

# CONFERENCE WELCOME EVENING

**FRIDAY JULY 15**

**6-7pm** **Workshop: How to Effectively Manage Groups of Little Athletes - Darren Wensor, Head of Coach & Volunteer Development**

This workshop will present ways in which you can better organise, lead, and manage a group of kids in a sporting environment.

It is perfect for Little Athletics Age Managers, coaches, officials, Tiny Tots Coordinators, parent helpers, and other personnel who engage with kids out on the sporting field.

By the end of the workshop, you will have learned about:

1. Achieving maximum group participation
2. Quickly organising kids into groups
3. Avoiding environmental distractions
4. Effectively distributing and collecting equipment
5. Gaining and maintaining the kids' attention
6. Using clear directions, explanations, and language

**Costs - Free (registration required)**

**7-9pm** **Welcome Cocktail Party**

Join us for the commencement of the 2022 Annual Conference at the Welcome Cocktail Evening. A chance to connect with other delegates from across the state, whilst enjoying some finger food and a few drinks.

**Costs - \$30**

# Conference schedule Saturday

8.00am Arrival and registrations

8.30am Little Athletics NSW Annual General Meeting

10.30am Morning Tea

11.00am Conference welcome and Welcome to Country

11.20am **The Vision for Little Athletics in NSW – Melissa Chandler, LANSW Chair**

An update on behalf of the Little Athletics NSW Board on the revised Vision and Strategy to strengthen Little Athletics in NSW.

11.40am **The Road from Adversity to Diversity – Katie Kelly, OAM**

Katie is a diversity and inclusion advocate, and a two-time Paralympian who won Gold in the Paratriathlon at the Rio Paralympics in 2016 and placed sixth at Tokyo (2020/2021). Katie's passion for diversity and inclusion in the community has spanned a lifetime.

12.30pm Lunch

1.15pm **Volunteering - Kellie May, DoCJ**

Struggling to gain or retain volunteers? Need help keeping people motivated and engaged? Hear from our industry expert to provide you all the tools/tips.

2.00pm **Ronald McDonald House Charity**

Ronald McDonald House Charities Greater Western Sydney is the longest standing charity partner of LANSW. Hear an update from the team about the importance of their past activity, as well as an overview of their upcoming campaigns due to launch within the 2022-23 Little Athletics season.

2.20pm **Sherrie Boulter, President - Little Athletics Australia and Myles Foreman, CEO - Little Athletics Australia**  
Vision and priorities at a national level for Little Athletics

2.40pm Breakout session 1

**Social Media – Pat McGregor, LANSW Marketing Coordinator**  
Pat will run you through the importance of social media and how you can be using **FREE** resources to create revenue for your Centre.

**Timing Solutions - Nick Frederiksen & Chris Hazeldine**  
Need to know basics, refresh your knowledge and get your answers to trouble shooting questions.

**R U OK? - Christopher Newman**  
Learn how to engage in a conversation with someone you care about who may be showing signs of mental fatigue or other mental health concerns.

3.30pm Afternoon Tea

4.00pm Breakout session 2

**LANSW Competitions and the Rules of Competition - Panel**  
An opportunity to discuss and ask questions regarding LANSW Competitions and the Rules of Competitions with an experienced panel.

**LANSW Initiatives – Rebecca Shaw, LANSW CEO**  
Hear about new initiatives including Centre marketing resources, Primary School Carnival, Turbo Team Challenge, Website project and more!

**Innovations by Centres – Centre representatives**  
Who better to present on ideas happening in Centres, than Centres themselves? Hear what innovative ideas these three Centres are implementing.

6.30pm  
for 7.00pm  
start

Little Athletics NSW Annual Dinner and Awards Night Celebrating 50+1 years of Little Athletics in NSW

## Conference schedule – Sunday

8.45am	<b>Think Tanks – All Conference delegates</b> This is an opportunity to brainstorm and share ideas on a range of topics which impact Centres and Little Athletics in NSW.		
10.00am	<b>The NEW LANSW Age Manager/Parent Helper Training – Darren Wensor, Head of Coach and Volunteer Development</b> Age managers are integral to the Little Athletics experience and the successful operation of a Centre. They are the sport's largest group of front-line volunteer workers. The support and resources currently available to this group do not reflect the prominence and significance of their role. Little Athletics NSW is developing specific age manager training and resources that will more fully harness the potential of this workforce. The project will lead to a better experience for both the age managers and the participants in their charge.		
10.45am	<b>Morning Tea</b>		
11.15am	<b>New legislation – The 10 Child Safe Standards and how to implement these at your Centre – Mark Lorenti, Office of Sport</b> Keeping our children safe whilst participating in Little Athletics is our biggest priority!. After a successful trial, within selected Little Athletics Centres in the Illawarra area, the tools/resources for rolling out the 10 Child Safe Standards are ready to be implemented at your Centre. Be well informed and compliant with the latest Child Safe legislation.		
12.00pm	<b>Not On My Watch - Child Protection in Sport – Morgan Landers</b> Morgan's passion for protecting the vulnerable is second to none and he has assisted organisations in risk management for the past 15 years. Morgan is an independent representative on the National Reference Group for Play By The Rules since 2006.		
12.45am	<b>Lunch</b>		
1.30pm	<b>Breakout session 3</b>		
	<b>Meet Manager – Craig Scott</b> A beginners guide to Meet Manager for your competition needs.	<b>Game Day – a practical session for Registrars</b> This session is specifically designed as a step by step guide on how to set up GameDay for the 2022/23 season. Bring your computer and follow along and you will be ready to go within this 50 minute session.	<b>Season / Committee Structures – LANSW Board Members</b> Opportunity to discuss with LANSW Board the structure of the season, and options to allow more flexibility for Centre committee members.
2.20pm	<b>How to deal with Conflict – Morgan Landers</b> Morgan has over 15 years of experience in risk management and will be assisting Centres with conflict resolution.		
3.00pm	<b>Little Athletics Australia Inclusion Project – Le'Shaye Gary, Inclusion Project Manager</b> Hear from Little Athletics Australia on inclusion projects they are developing to benefit Centre and athletes across Australia.		
3.30pm	<b>Closing remarks – Melissa Chandler, LANSW Chair</b>		