander Xuereb	Glenbrook	12.6
5 Jack Hirst	Glenbrook	12.7

Boys U 7 - 100 Metre Sprint

Zone: Z 16.20 31/03/1990 D. Monck, Katoomba

Name	Age Centre	Heats
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Heat 1 Heats

1 Logan Whitton	Glenbrook	17.8Q
2 Noah Seddon	Kurrajong Bilpin	17.8Q
3 Oscar Mills	Springwood	18.5Q
4 Ryan Wells	Lithgow	18.9q
5 Jayden Ranson	Katoomba	19.5q
6 Justin Charlesworth	Kurrajong Bilpin	19.9

Heat 2 Heats

1 Justin Field	Lithgow	19.3Q
2 Monty Darwin	Glenbrook	21.0Q
3 Brandon Eiler	Oberon	21.3Q
4 William Jones	Springwood	23.6

Boys U 7 - 100 Metre Sprint

Zone: Z 16.20 31/03/1990 D. Monck, Katoomba

Name	Age Centre	Final
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Section 1 Final

1 Logan Whitton	Glenbrook	18.3
2 Noah Seddon	Kurrajong Bilpin	18.7
3 Oscar Mills	Springwood	18.9
4 Ryan Wells	Lithgow	19.5
5 Justin Field	Lithgow	19.7
6 Jayden Ranson	Katoomba	20.3
7 Monty Darwin	Glenbrook	21.4
8 Brandon Eiler	Oberon	22.0

Boys U 8 - 100 Metre Sprint

Zone: Z 15.40 31/03/1990 R. Gillespie, Springwood

Name	Age Centre	Final
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Section 1

1 Aiden Miller	Kurrajong Bilpin	16.3
2 Toby Camilleri	Kurrajong Bilpin	17.0
3 Alfie Williamson	Springwood	17.1
4 Liam Murphy	Glenbrook	17.7
5 Liam Henson	Kurrajong Bilpin	17.8
6 Alexander Williams	Glenbrook	18.9

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....Boys U 8 - 100 Metre Sprint

7 Connor Secker	Katoomba	18.9
8 Ronnie Morgans	Springwood	19.1

Boys U 9 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi			

Heat 1 Heats

1 Lachlan Thompson	Lithgow	15.6Q
2 Patrick Bourke	Springwood	15.9Q
3 Tom Allport	Glenbrook	16.5Q
4 Cooper Jeal	Glenbrook	16.8q
5 Jack Walsh	Glenbrook	17.0q
6 Harry Watson	Springwood	17.2
7 Ben Stanton	Oberon	18.0

Heat 2 Heats

1 Ben Lanyon	Katoomba	16.7Q
2 Harrison Wells	Lithgow	16.8Q
3 Mateo Lieu	Springwood	16.9Q
4 Vincent Applebee	Springwood	17.0
5 Blake Ranson	Katoomba	17.5
6 Jack Liggett	Kurrajong Bilpin	17.7
7 Aidan McKervey	Glenbrook	17.9

Boys U 9 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi			

Section 1 Final

1 Lachlan Thompson	Lithgow	15.5
2 Tom Allport	Glenbrook	16.4
3 Patrick Bourke	Springwood	16.6
4 Cooper Jeal	Glenbrook	16.9
5 Ben Lanyon	Katoomba	17.0
6 Mateo Lieu	Springwood	17.2
7 Jack Walsh	Glenbrook	17.2
8 Harrison Wells	Lithgow	17.4

Boys U 10 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 14.10 31/03/2000 Michael Cox, Lithgow			

Section 1

1 Ethan Craig	Glenbrook	14.9
2 Joel Miller	Kurrajong Bilpin	15.2
3 Cody Brian	Kurrajong Bilpin	15.8
4 Kyle Henson	Kurrajong Bilpin	15.9
5 Brandon Peary	Springwood	17.5

Boys U 11 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 13.30 31/03/1998 T. Joseph, Lithgow			

1 Jake McLenaghan	Springwood	13.7
2 Billy Taranto	Kurrajong Bilpin	14.0

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....Boys U 11 - 100 Metre Sprint

3 Ashton van Putten	Glenbrook	14.3
4 Luke Thompson	Lithgow	14.5
5 Luke Charlesworth	Kurrajong Bilpin	15.5
6 Charlie Trimmingham	Katoomba	15.7
7 Alex Rivas	Katoomba	16.1
8 William Lanyon	Katoomba	16.4
9 Max Ryan	Oberon	16.4

Boys U 12 - 100 Metre Sprint

Zone: Z 13.10 10/12/2011 Liam McCann, Glenbrook

Name	Age Centre	Final
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1 Lachlan Camilleri	Kurrajong Bilpin	14.0
2 Liam Robinson	Glenbrook	14.2
3 Callum Wulff	Springwood	14.3
4 Cameron Constable	Lithgow	14.4
5 Cooper Selinger	Springwood	14.6
6 Neihana Riley	Mudgee	14.7
7 Cameron Jeffery	Springwood	15.0

Boys U 13 - 100 Metre Sprint

Zone: Z 12.40 31/03/2002 Sam Rodgers, Emu Plains

Name	Age Centre	Final
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1 Ethan Healey	Kurrajong Bilpin	13.4
2 Isaac Ebeling	Glenbrook	13.4
3 Tully Murphy	Kurrajong Bilpin	13.8

Boys U 14 - 100 Metre Sprint

Zone: Z 11.80 31/03/1998 M. Doggett, Lithgow

Name	Age Centre	Final
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1 Liam McCann	Glenbrook	11.7Z
2 Jack Shuster	Kurrajong Bilpin	12.6
3 Brenton Jeffery	Springwood	12.9
4 Ned Bond	Kurrajong Bilpin	12.9
5 Jordan Monteleone	Kurrajong Bilpin	13.0
6 Joshua Stufkens	Springwood	13.2
7 Chad Freeman	Glenbrook	13.3
8 Luke van der Ster	Springwood	13.5
9 Isaac Vujevic	Springwood	14.6

Boys U 15 - 100 Metre Sprint

Zone: Z 11.40 31/03/1991 N, Thomson, Katoomba

Name	Age Centre	Final
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1 Josh Egerdie	Glenbrook	12.3
2 Timothy Kniha	Springwood	12.6
3 Harry McClifty	Kurrajong Bilpin	12.9
4 Jye Hardy	Kurrajong Bilpin	13.3
5 Jack Bond	Kurrajong Bilpin	14.0
6 Danial Eiler-Carr	Oberon	14.6

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Boys U 17 - 100 Metre Sprint

Zone: Z 11.20 11/12/2010 Mitchell Byrne, Springwood			
Name	Age	Centre	Final
1 Byron Holloway		Glenbrook	11.9
2 Bradley Ford		Lithgow	12.3
3 James Colless		Springwood	12.9
4 Luke Jones		Springwood	12.9
5 Samuel Balog		Katoomba	13.7

Boys U 7 - 200 Metre Sprint

Zone: Z 35.50 31/03/1990 D. Monck, Katoomba			
Name	Age	Centre	Final
1 Logan Whitton		Glenbrook	38.4
2 Noah Seddon		Kurrajong Bilpin	39.5
3 Ryan Wells		Lithgow	41.7
4 Liam Moir		Springwood	44.0
5 James Reynolds		Springwood	44.2

Boys U 8 - 200 Metre Sprint

Zone: Z 33.10 31/03/1998 P. Maloney, Springwood			
Name	Age	Centre	Final
1 Aiden Miller		Kurrajong Bilpin	34.5
2 Toby Camilleri		Kurrajong Bilpin	36.8
3 Liam Murphy		Glenbrook	36.9
4 Angus Clues		Lithgow	37.0
5 William Zakis		Katoomba	38.2
6 Scott McLenaghan		Springwood	38.6
7 Ronnie Morgans		Springwood	40.3

Boys U 9 - 200 Metre Sprint

Zone: Z 31.10 31/03/1990 D. Ambrose, Kurrajong Bilpin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Patrick Bourke		Springwood	34.7Q
2 Max Lucas		Katoomba	34.9Q
3 Vincent Applebee		Springwood	36.6Q
4 Jack Liggett		Kurrajong Bilpin	36.7q
5 Mateo Lieu		Springwood	38.4q
Heat 2 Heats			
1 Cooper Jeal		Glenbrook	36.0Q
2 Mackenzie Hall		Kurrajong Bilpin	37.6Q
3 Aaron Shields		Katoomba	38.0Q
4 Harrison Wells		Lithgow	38.7
5 Levi Jones		Springwood	49.4

Boys U 9 - 200 Metre Sprint

Zone: Z 31.10 31/03/1990 D. Ambrose, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Mackenzie Hall		Kurrajong Bilpin	33.2
2 Patrick Bourke		Springwood	33.7

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Boys U 9 - 200 Metre Sprint**

3	Max Lucas	Katoomba	34.9
4	Cooper Jeal	Glenbrook	35.2
5	Aaron Shields	Katoomba	35.3
6	Vincent Applebee	Springwood	37.1
7	Jack Liggett	Kurrajong Bilpin	38.5

Boys U 10 - 200 Metre Sprint

=====			
	Zone: Z 29.90	31/03/1985	Lachlan Cameron, Glenbrook
Name		Age Centre	Final
=====			

Section 1

1	Ethan Craig	Glenbrook	31.4
2	Cameron Ferrier	Kurrajong Bilpin	32.1
3	Joel Miller	Kurrajong Bilpin	32.7
4	Blake Goldspink	Lithgow	32.9
5	Reilly Leyland	Glenbrook	34.8
6	Jed Freeman	Glenbrook	35.0
7	Kade Inwood	Lithgow	35.4
8	Cody Feltham	Kurrajong Bilpin	41.4

Boys U 11 - 200 Metre Sprint

=====			
	Zone: Z 27.50	31/03/1998	T. Joseph, Lithgow
Name		Age Centre	Final
=====			

1	Jake McLenaghan	Springwood	29.2
2	Billy Taranto	Kurrajong Bilpin	30.5
3	William Hutchison	Lithgow	30.7
4	Ashton van Putten	Glenbrook	30.9
5	Charlie Trimmingham	Katoomba	32.9
6	James Orme	Springwood	33.1
7	Luke Charlesworth	Kurrajong Bilpin	33.5
8	Luke Brian	Kurrajong Bilpin	33.6

Boys U 12 - 200 Metre Sprint

=====			
	Zone: Z 27.50	31/03/1994	David Moore, Emu Plains
Name		Age Centre	Final
=====			

1	Caleb Fairweather	Kurrajong Bilpin	29.4
2	Lachlan Camilleri	Kurrajong Bilpin	29.8
3	Cameron Constable	Lithgow	30.6
4	Cameron Jeffery	Springwood	31.8

Boys U 13 - 200 Metre Sprint

=====			
	Zone: Z 25.50	31/03/1996	Dayne Neininckx, Emu Plains
Name		Age Centre	Final
=====			

1	Isaac Ebeling	Glenbrook	27.6
2	Ethan Healey	Kurrajong Bilpin	27.6
3	Dylan Miles	Lithgow	28.8
4	Keighran Brown	Lithgow	29.6
5	Lochlan Brian	Kurrajong Bilpin	29.7
6	Zachary Kembrey	Springwood	30.3

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
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Boys U 14 - 200 Metre Sprint

Zone: Z 23.90 31/03/1998 M. Doggett, Lithgow			
Name	Age	Centre	Final
1 Liam McCann		Glenbrook	24.3
2 Jack Shuster		Kurrajong Bilpin	26.0
3 Alex Saint		Mudgee	26.4
4 Ned Bond		Kurrajong Bilpin	26.5
5 Luke van der Ster		Springwood	29.7

Boys U 15 - 200 Metre Sprint

Zone: Z 23.20 31/03/1996 D. Pietersma, Springwood			
Name	Age	Centre	Final
1 Josh Egerdie		Glenbrook	26.1
2 Luke Zaurrini		Kurrajong Bilpin	26.4
3 Harry McClifty		Kurrajong Bilpin	27.9
4 Jack Bond		Kurrajong Bilpin	29.1
5 Danial Eiler-Carr		Oberon	31.2

Boys U 17 - 200 Metre Sprint

Zone: Z 23.80 13/12/2009 Jack Bangel, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Bradley Ford		Lithgow	25.8
2 Samuel Balog		Katoomba	29.6

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.80 31/03/1994 C. Close, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Cooper Blanch		Kurrajong Bilpin	1:22.2
2 Angus Clues		Lithgow	1:27.8
3 Riley Dutton		Springwood	1:30.5
4 Ronnie Morgans		Springwood	1:31.1
5 Connor Secker		Katoomba	1:33.8
6 Alexander Williams		Glenbrook	1:38.2

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.00 31/03/1985 Scott Whitton, Glenbrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Max Lucas		Katoomba	1:21.7Q
2 Taniora Heke		Springwood	1:24.1Q
3 Rory Lomax		Mudgee	1:24.4Q
4 Trevor Clines		Katoomba	1:28.1q
5 Levi Jones		Springwood	1:57.6
Heat 2 Heats			
1 Toby Dance		Springwood	1:20.6Q
2 Mackenzie Hall		Kurrajong Bilpin	1:20.8Q
3 Jack Liggett		Kurrajong Bilpin	1:24.3Q
4 Ben Lanyon		Katoomba	1:24.3q
5 Harry Watson		Springwood	1:28.3

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Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.00 31/03/1985 Scott Whitton, Glenbrook			
Name	Age	Centre	Final
Section 1 Final			
1 Mackenzie Hall		Kurrajong Bilpin	1:16.8
2 Max Lucas		Katoomba	1:19.3
3 Toby Dance		Springwood	1:21.6
4 Ben Lanyon		Katoomba	1:21.7
5 Rory Lomax		Mudgee	1:22.8
6 Trevor Clines		Katoomba	1:26.9
7 Taniora Heke		Springwood	1:29.3
8 Jack Liggett		Kurrajong Bilpin	1:33.9

Boys U 10 - 400 Metre Sprint

Zone: Z 1:07.27 8/12/2012 Riley Howarth, Kurrajong Bi			
Name	Age	Centre	Final
Section 1			
1 Luke Boyes		Springwood	1:17.6
2 Cameron Ferrier		Kurrajong Bilpin	1:20.5
3 Matthew Stoneley		Lithgow	1:44.7

Boys U 11 - 400 Metre Sprint

Zone: Z 1:06.30 31/03/1984 William Campbell, Springwoo			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Riley Howarth		Kurrajong Bilpin	1:08.6Q
2 William Lanyon		Katoomba	1:14.9Q
3 Joshua Bliss		Springwood	1:17.8Q
4 James Piggott		Springwood	1:20.1q
5 Charlie Trimmingham		Katoomba	1:21.2q
Heat 2 Heats			
1 Michael James		Kurrajong Bilpin	1:16.1Q
2 Samuel Bass		Springwood	1:21.7Q
3 Alex Rivas		Katoomba	1:25.3Q
4 Max Ryan		Oberon	1:25.5

Boys U 11 - 400 Metre Sprint

Zone: Z 1:06.30 31/03/1984 William Campbell, Springwoo			
Name	Age	Centre	Final
Section 1 Final			
1 Riley Howarth		Kurrajong Bilpin	1:05.8Z
2 Michael James		Kurrajong Bilpin	1:11.8
3 William Lanyon		Katoomba	1:14.9
4 Joshua Bliss		Springwood	1:17.8
5 Charlie Trimmingham		Katoomba	1:19.4
6 James Piggott		Springwood	1:20.1
7 Alex Rivas		Katoomba	1:32.4
8 Samuel Bass		Springwood	1:39.4

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Boys U 12 - 400 Metre Sprint

Zone: Z 1:03.10 31/03/1988 G. Jones, Katoomba			
Name	Age	Centre	Final
Section 1			
1	Lachlan	Camilleri	Kurrajong Bilpin 1:11.9
2	Phillip	Morgans	Springwood 1:13.5
3	Indy	Cairns	Springwood 1:15.2
4	Liam	Robinson	Glenbrook 1:16.5
5	Luke	Zoglmeyer	Glenbrook 1:18.4

Boys U 13 - 400 Metre Sprint

Zone: Z 1:00.50 31/03/2000 J. Hunter, Springwood			
Name	Age	Centre	Final
1	Isaac	Ebeling	Glenbrook 1:04.1
2	Dylan	Miles	Lithgow 1:04.7
3	Zachary	Kembrey	Springwood 1:09.0
4	Ike	Ward	Kurrajong Bilpin 1:10.0

Boys U 14 - 400 Metre Sprint

Zone: Z 54.50 31/03/1994 Robert Rose, Glenbrook			
Name	Age	Centre	Final
1	Jack	Shuster	Kurrajong Bilpin 1:00.3
2	Joshua	Stufkens	Springwood 1:04.7
3	Jett	Cairns	Springwood 1:08.0

Boys U 15 - 400 Metre Sprint

Zone: Z 53.50 31/03/1996 D. Pietersma, Springwood			
Name	Age	Centre	Final
1	Luke	Zaurrini	Kurrajong Bilpin 58.2
2	Jonathan	Blunden	Kurrajong Bilpin 1:04.0
3	Jack	Bond	Kurrajong Bilpin 1:04.6
4	Josh	Egerdie	Glenbrook 1:07.9
5	Benjamin	Jagger	Glenbrook 1:10.4
6	Danial	Eiler-Carr	Oberon 1:15.5

Boys U 17 - 400 Metre Sprint

Zone: Z 51.80 8/12/2012 Gabriel Corke, Glenbrook			
Name	Age	Centre	Final
1	Josh	Nardi	Glenbrook 56.1
2	Bradley	Ford	Lithgow 59.3

Boys U 9 - 800 Metre Run

Zone: Z 2:40.90 31/03/1985 Scott Whitton, Glenbrook			
Name	Age	Centre	Final
1	Max	Lucas	Katoomba 2:57.9
2	Toby	Dance	Springwood 3:04.4
3	Taniora	Heke	Springwood 3:05.4
4	Jack	Liggett	Kurrajong Bilpin 3:08.4
5	Rory	Lomax	Mudgee 3:16.6

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Boys U 9 - 800 Metre Run**

6 Harrison Wells	Lithgow	3:24.6
7 Aaron Shields	Katoomba	3:40.0
8 Levi Jones	Springwood	4:15.3

Boys U 10 - 800 Metre Run

Zone: Z 2:31.90 31/03/1978 P. Seagar, Bathurst

Name	Age Centre	Final
1 Cameron Ferrier	Kurrajong Bilpin	2:49.6
2 Luke Boyes	Springwood	2:49.8
3 Blake Goldspink	Lithgow	3:01.2
4 Jed Freeman	Glenbrook	3:03.3
5 Jarrod Davidson	Kurrajong Bilpin	3:04.0
6 Kade Inwood	Lithgow	3:18.6
7 Matthew Stoneley	Lithgow	3:24.4
8 Cody Feltham	Kurrajong Bilpin	3:44.5

Boys U 11 - 800 Metre Run

Zone: Z 2:25.90 31/03/1984 Mark Whitton, Glenbrook

Name	Age Centre	Final
1 Riley Howarth	Kurrajong Bilpin	2:35.4
2 Michael James	Kurrajong Bilpin	2:45.5
3 Daniel Kelly	Katoomba	2:50.0
4 Finlay McAuley	Glenbrook	2:50.7
5 Joshua Bliss	Springwood	2:57.6
6 James Piggott	Springwood	2:58.6
7 Mitchell Kelly	Katoomba	3:01.3

Boys U 12 - 800 Metre Run

Zone: Z 2:24.40 31/03/1988 G. Jones, Katoomba

Name	Age Centre	Final
1 Phillip Morgans	Springwood	2:44.5
2 Indy Cairns	Springwood	2:45.7
3 Luke Zoglmeier	Glenbrook	2:54.5

Boys U 13 - 800 Metre Run

Zone: Z 2:23.00 12/12/2010 Adam Hooper, Glenbrook

Name	Age Centre	Final
1 Ike Ward	Kurrajong Bilpin	2:52.9
2 Jarrah Dance	Springwood	2:58.5
3 Dylan Miles	Lithgow	2:59.1

Boys U 14 - 800 Metre Run

Zone: Z 2:14.00 13/12/2009 Daniel Keene, Emu Plains

Name	Age Centre	Final
1 Gabe Radford	Kurrajong Bilpin	2:29.7
2 Jett Cairns	Springwood	2:30.2
3 Harry Wrightson	Glenbrook	2:52.1

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 15 - 800 Metre Run**

Zone: Z 2:08.30 12/12/2010 Daniel Keene, Emu Plains		
Name	Age Centre	Final
1 Timothy Kniha	Springwood	2:22.3
2 Luke Zaurrini	Kurrajong Bilpin	2:27.3
3 Jonathan Blunden	Kurrajong Bilpin	2:30.8
4 Benjamin Jagger	Glenbrook	2:33.4
5 Danial Eiler-Carr	Oberon	3:03.3

Boys U 17 - 800 Metre Run

Zone: Z 2:04.51 9/12/2012 Paul Loader, Glenbrook		
Name	Age Centre	Final
1 Hayden Sly	Kurrajong Bilpin	2:09.0
2 Josh Nardi	Glenbrook	2:12.5
3 Zac Grima	Springwood	2:16.7
4 Ethan Slatford	Springwood	2:28.9

Boys U 10 - 1500 Metre Run

Zone: Z 5:11.10 31/03/1983 Mark Whitton, Glenbrook		
Name	Age Centre	Final
1 Cameron Ferrier	Kurrajong Bilpin	5:37.0
2 Luke Boyes	Springwood	5:37.7
3 Blake Goldspink	Lithgow	6:11.6
4 Jed Freeman	Glenbrook	6:21.4
5 Reilly Leyland	Glenbrook	6:26.2
6 Matthew Stoneley	Lithgow	6:52.3
7 Tommy Peake	Katoomba	7:49.4

Boys U 11 - 1500 Metre Run

Zone: Z 4:52.20 31/03/1984 Mark Whitton, Glenbrook		
Name	Age Centre	Final
1 Daniel Kelly	Katoomba	5:29.8
2 Michael James	Kurrajong Bilpin	5:36.9
3 William Lanyon	Katoomba	5:41.5
4 Mitchell Kelly	Katoomba	5:41.9
5 Finlay McAuley	Glenbrook	5:53.6
6 Joshua Bliss	Springwood	5:53.9
7 Max Ryan	Oberon	6:00.0
-- Samuel Bass	Springwood	DNF

Boys U 12 - 1500 Metre Run

Zone: Z 4:49.30 31/03/1985 Mark Whitton, Glenbrook		
Name	Age Centre	Final
1 Phillip Morgans	Springwood	5:42.2
2 Indy Cairns	Springwood	5:44.7
3 Luke Zoglmeyer	Glenbrook	5:56.8
4 Lachlan Strahan	Glenbrook	6:11.0

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 13 - 1500 Metre Run**

Zone: Z 4:55.00 30/11/2002 Jared Lekkas, Springwood			
Name	Age	Centre	Final
1 Jarrah Dance		Springwood	6:11.9

Boys U 14 - 1500 Metre Run

Zone: Z 4:39.00 11/12/2010 Hayden Sly, Kurrajong Bilpi			
Name	Age	Centre	Final
1 Gabe Radford		Kurrajong Bilpin	5:07.5
2 Jett Cairns		Springwood	5:12.4
3 Harry Wrightson		Glenbrook	6:06.0

Boys U 15 - 1500 Metre Run

Zone: Z 4:29.10 10/12/2011 Daniel Francken, Glenbrook			
Name	Age	Centre	Final
1 Timothy Kniha		Springwood	5:00.7
2 Benjamin Jagger		Glenbrook	5:12.3
3 Declan King-Smith		Glenbrook	5:47.9

Boys U 17 - 1500 Metre Run

Zone: Z 4:21.74 8/12/2012 Michael Ellliott, Springwood			
Name	Age	Centre	Final
1 Hayden Sly		Kurrajong Bilpin	4:29.8
2 Zac Grima		Springwood	4:43.0
3 Josh Nardi		Glenbrook	4:50.7

Boys U 13 - 3000 Metre Run

Zone: Z 10:28.90 31/03/1998 Brendan Heape, Glenbrook			
Name	Age	Centre	Final
1 Dylan Miles		Lithgow	11:20.4

Boys U 14 - 3000 Metre Run

Zone: Z 10:06.60 5/12/2004 David Ricketts, Glenbrook			
Name	Age	Centre	Final
1 Gabe Radford		Kurrajong Bilpin	11:20.2

Boys U 15 - 3000 Metre Run

Zone: Z 9:48.30 31/03/1996 D. Byrne, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Benjamin Jagger		Glenbrook	12:09.4

Boys U 17 - 3000 Metre Run

Zone: Z 9:58.50 12/12/2009 Campbell Hislop, Springwood			
Name	Age	Centre	Final
1 Hayden Sly		Kurrajong Bilpin	9:46.5Z

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2	Zac Grima	Springwood	10:47.3
3	Bradley Ford	Lithgow	11:58.3
4	Danyon Dowton	Glenbrook	12:09.4

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.50 11/12/2010 Luke Thompson, Lithgow

Name	Age	Centre	Final
1	Alfie Williamson	Springwood	12.6
2	Scott McLenaghan	Springwood	12.9
3	Liam Murphy	Glenbrook	13.1
4	Alexander Williams	Glenbrook	13.6
5	Connor Secker	Katoomba	13.6
6	Ras Darwin	Glenbrook	14.0

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.50 31/03/2003 Z. Plummer, Kurrajong Bilpin

Name	Age	Centre	Final
1	Frederick Peters	Kurrajong Bilpin	11.4
2	Mateo Lieu	Springwood	11.5
3	Ben Lanyon	Katoomba	11.7
4	Toby Dance	Springwood	11.9
5	Vincent Applebee	Springwood	12.2
6	Harry Watson	Springwood	12.5
7	Dominic Andrews	Katoomba	12.7
8	Harrison Strahan	Glenbrook	14.5

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 31/03/2000 M. Maroulis, Springwood

Name	Age	Centre	Final
1	Ethan Craig	Glenbrook	11.4
2	Cody Brian	Kurrajong Bilpin	12.4
3	Kade Inwood	Lithgow	13.0
4	Kyle Henson	Kurrajong Bilpin	13.2
5	Brandon Peary	Springwood	13.8
6	Lachlan Nicholls	Glenbrook	14.3
7	Cody Feltham	Kurrajong Bilpin	15.3

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.90 31/03/2001 M. Maroulis, Springwood

Name	Age	Centre	Final
1	Dominic Della Bosca	Lithgow	11.2
2	Luke Thompson	Lithgow	11.3
3	Ashton van Putten	Glenbrook	11.6
4	Luke Brian	Kurrajong Bilpin	11.8
5	William Lanyon	Katoomba	12.3
6	Ryan Kembrey	Springwood	12.5
7	James Piggott	Springwood	12.6

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 12 - 60 Metre Hurdles (68cm)**

Zone: Z 9.60 31/03/1996 Phillip Rickaby, Springwood			
Name	Age	Centre	Final
1 Caleb Fairweather		Kurrajong Bilpin	9.8
2 Dylan Forster		Glenbrook	11.7
3 Grady De La Harpe		Springwood	12.4
4 Lachlan Strahan		Glenbrook	13.5

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.50 3/12/2006 Shane Nicholls, Kurrajong Bil			
Name	Age	Centre	Final
1 Tully Murphy		Kurrajong Bilpin	13.9
2 Lochlan Brian		Kurrajong Bilpin	14.7
3 Keighran Brown		Lithgow	15.7
4 Nathan Bliss		Springwood	18.9

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 12.90 31/03/1998 N. Cook, Emu Plains			
Name	Age	Centre	Final
1 Brenton Jeffery		Springwood	15.6
2 Dylan Malouf		Glenbrook	17.8

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.60 31/03/1999 A. Stewart, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Harry McClifty		Kurrajong Bilpin	19.2

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.80 20/12/2008 Michael Loudin, Kurrajong Bil			
Name	Age	Centre	Final
1 Luke Jones		Springwood	20.5

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.90 31/03/1996 Luke Rooney, Springwood			
Name	Age	Centre	Final
1 Ethan Healey		Kurrajong Bilpin	31.0

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.10 15/12/2007 Jack Bangel, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Jack Shuster		Kurrajong Bilpin	28.9
2 Jordan Monteleone		Kurrajong Bilpin	30.5
3 Joshua Stufkens		Springwood	30.8

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Boys U 15 - 200 Metre Hurdles (76cm)

Zone: Z 26.90 31/03/1998 C. Cook, Emu Plains			
Name	Age	Centre	Final
1 Jonathan Blunden		Kurrajong Bilpin	30.9
2 Timothy Kniha		Springwood	31.6
3 Benjamin Jagger		Glenbrook	32.6

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 26.20 12/12/2009 Jack Bangel, Kurralong Bilpin			
Name	Age	Centre	Final
1 Tijmen Hopman		Glenbrook	29.6
2 Zac Grima		Springwood	31.5

Boys U 7 - 500 Metre Pack Start

Name	Age	Centre	Final
1 Oscar Mills		Springwood	2:03.0
2 Ryan Wells		Lithgow	2:06.1
3 William Jones		Springwood	2:32.1

Boys U 8 - 700 Metre Pack Start

Name	Age	Centre	Final
1 Cooper Blanch		Kurrajong Bilpin	2:32.9
2 Angus Clues		Lithgow	2:41.7
3 William Zakis		Katoomba	2:49.8
4 Riley Dutton		Springwood	2:51.1
5 Liam Murphy		Glenbrook	2:57.9
6 Ronnie Morgans		Springwood	3:04.9

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.80 31/03/1994 Springwood, Springwood			
Centre	Age	Centre	Final
1 Kurrajong Bilpin			58.5
1) Mackenzie Hall 9		2) Cameron Ferrier 10	
3) Caleb Fairweather 12		4) Billy Taranto 11	
2 Lithgow			1:01.6
1) Lachlan Thompson 9		2) Blake Goldspink 10	
3) Luke Thompson 11		4) Cameron Constable 12	
3 Springwood			1:02.8
1) Patrick Bourke 9		2) Luke Boyes 10	
3) Ryan Kembrey 11		4) Callum Wulff 12	
4 Glenbrook			1:06.2
1) Lachlan Strahan 12		2) Ethan Craig 10	
3) Cooper Jeal 9		4) Ashton van Putten 11	
5 Katoomba			1:12.3
1) Max Lucas 9		2) Tommy Peake 10	
3) Alex Rivas 11		4) Charlie Trimmingham 11	

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Boys U 13-17 4x100 Metre Relay (Snr)

Zone: Z 49.21 9/12/2012 Glenbrook, Glenbrook			
L McCann, H Perry, J Nardi, G Corke			
Centre			Final
1 Glenbrook			49.3
1) Josh Nardi 17		2) Josh Egerdie 15	
3) Isaac Ebeling 13		4) Liam McCann 14	
2 Springwood			52.5
1) Zachary Kembrey 13		2) Joshua Stufkens 14	
3) Timothy Kniha 15		4) James Colless 17	
3 Kurrajong Bilpin			53.3
1) Tully Murphy 13		2) Jack Shuster 14	
3) Harry McClifty 15		4) Hayden Sly 17	

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.26m 31/03/1989 Matthew Hafford, Springwood			
Name	Age	Centre	Final
Flight 1			
1 Lachlan Thompson		Lithgow	1.13m
2 Mackenzie Hall		Kurrajong Bilpin	1.13m
3 Taniora Heke		Springwood	1.00m
4 Nate Mallett		Springwood	0.95m
5 Tom Allport		Glenbrook	0.95m
6 Harrison Wells		Lithgow	0.95m
7 Rory Lomax		Mudgee	0.95m
-- Aidan McKervey		Glenbrook	NH

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.50m 31/03/1990 Matthew Hafford, Springwood			
Name	Age	Centre	Final
1 Cody Brian		Kurrajong Bilpin	1.20m
2 Jarrod Davidson		Kurrajong Bilpin	1.05m
3 Jack Hirst		Glenbrook	1.00m

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.59m 28/01/2006 David Snowden, Kurrajong Bilp			
Name	Age	Centre	Final
1 Spencer Blanch		Kurrajong Bilpin	1.35m
2 William Hutchison		Lithgow	1.25m
3 Michael James		Kurrajong Bilpin	1.25m
4 Luke Thompson		Lithgow	1.20m
5 Daniel Kelly		Katoomba	1.20m
6 Finlay McAuley		Glenbrook	1.15m
7 Joshua Bliss		Springwood	1.10m
8 Luke Brian		Kurrajong Bilpin	1.05m
-- Matthew Gilchrist		Springwood	NH
-- James Piggott		Springwood	NH

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.58m 5/12/2004 Michael Hartley, Emu Plains			
Name	Age	Centre	Final
1 Tom Wrightson		Glenbrook	1.37m
2 Dylan Forster		Glenbrook	1.23m
3 Grady De La Harpe		Springwood	1.23m
4 Neihana Riley		Mudgee	1.21m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.70m 31/03/2001 D. Wood, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Isaac Ebeling		Glenbrook	1.47m
2 Lochlan Brian		Kurrajong Bilpin	1.40m
3 Keighran Brown		Lithgow	1.35m
4 Dally Barham		Kurrajong Bilpin	1.30m
5 Ike Ward		Kurrajong Bilpin	1.30m
6 Zachary Kembrey		Springwood	1.25m
-- Nathan Bliss		Springwood	NH

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.82m 16/12/2007 Shane Nicholls, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Ned Bond		Kurrajong Bilpin	1.55m
2 Dylan Malouf		Glenbrook	1.38m
3 Isaac Vujevic		Springwood	1.35m
4 Kieran O'Rourke		Springwood	1.35m
5 Luke van der Ster		Springwood	1.30m
-- Harry Wrightson		Glenbrook	NH

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.91m 13/12/2009 David Snowden, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Hayden Perry		Glenbrook	1.72m
2 Mitchell Drew-Rugg		Glenbrook	1.55m
3 Isaac Toppo		Katoomba	1.50m
4 Benjamin Jagger		Glenbrook	1.50m
5 Jack Bond		Kurrajong Bilpin	1.45m
6 Jye Hardy		Kurrajong Bilpin	1.40m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.90m 11/12/2010 David Snowden, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Ethan Slatford		Springwood	1.60m
2 James Colless		Springwood	1.55m
3 Tijmen Hopman		Glenbrook	1.55m
-- Danyon Dowton		Glenbrook	DNF

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 7 - Long Jump**

Zone: Z 3.39m 31/03/1982 J. Flesch, Springwood			
Name	Age	Centre	Final
1 Noah Seddon		Kurrajong Bilpin	2.78m
2 James Reynolds		Springwood	2.57m
3 Matthew Xuereb		Glenbrook	1.96m

Boys U 8 - Long Jump

Zone: Z 3.62m 31/03/1998 P. Maloney, Springwood			
Name	Age	Centre	Final
1 Cooper Blanch		Kurrajong Bilpin	3.50m
2 Angus Clues		Lithgow	3.50m
3 Aiden Miller		Kurrajong Bilpin	3.44m
4 Alfie Williamson		Springwood	3.23m
5 Riley Dutton		Springwood	2.86m
6 Liam Henson		Kurrajong Bilpin	2.79m
7 Alexander Williams		Glenbrook	2.69m
8 Connor Secker		Katoomba	2.58m
9 Ras Darwin		Glenbrook	2.45m

Boys U 9 - Long Jump

Zone: Z 4.20m 31/03/2000 Jani Bajramovic, Glenbrook			
Name	Age	Centre	Final
1 Lachlan Thompson		Lithgow	3.90m
2 Mackenzie Hall		Kurrajong Bilpin	3.52m
3 Toby Dance		Springwood	3.41m
4 Patrick Bourke		Springwood	3.29m
5 Vincent Applebee		Springwood	3.21m
6 Tom Allport		Glenbrook	3.02m
7 Nate Mallett		Springwood	2.95m
8 Cooper Jeal		Glenbrook	2.92m
9 Dominic Andrews		Katoomba	2.76m
10 Aaron Shields		Katoomba	2.49m
11 Blake Ranson		Katoomba	2.30m
12 Cody Taylor		Kurrajong Bilpin	2.27m
13 Aiden Hardy		Kurrajong Bilpin	2.06m

Boys U 10 - Long Jump

Zone: Z 4.48m 31/03/2001 Jani Bajramovic, Glenbrook			
Name	Age	Centre	Final
1 Ethan Craig		Glenbrook	3.96m
2 Luke Boyes		Springwood	3.81m
3 Cody Brian		Kurrajong Bilpin	3.75m
4 Kyle Henson		Kurrajong Bilpin	3.65m
5 Joel Miller		Kurrajong Bilpin	3.58m
6 Jed Freeman		Glenbrook	3.43m
7 Reilly Leyland		Glenbrook	3.35m
8 Blake Goldspink		Lithgow	3.24m
9 Alexander Xuereb		Glenbrook	3.15m
10 Kade Inwood		Lithgow	3.10m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 11 - Long Jump**

Zone: Z 4.90m 31/03/1986 Craig Johnstone, Glenbrook			
Name	Age	Centre	Final
1 Jake McLenaghan		Springwood	4.40m
2 Dominic Della Bosca		Lithgow	4.40m
3 Billy Taranto		Kurrajong Bilpin	4.24m
4 Luke Thompson		Lithgow	4.22m
5 Spencer Blanch		Kurrajong Bilpin	4.22m
6 Finlay McAuley		Glenbrook	4.12m
7 William Hutchison		Lithgow	4.03m
8 Ryan Kembrey		Springwood	3.61m
9 James Orme		Springwood	3.34m
10 Matthew Gilchrist		Springwood	3.06m

Boys U 12 - Long Jump

Zone: Z 5.37m 30/11/2002 Jani Bajramovic, Glenbrook			
Name	Age	Centre	Final
1 Caleb Fairweather		Kurrajong Bilpin	4.32m
2 Neihana Riley		Mudgee	3.94m
3 Callum Wulff		Springwood	3.87m
4 Cooper Selinger		Springwood	3.74m
5 Luke Zoglmeyer		Glenbrook	3.71m
6 Cameron Jeffery		Springwood	3.69m

Boys U 13 - Long Jump

Zone: Z 5.55m 31/03/2002 Sam Rodgers, Emu Plains			
Name	Age	Centre	Final
1 Tully Murphy		Kurrajong Bilpin	4.87m
2 Dylan Miles		Lithgow	4.70m
3 Isaac Ebeling		Glenbrook	4.37m
4 Lochlan Brian		Kurrajong Bilpin	4.25m
5 Ethan Healey		Kurrajong Bilpin	4.22m
6 Zachary Kembrey		Springwood	4.21m
7 Dally Barham		Kurrajong Bilpin	4.19m

Boys U 14 - Long Jump

Zone: Z 6.12m 7/12/2003 Michael Cox, Lithgow			
Name	Age	Centre	Final
1 Ned Bond		Kurrajong Bilpin	4.94m
2 Jack Shuster		Kurrajong Bilpin	4.81m
3 Alex Saint		Mudgee	4.62m
4 Brenton Jeffery		Springwood	4.53m
5 Chad Freeman		Glenbrook	4.40m
6 Luke van der Ster		Springwood	4.23m
7 Isaac Vujevic		Springwood	4.15m

Boys U 15 - Long Jump

Zone: Z 6.47m 7/12/2003 Sam Rodgers, Emu Plains			
Name	Age	Centre	Final
1 Hayden Perry		Glenbrook	5.67m
2 Jye Hardy		Kurrajong Bilpin	4.91m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Boys U 15 - Long Jump**

3	Nicholas Hanko	Glenbrook	4.80m
4	Harry McClifty	Kurrajong Bilpin	4.79m

Boys U 17 - Long Jump

Zone: Z 6.13m 20/12/2008 Daniel Bray, Lithgow

Name	Age	Centre	Final
1	Mitchell Andrews	Glenbrook	5.57m
2	Ethan Slatford	Springwood	5.27m
3	Luke Jones	Springwood	4.51m
4	Danyon Dowton	Glenbrook	4.39m

Boys U 11 - Triple Jump

Zone: Z 9.82m 31/03/1980 Shane Stead, Katoomba

Name	Age	Centre	Final
1	Riley Howarth	Kurrajong Bilpin	8.66m
2	Spencer Blanch	Kurrajong Bilpin	8.56m
3	Dominic Della Bosca	Lithgow	8.28m
4	Luke Brian	Kurrajong Bilpin	8.21m
5	Charlie Trimmingham	Katoomba	7.71m
6	Daniel Kelly	Katoomba	7.67m
7	Alex Rivas	Katoomba	7.58m
8	Ryan Kembrey	Springwood	7.35m
9	Luke Charlesworth	Kurrajong Bilpin	6.36m

Boys U 12 - Triple Jump

Zone: Z 10.66m 29/01/2006 Shane Nicholls, Kurrajong Bi

Name	Age	Centre	Final
1	Callum Wulff	Springwood	9.22m
2	Dylan Forster	Glenbrook	9.19m
3	Tom Wrightson	Glenbrook	8.81m
4	Tristan Clark	Kurrajong Bilpin	6.86m
5	Lachlan Miller	Kurrajong Bilpin	6.49m

Boys U 13 - Triple Jump

Zone: Z 11.94m 3/12/2006 Shane Nicholls, Kurrajong Bi

Name	Age	Centre	Final
1	Tully Murphy	Kurrajong Bilpin	10.67m
2	Lochlan Brian	Kurrajong Bilpin	10.02m
3	Dylan Miles	Lithgow	9.52m
4	Zachary Kembrey	Springwood	8.55m

Boys U 14 - Triple Jump

Zone: Z 12.88m 15/12/2007 Shane Nicholls, Kurrajong Bi

Name	Age	Centre	Final
1	Brenton Jeffery	Springwood	10.24m
2	Chad Freeman	Glenbrook	9.86m
3	Dylan Malouf	Glenbrook	9.54m
4	Isaac Vujevic	Springwood	9.00m
5	Luke van der Ster	Springwood	8.91m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 15 - Triple Jump**

Zone: Z 13.36m 14/12/2008 Shane Nicholls, Kurrajong Bi			
Name	Age	Centre	Final
1 Hayden Perry		Glenbrook	11.60m
2 Jye Hardy		Kurrajong Bilpin	10.73m
3 Harry McClifty		Kurrajong Bilpin	10.30m
4 Nicholas Hanko		Glenbrook	9.99m
5 Jack Bond		Kurrajong Bilpin	9.69m

Boys U 17 - Triple Jump

Zone: Z 12.23m 20/12/2008 Cameron Jones, Kurrajong Bil			
Name	Age	Centre	Final
1 Mitchell Andrews		Glenbrook	11.85m
2 Josh Nardi		Glenbrook	10.47m
3 Danyon Dowton		Glenbrook	9.28m
4 Luke Jones		Springwood	9.26m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 7.89m 31/03/1997 Daniel Rydl-Sharp, Glenbrook			
Name	Age	Centre	Final
1 Justin Charlesworth		Kurrajong Bilpin	4.83m
2 James Reynolds		Springwood	4.57m
3 Monty Darwin		Glenbrook	4.09m
4 Jayden Ranson		Katoomba	3.62m
5 Justin Field		Lithgow	3.36m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.18m 31/03/1998 J. Johnson, Emu Plains			
Name	Age	Centre	Final
1 Scott McLenaghan		Springwood	5.88m
2 Alfie Williamson		Springwood	4.65m
3 Liam Henson		Kurrajong Bilpin	3.65m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 8.12m 31/03/1984 J. Flesch, Springwood			
Name	Age	Centre	Final
1 Frederick Peters		Kurrajong Bilpin	6.09m
2 Ben Lanyon		Katoomba	5.21m
3 Aidan McKervey		Glenbrook	5.20m
3 Nate Mallett		Springwood	5.20m
5 Harry Watson		Springwood	5.07m
6 Harrison Strahan		Glenbrook	4.51m
7 Aiden Hardy		Kurrajong Bilpin	4.17m
8 Cody Taylor		Kurrajong Bilpin	3.98m
9 Trevor Clines		Katoomba	3.34m
10 Ben Stanton		Oberon	2.78m

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 10.22m 31/03/1993 J. Roberts, Katoomba			
Name	Age	Centre	Final
1 Alexander Xuereb		Glenbrook	6.44m
2 Lachlan Nicholls		Glenbrook	6.38m
3 Jarrod Davidson		Kurrajong Bilpin	6.37m
4 Brandon Peary		Springwood	4.99m
5 Cody Feltham		Kurrajong Bilpin	2.76m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 10.85m 31/03/2000 T. Dawson, Emu Plains			
Name	Age	Centre	Final
1 Billy Taranto		Kurrajong Bilpin	9.45m
2 Dominic Della Bosca		Lithgow	8.18m
3 Luke Charlesworth		Kurrajong Bilpin	7.90m
4 Matthew Gilchrist		Springwood	5.92m
5 James Orme		Springwood	5.74m
6 Mitchell Kelly		Katoomba	5.29m
7 Samuel Bass		Springwood	5.09m

Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 10.77m 31/03/1990 M. Wolfendon, Lithgow			
Name	Age	Centre	Final
1 Grady De La Harpe		Springwood	7.50m
2 Cameron Constable		Lithgow	7.21m
3 Lachlan Miller		Kurrajong Bilpin	6.76m
4 Lachlan Strahan		Glenbrook	6.35m
5 Tristan Clark		Kurrajong Bilpin	4.66m
6 Jayden Donnelly		Kurrajong Bilpin	4.55m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 10.80m 9/12/2012 Hayden Perry, Glenbrook			
Name	Age	Centre	Final
1 Ned Bond		Kurrajong Bilpin	11.97mZ

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 16.18m 31/03/2001 G. O'Neill, Emu Plains			
Name	Age	Centre	Final
1 Hayden Perry		Glenbrook	11.82m
2 Luke Zaurrini		Kurrajong Bilpin	10.95m
3 Harry McClifty		Kurrajong Bilpin	10.58m
4 Timothy Kniha		Springwood	9.85m
5 Danial Eiler-Carr		Oberon	5.66m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 13.66m 13/12/2009 Campbell Hislop, Springwood			
Name	Age	Centre	Final
1 James Colless		Springwood	12.44m
2 Ethan Slatford		Springwood	8.96m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Boys U 17 - Shot Put (5.0 Kg)**

3	Bill Cullen	Springwood	8.54m
4	Luke Jones	Springwood	8.16m
5	Samuel Balog	Katoomba	8.04m

Boys U 7 - Discus (350 Gm)

Zone: Z 18.52m 9/12/2012 Toby Camilleri, Kurrajong Bi

Name Age Centre Final

1	Liam Moir	Springwood	12.09m
2	Leon Murray	Glenbrook	9.34m
3	Brandon Eiler	Oberon	9.02m
4	Jayden Ranson	Katoomba	8.51m
5	Matthew Xuereb	Glenbrook	7.07m

Boys U 8 - Discus (500 Gm)

Zone: Z 24.50m 31/03/1998 Jared Lekkass, Springwood

Name Age Centre Final

1	Toby Camilleri	Kurrajong Bilpin	18.80m
2	Scott McLenaghan	Springwood	16.65m
3	William Zakis	Katoomba	9.70m

Boys U 9 - Discus (500 Gm)

Zone: Z 27.48m 31/03/1998 H. Watson, Springwood

Name Age Centre Final

1	Frederick Peters	Kurrajong Bilpin	22.91m
2	Max Lucas	Katoomba	14.50m
3	Rory Lomax	Mudgee	13.89m
4	Aiden Hardy	Kurrajong Bilpin	11.98m
5	Taniora Heke	Springwood	11.61m
6	Dominic Andrews	Katoomba	11.35m
7	Blake Ranson	Katoomba	10.91m
8	Levi Jones	Springwood	8.50m
9	Trevor Clines	Katoomba	4.63m
10	Harrison Strahan	Glenbrook	3.48m

Boys U 10 - Discus (500 Gm)

Zone: Z 31.06m 31/03/2000 Jared Lekkass, Springwood

Name Age Centre Final

1	Reilly Leyland	Glenbrook	25.98m
2	Jarrold Davidson	Kurrajong Bilpin	24.95m
3	Alexander Xuereb	Glenbrook	19.84m
4	Brandon Peary	Springwood	16.39m
5	Lachlan Nicholls	Glenbrook	15.29m
6	Matthew Stoneley	Lithgow	12.17m
7	Jake Andrews	Glenbrook	12.00m

Boys U 11 - Discus (750 Gm)

Zone: Z 32.18m 31/03/1995 D. Thompson, Kurrajong Bilpi

Name Age Centre Final

1	Jake McLenaghan	Springwood	18.06m
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Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****....Boys U 11 - Discus (750 Gm)**

2	Ryan Kembrey	Springwood	16.61m
3	James Orme	Springwood	15.92m
4	Alex Rivas	Katoomba	15.56m
5	Matthew Gilchrist	Springwood	12.34m

Boys U 12 - Discus (750 Gm)

=====			
Zone: Z 39.26m 31/03/1996 D. Thompson, Emu Plains			
Name	Age	Centre	Final
=====			
1	Lachlan Camilleri	Kurrajong Bilpin	27.90m
2	Cameron Constable	Lithgow	22.56m
3	Lachlan Miller	Kurrajong Bilpin	20.38m
4	Tom Wrightson	Glenbrook	16.38m
5	Tristan Clark	Kurrajong Bilpin	16.07m
6	Lachlan Strahan	Glenbrook	16.06m
7	Cameron Jeffery	Springwood	14.58m

Boys U 13 - Discus (1.0 Kg)

=====			
Zone: Z 38.21m 31/03/2000 M. Laws, Emu Plains			
Name	Age	Centre	Final
=====			
1	Jarrah Dance	Springwood	14.26m

Boys U 14 - Discus (1.0 Kg)

=====			
Zone: Z 46.98m 31/03/2002 B. Keat, Emu Plains			
Name	Age	Centre	Final
=====			
1	Jordan Monteleone	Kurrajong Bilpin	27.22m
2	Gabe Radford	Kurrajong Bilpin	26.40m
3	Brenton Jeffery	Springwood	22.17m

Boys U 15 - Discus (1.0 Kg)

=====			
Zone: Z 49.16m 31/03/1996 Mitchell Cook, Emu Plains			
Name	Age	Centre	Final
=====			
1	Hayden Perry	Glenbrook	37.39m
2	Mitchell Drew-Rugg	Glenbrook	32.61m
3	Luke Zaurrini	Kurrajong Bilpin	31.53m
4	Timothy Kniha	Springwood	25.77m
5	Danial Eiler-Carr	Oberon	16.97m

Boys U 17 - Discus (1.5 Kg)

=====			
Zone: Z 33.45m 9/12/2012 James Colless, Springwood			
Name	Age	Centre	Final
=====			
1	James Colless	Springwood	37.65mZ
2	Samuel Balog	Katoomba	22.14m
3	Bill Cullen	Springwood	19.74m

Western Ranges Zone Championships 2013/14**McMahons Park, Kurrajong****Results****Boys U 12 - Javelin (400 Gm)**

Zone: Z 30.94m 12/12/2010 Hayden Perry, Glenbrook			
Name	Age	Centre	Final
1 Caleb Fairweather		Kurrajong Bilpin	20.90m
2 Dylan Forster		Glenbrook	20.69m
3 Tom Wrightson		Glenbrook	18.31m
4 Neihana Riley		Mudgee	17.85m
5 Tristan Clark		Kurrajong Bilpin	17.83m
6 Grady De La Harpe		Springwood	16.22m

Boys U 13 - Javelin (600 Gm)

Zone: Z 40.95m 3/12/2006 Shane Nicholls, Kurrajong Bi			
Name	Age	Centre	Final
1 Ike Ward		Kurrajong Bilpin	16.63m
2 Zachary Kembrey		Springwood	14.88m
3 Nathan Bliss		Springwood	13.11m

Boys U 14 - Javelin (600 Gm)

Zone: Z 50.64m 15/12/2007 Shane Nicholls, Kurrajong Bi			
Name	Age	Centre	Final
1 Dylan Malouf		Glenbrook	21.05m
2 Brenton Jeffery		Springwood	19.60m

Boys U 15 - Javelin (700 Gm)

Zone: Z 27.54m 11/12/2011 Tijmen Hopman, Glenbrook			
Name	Age	Centre	Final
1 Hayden Perry		Glenbrook	49.09mZ
2 Jonathan Blunden		Kurrajong Bilpin	33.71mZ
3 Isaac Toppo		Katoomba	25.12m
4 Jye Hardy		Kurrajong Bilpin	23.54m
5 Nicholas Hanko		Glenbrook	23.50m

Boys U 17 - Javelin (700 Gm)

Zone: Z 45.99m 20/12/2008 Ethan Sweeney, Katoomba			
Name	Age	Centre	Final
1 Tijmen Hopman		Glenbrook	32.31m
2 James Colless		Springwood	32.16m
3 Samuel Balog		Katoomba	23.15m

Boys U 9 - 700 Metre Walk

Zone: Z 4:35.50 31/03/1997 J. Bazley, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1			
1 Aiden Hardy		Kurrajong Bilpin	5:03.6
2 Harrison Strahan		Glenbrook	5:04.5
3 Aidan McKervey		Glenbrook	5:23.0
-- Cody Taylor		Kurrajong Bilpin	DQ

Western Ranges Zone Championships 2013/14
McMahons Park, Kurrajong
Results

Boys U 10 - 1100 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 6:30.60	31/03/1998	Brendan Sullohern, Glenbroo
-- Jack Hirst		Glenbrook	DQ

Boys U 11 - 1100 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 5:40.90	31/03/1998	Daniel Buenen, Glenbrook
1 Spencer Blanch		Kurrajong Bilpin	8:32.2

Boys U 12 - 1500 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 7:14.00	31/03/1995	Omar Khattab, Glenbrook
1 Jayden Donnelly		Kurrajong Bilpin	12:10.2

Boys U 14 - 1500 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 7:51.50	31/03/1991	C. Bryen, Kurrajong Bilpin
1 Harry Wrightson		Glenbrook	10:13.6

Boys U 15 - 1500 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 7:14.00	31/03/2000	T. Geyteman, Kurrajong Bilp
1 Mitchell Drew-Rugg		Glenbrook	8:56.1

Boys U 17 - 1500 Metre Walk

=====			
Name	Zone	Age Centre	Final
	Z 7:23.30	16/12/2007	Adam Toms, Kurrajong Bilpin
1 Danyon Dowton		Glenbrook	8:29.6